



# KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-06-02  
**Miejsce:** Kolbuszowa  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,4 km

| Msc | Zawodnik                    | Numer | Klub                                               | Kategoria | Żół.<br>kartki | Czer.<br>kartki | Start_All<br>0.37km | Start_All<br>1.1km | Start_All<br>3.6km | Start_All<br>6.1km | Start_All<br>7.4km |
|-----|-----------------------------|-------|----------------------------------------------------|-----------|----------------|-----------------|---------------------|--------------------|--------------------|--------------------|--------------------|
| 1   | MICHALEC Marcin             | 388   | KKB MOSIR KROSNO                                   | M30-39    |                |                 | 00:02:12            | 00:04:26           | 00:06:42           | 00:22:16           | 00:37:54           |
| 2   | DEPKA PRADZYŃSKI<br>Olgierd | 507   | BIEGAMYRAZEM.PL                                    | M60+      |                |                 | 00:02:25            | 00:04:46           | 00:07:08           | 00:23:20           | 00:39:25           |
| 3   | ROSAK Marcin                | 539   | RUNNERSKI.PL/ GREEN TEAM ZIELONA GÓRA              | M40-49    |                |                 | 00:02:17            | 00:04:38           | 00:07:03           | 00:23:24           | 00:39:28           |
| 4   | KORDOWSKI Piotr             | 519   |                                                    | M40-49    |                |                 | 00:02:17            | 00:04:38           | 00:07:04           | 00:23:25           | 00:39:32           |
| 5   | SZEREMETA Grzegorz          | 550   | CIDRY LOTAJOM                                      | M40-49    |                |                 | 00:02:20            | 00:04:43           | 00:07:06           | 00:23:27           | 00:39:55           |
| 6   | SŁUPIANEK Paweł             | 543   | LECYMY DURŚ                                        | M30-39    |                |                 | 00:02:23            | 00:04:52           | 00:07:20           | 00:24:01           | 00:40:46           |
| 7   | WOJTOWICZ Tomasz            | 230   | NWPL/FNWT                                          | M18-29    |                |                 | 00:02:23            | 00:04:54           | 00:07:28           | 00:24:09           | 00:41:12           |
| 8   | WITCZUK Łukasz              | 334   | NWPL / LUKI TEAM                                   | M30-39    |                |                 | 00:02:24            | 00:04:55           | 00:07:28           | 00:24:09           | 00:41:13           |
| 9   | BARCZYK Bogdan              | 503   | VIKING NORDIC TEAM CZĘSTOCHOWA                     | M50-59    |                |                 | 00:02:21            | 00:04:46           | 00:07:13           | 00:24:01           | 00:41:18           |
| 10  | SZARSZUNOWICZ<br>Mariusz    | 548   | KS METRACO POLKOWICE                               | M40-49    |                |                 | 00:02:23            | 00:04:51           | 00:07:17           | 00:24:05           | 00:41:19           |
| 11  | PUSZKIEL Leszek             | 537   | GREEN TEAM ZIELONA GÓRA                            | M60+      |                |                 | 00:02:22            | 00:04:49           | 00:07:17           | 00:24:11           | 00:41:33           |
| 12  | WAWRZYŃIAK Łukasz           | 552   | KS METRACO POLKOWICE                               | M30-39    |                |                 | 00:02:27            | 00:04:56           | 00:07:27           | 00:24:26           | 00:41:51           |
| 13  | PIETRZYK Jarosław           | 535   | VIKING NORDIC TEAM CZĘSTOCHOWA                     | M30-39    |                |                 | 00:02:22            | 00:04:53           | 00:07:27           | 00:24:55           | 00:42:23           |
| 14  | MAKOWSKI Jan                | 527   | RYBNICKI KLUB NORDIC WALKING                       | M50-59    |                |                 | 00:02:20            | 00:04:41           | 00:07:08           | 00:24:30           | 00:42:26           |
| 15  | ŚWISŁOCKI Bogdan            | 551   | FACE NORDIC WALKING TEAM                           | M50-59    |                |                 | 00:02:25            | 00:04:53           | 00:07:24           | 00:24:51           | 00:42:42           |
| 16  | MARCZAK Krzysztof           | 529   | NWPL/NW BĘŁCHATÓW                                  | M60+      |                |                 | 00:02:28            | 00:04:58           | 00:07:30           | 00:25:12           | 00:43:00           |
| 17  | BUŁAKOWSKI Bohdan           | 505   | PASJA NORDIC WALKING                               | M60+      |                |                 | 00:02:36            | 00:05:13           | 00:07:50           | 00:25:23           | 00:43:16           |
| 18  | WARĘCKI Roman               | 558   | LUBLIN ZNORDIC                                     | M50-59    |                |                 | 00:02:30            | 00:05:02           | 00:07:34           | 00:25:23           | 00:43:19           |
| 19  | KRZANOWSKI Bartłomiej       | 523   | SAMOTNI WĘDROWCY                                   | M40-49    |                |                 | 00:02:28            | 00:04:59           | 00:07:33           | 00:25:33           | 00:44:10           |
| 20  | KRZANOWSKI Grzegorz         | 522   | FACE NORDIC WALKING TEAM / JAROSŁAWSKIE WŁÓCZYKIJE | M30-39    |                |                 | 00:02:34            | 00:05:06           | 00:07:42           | 00:25:43           | 00:44:12           |
| 21  | KOWALSKI Marek              | 520   | UNIA MIAST                                         | M50-59    |                |                 | 00:02:36            | 00:05:16           | 00:07:59           | 00:26:10           | 00:44:16           |
| 22  | STEFANICKI Marek            | 546   | WŁÓCZYKIJE SWINOUJŚCIE                             | M60+      |                |                 | 00:02:42            | 00:05:28           | 00:08:15           | 00:26:26           | 00:44:59           |
| 23  | WESOŁOWSKI Wojciech         | 377   | MUSZKIETEROWIE                                     | M60+      |                |                 | 00:02:42            | 00:05:28           | 00:08:15           | 00:26:33           | 00:45:00           |
| 24  | RAKOWIECKI Zbigniew         | 499   |                                                    | M50-59    |                |                 | 00:02:39            | 00:05:21           | 00:08:02           | 00:26:32           | 00:45:17           |
| 25  | KOŁODZIEJ Joanna            | 518   |                                                    | K50-59    |                |                 | 00:02:37            | 00:05:17           | 00:08:01           | 00:26:42           | 00:45:19           |

| Msc | Zawodnik              | Numer | Klub                                                        | Kategoria | Żół.<br>kartki | Czer.<br>kartki | Start_All<br>0.37km | Start_All<br>1.1km | Start_All<br>3.6km | Start_All<br>6.1km | Start_All<br>7.4km |
|-----|-----------------------|-------|-------------------------------------------------------------|-----------|----------------|-----------------|---------------------|--------------------|--------------------|--------------------|--------------------|
| 26  | REJMAN Dorota         | 500   | FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY                  | K30-39    |                |                 | 00:02:36            | 00:05:17           | 00:08:02           | 00:26:44           | 00:45:20           |
| 27  | ŻAMOJCIN Marek        | 557   | NORDICLUB SZCZECIN                                          | M50-59    |                |                 | 00:02:33            | 00:05:12           | 00:07:52           | 00:26:35           | 00:45:27           |
| 28  | LIGĘZA Janusz         | 526   |                                                             | M50-59    |                |                 | 00:02:46            | 00:05:31           | 00:08:19           | 00:26:40           | 00:45:30           |
| 29  | RACŁAWSKI Jan         | 538   | AMATOR                                                      | M60+      |                |                 | 00:02:39            | 00:05:17           | 00:08:00           | 00:26:28           | 00:45:31           |
| 30  | SPYCHAŁA Marzena      | 545   | WESOŁY BORSUK TEAM                                          | K40-49    |                |                 | 00:02:41            | 00:05:22           | 00:08:08           | 00:26:49           | 00:45:37           |
| 31  | NIEDŹWIECKA Katarzyna | 532   | FACE NORDIC WALKING TEAM                                    | K40-49    |                |                 | 00:02:41            | 00:05:23           | 00:08:08           | 00:26:55           | 00:45:39           |
| 32  | SZCZEBAK Jacek        | 549   | UNIA MIAST                                                  | M40-49    |                |                 | 00:02:33            | 00:05:16           | 00:08:00           | 00:26:46           | 00:45:42           |
| 33  | DUDEK Edward          | 508   | KS METRACO POLKOWICE                                        | M60+      |                |                 | 00:02:44            | 00:05:31           | 00:08:18           | 00:26:50           | 00:45:47           |
| 34  | BADECKI Ryszard       | 501   | KS METRACO POLKOWICE                                        | M50-59    |                |                 | 00:02:46            | 00:05:33           | 00:08:21           | 00:26:53           | 00:45:49           |
| 35  | MARONDEL Katarzyna    | 530   | SILESIA NORDIC TEAM                                         | K30-39    |                |                 | 00:02:36            | 00:05:17           | 00:08:02           | 00:26:46           | 00:45:53           |
| 36  | JANOSZKA Irena        | 512   | CIDRY LOTAJOM                                               | K50-59    |                |                 | 00:02:44            | 00:05:27           | 00:08:12           | 00:26:59           | 00:46:03           |
| 37  | KRYSZCZUK Krzysztof   | 521   | NOWI SIEDLCE/NW WSCHÓD                                      | M50-59    |                |                 | 00:02:42            | 00:05:29           | 00:08:20           | 00:27:01           | 00:46:08           |
| 38  | STĘPIEŃ Lucyna        | 547   | KS METRACO POLKOWICE                                        | K60+      |                |                 | 00:02:45            | 00:05:29           | 00:08:17           | 00:27:20           | 00:46:50           |
| 39  | BOCZAR Beata          | 560   | GREEN TEAM                                                  | K50-59    |                |                 | 00:02:52            | 00:05:42           | 00:08:34           | 00:27:42           | 00:47:22           |
| 40  | SMUS Damian           | 544   | EPOKA NORDICA ŁÓDŹ                                          | M18-29    |                |                 | 00:02:41            | 00:05:30           | 00:08:22           | 00:28:02           | 00:47:29           |
| 41  | KANIOWSKA Beata       | 514   | VIKING NORDIC TEAM CZĘSTOCHOWA                              | K40-49    |                |                 | 00:02:43            | 00:05:28           | 00:08:16           | 00:27:43           | 00:47:40           |
| 42  | MAZUR Krzysztof       | 531   | EKIPA Z TARNOWA                                             | M40-49    |                |                 | 00:02:46            | 00:05:35           | 00:08:25           | 00:28:01           | 00:47:59           |
| 43  | KOŁACZ Jakub          | 517   |                                                             | M30-39    |                |                 | 00:02:37            | 00:05:28           | 00:08:20           | 00:28:00           | 00:48:00           |
| 44  | KARASIEWICZ Irena     | 516   | FACE NORDIC WALKING TEAM                                    | K50-59    |                |                 | 00:02:52            | 00:05:43           | 00:08:33           | 00:28:04           | 00:48:04           |
| 45  | WITKOWSKA Maria       | 372   | UNIA MIAST                                                  | K60+      |                |                 | 00:02:56            | 00:05:48           | 00:08:40           | 00:28:18           | 00:48:18           |
| 46  | WIŚNIEWSKI Roman      | 553   |                                                             | M60+      |                |                 | 00:02:44            | 00:05:32           | 00:08:21           | 00:28:00           | 00:48:24           |
| 47  | KABAŁA Marzena        | 513   | BIEGAMYRAZEM.PL                                             | K40-49    |                |                 | 00:02:49            | 00:05:41           | 00:08:31           | 00:28:17           | 00:48:56           |
| 48  | KUSAJ Tomasz          | 524   | OSP ZAWADA                                                  | M50-59    |                |                 | 00:02:45            | 00:05:39           | 00:08:35           | 00:28:48           | 00:49:10           |
| 49  | OLSZAŃSKA Krystyna    | 534   | SEKCJA NW KLUBU BIAŁA BIEGA/TKKF                            | K60+      |                |                 | 00:02:51            | 00:05:45           | 00:08:42           | 00:28:41           | 00:49:14           |
| 50  | KUŹMA Elżbieta        | 525   | KLUB NW 'WŁÓCZYKIJE'                                        | K50-59    |                |                 | 00:02:50            | 00:05:44           | 00:08:40           | 00:28:49           | 00:49:27           |
| 51  | BARCZYK Jolanta       | 504   | VIKING NORDIC TEAM CZĘSTOCHOWA                              | K50-59    |                |                 | 00:02:54            | 00:05:51           | 00:08:49           | 00:29:10           | 00:49:52           |
| 52  | MARCINKOWSKI Wojciech | 528   | UNIA MIAST                                                  | M40-49    |                |                 | 00:02:44            | 00:05:35           | 00:08:28           | 00:29:05           | 00:50:18           |
| 53  | BARAN Marek           | 502   | KLUBSPORTU.PL                                               | M40-49    |                |                 | 00:02:56            | 00:06:00           | 00:09:04           | 00:29:51           | 00:50:58           |
| 54  | POSTEK Danuta         | 536   | MARSZ PO ZDROWIE                                            | K50-59    |                |                 | 00:02:51            | 00:05:46           | 00:08:45           | 00:29:43           | 00:50:58           |
| 55  | GERLE-KOTULA Anna     | 510   | UNIA MIAST                                                  | K30-39    |                |                 | 00:02:47            | 00:05:44           | 00:08:48           | 00:29:48           | 00:51:06           |
| 56  | ZAWADZKA Maria        | 556   | KS METRACO POLKOWICE                                        | K60+      |                |                 | 00:02:54            | 00:05:58           | 00:09:08           | 00:30:43           | 00:52:15           |
| 57  | ROZMUS Jolanta        | 540   | FACE NORDIC WALKING TEAM                                    | K60+      |                |                 | 00:03:05            | 00:06:11           | 00:09:19           | 00:30:55           | 00:53:14           |
| 58  | ZUZDA Jolanta Grażyna | 555   |                                                             | K60+      |                |                 | 00:03:08            | 00:06:17           | 00:09:26           | 00:31:28           | 00:53:36           |
| 59  | KARASIEWICZ Iwona     | 515   | NORDICLUB SZCZECIN                                          | K30-39    |                |                 | 00:03:00            | 00:06:11           | 00:09:26           | 00:32:10           | 00:54:49           |
| 60  | CHRAPEK Urszula       | 559   | KS RUDZICA                                                  | K30-39    |                |                 | 00:03:06            | 00:06:20           | 00:09:39           | 00:33:09           | 00:56:37           |
| 61  | SERAFIN Anna          | 541   | UKS SIEDLESZCZANY NORDIC WALKING/ FORSE NORDIC WALKING TEAM | K30-39    |                |                 | 00:03:08            | 00:06:22           | 00:09:40           | 00:33:11           | 00:56:40           |

Znaleziono 61 wynik(ów)