

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Event: Jastrzębska Dziesiątka 2019
Organiser: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Date: 2019-09-21
Place: Jastrzębie-Zdrój
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K40-49

Split point: 7,3 km

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km	7.3km
1	LASKOWSKA Katarzyna	21		K40-49	Inżynieria biegania Team	00:00:02	00:12:07	00:20:33	00:30:12
2	RENCZ Małgorzata	29		K40-49		00:00:01	00:12:07	00:20:46	00:31:08
3	MENŻYK Joanna	43		K40-49	Mors Hubertus Mysłowice	00:00:03	00:13:54	00:23:36	00:35:08
4	KONDZIELNIK Magdalena	81		K40-49		00:00:05	00:14:18	00:24:08	00:35:36
5	LORENZ Agnieszka	87		K40-49	Galopujące Ślimaki	00:00:05	00:14:25	00:24:16	00:35:54
6	WOJAKOWSKA Katarzyna	31		K40-49		00:00:02	00:14:27	00:24:38	00:36:24
7	BUDKA Agata	61		K40-49	KB MCKIS Jaworzno	00:00:02	00:14:38	00:25:02	00:37:10
8	HELIOSZ Agnieszka	72		K40-49	Koszulka Hynia	00:00:01	00:14:38	00:25:00	00:37:26
9	PASŁAWSKA Katarzyna	795		K40-49	Kobiety na 5+	00:00:03	00:14:55	00:25:21	00:38:18
10	SICH-ŚWITAŁA Małgorzata	52		K40-49	Koszulka Hynia	00:00:02	00:15:26	00:25:57	00:38:19
11	KIPPING Magdalena	140		K40-49		00:00:13	00:15:23	00:26:05	00:38:20
12	OBROK Marta	164		K40-49		00:00:04	00:15:11	00:25:52	00:38:36
13	CHROBOK Józefa	114		K40-49	Olza Cieszyn	00:00:06	00:15:18	00:25:59	00:38:43
14	POPEK Barbara	49		K40-49	ZS6 Sobieski	00:00:06	00:15:14	00:26:01	00:38:45
15	KRAUSE Sylwia	82		K40-49	Radlinioki w biegu	00:00:11	00:15:59	00:26:42	00:38:57
16	PAJESTKA Katarzyna	97		K40-49	WRM MC POLAND	00:00:04	00:15:32	00:26:23	00:39:02
17	BURAKOWSKA Małgorzata	62		K40-49	Zabiegani Nauczyciele	00:00:03	00:15:36	00:26:27	00:39:22
18	STACHAŃCZYK Dorota	306		K40-49		00:00:15	00:16:07	00:26:43	00:39:26
19	ŁATKA Dorota	264		K40-49		00:00:11	00:15:35	00:26:27	00:39:43
20	GATNER Agnieszka	237		K40-49		00:00:02	00:15:02	00:25:55	00:39:49
21	KIEŁKOWSKA Agnieszka	138		K40-49	Kobiety na 5+	00:00:03	00:16:08	00:27:15	00:40:17
22	DĄBROWSKA Emilia	33		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:14	00:27:16	00:40:20
23	NALEWAJKA Wioleta	45		K40-49	Kobiety na 5+	00:00:05	00:16:06	00:27:18	00:40:23
24	CHYTROSZEK Eleonora	115		K40-49		00:00:14	00:15:57	00:27:10	00:40:30
25	BRZUSKA Kasia	113		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:44	00:40:33
26	GENSTY Klaudia	69		K40-49	Dystans Lubomia	00:00:14	00:16:22	00:27:31	00:40:34
27	RAŻNIAK Beata	171		K40-49	Kobiety na 5+	00:00:03	00:16:06	00:27:21	00:40:36
28	DONOCIK Bogusława	230		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:46	00:40:37
29	MALINOWSKA Aneta	153		K40-49	Olza Cieszyn	00:00:12	00:16:43	00:27:44	00:40:40
30	CZOPEK Agnieszka	116		K40-49	KB MCKIS Jaworzno	00:00:05	00:15:42	00:27:03	00:40:47
31	PIECYK Ada	286		K40-49		00:00:08	00:15:42	00:26:54	00:40:47

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km	7.3km
32	GAŁKIEWICZ Monika	236		K40-49		00:00:07	00:15:54	00:27:12	00:40:53
33	JURKIEWICZ-FILIKS Basia	248		K40-49		00:00:12	00:16:50	00:28:00	00:41:01
34	KWAŚNY Ewa	259		K40-49		00:00:12	00:16:20	00:27:49	00:41:10
35	TROJSZCZAK Joanna	318		K40-49		00:00:02	00:16:00	00:27:27	00:41:17
36	PŁASKA Barbara	288		K40-49	Kobiety na 5+	00:00:03	00:16:04	00:27:30	00:41:21
37	WILSZ Ewa	196		K40-49		00:00:09	00:16:29	00:27:59	00:41:34
38	DOBRENIUK Aurelia	118		K40-49		00:00:09	00:16:15	00:27:51	00:41:45
39	ADAMIAK Edyta	110		K40-49		00:00:05	00:16:29	00:28:06	00:42:09
40	MISZCZAK Katarzyna	156		K40-49		00:00:14	00:16:45	00:28:29	00:42:12
41	ĆWIOK Barbara	226		K40-49		00:00:10	00:16:41	00:28:31	00:42:19
42	BAJCAR Beata	206		K40-49	Kobiety na 5+	00:00:04	00:16:44	00:28:26	00:42:23
43	PIECHOCKA Jadwiga	285		K40-49		00:00:15	00:17:13	00:28:45	00:42:35
44	HEJNA Izabela	243		K40-49	Radlinioki w biegu	00:00:11	00:17:29	00:29:06	00:42:54
45	CZARNOWSKA Beata	224		K40-49		00:00:09	00:17:09	00:29:17	00:42:57
46	SAWICKA Agnieszka	298		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:58	00:28:52	00:43:03
47	SZEFER Sylwia	312		K40-49		00:00:14	00:17:15	00:29:20	00:43:18
48	MUSIOŁ Helena	94		K40-49		00:00:11	00:16:55	00:29:01	00:43:21
49	ŻEBROWSKA Matylda	333		K40-49		00:00:13	00:17:02	00:29:16	00:43:28
50	ROZMUS Ewa	174		K40-49	PoWoli do Celu	00:00:10	00:17:29	00:29:20	00:43:32
51	OSTROWSKA Izabela	281		K40-49	Kobiety na 5+	00:00:03	00:16:47	00:29:01	00:43:36
52	STOPYRA Agnieszka	184		K40-49		00:00:08	00:17:25	00:29:26	00:43:40
53	JAKUBOWSKA Agnieszka	245		K40-49	HRmax Żory	00:00:08	00:17:26	00:29:32	00:43:45
54	KAŁUS Joanna	250		K40-49		00:00:11	00:16:58	00:29:22	00:44:17
55	GABRUŚ Iwona	234		K40-49		00:00:10	00:17:26	00:29:34	00:44:24
56	FECZKO Lucyna	121		K40-49		00:00:05	00:17:08	00:29:36	00:44:40
57	ZIĘTARA Agata	330		K40-49		00:00:08	00:17:28	00:30:02	00:45:22
58	PODLEŚNY Justyna	290		K40-49		00:00:08	00:17:48	00:30:21	00:45:33
59	CIEŚLA Edyta	221		K40-49		00:00:11	00:18:19	00:30:55	00:45:36
60	GOIK Agnieszka	241		K40-49	Radlinioki w biegu	00:00:12	00:18:12	00:31:02	00:45:50
61	OLSZEWSKA Dorota	280		K40-49	Kobiety na 5+	00:00:07	00:18:00	00:30:28	00:45:59
62	ADAMCZAK Renata	203		K40-49	Yno Ultra	00:00:05	00:17:52	00:30:52	00:46:05
63	GÓRNY Jola	127		K40-49		00:00:07	00:18:12	00:30:56	00:46:29
64	WALESZ Joanna	321		K40-49	KB MCKIS Jaworzno	00:00:08	00:18:20	00:31:14	00:46:46
65	BOŻEK Dagmara	217		K40-49		00:00:06	00:18:13	00:31:12	00:46:59
66	BARTNIK Joanna	208		K40-49		00:00:05	00:18:38	00:31:34	00:47:00
67	GŁÓWCZYK Izabella	240		K40-49		00:00:05	00:17:45	00:31:07	00:47:22
68	KUBAS Alina	256		K40-49	Klub Biegacza Fartlek	00:00:09	00:18:35	00:31:34	00:47:35
69	MAĆKÓW Agnieszka	265		K40-49		00:00:09	00:19:02	00:32:15	00:48:23
70	MYŚLIWIEC Kulczykowa	160		K40-49		00:00:04	00:18:59	00:32:39	00:48:51
71	BETAŃSKA Aneta	211		K40-49	Kobiety na 5+	00:00:04	00:18:59	00:32:39	00:48:51
72	SURY-WOLNIEWICZ Kamila	310		K40-49	Kobiety na 5+	00:00:04	00:19:15	00:32:49	00:48:53
73	DZIĘCIOŁ Wanda	231		K40-49		00:00:11	00:18:59	00:32:54	00:50:05
74	ZALEWSKA Barbara	329		K40-49	Kobiety na 5+	00:00:05	00:20:13	00:34:38	00:52:19
75	KLACZEK Anna	251		K40-49		00:00:13	00:19:50	00:34:45	00:52:47
76	MAĆZKA Małgorzata	269		K40-49		00:00:13	00:20:50	00:35:46	00:54:10
77	WOLNIK Jolka	325		K40-49		00:00:07	00:24:08	00:41:11	01:07:28

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km	7.3km
78	POŁOMSKA Edyta	48		K40-49		00:00:00			

Total 78 results.