

Wydarzenie: Kudowski Festiwal Biegowy - Sztafeta Górską 2021
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-05-09
Miejsce: Kudowa-Zdrój
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Jakubowice 5.3km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	WŁODARCZYK Krzysztof	4084	KB HARCOWNIK JELCZ-LASKOWICE	M-40	1	00:29:35	00:49:31.30		4:57	12.1 (100%)
2	ROGOZIŃSKI Olaf	4096		M-40	2	00:29:15	00:49:46.05	+00:00:14 (0.5%)	4:58	12.1 (100%)
3	PRYSTARZ Krzysztof	4119		M-40	3	00:32:56	00:53:15.35	+00:03:44 (7.0%)	5:19	11.3 (93.4%)
4	OLSZEWSKI Tomasz	4122		M-40	4	00:34:10	00:56:11.60	+00:06:40 (11.9%)	5:37	10.7 (88.4%)
5	LEWANDOWSKI Paweł	4120		M-40	5	00:34:09	00:56:37.15	+00:07:05 (12.5%)	5:39	10.6 (87.6%)
6	ALTEWĘGIER Jarosław	4058		M-40	6	00:35:29	00:59:59.75	+00:10:28 (17.5%)	5:59	10 (82.6%)
7	PIJANOWSKI Paweł	4093		M-40	7	00:37:37	01:01:55.00	+00:12:23 (20.0%)	6:11	9.7 (80.2%)
8	TYSZKIEWICZ Krzysztof	4123		M-40	8	00:37:38	01:02:46.40	+00:13:15 (21.1%)	6:16	9.6 (79.3%)
9	GOCYŁA Michał	4079	3M RUNNING TEAM	M-40	9	00:40:50	01:10:03.05	+00:20:31 (29.3%)	7:00	8.6 (71.1%)
10	KARWACKI Krzysztof	4071		M-40	10	00:43:48	01:10:54.80	+00:21:23 (30.2%)	7:05	8.5 (70.2%)
11	GOŁASZEWSKI Robert	4012		M-40	11	00:44:35	01:11:39.50	+00:22:08 (30.9%)	7:09	8.4 (69.4%)
12	KULA Krystian	4007	KB HARCOWNIK JELCZ LASKOWICE	M-40	12	00:42:54	01:12:34.30	+00:23:03 (31.8%)	7:15	8.3 (68.6%)
13	SZYMAŃSKI Grzegorz	4083	ZWYCIĘZCÓW 6F	M-40	13	00:44:52	01:14:01.05	+00:24:29 (33.1%)	7:24	8.1 (66.9%)
14	SZYMYŚLIK Jacek	4035		M-40	14	00:43:35	01:14:14.15	+00:24:42 (33.3%)	7:25	8.1 (66.9%)
15	MŁYNARCZYK Krzysztof	4015		M-40	15	00:45:00	01:14:31.80	+00:25:00 (33.6%)	7:27	8.1 (66.9%)
16	MATLAK Grzegorz	4080	3M RUNNING TEAM	M-40	16	00:45:30	01:15:15.60	+00:25:44 (34.2%)	7:31	8 (66.1%)
17	LEWICKI Tomasz	4105		M-40	17	00:45:51	01:15:20.80	+00:25:49 (34.3%)	7:32	8 (66.1%)
18	KIRCUŃ Paweł	4091		M-40	18	00:44:14	01:16:03.80	+00:26:32 (34.9%)	7:36	7.9 (65.3%)
19	BAJER Karol	4034		M-40	19	00:44:51	01:16:42.35	+00:27:11 (35.4%)	7:40	7.8 (64.5%)
20	UPTAS Tomasz	4017	FITNESS & SQUASH COMPLEX	M-40	20	00:50:22	01:16:44.65	+00:27:13 (35.5%)	7:40	7.8 (64.5%)
21	BRĄGIEL Piotr	4029		M-40	21	00:58:28	01:34:35.70	+00:45:04 (47.6%)	9:27	6.3 (52.1%)
22	WESOŁOWSKI Damian	4019	TOMASZÓW MAZ.	M-40	22	01:00:22	01:44:49.75	+00:55:18 (52.8%)	10:28	5.7 (47.1%)

Znaleziono 22 wynik(ów)