

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Event: Jastrzębska Dziesiątka 2019
Organiser: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Date: 2019-09-21
Place: Jastrzębie-Zdrój
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: Najlepszy Górnik

Split point: 9,4 km

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km	7.3km	9.4km
1	MRÓWKA Mateusz	350		M20-29	Biegacze	00:00:00	00:08:45	00:14:56	00:22:11	00:28:38
2	KNESZ Marek	460		M50-59		00:00:01	00:10:39	00:18:09	00:27:02	00:34:36
3	OSETEK Paweł	392		M30-39	Radlinioki w biegu	00:00:01	00:10:45	00:18:36	00:27:26	00:35:07
4	GIŻYŃSKI Damian	366		M30-39	GB Galopujące Ślimaki	00:00:02	00:11:16	00:18:57	00:27:44	00:35:11
5	KAŁUŻNY Adam	372		M30-39	SOCIOS SILESIA	00:00:02	00:10:47	00:18:28	00:27:27	00:35:14
6	MENCEWICZ Paweł	484		M40-49	FORMA Wodzisław Śląski	00:00:02	00:11:17	00:19:12	00:28:22	00:36:20
7	SAMBAK Tadeusz	399		M50-59	Zadyszka Oświęcim	00:00:03	00:11:27	00:19:15	00:28:21	00:36:23
8	ALBRECHT Arkadiusz	354		M40-49	Galopujące Ślimaki	00:00:05	00:11:30	00:19:30	00:28:43	00:36:42
9	STUCHLIK Marek	520		M30-39	Aktywna Pszczyna Runners Team	00:00:04	00:11:35	00:19:39	00:29:01	00:37:00
10	BRYŁA Rafał	427		M30-39	Klub Biegacza Fartlek	00:00:05	00:11:48	00:20:02	00:29:27	00:37:29
11	MEREDYK Adrian	387		M30-39		00:00:02	00:11:17	00:19:26	00:29:05	00:37:30
12	SPYRKA Piotr	518		M30-39	Klub Biegacza Fartlek	00:00:05	00:11:46	00:20:01	00:29:50	00:38:11
13	SIEGMUND Tadeusz	679		M40-49	Klub Biegacza MOSiR Jastrzębie	00:00:02	00:12:01	00:20:21	00:30:09	00:38:31
14	ADAMCZEWSKI Waldemar	543		M50-59	Klub Biegacza Fartlek	00:00:06	00:12:07	00:20:29	00:30:13	00:38:34
15	RESPONDEK Leszek	673		M30-39		00:00:08	00:12:09	00:20:30	00:30:13	00:38:38
16	WRZECIONKOWSKI Adrian	536		M30-39		00:00:10	00:12:12	00:20:38	00:30:26	00:38:47
17	MAJ Przemysław	476		M30-39	Klub Biegacza Fartlek	00:00:07	00:12:16	00:20:42	00:30:24	00:38:48
18	KUŚ Tomasz	466		M30-39		00:00:12	00:12:20	00:20:48	00:30:39	00:39:11
19	PRZYBYŁA Tadeusz	805		M30-39		00:00:07	00:12:24	00:21:00	00:30:59	00:39:25
20	KUNINA Paweł	465		M40-49		00:00:03	00:12:40	00:21:43	00:31:27	00:39:44
21	RUCIŃSKI Krzysztof	676		M40-49		00:00:07	00:12:00	00:20:50	00:31:09	00:39:49
22	GADAJ Grzegorz	439		M30-39		00:00:04	00:12:00	00:20:39	00:31:00	00:39:52
23	LAZAR Damian	624		M30-39		00:00:17	00:12:40	00:21:17	00:31:22	00:40:05
24	LEŚNIAK Krzysztof	469		M40-49	Radlinioki w biegu	00:00:15	00:12:45	00:21:31	00:31:45	00:40:18
25	GRZONKA Andrzej	446		M40-49	Galopujące Ślimaki	00:00:02	00:12:01	00:20:57	00:31:31	00:40:28
26	SZKATUŁA Henryk	688		M50-59	Koszulka Hynia	00:00:03	00:12:18	00:21:04	00:31:35	00:40:35
27	JĘDRZEJAK Piotr	596		M40-49		00:00:12	00:12:40	00:21:36	00:32:04	00:41:07
28	PRZYBYSZ Ryszard	667		M50-59		00:00:14	00:12:40	00:21:40	00:32:12	00:41:17
29	ZIĘTARA Paweł	717		M50-59		00:00:08	00:13:05	00:22:10	00:32:54	00:41:53
30	NYKIEL Mariusz	492		M30-39	SOCIOS SILESIA	00:00:00	00:10:46	00:20:39	00:32:36	00:42:27
31	KACZMAREK Jacek	453		M30-39	GRUBIORZE LOTAJOM	00:00:12	00:13:27	00:22:38	00:33:28	00:42:37

Place	Participant	Number	Club	Category	Drużyna	Start time	2.9km	5km	7.3km	9.4km
32	PIŁATOWSKI Mirosław	660		M50-59	Klub Biegacza MOSiR Jastrzębie	00:00:03	00:12:56	00:22:11	00:33:17	00:42:41
33	KUŚ Dawid	623		M30-39		00:00:05	00:13:20	00:22:29	00:33:20	00:42:44
34	FROSZTĘGA Daniel	574		M30-39		00:00:19	00:13:24	00:22:32	00:33:26	00:42:47
35	BAKOWSKI Michał	547		M30-39		00:00:17	00:13:34	00:22:55	00:33:42	00:42:59
36	CHROBOK Michał	561		M30-39	RunPatola	00:00:16	00:13:31	00:22:50	00:33:42	00:43:02
37	ONAK Paweł	645		M30-39		00:00:20	00:13:13	00:22:38	00:33:42	00:43:05
38	MALIK Rafał	385		M30-39		00:00:04	00:13:03	00:22:14	00:33:34	00:43:10
39	PIECZARA Błażej	657		M40-49	KB MCKIS Jaworzno	00:00:06	00:13:35	00:23:05	00:34:08	00:43:19
40	WALA Marek	823		M40-49		00:00:20	00:14:01	00:23:21	00:34:15	00:43:30
41	PIETRASZ Krzysztof	658		M30-39		00:00:17	00:13:30	00:22:49	00:34:02	00:43:58
42	URBASIK Mariusz	700		M50-59		00:00:10	00:13:42	00:23:13	00:34:27	00:44:02
43	BURAS Roman	555		M50-59		00:00:25	00:14:58	00:24:32	00:35:24	00:44:06
44	MOTOWIDŁO Tomasz	638		M40-49		00:00:10	00:13:25	00:23:02	00:34:36	00:44:07
45	POJDA Grzegorz	664		M40-49		00:00:15	00:13:28	00:23:03	00:34:35	00:44:23
46	URBASIK Daniel	909		M30-39		00:00:27	00:14:21	00:24:08	00:34:57	00:44:23
47	PERLIKOWSKI Kamil	885		M20-29		00:00:09	00:14:05	00:23:43	00:35:00	00:44:28
48	WANDZEL Tomasz	824		M30-39		00:00:13	00:14:03	00:23:38	00:34:51	00:44:31
49	BYSTRYKOWSKI Marcin	558		M40-49	Klub Biegacza Fartlek	00:00:13	00:13:41	00:23:18	00:34:40	00:44:35
50	MARON Tomasz	479		M30-39	Klub Biegacza MOSiR Jastrzębie	00:00:23	00:14:06	00:23:33	00:34:55	00:44:43
51	GORZELAK Zbigniew	515		M40-49		00:00:12	00:14:28	00:24:13	00:35:43	00:44:52
52	KAMIŃSKI Zbigniew	599		M30-39		00:00:13	00:14:12	00:24:01	00:35:18	00:44:52
53	SZYMAŃSKI Piotr	690		M40-49		00:00:11	00:13:41	00:23:23	00:35:01	00:44:55
54	MARCHEWKA Bartosz	632		M30-39		00:00:11	00:13:58	00:23:45	00:35:19	00:45:06
55	JASIŃSKI Maksymilian	592		M50-59	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:14:07	00:23:57	00:35:35	00:45:18
56	GAŁKIEWICZ Michał	577		M40-49		00:00:09	00:14:22	00:24:10	00:35:38	00:45:21
57	WASILEWSKI Mateusz	702		M20-29		00:00:05	00:13:20	00:23:25	00:35:36	00:45:27
58	PETRYKOWSKI Grzegorz	654		M50-59		00:00:09	00:14:10	00:24:00	00:35:43	00:45:31
59	PRZYBYŁA Tomasz	806		M40-49		00:00:07	00:14:03	00:24:10	00:35:52	00:45:34
60	FOKS Marcin	573		M30-39		00:00:12	00:13:41	00:23:44	00:35:32	00:45:42
61	PARTYKA Karol	794		M30-39		00:00:13	00:13:59	00:23:48	00:35:43	00:45:48
62	BRAUNER Wojciech	552		M30-39		00:00:21	00:14:34	00:24:33	00:36:09	00:45:57
63	ŻALIŃSKI Zbigniew	835		M50-59		00:00:17	00:14:33	00:24:33	00:36:12	00:46:05
64	HEJNA Artur	856		M40-49	Radlinioki w biegu	00:00:17	00:14:20	00:24:24	00:36:15	00:46:10
65	BURNAGIEL Tomasz	556		M50-59		00:00:14	00:14:57	00:25:11	00:36:56	00:46:21
66	CHOLAJDA Roman	733		M40-49		00:00:22	00:15:11	00:25:29	00:37:34	00:47:42
67	JĘDRYKA Sebastian	595		M40-49		00:00:16	00:13:30	00:23:49	00:36:37	00:47:45
68	JANCZUKOWICZ Łukasz	750		M30-39		00:00:27	00:15:58	00:26:18	00:38:18	00:48:04
69	KRÓLIK Arkadiusz	768		M40-49	MARO TEAM JASTRZĘBIE-ŻORY	00:00:22	00:15:12	00:25:49	00:38:09	00:48:42
70	BIELICH Adrian	728		M30-39	Alkoteam Rybnik	00:00:07	00:14:57	00:26:02	00:39:28	00:50:03
71	SLADECZEK Jarek	896		M40-49		00:00:27	00:15:10	00:26:09	00:39:29	00:50:18
72	JASZCZYK Łukasz	937		M30-39		00:00:18	00:15:14	00:26:02	00:38:59	00:50:32
73	PIÓR Krzysztof	798		M40-49		00:00:16	00:15:28	00:26:35	00:39:52	00:50:55
74	METLAK Piotr	980		M40-49		00:00:00	00:14:55	00:26:18	00:39:43	00:50:58
75	ZMUDA Dariusz	918		M40-49		00:00:25	00:16:14	00:27:25	00:40:10	00:51:10
76	KUŚKA Tadeusz	952		M30-39		00:00:29	00:15:45	00:26:57	00:40:12	00:51:35
77	KUBIENIEC Grzegorz	769		M40-49		00:00:20	00:15:50	00:27:05	00:40:27	00:51:45

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78	JESIONEK Bogusław	939		M50-59		00:00:27	00:16:22	00:27:47	00:41:08	00:52:08
79	KONOPKA Jarosław	945		M50-59		00:00:26	00:16:40	00:28:19	00:41:24	00:52:23
80	PAJĄK Marcin	791		M20-29		00:00:17	00:15:35	00:26:59	00:40:54	00:52:36
81	JELEŃ Michał	938		M20-29		00:00:14	00:14:57	00:26:22	00:40:28	00:53:05
82	FLASZ Dawid	738		M40-49		00:00:25	00:17:19	00:29:16	00:43:02	00:54:27
83	MARON Tadeusz	633		M30-39		00:00:23	00:16:14	00:28:03	00:41:47	00:54:35
84	LEJKOWSKI Sebastian	953		M30-39		00:00:30	00:17:21	00:29:08	00:42:55	00:54:37
85	SOBEK Mariusz	901		M30-39		00:00:27	00:16:24	00:28:02	00:42:18	00:54:46
86	POSTUPALSKI Marcin	962		M40-49		00:00:27	00:17:30	00:29:41	00:44:03	00:55:59
87	KUCZMIERCZYK Janusz	951		M70+		00:00:28	00:18:44	00:31:58	00:47:35	01:00:50
88	WOJCIECHOWSKI Marcin	833		M30-39	Radlinioki w biegu	00:00:01	00:31:22	00:40:11		

Total 88 results.