



KOSZALIŃSKI BIEG NIEPODLEGŁOŚCI

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2021-11-13
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 4,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Lap1 1km	Lap2 2km	Lap3 3km	Lap4 4km
1	SIODMIAK Igor	66	7PRO SIÓDMIAK TEAM	M14-29	00:03:35	00:07:16	00:11:00	00:14:44
2	USS Miłosz	75		M14-29	00:03:35	00:07:16	00:11:00	00:14:46
3	KĘPKA Adrian	19	KĘPKA NA TRASIE	M14-29	00:03:35	00:07:16	00:11:00	00:14:46
4	MAJKOWICZ Rafał	99	BIEGOLAS KOSZALIN	M30-39	00:03:37	00:07:30	00:11:31	00:15:32
5	PAWŁOWICZ Roland	89	7PRO SIÓDMIAK TEAM	M14-29	00:03:40	00:07:37	00:11:38	00:15:41
6	WESOŁOWSKI Marcin	77	OBSESJA BIEGANIA	M30-39	00:03:51	00:07:54	00:11:59	00:16:07
7	PICK Tomasz	60	BIEGOLAS KOSZALIN	M50-59	00:03:58	00:08:05	00:12:13	00:16:23
8	KOZIEŁ Paweł	93		M40-49	00:03:59	00:08:11	00:12:26	00:16:44
9	ZUKAL Piotr	98	7PRO SIÓDMIAK TEAM	M40-49	00:04:06	00:08:17	00:12:31	00:16:46
10	BARTHA Adrian	3		M30-39	00:04:01	00:08:21	00:12:46	00:17:09
11	BENCYCH Michał	90	7PRO SIÓDMIAK TEAM	M14-29	00:04:04	00:08:24	00:12:51	00:17:19
12	WICHER Krzysztof	91	ADWOKATURA	M40-49	00:04:10	00:08:33	00:13:01	00:17:28
13	KRACZKOWSKI Przemysław	37	142BLP TRZEBIATÓW	M40-49	00:04:14	00:08:37	00:13:06	00:17:38
14	MACIEJCZYK Mateusz	44		M30-39	00:04:25	00:08:55	00:13:29	00:18:05
15	SZPITER Tomasz	71		M50-59	00:04:22	00:08:58	00:13:37	00:18:16
16	ADASZYŃSKI Wiesław	2	BIEGOLAS KOSZALIN	M50-59	00:04:16	00:08:50	00:13:31	00:18:16
17	STENKA Rafał	67		M30-39	00:04:11	00:08:41	00:13:27	00:18:18
18	OLEARCZYK Arkadiusz	51		M40-49	00:04:21	00:08:57	00:13:39	00:18:24
19	WINKOWSKI Ireneusz	95		M40-49	00:04:26	00:09:10	00:13:52	00:18:36
20	SEROWSKI Łukasz	63	BIEGOLAS KOSZALIN	M30-39	00:04:27	00:09:10	00:13:59	00:18:43
21	WIECZORKOWSKI Władysław	78		M60-69	00:04:29	00:09:13	00:14:00	00:18:46
22	GRĄBCZEWSKI Dawid	20		M30-39	00:04:17	00:08:54	00:13:51	00:18:47
23	SZYDŁOWSKI Michał	72		M14-29	00:04:29	00:09:16	00:14:14	00:19:09
24	PAWŁOWSKI Michał	58	PRECON-POLSKA	M40-49	00:04:27	00:09:15	00:14:22	00:19:14
25	HOREGLAD Paweł	25	SPEEDY GONZALES	M14-29	00:04:33	00:09:24	00:14:20	00:19:18
26	KUCHARCZYK Damian	40	KSW HUSARIA	M30-39	00:04:58	00:09:47	00:14:35	00:19:19
27	DANIELAK Tomasz	11		M14-29	00:04:10	00:09:03	00:14:07	00:19:26
28	CHUDZIK Zbigniew	9	TKKF KOSZALIN	M60-69	00:04:53	00:09:46	00:14:36	00:19:28

Msc	Zawodnik	Numer	Klub	Kategoria	Lap1 1km	Lap2 2km	Lap3 3km	Lap4 4km
29	MACIĄG Piotr	43		M40-49	00:04:47	00:09:41	00:14:38	00:19:32
30	JAROSZ Dariusz	26	TKKF KOSZALIN	M40-49	00:04:51	00:09:45	00:14:41	00:19:38
31	KASPRZYK Bogdan	28	KM PSP KOSZALIN	M40-49	00:04:48	00:09:43	00:14:45	00:19:46
32	ZAWISKA Bartłomiej	83		M30-39	00:04:53	00:09:45	00:14:43	00:19:49
33	KLENIEWSKI Piotr	29		M60-69	00:04:45	00:09:44	00:14:40	00:19:50
34	MACIĄG Paweł	42	HOMOSAPIE	M40-49	00:04:58	00:09:57	00:14:59	00:20:05
35	BOGACKI Tomasz	6	TKKF KOSZALIN	M60-69	00:04:59	00:09:59	00:15:06	00:20:15
36	BURKIET Paweł	8		M40-49	00:04:39	00:09:39	00:14:54	00:20:19
37	BOREJKO Łukasz	7		M30-39	00:05:07	00:10:14	00:15:19	00:20:20
38	OSTROWSKI Jacek	53	142BLP TRZEBIATÓW	M30-39	00:04:49	00:09:56	00:15:09	00:20:24
39	KALINOWSKI Krzysztof	94	ADWOKATURA	M40-49	00:05:07	00:10:10	00:15:16	00:20:29
40	STAŃCZYK Sławomir	101		M30-39	00:04:53	00:10:03	00:15:15	00:20:35
41	GAWIECKI Piotr	18	ROZBIEGANY KOSZALIN	M40-49	00:04:55	00:10:00	00:15:14	00:20:44
42	ADAMSKI Dariusz	1	POLANÓW	M30-39	00:05:05	00:10:09	00:15:19	00:20:44
43	KARASIEWICZ Robert	27		M40-49	00:04:59	00:10:13	00:15:31	00:20:49
44	WYSOCZAŃSKI Daniel	82	ROZBIEGANA USTKA	M40-49	00:05:14	00:10:31	00:15:44	00:21:06
45	PAJOR Tomasz	54	HOMOSAPIE	M40-49	00:04:58	00:10:04	00:15:31	00:21:11
46	OSOBNIAK Ryszard	52		M60-69	00:05:19	00:10:44	00:16:07	00:21:30
47	KOZŁOWIECKI Waldemar	36	TKKF KOSZALIN	M70+	00:05:16	00:10:46	00:16:13	00:21:40
48	ŻUCHELKOWSKI Henryk	85		M30-39	00:05:01	00:10:44	00:16:20	00:21:58
49	PARSZCZYŃSKI Michał	55		M14-29	00:05:40	00:11:08	00:16:33	00:22:57
50	PIETRZYK Rafał	61	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ KALISZ POMORSKI	M30-39	00:05:34	00:11:20	00:17:06	00:22:57
51	KOWALCZYK Andrzej	33		M50-59	00:05:24	00:11:03	00:16:53	00:23:01
52	GUTOWSKI Marek	23		M40-49	00:05:41	00:11:20	00:17:13	00:23:19
53	SIMINIAK Łukasz	65		M30-39	00:06:03	00:12:02	00:18:03	00:24:09
54	HELLER Zdzisław	24	HERBMARATONOW.PL	M60-69	00:05:47	00:12:01	00:18:14	00:24:30
55	KOSICKI Piotr	32		M50-59	00:06:46	00:14:29	00:22:30	00:30:32
56	PASEK Jan	57	KLUB BIEGOWY JANTAR ŚWIESZYNO	M60-69	00:07:25	00:15:51	00:24:52	00:33:43

Znaleziono 56 wynik(ów)