



JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10.72KM

B4SPORT

Organizator: PFNW
Data: 2016-04-16
Miejsce: Jastrowie
Dystans: 10.72 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	5.36km	10.36km	Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
1	SPYCHAŁA Marzena	211.	WESOŁY BORSUK TEAM	K40-49	1			00:02:39	00:34:44	00:37:30	01:13:21	01:16:10.80	01:18:50.15		7:06	8.4 (100%)
2	KACZMARCZYK-PIASECKA Renata	178.	CZARNE PANTERY	K40-49	2			00:02:36	00:37:10	00:40:08	01:17:40	01:20:33.40	01:23:10.35	+00:04:22 (5.4%)	7:30	8 (95.2%)
3	WOLNIEWICZ Katarzyna	220.	FABRIKANORDIKA	K40-49	3			00:02:38	00:36:55	00:39:50	01:18:30	01:21:35.75	01:24:14.00	+00:05:24 (6.6%)	7:36	7.9 (94.0%)
4	BANACH Joanna	155.	UKS GIMNAZJON SUCHY LAS	K40-49	4			00:02:43	00:37:39	00:40:46	01:19:51	01:22:53.60	01:25:37.50	+00:06:42 (8.1%)	7:43	7.8 (92.9%)
5	BANASZKIEWICZ Katarzyna	156.	SAMA CHODZĘ :)	K40-49	5			00:02:43	00:38:55	00:42:02	01:21:45	01:24:45.65	01:27:29.55	+00:08:34 (10.1%)	7:54	7.6 (90.5%)
6	KOZŁOWSKA Agnieszka	235.	FACE NORDIC WALKING TEAM	K40-49	6			00:02:43	00:40:27	00:43:38	01:23:12	01:26:16.10	01:28:59.70	+00:10:05 (11.7%)	8:02	7.5 (89.3%)
7	JANECKA Agnieszka	173.	JEZIORKI AKTYWNA WIES	K40-49	7	1		00:02:42	00:39:44	00:42:55	01:23:29	01:26:46.00	01:29:28.20	+00:10:35 (12.2%)	8:05	7.4 (88.1%)
8	WACHOWIAK Sylwia	214.	SAILING TEAM FERAJNA	K40-49	8			00:02:39	00:39:57	00:43:10	01:23:50	01:27:04.10	01:29:43.80	+00:10:53 (12.5%)	8:07	7.4 (88.1%)
9	SOBECKA Marzena	210.		K40-49	9			00:02:40	00:40:30	00:43:44	01:24:51	01:28:12.75	01:30:52.95	+00:12:01 (13.6%)	8:13	7.3 (86.9%)
10	KOWNACKA Jolanta	186.	KSIR SPORTICO BIAŁOSLIWIE	K40-49	10			00:02:37	00:40:59	00:44:20	01:25:41	01:28:56.95	01:31:34.60	+00:12:46 (14.4%)	8:17	7.2 (85.7%)
11	WASEKA Julitta	218.		K40-49	11			00:02:43	00:40:44	00:44:00	01:25:50	01:29:11.55	01:31:54.55	+00:13:00 (14.6%)	8:19	7.2 (85.7%)
12	ŁASECKA Katarzyna	195.	CZARNE PANTERY	K40-49	12			00:02:40	00:42:55	00:46:06	01:27:31	01:30:40.00	01:33:20.55	+00:14:29 (16.0%)	8:27	7.1 (84.5%)
13	DROZDOWICZ Dorota	161.	CZARNE PANTERY	K40-49	13			00:02:41	00:43:46	00:47:10	01:30:03	01:33:15.20	01:35:56.35	+00:17:04 (18.3%)	8:41	6.9 (82.1%)
14	GIERSZENDORF Monika	166.	FACE NORDIC WALKING TEAM	K40-49	14			00:02:39	00:44:10	00:47:42	01:32:28	01:35:45.80	01:38:25.25	+00:19:35 (20.4%)	8:56	6.7 (79.8%)

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15	JAGŁA Monika	172.	KSIR SPORTICO BIAŁOSLIWIE	K40-49	15			00:02:40	00:44:51	00:48:23	01:32:54	01:36:26.60	01:39:06.70	+00:20:15 (21.0%)	8:59	6.7 (79.8%)
16	ABRAMOWICZ Ewa	151.		K40-49	16			00:02:45	00:45:25	00:48:53	01:33:37	01:37:01.70	01:39:47.45	+00:20:50 (21.5%)	9:03	6.6 (78.6%)
17	KOWALCZUK Maria	185.		K40-49	17			00:02:42	00:45:28	00:48:57	01:33:40	01:37:09.90	01:39:52.55	+00:20:59 (21.6%)	9:03	6.6 (78.6%)
18	LIKOWSKA Lidia	191.		K40-49	18			00:02:38	00:45:44	00:49:19	01:33:51	01:37:21.50	01:39:59.95	+00:21:10 (21.8%)	9:04	6.6 (78.6%)
19	GREFKIEWICZ Justyna	168.	KB KATORŻNIK MUROWANA GOSŁINA	K40-49	19			00:02:44	00:45:33	00:49:10	01:34:06	01:37:36.15	01:40:21.10	+00:21:25 (21.9%)	9:06	6.6 (78.6%)
20	OLSZEWSKA Elżbieta	200.	KLUB SPORTOWY 'SPORTICO'	K40-49	20			00:02:40	00:46:47	00:50:24	01:34:13	01:37:42.25	01:40:23.15	+00:21:31 (22.0%)	9:06	6.6 (78.6%)
21	DUKIEWICZ Aneta	162.	CZARNE PANTERY	K40-49	21			00:02:41	00:53:28	00:58:23				+00:20:54	10:53	5.5 (65.5%)
DQ	WANDEL Agnieszka	217.	FACE NORDIC WALKING TEAM	K40-49		1		DQ	00:40:18 DQ	00:43:29 DQ	01:25:00 DQ	2016-04-16 DQ	DQ		-	- (0.0%)

Znaleziono 22 wynik(ów)