

ŁĄDUJ NA OSOWEJ - 10KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator:

Stowarzyszenie Klub Sportowy Olimpia Osowa

Data:

2015-09-26

Miejsce:

Gdańsk / Osowa

Dystans:

10 km



Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BARANOWSKA -TRZASKO Aleksandra	5		K30	1	00:43:56.35	00:44:20.75		4:23	13.7 (100%)
2	SIKORA Iwona	167		K30	2	00:45:08.60	00:45:33.65	+00:01:12 (2.7%)	4:30	13.3 (97.1%)
3	SZYMAŃSKA Monika	186		K30	3	00:49:47.65	00:50:14.90	+00:05:54 (11.7%)	4:58	12.1 (88.3%)
4	HRYNIEWICKA Monika	59		K30	4	00:50:10.25	00:50:42.30	+00:06:21 (12.5%)	5:01	12 (87.6%)
5	RUTKOWSKA Magdalena	156		K30	5	00:51:06.55	00:51:33.25	+00:07:12 (14.0%)	5:06	11.7 (85.4%)
6	LOTKOWSKA Alicja	109		K30	6	00:52:04.40	00:52:37.05	+00:08:16 (15.7%)	5:12	11.5 (83.9%)
7	CZUBEK Danuta	28		K30	7	00:53:18.50	00:53:44.75	+00:09:24 (17.5%)	5:19	11.3 (82.5%)
8	ŻURAWSKA Monika	217		K30	8	00:53:31.80	00:54:03.05	+00:09:42 (18.0%)	5:21	11.2 (81.8%)
9	AUGUSTYNIAK Mirosława	4		K30	9	00:54:32.85	00:55:04.90	+00:10:44 (19.5%)	5:27	11 (80.3%)
10	BORYS-HALULKO Maria	19		K30	10	00:56:42.80	00:57:17.00	+00:12:56 (22.6%)	5:40	10.6 (77.4%)
11	BIERNACKA Aleksandra	11		K30	11	00:57:47.50	00:58:17.75	+00:13:57 (23.9%)	5:46	10.4 (75.9%)
12	WALCZUK Barbara	199		K30	12	00:58:56.55	00:59:25.90	+00:15:05 (25.4%)	5:53	10.2 (74.5%)
13	ZAKRZEWSKA Katarzyna	215		K30	13	00:59:41.50	01:00:16.05	+00:15:55 (26.4%)	5:58	10.1 (73.7%)
14	TRZASKOWSKA Justyna	194		K30	14	01:03:53.00	01:04:31.35	+00:20:10 (31.3%)	6:23	9.4 (68.6%)
15	BUJAK Justyna	21		K30	15	01:06:05.60	01:06:38.15	+00:22:17 (33.5%)	6:36	9.1 (66.4%)
16	LEWANDOWSKA Marzena	103		K30	16	01:09:58.75	01:10:25.15	+00:26:04 (37.0%)	6:59	8.6 (62.8%)
17	DYMOWSKA Joanna	225		K30	17	01:13:11.50	01:13:47.90	+00:29:27 (39.9%)	7:19	8.2 (59.9%)

Znaleziono 17 wynik(ów)