

KOSZALIN JUMP & RUN CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2021-08-21
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JOŃSKA Martyna	168		Fala 1	10	1	00:36:18.80		7:15	8.3 (100%)
2	GRABAREK Ewelina	196		Fala 3	7	3	00:37:28.90	+00:01:10 (3.1%)	7:29	8 (96.4%)
3	HAŁAJKO Magdalena	153		Fala 1	13	1	00:38:31.90	+00:02:13 (5.8%)	7:42	7.8 (94.0%)
4	DMYTERKO Karina	225		Fala 3	9	3	00:39:20.95	+00:03:02 (7.7%)	7:52	7.6 (91.6%)
5	WOLF Beata	123		Fala 1	15	1	00:40:33.35	+00:04:14 (10.5%)	8:06	7.4 (89.2%)
6	ZANIEWICZ Barbara	214		Fala 3	12	3	00:41:10.70	+00:04:51 (11.8%)	8:14	7.3 (88.0%)
7	ROSOWICZ Natalia	178		Fala 2	4	2	00:41:34.20	+00:05:15 (12.6%)	8:18	7.2 (86.7%)
8	GRZESIEK Magdalena	204		Fala 3	13	3	00:42:00.90	+00:05:42 (13.6%)	8:24	7.1 (85.5%)
9	KUBIAK Monika	148		Fala 1	18	1	00:42:17.90	+00:05:59 (14.1%)	8:27	7.1 (85.5%)
10	POBUSKA Urszula	149		Fala 1	19	1	00:42:17.95	+00:05:59 (14.2%)	8:27	7.1 (85.5%)
11	SZAŁA Angelika	220		Fala 3	15	3	00:42:39.85	+00:06:21 (14.9%)	8:31	7 (84.3%)
12	PYRKA Marta	188		Fala 3	17	3	00:42:53.85	+00:06:35 (15.3%)	8:34	7 (84.3%)
13	DOMAŃSKA Justyna	155		Fala 1	22	1	00:43:09.95	+00:06:51 (15.9%)	8:37	7 (84.3%)
14	MAKSYMIOK Agnieszka	235		Fala 3	18	3	00:43:32.50	+00:07:13 (16.6%)	8:42	6.9 (83.1%)
15	RADZISZEWSKA Katarzyna	224		Fala 3	19	3	00:43:51.20	+00:07:32 (17.2%)	8:46	6.8 (81.9%)
16	OSMÓLSKA Wiktoria	209		Fala 3	20	3	00:44:11.35	+00:07:52 (17.8%)	8:50	6.8 (81.9%)
17	MOLENDĄ Magdalena	101		Fala 1	23	1	00:44:29.50	+00:08:10 (18.4%)	8:53	6.7 (80.7%)
18	RYBKA Martyna	156		Fala 1	24	1	00:44:46.30	+00:08:27 (18.9%)	8:57	6.7 (80.7%)
19	GLISZCZYŃSKA Pola	211		Fala 3	21	3	00:44:53.15	+00:08:34 (19.1%)	8:58	6.7 (80.7%)
20	GAŁAJ Halina	152		Fala 1	26	1	00:45:21.85	+00:09:03 (20.0%)	9:04	6.6 (79.5%)
21	DBUCHOWSKA Magdalena	166		Fala 1	27	1	00:45:42.15	+00:09:23 (20.5%)	9:08	6.6 (79.5%)
22	ŁOPATKA Joanna	191		Fala 3	26	3	00:46:33.00	+00:10:14 (22.0%)	9:18	6.4 (77.1%)
23	MACHNIKOWSKA Monika	134		Fala 1	29	1	00:46:39.20	+00:10:20 (22.2%)	9:19	6.4 (77.1%)
24	POTEJKO Julia	165		Fala 1	30	1	00:46:42.05	+00:10:23 (22.2%)	9:20	6.4 (77.1%)
25	MALTYWSKA Luiza	162		Fala 1	31	1	00:46:51.30	+00:10:32 (22.5%)	9:22	6.4 (77.1%)
26	WOSZYKOWSKA Katarzyna	159		Fala 1	32	1	00:46:53.80	+00:10:35 (22.6%)	9:22	6.4 (77.1%)

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27	WALKOWIAK Daria	128		Fala 1	33	1	00:47:04.85	+00:10:46 (22.9%)	9:24	6.4 (77.1%)
28	KLIMOWSKA Katarzyna	160		Fala 1	34	1	00:47:13.10	+00:10:54 (23.1%)	9:26	6.4 (77.1%)
29	GŁADYSZ Marlena	219		Fala 3	27	3	00:47:24.20	+00:11:05 (23.4%)	9:28	6.3 (75.9%)
30	SZANEK Agnieszka	145		Fala 1	35	1	00:47:36.75	+00:11:17 (23.7%)	9:31	6.3 (75.9%)
31	BRYNKIEWICZ Anna	222		Fala 3	28	3	00:48:15.35	+00:11:56 (24.7%)	9:39	6.2 (74.7%)
32	BALONIS Justyna	139		Fala 1	37	1	00:48:45.85	+00:12:27 (25.5%)	9:45	6.2 (74.7%)
33	SOŁOMSKA Martyna	208		Fala 3	30	3	00:48:55.35	+00:12:36 (25.8%)	9:47	6.1 (73.5%)
34	SAŃKO Anna	138		Fala 1	44	1	00:49:41.50	+00:13:22 (26.9%)	9:56	6 (72.3%)
35	TURALSKA Monika	249		Fala 4	3	4	00:50:19.65	+00:14:00 (27.8%)	10:03	6 (72.3%)
36	FIR Beata	230		Fala 3	31	3	00:50:32.65	+00:14:13 (28.2%)	10:06	5.9 (71.1%)
37	MAKSYMIUK Natalia	228		Fala 3	32	3	00:50:58.15	+00:14:39 (28.8%)	10:11	5.9 (71.1%)
38	KRAWCZYK Magdalena	207		Fala 3	33	3	00:51:00.30	+00:14:41 (28.8%)	10:12	5.9 (71.1%)
39	ZIEMANN Natalia	143		Fala 1	46	1	00:51:34.30	+00:15:15 (29.6%)	10:18	5.8 (69.9%)
40	BRODECKA Agata	181		Fala 2	6	2	00:51:45.35	+00:15:26 (29.8%)	10:21	5.8 (69.9%)
41	ZIEMANN Żaneta	142		Fala 1	47	1	00:52:09.80	+00:15:51 (30.4%)	10:25	5.8 (69.9%)
42	MOŁDAWA Małgorzata	171		Fala 1	48	1	00:52:30.60	+00:16:11 (30.8%)	10:30	5.7 (68.7%)
43	KRAWCZYK Marta	203		Fala 3	35	3	00:52:47.15	+00:16:28 (31.2%)	10:33	5.7 (68.7%)
44	JAKUBOWSKA Roksana	205		Fala 3	36	3	00:53:29.35	+00:17:10 (32.1%)	10:41	5.6 (67.5%)
45	POSIAPAŁA Agnieszka	223		Fala 3	37	3	00:53:38.05	+00:17:19 (32.3%)	10:43	5.6 (67.5%)
46	KOSTRZWA Dorota	226		Fala 3	38	3	00:54:00.30	+00:17:41 (32.8%)	10:48	5.6 (67.5%)
47	SERAFIN Sylwia	124		Fala 1	49	1	00:54:18.50	+00:17:59 (33.1%)	10:51	5.5 (66.3%)
48	SUCHARSKA Ewa	229		Fala 3	41	3	00:54:27.45	+00:18:08 (33.3%)	10:53	5.5 (66.3%)
49	JASTRZĘBSKA Karolina	141		Fala 1	54	1	00:57:22.20	+00:21:03 (36.7%)	11:28	5.2 (62.7%)
50	FIJOŁEK Aleksandra	135		Fala 1	55	1	00:58:02.85	+00:21:44 (37.4%)	11:36	5.2 (62.7%)
51	SOKOŁOWSKA Tola	170		Fala 1	56	1	00:58:24.75	+00:22:05 (37.8%)	11:40	5.1 (61.4%)
52	JANISIAK Magdalena	146		Fala 1	57	1	00:59:14.90	+00:22:56 (38.7%)	11:50	5.1 (61.4%)
53	BROVCHENKO Sylwia	175		Fala 1	58	1	00:59:19.80	+00:23:01 (38.8%)	11:51	5.1 (61.4%)
54	BALONIS Agnieszka	137		Fala 1	59	1	00:59:30.45	+00:23:11 (39.0%)	11:54	5 (60.2%)
55	BECZKOWICZ Agata	105	BECZKA I PIRAT	Fala 1	60	1	00:59:36.95	+00:23:18 (39.1%)	11:55	5 (60.2%)
56	BRAŃKA Anna	140		Fala 1	61	1	00:59:45.95	+00:23:27 (39.2%)	11:57	5 (60.2%)
57	ADAMOWICZ Klaudia	158		Fala 1	62	1	01:00:10.75	+00:23:51 (39.7%)	12:02	5 (60.2%)
58	WICHER Agnieszka	144		Fala 1	63	1	01:00:11.40	+00:23:52 (39.7%)	12:02	5 (60.2%)
59	JĘDRASZCZYK Justyna	147		Fala 1	64	1	01:00:24.85	+00:24:06 (39.9%)	12:04	5 (60.2%)
60	BRZEZIŃSKA Magdalena	111		Fala 1	65	1	01:00:26.85	+00:24:08 (39.9%)	12:05	5 (60.2%)
61	KLIMEWICZ Ilona	190		Fala 3	44	3	01:00:26.95	+00:24:08 (39.9%)	12:05	5 (60.2%)
62	ZANIEWICZ Patrycja	213		Fala 3	45	3	01:00:28.45	+00:24:09 (40.0%)	12:05	5 (60.2%)
63	ZANIEWICZ Jolanta	216		Fala 3	47	3	01:00:30.95	+00:24:12 (40.0%)	12:06	5 (60.2%)
64	ZIFTARSKA Julia	169		Fala 1	66	1	01:01:07.35	+00:24:48 (40.6%)	12:13	4.9 (59.0%)
65	OBLEMSKA Katarzyna	133		Fala 1	68	1	01:01:13.90	+00:24:55 (40.7%)	12:14	4.9 (59.0%)
66	LEOCKO Iwona	167		Fala 1	71	1	01:01:21.95	+00:25:03 (40.8%)	12:16	4.9 (59.0%)
67	MAKAREWICZ Anna	163		Fala 1	72	1	01:01:22.45	+00:25:03 (40.8%)	12:16	4.9 (59.0%)
68	ŻMUDA Anna	180		Fala 2	7	2	01:01:27.05	+00:25:08 (40.9%)	12:17	4.9 (59.0%)
69	MOŁDAWA Karolina	173		Fala 1	74	1	01:02:11.70	+00:25:52 (41.6%)	12:26	4.8 (57.8%)
70	BIELAK Marcelina	182		Fala 2	8	2	01:04:18.60	+00:27:59 (43.5%)	12:51	4.7 (56.6%)

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71	STRZYŻ Dorota	172		Fala 1	75	1	01:04:49.15	+00:28:30 (44.0%)	12:57	4.6 (55.4%)
72	TREPILA Aleksandra	238		Fala 4	6	4	01:06:17.35	+00:29:58 (45.2%)	13:15	4.5 (54.2%)
73	FAŁAT Monika	239		Fala 4	7	4	01:07:21.65	+00:31:02 (46.1%)	13:28	4.5 (54.2%)
74	CZAJKOWSKA Anna	198		Fala 3	50	3	01:28:23.40	+00:52:04 (58.9%)	17:40	3.4 (41.0%)
75	POŁOWIAK Katarzyna	237		Fala 4	8	4	01:36:27.60	+01:00:08 (62.4%)	19:17	3.1 (37.3%)
76	KRAJEWSKA Agnieszka	243		Fala 4	9	4	01:37:11.25	+01:00:52 (62.6%)	19:26	3.1 (37.3%)

Znaleziono 76 wynik(ów)