

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie: Jastrzębska Dziesiątka 2019
Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Data: 2019-09-21
Miejsce: Jastrzębie-Zdrój
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
1	KOSGEI Mathew	981		M20-29		00:00:01	00:08:43	00:14:55	00:22:02
2	CHERUTICH Nelson Kipkogei	982		M20-29		00:00:00	00:08:45	00:14:55	00:22:04
3	MRÓWKA Mateusz	350		M20-29	Bziegacze	00:00:00	00:08:45	00:14:56	00:22:11
4	KIBIRE Moses Kipruto	335	BENEDEK-TEAM	M30-39		00:00:01	00:08:44	00:14:55	00:22:12
5	WAMBUA Elijah Mutuku	983		M20-29		00:00:00	00:08:44	00:14:56	00:22:36
6	CIEPŁAK Marcin	352		M20-29	Inżynieria biegania Team	00:00:00	00:09:35	00:16:21	00:24:04
7	ZAJĄC Bartosz	412		M20-29	KB MCKIS Jaworzno	00:00:00	00:09:38	00:16:24	00:24:11
8	DROŻDŻ Damian	363		M30-39	Inżynieria biegania Team	00:00:01	00:09:50	00:16:32	00:24:20
9	LYSKO Jakub	383		M30-39		00:00:01	00:09:50	00:16:30	00:24:21
10	CHEMUTAI Joyline	984		K20-29		00:00:00	00:09:40	00:16:30	00:24:42
11	LUBIENIECKI Maciej	382		M40-49		00:00:01	00:09:50	00:16:42	00:24:53
12	ŻURAWIK Daniel	415		M30-39		00:00:01	00:09:50	00:16:46	00:24:53
13	MBATHA Ruth Nundu	985		K20-29		00:00:00	00:09:54	00:16:51	00:24:57
14	KWESTOROWSKI Bartosz	380		M30-39		00:00:01	00:09:50	00:16:44	00:24:59
15	SZRENIAWA Paweł	406		M20-29		00:00:01	00:09:52	00:16:57	00:25:11
16	PIEPRZYCKI Robert	394		M20-29		00:00:01	00:10:05	00:17:03	00:25:12
17	MUSKIETORZ Piotr	388		M30-39	Inżynieria biegania Team	00:00:00	00:10:03	00:17:06	00:25:25
18	CZAPLA Piotr	362		M20-29		00:00:01	00:10:14	00:17:25	00:25:42
19	BULIK Witold	359		M50-59	PKS Olimpijczyk Gilowice	00:00:01	00:10:05	00:17:09	00:25:43
20	LIZAK Wociech	381		M30-39	Nieślony Lizak	00:00:00	00:10:15	00:17:26	00:25:44
21	MACH Angelika	2		K20-29	1 Second Team	00:00:00	00:10:08	00:17:17	00:25:45
22	KARDAS Arkadiusz	373		M30-39		00:00:01	00:10:23	00:17:37	00:25:59
23	BRONIATOWSKA Katarzyna	1		K20-29		00:00:00	00:09:58	00:17:21	00:26:02
24	PORĘBA Grzegorz	396		M30-39	Niewybiegani	00:00:00	00:10:24	00:17:44	00:26:39
25	KLIMEK Wojciech	376		M16-19		00:00:01	00:10:41	00:18:07	00:26:42
26	HATALA Paweł	369		M30-39		00:00:02	00:10:38	00:18:06	00:26:42
27	GOLBA Kasia	6		K30-39	1 Second Team	00:00:01	00:10:40	00:18:11	00:26:44
28	URBANIAK Witek	407		M30-39		00:00:01	00:10:32	00:18:01	00:26:45
29	BŁASZCZYK Dominik	358		M30-39		00:00:01	00:10:32	00:17:51	00:26:49
30	CICHOŃ Roman	361		M40-49		00:00:02	00:10:38	00:18:06	00:26:49
31	BARTOSIK Sebastian	357		M30-39	FORMA Wodzisław Śląski	00:00:02	00:10:29	00:18:00	00:26:50

Msc	Zawodnik	Numer	Klub	Kategoria		Drużyna	Czas startu	2.9km	5km	7.3km
32	MICHALAK Sandra	7		K30-39	Bziegacze		00:00:00	00:10:41	00:18:13	00:26:53
33	ALBRECHT Krystian	355		M16-19	Galopujące Ślimaki		00:00:02	00:10:37	00:18:09	00:26:55
34	JASICA Mateusz	371		M16-19	KUSY Bukowno		00:00:01	00:10:42	00:18:13	00:27:02
35	KNESZ Marek	460		M50-59			00:00:01	00:10:39	00:18:09	00:27:02
36	SEIFFERT Markus	400		M30-39	Koszulka Hynia		00:00:03	00:10:43	00:18:14	00:27:02
37	RAJWA Roman	397		M20-29	Bziegacze		00:00:01	00:10:31	00:18:06	00:27:03
38	SOBOL Tomasz	401		M40-49			00:00:01	00:10:54	00:18:27	00:27:05
39	DUŻNIAK Dominik	364		M30-39			00:00:02	00:10:39	00:18:11	00:27:06
40	BARTNIK Sebastian	356	STREET SPIRIT - TEAM NOWAK	M40-49			00:00:02	00:10:53	00:18:25	00:27:07
41	FIRLA Arkadiusz	365		M40-49			00:00:02	00:10:42	00:18:17	00:27:13
42	STARZYCKI Przemysław	402		M20-29	KB MCKIS Jaworzno		00:00:02	00:10:34	00:18:17	00:27:13
43	WALCZYŃSKI Mariusz	408		M30-39	Niewybiegani		00:00:02	00:10:53	00:18:25	00:27:15
44	KUBIK Arkadiusz	464		M40-49	Dystans Lubomia		00:00:02	00:10:46	00:18:23	00:27:17
45	OSETEK Paweł	392		M30-39	Radlinioki w biegu		00:00:01	00:10:45	00:18:36	00:27:26
46	KAŁUŻNY Adam	372		M30-39	SOCIOS SILESIA		00:00:02	00:10:47	00:18:28	00:27:27
47	NIEMIEC Mirek	487		M50-59	Olza Cieszyn		00:00:01	00:10:41	00:18:29	00:27:31
48	JARCO Dominik	370		M20-29			00:00:01	00:10:28	00:18:16	00:27:32
49	ZYGMA Kordian	414		M20-29			00:00:01	00:10:51	00:18:31	00:27:38
50	WOWRY Klaudiusz	410		M16-19	Olza Cieszyn		00:00:00	00:10:57	00:18:38	00:27:41
51	SZKODA Dariusz	405		M30-39	SOCIOS SILESIA		00:00:02	00:10:59	00:18:39	00:27:41
52	CHRAPKIEWICZ Michał	360		M30-39	Olza Cieszyn		00:00:02	00:10:56	00:18:39	00:27:44
53	GIŻYŃSKI Damian	366		M30-39	GB Galopujące Ślimaki		00:00:02	00:11:16	00:18:57	00:27:44
54	RĘBISZ Mariusz	398		M40-49			00:00:01	00:11:09	00:18:49	00:27:49
55	PRZYBYŁA Przemek	507		M40-49			00:00:01	00:11:08	00:18:52	00:27:51
56	KOGUCIUK Karol	377		M20-29	TOMAZI BIKE		00:00:02	00:10:39	00:18:29	00:27:51
57	LEDWOŃ Paweł	468		M30-39			00:00:03	00:11:04	00:18:48	00:27:54
58	JASTRZĘBSKI Piotr	451		M30-39			00:00:02	00:11:03	00:18:50	00:27:57
59	MOLA Mateusz	485		M16-19	Olza Cieszyn		00:00:04	00:11:06	00:18:50	00:28:00
60	ZIELIŃSKI Rafał	413		M30-39	Klub Biegacza MOSiR Jastrzębie		00:00:01	00:10:46	00:18:46	00:28:03
61	FILIP Bartosz	437		M20-29	SOCIOS SILESIA		00:00:02	00:10:47	00:18:44	00:28:04
62	NOGA Krystian	488		M30-39	FORMA Wodzisław Śląski		00:00:04	00:11:11	00:18:59	00:28:05
63	ŻERDKA Michał	542		M30-39			00:00:03	00:11:04	00:18:49	00:28:06
64	ŚLĘZAK Sylwia	4		K20-29	1 Second Team		00:00:01	00:10:48	00:18:40	00:28:09
65	MALINA Adam	477		M40-49			00:00:02	00:11:15	00:19:10	00:28:17
66	SAMBAK Tadeusz	399		M50-59	Zadyszka Oświęcim		00:00:03	00:11:27	00:19:15	00:28:21
67	MENCEWICZ Paweł	484		M40-49	FORMA Wodzisław Śląski		00:00:02	00:11:17	00:19:12	00:28:22
68	DZIARSKI Wiesław	436		M60-69			00:00:04	00:11:12	00:19:09	00:28:24
69	MAROSZEK Szymon	480		M30-39			00:00:04	00:11:22	00:19:13	00:28:28
70	GRUDZIEŃ Krzysztof	368		M40-49			00:00:03	00:11:07	00:19:04	00:28:32
71	ADAMSKI Robert	353		M30-39	Brykająca Grupa Biegowa		00:00:03	00:11:38	00:19:34	00:28:38
72	FURMAN Dawid	438		M30-39			00:00:04	00:11:31	00:19:26	00:28:38
73	OLBRICH Artur	391		M30-39			00:00:03	00:11:25	00:19:23	00:28:42
74	ALBRECHT Arkadiusz	354		M40-49	Galopujące Ślimaki		00:00:05	00:11:30	00:19:30	00:28:43
75	TRAFIAŁEK Miłosz	528		M30-39			00:00:04	00:11:16	00:19:16	00:28:46
76	NIEŚŁONY Filip	390		M20-29	Nieślony Lizak		00:00:02	00:11:29	00:19:35	00:28:49
77	PATAS Magdalena	12		K20-29	FORMA Wodzisław Śląski		00:00:01	00:11:16	00:19:21	00:28:52

Msc	Zawodnik	Numer	Klub	Kategoria		Drużyna	Czas startu	2.9km	5km	7.3km
78	KILJAN Mariusz	375		M40-49		KB MCKIS Jaworzno	00:00:02	00:11:19	00:19:26	00:28:52
79	GRIMAN Joanna	17		K30-39			00:00:01	00:11:27	00:19:30	00:28:54
80	PALT Tomasz	499		M40-49			00:00:04	00:11:39	00:19:39	00:29:00
81	WANTULOK Paweł	531		M20-29			00:00:05	00:11:37	00:19:35	00:29:00
82	BIAŁOŻYT Michał	422		M16-19			00:00:03	00:11:49	00:19:48	00:29:01
83	STUCHLIK Marek	520		M30-39		Aktywna Pszczyna Runners Team	00:00:04	00:11:35	00:19:39	00:29:01
84	KAWCZYŃSKI Radosław	457		M30-39		Team URODZENI BIEGACZE	00:00:05	00:11:35	00:19:35	00:29:01
85	MEREDYK Adrian	387		M30-39			00:00:02	00:11:17	00:19:26	00:29:05
86	MENDECKA-ZEJDLER Michalina	8		K20-29		1 Second Team	00:00:01	00:11:25	00:19:34	00:29:06
87	SZPYRKA Sebastian	523		M20-29			00:00:02	00:11:45	00:19:51	00:29:15
88	BEZUCH Paweł	421		M20-29			00:00:06	00:11:47	00:19:57	00:29:17
89	WOLNY Ariel	535		M30-39			00:00:06	00:11:47	00:19:46	00:29:19
90	SKIBA Ryszard	517		M40-49			00:00:05	00:11:36	00:19:42	00:29:20
91	BRYŁA Rafał	427		M30-39		Klub Biegacza Fartlek	00:00:05	00:11:48	00:20:02	00:29:27
92	KLYSZCZ Paweł	459		M20-29			00:00:04	00:11:35	00:19:49	00:29:33
93	KNAPEK Łukasz	603		M20-29			00:00:11	00:11:58	00:20:07	00:29:35
94	MARCZAK Piotr	478		M30-39			00:00:05	00:11:30	00:19:47	00:29:39
95	NOWICKI Tomasz	491		M30-39		Klub Biegacza Fartlek	00:00:06	00:11:46	00:20:00	00:29:40
96	CIECIAK Grzegorz	430		M40-49			00:00:09	00:11:55	00:20:08	00:29:40
97	GAJ Paulina	10		K20-29		KB MCKIS Jaworzno	00:00:00	00:11:52	00:20:04	00:29:43
98	HANKUS Łukasz	447		M30-39			00:00:07	00:11:49	00:19:52	00:29:43
99	HEJNA Michał	587		M30-39		Koszulka Hynia	00:00:07	00:11:57	00:20:10	00:29:44
100	SPYRKA Piotr	518		M30-39		Klub Biegacza Fartlek	00:00:05	00:11:46	00:20:01	00:29:50
101	TOKAREWICZ Damian	525		M30-39			00:00:09	00:11:55	00:20:08	00:29:54
102	LORANC Maciej	473		M50-59		NUTREND BIEGA	00:00:04	00:12:11	00:20:24	00:29:56
103	MALINOWSKI Krzysztof	386		M50-59			00:00:02	00:11:45	00:20:07	00:29:57
104	SURWIŁO Sandro	521		M30-39			00:00:03	00:12:04	00:20:25	00:29:59
105	MARTOWSKI Przemysław	481		M30-39			00:00:04	00:11:52	00:20:12	00:29:59
106	BORCHERT Marcin	425		M30-39		Aktywna Pszczyna Runners Team	00:00:04	00:12:09	00:20:31	00:29:59
107	RYCHCZYŃSKI Jonatan	512		M20-29			00:00:13	00:11:58	00:20:20	00:30:02
108	PALKA Dawid	650		M40-49		40-latek Tychy	00:00:05	00:11:47	00:20:08	00:30:03
109	PAGIEŁA Łukasz	497		M30-39		Olza Cieszyn	00:00:01	00:12:04	00:20:30	00:30:06
110	SIEGMUND Tadeusz	679		M40-49		Klub Biegacza MOSiR Jastrzębie	00:00:02	00:12:01	00:20:21	00:30:09
111	DYBCZYŃSKA Jadwiga	16		K30-39		Biegający w Brennej	00:00:02	00:11:51	00:20:08	00:30:09
112	RAJWA Jan	508		M30-39		Bziegacze	00:00:05	00:11:51	00:20:19	00:30:10
113	MENDECKA Daria	11		K20-29		1 Second Team	00:00:00	00:11:51	00:20:20	00:30:11
114	LASKOWSKA Katarzyna	21		K40-49		Inżynieria biegania Team	00:00:02	00:12:07	00:20:33	00:30:12
115	STACHOWSKI Ireneusz	519		M40-49		FORMA Wodzisław Śląski	00:00:02	00:11:58	00:20:22	00:30:13
116	ADAMCZEWSKI Waldemar	543		M50-59		Klub Biegacza Fartlek	00:00:06	00:12:07	00:20:29	00:30:13
117	ROMIK Krzysztof	510		M40-49			00:00:07	00:12:06	00:20:26	00:30:13
118	RESPONDEK Leszek	673		M30-39			00:00:08	00:12:09	00:20:30	00:30:13
119	BEREZOWSKI Tomasz	419		M30-39			00:00:10	00:12:04	00:20:21	00:30:14
120	KOWAL Łukasz	609		M20-29			00:00:06	00:12:22	00:20:40	00:30:16
121	WOWRY Grzegorz	409		M30-39		Olza Cieszyn	00:00:00	00:12:05	00:20:31	00:30:19
122	MAJ Przemysław	476		M30-39		Klub Biegacza Fartlek	00:00:07	00:12:16	00:20:42	00:30:24
123	BIAŁECKI Tomasz	548		M40-49		Bziegacze	00:00:05	00:12:21	00:20:44	00:30:25

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
124	PLEWNIA Dawid	661		M20-29		00:00:18	00:12:15	00:20:32	00:30:25
125	WRZECIONKOWSKI Adrian	536		M30-39		00:00:10	00:12:12	00:20:38	00:30:26
126	KRUK Tomasz	462		M30-39	Athletics Nysa	00:00:06	00:12:07	00:20:25	00:30:30
127	PALIGA Rafał	498		M40-49		00:00:05	00:11:58	00:20:28	00:30:33
128	BRZÓSKA Rafał	428		M40-49		00:00:05	00:12:10	00:20:42	00:30:33
129	NIEŚŁONY Dominik	389		M20-29	Nieślony Lizak	00:00:02	00:12:05	00:20:38	00:30:34
130	TŁOŁKA Michał	524		M30-39		00:00:07	00:12:02	00:20:28	00:30:37
131	MROWIEC Bernard	640		M50-59		00:00:07	00:12:26	00:20:49	00:30:39
132	KUŚ Tomasz	466		M30-39		00:00:12	00:12:20	00:20:48	00:30:39
133	GÓRSKI Michał	583		M20-29		00:00:08	00:12:24	00:20:50	00:30:40
134	PIŁATOWSKI Andrzej	501		M50-59		00:00:03	00:12:09	00:20:39	00:30:43
135	SERAFIN Dariusz Izabela	514		M50-59	Klub Biegacza Fartlek	00:00:03	00:12:27	00:20:56	00:30:49
136	STOLORZ Katarzyna	55		K30-39	Inżynieria biegania Team	00:00:04	00:12:31	00:21:01	00:30:50
137	CHROMIK Julia	15		K16-19		00:00:01	00:12:01	00:20:36	00:30:52
138	ZIELIŃSKI Ireneusz	540		M50-59		00:00:04	00:12:11	00:20:50	00:30:55
139	GLAJCAR Tomasz	582		M40-49		00:00:12	00:12:29	00:21:05	00:30:56
140	PRZYBYŁA Tadeusz	805		M30-39		00:00:07	00:12:24	00:21:00	00:30:59
141	GADAJ Grzegorz	439		M30-39		00:00:04	00:12:00	00:20:39	00:31:00
142	KAWECKI Stanisław	601		M40-49	Olza Cieszyn	00:00:10	00:12:06	00:20:47	00:31:00
143	TOMCZYK Maurycy	527		M30-39		00:00:04	00:12:33	00:21:07	00:31:01
144	DEJEWSKI Jakub	433		M30-39	GB Galopujące Ślimaki	00:00:15	00:12:11	00:20:50	00:31:01
145	ŻUKROWSKI Krzysztof	718		M30-39		00:00:17	00:12:23	00:20:54	00:31:03
146	KUSY Rafał	622		M40-49	Olza Cieszyn	00:00:08	00:12:16	00:20:54	00:31:04
147	BARAN Bartosz	417		M20-29		00:00:12	00:12:27	00:21:02	00:31:06
148	RENCZ Małgorzata	29		K40-49		00:00:01	00:12:07	00:20:46	00:31:08
149	MROWIEC Kinga	44		K16-19		00:00:02	00:12:35	00:21:23	00:31:09
150	MAZUR Marek	482		M40-49		00:00:04	00:12:12	00:20:48	00:31:09
151	RUCIŃSKI Krzysztof	676		M40-49		00:00:07	00:12:00	00:20:50	00:31:09
152	ROEHRICH Krzysztof	509		M30-39		00:00:04	00:12:15	00:21:01	00:31:11
153	MĘŻYK Matik	635		M30-39	Koszulka Hynia	00:00:06	00:12:04	00:20:45	00:31:11
154	LILLA Piotr	470		M30-39		00:00:04	00:11:52	00:20:50	00:31:19
155	KARPLEWICZ Andrzej	456		M50-59	GB Galopujące Ślimaki	00:00:09	00:12:12	00:20:56	00:31:20
156	SMOLIK Łukasz	897		M20-29	Olza Cieszyn	00:00:18	00:12:30	00:21:04	00:31:20
157	MICHAŁSKI Rafał	636		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:17	00:21:03	00:31:22
158	ŁATKA Łukasz	626		M30-39		00:00:11	00:12:34	00:21:09	00:31:22
159	LAZAR Damian	624		M30-39		00:00:17	00:12:40	00:21:17	00:31:22
160	TOMCZYK Lesław	526		M50-59	Olza Cieszyn	00:00:08	00:12:29	00:21:08	00:31:23
161	MALINA Michalina	9		K16-19		00:00:01	00:12:10	00:21:02	00:31:24
162	ANTONCZYK Adam	544		M50-59		00:00:04	00:12:14	00:20:59	00:31:25
163	KANCLERZ Tomasz	455		M40-49		00:00:06	00:12:31	00:21:15	00:31:26
164	KUNINA Paweł	465		M40-49		00:00:03	00:12:40	00:21:43	00:31:27
165	DUDZIK Sebastian	568		M30-39		00:00:15	00:12:33	00:21:17	00:31:27
166	GRUCEL Damian	445		M30-39	KS M.E.T.A.	00:00:08	00:12:26	00:21:09	00:31:28
167	GRZONKA Andrzej	446		M40-49	Galopujące Ślimaki	00:00:02	00:12:01	00:20:57	00:31:31
168	PAPUGA Dariusz	652		M50-59	Zadyszka Oświęcim	00:00:03	00:12:06	00:21:06	00:31:32
169	JANKO Anna	18		K20-29	Niewybiegani	00:00:02	00:12:44	00:21:28	00:31:33

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
170	NIEDZIELA Stefan	486		M60-69		00:00:03	00:12:10	00:21:05	00:31:34
171	SIKORA Stefan	516		M70+		00:00:08	00:12:43	00:21:25	00:31:34
172	SZKATUŁA Henryk	688		M50-59	Koszulka Hynia	00:00:03	00:12:18	00:21:04	00:31:35
173	SZAREK Krzysztof	522		M30-39	BIEG PO ZDRÓJ	00:00:08	00:12:26	00:21:13	00:31:36
174	MUSZEWSKI Bartłomiej	642		M40-49	FORMA Wodzisław Śląski	00:00:11	00:12:25	00:21:09	00:31:37
175	CHRUSZCZ Wojciech	429		M30-39	Klub Biegacza Fartlek	00:00:08	00:12:28	00:21:14	00:31:38
176	OGIERMAN Grzegorz	494		M40-49	Olza Cieszyn	00:00:06	00:12:27	00:21:14	00:31:39
177	HIMEL Adrian	448		M20-29		00:00:03	00:12:07	00:20:59	00:31:44
178	KAMYCZEK Grzegorz	600		M40-49		00:00:20	00:12:53	00:21:37	00:31:44
179	LEŚNIAK Krzysztof	469		M40-49	Radlinioki w biegu	00:00:15	00:12:45	00:21:31	00:31:45
180	KNYPS Adam	761		M40-49		00:00:18	00:12:55	00:21:39	00:31:46
181	BIELIŃSKA Monika	13		K30-39		00:00:02	00:12:15	00:21:10	00:31:47
182	BUĆKO Marcin	553		M40-49	Klub Biegacza Fartlek	00:00:04	00:12:40	00:21:28	00:31:48
183	FLORKIEWICZ Sławomir	571		M50-59		00:00:08	00:12:24	00:21:13	00:31:50
184	WOJAKOWSKI Krzysztof	533		M40-49		00:00:06	00:12:35	00:21:26	00:31:52
185	KORCZ Daniel	461		M40-49	KB MCKIS Jaworzno	00:00:07	00:12:33	00:21:24	00:31:52
186	KĄKOL Ryszard	458		M60-69		00:00:03	00:12:23	00:21:23	00:31:54
187	GLINIECKI Bartłomiej	443		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:22	00:21:12	00:31:54
188	MACHEJ Remigiusz	629		M30-39	MARO TEAM JASTRZĘBIE-ŻORY	00:00:09	00:12:21	00:21:21	00:31:55
189	ŁYSEK Paweł	628		M40-49	Bziegacze	00:00:06	00:12:29	00:21:30	00:31:57
190	BIELA Rafał	423		M40-49		00:00:09	00:12:47	00:21:46	00:32:01
191	GÓRNY Mirek	367		M50-59		00:00:01	00:12:08	00:21:04	00:32:02
192	RZEPCHYŃSKI Wiesław	677		M70+		00:00:13	00:12:49	00:21:39	00:32:02
193	JOCHLIK Szymon	452		M30-39		00:00:07	00:12:15	00:21:13	00:32:03
194	JĘDRZEJAK Piotr	596		M40-49		00:00:12	00:12:40	00:21:36	00:32:04
195	BULANDA Andrzej	554		M40-49		00:00:05	00:12:31	00:21:20	00:32:06
196	GIGOŃ Dariusz	442		M50-59	KB MCKIS Jaworzno	00:00:08	00:12:29	00:21:30	00:32:07
197	PRZYBYSZ Ryszard	667		M50-59		00:00:14	00:12:40	00:21:40	00:32:12
198	DOBROWOLSKI Sławek	435		M50-59		00:00:11	00:13:02	00:21:50	00:32:14
199	SMYCZEK Bartosz	898		M30-39		00:00:24	00:13:13	00:22:00	00:32:15
200	KANCLERZ-JANUSZEWSKA Katarzyna	19		K50-59	Kobiety na 5+	00:00:02	00:12:42	00:21:43	00:32:17
201	WYREMBELSKI Adam	713		M20-29		00:00:07	00:13:06	00:21:54	00:32:18
202	PACAK Dominika	26		K30-39	Klub Biegam Bo Lubię Racibórz	00:00:03	00:12:58	00:21:52	00:32:19
203	GRUDZIŃSKI Radosław	584		M30-39		00:00:06	00:12:54	00:21:54	00:32:20
204	SZAREK Rafał	685		M40-49	KB MCKIS Jaworzno	00:00:18	00:13:03	00:21:53	00:32:21
205	BAC Michał	545		M40-49		00:00:14	00:13:03	00:21:57	00:32:24
206	KUSTRA Józef	771		M50-59		00:00:02	00:12:35	00:21:36	00:32:30
207	UCIEKLAK Waldemar	529		M50-59		00:00:08	00:12:40	00:21:41	00:32:31
208	BURYBA Jacek	557		M30-39	Klub Biegacza Fartlek	00:00:08	00:13:02	00:22:01	00:32:32
209	KOWALSKI Robert	610		M50-59		00:00:09	00:12:46	00:21:51	00:32:33
210	NYKIEL Mariusz	492		M30-39	SOCIOS SILESIA	00:00:00	00:10:46	00:20:39	00:32:36
211	POŁEDNIK Tomasz	502		M40-49		00:00:09	00:12:36	00:21:44	00:32:36
212	GAUDYN Andrzej	440		M30-39		00:00:11	00:13:23	00:22:23	00:32:38
213	IZYDORCZYK Robert	588		M40-49		00:00:09	00:12:50	00:21:56	00:32:42
214	TRAWNICKI Maciej	695		M40-49		00:00:11	00:12:52	00:21:56	00:32:45
215	MAŁECKI Jacek	631		M30-39		00:00:16	00:13:16	00:22:23	00:32:46

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
216	MAZURKIEWICZ Jarosław	483		M50-59		00:00:16	00:12:53	00:22:05	00:32:47
217	STROF Marcin	683		M30-39		00:00:10	00:13:11	00:22:14	00:32:49
218	ZIELIŃSKI Jacek	716		M30-39		00:00:14	00:13:08	00:22:20	00:32:50
219	BALICKI Piotr	546		M30-39		00:00:15	00:12:23	00:22:19	00:32:50
220	ŁUSZCZYK Sergiusz	627		M30-39		00:00:09	00:12:57	00:22:00	00:32:51
221	RADOMSKI Mariusz	670		M40-49		00:00:37	00:13:09	00:22:09	00:32:51
222	ZIĘTARA Paweł	717		M50-59		00:00:08	00:13:05	00:22:10	00:32:54
223	WIERCIOCH Tomasz	706		M40-49		00:00:18	00:13:19	00:22:19	00:32:57
224	OGIEGŁO Łukasz	493		M30-39		00:00:09	00:12:46	00:22:05	00:33:01
225	PRZELIORZ Oktawian	666		M30-39		00:00:14	00:13:20	00:22:27	00:33:04
226	PRZELIORZ Oktawian	506		M30-39		00:00:14	00:13:20	00:22:27	00:33:04
227	PAWLAS Damian	796		M20-29		00:00:12	00:13:27	00:22:34	00:33:06
228	DOBRENIUK Krzysztof	434		M40-49		00:00:03	00:13:03	00:22:16	00:33:07
229	SPRATEK Bartosz	814		M20-29		00:00:23	00:13:28	00:22:36	00:33:11
230	KOŁEK Michał	763		M30-39		00:00:10	00:13:20	00:22:28	00:33:12
231	BORYCZKA Szymon	426		M30-39		00:00:11	00:12:50	00:22:15	00:33:12
232	FLISZTA Marcin	570		M30-39		00:00:07	00:13:00	00:22:26	00:33:13
233	JANECKI Mateusz	591		M20-29	Bziegacze	00:00:05	00:12:31	00:21:51	00:33:15
234	PIŁATOWSKI Mirosław	660		M50-59	Klub Biegacza MOSiR Jastrzębie	00:00:03	00:12:56	00:22:11	00:33:17
235	KUŚ Dawid	623		M30-39		00:00:05	00:13:20	00:22:29	00:33:20
236	GÓRECKI Wojciech	744		M30-39		00:00:13	00:12:53	00:22:04	00:33:20
237	TYTKO Bartłomiej	698		M40-49		00:00:04	00:12:44	00:22:04	00:33:23
238	TIDE Krzysztof	693		M20-29		00:00:22	00:13:29	00:22:43	00:33:25
239	FROSZTĘGA Daniel	574		M30-39		00:00:19	00:13:24	00:22:32	00:33:26
240	RĘBISZ Paweł	674		M40-49		00:00:19	00:13:40	00:22:56	00:33:26
241	MAGOŃ Marcin	630		M40-49		00:00:23	00:13:12	00:22:29	00:33:26
242	KACZMAREK Jacek	453		M30-39	GRUBIORZE LOTAJOM	00:00:12	00:13:27	00:22:38	00:33:28
243	URBAN Patryk	699		M20-29		00:00:21	00:12:33	00:21:53	00:33:31
244	OGRODNIK Damian	644		M30-39		00:00:14	00:13:19	00:22:30	00:33:33
245	MALIK Rafał	385		M30-39		00:00:04	00:13:03	00:22:14	00:33:34
246	LIZAK Krzysztof	472		M40-49	Niesłony Lizak	00:00:07	00:13:13	00:22:36	00:33:34
247	ŻELECH Grzegorz	920		M30-39	PoWoli do Celu	00:00:11	00:12:50	00:22:19	00:33:34
248	GROMEK Michał	444		M20-29		00:00:04	00:13:03	00:22:33	00:33:35
249	MIKA Łukasz	637		M30-39		00:00:12	00:13:21	00:22:41	00:33:37
250	WOŹNIAK Przemysław	712		M30-39		00:00:15	00:13:56	00:23:09	00:33:38
251	OPUCHLIK Roman	495		M30-39		00:00:03	00:13:18	00:22:45	00:33:40
252	CHRAPKIEWICZ Marek	560		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:13:18	00:22:44	00:33:40
253	BODNAR Anna	14		K30-39	Endure team	00:00:02	00:13:18	00:22:46	00:33:41
254	KUBERA Dawid	463		M30-39		00:00:10	00:13:18	00:22:34	00:33:41
255	BRANDYS Adam	551		M30-39		00:00:13	00:13:29	00:22:43	00:33:41
256	CHROBOK Michał	561		M30-39	RunPatola	00:00:16	00:13:31	00:22:50	00:33:42
257	BĄKOWSKI Michał	547		M30-39		00:00:17	00:13:34	00:22:55	00:33:42
258	ONAK Paweł	645		M30-39		00:00:20	00:13:13	00:22:38	00:33:42
259	KUBALA Jan	861		M30-39		00:00:14	00:13:28	00:22:45	00:33:43
260	DOCZEKALSKI Jarek	565		M40-49	GB Galopujące Ślimaki	00:00:16	00:13:23	00:22:44	00:33:43
261	KIEPIELA Dawid	941		M30-39	Klub Biegacza Fartlek	00:00:30	00:13:35	00:22:53	00:33:48

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
262	TESSMER Tomasz	692		M20-29		00:00:18	00:13:46	00:22:58	00:33:49
263	PIECHOCKI Piotr	656		M40-49		00:00:10	00:13:35	00:22:51	00:33:50
264	OWCZAREK Paweł	648		M40-49		00:00:17	00:13:28	00:22:50	00:33:50
265	KRZYSTAŁA Paweł	615		M20-29		00:00:11	00:13:46	00:23:09	00:33:51
266	WOJNAROWICZ Iza	56		K20-29		00:00:02	00:13:12	00:22:45	00:33:54
267	WIŚNIEWSKI Szymon	709		M40-49		00:00:11	00:13:18	00:22:38	00:34:00
268	NANTKA Witek	785		M40-49	Inżynieria biegania Team	00:00:19	00:13:49	00:23:14	00:34:01
269	MACH Sebastian	866		M30-39		00:00:26	00:13:47	00:23:07	00:34:01
270	PIETRASZ Krzysztof	658		M30-39		00:00:17	00:13:30	00:22:49	00:34:02
271	ZELEK Adam	979		M40-49		00:00:34	00:13:32	00:23:06	00:34:03
272	FOKS Damian	572		M50-59		00:00:12	00:13:43	00:23:07	00:34:05
273	PIECZARA Błażej	657		M40-49	KB MCKIS Jaworzno	00:00:06	00:13:35	00:23:05	00:34:08
274	JAKUBCZYK Jacek	449		M40-49		00:00:10	00:13:24	00:22:48	00:34:08
275	KARLIK-KAŁUSEK Agnieszka	77		K30-39		00:00:04	00:13:33	00:23:06	00:34:10
276	HARAZIN Janusz	586		M30-39		00:00:11	00:13:44	00:23:11	00:34:10
277	RUBIN Andrzej	511		M40-49	KB MCKIS Jaworzno	00:00:19	00:13:52	00:23:13	00:34:11
278	PIWISZKIS Barbara	28		K30-39	Kobiety na 5+	00:00:01	00:13:03	00:22:44	00:34:14
279	JÓZEFIAK Rafał	597		M40-49	Eko-Okna Runners	00:00:11	00:13:50	00:23:21	00:34:14
280	WOLLNY Kamil	534		M20-29	Eko-Okna Runners	00:00:10	00:13:51	00:23:21	00:34:15
281	WALA Marek	823		M40-49		00:00:20	00:14:01	00:23:21	00:34:15
282	LELENIEWSKI Jacek	625		M30-39		00:00:15	00:13:42	00:23:11	00:34:19
283	PETRYNA Bartosz	655		M30-39		00:00:11	00:13:33	00:23:07	00:34:20
284	POŁOWCZUK Krzysztof	665		M20-29		00:00:13	00:13:57	00:23:37	00:34:20
285	JEZIELSKI Krzysztof	594		M40-49		00:00:19	00:13:51	00:23:16	00:34:21
286	WIŚNIEWSKI Przemysław	708		M30-39		00:00:23	00:13:35	00:23:06	00:34:22
287	URBASIK Mariusz	700		M50-59		00:00:10	00:13:42	00:23:13	00:34:27
288	APOSTOLSKI Wojciech	416		M40-49		00:00:09	00:13:29	00:23:06	00:34:28
289	NIEMCZYK Rafał	643		M30-39	KB MCKIS Jaworzno	00:00:08	00:14:03	00:23:25	00:34:32
290	POJDA Grzegorz	664		M40-49		00:00:15	00:13:28	00:23:03	00:34:35
291	MOTOWIDŁO Tomasz	638		M40-49		00:00:10	00:13:25	00:23:02	00:34:36
292	KLINGER Alan	602		M30-39		00:00:19	00:13:44	00:23:23	00:34:39
293	CZAPOROWSKI Tomasz	431		M30-39		00:00:25	00:14:11	00:23:44	00:34:39
294	BYSTRYKOWSKI Marcin	558		M40-49	Klub Biegacza Fartlek	00:00:13	00:13:41	00:23:18	00:34:40
295	JURASZEK Elżbieta	76		K30-39		00:00:02	00:13:57	00:23:37	00:34:43
296	WIEŁOPOLSKI Łukasz	705		M20-29		00:00:18	00:14:15	00:23:51	00:34:45
297	PASTWA Grzegorz	653		M40-49		00:00:00	00:13:12	00:22:30	00:34:46
298	KORZENIOWSKI Mateusz	607		M20-29		00:00:13	00:13:56	00:23:40	00:34:47
299	ZAWADA Sebastian	715		M40-49		00:00:21	00:13:59	00:23:18	00:34:47
300	PAPUGA Iwona	46		K50-59	Zadyszka Oświęcim	00:00:05	00:13:42	00:23:29	00:34:49
301	WANDZEL Tomasz	824		M30-39		00:00:13	00:14:03	00:23:38	00:34:51
302	KOPIEC Izabela	36		K30-39	Koszulka Hynia	00:00:01	00:13:52	00:23:30	00:34:54
303	CIESIELSKI Dariusz	563		M50-59		00:00:10	00:13:53	00:23:33	00:34:55
304	MARON Tomasz	479		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:23	00:14:06	00:23:33	00:34:55
305	CEMPA Jacek	559		M40-49		00:00:20	00:13:55	00:23:35	00:34:56
306	URBASIK Daniel	909		M30-39		00:00:27	00:14:21	00:24:08	00:34:57
307	PERLIKOWSKI Kamil	885		M20-29		00:00:09	00:14:05	00:23:43	00:35:00

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
308	SZYMAŃSKI Piotr	690		M40-49		00:00:11	00:13:41	00:23:23	00:35:01
309	WOJCIECH Jarosław	832		M30-39	PoWoli do Celu	00:00:11	00:14:02	00:23:44	00:35:02
310	JACH Marek	589		M40-49		00:00:08	00:13:21	00:23:16	00:35:03
311	RYBAK Tomasz	892		M30-39		00:00:12	00:13:44	00:23:29	00:35:07
312	JESIONEK Krzysztof	593		M30-39		00:00:13	00:14:16	00:23:57	00:35:07
313	MENŻYK Joanna	43		K40-49	Mors Hubertus Mysłówice	00:00:03	00:13:54	00:23:36	00:35:08
314	KUCZERA Marek	617		M40-49	Inżynieria biegania Team	00:00:18	00:14:25	00:24:00	00:35:09
315	MROCZKOWSKI Tomasz	639		M40-49		00:00:18	00:13:55	00:23:39	00:35:09
316	KOŹMIENKO Beata	37		K30-39	KB MCKIS Jaworzno	00:00:02	00:13:43	00:23:41	00:35:13
317	WOWRY Sylwia	108		K30-39	Olza Cieszyn	00:00:03	00:13:57	00:23:40	00:35:14
318	KAMIŃSKI Zbigniew	599		M30-39		00:00:13	00:14:12	00:24:01	00:35:18
319	MARCHEWKA Bartosz	632		M30-39		00:00:11	00:13:58	00:23:45	00:35:19
320	PŁONKA Krzysztof	886		M50-59		00:00:11	00:13:58	00:23:50	00:35:19
321	WOJNAR Janusz	711		M30-39		00:00:22	00:14:02	00:23:50	00:35:19
322	SKĘCZEK Arkadiusz	680		M40-49		00:00:10	00:13:51	00:23:44	00:35:22
323	STUCHLIK Magdalena	105		K30-39	Aktywna Pszczyna Runners Team	00:00:02	00:14:18	00:24:05	00:35:23
324	KOWAL Jakub	608		M16-19		00:00:06	00:13:19	00:23:22	00:35:24
325	PODKOWIK Marcin	663		M30-39		00:00:18	00:14:04	00:23:58	00:35:24
326	BURAS Roman	555		M50-59		00:00:25	00:14:58	00:24:32	00:35:24
327	BURDA Marcin	731		M40-49		00:00:10	00:13:53	00:23:48	00:35:25
328	OLSZYNA Mirosław	788		M40-49		00:00:16	00:14:18	00:24:04	00:35:27
329	SKRZYPCZAK Dawid	895		M16-19		00:00:25	00:14:27	00:24:17	00:35:29
330	KUCHARCZYK Mateusz	770		M30-39		00:00:06	00:13:47	00:23:45	00:35:32
331	FOKS Marcin	573		M30-39		00:00:12	00:13:41	00:23:44	00:35:32
332	PAŁKA Krzysztof	651		M40-49		00:00:09	00:14:00	00:23:56	00:35:33
333	URGACZ Mirosław	822		M40-49		00:00:11	00:13:56	00:23:47	00:35:35
334	JASIŃSKI Maksymilian	592		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:14:07	00:23:57	00:35:35
335	MACHAJSKA Patrycja	41		K20-29		00:00:02	00:13:49	00:23:54	00:35:36
336	WASILEWSKI Mateusz	702		M20-29		00:00:05	00:13:20	00:23:25	00:35:36
337	KONDZIELNIK Magdalena	81		K40-49		00:00:05	00:14:18	00:24:08	00:35:36
338	RAJWA Stanisław	807		M20-29	Bziegacze	00:00:19	00:14:04	00:23:41	00:35:36
339	GAŁKIEWICZ Michał	577		M40-49		00:00:09	00:14:22	00:24:10	00:35:38
340	GOTTMAN Bogusław	854		M50-59		00:00:25	00:14:12	00:24:07	00:35:40
341	MAZUREK Anna	92		K30-39		00:00:06	00:14:01	00:23:59	00:35:42
342	PETRYKOWSKI Grzegorz	654		M50-59		00:00:09	00:14:10	00:24:00	00:35:43
343	GORZELAK Zbigniew	515		M40-49		00:00:12	00:14:28	00:24:13	00:35:43
344	PARTYKA Karol	794		M30-39		00:00:13	00:13:59	00:23:48	00:35:43
345	BRACHMAŃSKI Dariusz	841		M50-59		00:00:14	00:14:23	00:24:07	00:35:43
346	WAWRÓW Mirosław	826		M30-39		00:00:22	00:14:19	00:24:10	00:35:44
347	BIŁKO Sławek	730		M40-49		00:00:15	00:14:03	00:23:56	00:35:45
348	ADAMCZYK Andrzej	719		M40-49		00:00:27	00:14:10	00:23:57	00:35:45
349	BARAN Ryszard	722		M50-59		00:00:24	00:14:25	00:24:16	00:35:47
350	SIKORA Magdalena	177		K30-39		00:00:06	00:14:10	00:24:02	00:35:48
351	POCZĄTEK Damian	662		M20-29	Gwiazdna Flota	00:00:09	00:14:18	00:24:12	00:35:48
352	CIEZAK-RAUSZER Magdalena	63		K30-39	KB MCKIS Jaworzno	00:00:05	00:14:21	00:24:17	00:35:50
353	FURMANIUK Artur	576		M40-49		00:00:09	00:13:42	00:23:51	00:35:51

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
354	PRZYBYŁA Tomasz	806		M40-49		00:00:07	00:14:03	00:24:10	00:35:52
355	GAWLAS Krzysztof	578		M30-39		00:00:17	00:13:43	00:23:46	00:35:53
356	OSZCZĘDA Bartosz	790		M20-29		00:00:19	00:14:32	00:24:22	00:35:53
357	ZAJĄC Anna	109		K30-39		00:00:01	00:14:16	00:24:06	00:35:54
358	LORENZ Agnieszka	87		K40-49	Galopujące Ślimaki	00:00:05	00:14:25	00:24:16	00:35:54
359	NOWAK Ryszard	787		M60-69		00:00:21	00:14:27	00:24:20	00:35:55
360	PIDANTY Łukasz	797		M30-39		00:00:23	00:14:11	00:24:20	00:35:56
361	FILIKS Leszek	931		M40-49		00:00:28	00:14:35	00:24:30	00:35:57
362	LIZAK Grzegorz	471		M30-39	Niesłony Lizak	00:00:04	00:14:09	00:24:05	00:36:01
363	BOTOREK Michał	550		M30-39		00:00:16	00:14:30	00:24:29	00:36:01
364	DOMAGAŁA Kornelia	64		K30-39		00:00:03	00:14:13	00:24:09	00:36:04
365	SZCZOTKA Arkadiusz	818		M40-49		00:00:23	00:14:21	00:24:21	00:36:06
366	SIKORA Alicja	53		K60-69		00:00:02	00:14:26	00:24:23	00:36:07
367	DROBINA Jakub	735		M20-29		00:00:22	00:14:14	00:24:10	00:36:07
368	KUBICA Tadeusz	862		M50-59		00:00:24	00:14:33	00:24:27	00:36:07
369	PAWŁOK Anna	47		K30-39		00:00:02	00:14:27	00:24:20	00:36:09
370	BRAUNER Wojciech	552		M30-39		00:00:21	00:14:34	00:24:33	00:36:09
371	MAZUR Dariusz	869		M30-39		00:00:19	00:14:20	00:24:29	00:36:11
372	ŻALIŃSKI Zbigniew	835		M50-59		00:00:17	00:14:33	00:24:33	00:36:12
373	HEJNA Artur	856		M40-49	Radlinioki w biegu	00:00:17	00:14:20	00:24:24	00:36:15
374	SZEREDA Robert	687		M40-49		00:00:02	00:13:50	00:24:06	00:36:16
375	LEISZNER Izabela	38		K30-39		00:00:01	00:14:09	00:24:16	00:36:18
376	SZCZEPANIAK Kamil	817		M20-29		00:00:22	00:14:24	00:24:32	00:36:19
377	WIDENKA Robert	704		M30-39		00:00:14	00:13:57	00:23:54	00:36:21
378	KROCZEK Przemysław	766		M20-29		00:00:17	00:14:31	00:24:37	00:36:22
379	WOJAKOWSKA Katarzyna	31		K40-49		00:00:02	00:14:27	00:24:38	00:36:24
380	STREIT Mariusz	682		M40-49		00:00:24	00:14:11	00:24:22	00:36:24
381	SZCZEPANIAK Aleksander	686		M50-59		00:00:10	00:14:16	00:24:15	00:36:26
382	PALUCHIEWICZ Szymon	882		M40-49		00:00:11	00:14:30	00:24:39	00:36:27
383	TORBIŃSKI Wiesław	820		M60-69		00:00:16	00:14:24	00:24:31	00:36:30
384	LERCH Bożena	86		K30-39	RUNTEAM Pawłowice	00:00:05	00:14:31	00:24:43	00:36:32
385	PACH Janusz	496		M40-49		00:00:22	00:14:32	00:24:29	00:36:35
386	KULAWIAK Bogdan	620		M50-59		00:00:23	00:14:38	00:24:47	00:36:36
387	WISEŁKA Andrzej	707		M40-49	Radlinioki w biegu	00:00:15	00:14:42	00:24:45	00:36:37
388	JĘDRYKA Sebastian	595		M40-49		00:00:16	00:13:30	00:23:49	00:36:37
389	GIERULA Artur	740		M30-39		00:00:16	00:14:34	00:24:38	00:36:39
390	STARCZEWSKI Marcin	815		M30-39		00:00:17	00:14:36	00:24:48	00:36:39
391	KAMIŃSKI Radek	598		M30-39		00:00:24	00:14:53	00:25:00	00:36:40
392	FLASZ Anna	66		K30-39		00:00:03	00:14:21	00:24:37	00:36:42
393	HARAZIN Anna	35		K20-29		00:00:05	00:14:34	00:24:46	00:36:45
394	JANKO Kamil	751		M30-39		00:00:16	00:14:35	00:24:43	00:36:45
395	ZELENT Karolina	201		K20-29		00:00:10	00:14:33	00:24:41	00:36:46
396	KAPTUR Wojciech	756		M70+		00:00:18	00:14:40	00:24:42	00:36:46
397	MISIAK Piotr	783		M40-49		00:00:13	00:14:30	00:24:49	00:36:49
398	NOWAK Krzysztof	490		M40-49		00:00:06	00:14:34	00:24:36	00:36:50
399	WÓJCIK-KRZYŻOWSKA Barbara	198		K30-39	GB Galopujące Ślimaki	00:00:06	00:14:43	00:24:52	00:36:51

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
400	RYBAK Remigiusz	891		M30-39		00:00:12	00:14:32	00:24:50	00:36:52
401	ŚPIEWAK Marek	691		M30-39		00:00:17	00:14:31	00:24:47	00:36:53
402	BURNAGIEL Tomasz	556		M50-59		00:00:14	00:14:57	00:25:11	00:36:56
403	POŁEĆ Krzysztof	802		M30-39	GB Galopujące Ślimaki	00:00:17	00:14:28	00:24:50	00:36:56
404	ZAWADZKI Tyberiusz	834		M40-49		00:00:13	00:14:21	00:24:40	00:36:57
405	KORBUS Piotr	764		M30-39		00:00:26	00:14:53	00:25:08	00:36:59
406	KARAWACKI Grzegorz	758		M30-39		00:00:22	00:14:59	00:25:18	00:37:05
407	BUDKA Agata	61		K40-49	KB MCKIS Jaworzno	00:00:02	00:14:38	00:25:02	00:37:10
408	BRZOZOWSKA Teresa	60		K50-59	KB MCKIS Jaworzno	00:00:06	00:15:23	00:25:28	00:37:15
409	GANDZEL Szymon	581		M30-39		00:00:23	00:14:55	00:25:14	00:37:16
410	BORKOWSKA Paulina	59		K30-39	ZS6 Sobieski	00:00:09	00:15:06	00:25:22	00:37:17
411	SZCZECH Krzysztof	816		M40-49		00:00:02	00:14:02	00:24:46	00:37:18
412	MAZUR Mariusz	870		M30-39		00:00:20	00:14:21	00:24:42	00:37:18
413	ROZMUS Wojciech	890		M40-49	PoWoli do Celu	00:00:11	00:14:23	00:24:45	00:37:22
414	SOLICH Ola	104		K30-39		00:00:04	00:14:45	00:24:59	00:37:25
415	PASZKOWSKI Cezary	883		M40-49	MDM NT TEAM	00:00:24	00:14:56	00:25:15	00:37:25
416	HELIOSZ Agnieszka	72		K40-49	Koszulka Hynia	00:00:01	00:14:38	00:25:00	00:37:26
417	GAŚOWSKI Szymon	851		M30-39		00:00:29	00:15:18	00:25:35	00:37:26
418	POŁOMSKI Jerzy	887		M40-49		00:00:23	00:14:37	00:24:58	00:37:27
419	JAKUBOWSKA Małgorzata	134		K30-39		00:00:06	00:14:52	00:25:18	00:37:28
420	GNAŚ Anna	71		K30-39	Kobiety na 5+	00:00:03	00:14:40	00:25:05	00:37:29
421	TOCHOWICZ Bartosz	694		M50-59	Olza Cieszyn	00:00:20	00:14:46	00:25:18	00:37:29
422	KAZIMIERCZUK Monika	78		K30-39		00:00:05	00:15:23	00:25:26	00:37:30
423	ORAWSKI Robert	789		M60-69		00:00:22	00:15:09	00:25:19	00:37:30
424	ZHABOTYNSKA Marina	202		K30-39	FitAquaMarin	00:00:02	00:14:43	00:25:09	00:37:32
425	GWIZDAŁA Joanna	129		K30-39		00:00:09	00:15:13	00:25:27	00:37:34
426	CHOLAJDA Roman	733		M40-49		00:00:22	00:15:11	00:25:29	00:37:34
427	KOZIEŁ Dariusz	765		M50-59		00:00:29	00:14:57	00:25:20	00:37:39
428	KONCKI Andrzej	605		M40-49		00:00:31	00:15:07	00:25:36	00:37:39
429	BILIŃSKI Marcin	729		M30-39		00:00:19	00:14:58	00:25:23	00:37:41
430	PANNEK Marcin	793		M30-39		00:00:16	00:15:13	00:25:39	00:37:42
431	LUBSZCZYK Adrian	774		M30-39	Decathlon & Przyjaciele	00:00:19	00:15:02	00:25:36	00:37:43
432	RUTYNA Jennifer	175		K20-29	Eko-Okna Runners	00:00:07	00:14:49	00:25:08	00:37:45
433	MAREK-WRÓBEL Edyta	90		K60-69		00:00:05	00:15:04	00:25:25	00:37:46
434	PIŻGAŁA Kordian	799		M20-29		00:00:17	00:14:23	00:24:53	00:37:46
435	ZIELIŃSKI Andrzej	539		M30-39	Eko-Okna Runners	00:00:19	00:15:14	00:25:40	00:37:47
436	POŁOMSKI Dawid	803		M30-39		00:00:35	00:14:40	00:25:14	00:37:47
437	ZAWADA Jakub	915		M40-49		00:00:19	00:14:56	00:26:13	00:37:52
438	LECHOWICZ Tadeusz	772		M50-59		00:00:20	00:15:10	00:25:41	00:38:00
439	CANIBOŁ Anna	32		K20-29	RUNTEAM Pawłowice	00:00:06	00:15:09	00:25:29	00:38:03
440	GRZEŚ Krzysztof	746		M50-59		00:00:15	00:14:40	00:25:35	00:38:04
441	MALIK Alicja	89		K20-29		00:00:04	00:15:10	00:25:44	00:38:05
442	PAJĄCZKOWSKI Michał	879		M30-39		00:00:15	00:15:01	00:25:31	00:38:05
443	CZARNOTA Leszek	845		M40-49		00:00:23	00:15:16	00:25:51	00:38:07
444	KRÓLIK Arkadiusz	768		M40-49	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:15:12	00:25:49	00:38:09
445	SOBAŃSKI Mateusz	899		M20-29		00:00:25	00:15:21	00:25:48	00:38:12

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
446	SOJ Przemysław	813		M40-49		00:00:28	00:15:06	00:25:36	00:38:12
447	ŚWIERKOT Przemek	143		M40-49		00:00:14	00:15:30	00:26:09	00:38:14
448	LANDZIŃSKI Jacek	865		M30-39		00:00:15	00:15:30	00:26:15	00:38:14
449	DOMASZK Paweł	566		M20-29		00:00:14	00:14:39	00:25:30	00:38:17
450	PASŁAWSKA Katarzyna	795		K40-49	Kobiety na 5+	00:00:03	00:14:55	00:25:21	00:38:18
451	JANCZUKOWICZ Łukasz	750		M30-39		00:00:27	00:15:58	00:26:18	00:38:18
452	SICH-ŚWITAŁA Małgorzata	52		K40-49	Koszulka Hynia	00:00:02	00:15:26	00:25:57	00:38:19
453	KIPPING Magdalena	140		K40-49		00:00:13	00:15:23	00:26:05	00:38:20
454	PAWĘZOWSKI Jacek	884		M50-59		00:00:22	00:15:04	00:25:34	00:38:22
455	WILCZOK Daniel	831		M30-39		00:00:17	00:15:06	00:26:01	00:38:24
456	NOWAK Agnieszka	96		K30-39	KB MCKIS Jaworzno	00:00:07	00:14:57	00:25:27	00:38:27
457	RASZKA Janusz	808		M50-59	Olza Cieszyn	00:00:20	00:15:26	00:26:03	00:38:28
458	BOŚ Przemysław	549		M30-39	KB MCKIS Jaworzno	00:00:19	00:15:08	00:25:24	00:38:29
459	SOSNA Mariusz	903		M40-49		00:00:14	00:15:34	00:26:18	00:38:33
460	KIELKOWSKA Maria	79		K30-39	Aktywna Pszczyna Runners Team	00:00:04	00:15:19	00:25:53	00:38:36
461	OBROK Marta	164		K40-49		00:00:04	00:15:11	00:25:52	00:38:36
462	GUT Zbigniew	748		M30-39		00:00:22	00:15:19	00:25:52	00:38:37
463	FRĄTCZAK Bartosz	850		M30-39	GB Galopujące Ślimaki	00:00:20	00:14:50	00:25:34	00:38:39
464	DURAJ Magdalena	119		K30-39		00:00:13	00:15:24	00:26:05	00:38:42
465	GORZELAK Joanna	125		K30-39	Kobiety na 5+	00:00:03	00:15:20	00:26:08	00:38:43
466	CHROBOK Józefa	114		K40-49	Olza Cieszyn	00:00:06	00:15:18	00:25:59	00:38:43
467	PROKOP Elżbieta	168		K50-59		00:00:09	00:15:42	00:26:13	00:38:44
468	POPEK Barbara	49		K40-49	ZS6 Sobieski	00:00:06	00:15:14	00:26:01	00:38:45
469	WEYGAND Patryk	703		M30-39	GB Galopujące Ślimaki	00:00:21	00:15:29	00:26:14	00:38:45
470	MUSIAŁ Łukasz	874		M30-39	GB Galopujące Ślimaki	00:00:21	00:15:29	00:26:14	00:38:45
471	SKIBA Maciej	894		M30-39		00:00:26	00:15:07	00:26:00	00:38:46
472	WIEJACZ Wiejacz	828		M30-39		00:00:25	00:15:11	00:25:52	00:38:48
473	GÓRALSKI Jarosław	855		M50-59		00:00:08	00:15:06	00:25:58	00:38:54
474	TOMASICZEK Dawid	972		M20-29		00:00:21	00:15:12	00:26:00	00:38:55
475	SPYRKA Monika	305		K20-29	Klub Biegacza Fartlek	00:00:03	00:15:18	00:26:09	00:38:57
476	KLEJNOWSKA Katarzyna	80		K30-39	SOCIOS SILESIA	00:00:04	00:14:47	00:25:38	00:38:57
477	KRAUSE Sylwia	82		K40-49	Radlinioki w biegu	00:00:11	00:15:59	00:26:42	00:38:57
478	ZABIEGLIŃSKI Andrzej	714		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:13	00:15:23	00:26:16	00:38:57
479	ANTOŃCZYK Przemysław	720		M30-39		00:00:19	00:15:32	00:26:17	00:38:58
480	MALISZEWSKI Marcin	779		M30-39		00:00:22	00:14:59	00:25:35	00:38:58
481	MALISZEWSKI Dariusz	778		M30-39		00:00:22	00:15:00	00:25:35	00:38:58
482	PYTEL Renata	100		K50-59		00:00:05	00:15:24	00:26:12	00:38:59
483	ŚMIETANA Grzegorz	819		M40-49		00:00:14	00:14:56	00:25:34	00:38:59
484	JASZCZYK Łukasz	937		M30-39		00:00:18	00:15:14	00:26:02	00:38:59
485	PAJESTKA Katarzyna	97		K40-49	WRM MC POLAND	00:00:04	00:15:32	00:26:23	00:39:02
486	STOCHNIJ Katarzyna	183		K30-39		00:00:09	00:15:51	00:26:28	00:39:02
487	BAJOR Paweł	837		M30-39		00:00:15	00:15:02	00:26:09	00:39:02
488	ĆMIL Marek	928		M40-49		00:00:16	00:15:02	00:26:15	00:39:03
489	SUBIK Tomasz	684		M30-39		00:00:19	00:15:06	00:25:51	00:39:04
490	KUBULUS Tomasz	863		M40-49		00:00:25	00:15:10	00:25:57	00:39:05
491	NOWAK Patryk	786		M20-29	Klub Biegacza Fartlek	00:00:26	00:15:40	00:26:28	00:39:11

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
492	PALA Mariusz	792		M30-39		00:00:15	00:14:44	00:25:47	00:39:13
493	MATUSZEK Tomasz	781		M40-49	Bank Spółdzielczy Jastrzębie	00:00:18	00:15:17	00:26:22	00:39:14
494	SKĘCZEK Marcin	811		M40-49		00:00:18	00:15:25	00:26:19	00:39:15
495	BURAKOWSKA Małgorzata	62		K40-49	Zabiegani Nauczyciele	00:00:03	00:15:36	00:26:27	00:39:22
496	JASIŃSKI Krzysztof	858		M30-39		00:00:24	00:15:06	00:26:11	00:39:22
497	JAGIEŁA Marcin	857		M40-49		00:00:21	00:15:40	00:26:33	00:39:23
498	OGIERMAN Mariusz	876		M20-29		00:00:20	00:15:12	00:26:10	00:39:24
499	KAWIK Janusz	759		M40-49		00:00:06	00:15:49	00:26:39	00:39:25
500	STACHAŃCZYK Dorota	306		K40-49		00:00:15	00:16:07	00:26:43	00:39:26
501	BIELICH Adrian	728		M30-39	Alkoteam Rybnik	00:00:07	00:14:57	00:26:02	00:39:28
502	SLADECZEK Jarek	896		M40-49		00:00:27	00:15:10	00:26:09	00:39:29
503	SZCZUCHNIAK Grzegorz	969		M40-49		00:00:18	00:15:30	00:26:33	00:39:33
504	SŁOWIŃSKI Jacek	963		M30-39		00:00:27	00:15:57	00:26:42	00:39:34
505	KULA Radosław	864		M30-39		00:00:08	00:15:02	00:26:07	00:39:39
506	BOROWSKA Aneta	215		K30-39		00:00:08	00:16:06	00:27:02	00:39:40
507	LYSKO Agnieszka	88		K30-39		00:00:09	00:15:57	00:26:58	00:39:40
508	HUCHRO Tomasz	749		M20-29		00:00:12	00:15:39	00:26:41	00:39:41
509	METLAK Piotr	980		M40-49		00:00:00	00:14:55	00:26:18	00:39:43
510	ŁATKA Dorota	264		K40-49		00:00:11	00:15:35	00:26:27	00:39:43
511	GÓRECKI Adam	743		M20-29		00:00:28	00:15:35	00:26:37	00:39:44
512	BORUCKI Darek	840		M40-49		00:00:24	00:15:46	00:26:51	00:39:47
513	LIPKA Edyta	39		K30-39		00:00:04	00:15:33	00:26:40	00:39:48
514	GATNER Agnieszka	237		K40-49		00:00:02	00:15:02	00:25:55	00:39:49
515	PIÓR Krzysztof	798		M40-49		00:00:16	00:15:28	00:26:35	00:39:52
516	STEKLA Bartłomiej	904		M20-29		00:00:14	00:15:02	00:26:11	00:39:53
517	GOIK Damian	742		M20-29	Bziegacze	00:00:20	00:14:30	00:25:45	00:39:53
518	ZAWIERUCHA Aleksander	916		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:16:06	00:27:09	00:39:54
519	CHROBOK Gerard	844		M50-59	Olza Cieszyn	00:00:12	00:15:44	00:26:58	00:40:00
520	MARCZAK-OLEJNICZAK Anna	154		K30-39		00:00:12	00:15:53	00:26:43	00:40:04
521	KOZACZKA Włodzimierz	611		M40-49		00:00:29	00:16:06	00:27:13	00:40:05
522	RYBKA Sonia	297		K30-39		00:00:09	00:15:40	00:26:48	00:40:09
523	ZMUDA Dariusz	918		M40-49		00:00:25	00:16:14	00:27:25	00:40:10
524	HERUD Magdalena	73		K30-39		00:00:07	00:15:32	00:27:01	00:40:11
525	KUŚKA Tadeusz	952		M30-39		00:00:29	00:15:45	00:26:57	00:40:12
526	PRZYBYSZ Kinga	170		K20-29		00:00:09	00:16:14	00:27:18	00:40:13
527	DURAJ Dariusz	848		M30-39	WKURW_TEAM	00:00:16	00:15:53	00:26:53	00:40:15
528	PAJĄK Paweł	880		M40-49		00:00:16	00:15:25	00:26:46	00:40:16
529	WILSZ Adam	911		M40-49		00:00:16	00:16:22	00:27:22	00:40:16
530	KIEŁKOWSKA Agnieszka	138		K40-49	Kobiety na 5+	00:00:03	00:16:08	00:27:15	00:40:17
531	GMYREK Michał	853		M40-49		00:00:12	00:15:18	00:26:42	00:40:17
532	GŁADYSZ Leszek	741		M40-49		00:00:15	00:16:23	00:27:23	00:40:17
533	MRÓGAŁA Ewa	158		K30-39		00:00:11	00:16:14	00:27:20	00:40:18
534	ĆWIOK Marek	929		M40-49		00:00:16	00:16:22	00:27:22	00:40:18
535	GÓRA Marta	126		K30-39		00:00:10	00:15:49	00:26:58	00:40:19
536	DĄBROWSKA Emilia	33		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:14	00:27:16	00:40:20
537	LERCH Ewa	149		K20-29	RUNTEAM Pawłowice	00:00:11	00:16:18	00:27:19	00:40:20

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
538	MAKOWSKI Grzegorz	867		M20-29		00:00:24	00:16:05	00:27:11	00:40:21
539	GOJOWY Marlena	242		K20-29		00:00:14	00:15:49	00:27:00	00:40:22
540	SOBIERAJSKI Przemek	812		M40-49		00:00:24	00:16:05	00:27:11	00:40:22
541	NALEWAJKA Wioleta	45		K40-49	Kobiety na 5+	00:00:05	00:16:06	00:27:18	00:40:23
542	DOMAŃSKA Joanna	229		K30-39		00:00:14	00:15:49	00:27:00	00:40:23
543	BRYŚ Sebastian	842		M40-49		00:00:21	00:15:58	00:27:10	00:40:23
544	PRZESÓR Barbara	169		K30-39	Zadyszka Oświęcim	00:00:06	00:15:53	00:27:02	00:40:25
545	MUSIAŁ Maria	159		K50-59		00:00:07	00:15:52	00:27:00	00:40:25
546	SZOZDA Teresa	313		K50-59		00:00:13	00:16:16	00:27:21	00:40:27
547	KUBIENIEC Grzegorz	769		M40-49		00:00:20	00:15:50	00:27:05	00:40:27
548	JĘDRYKA Patrycja	246		K30-39		00:00:12	00:16:55	00:27:40	00:40:28
549	JELEŃ Michał	938		M20-29		00:00:14	00:14:57	00:26:22	00:40:28
550	LERCH Maria	148		K30-39	RUNTEAM Pawłowice	00:00:09	00:15:21	00:26:34	00:40:29
551	CHYTROSZEK Eleonora	115		K40-49		00:00:14	00:15:57	00:27:10	00:40:30
552	BRZUSKA Kasia	113		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:44	00:40:33
553	PRZYBYŁA Krystian	804		M20-29		00:00:18	00:15:53	00:27:07	00:40:33
554	KMIECIAK Bogdan	942		M40-49		00:00:28	00:16:21	00:27:14	00:40:33
555	GENSTY Klaudia	69		K40-49	Dystans Lubomia	00:00:14	00:16:22	00:27:31	00:40:34
556	FELSKI Krzysztof	849		M30-39		00:00:25	00:15:37	00:26:58	00:40:35
557	RAŻNIAK Beata	171		K40-49	Kobiety na 5+	00:00:03	00:16:06	00:27:21	00:40:36
558	DONOCIK Bogusława	230		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:46	00:40:37
559	URBAINSKA Ilona	190		K30-39		00:00:07	00:15:42	00:27:21	00:40:40
560	MALINOWSKA Aneta	153		K40-49	Olza Cieszyn	00:00:12	00:16:43	00:27:44	00:40:40
561	BARANKIEWICZ Irek	724		M40-49		00:00:24	00:15:50	00:26:59	00:40:42
562	BARAN Dawid	838		M30-39		00:00:26	00:15:20	00:26:47	00:40:43
563	OSIEWACZ Zbigniew	877		M30-39		00:00:18	00:16:03	00:27:18	00:40:44
564	CZOPEK Agnieszka	116		K40-49	KB MCKIS Jaworzno	00:00:05	00:15:42	00:27:03	00:40:47
565	PIECYK Ada	286		K40-49		00:00:08	00:15:42	00:26:54	00:40:47
566	WILCZEK Marek	830		M40-49		00:00:22	00:15:56	00:27:12	00:40:47
567	GAŁKIEWICZ Monika	236		K40-49		00:00:07	00:15:54	00:27:12	00:40:53
568	MELER Ewelina	155		K30-39		00:00:02	00:15:48	00:27:02	00:40:54
569	PAJĄK Marcin	791		M20-29		00:00:17	00:15:35	00:26:59	00:40:54
570	DANKIEWICZ Magdalena	117		K16-19	RUNTEAM Pawłowice	00:00:07	00:15:52	00:27:15	00:40:57
571	JAGODZIŃSKA Magdalena	133		K30-39		00:00:14	00:15:41	00:27:01	00:40:57
572	KRAMER Piotr	860		M40-49		00:00:30	00:16:08	00:27:15	00:40:57
573	JURKIEWICZ-FILIKS Basia	248		K40-49		00:00:12	00:16:50	00:28:00	00:41:01
574	NIEŚLAŃCZYK Barbara	163		K30-39	Bziegacze	00:00:07	00:16:07	00:27:31	00:41:02
575	ŻYŁA Wojciech	921		M30-39		00:00:24	00:15:41	00:27:24	00:41:03
576	JESIONEK Bogusław	939		M50-59		00:00:27	00:16:22	00:27:47	00:41:08
577	KWAŚNY Ewa	259		K40-49		00:00:12	00:16:20	00:27:49	00:41:10
578	TROJSZCZAK Joanna	318		K40-49		00:00:02	00:16:00	00:27:27	00:41:17
579	PŁASKA Barbara	288		K40-49	Kobiety na 5+	00:00:03	00:16:04	00:27:30	00:41:21
580	PYZIK Marcin	888		M40-49	Klub Biegacza Fartlek	00:00:17	00:15:50	00:27:23	00:41:22
581	WICZKOWSKI Michał	827		M20-29		00:00:20	00:16:53	00:28:11	00:41:23
582	KONOPKA Jarosław	945		M50-59		00:00:26	00:16:40	00:28:19	00:41:24
583	WOWRA Robert	914		M30-39		00:00:32	00:16:22	00:27:52	00:41:24

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
584	WOLIŃSKI Józef	913		M50-59		00:00:23	00:16:31	00:27:51	00:41:25
585	MROZEK Aleksandra	157		K20-29		00:00:09	00:15:06	00:26:55	00:41:28
586	CIEŚLA Adam	564		M40-49	Nieformalna Grupa Biegowa Rybnik	00:00:31	00:15:27	00:26:48	00:41:29
587	MANDERA Patrycja	42		K16-19		00:00:07	00:16:20	00:27:51	00:41:31
588	WILSZ Ewa	196		K40-49		00:00:09	00:16:29	00:27:59	00:41:34
589	KRÓL Michał	767		M40-49		00:00:05	00:15:28	00:27:13	00:41:43
590	KOTERZYNA Janusz	859		M60-69		00:00:23	00:16:51	00:28:12	00:41:44
591	DOBRENIUK Aurelia	118		K40-49		00:00:09	00:16:15	00:27:51	00:41:45
592	CIEŚLAR Ewa	222		K30-39		00:00:12	00:16:29	00:27:58	00:41:45
593	PROKURAT Agnieszka	293		K30-39		00:00:02	00:16:00	00:28:08	00:41:46
594	ZAKRZEWSKA Sabina	200		K30-39		00:00:11	00:16:10	00:27:54	00:41:46
595	MARON Tadeusz	633		M30-39		00:00:23	00:16:14	00:28:03	00:41:47
596	SZOJDA Paulina	186		K30-39		00:00:12	00:16:23	00:27:56	00:41:49
597	GUJA Bogusław	747		M60-69		00:00:12	00:16:44	00:28:13	00:41:50
598	MROZEK Maciej	784		M40-49		00:00:24	00:16:16	00:27:30	00:41:52
599	MARCINIAK Artur	780		M50-59		00:00:29	00:16:27	00:28:27	00:41:53
600	DĄBROWSKA-PALUCH Anna	227		K30-39		00:00:15	00:17:13	00:28:43	00:41:55
601	HYŁA Aleksandra	132		K20-29		00:00:08	00:16:41	00:28:07	00:41:59
602	MALISZEWSKA Beata	268		K30-39		00:00:07	00:16:24	00:28:26	00:42:01
603	PAŃTAK Liwia	284		K20-29		00:00:12	00:17:03	00:28:28	00:42:01
604	GAWEŁCZYK Marta	124		K30-39	CE PROGRESS	00:00:12	00:17:03	00:28:28	00:42:01
605	WACHTARCZYK Dominika	320		K20-29		00:00:15	00:16:40	00:28:19	00:42:01
606	KAFKA Magdalena	137		K30-39	CE PROGRESS	00:00:11	00:17:04	00:28:29	00:42:02
607	NOWAK Magdalena	278		K30-39		00:00:08	00:16:49	00:28:22	00:42:03
608	FOJCIK Katarzyna	67		K20-29	Yno Ultra	00:00:05	00:16:02	00:27:51	00:42:05
609	ZAGÓRSKA Ania	328		K30-39		00:00:12	00:16:48	00:28:37	00:42:05
610	ADAMIAK Edyta	110		K40-49		00:00:05	00:16:29	00:28:06	00:42:09
611	MISZCZAK Katarzyna	156		K40-49		00:00:14	00:16:45	00:28:29	00:42:12
612	STEFAŃSKI Piotr	967		M40-49		00:00:30	00:16:12	00:27:48	00:42:12
613	FRAJHOFER Ewa	68		K30-39	Bank Spółdzielczy Jastrzębie	00:00:11	00:16:19	00:28:06	00:42:13
614	DRAĞ Rafał	847		M30-39		00:00:26	00:16:46	00:28:31	00:42:15
615	SIENIAWSKA Janina	300		K60-69		00:00:05	00:16:43	00:28:28	00:42:18
616	SOBEK Mariusz	901		M30-39		00:00:27	00:16:24	00:28:02	00:42:18
617	ĆWIOK Barbara	226		K40-49		00:00:10	00:16:41	00:28:31	00:42:19
618	DOBRASZ Basia	228		K30-39		00:00:14	00:17:20	00:28:57	00:42:22
619	BAJCAR Beata	206		K40-49	Kobiety na 5+	00:00:04	00:16:44	00:28:26	00:42:23
620	BUCZAK Łukasz	926		M30-39		00:00:07	00:14:45	00:27:26	00:42:23
621	MORAWSKI Janusz	873		M40-49		00:00:25	00:16:35	00:28:17	00:42:24
622	LACHOWICZ Izabela	260		K20-29		00:00:10	00:16:17	00:28:00	00:42:26
623	BOŚ Natalia	216		K30-39	KB MCKIS Jaworzno	00:00:07	00:16:59	00:28:36	00:42:28
624	KOSOWSKA Grażyna	254		K50-59		00:00:05	00:16:47	00:28:40	00:42:30
625	CIEŚLA Artur	734		M30-39		00:00:26	00:15:57	00:27:58	00:42:31
626	CHOLAJDA Monika	220		K30-39		00:00:12	00:16:53	00:28:34	00:42:32
627	PAWŁOWSKI Rafał	958		M20-29		00:00:27	00:17:12	00:29:06	00:42:32
628	PIECHOCKA Jadwiga	285		K40-49		00:00:15	00:17:13	00:28:45	00:42:35
629	JESIONEK Małgorzata	136		K30-39		00:00:13	00:16:58	00:28:39	00:42:39

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
630	KOŁAK Alicja	252		K30-39		00:00:14	00:17:09	00:28:50	00:42:41
631	KRAUZ Sandra	146		K30-39		00:00:09	00:16:43	00:28:30	00:42:42
632	PIETRZYK Marek	959		M60-69		00:00:25	00:17:00	00:28:45	00:42:44
633	CZAPSKI Janusz	927		M40-49		00:00:29	00:16:29	00:28:23	00:42:51
634	HEJNA Izabela	243		K40-49	Radlinioki w biegu	00:00:11	00:17:29	00:29:06	00:42:54
635	LEJKOWSKI Sebastian	953		M30-39		00:00:30	00:17:21	00:29:08	00:42:55
636	CZARNOWSKA Beata	224		K40-49		00:00:09	00:17:09	00:29:17	00:42:57
637	SŁOWIŃSKI Kamil	964		M30-39		00:00:28	00:17:16	00:29:07	00:42:57
638	FLASZ Dawid	738		M40-49		00:00:25	00:17:19	00:29:16	00:43:02
639	SAWICKA Agnieszka	298		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:58	00:28:52	00:43:03
640	SUBIK Edyta	106		K30-39		00:00:06	00:16:04	00:28:30	00:43:05
641	ZIMNY Ireneusz	917		M40-49		00:00:20	00:16:52	00:28:59	00:43:05
642	MICUDA Jan	955		M60-69		00:00:28	00:17:01	00:28:56	00:43:05
643	KUBICA Patrycja	84		K30-39	Olza Cieszyn	00:00:07	00:16:50	00:28:41	00:43:06
644	NICER-OSIEWACZ Monika	161		K20-29		00:00:08	00:17:30	00:29:12	00:43:06
645	WOLIŃSKI Dariusz	912		M40-49		00:00:28	00:16:40	00:28:48	00:43:06
646	SCHAB Paweł	678		M30-39		00:00:00	00:20:58	00:30:53	00:43:07
647	BARTOS Grzegorz	725		M20-29		00:00:21	00:16:57	00:28:58	00:43:07
648	GIERON Syntia	70		K20-29		00:00:10	00:16:59	00:28:58	00:43:11
649	PAJESTKA Marek	881		M40-49	WRM MC POLAND	00:00:23	00:16:34	00:28:37	00:43:14
650	SITKO Dagmara	302		K30-39		00:00:15	00:17:17	00:29:07	00:43:16
651	SZEFER Sylwia	312		K40-49		00:00:14	00:17:15	00:29:20	00:43:18
652	MUSIOŁ Helena	94		K40-49		00:00:11	00:16:55	00:29:01	00:43:21
653	WIŚNIEWSKA Justyna	323		K30-39	Kobiety na 5+	00:00:04	00:16:47	00:29:00	00:43:27
654	SZYMURA Monika	314		K20-29		00:00:13	00:16:46	00:28:54	00:43:27
655	ŻEBROWSKA Matylda	333		K40-49		00:00:13	00:17:02	00:29:16	00:43:28
656	ŚLEZIAK Paulina	316		K16-19		00:00:13	00:17:32	00:29:25	00:43:30
657	KUKLA Agata	258		K30-39	PoWoli do Celu	00:00:11	00:17:28	00:29:20	00:43:31
658	ROZMUS Ewa	174		K40-49	PoWoli do Celu	00:00:10	00:17:29	00:29:20	00:43:32
659	HANDY Samanta	34		K30-39	PoWoli do Celu	00:00:10	00:17:29	00:29:21	00:43:32
660	OSTROWSKA Izabela	281		K40-49	Kobiety na 5+	00:00:03	00:16:47	00:29:01	00:43:36
661	UKLEJA Sebastian	821		M40-49		00:00:09	00:16:42	00:28:56	00:43:37
662	LISZOK Iwona	262		K30-39		00:00:09	00:17:09	00:29:18	00:43:39
663	STOPYRA Agnieszka	184		K40-49		00:00:08	00:17:25	00:29:26	00:43:40
664	STOCHNIJ Karol	905		M30-39		00:00:26	00:17:17	00:29:14	00:43:41
665	JAKUBOWSKA Agnieszka	245		K40-49	HRmax Żory	00:00:08	00:17:26	00:29:32	00:43:45
666	TRZCIŃSKA Joanna	189		K20-29	Kobiety na 5+	00:00:03	00:16:49	00:29:07	00:43:46
667	KRZYSTOLIK Damian	948		M30-39		00:00:26	00:17:10	00:29:15	00:43:46
668	HUBA Agnieszka	244		K30-39	Kobiety na 5+	00:00:00	00:16:51	00:29:11	00:43:49
669	MOCHNACZ Patryk	956		M40-49		00:00:23	00:16:55	00:28:58	00:43:52
670	KRETEK Krzysztof	336	CE PROGRESS	M40-49		00:00:28	00:16:54	00:29:04	00:43:58
671	GIŻYŃSKA Katarzyna	238		K30-39		00:00:04	00:16:54	00:29:11	00:44:01
672	POSTUPALSKI Marcin	962		M40-49		00:00:27	00:17:30	00:29:41	00:44:03
673	SZEFER Bartłomiej	970		M40-49		00:00:27	00:17:31	00:29:41	00:44:03
674	GIL Krzysztof	935		M50-59		00:00:25	00:17:34	00:29:44	00:44:05
675	HETMANIOK Agnieszka	131		K20-29		00:00:06	00:16:56	00:29:20	00:44:06

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
676	DYL Ireneusz	736		M40-49		00:00:21	00:17:24	00:29:31	00:44:10
677	SZKATUŁA Jadwiga	185		K20-29		00:00:10	00:17:38	00:29:46	00:44:16
678	KAŁUS Joanna	250		K40-49		00:00:11	00:16:58	00:29:22	00:44:17
679	WALA Anna	191		K30-39		00:00:06	00:16:56	00:29:20	00:44:18
680	SOBIERAJ Paweł	902		M40-49		00:00:27	00:16:41	00:29:05	00:44:19
681	GAŃKO Grażyna	123		K50-59		00:00:06	00:17:53	00:29:57	00:44:20
682	GABRUŚ Iwona	234		K40-49		00:00:10	00:17:26	00:29:34	00:44:24
683	MIKODA Stanisław	871		M40-49	Athletics Nysa	00:00:21	00:15:30	00:28:15	00:44:24
684	BARAN Irena	58		K50-59		00:00:06	00:16:57	00:29:16	00:44:26
685	ORŁOWSKA Joanna	165		K30-39		00:00:13	00:17:51	00:30:08	00:44:27
686	SOSNA Daniel	966		M20-29		00:00:31	00:18:00	00:29:45	00:44:27
687	SŁODZIŃSKA Magdalena	179		K20-29		00:00:08	00:16:47	00:29:11	00:44:33
688	MACHEJ Piotr	776		M20-29	MARO TEAM JASTRZĘBIE-ŻORY	00:00:09	00:16:53	00:29:41	00:44:38
689	FECZKO Lucyna	121		K40-49		00:00:05	00:17:08	00:29:36	00:44:40
690	CHMIEL Jacek	732		M60-69		00:00:28	00:17:45	00:30:17	00:44:41
691	OGRODNIK Sebastian	957		M30-39		00:00:14	00:17:26	00:30:13	00:45:06
692	KRAJEWSKI Damian	946		M50-59	BIEG PO ZDRÓJ	00:00:29	00:17:42	00:30:10	00:45:08
693	MROWIEC Edyta	274		K20-29		00:00:08	00:18:12	00:30:50	00:45:09
694	WAWRZYK Iwona	322		K50-59	Olza Cieszyn	00:00:12	00:17:45	00:30:09	00:45:09
695	WILMANOWICZ Rafał	975		M20-29		00:00:19	00:17:36	00:30:13	00:45:20
696	ZIĘTARA Agata	330		K40-49		00:00:08	00:17:28	00:30:02	00:45:22
697	BALICKI Paweł	923		M30-39		00:00:04	00:15:50	00:29:17	00:45:28
698	PODLEŚNY Justyna	290		K40-49		00:00:08	00:17:48	00:30:21	00:45:33
699	WYSZYŃSKA Karina	326		K30-39		00:00:13	00:18:25	00:30:52	00:45:33
700	HERDUŚ Lucyna	130		K30-39		00:00:11	00:18:04	00:30:39	00:45:35
701	FOJCIK Gabriela	233		K50-59		00:00:11	00:18:20	00:30:55	00:45:36
702	CIEŚLA Edyta	221		K40-49		00:00:11	00:18:19	00:30:55	00:45:36
703	BURDA Andrzej	843		M30-39	Eko-Okna Runners	00:00:27	00:17:26	00:30:24	00:45:38
704	REYMANN Milena	172		K30-39	Bank Spółdzielczy Jastrzębie	00:00:13	00:17:41	00:30:24	00:45:40
705	GOIK Agnieszka	241		K40-49	Radlinioki w biegu	00:00:12	00:18:12	00:31:02	00:45:50
706	OLSZEWSKA Dorota	280		K40-49	Kobiety na 5+	00:00:07	00:18:00	00:30:28	00:45:59
707	NIEDZIOŁKO Bożena	162		K50-59	Kobiety na 5+	00:00:04	00:18:06	00:30:31	00:46:02
708	ADAMCZAK Renata	203		K40-49	Yno Ultra	00:00:05	00:17:52	00:30:52	00:46:05
709	TORZEWSKA Sandra	188		K20-29		00:00:11	00:17:45	00:30:25	00:46:07
710	WIECZOREK Klaudia	194		K30-39	Alkoteam Rybnik	00:00:09	00:18:25	00:31:11	00:46:08
711	POŁOK Robert	801		M20-29		00:00:26	00:17:02	00:29:56	00:46:17
712	PIPIRO Grażyna	287		K60-69	Kobiety na 5+	00:00:04	00:18:40	00:31:13	00:46:20
713	GÓRNY Jola	127		K40-49		00:00:07	00:18:12	00:30:56	00:46:29
714	TRAWNICKI Jan	908		M60-69		00:00:25	00:17:39	00:30:40	00:46:31
715	WIECZOREK Henryk	142		M50-59		00:00:15	00:18:32	00:31:20	00:46:44
716	WALESZ Joanna	321		K40-49	KB MCKIS Jaworzno	00:00:08	00:18:20	00:31:14	00:46:46
717	WIDENKA Joanna	193		K20-29		00:00:08	00:18:48	00:31:31	00:46:57
718	BOŻEK Dagmara	217		K40-49		00:00:06	00:18:13	00:31:12	00:46:59
719	BARTNIK Joanna	208		K40-49		00:00:05	00:18:38	00:31:34	00:47:00
720	STEKLA Joanna	308		K50-59	Steklowki	00:00:12	00:17:47	00:30:55	00:47:09
721	STEKLA-MAJER Anna	309		K20-29		00:00:12	00:17:41	00:30:38	00:47:10

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
722	PAJĄK Małgorzata	283		K50-59		00:00:06	00:18:38	00:31:11	00:47:12
723	KALETA Agnieszka	249		K30-39	PoWoli do Celu	00:00:11	00:18:30	00:31:55	00:47:13
724	BRYCHCY Estera	112		K30-39	RUNTEAM Pawłowice	00:00:14	00:18:49	00:31:50	00:47:17
725	GŁÓWCZYK Izabella	240		K40-49		00:00:05	00:17:45	00:31:07	00:47:22
726	KUBAS Alina	256		K40-49	Klub Biegacza Fartlek	00:00:09	00:18:35	00:31:34	00:47:35
727	KUCZMIERCZYK Janusz	951		M70+		00:00:28	00:18:44	00:31:58	00:47:35
728	WOJTOŃ-STAWICKA Małgorzata	324		K50-59	RUNTEAM Pawłowice	00:00:14	00:18:50	00:31:51	00:47:41
729	WÓJCIK Dariusz	977		M40-49		00:00:29	00:18:24	00:31:48	00:47:45
730	TRAFIAŁEK Mirosław	973		M50-59		00:00:24	00:18:21	00:31:41	00:48:11
731	BETLEJ Dorota	212		K30-39		00:00:14	00:18:29	00:31:53	00:48:17
732	MOKRZYCKA Justyna	273		K30-39		00:00:15	00:19:03	00:32:10	00:48:21
733	MULKA Ula	276		K30-39		00:00:13	00:19:11	00:32:26	00:48:22
734	MAĆKÓW Agnieszka	265		K40-49		00:00:09	00:19:02	00:32:15	00:48:23
735	ŁUKASIK Aldona	151		K30-39		00:00:15	00:19:03	00:32:17	00:48:28
736	GAJ Monika	235		K30-39		00:00:13	00:19:03	00:32:31	00:48:32
737	JANCZARA Ewa	135		K30-39		00:00:09	00:18:46	00:32:17	00:48:36
738	MYŚLIWIEC Kulczykowa	160		K40-49		00:00:04	00:18:59	00:32:39	00:48:51
739	BETAŃSKA Aneta	211		K40-49	Kobiety na 5+	00:00:04	00:18:59	00:32:39	00:48:51
740	SURY-WOLNIEWICZ Kamila	310		K40-49	Kobiety na 5+	00:00:04	00:19:15	00:32:49	00:48:53
741	ZAGÓRSKA Beata	327		K30-39	Olza Cieszyn	00:00:11	00:19:14	00:32:49	00:49:04
742	BALICKA Magdalena	207		K30-39		00:00:14	00:19:27	00:32:54	00:49:05
743	STANULA Kinga	307		K50-59		00:00:13	00:19:42	00:33:08	00:49:10
744	BAK Karina	111		K30-39	Radlinioki w biegu	00:00:11	00:18:50	00:32:54	00:49:37
745	KOWALSKA Dorota	144		K50-59		00:00:10	00:19:10	00:32:57	00:49:40
746	ŻALIŃSKA Teresa	332		K50-59		00:00:14	00:19:58	00:33:36	00:49:46
747	KUBAS Mariusz	949		M40-49	Klub Biegacza Fartlek	00:00:30	00:18:58	00:32:50	00:50:03
748	DZIECIOŁ Wanda	231		K40-49		00:00:11	00:18:59	00:32:54	00:50:05
749	KUCHARCZYK Marek	950		M50-59		00:00:35	00:18:09	00:32:33	00:50:09
750	ŚLEDŹ Dorota	315		K20-29		00:00:14	00:19:50	00:33:51	00:50:11
751	WARDACH Tomasz	825		M30-39		00:00:26	00:19:07	00:33:04	00:50:13
752	KOŁODZIEJCZAK Damian	943		M40-49		00:00:14	00:19:15	00:33:02	00:50:14
753	LIZAK Adam	773		M40-49	Niesłony Lizak	00:00:28	00:18:39	00:32:24	00:50:28
754	SLADECZEK Iza	178		K30-39		00:00:07	00:19:16	00:33:16	00:50:32
755	URBAŚ Monika	319		K30-39		00:00:06	00:19:17	00:33:18	00:50:33
756	PIOTROWSKI Mieczysław	961		M70+		00:00:16	00:19:41	00:33:35	00:51:07
757	SŁOWIK Kornelia	303		K30-39	PoWoli do Celu	00:00:10	00:20:13	00:34:23	00:51:51
758	ZALEWSKA Barbara	329		K40-49	Kobiety na 5+	00:00:05	00:20:13	00:34:38	00:52:19
759	ROTTER Hanna	173		K50-59		00:00:09	00:19:48	00:33:45	00:52:22
760	KIERMASZEK Barbara	139		K50-59		00:00:08	00:19:49	00:33:54	00:52:24
761	MAĆKÓW Klaudia	266		K20-29		00:00:10	00:20:34	00:35:19	00:52:28
762	POKORA Izabela	291		K30-39		00:00:14	00:20:11	00:34:49	00:52:35
763	PYZIK Barbara	296		K30-39	Klub Biegacza Fartlek	00:00:10	00:19:21	00:34:11	00:52:39
764	KLACZEK Anna	251		K40-49		00:00:13	00:19:50	00:34:45	00:52:47
765	GŁĄB Mariola	239		K30-39		00:00:06	00:19:41	00:34:30	00:53:22
766	PIOTROWICZ Rysiek	960		M50-59		00:00:08	00:17:41	00:30:54	00:54:08
767	MA CZKA Małgorzata	269		K40-49		00:00:13	00:20:50	00:35:46	00:54:10

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
768	MŁOCEK Ewelina	271		K30-39		00:00:13	00:21:34	00:36:40	00:54:18
769	MYŚLIWIEC Barbara	277		K20-29	Kobiety na 5+	00:00:04	00:21:14	00:36:24	00:54:33
770	FELSKA Weronika	232		K20-29		00:00:13	00:20:31	00:36:11	00:54:55
771	URBACZKA Karolina	107		K20-29		00:00:14	00:21:26	00:36:53	00:54:56
772	ŻEBROWSKA Weronika	334		K20-29		00:00:13	00:21:10	00:37:13	00:56:57
773	PRZYGODA Sylwia	294		K20-29	Morświny	00:00:12	00:22:28	00:38:48	00:57:52
774	SZCZEGODZINSKA Kasia	311		K30-39	Morświny	00:00:12	00:22:32	00:38:52	00:58:04
775	WOLNIK Jolka	325		K40-49		00:00:07	00:24:08	00:41:11	01:07:28
776	SIKORA Sara	301		K20-29		00:00:10	00:24:40	00:41:39	01:07:40
777	POŁOMSKA Edyta	48		K40-49		00:00:00			
778	POŁOMSKI Grzegorz	503		M30-39		00:00:00			
779	URBAŚ Roman	530		M40-49		00:00:00	00:13:37		
780	KOŹMIŃSKI Józef	378		M30-39		00:00:01	00:09:55	00:17:07	
781	WOJCIECHOWSKI Marcin	833		M30-39	Radlinioki w biegu	00:00:01	00:31:22	00:40:11	
782	ORŁOWSKI Grzegorz	646		M40-49		00:00:06	00:31:14	00:40:06	
783	KURTO Grzegorz	621		M40-49		00:00:08	00:34:45	00:44:13	
784	WIEŁOPOLSKI Michał	532		M16-19		00:00:09	00:32:16	00:41:02	
785	ZIĘTARA Paulina	331		K20-29		00:00:13			
786	DANIKIEWICZ Michał	432		M30-39	Rozbiegamy To Miasto - Czechowice-Dziedzice	00:00:13	00:32:28	00:41:24	
787	GIBAS Damian	852		M20-29		00:00:14	00:39:46	00:51:42	
788	LORENZ Marcin	474		M40-49	GB Galopujące Ślimaki	00:00:16	00:12:11	00:20:49	
789	GAWŁAS Jan	739		M50-59		00:00:18	00:36:02	00:45:58	
790	FILUSZ Dawid	737		M20-29	STUDIO ENERGIA TEAM RYBNIK	00:00:19	00:35:05	00:44:59	
791	MAJKA Tomasz	777		M30-39	KB MCKIS Jaworzno	00:00:20	00:34:53	00:44:07	
792	TRZECIAK Krzysztof	696		M40-49		00:00:23	00:35:59	00:46:00	
793	FOJCIK Piotr	932		M50-59		00:00:32	00:16:19	00:35:03	
794	KONCKI Ryszard	944		M70+		00:00:33			

Znaleziono 794 wynik(ów)