

JUMP RUN - CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: JUMP RUN
Organizator: Jump Run
Data: 2023-05-21
Miejsce: Poznań
Dystans: 5 km



Klasyfikacja: OPEN-K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MAZEPA Izabela	67		OPEN-K	1	00:02:40	00:31:30.25	00:34:11.20		6:18	9.5 (100%)
2	BOROWIAK Magda	8		OPEN-K	2	00:01:44	00:33:09.85	00:34:53.90	+00:01:39 (5.0%)	6:37	9 (94.7%)
3	FLIS Anna	23		OPEN-K	3	00:03:40	00:36:25.95	00:40:06.90	+00:04:55 (13.5%)	7:17	8.2 (86.3%)
4	GRABOWSKA Liliana	31		OPEN-K	4	00:05:47	00:36:28.10	00:42:15.75	+00:04:57 (13.6%)	7:17	8.2 (86.3%)
5	NIEMIER Natalia	116		OPEN-K	5	00:09:02	00:37:01.55	00:46:03.65	+00:05:31 (14.9%)	7:24	8.1 (85.3%)
6	MINGE Marta	68		OPEN-K	6	00:05:48	00:38:25.40	00:44:13.45	+00:06:55 (18.0%)	7:41	7.8 (82.1%)
7	STRÓŻYNA Marta	396		OPEN-K	7	00:03:40	00:38:48.85	00:42:29.80	+00:07:18 (18.8%)	7:45	7.7 (81.1%)
8	DOLAT Justyna	18		OPEN-K	8	00:02:41	00:38:53.65	00:41:34.70	+00:07:23 (19.0%)	7:46	7.7 (81.1%)
9	SAUKENS Daria	82		OPEN-K	9	00:10:51	00:39:20.05	00:50:11.30	+00:07:49 (19.9%)	7:52	7.6 (80.0%)
10	PATAN Aneta	77		OPEN-K	10	00:00:00	00:39:31.35	00:39:31.35	+00:08:01 (20.3%)	7:54	7.6 (80.0%)
11	BENYSEK Monika	5		OPEN-K	11	00:01:44	00:40:32.50	00:42:16.55	+00:09:02 (22.3%)	8:06	7.4 (77.9%)
12	ORZECHOWSKA Kamila	73		OPEN-K	12	00:04:38	00:41:05.55	00:45:44.10	+00:09:35 (23.3%)	8:13	7.3 (76.8%)
13	SWARCEWICZ Beata	87		OPEN-K	13	00:04:38	00:41:06.05	00:45:44.20	+00:09:35 (23.3%)	8:13	7.3 (76.8%)
14	NOWACZYNA Edyta	440		OPEN-K	14	00:04:38	00:41:38.85	00:46:17.75	+00:10:08 (24.4%)	8:19	7.2 (75.8%)
15	MATYSEK Milena	66		OPEN-K	15	00:00:00	00:44:08.60	00:44:08.60	+00:12:38 (28.6%)	8:49	6.8 (71.6%)
16	GOSZCZ Kasandra	25		OPEN-K	16	00:12:11	00:44:24.05	00:56:35.95	+00:12:53 (29.0%)	8:52	6.8 (71.6%)
17	ĆWIAKAŁA Agata	444		OPEN-K	17	00:06:57	00:45:24.30	00:52:22.10	+00:13:54 (30.6%)	9:04	6.6 (69.5%)
18	KLINKIEWICZ Maja	450		OPEN-K	18	00:06:57	00:45:33.55	00:52:31.20	+00:14:03 (30.8%)	9:06	6.6 (69.5%)
19	SIEMIENIEWSKA Monika	390		OPEN-K	19	00:16:38	00:47:45.60	01:04:24.30	+00:16:15 (34.0%)	9:33	6.3 (66.3%)
20	STACHOWSKA Marta	395		OPEN-K	20	00:30:53	00:47:51.25	01:18:44.90	+00:16:21 (34.2%)	9:34	6.3 (66.3%)
21	NOWOSIELSKA Ilona	71		OPEN-K	21	00:37:12	00:48:12.55	01:25:25.15	+00:16:42 (34.7%)	9:38	6.2 (65.3%)
22	GRAMS Natalia	32		OPEN-K	22	00:05:48	00:48:21.10	00:54:09.20	+00:16:50 (34.8%)	9:40	6.2 (65.3%)
23	GÓRNA Dorita	294		OPEN-K	23	00:05:47	00:48:21.60	00:54:09.20	+00:16:51 (34.9%)	9:40	6.2 (65.3%)
24	LIS Aleksandra	55		OPEN-K	24	00:42:59	00:48:45.65	01:31:45.00	+00:17:15 (35.4%)	9:45	6.2 (65.3%)
25	TRITT Katarzyna	93		OPEN-K	25	00:13:05	00:50:24.90	01:03:30.40	+00:18:54 (37.5%)	10:04	6 (63.2%)
26	WOŹNIAK Beata	421		OPEN-K	26	00:04:38	00:50:41.85	00:55:20.45	+00:19:11 (37.9%)	10:08	5.9 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
27	KOZAK Angelika	170		OPEN-K	27	00:19:00	00:51:34.85	01:10:35.35	+00:20:04 (38.9%)	10:18	5.8 (61.1%)
28	KOZŁOWICZ Magdalena	172		OPEN-K	28	00:44:30	00:52:04.65	01:36:35.55	+00:20:34 (39.5%)	10:24	5.8 (61.1%)
29	WASIAK Henryka	415		OPEN-K	29	00:32:57	00:52:14.40	01:25:11.40	+00:20:44 (39.7%)	10:26	5.7 (60.0%)
30	KRUKOWSKA Agnieszka	173		OPEN-K	30	00:32:56	00:52:14.85	01:25:11.50	+00:20:44 (39.7%)	10:26	5.7 (60.0%)
31	NYCZ Joanna	196		OPEN-K	31	00:32:56	00:52:15.10	01:25:11.65	+00:20:44 (39.7%)	10:27	5.7 (60.0%)
32	NOWACKA Anna	192		OPEN-K	32	00:44:31	00:52:17.50	01:36:48.60	+00:20:47 (39.8%)	10:27	5.7 (60.0%)
33	MACHYNA Zofia	60	***** ***	OPEN-K	33	00:13:05	00:53:32.75	01:06:38.50	+00:22:02 (41.2%)	10:42	5.6 (58.9%)
34	WRÓBLEWSKA Ewa	422		OPEN-K	34	00:02:41	00:53:40.90	00:56:22.20	+00:22:10 (41.3%)	10:44	5.6 (58.9%)
35	OBROCKA Weronika	197		OPEN-K	35	00:02:40	00:53:41.55	00:56:22.20	+00:22:11 (41.3%)	10:44	5.6 (58.9%)
36	PIECHOWIAK SROCZYŃSKA Monika	367		OPEN-K	36	00:09:01	00:53:51.05	01:02:52.35	+00:22:20 (41.5%)	10:46	5.6 (58.9%)
37	WELCZ Anna	417		OPEN-K	37	00:09:01	00:53:51.35	01:02:52.40	+00:22:21 (41.5%)	10:46	5.6 (58.9%)
38	PAPRZYCKA Paulina	118		OPEN-K	38	00:09:01	00:53:51.50	01:02:52.60	+00:22:21 (41.5%)	10:46	5.6 (58.9%)
39	MACHYNA Basia	61	***** ***	OPEN-K	39	00:13:05	00:53:56.85	01:07:02.70	+00:22:26 (41.6%)	10:47	5.6 (58.9%)
40	PUROL Martyna	376		OPEN-K	40	00:09:01	00:54:07.55	01:03:08.85	+00:22:37 (41.8%)	10:49	5.5 (57.9%)
41	MACIEJASZ Amelia	63		OPEN-K	41	00:45:56	00:54:12.40	01:40:09.35	+00:22:42 (41.9%)	10:50	5.5 (57.9%)
42	ŁYSIKOWSKA Klaudia	446		OPEN-K	42	00:06:58	00:54:41.05	01:01:39.20	+00:23:10 (42.4%)	10:56	5.5 (57.9%)
43	ZAKRZEWSKA Katarzyna	442		OPEN-K	43	00:06:58	00:54:41.10	01:01:39.10	+00:23:10 (42.4%)	10:56	5.5 (57.9%)
44	NOWAK Katarzyna	443		OPEN-K	44	00:06:57	00:54:41.50	01:01:39.30	+00:23:11 (42.4%)	10:56	5.5 (57.9%)
45	RUDNER Anna	384		OPEN-K	45	00:17:46	00:55:25.40	01:13:12.35	+00:23:55 (43.2%)	11:05	5.4 (56.8%)
46	RUDNER Magdalena	386		OPEN-K	46	00:17:47	00:55:28.45	01:13:15.45	+00:23:58 (43.2%)	11:05	5.4 (56.8%)
47	PAWLICKA Tamara	362		OPEN-K	47	00:49:20	00:55:47.50	01:45:08.40	+00:24:17 (43.5%)	11:09	5.4 (56.8%)
48	RUDNER Joanna	385		OPEN-K	48	00:17:47	00:55:51.80	01:13:39.05	+00:24:21 (43.6%)	11:10	5.4 (56.8%)
49	ODWAŻNA Daria	198		OPEN-K	49	00:02:41	00:56:00.90	00:58:42.00	+00:24:30 (43.8%)	11:12	5.4 (56.8%)
50	ANDRZEJEWSKA Anna	120		OPEN-K	50	00:49:20	00:56:29.75	01:45:50.70	+00:24:59 (44.2%)	11:17	5.3 (55.8%)
51	SHERYANOWA Karolina	447		OPEN-K	51	00:06:58	00:57:36.70	01:04:34.80	+00:26:06 (45.3%)	11:31	5.2 (54.7%)
51	KURNATOWSKA Zuzanna	52		OPEN-K	51	00:34:06	00:57:36.70	01:31:43.15	+00:26:06 (45.3%)	11:31	5.2 (54.7%)
53	NAPIERAŁA Oliwia	191		OPEN-K	53	00:14:08	00:58:00.70	01:12:08.70	+00:26:30 (45.7%)	11:36	5.2 (54.7%)
54	BĄKIEWICZ Natalia	121		OPEN-K	54	00:45:57	00:59:05.45	01:45:02.80	+00:27:35 (46.7%)	11:49	5.1 (53.7%)
55	LYSOHOR Olha	57		OPEN-K	55	00:22:39	00:59:25.90	01:22:05.10	+00:27:55 (47.0%)	11:53	5 (52.6%)
56	DZIENIS Monika	20		OPEN-K	56	00:19:00	00:59:40.15	01:18:40.30	+00:28:09 (47.2%)	11:56	5 (52.6%)
56	ZACHAREK Agnieszka	103		OPEN-K	56	00:19:00	00:59:40.15	01:18:40.60	+00:28:09 (47.2%)	11:56	5 (52.6%)
58	DUŻYK Magdalena	19		OPEN-K	58	00:19:00	00:59:40.25	01:18:40.50	+00:28:10 (47.2%)	11:56	5 (52.6%)
59	KOWALEWSKA Joanna	260		OPEN-K	59	00:50:45	01:00:09.65	01:50:55.15	+00:28:39 (47.6%)	12:01	5 (52.6%)
60	KORDYL Oliwia	269		OPEN-K	60	00:50:45	01:00:11.15	01:50:56.70	+00:28:40 (47.7%)	12:02	5 (52.6%)
61	FILIPIAK Olga	261		OPEN-K	61	00:50:45	01:00:11.50	01:50:57.40	+00:28:41 (47.7%)	12:02	5 (52.6%)
62	TROMBALA Agnieszka	94		OPEN-K	62	00:41:58	01:00:23.10	01:42:21.40	+00:28:52 (47.8%)	12:04	5 (52.6%)
63	SZPOTKOWSKA Julia	404		OPEN-K	63	00:14:08	01:00:39.80	01:14:48.15	+00:29:09 (48.1%)	12:07	4.9 (51.6%)
64	KOŁODZIŃSKA Paulina	287		OPEN-K	64	00:50:45	01:00:50.00	01:51:35.60	+00:29:19 (48.2%)	12:10	4.9 (51.6%)
65	BARECKA Olga	3		OPEN-K	65	00:37:12	01:01:50.35	01:39:02.95	+00:30:20 (49.1%)	12:22	4.9 (51.6%)
66	WALOREK Katarzyna	284		OPEN-K	66	00:32:56	01:01:55.30	01:34:51.80	+00:30:25 (49.1%)	12:23	4.8 (50.5%)
67	KAZIMIERCZAK Patrycja	268		OPEN-K	67	00:50:45	01:02:08.55	01:52:54.30	+00:30:38 (49.3%)	12:25	4.8 (50.5%)
68	WRÓBLEWSKA Samanta	423		OPEN-K	68	00:30:53	01:02:56.30	01:33:50.15	+00:31:26 (49.9%)	12:35	4.8 (50.5%)
69	RUTKOWSKA - STESSEL Małgorzata	388		OPEN-K	69	00:30:53	01:02:56.40	01:33:50.15	+00:31:26 (49.9%)	12:35	4.8 (50.5%)
70	POLITOWSKA Natalia	373		OPEN-K	70	00:30:53	01:02:56.65	01:33:50.30	+00:31:26 (49.9%)	12:35	4.8 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
71	XIONG Wanbing	102		OPEN-K	71	00:31:49	01:03:27.45	01:35:16.65	+00:31:57 (50.4%)	12:41	4.7 (49.5%)
72	GÓRNIAK Maria	29		OPEN-K	72	00:31:48	01:03:27.85	01:35:16.80	+00:31:57 (50.4%)	12:41	4.7 (49.5%)
73	PIECHUŁA Sylwia	369		OPEN-K	73	00:41:59	01:03:55.20	01:45:54.30	+00:32:24 (50.7%)	12:47	4.7 (49.5%)
74	GÓRNIAK Elżbieta	26		OPEN-K	74	00:31:49	01:05:23.15	01:37:12.25	+00:33:52 (51.8%)	13:04	4.6 (48.4%)
75	WINIECKA Agnieszka	286		OPEN-K	75	00:30:53	01:05:40.90	01:36:34.80	+00:34:10 (52.0%)	13:08	4.6 (48.4%)
76	KACHLICKA Zuzanna	38		OPEN-K	76	00:48:16	01:05:52.75	01:54:08.85	+00:34:22 (52.2%)	13:10	4.6 (48.4%)
77	WIDELICKA Marta	98		OPEN-K	77	00:48:15	01:05:55.50	01:54:11.05	+00:34:25 (52.2%)	13:11	4.6 (48.4%)
78	PRZYBYŁ Julia	375		OPEN-K	78	00:47:13	01:06:15.95	01:53:29.10	+00:34:45 (52.5%)	13:15	4.5 (47.4%)
79	BURCZYŃSKA Edyta	128		OPEN-K	79	00:40:52	01:06:27.45	01:47:19.45	+00:34:57 (52.6%)	13:17	4.5 (47.4%)
80	JANKOWIAK Maja	154		OPEN-K	80	00:38:28	01:06:38.70	01:45:07.30	+00:35:08 (52.7%)	13:19	4.5 (47.4%)
81	JANKOWIAK Magdalena	153		OPEN-K	81	00:38:28	01:06:43.20	01:45:11.80	+00:35:12 (52.8%)	13:20	4.5 (47.4%)
82	BURCZYŃSKA Joanna	129		OPEN-K	82	00:40:52	01:07:04.55	01:47:56.80	+00:35:34 (53.0%)	13:24	4.5 (47.4%)
83	URBANOWICZ Weronika	412		OPEN-K	83	00:49:20	01:07:10.80	01:56:31.60	+00:35:40 (53.1%)	13:26	4.5 (47.4%)
84	FARJAN Aleksandra	21		OPEN-K	84	00:41:58	01:07:15.40	01:49:14.15	+00:35:45 (53.2%)	13:27	4.5 (47.4%)
85	BARANIAK Weronika	300		OPEN-K	85	00:22:39	01:07:15.45	01:29:54.75	+00:35:45 (53.2%)	13:27	4.5 (47.4%)
86	GAWRON Agnieszka	296		OPEN-K	86	00:22:39	01:07:35.00	01:30:14.30	+00:36:04 (53.4%)	13:31	4.4 (46.3%)
87	PASZNIK Dominika	76		OPEN-K	87	00:35:34	01:07:39.80	01:43:14.55	+00:36:09 (53.4%)	13:31	4.4 (46.3%)
88	RADKE-NOWAK Joanna	377		OPEN-K	88	00:22:39	01:07:41.25	01:30:20.80	+00:36:11 (53.5%)	13:32	4.4 (46.3%)
89	SZYDŁOWSKA Joanna	89		OPEN-K	89	00:16:38	01:07:54.20	01:24:32.65	+00:36:23 (53.6%)	13:34	4.4 (46.3%)
90	RATAJCZAK Ewa	380		OPEN-K	90	00:10:51	01:08:13.00	01:19:04.15	+00:36:42 (53.8%)	13:38	4.4 (46.3%)
91	SZYMAŃSKA Aleksandra	406		OPEN-K	91	00:10:51	01:08:13.20	01:19:04.75	+00:36:42 (53.8%)	13:38	4.4 (46.3%)
91	BŁASZAK Monika	124		OPEN-K	91	00:10:51	01:08:13.20	01:19:04.45	+00:36:42 (53.8%)	13:38	4.4 (46.3%)
93	JANURA Aleksandra	156		OPEN-K	93	00:44:31	01:08:25.75	01:52:57.40	+00:36:55 (54.0%)	13:41	4.4 (46.3%)
94	GWIAZDOWSKA Natalia	108		OPEN-K	94	00:44:31	01:08:26.05	01:52:57.70	+00:36:55 (54.0%)	13:41	4.4 (46.3%)
95	PICZAK Paula	78		OPEN-K	95	00:38:28	01:08:30.00	01:46:58.75	+00:36:59 (54.0%)	13:42	4.4 (46.3%)
96	SIKORA Monika	85		OPEN-K	96	00:38:29	01:08:30.85	01:46:59.90	+00:37:00 (54.0%)	13:42	4.4 (46.3%)
97	KUJAWA Małgorzata	297		OPEN-K	97	00:22:39	01:08:39.70	01:31:19.30	+00:37:09 (54.1%)	13:43	4.4 (46.3%)
98	TESIONKOWSKA Katarzyna	298		OPEN-K	98	00:22:39	01:08:39.90	01:31:19.20	+00:37:09 (54.1%)	13:43	4.4 (46.3%)
99	ORKISZEWSKA Katarzyna	360		OPEN-K	99	00:22:39	01:08:40.00	01:31:19.40	+00:37:09 (54.1%)	13:44	4.4 (46.3%)
100	ŁUCKA Karolina	58		OPEN-K	100	00:39:36	01:08:54.30	01:48:30.80	+00:37:24 (54.3%)	13:46	4.4 (46.3%)
101	GRĄDZIELEWSKA Sabina	33		OPEN-K	101	00:39:36	01:09:04.05	01:48:40.20	+00:37:33 (54.4%)	13:48	4.3 (45.3%)
102	KUBACKA Izabela	174		OPEN-K	102	00:47:13	01:09:12.90	01:56:26.85	+00:37:42 (54.5%)	13:50	4.3 (45.3%)
103	FOTTA Wiktoria	136		OPEN-K	103	00:47:13	01:09:16.10	01:56:29.45	+00:37:45 (54.5%)	13:51	4.3 (45.3%)
104	NOWAK Patrycja	195		OPEN-K	104	00:49:20	01:09:38.50	01:58:59.45	+00:38:08 (54.8%)	13:55	4.3 (45.3%)
105	SNUSZKA Zuzanna	393		OPEN-K	105	00:12:11	01:10:10.25	01:22:22.00	+00:38:40 (55.1%)	14:02	4.3 (45.3%)
106	LEJA Monika	54		OPEN-K	106	00:34:06	01:10:22.50	01:44:28.75	+00:38:52 (55.2%)	14:04	4.3 (45.3%)
107	WOŚ Anita	100		OPEN-K	107	00:34:06	01:10:22.60	01:44:28.85	+00:38:52 (55.2%)	14:04	4.3 (45.3%)
108	PŁÓCIENNIK Katarzyna	79		OPEN-K	108	00:34:06	01:10:23.00	01:44:29.15	+00:38:52 (55.2%)	14:04	4.3 (45.3%)
109	JANERALCZYK Natalia	272		OPEN-K	109	00:35:34	01:10:50.50	01:46:25.35	+00:39:20 (55.5%)	14:10	4.2 (44.2%)
110	SŁOWIK Agnieszka	438		OPEN-K	110	00:17:47	01:10:56.75	01:28:44.10	+00:39:26 (55.6%)	14:11	4.2 (44.2%)
111	SŁOWIK Katarzyna	437		OPEN-K	111	00:17:47	01:10:57.05	01:28:44.20	+00:39:26 (55.6%)	14:11	4.2 (44.2%)
112	ERNT Agnieszka	135		OPEN-K	112	00:17:47	01:10:57.30	01:28:44.55	+00:39:27 (55.6%)	14:11	4.2 (44.2%)
113	BŁOCH Julianna	125		OPEN-K	113	00:12:12	01:11:02.20	01:23:14.40	+00:39:31 (55.7%)	14:12	4.2 (44.2%)
114	CHRAPLAK Gabriella	132		OPEN-K	114	00:12:11	01:11:02.60	01:23:14.55	+00:39:32 (55.7%)	14:12	4.2 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
115	ORZEŁEK Patrycja	361	TYLKO PIJEMY	OPEN-K	115	00:12:11	01:11:02.70	01:23:14.60	+00:39:32 (55.7%)	14:12	4.2 (44.2%)
115	JAKUBOWICZ Magdalena	110		OPEN-K	115	00:12:11	01:11:02.70	01:23:14.60	+00:39:32 (55.7%)	14:12	4.2 (44.2%)
117	KOPCZYŃSKA Ewelina	282		OPEN-K	117	00:52:57	01:11:43.75	02:04:40.75	+00:40:13 (56.1%)	14:20	4.2 (44.2%)
118	REIMAN Elwira	275		OPEN-K	118	00:52:56	01:11:45.10	02:04:41.65	+00:40:14 (56.1%)	14:21	4.2 (44.2%)
119	KAŹMIERCZAK Sara	41		OPEN-K	119	00:52:05	01:11:59.85	02:04:05.80	+00:40:29 (56.2%)	14:23	4.2 (44.2%)
120	KACZMAREK Marta	274	SPORTOWE DZIKI	OPEN-K	120	00:52:05	01:12:34.45	02:04:40.30	+00:41:04 (56.6%)	14:30	4.1 (43.2%)
121	BĄCZKOWSKA Adriana	278		OPEN-K	121	00:52:06	01:12:39.90	02:04:46.30	+00:41:09 (56.6%)	14:31	4.1 (43.2%)
122	REDAM Michalina	81		OPEN-K	122	00:42:59	01:12:47.15	01:55:46.95	+00:41:16 (56.7%)	14:33	4.1 (43.2%)
123	ZIELIŃSKA Natalia	104		OPEN-K	123	00:42:59	01:12:48.40	01:55:48.00	+00:41:18 (56.7%)	14:33	4.1 (43.2%)
124	GANDZIARSKI Aleksandra	140		OPEN-K	124	00:45:57	01:13:06.90	01:59:03.95	+00:41:36 (56.9%)	14:37	4.1 (43.2%)
125	HUCHEL Roksana	149	TYLKO PIJEMY	OPEN-K	125	00:16:39	01:13:10.20	01:29:49.20	+00:41:39 (56.9%)	14:38	4.1 (43.2%)
126	NOWAK Jessica	70		OPEN-K	126	00:52:05	01:13:14.10	02:05:19.90	+00:41:43 (57.0%)	14:38	4.1 (43.2%)
127	JUREK Natalia	160		OPEN-K	127	00:32:56	01:13:48.90	01:46:45.55	+00:42:18 (57.3%)	14:45	4.1 (43.2%)
128	MIŚKIEWICZ Magdalena	190		OPEN-K	128	00:35:34	01:13:55.70	01:49:30.20	+00:42:25 (57.4%)	14:47	4.1 (43.2%)
129	NOWACKA Angelika	193		OPEN-K	129	00:45:57	01:13:57.05	01:59:54.25	+00:42:26 (57.4%)	14:47	4.1 (43.2%)
130	KĘDZIA Marta	163		OPEN-K	130	00:35:35	01:14:04.75	01:49:39.90	+00:42:34 (57.5%)	14:48	4.1 (43.2%)
131	WARZYCHA Bogna	414		OPEN-K	131	00:35:34	01:14:04.90	01:49:39.85	+00:42:34 (57.5%)	14:48	4.1 (43.2%)
132	LALLOUET Anna	114		OPEN-K	132	00:35:34	01:14:05.00	01:49:39.95	+00:42:34 (57.5%)	14:49	4 (42.1%)
133	WASZAK Beata	416		OPEN-K	133	00:45:57	01:14:34.55	02:00:32.20	+00:43:04 (57.8%)	14:54	4 (42.1%)
134	KĘPA Barbara	164		OPEN-K	134	00:45:57	01:14:35.55	02:00:32.85	+00:43:05 (57.8%)	14:55	4 (42.1%)
135	ROZMIAREK Anna	382		OPEN-K	135	00:47:13	01:14:39.95	02:01:53.00	+00:43:09 (57.8%)	14:55	4 (42.1%)
136	WOŹNIAK Beata	270		OPEN-K	136	00:47:13	01:14:40.15	02:01:53.20	+00:43:09 (57.8%)	14:56	4 (42.1%)
137	JANECZEK Kinga	152		OPEN-K	137	00:47:12	01:14:52.10	02:02:04.90	+00:43:21 (57.9%)	14:58	4 (42.1%)
138	PFLAUM Dorota	365		OPEN-K	138	00:19:00	01:15:05.70	01:34:06.35	+00:43:35 (58.0%)	15:01	4 (42.1%)
139	KOŚCIELNA Barbara	168		OPEN-K	139	00:45:57	01:15:45.10	02:01:43.00	+00:44:14 (58.4%)	15:09	4 (42.1%)
140	PIOTROWSKA Jolanta	372		OPEN-K	140	00:45:57	01:15:45.65	02:01:43.15	+00:44:15 (58.4%)	15:09	4 (42.1%)
141	NAKOIKINA Anastasia	264		OPEN-K	141	00:50:46	01:16:06.65	02:06:53.00	+00:44:36 (58.6%)	15:13	3.9 (41.1%)
142	HAŁA Anna	148		OPEN-K	142	00:44:31	01:16:14.50	02:00:45.50	+00:44:44 (58.7%)	15:14	3.9 (41.1%)
143	ROSIAK Anna	381		OPEN-K	143	00:44:31	01:16:20.45	02:00:51.80	+00:44:50 (58.7%)	15:16	3.9 (41.1%)
144	PAWŁOWSKA Maja	363		OPEN-K	144	00:44:31	01:16:22.20	02:00:53.70	+00:44:51 (58.7%)	15:16	3.9 (41.1%)
145	LEHNHARDT Anna	53		OPEN-K	145	00:37:12	01:17:29.90	01:54:42.50	+00:45:59 (59.3%)	15:29	3.9 (41.1%)
146	WAWRZYNIAK Zuzanna	96		OPEN-K	146	00:48:15	01:17:43.90	02:05:59.80	+00:46:13 (59.5%)	15:32	3.9 (41.1%)
147	MISZTAL Agnieszka	189		OPEN-K	147	00:39:36	01:17:59.70	01:57:36.15	+00:46:29 (59.6%)	15:35	3.8 (40.0%)
148	MARCINKOWSKA Joanna	182		OPEN-K	148	00:39:36	01:18:13.55	01:57:50.00	+00:46:43 (59.7%)	15:38	3.8 (40.0%)
149	IWAŃSKA Monika	150		OPEN-K	149	00:39:36	01:18:22.95	01:57:59.70	+00:46:52 (59.8%)	15:40	3.8 (40.0%)
150	JAUKSZ-ZALEWSKA Katarzyna	157		OPEN-K	150	00:39:36	01:18:23.45	01:57:59.65	+00:46:53 (59.8%)	15:40	3.8 (40.0%)
151	KMETKO Joanna	165		OPEN-K	151	00:40:51	01:19:04.35	01:59:56.20	+00:47:34 (60.2%)	15:48	3.8 (40.0%)
152	GOTOWCZYC Dagmara	144		OPEN-K	152	00:40:51	01:19:41.65	02:00:33.60	+00:48:11 (60.5%)	15:56	3.8 (40.0%)
153	CZEKAŁA Aleksandra	290		OPEN-K	153	00:20:14	01:20:44.15	01:40:59.00	+00:49:13 (61.0%)	16:08	3.7 (38.9%)
154	CZEKAŁA Marta	293		OPEN-K	154	00:20:15	01:20:46.25	01:41:01.25	+00:49:16 (61.0%)	16:09	3.7 (38.9%)
155	BONIŚNIAK Joanna	7		OPEN-K	155	00:20:14	01:21:46.95	01:42:01.85	+00:50:16 (61.5%)	16:21	3.7 (38.9%)
156	WESOŁOWSKA Patrycja	418		OPEN-K	156	00:15:21	01:23:34.85	01:38:56.00	+00:52:04 (62.3%)	16:42	3.6 (37.9%)
157	SKIBIŃSKA Maja	391		OPEN-K	157	00:15:21	01:23:35.05	01:38:56.05	+00:52:04 (62.3%)	16:43	3.6 (37.9%)
158	SZCZEPAŃSKA Paulina	399		OPEN-K	158	00:15:21	01:23:35.25	01:38:56.90	+00:52:05 (62.3%)	16:43	3.6 (37.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
159	SZCZEPAŃSKA Martyna	401		OPEN-K	159	00:15:21	01:23:35.30	01:38:56.80	+00:52:05 (62.3%)	16:43	3.6 (37.9%)
160	GOŚLIŃSKA Agnieszka	143		OPEN-K	160	00:15:21	01:23:35.55	01:38:56.90	+00:52:05 (62.3%)	16:43	3.6 (37.9%)
161	SZCZEPAŃSKA Magdalena	400		OPEN-K	161	00:15:21	01:23:36.25	01:38:57.75	+00:52:06 (62.3%)	16:43	3.6 (37.9%)
162	CICHOREK Anna	12		OPEN-K	162	00:00:00	01:25:47.10	01:25:47.10	+00:54:16 (63.3%)	17:09	3.5 (36.8%)

Znaleziono 162 wynik(ów)