

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie:

Jastrzębska Dziesiątka 2019

Organizator:

Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

Data:

2019-09-21

Miejsce:

Jastrzębie-Zdrój

Dystans:

10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DZIARSKI Wiesław	436		M60-69	1		00:00:04	00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20		3:53	15.4 (100%)
2	NIEDZIELA Stefan	486		M60-69	2		00:00:03	00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	+00:04:16 (9.9%)	4:19	13.9 (90.3%)
3	KĄKOL Ryszard	458		M60-69	3		00:00:03	00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	+00:04:43 (10.8%)	4:21	13.8 (89.6%)
4	NOWAK Ryszard	787		M60-69	4		00:00:21	00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	+00:09:58 (20.4%)	4:53	12.3 (79.9%)
5	TORBIŃSKI Wiesław	820		M60-69	5		00:00:16	00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	+00:10:45 (21.7%)	4:58	12.1 (78.6%)
6	ORAWSKI Robert	789		M60-69	6		00:00:22	00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	+00:11:57 (23.5%)	5:05	11.8 (76.6%)
7	GUJA Bogusław	747		M60-69	7		00:00:12	00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	+00:17:16 (30.7%)	5:37	10.7 (69.5%)
8	KOTERZYNA Janusz	859		M60-69	8		00:00:23	00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	+00:17:31 (31.1%)	5:38	10.6 (68.8%)
9	PIETRZYK Marek	959		M60-69	9		00:00:25	00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	+00:18:31 (32.3%)	5:44	10.4 (67.5%)
10	MICUDA Jan	955		M60-69	10		00:00:28	00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	+00:19:38 (33.6%)	5:51	10.2 (66.2%)
11	CHMIEL Jacek	732		M60-69	11		00:00:28	00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	+00:21:47 (35.9%)	6:04	9.9 (64.3%)
12	TRAWNICKI Jan	908		M60-69	12		00:00:25	00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	+00:25:01 (39.1%)	6:23	9.4 (61.0%)

Znaleziono 12 wynik(ów)