

# JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA DECATHLONU

B4SPORT  
INTELEGENCIE ZAWODY SPORTOWE

**Organizator:** Herkules  
**Data:** 2019-01-20  
**Miejsce:** Koszalin (Osiedle Jamno - Łabusz)  
**Dystans:** 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KONKEL Agnieszka	1090		K-30	1	00:20:35.58	00:20:19.54	00:40:55.12	00:41:08.13		4:05	14.7
2	CHORAŻY Karolina	1021	LEO-TEAM	K-30	2	00:20:46.78	00:20:33.59	00:41:20.37	00:41:31.57	+00:00:25	4:08	14.5
3	SZNYTER Sabina	1198	DECATHLON KOSZALIN	K-20	1	00:21:01.17	00:20:51.56	00:41:52.73	00:42:02.35	+00:00:57	4:11	14.3
4	GÓRA Agnieszka	1050	#ZABIEGANINOCA	K-40	1	00:22:35.59	00:22:39.20	00:45:14.79	00:45:27.21	+00:04:19	4:31	13.3
5	HAŁKA Justyna	1057		K-30	3	00:23:02.07	00:22:26.14	00:45:28.21	00:45:39.72	+00:04:33	4:32	13.2
6	KĘSIK Agnieszka	1207	ŚWIAT PŁYTEK U KRYPINA	K-30	4	00:22:56.24	00:22:43.82	00:45:40.06	00:45:52.41	+00:04:44	4:34	13.1
7	BORYS Justyna	1014	JEDWABIŚCI	K-30	5	00:23:03.70	00:22:51.49	00:45:55.19	00:46:08.76	+00:05:00	4:35	13.1
8	KAŻMIERCZAK Agnieszka	1080		K-40	2	00:23:41.39	00:23:20.19	00:47:01.58	00:47:11.10	+00:06:06	4:42	12.8
9	PERKOWSKA Oktawia	1160	DECATHLON KOSZALIN	K-20	2	00:24:28.81	00:22:59.83	00:47:28.64	00:47:40.55	+00:06:33	4:44	12.6
10	KRZEWIŃSKA Małgorzata	1104	TKKF KOSZALIN	K-60	1	00:23:30.19	00:23:59.98	00:47:30.17	00:47:49.97	+00:06:35	4:45	12.6
11	CHODOR Izabela	1018	TKKF KOSZALIN	K-30	6	00:23:30.34	00:24:00.29	00:47:30.63	00:47:50.23	+00:06:35	4:45	12.6
12	ZAGALSKA Paulina	1224		K-30	7	00:24:06.92	00:23:29.20	00:47:36.12	00:47:49.92	+00:06:41	4:45	12.6
13	GARSKA Joanna	1044	ŚWIAT PŁYTEK U KRYPINA	K-40	3	00:24:17.54	00:23:52.43	00:48:09.97	00:48:30.12	+00:07:14	4:48	12.5
14	MEJER Aleksandra	1123		K-14	1	00:24:28.71	00:24:27.85	00:48:56.56	00:49:14.28	+00:08:01	4:53	12.3
15	SZOSTAK Marta	1199		K-20	3	00:25:23.24	00:24:04.97	00:49:28.21	00:50:03.46	+00:08:33	4:56	12.1
16	GŁUCH Katarzyna	1049		K-30	8	00:25:01.49	00:24:48.78	00:49:50.27	00:50:11.34	+00:08:55	4:59	12
17	PACAN Mira	1150	ŚWIAT PŁYTEK U KRYPINA	K-30	9	00:24:22.22	00:26:14.00	00:50:36.22	00:51:02.64	+00:09:41	5:03	11.9
18	KORZENIOWSKA Ewa	1092		K-20	4	00:25:37.52	00:25:00.79	00:50:38.31	00:50:53.78	+00:09:43	5:03	11.8
19	KOLIGAT Anna	1088		K-30	10	00:25:31.37	00:25:19.93	00:50:51.30	00:51:12.09	+00:09:56	5:05	11.8
20	RÓJ Barbara	1173		K-40	4	00:26:11.20	00:25:22.93	00:51:34.13	00:52:08.25	+00:10:39	5:09	11.6
21	WRÓBLEWSKA Marta	1222		K-40	5	00:25:11.00	00:26:24.50	00:51:35.50	00:52:11.44	+00:10:40	5:09	11.6
22	DRABKOWSKA Agnieszka	1036		K-40	6	00:26:02.29	00:26:02.64	00:52:04.93	00:52:13.68	+00:11:09	5:12	11.5
23	MONGIAŁO Aleksandra	1128	FAST FEET K-LIN	K-30	11	00:26:51.08	00:26:24.57	00:53:15.65	00:53:54.54	+00:12:20	5:19	11.3
24	SALAJ Angelika	1178	METALCORP TEAM	K-30	12	00:26:02.98	00:27:51.95	00:53:54.93	00:54:15.10	+00:12:59	5:23	11.1
25	WAŚOWICZ Anna	1211		K-30	13	00:27:30.11	00:26:27.14	00:53:57.25	00:54:36.57	+00:13:02	5:23	11.1
26	KURZAWIŃSKA-JABŁOŃSKA Kasia	1107	TEAM CZARNE BIEGA	K-40	7	00:26:08.61	00:28:12.10	00:54:20.71	00:54:34.45	+00:13:25	5:26	11

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
27	PRZEDNÓWEK Mariola	1167	CZARNE BIEGA	K-30	14	00:26:20.33	00:28:12.21	00:54:32.54	00:54:47.52	+00:13:37	5:27	11
28	DZIEMIANKO Ilona	1038		K-20	5	00:28:04.04	00:27:30.06	00:55:34.10	00:55:48.15	+00:14:38	5:33	10.8
29	MALINOWSKA-BURDA Aleksandra	1116		K-30	15	00:27:29.37	00:28:08.63	00:55:38.00	00:56:13.77	+00:14:42	5:33	10.8
30	NOWAK Ania	1140	JEDWABIŚCI	K-40	8	00:29:09.21	00:26:48.86	00:55:58.07	00:56:25.12	+00:15:02	5:35	10.7
31	PŁOTKA Emilia	1164		K-30	16	00:27:44.45	00:28:38.55	00:56:23.00	00:57:09.72	+00:15:27	5:38	10.6
32	WALCZAK Agnieszka	1209	TKKF KOSZALIN	K-40	9	00:27:55.37	00:28:32.69	00:56:28.06	00:56:51.52	+00:15:32	5:38	10.6
33	KILJAN Sylwia	1083		K-30	17	00:27:24.32	00:29:07.57	00:56:31.89	00:57:07.95	+00:15:36	5:39	10.6
34	OGRODOWCZYK Jagoda	1141		K-30	18	00:28:37.49	00:28:06.04	00:56:43.53	00:57:22.95	+00:15:48	5:40	10.6
35	DOMAŃSKA Katarzyna	1032		K-40	10	00:28:16.20	00:28:55.08	00:57:11.28	00:57:47.55	+00:16:16	5:43	10.5
36	PAWŁOWICZ Aleksandra	1156		K-20	6	00:27:33.68	00:29:49.56	00:57:23.24	00:57:52.75	+00:16:28	5:44	10.5
37	BOKOTA Katarzyna	1009		K-40	11	00:29:14.79	00:28:17.89	00:57:32.68	00:58:06.29	+00:16:37	5:45	10.4
38	ZUKAL Aleksandra	1229		K-40	12	00:28:45.80	00:28:59.15	00:57:44.95	00:58:13.09	+00:16:49	5:46	10.4
39	KRAWIECKA Klaudia	1099	AKADEMIA BIEGOWA KIEŁPINO	K-14	2	00:28:31.26	00:29:40.05	00:58:11.31	00:58:48.56	+00:17:16	5:49	10.3
40	BORSUK Dorota	1011		K-40	13	00:29:02.34	00:29:29.72	00:58:32.06	00:59:05.33	+00:17:36	5:51	10.3
41	ZWOLIŃSKA Anna	1230		K-40	14	00:29:10.18	00:29:29.33	00:58:39.51	00:59:11.78	+00:17:44	5:51	10.2
42	SAWICKA - WERS Urszula	1180		K-30	19	00:30:58.26	00:29:39.24	01:00:37.50	01:00:58.41	+00:19:42	6:03	9.9
43	BEDNARZ Katarzyna	1005		K-40	15	00:30:31.35	00:30:44.76	01:01:16.11	01:01:53.83	+00:20:20	6:07	9.8
44	BUDZYŃSKA Elżbieta	1016		K-50	1	00:30:57.57	00:31:04.43	01:02:02.00	01:02:19.21	+00:21:06	6:12	9.7
45	PEŁKA Iwona	1159		K-50	2	00:31:06.49	00:30:59.37	01:02:05.86	01:02:42.50	+00:21:10	6:12	9.7
46	KOZŁOWIECKA Małgorzata	1157		K-50	3	00:30:53.65	00:31:13.11	01:02:06.76	01:02:33.29	+00:21:11	6:12	9.7
47	ZAKOŚCIELNA Katarzyna	1225	ZABIEGANE :)	K-30	20	00:31:03.48	00:31:06.59	01:02:10.07	01:02:40.55	+00:21:14	6:13	9.7
48	TRACZ Jadwiga	1206		K-40	16	00:31:02.62	00:32:02.04	01:03:04.66	01:03:41.20	+00:22:09	6:18	9.5
49	ŚLEDŹ Joanna	1205		K-40	17	00:31:48.91	00:32:32.43	01:04:21.34	01:04:47.87	+00:23:26	6:26	9.3
50	STRACH Martyna	1240		K-14	3	00:33:24.44	00:32:09.30	01:05:33.74	01:05:55.14	+00:24:38	6:33	9.2
51	STASZYŃSKA Marianna	1193	BTC,,ORZEŁ"	K-60	2	00:34:40.23	00:34:39.53	01:09:19.76	01:09:37.30	+00:28:24	6:55	8.7
52	STANCZEWSKA Karolina	1191		K-30	21	00:35:25.97	00:38:45.45	01:14:11.42	01:14:54.58	+00:33:16	7:25	8.1
53	SZULC Martyna	1203	SZULC RUNNERS TEAME	K-30	22	00:35:25.26	00:38:47.00	01:14:12.26	01:14:55.57	+00:33:17	7:25	8.1
54	SOLAK Halina	1185	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-60	3	00:41:18.00	00:42:25.59	01:23:43.59	01:24:31.19	+00:42:48	8:22	7.2
	ŁAWNICZAK Justyna	1113	#ZABIEGANINOCA	K-30		00:00:00.00	DNF	00:21:40.35	DNF		-	-
	BORUC Marika	1012	RAZ SZCZECIN	K-20		00:00:00.00	DNF	00:22:14.57	DNF		-	-
	NIEWIŃSKA-SĘK Monika	1235		K-30		00:00:00.00	DNF	00:23:40.24	DNF		-	-
	RODZIEWICZ-CZAPLIŃSKA Agnieszka	1170		K-40		00:24:19.74	DNF	00:00:00.00	DNF		-	-
	LEWICZ Ewa	1111		K-30		00:25:02.96	DNF	00:00:00.00	DNF		-	-
	CZUPAJŁO Karolina	1027		K-20		00:00:00.00	DNF	00:25:54.13	DNF		-	-
	KUBIAK Monika	1105	ELITARNA GRUPA BIEGOWO - ROWEROWA	K-30		00:00:00.00	DNF	00:25:56.37	DNF		-	-
	PAWŁOWSKA Urszula	1158		K-30		00:00:00.00	DNF	00:26:04.30	DNF		-	-
	JEWUŁA Agata	1067		K-30		00:00:00.00	DNF	00:26:06.61	DNF		-	-
	BORUC Barbara	1013	PARKRUN	K-50		00:00:00.00	DNF	00:26:06.63	DNF		-	-
	GRABSKA Iwona	1053		K-40		00:00:00.00	DNF	00:26:43.41	DNF		-	-
	NIEWIADOWSKA Urszula	1137		K-30		00:00:00.00	DNF	00:27:06.93	DNF		-	-
	NAWROCKA Anna	1234		K-30		00:00:00.00	DNF	00:28:01.08	DNF		-	-
	MICHALCZYK Małgorzata	1124		K-30		00:28:29.48	DNF	00:00:00.00	DNF		-	-
	CZUPAJŁO Marta	1028		K-40		00:00:00.00	DNF	00:28:51.37	DNF		-	-
	FINSTER Joanna	1042		K-20		00:00:00.00	DNF	00:29:06.94	DNF		-	-

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
	<b>MAŁYSZEWICZ Teresa</b>	<b>1118</b>		K-50		00:29:29.69 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>DUDKA Agata</b>	<b>1232</b>		K-20		00:00:00.00 DNF	00:29:55.24 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WIKIERSKA Agnieszka</b>	<b>1216</b>	JAMNO	K-40		00:00:00.00 DNF	00:30:22.07 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KRYSZEWSKA Magdalena</b>	<b>1102</b>		K-30		00:00:00.00 DNF	00:31:06.48 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KLIMCZYK Magdalena</b>	<b>1085</b>		K-30		00:00:00.00 DNF	00:32:03.09 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PIECYCHNA Agata</b>	<b>1162</b>		K-40		00:00:00.00 DNF	00:32:11.10 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KRYSTOSIK Paulina</b>	<b>1101</b>	BIEGAM BO LUBIE	K-20		00:35:49.06 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>GÓRSKA Dorota</b>	<b>1052</b>		K-50		00:00:00.00 DNF	00:36:33.03 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WAŹTRUCKA Jolanta</b>	<b>1213</b>	ŚWIAT PŁYTEK U KRYPINA	K-60		00:41:04.16 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 79 wynik(ów)