

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Event: Jastrzębska Dziesiątka 2019
Organiser: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Date: 2019-09-21
Place: Jastrzębie-Zdrój
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: Najlepsi Polacy

Split point: 5,0 km

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
1	MRÓWKA Mateusz	350		M20-29	Biegacze	00:00:00	00:08:45	00:14:56
2	CIEPŁAK Marcin	352		M20-29	Inżynieria biegania Team	00:00:00	00:09:35	00:16:21
3	ZAJĄC Bartosz	412		M20-29	KB MCKIS Jaworzno	00:00:00	00:09:38	00:16:24
4	LYSKO Jakub	383		M30-39		00:00:01	00:09:50	00:16:30
5	DROŻDŻ Damian	363		M30-39	Inżynieria biegania Team	00:00:01	00:09:50	00:16:32
6	LUBIENIECKI Maciej	382		M40-49		00:00:01	00:09:50	00:16:42
7	KWESTOROWSKI Bartosz	380		M30-39		00:00:01	00:09:50	00:16:44
8	ŻURAWIK Daniel	415		M30-39		00:00:01	00:09:50	00:16:46
9	SZRENIAWA Paweł	406		M20-29		00:00:01	00:09:52	00:16:57
10	PIEPRZYCKI Robert	394		M20-29		00:00:01	00:10:05	00:17:03
11	MUSKIETORZ Piotr	388		M30-39	Inżynieria biegania Team	00:00:00	00:10:03	00:17:06
12	KOŹMIŃSKI Józef	378		M30-39		00:00:01	00:09:55	00:17:07
13	BULIK Witold	359		M50-59	PKS Olimpijczyk Gilowice	00:00:01	00:10:05	00:17:09
14	CZAPLA Piotr	362		M20-29		00:00:01	00:10:14	00:17:25
15	LIZAK Wociech	381		M30-39	Niesłony Lizak	00:00:00	00:10:15	00:17:26
16	KARDAS Arkadiusz	373		M30-39		00:00:01	00:10:23	00:17:37
17	PORĘBA Grzegorz	396		M30-39	Niewybiegani	00:00:00	00:10:24	00:17:44
18	BŁASZCZYK Dominik	358		M30-39		00:00:01	00:10:32	00:17:51
19	BARTOSIK Sebastian	357		M30-39	FORMA Wodzisław Śląski	00:00:02	00:10:29	00:18:00
20	URBANIAK Witek	407		M30-39		00:00:01	00:10:32	00:18:01
21	RAJWA Roman	397		M20-29	Biegacze	00:00:01	00:10:31	00:18:06
22	CICHOŃ Roman	361		M40-49		00:00:02	00:10:38	00:18:06
23	HATALA Paweł	369		M30-39		00:00:02	00:10:38	00:18:06
24	KLIMEK Wojciech	376		M16-19		00:00:01	00:10:41	00:18:07
25	KNESZ Marek	460		M50-59		00:00:01	00:10:39	00:18:09
26	ALBRECHT Krystian	355		M16-19	Galopujące Ślimaki	00:00:02	00:10:37	00:18:09
27	DUŻNIAK Dominik	364		M30-39		00:00:02	00:10:39	00:18:11
28	JASICA Mateusz	371		M16-19	KUSY Bukowno	00:00:01	00:10:42	00:18:13
29	SEIFFERT Markus	400		M30-39	Koszulka Hynia	00:00:03	00:10:43	00:18:14
30	JARCO Dominik	370		M20-29		00:00:01	00:10:28	00:18:16
31	FIRLA Arkadiusz	365		M40-49		00:00:02	00:10:42	00:18:17

Place	Participant	Number	Club	Category		Drużyna	Start time	2.9km	5km
32	STARZYCKI Przemysław	402	STREET SPIRIT - TEAM NOWAK	M20-29	KB MCKIS Jaworzno		00:00:02	00:10:34	00:18:17
33	KUBIK Arkadiusz	464		M40-49	Dystans Lubomia		00:00:02	00:10:46	00:18:23
34	BARTNIK Sebastian	356		M40-49			00:00:02	00:10:53	00:18:25
35	WALCZYŃSKI Mariusz	408		M30-39	Niewybiegani		00:00:02	00:10:53	00:18:25
36	SOBOL Tomasz	401		M40-49			00:00:01	00:10:54	00:18:27
37	KAŁUŻNY Adam	372		M30-39	SOCIOS SILESIA		00:00:02	00:10:47	00:18:28
38	NIEMIEC Mirek	487		M50-59	Olza Cieszyn		00:00:01	00:10:41	00:18:29
39	KOGUCIUK Karol	377		M20-29	TOMAZI BIKE		00:00:02	00:10:39	00:18:29
40	ZYGMA Kordian	414		M20-29			00:00:01	00:10:51	00:18:31
41	OSETEK Paweł	392		M30-39	Radlinioki w biegu		00:00:01	00:10:45	00:18:36
42	WOWRY Klaudiusz	410		M16-19	Olza Cieszyn		00:00:00	00:10:57	00:18:38
43	SZKODA Dariusz	405		M30-39	SOCIOS SILESIA		00:00:02	00:10:59	00:18:39
44	CHRAPKIEWICZ Michał	360		M30-39	Olza Cieszyn		00:00:02	00:10:56	00:18:39
45	FILIP Bartosz	437		M20-29	SOCIOS SILESIA		00:00:02	00:10:47	00:18:44
46	ZIELIŃSKI Rafał	413		M30-39	Klub Biegacza MOSiR Jastrzębie		00:00:01	00:10:46	00:18:46
47	LEDWOŃ Paweł	468		M30-39			00:00:03	00:11:04	00:18:48
48	RĘBISZ Mariusz	398		M40-49			00:00:01	00:11:09	00:18:49
49	ŻERDKA Michał	542		M30-39			00:00:03	00:11:04	00:18:49
50	JASTRZĘBSKI Piotr	451		M30-39			00:00:02	00:11:03	00:18:50
51	MOLA Mateusz	485		M16-19	Olza Cieszyn		00:00:04	00:11:06	00:18:50
52	PRZYBYŁA Przemek	507		M40-49			00:00:01	00:11:08	00:18:52
53	GIŻYŃSKI Damian	366		M30-39	GB Galopujące Ślimaki		00:00:02	00:11:16	00:18:57
54	NOGA Krystian	488		M30-39	FORMA Wodzisław Śląski		00:00:04	00:11:11	00:18:59
55	GRUDZIEN Krzysztof	368		M40-49			00:00:03	00:11:07	00:19:04
56	DZIARSKI Wiesław	436		M60-69			00:00:04	00:11:12	00:19:09
57	MALINA Adam	477		M40-49			00:00:02	00:11:15	00:19:10
58	MENCEWICZ Paweł	484		M40-49	FORMA Wodzisław Śląski		00:00:02	00:11:17	00:19:12
59	MAROSZEK Szymon	480		M30-39			00:00:04	00:11:22	00:19:13
60	SAMBAK Tadeusz	399		M50-59	Zadyszka Oświęcim		00:00:03	00:11:27	00:19:15
61	TRAFIAŁEK Miłosz	528		M30-39			00:00:04	00:11:16	00:19:16
62	OLBRICH Artur	391		M30-39			00:00:03	00:11:25	00:19:23
63	MEREDYK Adrian	387		M30-39			00:00:02	00:11:17	00:19:26
64	KILJAN Mariusz	375		M40-49	KB MCKIS Jaworzno		00:00:02	00:11:19	00:19:26
65	FURMAN Dawid	438		M30-39			00:00:04	00:11:31	00:19:26
66	ALBRECHT Arkadiusz	354		M40-49	Galopujące Ślimaki		00:00:05	00:11:30	00:19:30
67	ADAMSKI Robert	353		M30-39	Brykająca Grupa Biegowa		00:00:03	00:11:38	00:19:34
68	NIEŚŁONY Filip	390		M20-29	Nieślony Lizak		00:00:02	00:11:29	00:19:35
69	KAWCZYŃSKI Radosław	457		M30-39	Team URODZENI BIEGACZE		00:00:05	00:11:35	00:19:35
70	WANTUŁOK Paweł	531		M20-29			00:00:05	00:11:37	00:19:35
71	PALT Tomasz	499		M40-49			00:00:04	00:11:39	00:19:39
72	STUCHLIK Marek	520		M30-39	Aktywna Pszczyna Runners Team		00:00:04	00:11:35	00:19:39
73	SKIBA Ryszard	517		M40-49			00:00:05	00:11:36	00:19:42
74	WOLNY Ariel	535		M30-39			00:00:06	00:11:47	00:19:46
75	MARCZAK Piotr	478		M30-39			00:00:05	00:11:30	00:19:47
76	BIAŁOŻYT Michał	422		M16-19			00:00:03	00:11:49	00:19:48
77	KLYSZCZ Paweł	459		M20-29			00:00:04	00:11:35	00:19:49

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
78	SZPYRKA Sebastian	523		M20-29		00:00:02	00:11:45	00:19:51
79	HANKUS Łukasz	447		M30-39		00:00:07	00:11:49	00:19:52
80	BEZUCH Paweł	421		M20-29		00:00:06	00:11:47	00:19:57
81	NOWICKI Tomasz	491		M30-39	Klub Biegacza Fartlek	00:00:06	00:11:46	00:20:00
82	SPYRKA Piotr	518		M30-39	Klub Biegacza Fartlek	00:00:05	00:11:46	00:20:01
83	BRYŁA Rafał	427		M30-39	Klub Biegacza Fartlek	00:00:05	00:11:48	00:20:02
84	MALINOWSKI Krzysztof	386		M50-59		00:00:02	00:11:45	00:20:07
85	KNAPEK Łukasz	603		M20-29		00:00:11	00:11:58	00:20:07
86	PALKA Dawid	650		M40-49	40-latek Tychy	00:00:05	00:11:47	00:20:08
87	CIECIAK Grzegorz	430		M40-49		00:00:09	00:11:55	00:20:08
88	TOKAREWICZ Damian	525		M30-39		00:00:09	00:11:55	00:20:08
89	HEJNA Michał	587		M30-39	Koszulka Hynia	00:00:07	00:11:57	00:20:10
90	MARTOWSKI Przemysław	481		M30-39		00:00:04	00:11:52	00:20:12
91	RAJWA Jan	508		M30-39	Bziegacze	00:00:05	00:11:51	00:20:19
92	RYCHCZYŃSKI Jonatan	512		M20-29		00:00:13	00:11:58	00:20:20
93	SIEGMUND Tadeusz	679		M40-49	Klub Biegacza MOSiR Jastrzębie	00:00:02	00:12:01	00:20:21
94	BEREZOWSKI Tomasz	419		M30-39		00:00:10	00:12:04	00:20:21
95	STACHOWSKI Ireneusz	519		M40-49	FORMA Wodzisław Śląski	00:00:02	00:11:58	00:20:22
96	LORANC Maciej	473		M50-59	NUTREND BIEGA	00:00:04	00:12:11	00:20:24
97	SURWIŁO Sandro	521		M30-39		00:00:03	00:12:04	00:20:25
98	KRUK Tomasz	462		M30-39	Athletics Nysa	00:00:06	00:12:07	00:20:25
99	ROMIK Krzysztof	510		M40-49		00:00:07	00:12:06	00:20:26
100	PALIGA Rafał	498		M40-49		00:00:05	00:11:58	00:20:28
101	TŁOŁKA Michał	524		M30-39		00:00:07	00:12:02	00:20:28
102	ADAMCZEWSKI Waldemar	543		M50-59	Klub Biegacza Fartlek	00:00:06	00:12:07	00:20:29
103	PAGIEŁA Łukasz	497		M30-39	Olza Cieszyn	00:00:01	00:12:04	00:20:30
104	RESPONDEK Leszek	673		M30-39		00:00:08	00:12:09	00:20:30
105	WOWRY Grzegorz	409		M30-39	Olza Cieszyn	00:00:00	00:12:05	00:20:31
106	BORCHERT Marcin	425		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:12:09	00:20:31
107	PLEWNIA Dawid	661		M20-29		00:00:18	00:12:15	00:20:32
108	NIEŚŁONY Dominik	389		M20-29	Nieślony Lizak	00:00:02	00:12:05	00:20:38
109	WRZECIONKOWSKI Adrian	536		M30-39		00:00:10	00:12:12	00:20:38
110	NYKIEL Mariusz	492		M30-39	SOCIOS SILESIA	00:00:00	00:10:46	00:20:39
111	PIŁATOWSKI Andrzej	501		M50-59		00:00:03	00:12:09	00:20:39
112	GADAJ Grzegorz	439		M30-39		00:00:04	00:12:00	00:20:39
113	KOWAL Łukasz	609		M20-29		00:00:06	00:12:22	00:20:40
114	BRZÓSKA Rafał	428		M40-49		00:00:05	00:12:10	00:20:42
115	MAJ Przemysław	476		M30-39	Klub Biegacza Fartlek	00:00:07	00:12:16	00:20:42
116	BIAŁECKI Tomasz	548		M40-49	Bziegacze	00:00:05	00:12:21	00:20:44
117	MĘŻYK Matik	635		M30-39	Koszulka Hynia	00:00:06	00:12:04	00:20:45
118	KAWECKI Stanisław	601		M40-49	Olza Cieszyn	00:00:10	00:12:06	00:20:47
119	MAZUR Marek	482		M40-49		00:00:04	00:12:12	00:20:48
120	KUŚ Tomasz	466		M30-39		00:00:12	00:12:20	00:20:48
121	MROWIEC Bernard	640		M50-59		00:00:07	00:12:26	00:20:49
122	LORENZ Marcin	474		M40-49	GB Galopujące Ślimaki	00:00:16	00:12:11	00:20:49
123	LILLA Piotr	470		M30-39		00:00:04	00:11:52	00:20:50

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
124	ZIELIŃSKI Ireneusz	540		M50-59		00:00:04	00:12:11	00:20:50
125	RUCIŃSKI Krzysztof	676		M40-49		00:00:07	00:12:00	00:20:50
126	GÓRSKI Michał	583		M20-29		00:00:08	00:12:24	00:20:50
127	DEJEWSKI Jakub	433		M30-39	GB Galopujące Ślimaki	00:00:15	00:12:11	00:20:50
128	KUSY Rafał	622		M40-49	Olza Cieszyn	00:00:08	00:12:16	00:20:54
129	ŻUKROWSKI Krzysztof	718		M30-39		00:00:17	00:12:23	00:20:54
130	SERAFIN Dariusz Izabela	514		M50-59	Klub Biegacza Fartlek	00:00:03	00:12:27	00:20:56
131	KARPLEWICZ Andrzej	456		M50-59	GB Galopujące Ślimaki	00:00:09	00:12:12	00:20:56
132	GRZONKA Andrzej	446		M40-49	Galopujące Ślimaki	00:00:02	00:12:01	00:20:57
133	HIMEL Adrian	448		M20-29		00:00:03	00:12:07	00:20:59
134	ANTONCZYK Adam	544		M50-59		00:00:04	00:12:14	00:20:59
135	PRZYBYŁA Tadeusz	805		M30-39		00:00:07	00:12:24	00:21:00
136	ROEHRICH Krzysztof	509		M30-39		00:00:04	00:12:15	00:21:01
137	BARAN Bartosz	417		M20-29		00:00:12	00:12:27	00:21:02
138	MICHALSKI Rafał	636		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:17	00:21:03
139	GÓRNY Mirek	367		M50-59		00:00:01	00:12:08	00:21:04
140	SZKATUŁA Henryk	688		M50-59	Koszulka Hynia	00:00:03	00:12:18	00:21:04
141	SMOLIK Łukasz	897		M20-29	Olza Cieszyn	00:00:18	00:12:30	00:21:04
142	NIEDZIELA Stefan	486		M60-69		00:00:03	00:12:10	00:21:05
143	GLAJCAR Tomasz	582		M40-49		00:00:12	00:12:29	00:21:05
144	PAPUGA Dariusz	652		M50-59	Zadyszka Oświęcim	00:00:03	00:12:06	00:21:06
145	TOMCZYK Maurycy	527		M30-39		00:00:04	00:12:33	00:21:07
146	TOMCZYK Lesław	526		M50-59	Olza Cieszyn	00:00:08	00:12:29	00:21:08
147	GRUCEL Damian	445		M30-39	KS M.E.T.A.	00:00:08	00:12:26	00:21:09
148	MUSZEWSKI Bartłomiej	642		M40-49	FORMA Wodzisław Śląski	00:00:11	00:12:25	00:21:09
149	ŁATKA Łukasz	626		M30-39		00:00:11	00:12:34	00:21:09
150	GLINIECKI Bartłomiej	443		M40-49	KB MCKIS Jaworzno	00:00:05	00:12:22	00:21:12
151	JOCHLIK Szymon	452		M30-39		00:00:07	00:12:15	00:21:13
152	FLORKIEWICZ Sławomir	571		M50-59		00:00:08	00:12:24	00:21:13
153	SZAREK Krzysztof	522		M30-39	BIEG PO ZDRÓJ	00:00:08	00:12:26	00:21:13
154	OGIERMAN Grzegorz	494		M40-49	Olza Cieszyn	00:00:06	00:12:27	00:21:14
155	CHRUSZCZ Wojciech	429		M30-39	Klub Biegacza Fartlek	00:00:08	00:12:28	00:21:14
156	KANCLERZ Tomasz	455		M40-49		00:00:06	00:12:31	00:21:15
157	DUDZIK Sebastian	568		M30-39		00:00:15	00:12:33	00:21:17
158	LAZAR Damian	624		M30-39		00:00:17	00:12:40	00:21:17
159	BULANDA Andrzej	554		M40-49		00:00:05	00:12:31	00:21:20
160	MACHEJ Remigiusz	629		M30-39	MARO TEAM JASTRZĘBIE-ŻORY	00:00:09	00:12:21	00:21:21
161	KĄKOL Ryszard	458		M60-69		00:00:03	00:12:23	00:21:23
162	KORCZ Daniel	461		M40-49	KB MCKIS Jaworzno	00:00:07	00:12:33	00:21:24
163	SIKORA Stefan	516		M70+		00:00:08	00:12:43	00:21:25
164	WOJAKOWSKI Krzysztof	533		M40-49		00:00:06	00:12:35	00:21:26
165	BUĆKO Marcin	553		M40-49	Klub Biegacza Fartlek	00:00:04	00:12:40	00:21:28
166	ŁYSEK Paweł	628		M40-49	Bziegacze	00:00:06	00:12:29	00:21:30
167	GIGOŃ Dariusz	442		M50-59	KB MCKIS Jaworzno	00:00:08	00:12:29	00:21:30
168	LEŚNIAK Krzysztof	469		M40-49	Radlinioki w biegu	00:00:15	00:12:45	00:21:31
169	KUSTRA Józef	771		M50-59		00:00:02	00:12:35	00:21:36

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
170	JĘDRZEJAK Piotr	596		M40-49		00:00:12	00:12:40	00:21:36
171	KAMYCZEK Grzegorz	600		M40-49		00:00:20	00:12:53	00:21:37
172	RZEPCHYŃSKI Wiesław	677		M70+		00:00:13	00:12:49	00:21:39
173	KNYPS Adam	761		M40-49		00:00:18	00:12:55	00:21:39
174	PRZYBYSZ Ryszard	667		M50-59		00:00:14	00:12:40	00:21:40
175	UCIEKLAK Waldemar	529		M50-59		00:00:08	00:12:40	00:21:41
176	KUNINA Paweł	465		M40-49		00:00:03	00:12:40	00:21:43
177	POŁEDNIK Tomasz	502		M40-49		00:00:09	00:12:36	00:21:44
178	BIELA Rafał	423		M40-49		00:00:09	00:12:47	00:21:46
179	DOBROWOLSKI Sławek	435		M50-59		00:00:11	00:13:02	00:21:50
180	JANECKI Mateusz	591		M20-29	Biegacze	00:00:05	00:12:31	00:21:51
181	KOWALSKI Robert	610		M50-59		00:00:09	00:12:46	00:21:51
182	SZAREK Rafał	685		M40-49	KB MCKIS Jaworzno	00:00:18	00:13:03	00:21:53
183	URBAN Patryk	699		M20-29		00:00:21	00:12:33	00:21:53
184	GRUDZIŃSKI Radosław	584		M30-39		00:00:06	00:12:54	00:21:54
185	WYREMBELSKI Adam	713		M20-29		00:00:07	00:13:06	00:21:54
186	IZYDORCZYK Robert	588		M40-49		00:00:09	00:12:50	00:21:56
187	TRAWNICKI Maciej	695		M40-49		00:00:11	00:12:52	00:21:56
188	BAC Michał	545		M40-49		00:00:14	00:13:03	00:21:57
189	ŁUSZCZYK Sergiusz	627		M30-39		00:00:09	00:12:57	00:22:00
190	SMYCZEK Bartosz	898		M30-39		00:00:24	00:13:13	00:22:00
191	BURYBA Jacek	557		M30-39	Klub Biegacza Fartlek	00:00:08	00:13:02	00:22:01
192	TYTKO Bartłomiej	698		M40-49		00:00:04	00:12:44	00:22:04
193	GÓRECKI Wojciech	744		M30-39		00:00:13	00:12:53	00:22:04
194	OGIEGŁO Łukasz	493		M30-39		00:00:09	00:12:46	00:22:05
195	MAZURKIEWICZ Jarosław	483		M50-59		00:00:16	00:12:53	00:22:05
196	RADOMSKI Mariusz	670		M40-49		00:00:37	00:13:09	00:22:09
197	ZIĘTARA Paweł	717		M50-59		00:00:08	00:13:05	00:22:10
198	PIŁATOWSKI Mirosław	660		M50-59	Klub Biegacza MOSiR Jastrzębie	00:00:03	00:12:56	00:22:11
199	MALIK Rafał	385		M30-39		00:00:04	00:13:03	00:22:14
200	STROF Marcin	683		M30-39		00:00:10	00:13:11	00:22:14
201	BORYCZKA Szymon	426		M30-39		00:00:11	00:12:50	00:22:15
202	DOBRENIUK Krzysztof	434		M40-49		00:00:03	00:13:03	00:22:16
203	ŻELECH Grzegorz	920		M30-39	PoWoli do Celu	00:00:11	00:12:50	00:22:19
204	BALICKI Piotr	546		M30-39		00:00:15	00:12:23	00:22:19
205	WIERCIOCH Tomasz	706		M40-49		00:00:18	00:13:19	00:22:19
206	ZIELIŃSKI Jacek	716		M30-39		00:00:14	00:13:08	00:22:20
207	GAUDYN Andrzej	440		M30-39		00:00:11	00:13:23	00:22:23
208	MAŁECKI Jacek	631		M30-39		00:00:16	00:13:16	00:22:23
209	FLISZTA Marcin	570		M30-39		00:00:07	00:13:00	00:22:26
210	PRZELIORZ Oktawian	666		M30-39		00:00:14	00:13:20	00:22:27
211	PRZELIORZ Oktawian	506		M30-39		00:00:14	00:13:20	00:22:27
212	KOŁEK Michał	763		M30-39		00:00:10	00:13:20	00:22:28
213	KUŚ Dawid	623		M30-39		00:00:05	00:13:20	00:22:29
214	MAGOŃ Marcin	630		M40-49		00:00:23	00:13:12	00:22:29
215	PASTWA Grzegorz	653		M40-49		00:00:00	00:13:12	00:22:30

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
216	OGRODNIK Damian	644		M30-39		00:00:14	00:13:19	00:22:30
217	FROSZTĘGA Daniel	574		M30-39		00:00:19	00:13:24	00:22:32
218	GROMEK Michał	444		M20-29		00:00:04	00:13:03	00:22:33
219	KUBERA Dawid	463		M30-39		00:00:10	00:13:18	00:22:34
220	PAWLAS Damian	796		M20-29		00:00:12	00:13:27	00:22:34
221	LIZAK Krzysztof	472		M40-49	Niesłony Lizak	00:00:07	00:13:13	00:22:36
222	SPRATEK Bartosz	814		M20-29		00:00:23	00:13:28	00:22:36
223	WIŚNIEWSKI Szymon	709		M40-49		00:00:11	00:13:18	00:22:38
224	KACZMAREK Jacek	453		M30-39	GRUBIORZE LOTAJOM	00:00:12	00:13:27	00:22:38
225	ONAK Paweł	645		M30-39		00:00:20	00:13:13	00:22:38
226	MIKA Łukasz	637		M30-39		00:00:12	00:13:21	00:22:41
227	BRANDYS Adam	551		M30-39		00:00:13	00:13:29	00:22:43
228	TIDE Krzysztof	693		M20-29		00:00:22	00:13:29	00:22:43
229	CHRAPKIEWICZ Marek	560		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:13:18	00:22:44
230	DOCZEKALSKI Jarek	565		M40-49	GB Galopujące Ślimaki	00:00:16	00:13:23	00:22:44
231	OPUCHLIK Roman	495		M30-39		00:00:03	00:13:18	00:22:45
232	KUBALA Jan	861		M30-39		00:00:14	00:13:28	00:22:45
233	JAKUBCZYK Jacek	449		M40-49		00:00:10	00:13:24	00:22:48
234	PIETRASZ Krzysztof	658		M30-39		00:00:17	00:13:30	00:22:49
235	CHROBOK Michał	561		M30-39	RunPatola	00:00:16	00:13:31	00:22:50
236	OWCZAREK Paweł	648		M40-49		00:00:17	00:13:28	00:22:50
237	PIECHOCKI Piotr	656		M40-49		00:00:10	00:13:35	00:22:51
238	KIEPIELA Dawid	941		M30-39	Klub Biegacza Fartlek	00:00:30	00:13:35	00:22:53
239	BAKOWSKI Michał	547		M30-39		00:00:17	00:13:34	00:22:55
240	RĘBISZ Paweł	674		M40-49		00:00:19	00:13:40	00:22:56
241	TESSMER Tomasz	692		M20-29		00:00:18	00:13:46	00:22:58
242	MOTOWIDŁO Tomasz	638		M40-49		00:00:10	00:13:25	00:23:02
243	POJDA Grzegorz	664		M40-49		00:00:15	00:13:28	00:23:03
244	PIECZARA Błażej	657		M40-49	KB MCKIS Jaworzno	00:00:06	00:13:35	00:23:05
245	APOSTOLSKI Wojciech	416		M40-49		00:00:09	00:13:29	00:23:06
246	WIŚNIEWSKI Przemysław	708		M30-39		00:00:23	00:13:35	00:23:06
247	ZELEK Adam	979		M40-49		00:00:34	00:13:32	00:23:06
248	PETRYNA Bartosz	655		M30-39		00:00:11	00:13:33	00:23:07
249	FOKS Damian	572		M50-59		00:00:12	00:13:43	00:23:07
250	MACH Sebastian	866		M30-39		00:00:26	00:13:47	00:23:07
251	KRZYSTAŁA Paweł	615		M20-29		00:00:11	00:13:46	00:23:09
252	WOŹNIAK Przemysław	712		M30-39		00:00:15	00:13:56	00:23:09
253	HARAZIN Janusz	586		M30-39		00:00:11	00:13:44	00:23:11
254	LELENIEWSKI Jacek	625		M30-39		00:00:15	00:13:42	00:23:11
255	URBASIK Mariusz	700		M50-59		00:00:10	00:13:42	00:23:13
256	RUBIN Andrzej	511		M40-49	KB MCKIS Jaworzno	00:00:19	00:13:52	00:23:13
257	NANTKA Witek	785		M40-49	Inżynieria biegania Team	00:00:19	00:13:49	00:23:14
258	JACH Marek	589		M40-49		00:00:08	00:13:21	00:23:16
259	JEZIERSKI Krzysztof	594		M40-49		00:00:19	00:13:51	00:23:16
260	BYSTRYKOWSKI Marcin	558		M40-49	Klub Biegacza Fartlek	00:00:13	00:13:41	00:23:18
261	ZAWADA Sebastian	715		M40-49		00:00:21	00:13:59	00:23:18

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
262	WOLLNY Kamil	534		M20-29	Eko-Okna Runners	00:00:10	00:13:51	00:23:21
263	JÓZEFIAK Rafał	597		M40-49	Eko-Okna Runners	00:00:11	00:13:50	00:23:21
264	WALA Marek	823		M40-49		00:00:20	00:14:01	00:23:21
265	KOWAL Jakub	608		M16-19		00:00:06	00:13:19	00:23:22
266	SZYMAŃSKI Piotr	690		M40-49		00:00:11	00:13:41	00:23:23
267	KLINGER Alan	602		M30-39		00:00:19	00:13:44	00:23:23
268	WASILEWSKI Mateusz	702		M20-29		00:00:05	00:13:20	00:23:25
269	NIEMCZYK Rafał	643		M30-39	KB MCKIS Jaworzno	00:00:08	00:14:03	00:23:25
270	RYBAK Tomasz	892		M30-39		00:00:12	00:13:44	00:23:29
271	CIESIELSKI Dariusz	563		M50-59		00:00:10	00:13:53	00:23:33
272	MARON Tomasz	479		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:23	00:14:06	00:23:33
273	CEMPA Jacek	559		M40-49		00:00:20	00:13:55	00:23:35
274	POŁOWCZUK Krzysztof	665		M20-29		00:00:13	00:13:57	00:23:37
275	WANDZEL Tomasz	824		M30-39		00:00:13	00:14:03	00:23:38
276	MROCZKOWSKI Tomasz	639		M40-49		00:00:18	00:13:55	00:23:39
277	KORZENIOWSKI Mateusz	607		M20-29		00:00:13	00:13:56	00:23:40
278	RAJWA Stanisław	807		M20-29	Bziegacze	00:00:19	00:14:04	00:23:41
279	PERLIKOWSKI Kamil	885		M20-29		00:00:09	00:14:05	00:23:43
280	SKĘCZEK Arkadiusz	680		M40-49		00:00:10	00:13:51	00:23:44
281	WOJCIECH Jarosław	832		M30-39	PoWoli do Celu	00:00:11	00:14:02	00:23:44
282	FOKS Marcin	573		M30-39		00:00:12	00:13:41	00:23:44
283	CZAPOROWSKI Tomasz	431		M30-39		00:00:25	00:14:11	00:23:44
284	KUCHARCZYK Mateusz	770		M30-39		00:00:06	00:13:47	00:23:45
285	MARCHEWKA Bartosz	632		M30-39		00:00:11	00:13:58	00:23:45
286	GAWLAS Krzysztof	578		M30-39		00:00:17	00:13:43	00:23:46
287	URGACZ Mirosław	822		M40-49		00:00:11	00:13:56	00:23:47
288	BURDA Marcin	731		M40-49		00:00:10	00:13:53	00:23:48
289	PARTYKA Karol	794		M30-39		00:00:13	00:13:59	00:23:48
290	JĘDRYKA Sebastian	595		M40-49		00:00:16	00:13:30	00:23:49
291	PŁONKA Krzysztof	886		M50-59		00:00:11	00:13:58	00:23:50
292	WOJNAR Janusz	711		M30-39		00:00:22	00:14:02	00:23:50
293	FURMANIUK Artur	576		M40-49		00:00:09	00:13:42	00:23:51
294	WIEŁOPOLSKI Łukasz	705		M20-29		00:00:18	00:14:15	00:23:51
295	WIDENKA Robert	704		M30-39		00:00:14	00:13:57	00:23:54
296	PAŁKA Krzysztof	651		M40-49		00:00:09	00:14:00	00:23:56
297	BIŁKO Sławek	730		M40-49		00:00:15	00:14:03	00:23:56
298	JESIONEK Krzysztof	593		M30-39		00:00:13	00:14:16	00:23:57
299	JASIŃSKI Maksymilian	592		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:14:07	00:23:57
300	ADAMCZYK Andrzej	719		M40-49		00:00:27	00:14:10	00:23:57
301	PODKOWIK Marcin	663		M30-39		00:00:18	00:14:04	00:23:58
302	PETRYKOWSKI Grzegorz	654		M50-59		00:00:09	00:14:10	00:24:00
303	KUCZERA Marek	617		M40-49	Inżynieria biegania Team	00:00:18	00:14:25	00:24:00
304	KAMIŃSKI Zbigniew	599		M30-39		00:00:13	00:14:12	00:24:01
305	OLSZYNA Mirosław	788		M40-49		00:00:16	00:14:18	00:24:04
306	LIZAK Grzegorz	471		M30-39	Nieślony Lizak	00:00:04	00:14:09	00:24:05
307	SZEREDA Robert	687		M40-49		00:00:02	00:13:50	00:24:06

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
308	BRACHMAŃSKI Dariusz	841		M50-59		00:00:14	00:14:23	00:24:07
309	GOTTMAN Bogusław	854		M50-59		00:00:25	00:14:12	00:24:07
310	URBASIK Daniel	909		M30-39		00:00:27	00:14:21	00:24:08
311	PRZYBYŁA Tomasz	806		M40-49		00:00:07	00:14:03	00:24:10
312	GAŁKIEWICZ Michał	577		M40-49		00:00:09	00:14:22	00:24:10
313	DROBINA Jakub	735		M20-29		00:00:22	00:14:14	00:24:10
314	WAWRÓW Mirosław	826		M30-39		00:00:22	00:14:19	00:24:10
315	POCZĄTEK Damian	662		M20-29	Gwiezdna Flota	00:00:09	00:14:18	00:24:12
316	GORZELAK Zbigniew	515		M40-49		00:00:12	00:14:28	00:24:13
317	SZCZEPANIAK Aleksander	686		M50-59		00:00:10	00:14:16	00:24:15
318	BARAN Ryszard	722		M50-59		00:00:24	00:14:25	00:24:16
319	SKRZYPCZAK Dawid	895		M16-19		00:00:25	00:14:27	00:24:17
320	NOWAK Ryszard	787		M60-69		00:00:21	00:14:27	00:24:20
321	PIDANTY Łukasz	797		M30-39		00:00:23	00:14:11	00:24:20
322	SZCZOTKA Arkadiusz	818		M40-49		00:00:23	00:14:21	00:24:21
323	OSZCZĘDA Bartosz	790		M20-29		00:00:19	00:14:32	00:24:22
324	STREIT Mariusz	682		M40-49		00:00:24	00:14:11	00:24:22
325	HEJNA Artur	856		M40-49	Radlinioki w biegu	00:00:17	00:14:20	00:24:24
326	KUBICA Tadeusz	862		M50-59		00:00:24	00:14:33	00:24:27
327	BOTOREK Michał	550		M30-39		00:00:16	00:14:30	00:24:29
328	MAZUR Dariusz	869		M30-39		00:00:19	00:14:20	00:24:29
329	PACH Janusz	496		M40-49		00:00:22	00:14:32	00:24:29
330	FILIKS Leszek	931		M40-49		00:00:28	00:14:35	00:24:30
331	TORBIŃSKI Wiesław	820		M60-69		00:00:16	00:14:24	00:24:31
332	SZCZEPANIAK Kamil	817		M20-29		00:00:22	00:14:24	00:24:32
333	BURAS Roman	555		M50-59		00:00:25	00:14:58	00:24:32
334	ŻALIŃSKI Zbigniew	835		M50-59		00:00:17	00:14:33	00:24:33
335	BRAUNER Wojciech	552		M30-39		00:00:21	00:14:34	00:24:33
336	NOWAK Krzysztof	490		M40-49		00:00:06	00:14:34	00:24:36
337	KROCZEK Przemysław	766		M20-29		00:00:17	00:14:31	00:24:37
338	GIERULA Artur	740		M30-39		00:00:16	00:14:34	00:24:38
339	PALUCHIEWICZ Szymon	882		M40-49		00:00:11	00:14:30	00:24:39
340	ZAWADZKI Tyberiusz	834		M40-49		00:00:13	00:14:21	00:24:40
341	KAPTUR Wojciech	756		M70+		00:00:18	00:14:40	00:24:42
342	MAZUR Mariusz	870		M30-39		00:00:20	00:14:21	00:24:42
343	JANKO Kamil	751		M30-39		00:00:16	00:14:35	00:24:43
344	ROZMUS Wojciech	890		M40-49	PoWoli do Celu	00:00:11	00:14:23	00:24:45
345	WISEŁKA Andrzej	707		M40-49	Radlinioki w biegu	00:00:15	00:14:42	00:24:45
346	SZCZECH Krzysztof	816		M40-49		00:00:02	00:14:02	00:24:46
347	ŚPIEWAK Marek	691		M30-39		00:00:17	00:14:31	00:24:47
348	KULAWIAK Bogdan	620		M50-59		00:00:23	00:14:38	00:24:47
349	STARCZEWSKI Marcin	815		M30-39		00:00:17	00:14:36	00:24:48
350	MISIAK Piotr	783		M40-49		00:00:13	00:14:30	00:24:49
351	RYBAK Remigiusz	891		M30-39		00:00:12	00:14:32	00:24:50
352	POŁEĆ Krzysztof	802		M30-39	GB Galopujące Ślimaki	00:00:17	00:14:28	00:24:50
353	PIŻGAŁA Kordian	799		M20-29		00:00:17	00:14:23	00:24:53

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
354	POŁOMSKI Jerzy	887		M40-49		00:00:23	00:14:37	00:24:58
355	KAMIŃSKI Radek	598		M30-39		00:00:24	00:14:53	00:25:00
356	KORBUS Piotr	764		M30-39		00:00:26	00:14:53	00:25:08
357	BURNAGIEL Tomasz	556		M50-59		00:00:14	00:14:57	00:25:11
358	GANDZEL Szymon	581		M30-39		00:00:23	00:14:55	00:25:14
359	POŁOMSKI Dawid	803		M30-39		00:00:35	00:14:40	00:25:14
360	PASZKOWSKI Cezary	883		M40-49	MDM NT TEAM	00:00:24	00:14:56	00:25:15
361	TOCHOWICZ Bartosz	694		M50-59	Olza Cieszyn	00:00:20	00:14:46	00:25:18
362	KARAWACKI Grzegorz	758		M30-39		00:00:22	00:14:59	00:25:18
363	ORAWSKI Robert	789		M60-69		00:00:22	00:15:09	00:25:19
364	KOZIEŁ Dariusz	765		M50-59		00:00:29	00:14:57	00:25:20
365	BILIŃSKI Marcin	729		M30-39		00:00:19	00:14:58	00:25:23
366	BOŚ Przemysław	549		M30-39	KB MCKIS Jaworzno	00:00:19	00:15:08	00:25:24
367	CHOLAJDA Roman	733		M40-49		00:00:22	00:15:11	00:25:29
368	DOMASZK Paweł	566		M20-29		00:00:14	00:14:39	00:25:30
369	PAJĄCZKOWSKI Michał	879		M30-39		00:00:15	00:15:01	00:25:31
370	ŚMIETANA Grzegorz	819		M40-49		00:00:14	00:14:56	00:25:34
371	FRĄTCZAK Bartosz	850		M30-39	GB Galopujące Ślimaki	00:00:20	00:14:50	00:25:34
372	PAWĘZOWSKI Jacek	884		M50-59		00:00:22	00:15:04	00:25:34
373	GRZEŚ Krzysztof	746		M50-59		00:00:15	00:14:40	00:25:35
374	MALISZEWSKI Marcin	779		M30-39		00:00:22	00:14:59	00:25:35
375	MALISZEWSKI Dariusz	778		M30-39		00:00:22	00:15:00	00:25:35
376	GAŚOWSKI Szymon	851		M30-39		00:00:29	00:15:18	00:25:35
377	LUBSZCZYK Adrian	774		M30-39	Decathlon & Przyjaciele	00:00:19	00:15:02	00:25:36
378	SOJ Przemysław	813		M40-49		00:00:28	00:15:06	00:25:36
379	KONCKI Andrzej	605		M40-49		00:00:31	00:15:07	00:25:36
380	PANNEK Marcin	793		M30-39		00:00:16	00:15:13	00:25:39
381	ZIELIŃSKI Andrzej	539		M30-39	Eko-Okna Runners	00:00:19	00:15:14	00:25:40
382	LECHOWICZ Tadeusz	772		M50-59		00:00:20	00:15:10	00:25:41
383	GOIK Damian	742		M20-29	Biegacze	00:00:20	00:14:30	00:25:45
384	PALA Mariusz	792		M30-39		00:00:15	00:14:44	00:25:47
385	SOBAŃSKI Mateusz	899		M20-29		00:00:25	00:15:21	00:25:48
386	KRÓLIK Arkadiusz	768		M40-49	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:15:12	00:25:49
387	SUBIK Tomasz	684		M30-39		00:00:19	00:15:06	00:25:51
388	CZARNOTA Leszek	845		M40-49		00:00:23	00:15:16	00:25:51
389	GUT Zbigniew	748		M30-39		00:00:22	00:15:19	00:25:52
390	WIEJACZ Wiejacz	828		M30-39		00:00:25	00:15:11	00:25:52
391	KUBULUS Tomasz	863		M40-49		00:00:25	00:15:10	00:25:57
392	GÓRALSKI Jarosław	855		M50-59		00:00:08	00:15:06	00:25:58
393	TOMASICZEK Dawid	972		M20-29		00:00:21	00:15:12	00:26:00
394	SKIBA Maciej	894		M30-39		00:00:26	00:15:07	00:26:00
395	WILCZOK Daniel	831		M30-39		00:00:17	00:15:06	00:26:01
396	BIELICH Adrian	728		M30-39	Alkoteam Rybnik	00:00:07	00:14:57	00:26:02
397	JASZCZYK Łukasz	937		M30-39		00:00:18	00:15:14	00:26:02
398	RASZKA Janusz	808		M50-59	Olza Cieszyn	00:00:20	00:15:26	00:26:03
399	KULA Radosław	864		M30-39		00:00:08	00:15:02	00:26:07

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
400	ŚWIERKOT Przemek	143		M40-49		00:00:14	00:15:30	00:26:09
401	BAJOR Paweł	837		M30-39		00:00:15	00:15:02	00:26:09
402	SLADECZEK Jarek	896		M40-49		00:00:27	00:15:10	00:26:09
403	OGIERMAN Mariusz	876		M20-29		00:00:20	00:15:12	00:26:10
404	STEKLA Bartłomiej	904		M20-29		00:00:14	00:15:02	00:26:11
405	JASIŃSKI Krzysztof	858		M30-39		00:00:24	00:15:06	00:26:11
406	ZAWADA Jakub	915		M40-49		00:00:19	00:14:56	00:26:13
407	WEYGAND Patryk	703		M30-39	GB Galopujące Ślimaki	00:00:21	00:15:29	00:26:14
408	MUSIAŁ Łukasz	874		M30-39	GB Galopujące Ślimaki	00:00:21	00:15:29	00:26:14
409	LANDZIŃSKI Jacek	865		M30-39		00:00:15	00:15:30	00:26:15
410	ĆMIL Marek	928		M40-49		00:00:16	00:15:02	00:26:15
411	ZABIEGLIŃSKI Andrzej	714		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:13	00:15:23	00:26:16
412	ANTOŃCZYK Przemysław	720		M30-39		00:00:19	00:15:32	00:26:17
413	METLAK Piotr	980		M40-49		00:00:00	00:14:55	00:26:18
414	SOSNA Mariusz	903		M40-49		00:00:14	00:15:34	00:26:18
415	JANCZUKOWICZ Łukasz	750		M30-39		00:00:27	00:15:58	00:26:18
416	SKĘCZEK Marcin	811		M40-49		00:00:18	00:15:25	00:26:19
417	JELEŃ Michał	938		M20-29		00:00:14	00:14:57	00:26:22
418	MATUSZEK Tomasz	781		M40-49	Bank Spółdzielczy Jastrzębie	00:00:18	00:15:17	00:26:22
419	NOWAK Patryk	786		M20-29	Klub Biegacza Fartlek	00:00:26	00:15:40	00:26:28
420	SZCZUCHNIAK Grzegorz	969		M40-49		00:00:18	00:15:30	00:26:33
421	JAGIEŁA Marcin	857		M40-49		00:00:21	00:15:40	00:26:33
422	PIÓR Krzysztof	798		M40-49		00:00:16	00:15:28	00:26:35
423	GÓRECKI Adam	743		M20-29		00:00:28	00:15:35	00:26:37
424	KAWIK Janusz	759		M40-49		00:00:06	00:15:49	00:26:39
425	HUCHRO Tomasz	749		M20-29		00:00:12	00:15:39	00:26:41
426	GMYREK Michał	853		M40-49		00:00:12	00:15:18	00:26:42
427	SŁOWIŃSKI Jacek	963		M30-39		00:00:27	00:15:57	00:26:42
428	PAJĄK Paweł	880		M40-49		00:00:16	00:15:25	00:26:46
429	BARAN Dawid	838		M30-39		00:00:26	00:15:20	00:26:47
430	CIEŚLA Adam	564		M40-49	Nieformalna Grupa Biegowa Rybnik	00:00:31	00:15:27	00:26:48
431	BORUCKI Darek	840		M40-49		00:00:24	00:15:46	00:26:51
432	DURAJ Dariusz	848		M30-39	WKURW_TEAM	00:00:16	00:15:53	00:26:53
433	KUŚKA Tadeusz	952		M30-39		00:00:29	00:15:45	00:26:57
434	CHROBOK Gerard	844		M50-59	Olza Cieszyn	00:00:12	00:15:44	00:26:58
435	FELSKI Krzysztof	849		M30-39		00:00:25	00:15:37	00:26:58
436	PAJĄK Marcin	791		M20-29		00:00:17	00:15:35	00:26:59
437	BARANKIEWICZ Irek	724		M40-49		00:00:24	00:15:50	00:26:59
438	KUBIENIEC Grzegorz	769		M40-49		00:00:20	00:15:50	00:27:05
439	PRZYBYŁA Krystian	804		M20-29		00:00:18	00:15:53	00:27:07
440	ZAWIERUCHA Aleksander	916		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:16:06	00:27:09
441	BRYŚ Sebastian	842		M40-49		00:00:21	00:15:58	00:27:10
442	MAKOWSKI Grzegorz	867		M20-29		00:00:24	00:16:05	00:27:11
443	SOBIERAJSKI Przemek	812		M40-49		00:00:24	00:16:05	00:27:11
444	WILCZEK Marek	830		M40-49		00:00:22	00:15:56	00:27:12
445	KRÓL Michał	767		M40-49		00:00:05	00:15:28	00:27:13

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
446	KOZACZKA Włodzimierz	611		M40-49		00:00:29	00:16:06	00:27:13
447	KMIECIAK Bogdan	942		M40-49		00:00:28	00:16:21	00:27:14
448	KRAMER Piotr	860		M40-49		00:00:30	00:16:08	00:27:15
449	OSIEWACZ Zbigniew	877		M30-39		00:00:18	00:16:03	00:27:18
450	WILSZ Adam	911		M40-49		00:00:16	00:16:22	00:27:22
451	ĆWIOK Marek	929		M40-49		00:00:16	00:16:22	00:27:22
452	GŁADYSZ Leszek	741		M40-49		00:00:15	00:16:23	00:27:23
453	PYZIK Marcin	888		M40-49	Klub Biegacza Fartlek	00:00:17	00:15:50	00:27:23
454	ŻYŁA Wojciech	921		M30-39		00:00:24	00:15:41	00:27:24
455	ZMUDA Dariusz	918		M40-49		00:00:25	00:16:14	00:27:25
456	BUCZAK Łukasz	926		M30-39		00:00:07	00:14:45	00:27:26
457	MROZEK Maciej	784		M40-49		00:00:24	00:16:16	00:27:30
458	JESIONEK Bogusław	939		M50-59		00:00:27	00:16:22	00:27:47
459	STEFAŃSKI Piotr	967		M40-49		00:00:30	00:16:12	00:27:48
460	WOLIŃSKI Józef	913		M50-59		00:00:23	00:16:31	00:27:51
461	WOWRA Robert	914		M30-39		00:00:32	00:16:22	00:27:52
462	CIEŚLA Artur	734		M30-39		00:00:26	00:15:57	00:27:58
463	SOBEK Mariusz	901		M30-39		00:00:27	00:16:24	00:28:02
464	MARON Tadeusz	633		M30-39		00:00:23	00:16:14	00:28:03
465	WICZKOWSKI Michał	827		M20-29		00:00:20	00:16:53	00:28:11
466	KOTERZYNA Janusz	859		M60-69		00:00:23	00:16:51	00:28:12
467	GUJA Bogusław	747		M60-69		00:00:12	00:16:44	00:28:13
468	MIKODA Stanisław	871		M40-49	Athletics Nysa	00:00:21	00:15:30	00:28:15
469	MORAWSKI Janusz	873		M40-49		00:00:25	00:16:35	00:28:17
470	KONOPKA Jarosław	945		M50-59		00:00:26	00:16:40	00:28:19
471	CZAPSKI Janusz	927		M40-49		00:00:29	00:16:29	00:28:23
472	MARCINIAK Artur	780		M50-59		00:00:29	00:16:27	00:28:27
473	DRĄG Rafał	847		M30-39		00:00:26	00:16:46	00:28:31
474	PAJESTKA Marek	881		M40-49	WRM MC POLAND	00:00:23	00:16:34	00:28:37
475	PIETRZYK Marek	959		M60-69		00:00:25	00:17:00	00:28:45
476	WOLIŃSKI Dariusz	912		M40-49		00:00:28	00:16:40	00:28:48
477	UKLEJA Sebastian	821		M40-49		00:00:09	00:16:42	00:28:56
478	MICUDA Jan	955		M60-69		00:00:28	00:17:01	00:28:56
479	BARTOS Grzegorz	725		M20-29		00:00:21	00:16:57	00:28:58
480	MOCHNACZ Patryk	956		M40-49		00:00:23	00:16:55	00:28:58
481	ZIMNY Ireneusz	917		M40-49		00:00:20	00:16:52	00:28:59
482	KRETEK Krzysztof	336	CE PROGRESS	M40-49		00:00:28	00:16:54	00:29:04
483	SOBIERAJ Paweł	902		M40-49		00:00:27	00:16:41	00:29:05
484	PAWŁOWSKI Rafał	958		M20-29		00:00:27	00:17:12	00:29:06
485	SŁOWIŃSKI Kamil	964		M30-39		00:00:28	00:17:16	00:29:07
486	LEJKOWSKI Sebastian	953		M30-39		00:00:30	00:17:21	00:29:08
487	STOCHNIJ Karol	905		M30-39		00:00:26	00:17:17	00:29:14
488	KRZYSTOLIK Damian	948		M30-39		00:00:26	00:17:10	00:29:15
489	FLASZ Dawid	738		M40-49		00:00:25	00:17:19	00:29:16
490	BALICKI Paweł	923		M30-39		00:00:04	00:15:50	00:29:17
491	DYL Ireneusz	736		M40-49		00:00:21	00:17:24	00:29:31

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km
492	MACHEJ Piotr	776		M20-29	MARO TEAM JASTRZĘBIE-ŻORY	00:00:09	00:16:53	00:29:41
493	POSTUPALSKI Marcin	962		M40-49		00:00:27	00:17:30	00:29:41
494	SZEFER Bartłomiej	970		M40-49		00:00:27	00:17:31	00:29:41
495	GIL Krzysztof	935		M50-59		00:00:25	00:17:34	00:29:44
496	SOSNA Daniel	966		M20-29		00:00:31	00:18:00	00:29:45
497	POŁOK Robert	801		M20-29		00:00:26	00:17:02	00:29:56
498	KRAJEWSKI Damian	946		M50-59	BIEG PO ZDRÓJ	00:00:29	00:17:42	00:30:10
499	OGRODNIK Sebastian	957		M30-39		00:00:14	00:17:26	00:30:13
500	WILMANOWICZ Rafał	975		M20-29		00:00:19	00:17:36	00:30:13
501	CHMIEL Jacek	732		M60-69		00:00:28	00:17:45	00:30:17
502	BURDA Andrzej	843		M30-39	Eko-Okna Runners	00:00:27	00:17:26	00:30:24
503	TRAWNICKI Jan	908		M60-69		00:00:25	00:17:39	00:30:40
504	SCHAB Paweł	678		M30-39		00:00:00	00:20:58	00:30:53
505	PIOTROWICZ Rysiek	960		M50-59		00:00:08	00:17:41	00:30:54
506	WIECZOREK Henryk	142		M50-59		00:00:15	00:18:32	00:31:20
507	TRAFIAŁEK Mirosław	973		M50-59		00:00:24	00:18:21	00:31:41
508	WÓJCIK Dariusz	977		M40-49		00:00:29	00:18:24	00:31:48
509	KUCZMIERCZYK Janusz	951		M70+		00:00:28	00:18:44	00:31:58
510	LIZAK Adam	773		M40-49	Niesłony Lizak	00:00:28	00:18:39	00:32:24
511	KUCHARCZYK Marek	950		M50-59		00:00:35	00:18:09	00:32:33
512	KUBAS Mariusz	949		M40-49	Klub Biegacza Fartlek	00:00:30	00:18:58	00:32:50
513	KOŁODZIEJCZAK Damian	943		M40-49		00:00:14	00:19:15	00:33:02
514	WARDACH Tomasz	825		M30-39		00:00:26	00:19:07	00:33:04
515	PIOTROWSKI Mieczysław	961		M70+		00:00:16	00:19:41	00:33:35
516	FOJCIK Piotr	932		M50-59		00:00:32	00:16:19	00:35:03
517	ORŁOWSKI Grzegorz	646		M40-49		00:00:06	00:31:14	00:40:06
518	WOJCIECHOWSKI Marcin	833		M30-39	Radlinioki w biegu	00:00:01	00:31:22	00:40:11
519	WIEŁOPOLSKI Michał	532		M16-19		00:00:09	00:32:16	00:41:02
520	DANIKIEWICZ Michał	432		M30-39	Rozbiegamy To Miasto - Czechowice-Dziedzice	00:00:13	00:32:28	00:41:24
521	MAJKA Tomasz	777		M30-39	KB MCKIS Jaworzno	00:00:20	00:34:53	00:44:07
522	KURTO Grzegorz	621		M40-49		00:00:08	00:34:45	00:44:13
523	FILUSZ Dawid	737		M20-29	STUDIO ENERGIA TEAM RYBNIK	00:00:19	00:35:05	00:44:59
524	GAWLAS Jan	739		M50-59		00:00:18	00:36:02	00:45:58
525	TRZECIAK Krzysztof	696		M40-49		00:00:23	00:35:59	00:46:00
526	GIBAS Damian	852		M20-29		00:00:14	00:39:46	00:51:42
527	POŁOMSKI Grzegorz	503		M30-39		00:00:00		
528	URBAŚ Roman	530		M40-49		00:00:00	00:13:37	
529	KONCKI Ryszard	944		M70+		00:00:33		

Total 529 results.