

KAMIENNA TRZYDZIESTKA

Wydarzenie:

[CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2020](#)

Organizator:

FUNDACJA PROFIT MARATON

Data:

2020-09-05

Miejsce:

Sobieszów

Dystans:

32 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
1	KLIMCZAK Mikołaj	548	PRZEDWOJEWSKI MOUNTAIN TEAM	M18	1	00:00:03	02:49:45.75	02:49:48.80		5:18	11.3
2	BARANOW Łukasz	550		M18	2	00:00:02	03:13:40.35	03:13:43.20	+00:23:54	6:03	9.9
3	TERZONI Christian	528	PANDA TEAM	M30	1	00:00:04	03:13:50.95	03:13:55.30	+00:24:05	6:03	9.9
4	PAZDAN Piotr	492		M30	2	00:01:32	03:15:11.85	03:16:44.75	+00:25:26	6:06	9.8
5	ŚWIDA Adam	457	MFINANSE	M30	3	00:00:02	03:16:03.70	03:16:06.15	+00:26:17	6:07	9.8
6	AID Patryk	1457	OBOZYGÓRSKIE.PL			00:01:59	03:16:23.55	03:18:22.70	+00:26:37	6:08	9.8
7	FONAŁ Michał	544		M30	4	00:00:03	03:21:28.80	03:21:32.20	+00:31:43	6:17	9.5
8	PAWLAK Bartosz	549		M30	5	00:00:30	03:24:09.05	03:24:39.45	+00:34:23	6:22	9.4
9	KUTYBA Mariusz	455		M40	1	00:00:05	03:27:33.80	03:27:39.05	+00:37:48	6:29	9.3
10	CHODOROWSKI Krzysztof	462	PRZEDWOJEWSKI MOUNTAIN TEAM	M30	6	00:00:03	03:30:52.70	03:30:56.00	+00:41:06	6:35	9.1
11	WITEK Karolina	500		K18	1	00:00:03	03:32:25.50	03:32:28.80	+00:42:39	6:38	9
12	KUCHARCZYK Maciej	503	MARCIN ŚWERC TEAM	M40	2	00:00:04	03:32:58.05	03:33:02.90	+00:43:12	6:39	9
13	KOCHEL Paweł	1454				00:03:22	03:38:58.95	03:42:21.15	+00:49:13	6:50	8.8
14	WAĆHAŁA Damian	497		M30	7	00:00:29	03:38:59.35	03:39:28.65	+00:49:13	6:50	8.8
15	WASIK Robert	479		M30	8	00:00:04	03:40:37.75	03:40:42.30	+00:50:52	6:53	8.7
16	SNARSKI Piotr	484	ADIDAS RUNNERS WARSAW	M30	9	00:09:22	03:42:10.60	03:51:32.65	+00:52:24	6:56	8.6
17	SWIANIEWICZ Stanisław	482		M30	10	00:06:41	03:51:38.25	03:58:19.90	+01:01:52	7:14	8.3
18	MICHAŁOWSKI Marcin	508		M40	3	00:07:47	03:52:36.00	04:00:23.00	+01:02:50	7:16	8.3
19	KUBIAK Jagoda	527		K30	1	00:00:02	03:56:07.00	03:56:09.60	+01:06:21	7:22	8.1
20	KACZMAREK Radosław	1461	RADZIKI			00:07:18	04:02:54.20	04:10:12.80	+01:13:08	7:35	7.9
21	GRYKIEL Tomasz	478	KS JULIAN	M40	4	00:08:58	04:04:12.40	04:13:10.75	+01:14:26	7:37	7.9
22	BAJSAROWICZ Marlena	1455				00:07:05	04:05:01.20	04:12:06.95	+01:15:15	7:39	7.8
23	FOGIEL-PAWŁOWSKA Agnieszka	517		K40	1	00:00:14	04:06:27.75	04:06:42.25	+01:16:42	7:42	7.8
24	DOBIJA Jacek	486	WAŚ NA TATRZAŃSKIEJ	M18	3	00:04:25	04:07:56.60	04:12:22.30	+01:18:10	7:44	7.7
25	MARCHWICKI Maciej	518		M18	4	00:08:17	04:07:56.75	04:16:14.00	+01:18:11	7:44	7.7
26	MACHUL Ewa	1459				00:08:23	04:11:06.40	04:19:29.50	+01:21:20	7:50	7.6
27	PŁÓCIENNICZAK Jakub	514	DREAM RUN	M40	5	00:09:49	04:12:10.25	04:21:59.95	+01:22:24	7:52	7.6
28	RUTKOWSKI Jakub	474		M30	11	00:00:49	04:15:04.85	04:15:54.15	+01:25:19	7:58	7.5

Pos	Imię i Nazwisko	Numer	WWW.RUN-PASSION.KLUB	Kategoria	Mkat	Czas startu	Czas	Czas	Różn	Tempo min/km	Tempo km/h
29	RESPONDEK Anna	467		K30	2	00:04:09	04:15:55.05	04:20:04.15	+01:26:09	7:59	7.5
30	SUCHENIA Zdzisław	524		K30	1	00:00:00	04:18:18.15	04:18:50.30	+00:27:00	8:04	7.4
31	STOPYRA Grzegorz	546		M40	6	00:01:10	04:22:29.00	04:23:59.90	+01:32:37	8:11	7.3
32	KUŚPIT Przemek	512		M30	12	00:00:18	04:24:13.10	04:24:32.00	+01:34:27	8:15	7.3
33	LANGE Szymon	553	RUNNER'S POWER	M40	7	00:01:22	04:25:06.50	04:26:28.75	+01:35:20	8:17	7.2
34	KOZIOŁ Grzegorz	513	EY GDS POLAND RUN4FUN	M30	13	00:07:21	04:26:08.60	04:33:30.55	+01:36:22	8:19	7.2
35	MARCZAK Tomasz	463	CZYSTA AMATORKA	M40	8	00:06:31	04:28:52.15	04:35:23.95	+01:39:06	8:24	7.1
36	POLAK Jacek	504		M40	9	00:08:30	04:29:27.15	04:37:57.70	+01:39:41	8:25	7.1
37	WIERTEL Łukasz	543		M30	14	00:07:32	04:29:27.70	04:37:00.05	+01:39:41	8:25	7.1
38	MARCHWICKI Arkadiusz	520	FEHLAU RUN TEAM	M30	15	00:08:10	04:29:57.65	04:38:08.60	+01:40:11	8:26	7.1
39	KIELAR Łukasz	537	BIEGOLAS	M40	10	00:03:53	04:34:14.50	04:38:07.50	+01:44:28	8:34	7
40	KUJACZYŃSKI Paweł	505	TURNEO	M30	16	00:08:38	04:36:53.85	04:45:32.20	+01:47:08	8:39	6.9
41	SOWIŃSKA-JANECZEK Joanna	539	KB MARATON TUREK	K30	4	00:06:12	04:38:38.80	04:44:51.25	+01:48:53	8:42	6.9
42	TARNOWSKI Marcin	526	JACEKBIEGA RUNNING TEAM	M40	11	00:03:44	04:38:52.65	04:42:37.45	+01:49:06	8:42	6.9
43	CZUCHNOWSKI Daniel	460	OSTEOMED	M40	12	00:03:38	04:38:59.05	04:42:37.55	+01:49:13	8:43	6.9
44	CYBULSKI Piotr	472		M40	13	00:06:18	04:39:07.15	04:45:25.95	+01:49:21	8:43	6.9
45	GRABOWSKA Justyna	519	HTF LUDWIK SIKORSKI	K40	2	00:04:44	04:39:52.10	04:44:36.60	+01:50:06	8:44	6.9
46	DUCZYŃSKI Maciej	541	VEGERUNNERS	M30	17	00:04:00	04:39:54.05	04:43:54.85	+01:50:08	8:44	6.9
47	OLSZEWSKI Michał	536	MSPORTTEAM	M40	14	00:02:23	04:40:49.90	04:43:13.20	+01:51:04	8:46	6.8
48	MICHALIK Izabela	458		K40	3	00:02:36	04:41:15.60	04:43:52.35	+01:51:29	8:47	6.8
49	KRASUSKI Marcin	469	1982	M30	18	00:08:46	04:46:40.15	04:55:26.80	+01:56:54	8:57	6.7
50	MAKOCKI Michał	509		M40	15	00:08:51	04:46:43.00	04:55:34.95	+01:56:57	8:57	6.7
51	LEWANDOWSKI Leszek	485	POWSTAŃCY Z KANAPY	M40	16	00:07:12	04:48:31.10	04:55:43.70	+01:58:45	9:00	6.7
52	PISTL Jacek	525		M30	19	00:03:30	04:49:00.55	04:52:30.70	+01:59:14	9:01	6.6
53	WALENDA Mateusz	502	KS KANAŁEK	M30	20	00:05:16	04:50:17.50	04:55:34.15	+02:00:31	9:04	6.6
54	CYLKE Marcin	481		M30	21	00:06:48	04:50:46.75	04:57:35.05	+02:01:01	9:05	6.6
55	SKORNIA Paweł	1452				00:01:16	04:54:34.15	04:55:50.20	+02:04:48	9:12	6.5
56	ROGOWSKI Tomasz	494	UMLAUT	M30	22	00:00:20	04:57:15.00	04:57:35.35	+02:07:29	9:17	6.5
57	MORAWSKI Grzegorz	464		M30	23	00:06:55	04:59:08.70	05:06:04.45	+02:09:22	9:20	6.4
58	WIKLIŃSKI Jarosław	465	CZYSTA AMATORKA	M40	17	00:06:26	05:05:42.60	05:12:08.90	+02:15:56	9:33	6.3
59	OKŁA Patrycja	542		K30	5	00:04:35	05:09:30.15	05:14:05.65	+02:19:44	9:40	6.2
60	RUDZIEWICZ Urszula	538		K30	6	00:02:16	05:11:17.80	05:13:34.25	+02:21:32	9:43	6.2
61	KRZYŻEWSKI Roger	533		M30	24	00:03:15	05:14:58.40	05:18:14.35	+02:25:12	9:50	6.1
62	SIWEK Jagoda	452	WESOŁE OPONKI Z PRZYGÓRZA	K18	2	00:07:53	05:15:43.90	05:23:37.20	+02:25:58	9:52	6.1
63	MAZUR Marek	501		M40	18	00:02:31	05:19:20.30	05:21:51.55	+02:29:34	9:58	6
64	LESZCZYŃSKA Weronika	1463	SYBERIAN HUSKY TEAM			00:00:15	05:19:25.55	05:19:41.25	+02:29:39	9:58	6
65	MATUSIAK Mateusz	466	WWW.ARDENTCOACH.COM	M30	25	00:06:34	05:21:06.55	05:27:40.80	+02:31:20	10:02	6
66	MADEJ Weronika	532		K18	3	00:03:06	05:27:12.10	05:30:18.50	+02:37:26	10:13	5.9
67	SKORNIAK Katarzyna	555		K30	7	00:07:37	05:29:31.65	05:37:09.40	+02:39:45	10:17	5.8
68	PĘKAŁA Dawid	477	ŻARY RUNNERS TEAM	M40	19	00:28:47	05:41:51.95	06:10:39.45	+02:52:06	10:41	5.6
69	SZYCHAŁSKI Kamil	515		M18	5	00:05:35	05:42:51.70	05:48:27.40	+02:53:05	10:42	5.6
70	OLESIAK Rafal	507		M30	26	00:05:52	05:42:57.30	05:48:50.00	+02:53:11	10:43	5.6
71	NOWAK Magdalena	421		K30	8	00:05:26	05:42:58.35	05:48:25.20	+02:53:12	10:43	5.6
72	CEKUS Bartosz	506	CROSSFIT CZĘSTOCHOWA/BPCONCEPT	M30	27	00:05:39	05:43:08.40	05:48:47.85	+02:53:22	10:43	5.6
73	SZWARC Grzegorz	487		M30	28	00:01:54	05:43:47.70	05:45:41.75	+02:54:01	10:44	5.6
74	LEDNICKI Michał	490		M30	29	00:01:45	05:44:18.20	05:46:04.05	+02:54:32	10:45	5.6
75	LEDNICKA Lidia	489		K30	9	00:01:38	05:44:25.55	05:46:04.25	+02:54:39	10:45	5.6
76	SOWIŃSKI Błażej	530	EKSTREMALNY TATA	M30	30	00:01:27	05:46:50.00	05:48:17.25	+02:57:04	10:50	5.5
77	KOWALSKI Andrzej	510	NAPRZÓD MŁOCINY	M30	31	00:02:11	06:01:07.40	06:03:18.85	+03:11:21	11:17	5.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	06:01:11.25 netto 32km	06:03:18.55 brutto 32km	+03:11:25 Różn.	11:17 Tempo min/km	5.3 Tempo km/h
78	IDZIKOWSKA ŚLEDŹ Marta	511	NAPRZÓD	K40	4	00:02:07	06:01:11.25	06:03:18.55	+03:11:25	11:17	5.3
79	SYNOWIEC JUDA Agata	545		K40	5	00:02:42	06:01:40.45	06:03:43.20	+03:13:24	11:17	5.3
80	WALUGA Michał	547		M40	20	00:08:02	06:05:38.60	06:11:40.90	+05:13:52	11:28	5.2
81	HAGEL Julita	453		K30	10	00:04:17	06:07:22.65	06:11:40.40	+03:17:36	11:28	5.2
82	LANGE Hanna	551	ŻÓŁWICE W BIEGU	K40	6	00:01:02	06:08:38.40	06:09:40.75	+03:18:52	11:31	5.2
83	GÓRNA Aldona	552		K40	7	00:01:09	06:08:39.45	06:09:48.60	+03:18:53	11:31	5.2
84	KACZMAREK Piotr	1460	KACZMAREK TEAM			00:05:01	06:09:44.65	06:14:45.70	+03:19:58	11:33	5.2
85	KACZMAREK Jan	531	KACZMAREK TEAM	M60	1	00:04:52	06:09:52.40	06:14:44.90	+03:20:06	11:33	5.2
86	KOŃ Aleksandra	1462	EKIPA LIPA			00:05:08	06:17:31.35	06:22:39.50	+03:27:45	11:47	5.1
87	SZERSZEŃ Małgorzata	488	PIASECZNO RUNNING	K40	8	00:00:54	06:27:47.70	06:28:42.15	+03:38:01	12:07	5
88	TALAJKO Dorota	491	KLUB KOMEDIOWY	K40	9	00:00:50	06:27:58.80	06:28:49.40	+03:38:13	12:07	4.9
89	KITA Michał	516	PĘDZA Ț W MIEJSCU	M40	21	00:00:03					
90	KNOBLOCH Ewa	534	ET TEAM	M40	22	00:02:49					
91	APANASEWICZ Dominika	499		K40	10	00:09:07					
92	JERSZ Bartosz	498		M40	23	00:09:17					
93	MIRECKI Tomasz	495		M40	24	03:42:11					
	KNOBLOCH Tomasz	535	ET TEAM	K40		DNF	DNF	DNF	-	-	-
	ŚWIĄDER Mirosław	523	INTEL RUNNERS/RUNPASSION.PL TEAM	M50		DNF	DNF	DNF	-	-	-

Znaleziono 95 wynik(ów)