

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA DECATHLONU

B4SPORT
INTELEGENCIE ZAWODY SPORTOWE

Organizator: Herkules
Data: 2019-02-10
Miejsce: Koszalin (Osiedle Jamno - Łabusz)
Dystans: 15 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	SZKOŁUDA Miłosz	3190	DECATHLON KOSZALIN	M-20	1	00:17:53.07	00:17:26.29	00:17:06.92	00:52:26.28		3:29	17.2
2	ZABORSKI Ryszard	3220	TKKF KOSZALIN	M-40	1	00:17:47.07	00:17:38.40	00:17:40.09	00:53:05.56	+00:00:39	3:32	17
3	SIADAK Arkadiusz	3173		M-30	1	00:18:21.68	00:17:48.58	00:17:46.30	00:53:56.56	+00:01:30	3:35	16.7
4	GARSKI Kryspin	3238	ŚWIAT PŁYTEK U KRYSPIŃA	M-40	2	00:17:57.88	00:17:41.52	00:18:33.79	00:54:13.19	+00:01:46	3:36	16.6
5	HUBERT Łukasz	3066	TKKF KOSZALIN	M-30	2	00:18:12.87	00:18:19.19	00:18:25.43	00:54:57.49	+00:02:31	3:39	16.4
6	CZAPLIŃSKI Jacek	3029	TAGER KOSZALIN	M-30	3	00:19:04.99	00:18:47.10	00:19:14.92	00:57:07.01	+00:04:40	3:48	15.8
7	DUDA Grzegorz	3043	METALCORP TEAM	M-40	3	00:19:00.26	00:18:44.08	00:19:24.74	00:57:09.08	+00:04:42	3:48	15.7
8	RYKIEL Michał	3169		M-30	4	00:19:15.52	00:19:04.02	00:19:05.82	00:57:25.36	+00:04:59	3:49	15.7
9	ZUKAL Piotr	3225		M-40	4	00:19:21.11	00:19:25.00	00:19:05.14	00:57:51.25	+00:05:24	3:51	15.6
10	KAWKA Adrian	3079		M-30	5	00:20:37.24	00:19:31.17	00:19:29.97	00:59:38.38	+00:07:12	3:58	15.1
11	KOŚCIELNIAK Robert	3092	TKKF KOSZALIN	M-50	1	00:19:50.21	00:19:40.70	00:20:29.17	01:00:00.08	+00:07:33	4:00	15
12	GÓRA Sylwester	3202	#ZABIEGANINOCA	M-40	5	00:19:17.02	00:21:41.28	00:19:43.13	01:00:41.43	+00:08:15	4:02	14.8
13	PICK Tomasz	3151	DEAF KOSZALIN	M-40	6	00:19:31.32	00:20:39.59	00:20:53.23	01:01:04.14	+00:08:37	4:04	14.7
14	KONKEL Agnieszka	3089		K-30	1	00:20:35.58	00:20:19.54	00:20:11.80	01:01:06.92	+00:08:40	4:04	14.7
15	MUCHA Krzysztof	3126		M-40	7	00:20:24.38	00:20:25.58	00:20:40.77	01:01:30.73	+00:09:04	4:06	14.6
16	CHORAŻY Karolina	3022	LEO-TEAM	K-30	2	00:20:46.78	00:20:33.59	00:20:49.27	01:02:09.64	+00:09:43	4:08	14.5
17	DZIĘBOWSKI Mariusz	3045		M-30	6	00:21:43.12	00:20:45.99	00:20:29.56	01:02:58.67	+00:10:32	4:11	14.3
18	SPRINGER Marcin	3178		M-40	8	00:21:25.41	00:21:05.91	00:20:33.81	01:03:05.13	+00:10:38	4:12	14.3
19	KATRYCZ Zbigniew	3078		M-50	2	00:21:40.49	00:20:50.47	00:20:47.26	01:03:18.22	+00:10:51	4:13	14.2
20	CHOŁUJ Jarek	3020		M-40	9	00:22:03.76	00:21:50.85	00:21:30.61	01:05:25.22	+00:12:58	4:21	13.8
21	KWIETŃEWSKI Daniel	3106		M-40	10	00:21:21.80	00:22:16.53	00:21:54.91	01:05:33.24	+00:13:06	4:22	13.7
22	WEBER Paweł	3145	ENERGON	M-30	7	00:22:32.29	00:21:37.03	00:21:26.98	01:05:36.30	+00:13:10	4:22	13.7
23	OTTO Michał	3139		M-30	8	00:22:07.92	00:21:50.99	00:22:04.48	01:06:03.39	+00:13:37	4:24	13.6
24	GAWRYSIAK Przemysław	3050		M-40	11	00:21:42.99	00:22:11.12	00:22:23.76	01:06:17.87	+00:13:51	4:25	13.6
25	KONKEL Łukasz	3088		M-40	12	00:22:13.44	00:22:59.64	00:22:00.30	01:07:13.38	+00:14:47	4:28	13.4
26	ANTKOWIAK Sebastian	3002	DB - ACTIVE	M-40	13	00:22:15.45	00:22:27.53	00:22:39.72	01:07:22.70	+00:14:56	4:29	13.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas		Tempo min/km	Tempo km/h
									netto 15km	Różn		
27	KRUPIŃSKI Krzysztof	3098	E-UROLOG.EU	M-50	3	00:22:30.35	00:22:29.47	00:22:33.21	01:07:33.03	+00:15:06	4:30	13.3
28	HAŁKA Justyna	3058		K-30	3	00:23:02.07	00:22:26.14	00:22:25.88	01:07:54.09	+00:15:27	4:31	13.3
29	KOZIEŁ Paweł	3093		M-40	14	00:22:18.32	00:23:20.28	00:22:20.10	01:07:58.70	+00:15:32	4:31	13.2
30	CHABOWSKI Wojciech	3017		M-20	2	00:23:14.09	00:22:26.58	00:22:54.72	01:08:35.39	+00:16:09	4:34	13.1
31	WIŚNIEWSKI Łukasz	3213		M-20	3	00:22:37.13	00:22:59.39	00:23:14.32	01:08:50.84	+00:16:24	4:35	13.1
32	KĘSIK Agnieszka	3233	ŚWIAT PŁYTEK U KRYSPIŃNA	K-30	4	00:22:56.24	00:22:43.82	00:23:12.15	01:08:52.21	+00:16:25	4:35	13.1
33	GAŁECKI Jacek	3048	KARLINOBIEGAJ	M-50	4	00:22:11.92	00:23:19.25	00:23:49.17	01:09:20.34	+00:16:54	4:37	13
34	POLAŃSKI Norbert	3156	21BLT	M-40	15	00:23:38.50	00:22:35.00	00:23:06.94	01:09:20.44	+00:16:54	4:37	13
35	BORYS Justyna	3014	JEDWABIŚCI	K-30	5	00:23:03.70	00:22:51.49	00:23:32.58	01:09:27.77	+00:17:01	4:37	13
36	KAŻMIERCZAK Agnieszka	3081		K-40	1	00:23:41.39	00:23:20.19	00:22:46.61	01:09:48.19	+00:17:21	4:39	12.9
37	BARTHA Adrian	3004		M-30	9	00:23:49.02	00:23:09.22	00:23:12.50	01:10:10.74	+00:17:44	4:40	12.8
38	OPALIŃSKI Stanisław	3136	SENIORA	M-60	1	00:24:39.74	00:23:06.20	00:22:35.20	01:10:21.14	+00:17:54	4:41	12.8
39	KŁOS Tomasz	3084		M-40	16	00:23:54.23	00:23:06.81	00:23:20.43	01:10:21.47	+00:17:55	4:41	12.8
40	PERKOWSKA Oktawia	3150	DECATHLON KOSZALIN	K-20	1	00:24:28.81	00:22:59.83	00:23:01.92	01:10:30.56	+00:18:04	4:42	12.8
41	ZAGALSKA Paulina	3221		K-30	6	00:24:06.92	00:23:29.20	00:23:06.80	01:10:42.92	+00:18:16	4:42	12.7
42	KUSZYŃSKI Dariusz	3105		M-40	17	00:24:26.26	00:23:31.82	00:23:07.63	01:11:05.71	+00:18:39	4:44	12.7
43	ŻUKOWSKI Cezary	3227	MIGAWKOWE.PL	M-30	10	00:24:03.40	00:24:21.35	00:22:41.36	01:11:06.11	+00:18:39	4:44	12.7
44	KAZIMIERCZAK Leszek	3080	LOVELASY DĄBKI	M-30	11	00:24:19.72	00:23:29.78	00:23:23.76	01:11:13.26	+00:18:46	4:44	12.6
45	KOZIEŁ Adam	3094		M-20	4	00:23:41.86	00:24:55.41	00:22:41.04	01:11:18.31	+00:18:52	4:45	12.6
46	CHOŁUJ Karol	3021	ZAWSZE DO PRZODU	M-30	12	00:23:40.52	00:23:32.36	00:24:11.22	01:11:24.10	+00:18:57	4:45	12.6
47	KRZEWIŃSKA Małgorzata	3100	TKKF KOSZALIN	K-60	1	00:23:30.19	00:23:59.98	00:23:53.97	01:11:24.14	+00:18:57	4:45	12.6
48	OSOBNIAK Ryszard	3138	KOSZALIN -NIEZRZESZONY	M-60	2	00:23:51.48	00:23:53.32	00:23:59.42	01:11:44.22	+00:19:17	4:46	12.5
49	GARSKA Joanna	3237	ŚWIAT PŁYTEK U KRYSPIŃNA	K-40	2	00:24:17.54	00:23:52.43	00:23:56.88	01:12:06.85	+00:19:40	4:48	12.5
50	DOMAŃSKI Krzysztof	3039		M-14	1	00:24:15.15	00:23:42.14	00:24:46.24	01:12:43.53	+00:20:17	4:50	12.4
51	SZOSTAK Marta	3193		K-20	2	00:25:23.24	00:24:04.97	00:23:17.89	01:12:46.10	+00:20:19	4:51	12.4
52	KŁOSIŃSKI Michał	3085		M-30	13	00:25:01.28	00:24:26.45	00:23:49.59	01:13:17.32	+00:20:51	4:53	12.3
53	DĘBSKI Damian	3035		M-30	14	00:25:03.75	00:24:33.08	00:23:52.63	01:13:29.46	+00:21:03	4:53	12.2
54	MEJER Aleksandra	3117		K-14	1	00:24:28.71	00:24:27.85	00:24:52.05	01:13:48.61	+00:21:22	4:55	12.2
55	KRASIŃSKI Witold	3095		M-40	18	00:24:36.43	00:24:13.45	00:25:09.41	01:13:59.29	+00:21:33	4:55	12.2
56	MYK Paweł	3127		M-30	15	00:25:37.08	00:25:00.95	00:24:09.44	01:14:47.47	+00:22:21	4:59	12
57	KORZENIOWSKA Ewa	3090		K-20	3	00:25:37.52	00:25:00.79	00:24:10.17	01:14:48.48	+00:22:22	4:59	12
58	PACAN Bartosz	3141	ŚWIAT PŁYTEK U KRYSPIŃNA	M-30	16	00:24:30.46	00:25:14.91	00:25:24.07	01:15:09.44	+00:22:43	5:00	12
59	BODO Rafał	3010		M-30	17	00:25:20.78	00:24:56.13	00:25:01.83	01:15:18.74	+00:22:52	5:01	12
60	SZULC Marek	3196	SZULC RUNNERS TEAM	M-50	5	00:25:59.05	00:24:32.19	00:24:58.90	01:15:30.14	+00:23:03	5:02	11.9
61	PACAN Mira	3140	ŚWIAT PŁYTEK U KRYSPIŃNA	K-30	7	00:24:22.22	00:26:14.00	00:25:07.49	01:15:43.71	+00:23:17	5:02	11.9
62	KOSZ Paweł	3091		M-30	18	00:25:26.89	00:25:02.91	00:25:20.39	01:15:50.19	+00:23:23	5:03	11.9
63	DOWNAR-ZAPOLSKI Paweł	3041		M-30	19	00:25:49.93	00:25:09.22	00:25:26.48	01:16:25.63	+00:23:59	5:05	11.8
64	KOLIGAT Anna	3087		K-30	8	00:25:31.37	00:25:19.93	00:25:49.89	01:16:41.19	+00:24:14	5:06	11.7
65	KOZŁOWIECKI Waldemar	3231	TKKF KOSZALIN	M-60	3	00:24:31.79	00:26:49.79	00:25:34.34	01:16:55.92	+00:24:29	5:07	11.7
66	JANUSZEWSKI Jacek	3068	17 WOG KOSZALIN	M-50	6	00:25:24.69	00:25:43.67	00:25:49.30	01:16:57.66	+00:24:31	5:07	11.7
67	RÓJ Barbara	3164		K-40	3	00:26:11.20	00:25:22.93	00:25:27.27	01:17:01.40	+00:24:35	5:08	11.7
68	SZMIGIERO Sebastian	3191	W.P.K SŁOŃ TEAM	M-40	19	00:26:15.04	00:25:32.32	00:25:21.73	01:17:09.09	+00:24:42	5:08	11.7
69	DRABKOWSKA Agnieszka	3042		K-40	4	00:26:02.29	00:26:02.64	00:26:07.12	01:18:12.05	+00:25:45	5:12	11.5
70	JUSZCZAK Krzysztof	3071		M-60	4	00:26:35.24	00:25:44.76	00:25:56.59	01:18:16.59	+00:25:50	5:13	11.5

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									netto 15km	Różn		
71	SATYŁA Tomasz	3171	CZARNE BIEGA	M-30	20	00:26:25.63	00:26:06.24	00:26:15.62	01:18:47.49	+00:26:21	5:15	11.4
72	DOMAŃSKI Adam	3038		M-40	20	00:25:03.75	00:25:20.19	00:28:28.27	01:18:52.21	+00:26:25	5:15	11.4
73	FAJGIER Tomasz	3046		M-50	7	00:27:23.64	00:25:51.35	00:25:53.12	01:19:08.11	+00:26:41	5:16	11.4
74	ORYSZCZYN Arkadiusz	3137		M-30	21	00:26:16.57	00:26:27.44	00:26:26.09	01:19:10.10	+00:26:43	5:16	11.4
75	SKIBA Artur	3174	PARALOTNIOWY PPGG	M-40	21	00:26:22.49	00:24:20.63	00:28:56.40	01:19:39.52	+00:27:13	5:18	11.3
76	RÓJ Andrzej	3165		M-40	22	00:26:55.25	00:26:54.84	00:25:49.63	01:19:39.72	+00:27:13	5:18	11.3
77	WAŚOWSKI Robert	3206	BIURO PODRÓŻY PARADISE TOUR	M-20	5	00:27:12.38	00:27:10.17	00:25:25.00	01:19:47.55	+00:27:21	5:19	11.3
78	WIŚNIEWSKI Jarosław	3212		M-50	8	00:26:19.10	00:26:48.93	00:26:53.41	01:20:01.44	+00:27:35	5:20	11.2
79	SALAŁ Angelika	3170	METALCORP TEAM	K-30	9	00:26:02.98	00:27:51.95	00:26:22.98	01:20:17.91	+00:27:51	5:21	11.2
80	PRZYBYŁ Krzysztof	3158		M-30	22	00:26:53.49	00:27:25.88	00:26:18.31	01:20:37.68	+00:28:11	5:22	11.2
81	WRÓBLEWSKA Marta	3218		K-40	5	00:25:11.00	00:26:24.50	00:29:10.48	01:20:45.98	+00:28:19	5:23	11.1
82	WAŚOWICZ Anna	3205		K-30	10	00:27:30.11	00:26:27.14	00:26:55.10	01:20:52.35	+00:28:26	5:23	11.1
83	KACZMAREK Łukasz	3072	WOJOWNICY WÓDY	M-30	23	00:25:45.87	00:28:38.46	00:26:38.18	01:21:02.51	+00:28:36	5:24	11.1
84	DĘGA Piotr	3036	CZARNE BIEGA	M-30	24	00:26:35.49	00:27:19.55	00:27:12.90	01:21:07.94	+00:28:41	5:24	11.1
85	MONGIAŁO Aleksandra	3125	FAST FEET K-LIN	K-30	11	00:26:51.08	00:26:24.57	00:27:59.97	01:21:15.62	+00:28:49	5:25	11.1
86	MONGIAŁO Marcin	3124	FAST FEET K-LIN	M-40	23	00:26:52.99	00:26:24.39	00:28:01.55	01:21:18.93	+00:28:52	5:25	11.1
87	NOWAK Ania	3132	JEDWABIŚCI	K-40	6	00:29:09.21	00:26:48.86	00:26:11.22	01:22:09.29	+00:29:43	5:28	11
88	KURZAWIŃSKA-JABŁOŃSKA Kasia	3104	TEAM CZARNE BIEGA	K-40	7	00:26:08.61	00:28:12.10	00:28:14.06	01:22:34.77	+00:30:08	5:30	10.9
89	PRZEDNÓWEK Mariola	3157	CZARNE BIEGA	K-30	12	00:26:20.33	00:28:12.21	00:28:13.75	01:22:46.29	+00:30:20	5:31	10.9
90	GŁOWACKI Włodzimierz	3051	JEDWABIŚCI	M-70+	1	00:27:47.54	00:27:39.07	00:27:39.82	01:23:06.43	+00:30:40	5:32	10.8
91	MALINOWSKA-BURDA Aleksandra	3113		K-30	13	00:27:29.37	00:28:08.63	00:27:49.66	01:23:27.66	+00:31:01	5:33	10.8
92	DZIEMIANKO Ilona	3044		K-20	4	00:28:04.04	00:27:30.06	00:28:56.41	01:24:30.51	+00:32:04	5:38	10.7
93	KILJAN Sylwia	3083		K-30	14	00:27:24.32	00:29:07.57	00:27:59.76	01:24:31.65	+00:32:05	5:38	10.6
94	KARNICKI Zygmunt	3075	TKKF KOSZALIN	M-60	5	00:29:24.18	00:27:57.54	00:27:42.37	01:25:04.09	+00:32:37	5:40	10.6
95	BOKOTA Katarzyna	3011		K-40	8	00:29:14.79	00:28:17.89	00:27:53.03	01:25:25.71	+00:32:59	5:41	10.5
96	PŁOTKA Emilia	3154		K-30	15	00:27:44.45	00:28:38.55	00:29:07.54	01:25:30.54	+00:33:04	5:42	10.5
97	PŁOTKA Grzegorz	3155	1982	M-30	25	00:27:44.88	00:28:40.18	00:29:07.54	01:25:32.60	+00:33:06	5:42	10.5
98	DOMAŃSKA Katarzyna	3037		K-40	9	00:28:16.20	00:28:55.08	00:28:28.39	01:25:39.67	+00:33:13	5:42	10.5
99	OGRODOWCZYK Jagoda	3133		K-30	16	00:28:37.49	00:28:06.04	00:28:57.31	01:25:40.84	+00:33:14	5:42	10.5
100	PAWŁOWICZ Aleksandra	3147		K-20	5	00:27:33.68	00:29:49.56	00:28:17.67	01:25:40.91	+00:33:14	5:42	10.5
101	HELLER Zdzisław	3063	NIEZRZESZONY	M-60	6	00:28:40.59	00:28:11.63	00:29:10.53	01:26:02.75	+00:33:36	5:44	10.5
102	KARPIŃSKI Mateusz	3077		M-20	6	00:29:19.85	00:28:05.22	00:28:52.08	01:26:17.15	+00:33:50	5:45	10.4
103	CICHOSZ Jerzy	3027		M-70+	2	00:28:28.12	00:28:29.81	00:29:26.40	01:26:24.33	+00:33:58	5:45	10.4
104	ZUKAL Aleksandra	3226		K-40	10	00:28:45.80	00:28:59.15	00:28:47.51	01:26:32.46	+00:34:06	5:46	10.4
105	BORSUK Dorota	3012		K-40	11	00:29:02.34	00:29:29.72	00:29:09.95	01:27:42.01	+00:35:15	5:50	10.3
106	KRAWIECKA Klaudia	3097	AKADEMIA BIEGOWA KIEŁPINO	K-14	2	00:28:31.26	00:29:40.05	00:30:54.57	01:29:05.88	+00:36:39	5:56	10.1
107	BEDNARZ Katarzyna	3005		K-40	12	00:30:31.35	00:30:44.76	00:29:55.81	01:31:11.92	+00:38:45	6:04	9.9
108	ZAKOŚCIELNA Katarzyna	3222	ZABIEGANE ;)	K-30	17	00:31:03.48	00:31:06.59	00:29:29.36	01:31:39.43	+00:39:13	6:06	9.8
109	ZIMNOWŁOCKI Mariusz	3224	DEAF KOSZALIN	M-30	26	00:32:31.49	00:30:52.76	00:29:31.08	01:32:55.33	+00:40:29	6:11	9.7
110	BUDZYŃSKA Elżbieta	3240		K-50	1	00:30:57.57	00:31:04.43	00:30:57.20	01:32:59.20	+00:40:32	6:11	9.7
111	KOZŁOWIECKA Małgorzata	3232		K-50	2	00:30:53.65	00:31:13.11	00:30:54.72	01:33:01.48	+00:40:35	6:12	9.7
112	PEŁKA Iwona	3149		K-50	3	00:31:06.49	00:30:59.37	00:31:19.58	01:33:25.44	+00:40:59	6:13	9.6
113	STAŃCZYK Franciszek	3183	NIEZRZESZONY	M-70+	3	00:29:34.43	00:31:12.08	00:32:40.85	01:33:27.36	+00:41:01	6:13	9.6
114	RUSIECKI Paweł	3166	WSPL SP ZOZ KOSZALIN	M-40	24	00:30:35.14	00:32:11.50	00:31:52.57	01:34:39.21	+00:42:12	6:18	9.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas			
									netto 15km	Różn	Tempo min/km	Tempo km/h
115	KULAWINSKI Marek	3102		M-40	25	00:25:48.37	00:25:57.18	00:42:56.67	01:34:42.22	+00:42:15	6:18	9.5
116	ŚLEDŹ Andrzej	3198	WĘZEŁEK	M-40	26	00:31:49.14	00:32:31.99	00:31:33.51	01:35:54.64	+00:43:28	6:23	9.4
117	ŚLEDŹ Joanna	3199	WĘZEŁEK	K-40	13	00:31:48.91	00:32:32.43	00:31:33.69	01:35:55.03	+00:43:28	6:23	9.4
118	TRACZ Jadwiga	3201		K-40	14	00:31:02.62	00:32:02.04	00:32:55.02	01:35:59.68	+00:43:33	6:23	9.4
119	STANCZEWSKA Karolina	3180		K-30	18	00:35:25.97	00:38:45.45	00:35:38.91	01:49:50.33	+00:57:24	7:19	8.2
120	SZULC Martyna	3194	SZULC RUNNERS TEAM	K-30	19	00:35:25.26	00:38:47.00	00:35:41.70	01:49:53.96	+00:57:27	7:19	8.2
121	SOLAK Halina	3236	ŚWIAT PŁYTEK U KRYSPIA	K-60	2	00:41:18.00	00:42:25.59	00:43:55.00	02:07:38.59	+01:15:12	8:30	7.1
122	BARTNIK Marian	3230	TKKF KOSZALIN	M-70+	4	00:42:07.56	00:43:37.05	00:45:54.00	02:11:38.61	+01:19:12	8:46	6.8
	KOZAK Arkadiusz	3121	TKKF KOSZALIN	M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:17:51.31	DNF	-
	DASZKIEWICZ Dominik	3032		M-14		00:00:00.00	DNF	00:00:00.00	DNF	00:19:29.44	DNF	-
	SZABAŁOWSKA Małgorzata	3189	MKL SZCZECINEK	K-20		00:00:00.00	DNF	00:00:00.00	DNF	00:19:38.52	DNF	-
	MIŁASZEWSKI Przemek	3122	TEAM HOLIDAY SPORT	M-30		00:20:11.67	DNF	00:00:00.00	DNF	00:00:00.00	DNF	-
	STENCEL Maciej	3185	GTS CZARNA DĄBRÓWKA	M-30		00:00:00.00	DNF	00:00:00.00	DNF	00:20:12.91	DNF	-
	LEWANDOWSKI Jacek	3107		M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:20:15.03	DNF	-
	CIASOŃ Tomasz	3026	ORSKOV FOODS TEAM	M-30		00:00:00.00	DNF	00:00:00.00	DNF	00:20:18.31	DNF	-
	MIELCZAREK Ksawery	3119	JAMNO	M-14		00:20:51.78	DNF	00:00:00.00	DNF	00:00:00.00	DNF	-
	NOWAK Adam	3131	DECATHLON KOSZALIN	M-20		00:20:52.08	DNF	00:00:00.00	DNF	00:00:00.00	DNF	-
	CHUTYRKO Paweł	3025	KAMIEŃ RYMAŃSKI	M-20		00:00:00.00	DNF	00:00:00.00	DNF	00:20:59.44	DNF	-
	WAŚOWSKI Mateusz	3207		M-20		00:00:00.00	DNF	00:00:00.00	DNF	00:21:12.53	DNF	-
	BRZEZIŃSKI Jan	3015	TEAM PIOTRUŚ	M-50		00:00:00.00	DNF	00:00:00.00	DNF	00:21:27.66	DNF	-
	BŁASZCZYK Piotr	3009		M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:21:47.76	DNF	-
	PAWLAK Łukasz	3146	KAMIEŃ RYMAŃSKI	M-30		00:00:00.00	DNF	00:00:00.00	DNF	00:21:53.06	DNF	-
	FORST Filip	3047	KAMIEŃ RYMAŃSKI	M-14		00:00:00.00	DNF	00:00:00.00	DNF	00:21:54.92	DNF	-
	SULL Kacper	3188	NIGHT RUNNERS SĘPSK	M-20		00:22:00.27	DNF	00:00:00.00	DNF	00:00:00.00	DNF	-
	LITWINOWICZ Renata	3110	KB WYGAN	K-40		00:00:00.00	DNF	00:00:00.00	DNF	00:22:32.79	DNF	-
	BARAN Seweryn	3003	ŚWIAT PŁYTEK U KRYSPIA	M-20		00:00:00.00	DNF	00:00:00.00	DNF	00:22:41.15	DNF	-
	MALISZEWSKA Anita	3114		K-20		00:00:00.00	DNF	00:00:00.00	DNF	00:22:53.07	DNF	-
	AGAPOW Emilia	3001		K-30		00:00:00.00	DNF	00:00:00.00	DNF	00:22:54.89	DNF	-
	GÓRCZYŃSKI Robert	3053		M-50		00:00:00.00	DNF	00:00:00.00	DNF	00:22:56.62	DNF	-
	STANKIEWICZ Lucyna	3181		K-30		00:00:00.00	DNF	00:00:00.00	DNF	00:22:56.62	DNF	-
	HELAK Robert	3062		M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:23:00.67	DNF	-
	JADCZAK Tomasz	3067	JW1223	M-30		00:00:00.00	DNF	00:00:00.00	DNF	00:23:26.88	DNF	-
	RAPIŃCZUK Jan	3161	BDSUOT WARSZAWA	M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:23:35.14	DNF	-
	WOCH Edward	3130		M-60		00:00:00.00	DNF	00:00:00.00	DNF	00:24:08.93	DNF	-
	CHRZANOWSKI Czesław	3023	MYSŁOWICKI KLUB BIEGACZA NO I	M-50		00:00:00.00	DNF	00:00:00.00	DNF	00:24:32.56	DNF	-
	DEJNAK Mariola	3033		K-60		00:00:00.00	DNF	00:00:00.00	DNF	00:24:35.10	DNF	-
	MIELEWCZYK Radosław	3120	KAMIEŃ RYMAŃSKI	M-20		00:00:00.00	DNF	00:00:00.00	DNF	00:24:39.12	DNF	-
	OLSZEWSKA Nina	3135	KAMIEŃ RYMAŃSKI	K-14		00:00:00.00	DNF	00:00:00.00	DNF	00:24:40.53	DNF	-
	PRZYBYSZ Damian	3160		M-30		00:00:00.00	DNF	00:00:00.00	DNF	00:24:40.77	DNF	-
	GAPPA Michał	3049	1972	M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:24:44.81	DNF	-
	SPOLSKA Weronika	3177	KAMIEŃ RYMAŃSKI	K-20		00:00:00.00	DNF	00:00:00.00	DNF	00:25:11.63	DNF	-
	GREMBLEWSKI Darek	3055	KAMIEŃ RYMAŃSKI	M-50		00:00:00.00	DNF	00:00:00.00	DNF	00:25:15.35	DNF	-
	WAJDA Waldemar	3204		M-40		00:00:00.00	DNF	00:00:00.00	DNF	00:25:25.17	DNF	-
	SERKOWSKA Magdalena	3172		K-20		00:00:00.00	DNF	00:00:00.00	DNF	00:25:31.23	DNF	-

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	GROMADA Bartosz	3056		M-30		00:00:00.00 DNF	00:26:11.20 DNF	00:00:00.00 DNF	DNF		-	-
	CHILLA Danuta	3018		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:26:14.18 DNF	DNF		-	-
	MARSZAŁKOWSKI Radosław	3115		M-30		00:26:21.55 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	HELAK Małgorzata	3061		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:26:49.67 DNF	DNF		-	-
	BUTOWICZ Adam	3016		M-50		00:00:00.00 DNF	00:00:00.00 DNF	00:26:57.85 DNF	DNF		-	-
	GONTEK Łukasz	3052	VW BATORY	M-30		00:00:00.00 DNF	00:00:00.00 DNF	00:27:31.94 DNF	DNF		-	-
	MAĆKOWIAK Paweł	3111	SKB DZIK POLICE	M-30		00:00:00.00 DNF	00:00:00.00 DNF	00:27:35.58 DNF	DNF		-	-
	TERELAK Anna	3200	SKB DZIK POLICE	K-20		00:00:00.00 DNF	00:00:00.00 DNF	00:27:36.02 DNF	DNF		-	-
	BERNACKI Adam	3006		M-40		00:27:40.08 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	KNUT-POTOCZNIK Gabriela	3086		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:27:44.71 DNF	DNF		-	-
	BILL Łukasz	3008		M-30		00:00:00.00 DNF	00:00:00.00 DNF	00:28:29.17 DNF	DNF		-	-
	DEPTUŁA-BILL Bożena	3034		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:28:29.72 DNF	DNF		-	-
	DUDA Róża	3239	BEST BEAST	K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:28:48.80 DNF	DNF		-	-
	SULL Agnieszka	3187	NIGHTRUNNERS SŁUPSK	K-40		00:29:20.38 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	PITURA Katarzyna	3153		K-20		00:00:00.00 DNF	00:00:00.00 DNF	00:30:01.14 DNF	DNF		-	-
	WYSOCKA Dominika	3219		K-20		00:00:00.00 DNF	00:00:00.00 DNF	00:30:01.74 DNF	DNF		-	-
	WOCH Zbigniew	3210		M-60		00:00:00.00 DNF	00:00:00.00 DNF	00:30:10.67 DNF	DNF		-	-
	OLEŚKIEWICZ Damian	3134		M-20		00:00:00.00 DNF	00:00:00.00 DNF	00:30:14.54 DNF	DNF		-	-
	PAULIŃSKA-TYLEC Dominika	3142	JAMNO	K-30		00:30:28.28 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	PAULIŃSKI Jan	3144	JAMNO	M-60		00:30:32.36 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	SAWICZ- WERS Urszula	3216		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:30:50.96 DNF	DNF		-	-
	MOLENDNA Anna	3123		K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:31:01.92 DNF	DNF		-	-
	DAMPS Julita	3030	NIGHT RUNNERS SŁUPSK	K-30		00:31:32.89 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	-
	WOJANOWSKA Maryla	3214	SPORT I REKREACJA DELFIN GRUDZIĄDZ	K-60		00:00:00.00 DNF	00:00:00.00 DNF	00:32:08.07 DNF	DNF		-	-
	WOJANOWSKI Zbigniew	3215	SPORT I REKREACJA DELFIN GRUDZIĄDZ	M-60		00:00:00.00 DNF	00:00:00.00 DNF	00:32:09.58 DNF	DNF		-	-
	WĘCKOWSKI Adam	3208	KAMIEŃ RYMAŃSKI	M-20		00:00:00.00 DNF	00:00:00.00 DNF	00:32:16.61 DNF	DNF		-	-
	KUREK Magdalena	3103	KAMIEŃ RYMAŃSKI	K-14		00:00:00.00 DNF	00:00:00.00 DNF	00:32:17.46 DNF	DNF		-	-
	PRZYBYSZ Joanna	3159	ROZBIEGANY NIEMICA	K-30		00:00:00.00 DNF	00:00:00.00 DNF	00:32:28.67 DNF	DNF		-	-
	KĘPKA Adrian	3082	DECATHLON KOSZALIN	M-20		00:17:20.78 DNF	00:00:00.00 DNF	00:17:02.64 DNF	DNF		-	-
	HEDDERGOTT Katarzyna	3060	JEDWABIŚCI	K-40		00:00:00.00 DNF	00:00:00.00 DNF	00:34:59.90 DNF	DNF		-	-
	ZACHARCZUK Albin	3229	UNIA HRUBIESZÓW	M-20		00:00:00.00 DNF	00:17:17.10 DNF	00:17:58.20 DNF	DNF		-	-
	GÓRSKA Dorota	3054		K-50		00:00:00.00 DNF	00:36:33.03 DNF	00:00:00.00 DNF	DNF		-	-
	MAJKOWICZ Rafał	3112		M-30		00:00:00.00 DNF	00:18:52.01 DNF	00:19:06.17 DNF	DNF		-	-
	RUSINEK Dawid	3167		M-20		00:20:16.04 DNF	00:00:00.00 DNF	00:20:29.52 DNF	DNF		-	-
	URBAŃSKI Tomasz	3203		M-40		00:20:40.50 DNF	00:20:14.11 DNF	00:00:00.00 DNF	DNF		-	-
	MAZURSKI Paweł	3116		M-30		00:00:00.00 DNF	00:20:36.44 DNF	00:20:42.43 DNF	DNF		-	-
	BIENKOWSKI Tomasz	3007	IQ CONSULTING KOSZALIN	M-30		00:00:00.00 DNF	00:20:28.85 DNF	00:20:55.15 DNF	DNF		-	-
	OLCZAK Krzysztof	3143		M-30		00:00:00.00 DNF	00:22:26.68 DNF	00:21:28.80 DNF	DNF		-	-
	NIEMCZUK Dariusz	3129	JAMNO	M-50		00:22:28.00 DNF	00:00:00.00 DNF	00:22:30.53 DNF	DNF		-	-
	WIKTOROWSKI Maciej	3211		M-40		00:00:00.00 DNF	00:22:41.37 DNF	00:22:35.00 DNF	DNF		-	-
	KAJKOWSKI Rafał	3074	CSSP KOSZALIN	M-40		00:22:44.48 DNF	00:22:47.10 DNF	00:00:00.00 DNF	DNF		-	-
	WÓJCICKI Adrian	3217	DEAF KOSZALIN	M-30		00:23:52.20 DNF	00:00:00.00 DNF	00:22:15.60 DNF	DNF		-	-
	JASIŃSKI Cezary	3069		M-40		00:23:29.99 DNF	00:23:06.39 DNF	00:00:00.00 DNF	DNF		-	-
	GLISZCZYŃSKI Łukasz	3028		M-20		00:00:00.00 DNF	00:22:10.72 DNF	00:25:19.67 DNF	DNF		-	-

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	CHODOR Izabela	3019	TKKF KOSZALIN	K-30		00:23:30.34 DNF	00:24:00.29 DNF	00:00:00.00 DNF	DNF	-	-	-
	RODZIEWICZ-CZAPLIŃSKA Agnieszka	3162		K-40		00:24:19.74 DNF	00:00:00.00 DNF	00:24:17.17 DNF	DNF	-	-	-
	STALUSZKA Dariusz	3179	21.BLT	M-40		00:00:00.00 DNF	00:24:14.80 DNF	00:24:29.67 DNF	DNF	-	-	-
	HAŁKA Arkadiusz	3059	TRUCHT ŁOBEZ	M-40		00:00:00.00 DNF	00:25:23.94 DNF	00:25:00.41 DNF	DNF	-	-	-
	KUBIAK Monika	3101		K-30		00:00:00.00 DNF	00:25:56.37 DNF	00:24:34.53 DNF	DNF	-	-	-
	DANOWSKI Maciek	3031	FITNESS CLUB FORMA BIAŁOGARD	M-40		00:00:00.00 DNF	00:25:55.37 DNF	00:25:21.12 DNF	DNF	-	-	-
	NESTOR Petro	3128		M-50		00:00:00.00 DNF	00:26:50.11 DNF	00:24:48.67 DNF	DNF	-	-	-
	KRZANOWSKI Marcin	3099	MARCINBIEGA	M-30		00:26:35.25 DNF	00:00:00.00 DNF	00:25:25.96 DNF	DNF	-	-	-
	ZIELIŃSKI Maciej	3223		M-30		00:00:00.00 DNF	00:26:10.93 DNF	00:26:01.61 DNF	DNF	-	-	-
	GRABSKA Iwona	3192		K-40		00:00:00.00 DNF	00:26:43.41 DNF	00:25:38.46 DNF	DNF	-	-	-
	KĘSIK Łukasz	3234	ŚWIAT PŁYTEK U KRYSPIŃSKA	M-30		00:00:00.00 DNF	00:25:54.66 DNF	00:26:30.21 DNF	DNF	-	-	-
	BORUC Barbara	3013	PARKRUN SZCZECINEK	K-50		00:00:00.00 DNF	00:26:06.63 DNF	00:26:22.56 DNF	DNF	-	-	-
	HAŁAJKO Magdalena	3057	HAISENBERG TEAM	K-30		00:25:56.84 DNF	00:00:00.00 DNF	00:26:33.47 DNF	DNF	-	-	-
	JEWUŁA Agata	3070		K-30		00:00:00.00 DNF	00:26:06.61 DNF	00:27:23.94 DNF	DNF	-	-	-
	SPICA Łukasz	3176		M-30		00:00:00.00 DNF	00:27:08.77 DNF	00:26:26.55 DNF	DNF	-	-	-
	HRYCIÓW Paweł	3065	JW1223	M-30		00:27:27.80 DNF	00:26:35.28 DNF	00:00:00.00 DNF	DNF	-	-	-
	WIERZBICKI Kacper	3209		M-30		00:27:28.36 DNF	00:26:35.79 DNF	00:00:00.00 DNF	DNF	-	-	-
	PAWŁOWICZ Ryszard	3148		M-50		00:25:57.30 DNF	00:00:00.00 DNF	00:28:31.39 DNF	DNF	-	-	-
	SUCHODOLSKA Aleksandra	3186		K-30		00:27:24.89 DNF	00:00:00.00 DNF	00:27:04.02 DNF	DNF	-	-	-
	HNATOWSKI Artur	3064	LOVELASY DĄBKI	M-50		00:00:00.00 DNF	00:27:23.36 DNF	00:27:12.36 DNF	DNF	-	-	-
	DORAWA-ZIOMEK Anna	3040		K-30		00:27:29.12 DNF	00:00:00.00 DNF	00:27:54.92 DNF	DNF	-	-	-
	ROMANOWICZ Monika	3163	ZABIEGANE :)	K-30		00:28:28.08 DNF	00:00:00.00 DNF	00:27:03.43 DNF	DNF	-	-	-
	SZULC Szymon	3195	SZULC RUNNERS TEAM	M-30		00:26:00.66 DNF	00:31:10.63 DNF	00:00:00.00 DNF	DNF	-	-	-
	MICHALCZYK Małgorzata	3118	JW1223	K-30		00:28:29.48 DNF	00:00:00.00 DNF	00:30:16.63 DNF	DNF	-	-	-
	PIECYCHNA Agata	3152		K-40		00:00:00.00 DNF	00:32:11.10 DNF	00:30:49.68 DNF	DNF	-	-	-
	STRACH Marek	3235		M-60		00:00:00.00 DNF	00:32:06.41 DNF	00:31:08.21 DNF	DNF	-	-	-
	RYHANYCZ Paweł	3168	JEDWABIŚCI	M-40		00:29:10.02 DNF	00:00:00.00 DNF	00:35:00.44 DNF	DNF	-	-	-
	SZULC Adam	3197	SZULC RUNNERS TEAM	M-30		00:00:00.00 DNF	00:33:16.19 DNF	00:31:21.28 DNF	DNF	-	-	-
	STASZYŃSKA Marianna	3184	BTC,,ORZEŁ'	K-60		00:34:40.23 DNF	00:34:39.53 DNF	00:00:00.00 DNF	DNF	-	-	-
	KARNICKI Artur	3076		M-40		00:00:00.00 DNF	00:37:44.74 DNF	00:35:45.93 DNF	DNF	-	-	-

Znaleziono 232 wynik(ów)