

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie:

Jastrzębska Dziesiątka 2019

Organizator:

Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

Data:

2019-09-21

Miejsce:

Jastrzębie-Zdrój

Dystans:

10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Półmetek K

Punkt pomiarowy: 9,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
1	MBATHA Ruth Nundu	985		K20-29		00:00:00	00:09:54	00:16:51	00:24:57	00:32:02
2	MACH Angelika	2		K20-29	1 Second Team	00:00:00	00:10:08	00:17:17	00:25:45	00:33:19
3	BRONIATOWSKA Katarzyna	1		K20-29		00:00:00	00:09:58	00:17:21	00:26:02	00:33:35
4	GOLBA Kasia	6		K30-39	1 Second Team	00:00:01	00:10:40	00:18:11	00:26:44	00:34:15
5	MICHALAK Sandra	7		K30-39	Biegacze	00:00:00	00:10:41	00:18:13	00:26:53	00:34:30
6	ŚLĘZAK Sylwia	4		K20-29	1 Second Team	00:00:01	00:10:48	00:18:40	00:28:09	00:36:43
7	GRIMAN Joanna	17		K30-39		00:00:01	00:11:27	00:19:30	00:28:54	00:36:57
8	PATAS Magdalena	12		K20-29	FORMA Wodzisław Śląski	00:00:01	00:11:16	00:19:21	00:28:52	00:37:03
9	MENDECKA-ZEJDLER Michalina	8		K20-29	1 Second Team	00:00:01	00:11:25	00:19:34	00:29:06	00:37:21
10	GAJ Paulina	10		K20-29	KB MCKIS Jaworzno	00:00:00	00:11:52	00:20:04	00:29:43	00:37:59
11	LASKOWSKA Katarzyna	21		K40-49	Inżynieria biegania Team	00:00:02	00:12:07	00:20:33	00:30:12	00:38:31
12	DYBCZYŃSKA Jadwiga	16		K30-39	Biegający w Brennej	00:00:02	00:11:51	00:20:08	00:30:09	00:38:38
13	MENDECKA Daria	11		K20-29	1 Second Team	00:00:00	00:11:51	00:20:20	00:30:11	00:38:51
14	STOLORZ Katarzyna	55		K30-39	Inżynieria biegania Team	00:00:04	00:12:31	00:21:01	00:30:50	00:39:18
15	MROWIEC Kinga	44		K16-19		00:00:02	00:12:35	00:21:23	00:31:09	00:39:23
16	CHROMIK Julia	15		K16-19		00:00:01	00:12:01	00:20:36	00:30:52	00:39:53
17	RENCZ Małgorzata	29		K40-49		00:00:01	00:12:07	00:20:46	00:31:08	00:39:54
18	JANKO Anna	18		K20-29	Niewybiegani	00:00:02	00:12:44	00:21:28	00:31:33	00:40:08
19	MALINA Michalina	9		K16-19		00:00:01	00:12:10	00:21:02	00:31:24	00:40:18
20	BIELIŃSKA Monika	13		K30-39		00:00:02	00:12:15	00:21:10	00:31:47	00:40:55
21	PACAK Dominika	26		K30-39	Klub Biegam Bo Lubię Racibórz	00:00:03	00:12:58	00:21:52	00:32:19	00:41:12
22	KANCLERZ-JANUSZEWSKA Katarzyna	19		K50-59	Kobiety na 5+	00:00:02	00:12:42	00:21:43	00:32:17	00:41:30
23	BODNAR Anna	14		K30-39	Endure team	00:00:02	00:13:18	00:22:46	00:33:41	00:43:04
24	WOJNAROWICZ Iza	56		K20-29		00:00:02	00:13:12	00:22:45	00:33:54	00:43:28
25	KARLIK-KAŁUSEK Agnieszka	77		K30-39		00:00:04	00:13:33	00:23:06	00:34:10	00:43:44
26	PIWISZKIS Barbara	28		K30-39	Kobiety na 5+	00:00:01	00:13:03	00:22:44	00:34:14	00:43:57
27	JURASZEK Elzbieta	76		K30-39		00:00:02	00:13:57	00:23:37	00:34:43	00:44:06
28	PAPUGA Iwona	46		K50-59	Zadyszka Oświęcim	00:00:05	00:13:42	00:23:29	00:34:49	00:44:21
29	KOPIEC Izabela	36		K30-39	Koszułka Hynia	00:00:01	00:13:52	00:23:30	00:34:54	00:44:44
30	MENŻYK Joanna	43		K40-49	Mors Hubertus Mysłowice	00:00:03	00:13:54	00:23:36	00:35:08	00:44:58
31	KOŹMIENKO Beata	37		K30-39	KB MCKIS Jaworzno	00:00:02	00:13:43	00:23:41	00:35:13	00:45:01

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
32	STUCHLIK Magdalena	105		K30-39	Aktywna Pszczyna Runners Team	00:00:02	00:14:18	00:24:05	00:35:23	00:45:04
33	WOWRY Sylwia	108		K30-39	Olza Cieszyn	00:00:03	00:13:57	00:23:40	00:35:14	00:45:19
34	KONDZIELNIK Magdalena	81		K40-49		00:00:05	00:14:18	00:24:08	00:35:36	00:45:24
35	ZAJĄC Anna	109		K30-39		00:00:01	00:14:16	00:24:06	00:35:54	00:45:27
36	MACHAJSKA Patrycja	41		K20-29		00:00:02	00:13:49	00:23:54	00:35:36	00:45:33
37	SIKORA Magdalena	177		K30-39		00:00:06	00:14:10	00:24:02	00:35:48	00:45:41
38	CIEZAK-RAUSZER Magdalena	63		K30-39	KB MCKIS Jaworzno	00:00:05	00:14:21	00:24:17	00:35:50	00:45:44
39	MAZUREK Anna	92		K30-39		00:00:06	00:14:01	00:23:59	00:35:42	00:45:46
40	LORENZ Agnieszka	87		K40-49	Galopujące Ślimaki	00:00:05	00:14:25	00:24:16	00:35:54	00:45:53
41	PAWŁOK Anna	47		K30-39		00:00:02	00:14:27	00:24:20	00:36:09	00:46:05
42	SIKORA Alicja	53		K60-69		00:00:02	00:14:26	00:24:23	00:36:07	00:46:07
43	DOMAGAŁA Kornelia	64		K30-39		00:00:03	00:14:13	00:24:09	00:36:04	00:46:18
44	WOJAKOWSKA Katarzyna	31		K40-49		00:00:02	00:14:27	00:24:38	00:36:24	00:46:28
45	LEISZNER Izabela	38		K30-39		00:00:01	00:14:09	00:24:16	00:36:18	00:46:41
46	LERCH Bożena	86		K30-39	RUNTEAM Pawłowice	00:00:05	00:14:31	00:24:43	00:36:32	00:46:41
47	HARAZIN Anna	35		K20-29		00:00:05	00:14:34	00:24:46	00:36:45	00:46:49
48	WÓJCIK-KRZYŻOWSKA Barbara	198		K30-39	GB Galopujące Ślimaki	00:00:06	00:14:43	00:24:52	00:36:51	00:47:04
49	BRZOZOWSKA Teresa	60		K50-59	KB MCKIS Jaworzno	00:00:06	00:15:23	00:25:28	00:37:15	00:47:07
50	ZELENT Karolina	201		K20-29		00:00:10	00:14:33	00:24:41	00:36:46	00:47:07
51	FLASZ Anna	66		K30-39		00:00:03	00:14:21	00:24:37	00:36:42	00:47:10
52	BORKOWSKA Paulina	59		K30-39	ZS6 Sobieski	00:00:09	00:15:06	00:25:22	00:37:17	00:47:11
53	BUDKA Agata	61		K40-49	KB MCKIS Jaworzno	00:00:02	00:14:38	00:25:02	00:37:10	00:47:12
54	JAKUBOWSKA Małgorzata	134		K30-39		00:00:06	00:14:52	00:25:18	00:37:28	00:47:31
55	KAZIMIERCZUK Monika	78		K30-39		00:00:05	00:15:23	00:25:26	00:37:30	00:47:33
56	GNAŚ Anna	71		K30-39	Kobiety na 5+	00:00:03	00:14:40	00:25:05	00:37:29	00:47:58
57	GWIZDAŁA Joanna	129		K30-39		00:00:09	00:15:13	00:25:27	00:37:34	00:47:59
58	HELIOSZ Agnieszka	72		K40-49	Koszulka Hynia	00:00:01	00:14:38	00:25:00	00:37:26	00:48:04
59	SOLICH Ola	104		K30-39		00:00:04	00:14:45	00:24:59	00:37:25	00:48:06
60	ZHABOTYNSKA Marina	202		K30-39	FitAquaMarin	00:00:02	00:14:43	00:25:09	00:37:32	00:48:09
61	MAREK-WRÓBEL Edyta	90		K60-69		00:00:05	00:15:04	00:25:25	00:37:46	00:48:21
62	MALIK Alicja	89		K20-29		00:00:04	00:15:10	00:25:44	00:38:05	00:48:44
63	SICH-ŚWITAŁA Małgorzata	52		K40-49	Koszulka Hynia	00:00:02	00:15:26	00:25:57	00:38:19	00:48:45
64	CANIBOŁ Anna	32		K20-29	RUNTEAM Pawłowice	00:00:06	00:15:09	00:25:29	00:38:03	00:48:45
65	NOWAK Agnieszka	96		K30-39	KB MCKIS Jaworzno	00:00:07	00:14:57	00:25:27	00:38:27	00:48:47
66	KIPPING Magdalena	140		K40-49		00:00:13	00:15:23	00:26:05	00:38:20	00:48:54
67	RUTYNA Jennifer	175		K20-29	Eko-Okna Runners	00:00:07	00:14:49	00:25:08	00:37:45	00:49:01
68	PROKOP Elżbieta	168		K50-59		00:00:09	00:15:42	00:26:13	00:38:44	00:49:07
69	PASŁAWSKA Katarzyna	795		K40-49	Kobiety na 5+	00:00:03	00:14:55	00:25:21	00:38:18	00:49:15
70	KRAUSE Sylwia	82		K40-49	Radlinioki w biegu	00:00:11	00:15:59	00:26:42	00:38:57	00:49:25
71	KIELKOWSKA Maria	79		K30-39	Aktywna Pszczyna Runners Team	00:00:04	00:15:19	00:25:53	00:38:36	00:49:26
72	POPEK Barbara	49		K40-49	ZS6 Sobieski	00:00:06	00:15:14	00:26:01	00:38:45	00:49:30
73	CHROBOK Józefa	114		K40-49	Olza Cieszyn	00:00:06	00:15:18	00:25:59	00:38:43	00:49:36
74	GORZELAK Joanna	125		K30-39	Kobiety na 5+	00:00:03	00:15:20	00:26:08	00:38:43	00:49:39
75	STOCHNIJ Katarzyna	183		K30-39		00:00:09	00:15:51	00:26:28	00:39:02	00:49:40
76	STACHAŃCZYK Dorota	306		K40-49		00:00:15	00:16:07	00:26:43	00:39:26	00:49:41
77	SPYRKA Monika	305		K20-29	Klub Biegacza Fartlek	00:00:03	00:15:18	00:26:09	00:38:57	00:49:42

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
78	KLEJNOWSKA Katarzyna	80		K30-39	SOCIOS SILESIA	00:00:04	00:14:47	00:25:38	00:38:57	00:49:46
79	OBROK Marta	164		K40-49		00:00:04	00:15:11	00:25:52	00:38:36	00:49:46
80	DURAJ Magdalena	119		K30-39		00:00:13	00:15:24	00:26:05	00:38:42	00:49:52
81	PAJESTKA Katarzyna	97		K40-49	WRM MC POLAND	00:00:04	00:15:32	00:26:23	00:39:02	00:49:55
82	PYTEL Renata	100		K50-59		00:00:05	00:15:24	00:26:12	00:38:59	00:49:55
83	BURAKOWSKA Małgorzata	62		K40-49	Zabiegani Nauczyciele	00:00:03	00:15:36	00:26:27	00:39:22	00:50:13
84	LYSKO Agnieszka	88		K30-39		00:00:09	00:15:57	00:26:58	00:39:40	00:50:15
85	BOROWSKA Aneta	215		K30-39		00:00:08	00:16:06	00:27:02	00:39:40	00:50:24
86	ŁATKA Dorota	264		K40-49		00:00:11	00:15:35	00:26:27	00:39:43	00:51:03
87	GATNER Agnieszka	237		K40-49		00:00:02	00:15:02	00:25:55	00:39:49	00:51:04
88	RYBKA Sonia	297		K30-39		00:00:09	00:15:40	00:26:48	00:40:09	00:51:11
89	HERUD Magdalena	73		K30-39		00:00:07	00:15:32	00:27:01	00:40:11	00:51:12
90	PRZYBYSZ Kinga	170		K20-29		00:00:09	00:16:14	00:27:18	00:40:13	00:51:12
91	LIPKA Edyta	39		K30-39		00:00:04	00:15:33	00:26:40	00:39:48	00:51:17
92	MARCZAK-OLEJNICZAK Anna	154		K30-39		00:00:12	00:15:53	00:26:43	00:40:04	00:51:19
93	MRÓGAŁA Ewa	158		K30-39		00:00:11	00:16:14	00:27:20	00:40:18	00:51:21
94	DĄBROWSKA Emilia	33		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:14	00:27:16	00:40:20	00:51:25
95	KIEŁKOWSKA Agnieszka	138		K40-49	Kobiety na 5+	00:00:03	00:16:08	00:27:15	00:40:17	00:51:26
96	DONOCIK Bogusława	230		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:46	00:40:37	00:51:27
97	BRZUSKA Kasia	113		K40-49	Olza Cieszyn	00:00:12	00:16:32	00:27:44	00:40:33	00:51:28
98	MALINOWSKA Aneta	153		K40-49	Olza Cieszyn	00:00:12	00:16:43	00:27:44	00:40:40	00:51:28
99	URBAINSKA Ilona	190		K30-39		00:00:07	00:15:42	00:27:21	00:40:40	00:51:31
100	NALEWAJKA Wioleta	45		K40-49	Kobiety na 5+	00:00:05	00:16:06	00:27:18	00:40:23	00:51:35
101	MUSIAŁ Maria	159		K50-59		00:00:07	00:15:52	00:27:00	00:40:25	00:51:35
102	GÓRA Marta	126		K30-39		00:00:10	00:15:49	00:26:58	00:40:19	00:51:35
103	GENSTY Klaudia	69		K40-49	Dystans Lubomia	00:00:14	00:16:22	00:27:31	00:40:34	00:51:35
104	JĘDRYKA Patrycja	246		K30-39		00:00:12	00:16:55	00:27:40	00:40:28	00:51:36
105	CHYTROSZEK Eleonora	115		K40-49		00:00:14	00:15:57	00:27:10	00:40:30	00:51:38
106	PRZESÓR Barbara	169		K30-39	Zadyszka Oświęcim	00:00:06	00:15:53	00:27:02	00:40:25	00:51:46
107	SZOZDA Teresa	313		K50-59		00:00:13	00:16:16	00:27:21	00:40:27	00:51:47
108	GOJOWY Marlena	242		K20-29		00:00:14	00:15:49	00:27:00	00:40:22	00:51:52
109	DOMAŃSKA Joanna	229		K30-39		00:00:14	00:15:49	00:27:00	00:40:23	00:51:53
110	RAŻNIAK Beata	171		K40-49	Kobiety na 5+	00:00:03	00:16:06	00:27:21	00:40:36	00:52:07
111	JURKIEWICZ-FILIKS Basia	248		K40-49		00:00:12	00:16:50	00:28:00	00:41:01	00:52:10
112	CZOPEK Agnieszka	116		K40-49	KB MCKIS Jaworzno	00:00:05	00:15:42	00:27:03	00:40:47	00:52:12
113	PIECYK Ada	286		K40-49		00:00:08	00:15:42	00:26:54	00:40:47	00:52:13
114	MELER Ewelina	155		K30-39		00:00:02	00:15:48	00:27:02	00:40:54	00:52:24
115	LERCH Ewa	149		K20-29	RUNTEAM Pawłowice	00:00:11	00:16:18	00:27:19	00:40:20	00:52:25
116	LERCH Maria	148		K30-39	RUNTEAM Pawłowice	00:00:09	00:15:21	00:26:34	00:40:29	00:52:32
117	JAGODZIŃSKA Magdalena	133		K30-39		00:00:14	00:15:41	00:27:01	00:40:57	00:52:36
118	KWAŚNY Ewa	259		K40-49		00:00:12	00:16:20	00:27:49	00:41:10	00:52:37
119	DĄBROWSKA-PALUCH Anna	227		K30-39		00:00:15	00:17:13	00:28:43	00:41:55	00:52:39
120	GAŁKIEWICZ Monika	236		K40-49		00:00:07	00:15:54	00:27:12	00:40:53	00:52:43
121	NIESŁAŃCZYK Barbara	163		K30-39	Bziegacze	00:00:07	00:16:07	00:27:31	00:41:02	00:52:46
122	WILSZ Ewa	196		K40-49		00:00:09	00:16:29	00:27:59	00:41:34	00:53:01
123	MALISZEWSKA Beata	268		K30-39		00:00:07	00:16:24	00:28:26	00:42:01	00:53:04

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
124	MROZEK Aleksandra	157		K20-29		00:00:09	00:15:06	00:26:55	00:41:28	00:53:06
125	ZAKRZEWSKA Sabina	200		K30-39		00:00:11	00:16:10	00:27:54	00:41:46	00:53:07
126	DANKIEWICZ Magdalena	117		K16-19	RUNTEAM Pawłowice	00:00:07	00:15:52	00:27:15	00:40:57	00:53:08
127	PŁASKA Barbara	288		K40-49	Kobiety na 5+	00:00:03	00:16:04	00:27:30	00:41:21	00:53:11
128	MANDERA Patrycja	42		K16-19		00:00:07	00:16:20	00:27:51	00:41:31	00:53:13
129	WACHTARCZYK Dominika	320		K20-29		00:00:15	00:16:40	00:28:19	00:42:01	00:53:15
130	PAŃTAK Liwia	284		K20-29		00:00:12	00:17:03	00:28:28	00:42:01	00:53:19
131	GAWEŁCZYK Marta	124		K30-39	CE PROGRESS	00:00:12	00:17:03	00:28:28	00:42:01	00:53:19
132	KAFKA Magdalena	137		K30-39	CE PROGRESS	00:00:11	00:17:04	00:28:29	00:42:02	00:53:20
133	TROJSZCZAK Joanna	318		K40-49		00:00:02	00:16:00	00:27:27	00:41:17	00:53:27
134	FOJCIK Katarzyna	67		K20-29	Yno Ultra	00:00:05	00:16:02	00:27:51	00:42:05	00:53:29
135	SZOJDA Paulina	186		K30-39		00:00:12	00:16:23	00:27:56	00:41:49	00:53:32
136	MISZCZAK Katarzyna	156		K40-49		00:00:14	00:16:45	00:28:29	00:42:12	00:53:32
137	DOBRENIUK Aurelia	118		K40-49		00:00:09	00:16:15	00:27:51	00:41:45	00:53:33
138	PROKURAT Agnieszka	293		K30-39		00:00:02	00:16:00	00:28:08	00:41:46	00:53:35
139	ZAGÓRSKA Ania	328		K30-39		00:00:12	00:16:48	00:28:37	00:42:05	00:53:37
140	NOWAK Magdalena	278		K30-39		00:00:08	00:16:49	00:28:22	00:42:03	00:53:42
141	CIEŚLAR Ewa	222		K30-39		00:00:12	00:16:29	00:27:58	00:41:45	00:53:48
142	DOBRA SZ Basia	228		K30-39		00:00:14	00:17:20	00:28:57	00:42:22	00:53:48
143	HYŁA Aleksandra	132		K20-29		00:00:08	00:16:41	00:28:07	00:41:59	00:53:58
144	ADAMIAK Edyta	110		K40-49		00:00:05	00:16:29	00:28:06	00:42:09	00:54:04
145	BAJCAR Beata	206		K40-49	Kobiety na 5+	00:00:04	00:16:44	00:28:26	00:42:23	00:54:14
146	CZARNOWSKA Beata	224		K40-49		00:00:09	00:17:09	00:29:17	00:42:57	00:54:14
147	ĆWIOK Barbara	226		K40-49		00:00:10	00:16:41	00:28:31	00:42:19	00:54:17
148	PIECHOCKA Jadwiga	285		K40-49		00:00:15	00:17:13	00:28:45	00:42:35	00:54:18
149	FRAJHOFER Ewa	68		K30-39	Bank Spółdzielczy Jastrzębie	00:00:11	00:16:19	00:28:06	00:42:13	00:54:19
150	BOŚ Natalia	216		K30-39	KB MCKIS Jaworzno	00:00:07	00:16:59	00:28:36	00:42:28	00:54:24
150	CHOLAJDA Monika	220		K30-39		00:00:12	00:16:53	00:28:34	00:42:32	00:54:25
152	SIENIAWSKA Janina	300		K60-69		00:00:05	00:16:43	00:28:28	00:42:18	00:54:26
153	KOSOWSKA Grażyna	254		K50-59		00:00:05	00:16:47	00:28:40	00:42:30	00:54:27
154	HEJNA Izabela	243		K40-49	Radlinioki w biegu	00:00:11	00:17:29	00:29:06	00:42:54	00:54:29
155	JESIONEK Małgorzata	136		K30-39		00:00:13	00:16:58	00:28:39	00:42:39	00:54:41
156	NICER-OSIEWACZ Monika	161		K20-29		00:00:08	00:17:30	00:29:12	00:43:06	00:54:45
157	KUBICA Patrycja	84		K30-39	Olza Cieszyn	00:00:07	00:16:50	00:28:41	00:43:06	00:54:50
158	KOŁAK Alicja	252		K30-39		00:00:14	00:17:09	00:28:50	00:42:41	00:54:52
159	SAWICKA Agnieszka	298		K40-49	Klub Biegacza Fartlek	00:00:09	00:16:58	00:28:52	00:43:03	00:54:54
160	LACHOWICZ Izabela	260		K20-29		00:00:10	00:16:17	00:28:00	00:42:26	00:54:56
161	KRAUZ Sandra	146		K30-39		00:00:09	00:16:43	00:28:30	00:42:42	00:55:13
162	SITKO Dagmara	302		K30-39		00:00:15	00:17:17	00:29:07	00:43:16	00:55:13
163	SZEFER Sylwia	312		K40-49		00:00:14	00:17:15	00:29:20	00:43:18	00:55:14
164	SZYMURA Monika	314		K20-29		00:00:13	00:16:46	00:28:54	00:43:27	00:55:16
165	ŻEBROWSKA Matylda	333		K40-49		00:00:13	00:17:02	00:29:16	00:43:28	00:55:26
166	ŚLEZIAK Paulina	316		K16-19		00:00:13	00:17:32	00:29:25	00:43:30	00:55:29
167	GIERON Syntia	70		K20-29		00:00:10	00:16:59	00:28:58	00:43:11	00:55:32
168	STOPYRA Agnieszka	184		K40-49		00:00:08	00:17:25	00:29:26	00:43:40	00:55:37
169	TRZCIŃSKA Joanna	189		K20-29	Kobiety na 5+	00:00:03	00:16:49	00:29:07	00:43:46	00:55:38

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
170	SUBIK Edyta	106		K30-39		00:00:06	00:16:04	00:28:30	00:43:05	00:55:39
171	ROZMUS Ewa	174		K40-49	PoWoli do Celu	00:00:10	00:17:29	00:29:20	00:43:32	00:55:39
172	HANDY Samanta	34		K30-39	PoWoli do Celu	00:00:10	00:17:29	00:29:21	00:43:32	00:55:39
173	MUSIOŁ Helena	94		K40-49		00:00:11	00:16:55	00:29:01	00:43:21	00:55:39
174	KUKLA Agata	258		K30-39	PoWoli do Celu	00:00:11	00:17:28	00:29:20	00:43:31	00:55:40
175	JAKUBOWSKA Agnieszka	245		K40-49	HRmax Żory	00:00:08	00:17:26	00:29:32	00:43:45	00:55:42
176	OSTROWSKA Izabela	281		K40-49	Kobiety na 5+	00:00:03	00:16:47	00:29:01	00:43:36	00:55:49
177	WIŚNIEWSKA Justyna	323		K30-39	Kobiety na 5+	00:00:04	00:16:47	00:29:00	00:43:27	00:55:54
178	HETMANIOK Agnieszka	131		K20-29		00:00:06	00:16:56	00:29:20	00:44:06	00:55:54
179	LISZOK Iwona	262		K30-39		00:00:09	00:17:09	00:29:18	00:43:39	00:55:58
180	GAŃKO Grażyna	123		K50-59		00:00:06	00:17:53	00:29:57	00:44:20	00:56:23
181	GIŻYŃSKA Katarzyna	238		K30-39		00:00:04	00:16:54	00:29:11	00:44:01	00:56:29
182	MROWIEC Edyta	274		K20-29		00:00:08	00:18:12	00:30:50	00:45:09	00:56:33
183	SŁODZIŃSKA Magdalena	179		K20-29		00:00:08	00:16:47	00:29:11	00:44:33	00:56:41
184	ORŁOWSKA Joanna	165		K30-39		00:00:13	00:17:51	00:30:08	00:44:27	00:56:41
185	FECZKO Lucyna	121		K40-49		00:00:05	00:17:08	00:29:36	00:44:40	00:56:50
186	SZKATUŁA Jadwiga	185		K20-29		00:00:10	00:17:38	00:29:46	00:44:16	00:56:54
187	KAŁUS Joanna	250		K40-49		00:00:11	00:16:58	00:29:22	00:44:17	00:56:59
188	GABRUŚ Iwona	234		K40-49		00:00:10	00:17:26	00:29:34	00:44:24	00:57:11
189	BARAN Irena	58		K50-59		00:00:06	00:16:57	00:29:16	00:44:26	00:57:13
190	WALA Anna	191		K30-39		00:00:06	00:16:56	00:29:20	00:44:18	00:57:23
191	GOIK Agnieszka	241		K40-49	Radlinioki w biegu	00:00:12	00:18:12	00:31:02	00:45:50	00:58:06
192	WYSZYŃSKA Karina	326		K30-39		00:00:13	00:18:25	00:30:52	00:45:33	00:58:07
193	ZIĘTARA Agata	330		K40-49		00:00:08	00:17:28	00:30:02	00:45:22	00:58:11
194	FOJCIK Gabriela	233		K50-59		00:00:11	00:18:20	00:30:55	00:45:36	00:58:13
195	CIEŚLA Edyta	221		K40-49		00:00:11	00:18:19	00:30:55	00:45:36	00:58:13
196	WAWRZYK Iwona	322		K50-59	Olza Cieszyn	00:00:12	00:17:45	00:30:09	00:45:09	00:58:18
197	WIECZOREK Klaudia	194		K30-39	Alkoteam Rybnik	00:00:09	00:18:25	00:31:11	00:46:08	00:58:19
198	PODLEŚNY Justyna	290		K40-49		00:00:08	00:17:48	00:30:21	00:45:33	00:58:29
199	REYMANN Milena	172		K30-39	Bank Spółdzielczy Jastrzębie	00:00:13	00:17:41	00:30:24	00:45:40	00:58:49
200	OLSZEWSKA Dorota	280		K40-49	Kobiety na 5+	00:00:07	00:18:00	00:30:28	00:45:59	00:58:59
201	PIPIRO Grażyna	287		K60-69	Kobiety na 5+	00:00:04	00:18:40	00:31:13	00:46:20	00:59:01
202	NIEDZIOŁKO Bożena	162		K50-59	Kobiety na 5+	00:00:04	00:18:06	00:30:31	00:46:02	00:59:02
203	ADAMCZAK Renata	203		K40-49	Yno Ultra	00:00:05	00:17:52	00:30:52	00:46:05	00:59:02
204	GÓRNY Jola	127		K40-49		00:00:07	00:18:12	00:30:56	00:46:29	00:59:19
205	HERDUŚ Lucyna	130		K30-39		00:00:11	00:18:04	00:30:39	00:45:35	00:59:21
206	TORZEWSKA Sandra	188		K20-29		00:00:11	00:17:45	00:30:25	00:46:07	00:59:27
207	WALESZ Joanna	321		K40-49	KB MCKIS Jaworzno	00:00:08	00:18:20	00:31:14	00:46:46	00:59:51
208	KALETA Agnieszka	249		K30-39	PoWoli do Celu	00:00:11	00:18:30	00:31:55	00:47:13	01:00:03
209	BARTNIK Joanna	208		K40-49		00:00:05	00:18:38	00:31:34	00:47:00	01:00:08
210	BRYCHCY Estera	112		K30-39	RUNTEAM Pawłowice	00:00:14	00:18:49	00:31:50	00:47:17	01:00:10
211	WIDENKA Joanna	193		K20-29		00:00:08	00:18:48	00:31:31	00:46:57	01:00:16
212	BOŻEK Dagmara	217		K40-49		00:00:06	00:18:13	00:31:12	00:46:59	01:00:27
213	PAJĄK Małgorzata	283		K50-59		00:00:06	00:18:38	00:31:11	00:47:12	01:00:31
214	KUBAS Alina	256		K40-49	Klub Biegacza Fartlek	00:00:09	00:18:35	00:31:34	00:47:35	01:00:59
215	STEKLA-MAJER Anna	309		K20-29		00:00:12	00:17:41	00:30:38	00:47:10	01:01:08

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Czas startu	2.9km	5km	7.3km	9.4km
216	STEKLA Joanna	308		K50-59	Steklowki	00:00:12	00:17:47	00:30:55	00:47:09	01:01:15
217	WOJTOŃ-STAWICKA Małgorzata	324		K50-59	RUNTEAM Pawłowice	00:00:14	00:18:50	00:31:51	00:47:41	01:01:48
218	MULKA Ula	276		K30-39		00:00:13	00:19:11	00:32:26	00:48:22	01:01:52
219	MOKRZYCKA Justyna	273		K30-39		00:00:15	00:19:03	00:32:10	00:48:21	01:01:59
220	GŁÓWCZYK Izabella	240		K40-49		00:00:05	00:17:45	00:31:07	00:47:22	01:02:06
221	ŁUKASIK Aldona	151		K30-39		00:00:15	00:19:03	00:32:17	00:48:28	01:02:10
222	BETLEJ Dorota	212		K30-39		00:00:14	00:18:29	00:31:53	00:48:17	01:02:23
223	MAĆKÓW Agnieszka	265		K40-49		00:00:09	00:19:02	00:32:15	00:48:23	01:02:24
224	GAJ Monika	235		K30-39		00:00:13	00:19:03	00:32:31	00:48:32	01:02:31
225	MYŚLIWIEC Kulczykowa	160		K40-49		00:00:04	00:18:59	00:32:39	00:48:51	01:02:34
226	SURY-WOLNIEWICZ Kamila	310		K40-49	Kobiety na 5+	00:00:04	00:19:15	00:32:49	00:48:53	01:02:34
227	BETAŃSKA Aneta	211		K40-49	Kobiety na 5+	00:00:04	00:18:59	00:32:39	00:48:51	01:02:34
228	STANULA Kinga	307		K50-59		00:00:13	00:19:42	00:33:08	00:49:10	01:02:38
229	ZAGÓRSKA Beata	327		K30-39	Olza Cieszyn	00:00:11	00:19:14	00:32:49	00:49:04	01:02:45
230	JANCZARA Ewa	135		K30-39		00:00:09	00:18:46	00:32:17	00:48:36	01:02:46
231	BALICKA Magdalena	207		K30-39		00:00:14	00:19:27	00:32:54	00:49:05	01:03:01
232	ŻALIŃSKA Teresa	332		K50-59		00:00:14	00:19:58	00:33:36	00:49:46	01:03:17
233	KOWALSKA Dorota	144		K50-59		00:00:10	00:19:10	00:32:57	00:49:40	01:03:47
234	ŚLEDŹ Dorota	315		K20-29		00:00:14	00:19:50	00:33:51	00:50:11	01:04:03
235	BAK Karina	111		K30-39	Radlinioki w biegu	00:00:11	00:18:50	00:32:54	00:49:37	01:04:25
236	DZIĘCIOŁ Wanda	231		K40-49		00:00:11	00:18:59	00:32:54	00:50:05	01:04:53
237	SLADECZEK Iza	178		K30-39		00:00:07	00:19:16	00:33:16	00:50:32	01:05:14
238	URBAŚ Monika	319		K30-39		00:00:06	00:19:17	00:33:18	00:50:33	01:05:15
239	SŁOWIK Kornelia	303		K30-39	PoWoli do Celu	00:00:10	00:20:13	00:34:23	00:51:51	01:06:35
240	ZALEWSKA Barbara	329		K40-49	Kobiety na 5+	00:00:05	00:20:13	00:34:38	00:52:19	01:06:59
241	MAĆKÓW Klaudia	266		K20-29		00:00:10	00:20:34	00:35:19	00:52:28	01:07:06
242	POKORA Izabela	291		K30-39		00:00:14	00:20:11	00:34:49	00:52:35	01:07:45
243	ROTTER Hanna	173		K50-59		00:00:09	00:19:48	00:33:45	00:52:22	01:07:57
244	KIERMASZEK Barbara	139		K50-59		00:00:08	00:19:49	00:33:54	00:52:24	01:07:59
245	PYZIK Barbara	296		K30-39	Klub Biegacza Fartlek	00:00:10	00:19:21	00:34:11	00:52:39	01:08:00
246	KLACZEK Anna	251		K40-49		00:00:13	00:19:50	00:34:45	00:52:47	01:08:18
247	GŁĄB Mariola	239		K30-39		00:00:06	00:19:41	00:34:30	00:53:22	01:08:25
248	MŁOCEK Ewelina	271		K30-39		00:00:13	00:21:34	00:36:40	00:54:18	01:09:33
249	MAĆZKA Małgorzata	269		K40-49		00:00:13	00:20:50	00:35:46	00:54:10	01:09:52
250	URBACZKA Karolina	107		K20-29		00:00:14	00:21:26	00:36:53	00:54:56	01:10:10
251	MYŚLIWIEC Barbara	277		K20-29	Kobiety na 5+	00:00:04	00:21:14	00:36:24	00:54:33	01:10:21
252	FELSKA Weronika	232		K20-29		00:00:13	00:20:31	00:36:11	00:54:55	01:10:34
253	PRZYGODA Sylwia	294		K20-29	Morświny	00:00:12	00:22:28	00:38:48	00:57:52	01:12:51
254	ŻEBROWSKA Weronika	334		K20-29		00:00:13	00:21:10	00:37:13	00:56:57	01:14:21
255	SZCZEGODZINSKA Kasia	311		K30-39	Morświny	00:00:12	00:22:32	00:38:52	00:58:04	01:15:20
256	WOLNIK Jolka	325		K40-49		00:00:07	00:24:08	00:41:11	01:07:28	01:25:01
257	SIKORA Sara	301		K20-29		00:00:10	00:24:40	00:41:39	01:07:40	01:25:44
258	CHEMUTAI Joyline	984		K20-29		00:00:00	00:09:40	00:16:30	00:24:42	