

IX ZIMOWY MARATON BIESZCZADZKI 2023 - 20KM

B4SPORT

Wydarzenie: IX Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-01-28
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Brzeziniak 9km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	BOCHENEK Magdalena	2115	G.O.A.T. TEAM MICHAŁOWICE	K30	1	00:50:51	01:52:13.15	01:52:13.15		4:52	12.3 (100%)
2	PIĄTEK Beata	2238	WWW.TRENINGFIZJOTERAPIA/ULTRAŁAŃCUT	K40	1	00:55:13	01:57:13.95	01:57:13.95	+00:05:00 (4.3%)	5:05	11.8 (95.9%)
3	GARCZYŃSKA-WĄS Bogusława	2185	WM TRISELF	K40	2	00:54:13	01:57:52.35	01:57:52.35	+00:05:39 (4.8%)	5:07	11.7 (95.1%)
4	JACNIAK Ewa	2139	#NOLIMITS	K30	2	00:57:24	02:06:09.15	02:06:09.15	+00:13:56 (11.0%)	5:29	10.9 (88.6%)
5	KUTSKO Oksana	2172	BIEGAMBOLUBIĘ	K20	1	00:57:57	02:13:39.50	02:13:39.50	+00:21:26 (16.0%)	5:48	10.3 (83.7%)
6	SZYBIAK Joanna	2214	PRZEMYSKI KLUB BIEGACZA	K50	1	00:59:53	02:14:04.90	02:14:04.90	+00:21:51 (16.3%)	5:49	10.3 (83.7%)
7	SOJKA Agnieszka	2174	PRZEMYSKI KLUB BIEGACZA	K40	3		02:17:03.10	02:17:03.10	+00:24:49 (18.1%)	5:57	10.1 (82.1%)
8	JAROCKA Małgorzata	2135		K50	2	01:09:40	02:29:22.60	02:29:22.60	+00:37:09 (24.9%)	6:29	9.2 (74.8%)
9	KRĘPA Agnieszka	2037	NOWA HUTA TEAM	K30	3	01:09:06	02:29:37.15	02:29:37.15	+00:37:24 (25.0%)	6:30	9.2 (74.8%)
10	LALEWICZ Weronika	2121		K20	2		02:30:12.15	02:30:12.15	+00:37:59 (25.3%)	6:31	9.2 (74.8%)
11	SZCZUR Iwona	2207		K40	4	01:07:13	02:30:56.05	02:30:56.05	+00:38:42 (25.7%)	6:33	9.1 (74.0%)
12	MATUSIK-SKALSKA Renata	2079		K50	3	01:06:32	02:31:07.45	02:31:07.45	+00:38:54 (25.7%)	6:34	9.1 (74.0%)
13	KOWALUNAS-BEM Olga	2184	LPP TEAM	K40	5	01:06:40	02:31:36.10	02:31:36.10	+00:39:22 (26.0%)	6:35	9.1 (74.0%)
14	ZAJĄC Katarzyna	2161		K30	4	01:10:06	02:34:28.30	02:34:28.30	+00:42:15 (27.4%)	6:42	8.9 (72.4%)
15	TADLA Izabela	2003	#NOLIMITS	K30	5	01:08:13	02:35:41.15	02:35:41.15	+00:43:28 (27.9%)	6:46	8.9 (72.4%)
16	FERKO-CZAJKOWSKA Stanisława	2107	NIEZSZESZONY	K50	4	01:15:01	02:36:06.80	02:36:06.80	+00:43:53 (28.1%)	6:47	8.8 (71.5%)
17	POPIELA-KAWA Sylwia	2192	KS RYGLICE SEKCJA BIEGOWA	K40	6	01:06:20	02:39:15.95	02:39:15.95	+00:47:02 (29.5%)	6:55	8.7 (70.7%)
18	MĄCZYŃSKA Anna	2218		K30	6	01:14:42	02:40:28.90	02:40:28.90	+00:48:15 (30.1%)	6:58	8.6 (69.9%)
19	DYŁĄG Katarzyna	2199	GORLICKA GRUPA BIEGOWA	K40	7	01:09:55	02:41:41.75	02:41:41.75	+00:49:28 (30.6%)	7:01	8.5 (69.1%)
20	HOLIK Iwona	2110	GORLICKA GRUPA BIEGOWA	K40	8	01:09:59	02:41:41.85	02:41:41.85	+00:49:28 (30.6%)	7:01	8.5 (69.1%)
21	KISZA Anna	2062		K30	7	01:08:23	02:41:53.65	02:41:53.65	+00:49:40 (30.7%)	7:02	8.5 (69.1%)
22	MACHNIKOWSKA Grażyna	2021		K30	8	01:16:07	02:42:27.00	02:42:27.00	+00:50:13 (30.9%)	7:03	8.5 (69.1%)
23	RĘKAS Magdalena	2071	RAPTOWNI	K40	9	01:14:51	02:42:39.10	02:42:39.10	+00:50:25 (31.0%)	7:04	8.5 (69.1%)
24	BOŻA Beata	2098	PADŁ NA RYJ	K50	5	01:16:25	02:43:19.60	02:43:19.60	+00:51:06 (31.3%)	7:06	8.4 (68.3%)
25	RĘKOSIEWICZ-TOKARZ Monika	2138	STOWARZYSZENIE BIEGNIJ Z POMOCĄ	K40	10	01:12:59	02:43:52.60	02:43:52.60	+00:51:39 (31.5%)	7:07	8.4 (68.3%)
26	KHUDIAKOVA Valeriia	2144	LEBEDEVRUN	K30	9	01:09:28	02:44:06.40	02:44:06.40	+00:51:53 (31.6%)	7:08	8.4 (68.3%)
27	SZYMANOWSKA Monika	2111		K40	11	01:10:39	02:47:14.75	02:47:14.75	+00:55:01 (32.9%)	7:16	8.3 (67.5%)
28	OSADNIK Anna	2137	MAFIA TEAM LUBLINIEC	K40	12	01:20:34	02:50:05.30	02:50:05.30	+00:57:52 (34.0%)	7:23	8.1 (65.9%)
29	ADAMOWICZ Agnieszka	2064	ZWOLEŃNICY BIEGANIA	K40	13	01:17:02	02:51:47.85	02:51:47.85	+00:59:34 (34.7%)	7:28	8 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Brzeziniak 9km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
30	OSIECKA Beata	2128	KUŹNIA TRIATLONU	K50	6	01:19:13	02:53:15.40	02:53:15.40	+01:01:02 (35.2%)	7:31	8 (65.0%)
31	STACHOWIAK Aneta	2122		K40	14	01:19:38	02:53:33.00	02:53:33.00	+01:01:19 (35.3%)	7:32	8 (65.0%)
32	PAŹDZIOR Patrycja	2237		K30	10	01:11:15	02:53:38.95	02:53:38.95	+01:01:25 (35.4%)	7:32	7.9 (64.2%)
33	WASZKIEWICZ Joanna	2076	NIGHT RUNNERS	K40	15	01:20:48	02:53:42.50	02:53:42.50	+01:01:29 (35.4%)	7:33	7.9 (64.2%)
34	RYBKA Zuzanna	2067		K20	3	01:15:08	02:54:01.15	02:54:01.15	+01:01:48 (35.5%)	7:33	7.9 (64.2%)
35	KASPEREK Magdalena	2077	#THEWINEFEELS	K40	16	00:59:44	02:55:39.70	02:55:39.70	+01:03:26 (36.1%)	7:38	7.9 (64.2%)
36	CHMIEL Bożena	2010	DZIKIE MUSTANGI	K40	17		03:00:16.85	03:00:16.85	+01:08:03 (37.8%)	7:50	7.7 (62.6%)
37	SZCZUREK Aleksandra	2102		K20	4	01:22:01	03:00:46.50	03:00:46.50	+01:08:33 (37.9%)	7:51	7.6 (61.8%)
38	PIOTROWSKA Ewa	2222	META NADARZYN	K50	7	01:23:46	03:03:25.00	03:03:25.00	+01:11:11 (38.8%)	7:58	7.5 (61.0%)
39	ŚWIERŻEWSKA Sylwia	2136		K40	18	01:21:56	03:04:24.15	03:04:24.15	+01:12:11 (39.1%)	8:01	7.5 (61.0%)
40	KURCZUK-SAMODULSKA Agnieszka	2048	HEŃTEAM	K30	11	01:21:45	03:04:24.35	03:04:24.35	+01:12:11 (39.1%)	8:01	7.5 (61.0%)
41	RADYK Joanna	2195	PRZEMYSKI KLUB BIEGACZA	K40	19	01:21:10	03:05:24.10	03:05:24.10	+01:13:10 (39.5%)	8:03	7.4 (60.2%)
42	HANGIEL Urszula	2150	ŻWAWĘ ŻÓŁWIE	K40	20	01:26:22	03:05:40.30	03:05:40.30	+01:13:27 (39.6%)	8:04	7.4 (60.2%)
43	PIOTROWSKA Anna	2148	META NADARZYN/ SPARTANIE DZIECIOM	K50	8	01:27:25	03:06:41.80	03:06:41.80	+01:14:28 (39.9%)	8:07	7.4 (60.2%)
44	DRAB Magda	2201	CHCE CI SIE	K30	12	00:46:46	03:07:15.65	03:07:15.65	+01:15:02 (40.1%)	8:08	7.4 (60.2%)
45	TOMAKA Jadwiga	2013	SZKÓŁKA ROLKOWA WODZU	K40	21	01:26:01	03:09:48.85	03:09:48.85	+01:17:35 (40.9%)	8:15	7.3 (59.3%)
46	CZERWIŃSKA-WĘGRZYN Julia	2089		K20	5	01:27:37	03:10:08.25	03:10:08.25	+01:17:55 (41.0%)	8:16	7.3 (59.3%)
47	IZDEBSKA Renata	2074		K60	1	01:01:58	03:10:22.20	03:10:22.20	+01:18:09 (41.1%)	8:16	7.2 (58.5%)
48	SIKORSKA Agnieszka	2198		K40	22	01:30:02	03:10:55.05	03:10:55.05	+01:18:41 (41.2%)	8:18	7.2 (58.5%)
49	LEŚNICZAK Barbara	2197	#WKURWTEAM	K40	23	01:25:08	03:13:30.90	03:13:30.90	+01:21:17 (42.0%)	8:24	7.1 (57.7%)
50	LARA Natalia	2118	WARRIORS ŁÓDŹ	K30	13	01:25:58	03:16:18.90	03:16:18.90	+01:24:05 (42.8%)	8:32	7 (56.9%)
51	KOCOT Magdalena	2220	META NADARZYN	K40	24		03:17:51.85	03:17:51.85	+01:25:38 (43.3%)	8:36	7 (56.9%)
52	BIENIARZ Ilona	2114	PEPPARUNNINGTEAM	K30	14	01:29:38	03:18:12.90	03:18:12.90	+01:25:59 (43.4%)	8:37	7 (56.9%)
53	JEŻEWSKA Angelika	2004		K40	25	01:26:18	03:20:02.50	03:20:02.50	+01:27:49 (43.9%)	8:41	6.9 (56.1%)
54	RYSIAWA Joanna	2152		K40	26	01:28:08	03:22:53.25	03:22:53.25	+01:30:40 (44.7%)	8:49	6.8 (55.3%)
55	KILJAN Anna	2061		K30	15	01:37:10	03:38:45.75	03:38:45.75	+01:46:32 (48.7%)	9:30	6.3 (51.2%)
56	WANDEL Agnieszka	2072	NIGHT RUNNERS	K40	27	01:36:53	03:55:36.75	03:55:36.75	+02:03:23 (52.4%)	10:14	5.9 (48.0%)
57	LECIEJEWSKA Małgorzata	2080	NIGHT RUNNERS POZNAŃ	K40	28	01:37:06	03:55:41.05	03:55:41.05	+02:03:27 (52.4%)	10:14	5.9 (48.0%)
58	OBARSKA Małgorzata	2088		K60	2	01:43:01	04:02:57.65	04:02:57.65	+02:10:44 (53.8%)	10:33	5.7 (46.3%)
59	BORKOWSKA Ewa	2090		K60	3	01:49:40	04:35:37.80	04:35:37.80	+02:43:24 (59.3%)	11:59	5 (40.7%)
60	PLICH Agnieszka	2129	WANDA PANFIL TEAM	K40	29	00:47:53			+	5:19	11.3 (91.9%)
61	DUDA Iwona	2160		K30	16	01:08:41			+00:17:50	7:37	7.9 (64.2%)

Znaleziono 61 wynik(ów)