

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

Jastrzębska Dziesiątka 2019

Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

2019-09-21

Jastrzębie-Zdrój

10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mistrz woj. śląskiego

Punkt pomiarowy: 7,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
1	MRÓWKA Mateusz	350		M20-29	Biegacze	00:00:00	00:08:45	00:14:56	00:22:11
2	CIEPŁAK Marcin	352		M20-29	Inżynieria biegania Team	00:00:00	00:09:35	00:16:21	00:24:04
3	DROŻDŻ Damian	363		M30-39	Inżynieria biegania Team	00:00:01	00:09:50	00:16:32	00:24:20
4	LYSKO Jakub	383		M30-39		00:00:01	00:09:50	00:16:30	00:24:21
5	ŻURAWIK Daniel	415		M30-39		00:00:01	00:09:50	00:16:46	00:24:53
6	KWESTOROWSKI Bartosz	380		M30-39		00:00:01	00:09:50	00:16:44	00:24:59
7	SZRENIAWA Paweł	406		M20-29		00:00:01	00:09:52	00:16:57	00:25:11
8	PIEPRZYCKI Robert	394		M20-29		00:00:01	00:10:05	00:17:03	00:25:12
9	MUSKIETORZ Piotr	388		M30-39	Inżynieria biegania Team	00:00:00	00:10:03	00:17:06	00:25:25
10	CZAPLA Piotr	362		M20-29		00:00:01	00:10:14	00:17:25	00:25:42
11	BULIK Witold	359		M50-59	PKS Olimpijczyk Gilowice	00:00:01	00:10:05	00:17:09	00:25:43
12	LIZAK Wocieh	381		M30-39	Nieślony Lizak	00:00:00	00:10:15	00:17:26	00:25:44
13	KARDAS Arkadiusz	373		M30-39		00:00:01	00:10:23	00:17:37	00:25:59
14	PORĘBA Grzegorz	396		M30-39	Niewybiegani	00:00:00	00:10:24	00:17:44	00:26:39
15	KLIMEK Wojciech	376		M16-19		00:00:01	00:10:41	00:18:07	00:26:42
16	BŁASZCZYK Dominik	358		M30-39		00:00:01	00:10:32	00:17:51	00:26:49
17	CICHOŃ Roman	361		M40-49		00:00:02	00:10:38	00:18:06	00:26:49
18	BARTOSIK Sebastian	357		M30-39	FORMA Wodzisław Śląski	00:00:02	00:10:29	00:18:00	00:26:50
19	JASICA Mateusz	371		M16-19	KUSY Bukowno	00:00:01	00:10:42	00:18:13	00:27:02
20	RAJWA Roman	397		M20-29	Biegacze	00:00:01	00:10:31	00:18:06	00:27:03
21	SOBOL Tomasz	401		M40-49		00:00:01	00:10:54	00:18:27	00:27:05
22	DUŻNIAK Dominik	364		M30-39		00:00:02	00:10:39	00:18:11	00:27:06
23	BARTNIK Sebastian	356	STREET SPIRIT - TEAM NOWAK	M40-49		00:00:02	00:10:53	00:18:25	00:27:07
24	STARZYCKI Przemysław	402		M20-29	KB MCKIS Jaworzno	00:00:02	00:10:34	00:18:17	00:27:13
25	WALCZYŃSKI Mariusz	408		M30-39	Niewybiegani	00:00:02	00:10:53	00:18:25	00:27:15
26	OSETEK Paweł	392		M30-39	Radlinioki w biegu	00:00:01	00:10:45	00:18:36	00:27:26
27	KAŁUŻNY Adam	372		M30-39	SOCIOS SILESIA	00:00:02	00:10:47	00:18:28	00:27:27
28	JARCO Dominik	370		M20-29		00:00:01	00:10:28	00:18:16	00:27:32
29	WOWRY Klaudiusz	410		M16-19	Olza Cieszyn	00:00:00	00:10:57	00:18:38	00:27:41
30	SZKODA Dariusz	405		M30-39	SOCIOS SILESIA	00:00:02	00:10:59	00:18:39	00:27:41
31	CHRAPKIEWICZ Michał	360		M30-39	Olza Cieszyn	00:00:02	00:10:56	00:18:39	00:27:44

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
32	GIŻYŃSKI Damian	366		M30-39	GB Galopujące Ślimaki	00:00:02	00:11:16	00:18:57	00:27:44
33	RĘBISZ Mariusz	398		M40-49		00:00:01	00:11:09	00:18:49	00:27:49
34	LEDWOŃ Paweł	468		M30-39		00:00:03	00:11:04	00:18:48	00:27:54
35	JASTRZĘBSKI Piotr	451		M30-39		00:00:02	00:11:03	00:18:50	00:27:57
36	MOLA Mateusz	485		M16-19	Olza Cieszyn	00:00:04	00:11:06	00:18:50	00:28:00
37	ZIELIŃSKI Rafał	413		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:01	00:10:46	00:18:46	00:28:03
38	NOGA Krystian	488		M30-39	FORMA Wodzisław Śląski	00:00:04	00:11:11	00:18:59	00:28:05
39	ŻERDKA Michał	542		M30-39		00:00:03	00:11:04	00:18:49	00:28:06
40	MALINA Adam	477		M40-49		00:00:02	00:11:15	00:19:10	00:28:17
41	MENCEWICZ Paweł	484		M40-49	FORMA Wodzisław Śląski	00:00:02	00:11:17	00:19:12	00:28:22
42	DZIARSKI Wiesław	436		M60-69		00:00:04	00:11:12	00:19:09	00:28:24
43	GRUDZIEŃ Krzysztof	368		M40-49		00:00:03	00:11:07	00:19:04	00:28:32
44	ADAMSKI Robert	353		M30-39	Brykająca Grupa Biegowa	00:00:03	00:11:38	00:19:34	00:28:38
45	OLBRICH Artur	391		M30-39		00:00:03	00:11:25	00:19:23	00:28:42
46	KILJAN Mariusz	375		M40-49	KB MCKIS Jaworzno	00:00:02	00:11:19	00:19:26	00:28:52
47	PALT Tomasz	499		M40-49		00:00:04	00:11:39	00:19:39	00:29:00
48	BIAŁOŻYT Michał	422		M16-19		00:00:03	00:11:49	00:19:48	00:29:01
49	STUCHLIK Marek	520		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:11:35	00:19:39	00:29:01
50	MEREDYK Adrian	387		M30-39		00:00:02	00:11:17	00:19:26	00:29:05
51	SZPYRKA Sebastian	523		M20-29		00:00:02	00:11:45	00:19:51	00:29:15
52	WOLNY Ariel	535		M30-39		00:00:06	00:11:47	00:19:46	00:29:19
53	BRYŁA Rafał	427		M30-39	Klub Biegacza Fartlek	00:00:05	00:11:48	00:20:02	00:29:27
54	KLYSZCZ Paweł	459		M20-29		00:00:04	00:11:35	00:19:49	00:29:33
55	KNAPEK Łukasz	603		M20-29		00:00:11	00:11:58	00:20:07	00:29:35
56	NOWICKI Tomasz	491		M30-39	Klub Biegacza Fartlek	00:00:06	00:11:46	00:20:00	00:29:40
57	CIECIAK Grzegorz	430		M40-49		00:00:09	00:11:55	00:20:08	00:29:40
58	HANKUS Łukasz	447		M30-39		00:00:07	00:11:49	00:19:52	00:29:43
59	HEJNA Michał	587		M30-39	Koszulka Hynia	00:00:07	00:11:57	00:20:10	00:29:44
60	LORANC Maciej	473		M50-59	NUTREND BIEGA	00:00:04	00:12:11	00:20:24	00:29:56
61	SURWIŁO Sandro	521		M30-39		00:00:03	00:12:04	00:20:25	00:29:59
62	PALKA Dawid	650		M40-49	40-latek Tychy	00:00:05	00:11:47	00:20:08	00:30:03
63	PAGIEŁA Łukasz	497		M30-39	Olza Cieszyn	00:00:01	00:12:04	00:20:30	00:30:06
64	SIEGMUND Tadeusz	679		M40-49	Klub Biegacza MOSiR Jastrzębie	00:00:02	00:12:01	00:20:21	00:30:09
65	RAJWA Jan	508		M30-39	Bziegacze	00:00:05	00:11:51	00:20:19	00:30:10
66	STACHOWSKI Ireneusz	519		M40-49	FORMA Wodzisław Śląski	00:00:02	00:11:58	00:20:22	00:30:13
67	ADAMCZEWSKI Waldemar	543		M50-59	Klub Biegacza Fartlek	00:00:06	00:12:07	00:20:29	00:30:13
68	ROMIK Krzysztof	510		M40-49		00:00:07	00:12:06	00:20:26	00:30:13
69	RESPONDEK Leszek	673		M30-39		00:00:08	00:12:09	00:20:30	00:30:13
70	KOWAL Łukasz	609		M20-29		00:00:06	00:12:22	00:20:40	00:30:16
71	WOWRY Grzegorz	409		M30-39	Olza Cieszyn	00:00:00	00:12:05	00:20:31	00:30:19
72	MAJ Przemysław	476		M30-39	Klub Biegacza Fartlek	00:00:07	00:12:16	00:20:42	00:30:24
73	WRZECIONKOWSKI Adrian	536		M30-39		00:00:10	00:12:12	00:20:38	00:30:26
74	BRZÓSKA Rafał	428		M40-49		00:00:05	00:12:10	00:20:42	00:30:33
75	GÓRSKI Michał	583		M20-29		00:00:08	00:12:24	00:20:50	00:30:40
76	SERAFIN Dariusz Izabela	514		M50-59	Klub Biegacza Fartlek	00:00:03	00:12:27	00:20:56	00:30:49
77	PRZYBYŁA Tadeusz	805		M30-39		00:00:07	00:12:24	00:21:00	00:30:59

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
78	GADAJ Grzegorz	439		M30-39		00:00:04	00:12:00	00:20:39	00:31:00
79	DEJEWSKI Jakub	433		M30-39	GB Galopujące Ślimaki	00:00:15	00:12:11	00:20:50	00:31:01
80	MAZUR Marek	482		M40-49		00:00:04	00:12:12	00:20:48	00:31:09
81	RUCIŃSKI Krzysztof	676		M40-49		00:00:07	00:12:00	00:20:50	00:31:09
82	ROEHRICH Krzysztof	509		M30-39		00:00:04	00:12:15	00:21:01	00:31:11
83	LILLA Piotr	470		M30-39		00:00:04	00:11:52	00:20:50	00:31:19
84	KARPLEWICZ Andrzej	456		M50-59	GB Galopujące Ślimaki	00:00:09	00:12:12	00:20:56	00:31:20
85	SMOLIK Łukasz	897		M20-29	Olza Cieszyn	00:00:18	00:12:30	00:21:04	00:31:20
86	MICHALSKI Rafał	636		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:17	00:21:03	00:31:22
87	LAZAR Damian	624		M30-39		00:00:17	00:12:40	00:21:17	00:31:22
88	KUNINA Paweł	465		M40-49		00:00:03	00:12:40	00:21:43	00:31:27
89	DUDZIK Sebastian	568		M30-39		00:00:15	00:12:33	00:21:17	00:31:27
90	GRUCEL Damian	445		M30-39	KS M.E.T.A.	00:00:08	00:12:26	00:21:09	00:31:28
91	NIEDZIELA Stefan	486		M60-69		00:00:03	00:12:10	00:21:05	00:31:34
92	SIKORA Stefan	516		M70+		00:00:08	00:12:43	00:21:25	00:31:34
93	SZKATUŁA Henryk	688		M50-59	Koszulka Hynia	00:00:03	00:12:18	00:21:04	00:31:35
94	SZAREK Krzysztof	522		M30-39	BIEG PO ZDRÓJ	00:00:08	00:12:26	00:21:13	00:31:36
95	OGIERMAN Grzegorz	494		M40-49	Olza Cieszyn	00:00:06	00:12:27	00:21:14	00:31:39
96	HIMEL Adrian	448		M20-29		00:00:03	00:12:07	00:20:59	00:31:44
97	KAMYCZEK Grzegorz	600		M40-49		00:00:20	00:12:53	00:21:37	00:31:44
98	LEŚNIAK Krzysztof	469		M40-49	Radlinioki w biegu	00:00:15	00:12:45	00:21:31	00:31:45
99	FLORKIEWICZ Sławomir	571		M50-59		00:00:08	00:12:24	00:21:13	00:31:50
100	WOJAKOWSKI Krzysztof	533		M40-49		00:00:06	00:12:35	00:21:26	00:31:52
101	KORCZ Daniel	461		M40-49	KB MCKIS Jaworzno	00:00:07	00:12:33	00:21:24	00:31:52
102	GLINIECKI Bartłomiej	443		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:22	00:21:12	00:31:54
103	JOCHLIK Szymon	452		M30-39		00:00:07	00:12:15	00:21:13	00:32:03
104	JĘDRZEJAK Piotr	596		M40-49		00:00:12	00:12:40	00:21:36	00:32:04
105	BULANDA Andrzej	554		M40-49		00:00:05	00:12:31	00:21:20	00:32:06
106	GRUDZIŃSKI Radosław	584		M30-39		00:00:06	00:12:54	00:21:54	00:32:20
107	SZAREK Rafał	685		M40-49	KB MCKIS Jaworzno	00:00:18	00:13:03	00:21:53	00:32:21
108	UCIEKLAK Waldemar	529		M50-59		00:00:08	00:12:40	00:21:41	00:32:31
109	KOWALSKI Robert	610		M50-59		00:00:09	00:12:46	00:21:51	00:32:33
110	NYKIEL Mariusz	492		M30-39	SOCIOS SILESIA	00:00:00	00:10:46	00:20:39	00:32:36
111	GAUDYN Andrzej	440		M30-39		00:00:11	00:13:23	00:22:23	00:32:38
112	IZYDORCZYK Robert	588		M40-49		00:00:09	00:12:50	00:21:56	00:32:42
113	KOŁEK Michał	763		M30-39		00:00:10	00:13:20	00:22:28	00:33:12
114	BORYCZKA Szymon	426		M30-39		00:00:11	00:12:50	00:22:15	00:33:12
115	FLISZTA Marcin	570		M30-39		00:00:07	00:13:00	00:22:26	00:33:13
116	JANECKI Mateusz	591		M20-29	Bziegacze	00:00:05	00:12:31	00:21:51	00:33:15
117	PIŁATOWSKI Mirosław	660		M50-59	Klub Biegacza MOSiR Jastrzębie	00:00:03	00:12:56	00:22:11	00:33:17
118	KUŚ Dawid	623		M30-39		00:00:05	00:13:20	00:22:29	00:33:20
119	TIDE Krzysztof	693		M20-29		00:00:22	00:13:29	00:22:43	00:33:25
120	KACZMAREK Jacek	453		M30-39	GRUBIORZE LOTAJOM	00:00:12	00:13:27	00:22:38	00:33:28
121	URBAN Patryk	699		M20-29		00:00:21	00:12:33	00:21:53	00:33:31
122	GROMEK Michał	444		M20-29		00:00:04	00:13:03	00:22:33	00:33:35
123	CHRAPKIEWICZ Marek	560		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:13:18	00:22:44	00:33:40

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
124	KUBERA Dawid	463		M30-39		00:00:10	00:13:18	00:22:34	00:33:41
125	ONAK Paweł	645		M30-39		00:00:20	00:13:13	00:22:38	00:33:42
126	KUBALA Jan	861		M30-39		00:00:14	00:13:28	00:22:45	00:33:43
127	KIEPIELA Dawid	941		M30-39	Klub Biegacza Fartlek	00:00:30	00:13:35	00:22:53	00:33:48
128	KRZYSTAŁA Paweł	615		M20-29		00:00:11	00:13:46	00:23:09	00:33:51
129	NANTKA Witek	785		M40-49	Inżynieria biegania Team	00:00:19	00:13:49	00:23:14	00:34:01
130	PIETRASZ Krzysztof	658		M30-39		00:00:17	00:13:30	00:22:49	00:34:02
131	PIECZARA Błażej	657		M40-49	KB MCKIS Jaworzno	00:00:06	00:13:35	00:23:05	00:34:08
132	JAKUBCZYK Jacek	449		M40-49		00:00:10	00:13:24	00:22:48	00:34:08
133	HARAZIN Janusz	586		M30-39		00:00:11	00:13:44	00:23:11	00:34:10
134	RUBIN Andrzej	511		M40-49	KB MCKIS Jaworzno	00:00:19	00:13:52	00:23:13	00:34:11
135	WALA Marek	823		M40-49		00:00:20	00:14:01	00:23:21	00:34:15
136	LELENIEWSKI Jacek	625		M30-39		00:00:15	00:13:42	00:23:11	00:34:19
137	URBASIK Mariusz	700		M50-59		00:00:10	00:13:42	00:23:13	00:34:27
138	APOSTOLSKI Wojciech	416		M40-49		00:00:09	00:13:29	00:23:06	00:34:28
139	NIEMCZYK Rafał	643		M30-39	KB MCKIS Jaworzno	00:00:08	00:14:03	00:23:25	00:34:32
140	POJDA Grzegorz	664		M40-49		00:00:15	00:13:28	00:23:03	00:34:35
141	CZAPOROWSKI Tomasz	431		M30-39		00:00:25	00:14:11	00:23:44	00:34:39
142	PASTWA Grzegorz	653		M40-49		00:00:00	00:13:12	00:22:30	00:34:46
143	ZAWADA Sebastian	715		M40-49		00:00:21	00:13:59	00:23:18	00:34:47
144	WANDZEL Tomasz	824		M30-39		00:00:13	00:14:03	00:23:38	00:34:51
145	MARON Tomasz	479		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:23	00:14:06	00:23:33	00:34:55
146	URBASIK Daniel	909		M30-39		00:00:27	00:14:21	00:24:08	00:34:57
147	SZYMAŃSKI Piotr	690		M40-49		00:00:11	00:13:41	00:23:23	00:35:01
148	JESIONEK Krzysztof	593		M30-39		00:00:13	00:14:16	00:23:57	00:35:07
149	KAMIŃSKI Zbigniew	599		M30-39		00:00:13	00:14:12	00:24:01	00:35:18
150	BURAS Roman	555		M50-59		00:00:25	00:14:58	00:24:32	00:35:24
151	SKRZYPCZAK Dawid	895		M16-19		00:00:25	00:14:27	00:24:17	00:35:29
152	JASIŃSKI Maksymilian	592		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:14:07	00:23:57	00:35:35
153	GAŁKIEWICZ Michał	577		M40-49		00:00:09	00:14:22	00:24:10	00:35:38
154	PETRYKOWSKI Grzegorz	654		M50-59		00:00:09	00:14:10	00:24:00	00:35:43
155	GORZELAK Zbigniew	515		M40-49		00:00:12	00:14:28	00:24:13	00:35:43
156	POCZĄTEK Damian	662		M20-29	Gwiazdna Flota	00:00:09	00:14:18	00:24:12	00:35:48
157	GAWLAS Krzysztof	578		M30-39		00:00:17	00:13:43	00:23:46	00:35:53
158	OSZCZĘDA Bartosz	790		M20-29		00:00:19	00:14:32	00:24:22	00:35:53
159	NOWAK Ryszard	787		M60-69		00:00:21	00:14:27	00:24:20	00:35:55
160	LIZAK Grzegorz	471		M30-39	Nieślony Lizak	00:00:04	00:14:09	00:24:05	00:36:01
161	BOTOREK Michał	550		M30-39		00:00:16	00:14:30	00:24:29	00:36:01
162	BRAUNER Wojciech	552		M30-39		00:00:21	00:14:34	00:24:33	00:36:09
163	HEJNA Artur	856		M40-49	Radlinioki w biegu	00:00:17	00:14:20	00:24:24	00:36:15
164	SZCZEPANIAK Kamil	817		M20-29		00:00:22	00:14:24	00:24:32	00:36:19
165	SZCZEPANIAK Aleksander	686		M50-59		00:00:10	00:14:16	00:24:15	00:36:26
166	JANKO Kamil	751		M30-39		00:00:16	00:14:35	00:24:43	00:36:45
167	KAPTUR Wojciech	756		M70+		00:00:18	00:14:40	00:24:42	00:36:46
168	ZAWADZKI Tyberiusz	834		M40-49		00:00:13	00:14:21	00:24:40	00:36:57
169	GANDZEL Szymon	581		M30-39		00:00:23	00:14:55	00:25:14	00:37:16

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km
170	ROZMUS Wojciech	890		M40-49	PoWoli do Celu	00:00:11	00:14:23	00:24:45	00:37:22
171	TOCHOWICZ Bartosz	694		M50-59	Olza Cieszyn	00:00:20	00:14:46	00:25:18	00:37:29
172	KRÓLIK Arkadiusz	768		M40-49	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:15:12	00:25:49	00:38:09
173	RASZKA Janusz	808		M50-59	Olza Cieszyn	00:00:20	00:15:26	00:26:03	00:38:28
174	BOŚ Przemysław	549		M30-39	KB MCKIS Jaworzno	00:00:19	00:15:08	00:25:24	00:38:29
175	TOMASICZEK Dawid	972		M20-29		00:00:21	00:15:12	00:26:00	00:38:55
176	MALISZEWSKI Dariusz	778		M30-39		00:00:22	00:15:00	00:25:35	00:38:58
177	BAJOR Paweł	837		M30-39		00:00:15	00:15:02	00:26:09	00:39:02
178	SUBIK Tomasz	684		M30-39		00:00:19	00:15:06	00:25:51	00:39:04
179	PALA Mariusz	792		M30-39		00:00:15	00:14:44	00:25:47	00:39:13
180	MATUSZEK Tomasz	781		M40-49	Bank Spółdzielczy Jastrzębie	00:00:18	00:15:17	00:26:22	00:39:14
181	OGIERMAN Mariusz	876		M20-29		00:00:20	00:15:12	00:26:10	00:39:24
182	HUCHRO Tomasz	749		M20-29		00:00:12	00:15:39	00:26:41	00:39:41
183	METLAK Piotr	980		M40-49		00:00:00	00:14:55	00:26:18	00:39:43
184	STEKLA Bartłomiej	904		M20-29		00:00:14	00:15:02	00:26:11	00:39:53
185	GOIK Damian	742		M20-29	Bziegacze	00:00:20	00:14:30	00:25:45	00:39:53
186	ZAWIERUCHA Aleksander	916		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:16:06	00:27:09	00:39:54
187	KUŚKA Tadeusz	952		M30-39		00:00:29	00:15:45	00:26:57	00:40:12
188	DURAJ Dariusz	848		M30-39	WKURW_TEAM	00:00:16	00:15:53	00:26:53	00:40:15
189	WILSZ Adam	911		M40-49		00:00:16	00:16:22	00:27:22	00:40:16
190	JESIONEK Bogusław	939		M50-59		00:00:27	00:16:22	00:27:47	00:41:08
191	CIEŚLA Adam	564		M40-49	Nieformalna Grupa Biegowa Rybnik	00:00:31	00:15:27	00:26:48	00:41:29
192	MARON Tadeusz	633		M30-39		00:00:23	00:16:14	00:28:03	00:41:47
193	MROZEK Maciej	784		M40-49		00:00:24	00:16:16	00:27:30	00:41:52
194	DRĄG Rafał	847		M30-39		00:00:26	00:16:46	00:28:31	00:42:15
195	PIETRZYK Marek	959		M60-69		00:00:25	00:17:00	00:28:45	00:42:44
196	SCHAB Paweł	678		M30-39		00:00:00	00:20:58	00:30:53	00:43:07
197	POSTUPALSKI Marcin	962		M40-49		00:00:27	00:17:30	00:29:41	00:44:03
198	GIL Krzysztof	935		M50-59		00:00:25	00:17:34	00:29:44	00:44:05
199	WILMANOWICZ Rafał	975		M20-29		00:00:19	00:17:36	00:30:13	00:45:20
200	BURDA Andrzej	843		M30-39	Eko-Okna Runners	00:00:27	00:17:26	00:30:24	00:45:38
201	KUCZMIERCZYK Janusz	951		M70+		00:00:28	00:18:44	00:31:58	00:47:35
202	KUBAS Mariusz	949		M40-49	Klub Biegacza Fartlek	00:00:30	00:18:58	00:32:50	00:50:03
203	LIZAK Adam	773		M40-49	Nieślony Lizak	00:00:28	00:18:39	00:32:24	00:50:28
204	POŁOMSKI Grzegorz	503		M30-39		00:00:00			
205	URBAŚ Roman	530		M40-49		00:00:00	00:13:37		
206	KOŹMIŃSKI Józef	378		M30-39		00:00:01	00:09:55	00:17:07	
207	WOJCIECHOWSKI Marcin	833		M30-39	Radlinioki w biegu	00:00:01	00:31:22	00:40:11	
208	KURTO Grzegorz	621		M40-49		00:00:08	00:34:45	00:44:13	
209	FILUSZ Dawid	737		M20-29	STUDIO ENERGIA TEAM RYBNIK	00:00:19	00:35:05	00:44:59	
210	MAJKA Tomasz	777		M30-39	KB MCKIS Jaworzno	00:00:20	00:34:53	00:44:07	
211	FOJCIK Piotr	932		M50-59		00:00:32	00:16:19	00:35:03	