



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowna Ultra-Trail
Fundacja Ultra
2019-10-12
Komańcza
30 km

ŁEMKOWYNA ULTRA-TRAIL® 30

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	BEDNAREK Adrian	3002		Open M	1		02:03:29.90	02:03:29.90		4:15	14.1 (100%)
2	LEŚNIAK Kamil	3475	SALCO GARMIN TEAM	Open M	2		02:05:05.45	02:05:05.45	+00:01:35 (1.3%)	4:18	13.9 (98.6%)
3	KOŚCIELNIAK Kacper	3477	SALCO GARMIN TEAM	Open M	3		02:05:07.10	02:05:07.10	+00:01:37 (1.3%)	4:18	13.9 (98.6%)
4	TOMASIK Stanisław	3003	GORLICKA GRUPA BIEGOWA	Open M	4		02:17:21.05	02:17:21.05	+00:13:51 (10.1%)	4:44	12.7 (90.1%)
5	LASEK Dariusz	3219	OUTDOORZY	Open M	5		02:27:29.05	02:27:29.05	+00:23:59 (16.3%)	5:05	11.8 (83.7%)
6	KUNZ Marcin	3212	LACHO TEAM	Open M	6		02:29:54.80	02:29:54.80	+00:26:24 (17.6%)	5:10	11.6 (82.3%)
7	KRZESIŃSKI Arkadiusz	3203	ŻBIK KOMAŃCZA	Open M	7		02:31:44.55	02:31:44.55	+00:28:14 (18.6%)	5:13	11.5 (81.6%)
8	RUPIŃSKI Krzysztof	3323	RUPIŃSCY TEAM / TRAININGLAB	Open M	8		02:33:34.10	02:33:34.10	+00:30:04 (19.6%)	5:17	11.3 (80.1%)
9	BORZYSTOWSKI Patryk	3030		Open M	9		02:35:12.30	02:35:12.30	+00:31:42 (20.4%)	5:21	11.2 (79.4%)
10	CYMMER Michał	3058		Open M	10		02:36:44.25	02:36:44.25	+00:33:14 (21.2%)	5:24	11.1 (78.7%)
11	GRYZŁO Jakub	3116	UZABY	Open M	11		02:37:11.20	02:37:11.20	+00:33:41 (21.4%)	5:25	11.1 (78.7%)
12	GURGUL Sebastian	3123	AROMAT NÓG	Open M	12		02:37:19.00	02:37:19.00	+00:33:49 (21.5%)	5:25	11.1 (78.7%)
13	ŻURAWSKI Kamil	3470	ENTRE.PL	Open M	13		02:37:35.25	02:37:35.25	+00:34:05 (21.6%)	5:26	11 (78.0%)
14	MAJEWSKI Karol	3236	CIESZANÓW RUNNERS	Open M	14		02:37:38.90	02:37:38.90	+00:34:09 (21.7%)	5:26	11 (78.0%)
15	JAWOREK Łukasz	3145	WNIEBOWZIĘCI	Open M	15		02:40:20.70	02:40:20.70	+00:36:50 (23.0%)	5:31	10.9 (77.3%)

						Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						
16	LATAWIEC Bartosz	3220	WNIEBOWZIĘCI	Open M	16		02:40:36.00	02:40:36.00	+00:37:06 (23.1%)	5:32	10.8 (76.6%)
17	HADRYŚ Tomasz	3125	TMTEAM	Open M	17		02:47:28.70	02:47:28.70	+00:43:58 (26.3%)	5:46	10.4 (73.8%)
18	WYSOCKI Łukasz	3436		Open M	18		02:50:40.00	02:50:40.00	+00:47:10 (27.6%)	5:53	10.2 (72.3%)
19	STAFIEJ Filip	3357	WNIEBOWZIECI	Open M	19		02:53:12.70	02:53:12.70	+00:49:42 (28.7%)	5:58	10 (70.9%)
20	HERMAN Michał	3129		Open M	20		02:53:33.55	02:53:33.55	+00:50:03 (28.8%)	5:59	10 (70.9%)
21	JÓZEFczyk Tomasz	3473	POSMAKUJ RUN TEAM	Open M	21		02:53:48.20	02:53:48.20	+00:50:18 (28.9%)	5:59	10 (70.9%)
22	BARDADYN Michał	3018		Open M	22		02:55:48.10	02:55:48.10	+00:52:18 (29.8%)	6:03	9.9 (70.2%)
23	MACH Tomasz	3232	LUBELSKA GRUPA TRIATHLONU	Open M	23		02:57:29.60	02:57:29.60	+00:53:59 (30.4%)	6:07	9.8 (69.5%)
24	ŚMIERTKA Przemysław	3388		Open M	24		02:59:14.00	02:59:14.00	+00:55:44 (31.1%)	6:10	9.7 (68.8%)
25	STAWIŃSKI Piotr	3366	12TRI	Open M	25		02:59:14.20	02:59:14.20	+00:55:44 (31.1%)	6:10	9.7 (68.8%)
26	RUMIAN Jakub	3321	KW KRAKÓW	Open M	26		02:59:36.20	02:59:36.20	+00:56:06 (31.2%)	6:11	9.7 (68.8%)
27	POPIEL Krzysztof	3299		Open M	27		03:02:09.50	03:02:09.50	+00:58:39 (32.2%)	6:16	9.6 (68.1%)
28	PIETRZYK Zbigniew	3288	ISKRY	Open M	28		03:02:57.00	03:02:57.00	+00:59:27 (32.5%)	6:18	9.5 (67.4%)
29	STANOWSKI Bartłomiej	3359	CIESZANÓW RUNNERS	Open M	29		03:04:00.15	03:04:00.15	+01:00:30 (32.9%)	6:20	9.5 (67.4%)
30	KOZAKOWSKI Marcin	3188	MEDICOVER RUNNERS	Open M	30		03:05:18.90	03:05:18.90	+01:01:49 (33.4%)	6:23	9.4 (66.7%)
31	KOSIBA Kamil	3180		Open M	31		03:05:22.10	03:05:22.10	+01:01:52 (33.4%)	6:23	9.4 (66.7%)
32	MACHERZYŃSKI Karol	3233		Open M	32		03:07:17.20	03:07:17.20	+01:03:47 (34.1%)	6:27	9.3 (66.0%)
33	SIERPIŃSKI Mateusz	3341	TRAINING LAB	Open M	33		03:07:24.10	03:07:24.10	+01:03:54 (34.1%)	6:27	9.3 (66.0%)
34	KOZIOŁ Sylwester	3191		Open M	34		03:08:32.55	03:08:32.55	+01:05:02 (34.5%)	6:30	9.2 (65.2%)
35	MIROŚŁAW Albert	3253		Open M	35		03:10:10.75	03:10:10.75	+01:06:40 (35.1%)	6:33	9.1 (64.5%)
36	WODZIEŃ Andrzej	3422	PAKO TEAM	Open M	36		03:10:11.05	03:10:11.05	+01:06:41 (35.1%)	6:33	9.1 (64.5%)
37	BAKALARSKI Paweł	3013		Open M	37		03:10:55.55	03:10:55.55	+01:07:25 (35.3%)	6:35	9.1 (64.5%)
38	TOMICKI Krzysztof	3396		Open M	38		03:11:20.45	03:11:20.45	+01:07:50 (35.5%)	6:35	9.1 (64.5%)

					Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					
39	GRZEGORZEWSKI Wojciech	3119		Open M	39		03:11:57.25	03:11:57.25	+01:08:27 (35.7%)	6:37 9.1 (64.5%)
40	ŚWIĄDER Jerzy	3389		Open M	40		03:12:47.60	03:12:47.60	+01:09:17 (35.9%)	6:38 9 (63.8%)
41	DOŁŻYCKI Paweł	3075	ŻBIK-KOMAŃCZA	Open M	41		03:14:38.25	03:14:38.25	+01:11:08 (36.5%)	6:42 8.9 (63.1%)
42	ZAGOŹDŻON Jarosław	3445		Open M	42		03:14:47.70	03:14:47.70	+01:11:17 (36.6%)	6:43 8.9 (63.1%)
43	WITKOWSKI Witold	3419		Open M	43		03:15:09.50	03:15:09.50	+01:11:39 (36.7%)	6:43 8.9 (63.1%)
44	WĘGRZYŃSKI Paweł	3411		Open M	44		03:15:24.10	03:15:24.10	+01:11:54 (36.8%)	6:44 8.9 (63.1%)
45	BARTOSIEWICZ Adam	3020	OCR POLSKA	Open M	45		03:15:28.70	03:15:28.70	+01:11:58 (36.8%)	6:44 8.9 (63.1%)
46	PORAJ Paweł	3300		Open M	46		03:15:43.25	03:15:43.25	+01:12:13 (36.9%)	6:44 8.9 (63.1%)
47	SZANIAWSKI Marcin	3376		Open M	47		03:15:46.30	03:15:46.30	+01:12:16 (36.9%)	6:45 8.9 (63.1%)
48	ZALEWSKI Bartosz	3450		Open M	48		03:16:14.10	03:16:14.10	+01:12:44 (37.1%)	6:46 8.9 (63.1%)
49	ZALEWSKI Łukasz	3451	WYROBISKO TRIATLONU	Open M	49		03:17:07.90	03:17:07.90	+01:13:38 (37.4%)	6:47 8.8 (62.4%)
50	WYDRO Krystian	3435	ADIDAS RUNNERS WARSAW	Open M	50		03:17:17.60	03:17:17.60	+01:13:47 (37.4%)	6:48 8.8 (62.4%)
51	HACZ Paweł	3124		Open M	51		03:17:32.90	03:17:32.90	+01:14:03 (37.5%)	6:48 8.8 (62.4%)
52	CHĘCIŃSKI Łukasz	3043		Open M	52		03:18:24.30	03:18:24.30	+01:14:54 (37.8%)	6:50 8.8 (62.4%)
53	MŁYNARYK Tomasz	3254	BIEGANIE SZYDERCÓW	Open M	53		03:18:49.45	03:18:49.45	+01:15:19 (37.9%)	6:51 8.8 (62.4%)
54	PISARCZYK Grzegorz	3290	NAPRZÓD MŁOCINY	Open M	54		03:19:25.45	03:19:25.45	+01:15:55 (38.1%)	6:52 8.7 (61.7%)
55	KAPUŚCIK Jakub	3156	AG	Open M	55		03:19:32.75	03:19:32.75	+01:16:02 (38.1%)	6:52 8.7 (61.7%)
56	KOSTKA Andrzej	3181		Open M	56		03:21:16.95	03:21:16.95	+01:17:47 (38.6%)	6:56 8.6 (61.0%)
57	ROZLAZLY Marcin	3476		Open M	57		03:21:21.00	03:21:21.00	+01:17:51 (38.7%)	6:56 8.6 (61.0%)
58	TARBAJ Jarek	3390		Open M	58		03:22:30.15	03:22:30.15	+01:19:00 (39.0%)	6:58 8.6 (61.0%)
59	CISZEK Bartosz	3057	8A.PL	Open M	59		03:23:13.80	03:23:13.80	+01:19:43 (39.2%)	7:00 8.6 (61.0%)
60	NARUCKI Wojciech	3258		Open M	60		03:24:07.55	03:24:07.55	+01:20:37 (39.5%)	7:02 8.5 (60.3%)
61	ZIMEK Bartosz	3461		Open M	61		03:25:25.90	03:25:25.90	+01:21:56 (39.9%)	7:05 8.5 (60.3%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					
62	KUNKEL Mariusz	3211		Open M	62		03:27:51.55	03:27:51.55	+01:24:21 (40.6%)	7:10 8.4 (59.6%)
63	GOŹDZICKI Leszek	3107	8A.PL	Open M	63		03:27:53.90	03:27:53.90	+01:24:24 (40.6%)	7:10 8.4 (59.6%)
64	FRIDRICH Marcin	3094	TRAINING LAB	Open M	64		03:28:13.50	03:28:13.50	+01:24:43 (40.7%)	7:10 8.4 (59.6%)
65	SZYMAŃSKI Piotr	3386		Open M	65		03:28:20.90	03:28:20.90	+01:24:51 (40.7%)	7:11 8.4 (59.6%)
66	KĘDREK Emil	3160	HABYS	Open M	66		03:28:56.95	03:28:56.95	+01:25:27 (40.9%)	7:12 8.3 (58.9%)
67	PARA Dariusz	3277		Open M	67		03:29:07.65	03:29:07.65	+01:25:37 (40.9%)	7:12 8.3 (58.9%)
68	WOŹNIAK Marek	3428	POGORIA BIEGA	Open M	68		03:30:08.05	03:30:08.05	+01:26:38 (41.2%)	7:14 8.3 (58.9%)
69	WOŁOSZYN Artur	3426		Open M	69		03:30:20.75	03:30:20.75	+01:26:50 (41.3%)	7:15 8.3 (58.9%)
70	NÝVLT Martin	3268	COLUMBIA MONTRAIL	Open M	70		03:30:54.20	03:30:54.20	+01:27:24 (41.4%)	7:16 8.3 (58.9%)
71	SUŁEK Tomek	3374		Open M	71		03:31:20.85	03:31:20.85	+01:27:50 (41.6%)	7:17 8.2 (58.2%)
72	JAŃCZUK Marcin	3140	NAPRZÓD MŁOCINY	Open M	72		03:32:56.80	03:32:56.80	+01:29:26 (42.0%)	7:20 8.2 (58.2%)
73	DATKA Robert	3067		Open M	73		03:33:03.35	03:33:03.35	+01:29:33 (42.0%)	7:20 8.2 (58.2%)
74	KONSTANTIN Kristof	3176		Open M	74		03:33:04.90	03:33:04.90	+01:29:35 (42.0%)	7:20 8.2 (58.2%)
75	KOZIOŁ Sylwester	3192		Open M	75		03:33:07.70	03:33:07.70	+01:29:37 (42.1%)	7:20 8.2 (58.2%)
76	ZYCH Andrzej	3465		Open M	76		03:33:32.75	03:33:32.75	+01:30:02 (42.2%)	7:21 8.1 (57.4%)
77	SIEJKOWSKI Krzysztof	3340		Open M	77		03:33:55.35	03:33:55.35	+01:30:25 (42.3%)	7:22 8.1 (57.4%)
78	STACH Paweł	3356	SIWEJKA	Open M	78		03:34:23.00	03:34:23.00	+01:30:53 (42.4%)	7:23 8.1 (57.4%)
79	NOWROTEK Michał	3266	MAAGICZNI SPORT TEAM	Open M	79		03:34:24.20	03:34:24.20	+01:30:54 (42.4%)	7:23 8.1 (57.4%)
80	PIECHNIK Antoni	3285		Open M	80		03:35:54.40	03:35:54.40	+01:32:24 (42.8%)	7:26 8.1 (57.4%)
81	DYCZKA Jakub	3085		Open M	81		03:36:16.20	03:36:16.20	+01:32:46 (42.9%)	7:27 8 (56.7%)
82	MRYCZKO Roman	3256	AKTYWNY DYNÓW	Open M	82		03:36:26.20	03:36:26.20	+01:32:56 (42.9%)	7:27 8 (56.7%)
83	BARANOWSKI Mariusz	3016		Open M	83		03:36:35.35	03:36:35.35	+01:33:05 (43.0%)	7:28 8 (56.7%)
84	KOŁODZIEJ Mariusz	3175	TMTEAM	Open M	84		03:37:08.40	03:37:08.40	+01:33:38 (43.1%)	7:29 8 (56.7%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						
85	KRAKOWSKI Maciej	3196	#A_MOZE_ULTRA / WKURW_TEAM	Open M	85		03:38:10.60	03:38:10.60	+01:34:40 (43.4%)	7:31	8 (56.7%)
86	DWORZAŃSKI Marcin	3083	BIEGAM BO LUBIĘ	Open M	86		03:38:30.15	03:38:30.15	+01:35:00 (43.5%)	7:32	8 (56.7%)
87	STARACHOWSKI Dominik	3360	MEDICOVER RUNNERS	Open M	87		03:38:55.90	03:38:55.90	+01:35:26 (43.6%)	7:32	7.9 (56.0%)
88	BOŻĘTKA Waldemar	3031	NOWY STYL GROUP RUNNING TEAM	Open M	88		03:39:14.10	03:39:14.10	+01:35:44 (43.7%)	7:33	7.9 (56.0%)
89	ZAJDEL Maciej	3449		Open M	89		03:40:21.00	03:40:21.00	+01:36:51 (44.0%)	7:35	7.9 (56.0%)
90	URBANIAK Krzysztof	3404		Open M	90		03:40:39.20	03:40:39.20	+01:37:09 (44.0%)	7:36	7.9 (56.0%)
91	NOWOSADZKI Wojciech	3265		Open M	91		03:41:50.20	03:41:50.20	+01:38:20 (44.3%)	7:38	7.8 (55.3%)
92	KŁOSZEWSKI Artur	3166		Open M	92		03:42:44.00	03:42:44.00	+01:39:14 (44.6%)	7:40	7.8 (55.3%)
93	JANECZEK Jarosław	3137	KAJTEX RUNNERS	Open M	93		03:43:27.10	03:43:27.10	+01:39:57 (44.7%)	7:42	7.8 (55.3%)
94	SZUBARTOWSKI Paweł	3383	BELŻYCE I OKOLICE BIEGAJĄ	Open M	94		03:43:42.30	03:43:42.30	+01:40:12 (44.8%)	7:42	7.8 (55.3%)
95	MIGDAŁ Marcin	3250		Open M	95		03:43:47.25	03:43:47.25	+01:40:17 (44.8%)	7:43	7.8 (55.3%)
96	ŻAK Krzysztof	3467	KLUB BIEGACZA AZS UEK	Open M	96		03:44:50.10	03:44:50.10	+01:41:20 (45.1%)	7:45	7.7 (54.6%)
97	PLEWIK Marcin	3293	BELŻYCE I OKOLICE BIEGAJĄ	Open M	97		03:44:53.05	03:44:53.05	+01:41:23 (45.1%)	7:45	7.7 (54.6%)
98	STASIAK Włodzimierz	3362	PRO-RUN WROCŁAW	Open M	98		03:46:21.70	03:46:21.70	+01:42:51 (45.4%)	7:48	7.7 (54.6%)
99	KACZMAREK Tomasz	3151		Open M	99		03:46:50.10	03:46:50.10	+01:43:20 (45.6%)	7:49	7.7 (54.6%)
100	SAMBORSKI Piotr	3334	NP 1910 JASŁO	Open M	100		03:47:05.35	03:47:05.35	+01:43:35 (45.6%)	7:49	7.7 (54.6%)
101	GRĘDA Mariusz	3114		Open M	101		03:48:03.00	03:48:03.00	+01:44:33 (45.8%)	7:51	7.6 (53.9%)
102	KŁODZIŃSKI Klaudiusz	3165	BIEGANIE SZYDERCÓW	Open M	102		03:48:54.80	03:48:54.80	+01:45:24 (46.1%)	7:53	7.6 (53.9%)
103	TYLIBA Ireneusz	3402	JURA TEAM	Open M	103		03:49:38.70	03:49:38.70	+01:46:08 (46.2%)	7:55	7.6 (53.9%)
104	WAKOR Paweł	3406		Open M	104		03:49:38.85	03:49:38.85	+01:46:08 (46.2%)	7:55	7.6 (53.9%)
105	KOŁODZIEJ Mirosław	3173		Open M	105		03:49:49.80	03:49:49.80	+01:46:19 (46.3%)	7:55	7.6 (53.9%)
106	PSZCZOŁA Maciej	3307		Open M	106		03:50:56.10	03:50:56.10	+01:47:26 (46.5%)	7:57	7.5 (53.2%)
107	SOCHA Jacek	3351		Open M	107		03:51:38.90	03:51:38.90	+01:48:09 (46.7%)	7:59	7.5 (53.2%)

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108	ANDRZEJCZAK Paweł	3005		Open M	108		03:51:45.85	03:51:45.85	+01:48:15 (46.7%)	7:59 7.5 (53.2%)
109	DARMOCHWAŁ Leszek	3065	DZIKIE BÓBR BŁOTA SIĘ NIE BOI	Open M	109		03:51:47.85	03:51:47.85	+01:48:17 (46.7%)	7:59 7.5 (53.2%)
110	DARMOCHWAŁ Przemek	3066	DZIKI MARYNARZ LATA PO GÓRACH	Open M	110		03:51:47.90	03:51:47.90	+01:48:18 (46.7%)	7:59 7.5 (53.2%)
111	SZKOŁA Wojciech	3381	NATURAL BORN RUNNERS	Open M	111		03:51:52.00	03:51:52.00	+01:48:22 (46.7%)	7:59 7.5 (53.2%)
112	ZWOLAK Grzegorz	3463		Open M	112		03:52:09.50	03:52:09.50	+01:48:39 (46.8%)	8:00 7.5 (53.2%)
113	KOCERKA Jacek	3168		Open M	113		03:52:13.10	03:52:13.10	+01:48:43 (46.8%)	8:00 7.5 (53.2%)
114	TOMCZAK Jarosław	3395		Open M	114		03:52:30.40	03:52:30.40	+01:49:00 (46.9%)	8:01 7.5 (53.2%)
115	BRZEZIŃSKI Paweł	3037	BIEG OPOLSKI	Open M	115		03:53:12.60	03:53:12.60	+01:49:42 (47.0%)	8:02 7.5 (53.2%)
116	SZCZEPANIAK Karol	3377		Open M	116		03:53:23.20	03:53:23.20	+01:49:53 (47.1%)	8:02 7.5 (53.2%)
117	GORCZYŃSKI Wojciech	3106		Open M	117		03:54:25.50	03:54:25.50	+01:50:55 (47.3%)	8:05 7.4 (52.5%)
118	WINIARSKI Robert	3417		Open M	118		03:54:51.80	03:54:51.80	+01:51:21 (47.4%)	8:05 7.4 (52.5%)
119	KURZAWA Adam	3215	TIGRES DEL PAPA	Open M	119		03:56:58.05	03:56:58.05	+01:53:28 (47.9%)	8:10 7.3 (51.8%)
120	MASZCZYK Andrzej	3245		Open M	120		03:57:21.20	03:57:21.20	+01:53:51 (48.0%)	8:11 7.3 (51.8%)
121	JAGODZIŃSKI Hubert	3135	DZIK KOMANDO	Open M	121		03:57:25.90	03:57:25.90	+01:53:56 (48.0%)	8:11 7.3 (51.8%)
122	PUCHAŁA Mariusz	3308	NAPRZÓD MŁOCINY	Open M	122		03:57:33.35	03:57:33.35	+01:54:03 (48.0%)	8:11 7.3 (51.8%)
123	RAPACZ Mariusz	3314	MPK-ŁÓDŹ	Open M	123		03:57:34.60	03:57:34.60	+01:54:04 (48.0%)	8:11 7.3 (51.8%)
124	TOKARSKI Rafał	3393		Open M	124		03:57:39.05	03:57:39.05	+01:54:09 (48.0%)	8:11 7.3 (51.8%)
125	PRZYBYŁO Piotr	3305	MTU	Open M	125		03:57:43.50	03:57:43.50	+01:54:13 (48.0%)	8:11 7.3 (51.8%)
126	KACZMAREK Adam	3149		Open M	126		03:58:16.10	03:58:16.10	+01:54:46 (48.2%)	8:12 7.3 (51.8%)
127	KSIĄŻYK Paweł	3206		Open M	127		03:58:36.20	03:58:36.20	+01:55:06 (48.2%)	8:13 7.3 (51.8%)
128	SOCHACKI Marek	3352		Open M	128		03:58:50.70	03:58:50.70	+01:55:20 (48.3%)	8:14 7.3 (51.8%)
129	KIFNER Hubert	3162	BIEGIEM PO WINO	Open M	129		03:58:52.70	03:58:52.70	+01:55:22 (48.3%)	8:14 7.3 (51.8%)
130	JAGODZIŃSKI Marcin	3136		Open M	130		03:59:26.70	03:59:26.70	+01:55:56 (48.4%)	8:15 7.3 (51.8%)

						Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						
131	BIEDROŃ Artur	3023	STRANGERS	Open M	131		03:59:30.45	03:59:30.45	+01:56:00 (48.4%)	8:15	7.3 (51.8%)
132	MICHALSKI Przemek	3248		Open M	132		03:59:33.35	03:59:33.35	+01:56:03 (48.4%)	8:15	7.3 (51.8%)
133	HANSZ Donat	3126	NETBOX BIEGA	Open M	133		03:59:56.90	03:59:56.90	+01:56:27 (48.5%)	8:16	7.3 (51.8%)
134	SMOLARCZYK Grzegorz	3349		Open M	134		04:00:04.85	04:00:04.85	+01:56:34 (48.6%)	8:16	7.2 (51.1%)
135	RAMA Andrzej	3313	TATOKUPA	Open M	135		04:01:21.70	04:01:21.70	+01:57:51 (48.8%)	8:19	7.2 (51.1%)
136	DYBCZYNSKI Jan	3084		Open M	136		04:01:50.40	04:01:50.40	+01:58:20 (48.9%)	8:20	7.2 (51.1%)
137	SIEDZIŃSKI Sławomir	3339	8A.PL	Open M	137		04:02:07.45	04:02:07.45	+01:58:37 (49.0%)	8:20	7.2 (51.1%)
138	DROZD Piotr	3080	EP-HEART-TEAM	Open M	138		04:02:36.50	04:02:36.50	+01:59:06 (49.1%)	8:21	7.2 (51.1%)
139	BARCZENTEWICZ Przemysław	3017		Open M	139		04:03:02.50	04:03:02.50	+01:59:32 (49.2%)	8:22	7.2 (51.1%)
140	ŁUĆ Łukasz	3230		Open M	140		04:03:12.90	04:03:12.90	+01:59:43 (49.2%)	8:23	7.2 (51.1%)
141	RUPIŃSKI Maciej	3324	RUPIŃSCY TEAM	Open M	141		04:03:30.65	04:03:30.65	+02:00:00 (49.3%)	8:23	7.1 (50.4%)
142	NIWIŃSKI Krzysztof	3261		Open M	142		04:03:38.10	04:03:38.10	+02:00:08 (49.3%)	8:24	7.1 (50.4%)
143	WŁODARCZYK Michał	3421	GRUZJA TEAM	Open M	143		04:03:38.25	04:03:38.25	+02:00:08 (49.3%)	8:24	7.1 (50.4%)
144	MAJEWSKI Jacek	3235		Open M	144		04:03:57.35	04:03:57.35	+02:00:27 (49.4%)	8:24	7.1 (50.4%)
145	BRODZIAK Arkadiusz	3034		Open M	145		04:04:12.90	04:04:12.90	+02:00:43 (49.4%)	8:25	7.1 (50.4%)
146	STOLARSKI Łukasz	3371		Open M	146		04:04:35.25	04:04:35.25	+02:01:05 (49.5%)	8:26	7.1 (50.4%)
147	CHORBIŃSKI Krystian	3047		Open M	147		04:04:40.20	04:04:40.20	+02:01:10 (49.5%)	8:26	7.1 (50.4%)
148	PELCZAR Jakub	3278	MINISTERSTWO ZDROWIA	Open M	148		04:04:40.35	04:04:40.35	+02:01:10 (49.5%)	8:26	7.1 (50.4%)
149	JASIŃSKI Bartłomiej	3144		Open M	149		04:05:32.30	04:05:32.30	+02:02:02 (49.7%)	8:28	7.1 (50.4%)
150	NICKE Piotr	3259		Open M	150		04:06:17.00	04:06:17.00	+02:02:47 (49.9%)	8:29	7.1 (50.4%)
151	KŁUSEK Bogdan	3167		Open M	151		04:06:40.55	04:06:40.55	+02:03:10 (49.9%)	8:30	7.1 (50.4%)
152	SZCZERBA Michał	3378		Open M	152		04:07:10.00	04:07:10.00	+02:03:40 (50.0%)	8:31	7 (49.6%)
153	JANKOWSKI Gracjan	3139	NON-STOP DOGWEAR	Open M	153		04:07:16.35	04:07:16.35	+02:03:46 (50.1%)	8:31	7 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
154	CZACHOWSKI Michal	3060		Open M	154		04:07:59.95	04:07:59.95	+02:04:30 (50.2%)	8:33	7 (49.6%)
155	BOJAROWSKI Marcin	3029		Open M	155		04:10:07.75	04:10:07.75	+02:06:37 (50.6%)	8:37	7 (49.6%)
156	ZAPAŚNIK Michał	3454	BIEGIEM PO WINO	Open M	156		04:10:10.60	04:10:10.60	+02:06:40 (50.6%)	8:37	7 (49.6%)
157	SĘDZIK Jacek	3338		Open M	157		04:11:07.70	04:11:07.70	+02:07:37 (50.8%)	8:39	6.9 (48.9%)
158	SZEPIELAK Dawid	3380	BIEGANIE SZYDERCÓW	Open M	158		04:11:13.25	04:11:13.25	+02:07:43 (50.8%)	8:39	6.9 (48.9%)
159	KRYJAK Tomasz	3201		Open M	159		04:11:33.20	04:11:33.20	+02:08:03 (50.9%)	8:40	6.9 (48.9%)
160	RZESZOT Łukasz	3330	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ. WKURW_TEAM	Open M	160		04:11:53.25	04:11:53.25	+02:08:23 (51.0%)	8:41	6.9 (48.9%)
161	PERKOWSKI Maciej	3283	BIEGANIE SZYDERCÓW	Open M	161		04:13:42.10	04:13:42.10	+02:10:12 (51.3%)	8:44	6.9 (48.9%)
162	SZCZYPEK Jacek	3379		Open M	162		04:14:03.35	04:14:03.35	+02:10:33 (51.4%)	8:45	6.8 (48.2%)
163	KOZERA Cyprian Aleksander	3190	TEMPEHUYE	Open M	163		04:14:27.70	04:14:27.70	+02:10:57 (51.5%)	8:46	6.8 (48.2%)
164	DOŁŻYCKI Mirosław	3074	ŻBIK-KOMAŃCZA	Open M	164		04:16:08.50	04:16:08.50	+02:12:38 (51.8%)	8:49	6.8 (48.2%)
165	WÓDKIEWICZ Maciej	3429	MACIEJÓWKA BIEGA	Open M	165		04:17:59.40	04:17:59.40	+02:14:29 (52.1%)	8:53	6.7 (47.5%)
166	WIJAS Robert Wijas	3415	TRAINING LAB	Open M	166		04:19:14.00	04:19:14.00	+02:15:44 (52.4%)	8:56	6.7 (47.5%)
167	DREWIEŃKOWSKI Jarosław	3079	MULTIFLORA	Open M	167		04:19:22.10	04:19:22.10	+02:15:52 (52.4%)	8:56	6.7 (47.5%)
168	BOJANOWSKI Jakub	3028	DELOITTE ADVENTURE TEAM	Open M	168		04:19:48.35	04:19:48.35	+02:16:18 (52.5%)	8:57	6.7 (47.5%)
169	BOJANOWSKI Filip	3027		Open M	169		04:19:48.40	04:19:48.40	+02:16:18 (52.5%)	8:57	6.7 (47.5%)
170	PODYMNIAK Leszek	3295	STREET RUN RADOM	Open M	170		04:20:41.90	04:20:41.90	+02:17:12 (52.6%)	8:59	6.7 (47.5%)
171	DIKTA Dawid	3071		Open M	171		04:20:55.10	04:20:55.10	+02:17:25 (52.7%)	8:59	6.7 (47.5%)
172	KWIECIEŃ Konrad	3218		Open M	172		04:22:33.15	04:22:33.15	+02:19:03 (53.0%)	9:03	6.6 (46.8%)
173	GRYCZ Michał	3115		Open M	173		04:24:25.10	04:24:25.10	+02:20:55 (53.3%)	9:07	6.6 (46.8%)
174	STASZEWSKI Paweł	3364	BARTOSZ GORCZYCA TEAM	Open M	174		04:27:00.05	04:27:00.05	+02:23:30 (53.7%)	9:12	6.5 (46.1%)
175	CHWILA Bartosz	3050	RUN 4 FUN	Open M	175		04:27:02.90	04:27:02.90	+02:23:33 (53.8%)	9:12	6.5 (46.1%)
176	DĄBROWSKI Marcin	3069	KWIATY U WIOLI TEAM	Open M	176		04:27:17.80	04:27:17.80	+02:23:47 (53.8%)	9:13	6.5 (46.1%)

					Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					
177	FALKOWSKI Dawid	3088		Open M	177		04:27:19.30	04:27:19.30	+02:23:49 (53.8%)	9:13 6.5 (46.1%)
178	BALON Marcin	3014	VOLUME TRADING	Open M	178		04:27:22.60	04:27:22.60	+02:23:52 (53.8%)	9:13 6.5 (46.1%)
179	LAZAROWICZ Piotr	3221	FERMENT	Open M	179		04:27:46.85	04:27:46.85	+02:24:16 (53.9%)	9:14 6.5 (46.1%)
180	JEDLIŃSKI Kamil	3146		Open M	180		04:28:20.70	04:28:20.70	+02:24:50 (54.0%)	9:15 6.5 (46.1%)
181	KRZYŻOSIAK Jan	3205		Open M	181		04:29:27.45	04:29:27.45	+02:25:57 (54.2%)	9:17 6.5 (46.1%)
182	CIEPIELA Jakub	3055		Open M	182		04:30:15.65	04:30:15.65	+02:26:45 (54.3%)	9:19 6.4 (45.4%)
183	DĄBROWSKI Paweł	3068	NIGHT RUNNERS	Open M	183		04:36:11.65	04:36:11.65	+02:32:41 (55.3%)	9:31 6.3 (44.7%)
184	KURDZIEL Tomasz	3213		Open M	184		04:38:28.35	04:38:28.35	+02:34:58 (55.7%)	9:36 6.2 (44.0%)
185	CHWILA Tomasz	3051	RUN 4 FUN	Open M	185		04:39:20.85	04:39:20.85	+02:35:50 (55.8%)	9:37 6.2 (44.0%)
186	KOTULA Jakub	3184		Open M	186		04:40:24.75	04:40:24.75	+02:36:54 (56.0%)	9:40 6.2 (44.0%)
187	PEPLIŃSKI Piotr	3282	ŁEBA MORS POLAND	Open M	187		04:40:47.25	04:40:47.25	+02:37:17 (56.0%)	9:40 6.2 (44.0%)
188	FUS Jacek	3095		Open M	188		04:40:52.10	04:40:52.10	+02:37:22 (56.0%)	9:41 6.2 (44.0%)
189	BIDNIK Jakub	3022		Open M	189		04:40:56.25	04:40:56.25	+02:37:26 (56.0%)	9:41 6.2 (44.0%)
190	GORCZYCA Wawrzyniec	3105	DORSUM	Open M	190		04:41:46.25	04:41:46.25	+02:38:16 (56.2%)	9:42 6.2 (44.0%)
191	GONCERZEWICZ Marek	3103	BASSET ROLLING TEAM	Open M	191		04:42:17.15	04:42:17.15	+02:38:47 (56.3%)	9:44 6.2 (44.0%)
192	PERKOWSKI Tomasz	3284	EUROCASH	Open M	192		04:42:34.80	04:42:34.80	+02:39:04 (56.3%)	9:44 6.2 (44.0%)
193	AOUTIN Mathieu	3007		Open M	193		04:44:53.15	04:44:53.15	+02:41:23 (56.6%)	9:49 6.1 (43.3%)
194	MARIUSZ Sornat	3241		Open M	194		04:44:54.00	04:44:54.00	+02:41:24 (56.7%)	9:49 6.1 (43.3%)
195	GRZEGORZ Kowalik	3118	RUNOWO RANGERS - GENERALI	Open M	195		04:45:32.00	04:45:32.00	+02:42:02 (56.7%)	9:50 6.1 (43.3%)
196	PIECHOTA Daniel	3286		Open M	196		04:46:40.25	04:46:40.25	+02:43:10 (56.9%)	9:53 6.1 (43.3%)
197	POLSKI Dariusz	3298	LUBLIN BIEGA	Open M	197		04:49:41.60	04:49:41.60	+02:46:11 (57.4%)	9:59 6 (42.6%)
198	ROZWANDOWICZ Maciej	3319		Open M	198		04:58:30.30	04:58:30.30	+02:55:00 (58.6%)	10:17 5.8 (41.1%)
Przekroczony limit czasu: 05:00:00										
199	STREICH Tomasz	3372		Open M	199		05:00:41.65	05:00:41.65	+02:57:11 (58.9%)	10:22 5.8 (41.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wilcze Budy 9km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
200	HILLER Jerzy	3130	LUBELSKA GRUPA TRIATHLONU	Open M	200		05:02:44.50	05:02:44.50	+02:59:14 (59.2%)	10:26	5.7 (40.4%)

Znaleziono 200 wynik(ów)