

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Herkules
Data: 2020-02-09
Miejsce: Koszalin
Dystans: 15 km



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	DUDA Grzegorz	5035	BEST BEASTS	M-40	1	00:19:12.00	00:19:37.00	00:19:19.00	00:58:08.00	00:58:15.00		3:52	15.5 (100%)
2	LEWANDOWSKI Jacek	5123	TAPETY KOSZALIN MONIUSZKI	M-40	2	00:20:09.00	00:19:37.00	00:19:32.00	00:59:18.00	00:59:33.00	+00:01:10 (2.0%)	3:57	15.2 (98.1%)
3	TRĘBSKI Krzysztof	5229	#ZABIEGANINOCA	M-40	3	00:19:54.00	00:20:03.00	00:19:29.00	00:59:26.00	00:59:53.00	+00:01:18 (2.2%)	3:57	15.1 (97.4%)
4	JANKOWSKI Grzegorz	5069	POZYTYWNE NAKRĘCENI	M-40	4	00:19:36.00	00:20:30.00	00:20:50.00	01:00:56.00	01:01:09.00	+00:02:48 (4.6%)	4:03	14.8 (95.5%)
5	KOZIEŁ Paweł	5103		M-40	5	00:21:03.00	00:20:34.00	00:20:40.00	01:02:17.00	01:02:29.00	+00:04:09 (6.7%)	4:09	14.5 (93.5%)
6	WIKTOROWSKI Maciej	5234		M-40	6	00:20:56.00	00:21:05.00	00:21:34.00	01:03:35.00	01:03:43.00	+00:05:27 (8.6%)	4:14	14.2 (91.6%)
7	KUCAL Paweł	5117		M-40	7	00:21:43.00	00:20:40.00	00:21:26.00	01:03:49.00	01:04:34.00	+00:05:41 (8.9%)	4:15	14.1 (91.0%)
8	BUDZIŃSKI Paweł	5018	TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU	M-40	8	00:22:03.00	00:21:39.00	00:21:08.00	01:04:50.00	01:05:09.00	+00:06:42 (10.3%)	4:19	13.9 (89.7%)
9	GAWRYSIAK Przemysław	5043		M-40	9	00:21:25.00	00:22:03.00	00:22:10.00	01:05:38.00	01:05:53.00	+00:07:30 (11.4%)	4:22	13.7 (88.4%)
10	PIETRYKA Artur	5177	KARLINO BIEGAJ	M-40	10	00:22:17.00	00:22:58.00	00:23:05.00	01:08:20.00	01:08:40.00	+00:10:12 (14.9%)	4:33	13.2 (85.2%)
11	KONKEL Łukasz	5096		M-40	11	00:23:06.00	00:23:26.00	00:22:21.00	01:08:53.00	01:09:14.00	+00:10:45 (15.6%)	4:35	13.1 (84.5%)
12	HAŁKA Arkadiusz	5057	TRUCHT ŁOBEZ	M-40	12	00:23:36.00	00:23:07.00	00:23:51.00	01:10:34.00	01:11:06.00	+00:12:26 (17.6%)	4:42	12.8 (82.6%)
13	ANTKOWIAK Sebastian	5002	DB - ACTIVE	M-40	13	00:22:56.00	00:23:52.00	00:24:09.00	01:10:57.00	01:11:36.00	+00:12:49 (18.1%)	4:43	12.7 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
14	MONGIAŁO Marcin	5148	FAST FEET K-LIN	M-40	14	00:23:37.00	00:23:36.00	00:23:54.00	01:11:07.00	01:12:30.00	+00:12:59 (18.3%)	4:44	12.7 (81.9%)
15	KAJKOWSKI Rafał	5084	CSSP KOSZALIN	M-40	15	00:24:54.00	00:24:43.00	00:24:04.00	01:13:41.00	01:13:48.00	+00:15:33 (21.1%)	4:54	12.2 (78.7%)
16	KRASIŃSKI Witold	5106		M-40	16	00:24:59.00	00:24:10.00	00:24:48.00	01:13:57.00	01:14:36.00	+00:15:49 (21.4%)	4:55	12.2 (78.7%)
17	STALUSZKA Dariusz	5203		M-40	17	00:25:21.00	00:24:54.00	00:25:32.00	01:15:47.00	01:16:30.00	+00:17:39 (23.3%)	5:03	11.9 (76.8%)
18	MARCINKOWSKI Jacek	5134	SSK ORZEŁ ŚWIESZYNO	M-40	18	00:26:48.00	00:24:10.00	00:26:30.00	01:17:28.00	01:18:25.00	+00:19:20 (25.0%)	5:09	11.6 (74.8%)
19	KOPEĆ Krzysztof	5097		M-40	19	00:25:24.00	00:25:44.00	00:26:30.00	01:17:38.00	01:18:24.00	+00:19:30 (25.1%)	5:10	11.6 (74.8%)
20	SAWIŃSKI Jacek	5197		M-40	20	00:30:12.00	00:23:28.00	00:24:32.00	01:18:12.00	01:19:17.00	+00:20:04 (25.7%)	5:12	11.5 (74.2%)
21	JĘDRZEJKO Mirosław	5074		M-40	21	00:25:03.00	00:26:38.00	00:27:50.00	01:19:31.00	01:20:04.00	+00:21:23 (26.9%)	5:18	11.3 (72.9%)
22	KAMINSKI Tomasz	5085	WODNA SŁUŻBA RATOWNICZA	M-40	22	00:25:00.00	00:27:27.00	00:27:58.00	01:20:25.00	01:21:01.00	+00:22:17 (27.7%)	5:21	11.2 (72.3%)
23	SARBIEWSKI Przemysław	5196		M-40	23	00:32:34.00	00:23:52.00	00:27:03.00	01:23:29.00	01:23:54.00	+00:25:21 (30.4%)	5:33	10.8 (69.7%)
24	KLONOWSKI Artur	5093	KOSPEL	M-40	24	00:25:32.00	00:27:50.00	00:30:31.00	01:23:53.00	01:24:40.00	+00:25:45 (30.7%)	5:35	10.7 (69.0%)
25	CHAMERA Tomasz	5021	WATAHA	M-40	25	00:28:01.00	00:29:27.00	00:27:13.00	01:24:41.00	01:25:25.00	+00:26:33 (31.4%)	5:38	10.6 (68.4%)
26	STRZELECKI Sebastian 'Kaszana'	5207	SAILING TEAM FERAJNA	M-40	26	00:27:42.00	00:28:09.00	00:28:51.00	01:24:42.00	01:25:09.00	+00:26:34 (31.4%)	5:38	10.6 (68.4%)
27	BRZEZIŃSKI Paweł	5015	PAB TRI KOSZALIN	M-40	27	00:27:59.00	00:28:18.00	00:29:44.00	01:26:01.00	01:26:40.00	+00:27:53 (32.4%)	5:44	10.5 (67.7%)
28	RUSIECKI Paweł	5191	WSPL SPZOZ W KOSZALINIE	M-40	28	00:28:30.00	00:27:55.00	00:30:06.00	01:26:31.00	01:27:17.00	+00:28:23 (32.8%)	5:46	10.4 (67.1%)
29	BABIARZ Jacek	5003	PRESS GLASS - BIEGAMY I WSPIERAMY	M-40	29	00:28:48.00	00:32:34.00	00:31:16.00	01:32:38.00	01:33:04.00	+00:34:30 (37.2%)	6:10	9.7 (62.6%)

Znaleziono 29 wynik(ów)