



KOBIETY NA 5+ :: BIEG

B4SPORT

Wydarzenie:
Organizator:

Data:

Miejsce:

Dystans:

"Kobiety na 5+" Jastrzębski Bieg Kobiet 2021
Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
2021-09-19
Jastrzębie-Zdrój
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 20-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Zawrotka 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MENDECKA-ZEJDLER Michalina	8	1 SECOND TEAM	20-29	1		00:09:31	00:19:00.55		3:48	15.8 (100%)
2	KRUPOWICZ Wiktoria	660	ANNA HALSKA COACHING	20-29	2	ANNA HALSKA COACHING	00:10:05	00:20:42.60	+00:01:42 (8.2%)	4:08	14.5 (91.8%)
3	FILEC Wiktoria	3	RMKS RYBNIK	20-29	3		00:10:40	00:21:12.95	+00:02:12 (10.4%)	4:14	14.2 (89.9%)
4	WRÓBLEWSKA Judyta	226		20-29	4	Klub Biegacza Fartlek	00:10:44	00:21:59.40	+00:02:58 (13.6%)	4:23	13.6 (86.1%)
5	POZNIAK Maria	21		20-29	5		00:11:46	00:22:56.20	+00:03:55 (17.1%)	4:35	13.1 (82.9%)
6	PŁASZCZYMAKA Justyna	216	MIECHOWICKA GRUPA BIEGOWA	20-29	6	Miechowska Grupa Biegowa	00:11:24	00:23:06.10	+00:04:05 (17.7%)	4:37	13 (82.3%)
7	LACHOWICZ Izabela	168	PĘDZĄCE ŻÓŁWIE	20-29	7		00:11:45	00:23:46.25	+00:04:45 (20.0%)	4:45	12.6 (79.7%)
8	CHORCHOS Magda	803		20-29	8		00:12:19	00:24:45.70	+00:05:45 (23.2%)	4:57	12.1 (76.6%)
9	MISTEROWICZ Kinga	25	RUNSZ-TEAM	20-29	9	Niedoścignione	00:12:46	00:25:12.05	+00:06:11 (24.6%)	5:02	11.9 (75.3%)
10	LEPA Klaudia	139	BBL RUDA ŚLĄSKA	20-29	10	BBL Ruda Śląska	00:12:32	00:25:19.50	+00:06:18 (24.9%)	5:03	11.8 (74.7%)
11	MROZEK Aleksandra	140	KLUB BIEGACZA FARTLEK	20-29	11	Klub Biegacza Fartlek	00:12:59	00:25:48.70	+00:06:48 (26.4%)	5:09	11.6 (73.4%)
12	GŁĄBEK Edyta	914	SPOT PSZCZYNA	20-29	12		00:13:12	00:26:22.65	+00:07:22 (27.9%)	5:16	11.4 (72.2%)
13	ZYGMA Żaneta	460		20-29	13		00:13:38	00:27:00.90	+00:08:00 (29.6%)	5:24	11.1 (70.3%)
14	PŁAZA Monika	80		20-29	14		00:13:06	00:27:01.75	+00:08:01 (29.7%)	5:24	11.1 (70.3%)
15	GAWINEK Laura	248		20-29	15		00:13:55	00:27:31.95	+00:08:31 (31.0%)	5:30	10.9 (69.0%)

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16	MAĆKÓW Klaudia	225		20-29	16		00:13:47	00:27:48.60	+00:08:48 (31.6%)	5:33	10.8 (68.4%)
17	TRYBAŁA Weronika	900	WATAHA	20-29	17		00:14:11	00:27:53.30	+00:08:52 (31.8%)	5:34	10.8 (68.4%)
18	WASZKA Marta	242		20-29	18		00:14:27	00:28:42.45	+00:09:41 (33.8%)	5:44	10.5 (66.5%)
19	BURY Natalia	269	JUSTFEELFIT	20-29	19	Justfeelfit	00:14:57	00:29:28.45	+00:10:27 (35.5%)	5:53	10.2 (64.6%)
20	ZOCHOREK Monika	283	BYLE DO METY	20-29	20	Byle do mety	00:14:50	00:29:31.20	+00:10:30 (35.6%)	5:54	10.2 (64.6%)
21	KRZEMPEK Paulina	413		20-29	21		00:15:03	00:30:09.10	+00:11:08 (37.0%)	6:01	10 (63.3%)
22	JASZCZAK Małgorzata	540		20-29	22		00:14:41	00:30:10.60	+00:11:10 (37.0%)	6:02	9.9 (62.7%)
23	WALEK Natalia	753		20-29	23		00:16:01	00:30:43.40	+00:11:42 (38.1%)	6:08	9.8 (62.0%)
24	NIERADZIK Daria	496		20-29	24		00:15:02	00:30:59.55	+00:11:59 (38.7%)	6:11	9.7 (61.4%)
25	KALISZ Magdalena	223		20-29	25		00:15:33	00:31:20.70	+00:12:20 (39.4%)	6:16	9.6 (60.8%)
26	GAWINEK Aga	904		20-29	26		00:15:04	00:31:22.75	+00:12:22 (39.4%)	6:16	9.6 (60.8%)
27	KLAUDIA Brzana	888		20-29	27	Wymyślanka	00:15:38	00:31:58.35	+00:12:57 (40.5%)	6:23	9.4 (59.5%)
28	JANECKA Natalia	749		20-29	28		00:15:55	00:32:00.05	+00:12:59 (40.6%)	6:24	9.4 (59.5%)
29	LERCH Ewa	109	RUNTEAM PAWŁOWICE	20-29	29	RUNTEAM Pawłowice	00:15:34	00:32:01.40	+00:13:00 (40.6%)	6:24	9.4 (59.5%)
30	ABRACHAMCZYK Agnieszka	518		20-29	30		00:16:03	00:32:14.55	+00:13:14 (41.0%)	6:26	9.3 (58.9%)
31	SPROWNIK Joanna	281	BANK SPÓŁDZIECZY W JASTRZĘBIU ZDROJU	20-29	31	Bank Spółdzielczy w Jastrzębiu Zdroju	00:15:48	00:32:18.50	+00:13:17 (41.2%)	6:27	9.3 (58.9%)
32	GOŁOFIT Edyta	302	OPEL FIJAŁKOWSKI	20-29	32	Opel Fijałkowski	00:16:47	00:32:34.80	+00:13:34 (41.7%)	6:30	9.2 (58.2%)
33	MAĆKÓW Małgorzata	244		20-29	33		00:15:52	00:32:47.25	+00:13:46 (42.0%)	6:33	9.2 (58.2%)
34	ŚLEDŹ Dorota	306	HRMAX ŻORY	20-29	34	HRmax Dziółszki	00:16:14	00:32:48.30	+00:13:47 (42.1%)	6:33	9.1 (57.6%)
35	KROSNY Lucyna	299	BANK SPÓŁDZIELCZY W JASTRZĘBIU ZDROJU	20-29	35	Bank Spółdzielczy w Jastrzębiu Zdroju	00:16:00	00:32:55.80	+00:13:55 (42.3%)	6:35	9.1 (57.6%)
36	BRODA Kamila	311		20-29	36		00:16:25	00:33:21.25	+00:14:20 (43.0%)	6:40	9 (57.0%)
37	JEZIOROWSKA-CAPANDA Patrycja	581		20-29	37		00:16:57	00:34:16.65	+00:15:16 (44.5%)	6:51	8.8 (55.7%)
38	GÓRKA Kamila	851		20-29	38		00:16:54	00:34:16.80	+00:15:16 (44.5%)	6:51	8.8 (55.7%)

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39	MYŚLIWIEC Seniorita	350	KOBIETY NA 5+	20-29	39	Kobiety na 5+	00:16:58	00:35:03.70	+00:16:03 (45.8%)	7:00	8.6 (54.4%)
40	KIERMASZEK Paulina	796		20-29	40		00:16:48	00:35:03.80	+00:16:03 (45.8%)	7:00	8.6 (54.4%)
41	MADZIA Bożena	692		20-29	41	Winniczek Team	00:17:47	00:35:19.50	+00:16:18 (46.2%)	7:03	8.5 (53.8%)
42	JAŚKIEWICZ Natalia	303	OPEL FIJALKOWSKI	20-29	42	Opel Fijałkowski	00:17:21	00:35:45.60	+00:16:45 (46.8%)	7:09	8.4 (53.2%)
43	PYTLIK Agata	257		20-29	43	Cioteczki	00:17:54	00:36:23.20	+00:17:22 (47.8%)	7:16	8.2 (51.9%)
44	WRONA Aleksandra	583		20-29	44		00:18:04	00:36:53.85	+00:17:53 (48.5%)	7:22	8.1 (51.3%)
45	MARON Honorata	684		20-29	45		00:18:02	00:37:09.25	+00:18:08 (48.8%)	7:25	8.1 (51.3%)
46	WACHTARCZYK Dominika	390		20-29	46		00:18:07	00:37:10.25	+00:18:09 (48.9%)	7:26	8.1 (51.3%)
47	PUDA Patrycja	639		20-29	47	PsychoKsiężniczki	00:18:04	00:37:19.00	+00:18:18 (49.1%)	7:27	8 (50.6%)
48	IDZIKOWSKA Urszula	738		20-29	48		00:18:42	00:38:25.75	+00:19:25 (50.5%)	7:41	7.8 (49.4%)
49	HABER Karolina	584		20-29	49	Miechowicka Grupa Biegowa	00:22:41	00:45:58.80	+00:26:58 (58.7%)	9:11	6.5 (41.1%)
50	ŻEBROWSKA Weronika	730	MORS HUBERTUS	20-29	50		00:25:03	00:50:31.80	+00:31:31 (62.4%)	10:06	5.9 (37.3%)

Znaleziono 50 wynik(ów)