

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie:

Jastrzębska Dziesiątka 2019

Organizator:

Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

Data:

2019-09-21

Miejsce:

Jastrzębie-Zdrój

Dystans:

10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-39

Punkt pomiarowy: 9,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
1	GOLBA Kasia	6		K30-39	1 Second Team	00:00:01	00:10:40	00:18:11	00:26:44	00:34:15
2	MICHALAK Sandra	7		K30-39	Bziegacze	00:00:00	00:10:41	00:18:13	00:26:53	00:34:30
3	GRIMAN Joanna	17		K30-39		00:00:01	00:11:27	00:19:30	00:28:54	00:36:57
4	DYBCZYŃSKA Jadwiga	16		K30-39	Biegający w Brennej	00:00:02	00:11:51	00:20:08	00:30:09	00:38:38
5	STOLORZ Katarzyna	55		K30-39	Inżynieria biegania Team	00:00:04	00:12:31	00:21:01	00:30:50	00:39:18
6	BIELIŃSKA Monika	13		K30-39		00:00:02	00:12:15	00:21:10	00:31:47	00:40:55
7	PACAK Dominika	26		K30-39	Klub Biegam Bo Lubię Racibórz	00:00:03	00:12:58	00:21:52	00:32:19	00:41:12
8	BODNAR Anna	14		K30-39	Endure team	00:00:02	00:13:18	00:22:46	00:33:41	00:43:04
9	KARLIK-KAŁUSEK Agnieszka	77		K30-39		00:00:04	00:13:33	00:23:06	00:34:10	00:43:44
10	PIWISZKIS Barbara	28		K30-39	Kobiety na 5+	00:00:01	00:13:03	00:22:44	00:34:14	00:43:57
11	JURASZEK Elzbieta	76		K30-39		00:00:02	00:13:57	00:23:37	00:34:43	00:44:06
12	KOPIEC Izabela	36		K30-39	Koszulka Hynia	00:00:01	00:13:52	00:23:30	00:34:54	00:44:44
13	KOŹMIENKO Beata	37		K30-39	KB MCKIS Jaworzno	00:00:02	00:13:43	00:23:41	00:35:13	00:45:01
14	STUCHLIK Magdalena	105		K30-39	Aktywna Pszczyna Runners Team	00:00:02	00:14:18	00:24:05	00:35:23	00:45:04
15	WOWRY Sylwia	108		K30-39	Olza Cieszyn	00:00:03	00:13:57	00:23:40	00:35:14	00:45:19
16	ZAJĄC Anna	109		K30-39		00:00:01	00:14:16	00:24:06	00:35:54	00:45:27
17	SIKORA Magdalena	177		K30-39		00:00:06	00:14:10	00:24:02	00:35:48	00:45:41
18	CIEZAK-RAUSZER Magdalena	63		K30-39	KB MCKIS Jaworzno	00:00:05	00:14:21	00:24:17	00:35:50	00:45:44
19	MAZUREK Anna	92		K30-39		00:00:06	00:14:01	00:23:59	00:35:42	00:45:46
20	PAWŁOK Anna	47		K30-39		00:00:02	00:14:27	00:24:20	00:36:09	00:46:05
21	DOMAGAŁA Kornelia	64		K30-39		00:00:03	00:14:13	00:24:09	00:36:04	00:46:18
22	LEISZNER Izabela	38		K30-39		00:00:01	00:14:09	00:24:16	00:36:18	00:46:41
23	LERCH Bożena	86		K30-39	RUNTEAM Pawłowice	00:00:05	00:14:31	00:24:43	00:36:32	00:46:41
24	WÓJCIK-KRZYŻOWSKA Barbara	198		K30-39	GB Galopujące Ślimaki	00:00:06	00:14:43	00:24:52	00:36:51	00:47:04
25	FLASZ Anna	66		K30-39		00:00:03	00:14:21	00:24:37	00:36:42	00:47:10
26	BORKOWSKA Paulina	59		K30-39	ZS6 Sobieski	00:00:09	00:15:06	00:25:22	00:37:17	00:47:11
27	JAKUBOWSKA Małgorzata	134		K30-39		00:00:06	00:14:52	00:25:18	00:37:28	00:47:31
28	KAZIMIERCZUK Monika	78		K30-39		00:00:05	00:15:23	00:25:26	00:37:30	00:47:33
29	GNAŚ Anna	71		K30-39	Kobiety na 5+	00:00:03	00:14:40	00:25:05	00:37:29	00:47:58
30	GWIZDAŁA Joanna	129		K30-39		00:00:09	00:15:13	00:25:27	00:37:34	00:47:59
31	SOLICH Ola	104		K30-39		00:00:04	00:14:45	00:24:59	00:37:25	00:48:06

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
32	ZHABOTYNSKA Marina	202		K30-39	FitAquaMarin	00:00:02	00:14:43	00:25:09	00:37:32	00:48:09
33	NOWAK Agnieszka	96		K30-39	KB MCKIS Jaworzno	00:00:07	00:14:57	00:25:27	00:38:27	00:48:47
34	KIELKOWSKA Maria	79		K30-39	Aktywna Pszczyna Runners Team	00:00:04	00:15:19	00:25:53	00:38:36	00:49:26
35	GORZELAK Joanna	125		K30-39	Kobiety na 5+	00:00:03	00:15:20	00:26:08	00:38:43	00:49:39
36	STOCHNIJ Katarzyna	183		K30-39		00:00:09	00:15:51	00:26:28	00:39:02	00:49:40
37	KLEJNOWSKA Katarzyna	80		K30-39	SOCIOS SILESIA	00:00:04	00:14:47	00:25:38	00:38:57	00:49:46
38	DURAJ Magdalena	119		K30-39		00:00:13	00:15:24	00:26:05	00:38:42	00:49:52
39	LYSKO Agnieszka	88		K30-39		00:00:09	00:15:57	00:26:58	00:39:40	00:50:15
40	BOROWSKA Aneta	215		K30-39		00:00:08	00:16:06	00:27:02	00:39:40	00:50:24
41	RYBKA Sonia	297		K30-39		00:00:09	00:15:40	00:26:48	00:40:09	00:51:11
42	HERUD Magdalena	73		K30-39		00:00:07	00:15:32	00:27:01	00:40:11	00:51:12
43	LIPKA Edyta	39		K30-39		00:00:04	00:15:33	00:26:40	00:39:48	00:51:17
44	MARCZAK-OLEJNICZAK Anna	154		K30-39		00:00:12	00:15:53	00:26:43	00:40:04	00:51:19
45	MRÓGAŁA Ewa	158		K30-39		00:00:11	00:16:14	00:27:20	00:40:18	00:51:21
46	URBAINSKA Ilona	190		K30-39		00:00:07	00:15:42	00:27:21	00:40:40	00:51:31
47	GÓRA Marta	126		K30-39		00:00:10	00:15:49	00:26:58	00:40:19	00:51:35
48	JĘDRYKA Patrycja	246		K30-39		00:00:12	00:16:55	00:27:40	00:40:28	00:51:36
49	PRZESÓR Barbara	169		K30-39	Zadyszka Oświęcim	00:00:06	00:15:53	00:27:02	00:40:25	00:51:46
50	DOMAŃSKA Joanna	229		K30-39		00:00:14	00:15:49	00:27:00	00:40:23	00:51:53
51	MELER Ewelina	155		K30-39		00:00:02	00:15:48	00:27:02	00:40:54	00:52:24
52	LERCH Maria	148		K30-39	RUNTEAM Pawłowice	00:00:09	00:15:21	00:26:34	00:40:29	00:52:32
53	JAGODZIŃSKA Magdalena	133		K30-39		00:00:14	00:15:41	00:27:01	00:40:57	00:52:36
54	DĄBROWSKA-PALUCH Anna	227		K30-39		00:00:15	00:17:13	00:28:43	00:41:55	00:52:39
55	NIESŁAŃCZYK Barbara	163		K30-39	Bziegacze	00:00:07	00:16:07	00:27:31	00:41:02	00:52:46
56	MALISZEWSKA Beata	268		K30-39		00:00:07	00:16:24	00:28:26	00:42:01	00:53:04
57	ZAKRZEWSKA Sabina	200		K30-39		00:00:11	00:16:10	00:27:54	00:41:46	00:53:07
58	GAWEŁCZYK Marta	124		K30-39	CE PROGRESS	00:00:12	00:17:03	00:28:28	00:42:01	00:53:19
59	KAFKA Magdalena	137		K30-39	CE PROGRESS	00:00:11	00:17:04	00:28:29	00:42:02	00:53:20
60	SZOJDA Paulina	186		K30-39		00:00:12	00:16:23	00:27:56	00:41:49	00:53:32
61	PROKURAT Agnieszka	293		K30-39		00:00:02	00:16:00	00:28:08	00:41:46	00:53:35
62	ZAGÓRSKA Ania	328		K30-39		00:00:12	00:16:48	00:28:37	00:42:05	00:53:37
63	NOWAK Magdalena	278		K30-39		00:00:08	00:16:49	00:28:22	00:42:03	00:53:42
64	CIEŚLAR Ewa	222		K30-39		00:00:12	00:16:29	00:27:58	00:41:45	00:53:48
65	DOBRAŚZ Basia	228		K30-39		00:00:14	00:17:20	00:28:57	00:42:22	00:53:48
66	FRAJHOFER Ewa	68		K30-39	Bank Spółdzielczy Jastrzębie	00:00:11	00:16:19	00:28:06	00:42:13	00:54:19
67	BOŚ Natalia	216		K30-39	KB MCKIS Jaworzno	00:00:07	00:16:59	00:28:36	00:42:28	00:54:24
67	CHOLAJDA Monika	220		K30-39		00:00:12	00:16:53	00:28:34	00:42:32	00:54:25
69	JESIONEK Małgorzata	136		K30-39		00:00:13	00:16:58	00:28:39	00:42:39	00:54:41
70	KUBICA Patrycja	84		K30-39	Olza Cieszyn	00:00:07	00:16:50	00:28:41	00:43:06	00:54:50
71	KOŁAK Alicja	252		K30-39		00:00:14	00:17:09	00:28:50	00:42:41	00:54:52
72	KRAUZ Sandra	146		K30-39		00:00:09	00:16:43	00:28:30	00:42:42	00:55:13
73	SITKO Dagmara	302		K30-39		00:00:15	00:17:17	00:29:07	00:43:16	00:55:13
74	SUBIK Edyta	106		K30-39		00:00:06	00:16:04	00:28:30	00:43:05	00:55:39
75	HANDY Samanta	34		K30-39	PoWoli do Celu	00:00:10	00:17:29	00:29:21	00:43:32	00:55:39
76	KUKLA Agata	258		K30-39	PoWoli do Celu	00:00:11	00:17:28	00:29:20	00:43:31	00:55:40
77	WIŚNIEWSKA Justyna	323		K30-39	Kobiety na 5+	00:00:04	00:16:47	00:29:00	00:43:27	00:55:54

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
78	LISZOK Iwona	262		K30-39		00:00:09	00:17:09	00:29:18	00:43:39	00:55:58
79	GIŻYŃSKA Katarzyna	238		K30-39		00:00:04	00:16:54	00:29:11	00:44:01	00:56:29
80	HUBA Agnieszka	244		K30-39	Kobiety na 5+	00:00:00	00:16:51	00:29:11	00:43:49	00:56:31
81	ORŁOWSKA Joanna	165		K30-39		00:00:13	00:17:51	00:30:08	00:44:27	00:56:41
82	WALA Anna	191		K30-39		00:00:06	00:16:56	00:29:20	00:44:18	00:57:23
83	WYSZYŃSKA Karina	326		K30-39		00:00:13	00:18:25	00:30:52	00:45:33	00:58:07
84	WIECZOREK Klaudia	194		K30-39	Alkoteam Rybnik	00:00:09	00:18:25	00:31:11	00:46:08	00:58:19
85	REYMANN Milena	172		K30-39	Bank Spółdzielczy Jastrzębie	00:00:13	00:17:41	00:30:24	00:45:40	00:58:49
86	HERDUŚ Lucyna	130		K30-39		00:00:11	00:18:04	00:30:39	00:45:35	00:59:21
87	KALETA Agnieszka	249		K30-39	PoWoli do Celu	00:00:11	00:18:30	00:31:55	00:47:13	01:00:03
88	BRYCHCY Estera	112		K30-39	RUNTEAM Pawłowice	00:00:14	00:18:49	00:31:50	00:47:17	01:00:10
89	MULKA Ula	276		K30-39		00:00:13	00:19:11	00:32:26	00:48:22	01:01:52
90	MOKRZYCKA Justyna	273		K30-39		00:00:15	00:19:03	00:32:10	00:48:21	01:01:59
91	ŁUKASIK Aldona	151		K30-39		00:00:15	00:19:03	00:32:17	00:48:28	01:02:10
92	BETLEJ Dorota	212		K30-39		00:00:14	00:18:29	00:31:53	00:48:17	01:02:23
92	GAJ Monika	235		K30-39		00:00:13	00:19:03	00:32:31	00:48:32	01:02:31
94	ZAGÓRSKA Beata	327		K30-39	Olza Cieszyn	00:00:11	00:19:14	00:32:49	00:49:04	01:02:45
95	JANCZARA Ewa	135		K30-39		00:00:09	00:18:46	00:32:17	00:48:36	01:02:46
96	BALICKA Magdalena	207		K30-39		00:00:14	00:19:27	00:32:54	00:49:05	01:03:01
97	BAK Karina	111		K30-39	Radlinioki w biegu	00:00:11	00:18:50	00:32:54	00:49:37	01:04:25
98	SLADECZEK Iza	178		K30-39		00:00:07	00:19:16	00:33:16	00:50:32	01:05:14
99	URBAŚ Monika	319		K30-39		00:00:06	00:19:17	00:33:18	00:50:33	01:05:15
100	SŁOWIK Kornelia	303		K30-39	PoWoli do Celu	00:00:10	00:20:13	00:34:23	00:51:51	01:06:35
101	POKORA Izabela	291		K30-39		00:00:14	00:20:11	00:34:49	00:52:35	01:07:45
102	PYZIK Barbara	296		K30-39	Klub Biegacza Fartlek	00:00:10	00:19:21	00:34:11	00:52:39	01:08:00
103	GŁĄB Mariola	239		K30-39		00:00:06	00:19:41	00:34:30	00:53:22	01:08:25
104	MŁOCEK Ewelina	271		K30-39		00:00:13	00:21:34	00:36:40	00:54:18	01:09:33
105	SZCZEGODZINSKA Kasia	311		K30-39	Morświny	00:00:12	00:22:32	00:38:52	00:58:04	01:15:20

Znalezione 105 wynik(ów)