



LETNIA MIŁA BIEGOWA

B4SPORT

Wydarzenie: Letnie Mile Biegowe 2019
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-07-25
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	486		M-Open	1	00:00:02	00:01:04	00:02:11	00:03:22	00:04:32.59		2:48	21.3
2	GAWRON Piotr	419	ULKS TALEX BORZYTUCHOM	M-Open	2	00:00:02	00:01:09	00:02:24	00:03:42	00:04:59.81	+00:00:27	3:05	19.4
3	SZKOŁUDA Miłosz	476		M-Open	3	00:00:02	00:01:14	00:02:30	00:03:48	00:05:00.23	+00:00:27	3:06	19.3
4	KASZUBIAK Klaudiusz	488		M-Open	4	00:00:02	00:01:14	00:02:31	00:03:49	00:05:01.17	+00:00:28	3:06	19.3
5	MAJKOWICZ Rafał	480		M-Open	5	00:00:03	00:01:11	00:02:30	00:03:51	00:05:10.97	+00:00:38	3:12	18.7
6	RYKIEL Michał	410	DĄBROWSKI TEAM	M-Open	6	00:00:02	00:01:15	00:02:32	00:03:53	00:05:12.73	+00:00:40	3:13	18.6
7	SOSNOWSKI Tomasz	429	FPP FUNKCJONALNOŚĆ PONAD POMPE	M-Open	7	00:00:02	00:01:16	00:02:38	00:04:06	00:05:26.51	+00:00:53	3:22	17.8
8	SITOWSKI Marcin	430		M-Open	8	00:00:02	00:01:14	00:02:39	00:04:07	00:05:27.78	+00:00:55	3:23	17.7
9	ROKOSZ Radosław	412	JW 1223 KOSZALIN	M-Open	9	00:00:02	00:01:19	00:02:46	00:04:14	00:05:30.45	+00:00:57	3:24	17.6
10	DOBOSZ Michał	414		M-Open	10	00:00:02	00:01:15	00:02:42	00:04:12	00:05:31.28	+00:00:58	3:25	17.5
11	ZUKAL Piotr	405		M-Open	11	00:00:03	00:01:23	00:02:47	00:04:12	00:05:32.78	+00:01:00	3:26	17.5
12	ZWOLIŃSKI Jan	401	TKKF KOSZALIN	M-Open	12	00:00:03	00:01:23	00:02:48	00:04:14	00:05:36.20	+00:01:03	3:28	17.3
13	JABŁOŃSKI Tomasz	473	KB SPOKO SŁAWNO	M-Open	13	00:00:02	00:01:21	00:02:47	00:04:14	00:05:36.61	+00:01:04	3:28	17.3
14	BIEŃKOWSKI Tomasz	415		M-Open	14	00:00:03	00:01:24	00:02:50	00:04:17	00:05:41.91	+00:01:09	3:31	17
15	WALEŃSKI Michał	496		M-Open	15	00:00:03	00:01:24	00:02:53	00:04:21	00:05:43.85	+00:01:11	3:33	16.9
16	LINOWIECKI Cezary	424		M-Open	16	00:00:03	00:01:27	00:02:58	00:04:31	00:05:55.75	+00:01:23	3:40	16.3
17	WEBER Paweł	498	FPP	M-Open	17	00:00:02	00:01:17	00:02:47	00:04:24	00:05:57.00	+00:01:24	3:41	16.2
18	WIKTOROWSKI Maciej	407		M-Open	18	00:00:03	00:01:24	00:02:54	00:04:29	00:05:58.20	+00:01:25	3:42	16.2
19	WINNICI Wojciech	485		M-Open	19	00:00:04	00:01:30	00:03:00	00:04:32	00:05:58.54	+00:01:25	3:42	16.2
20	NOWAK Adam	472		M-Open	20	00:00:03	00:01:31	00:03:05	00:04:39	00:06:00.45	+00:01:27	3:43	16.1
21	SZOSTAK Piotr	428		M-Open	21	00:00:03	00:01:25	00:02:57	00:04:31	00:06:02.33	+00:01:29	3:44	16
22	BARUTOWICZ Grzegorz	420		M-Open	22	00:00:04	00:01:30	00:03:01	00:04:34	00:06:06.54	+00:01:33	3:47	15.8
23	SZNYTER Sabina	474		K-Open	1	00:00:04	00:01:31	00:03:04	00:04:37	00:06:08.00	+00:01:35	3:48	15.8
24	ROGOŻA Ireneusz	408		M-Open	23	00:00:04	00:01:32	00:03:07	00:04:39	00:06:08.76	+00:01:36	3:48	15.8
25	CHORAŻY Karolina	483	LEO-TEAM	K-Open	2	00:00:05	00:01:31	00:03:07	00:04:39	00:06:12.00	+00:01:39	3:51	15.6
26	BASSEL Marcin	409		M-Open	24	00:00:05	00:01:32	00:03:07	00:04:43	00:06:14.51	+00:01:41	3:52	15.5
27	PUŚCIAN Krzysztof	403	SP MANOWO	M-Open	25	00:00:05	00:01:33	00:03:07	00:04:42	00:06:16.78	+00:01:44	3:53	15.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Różn	Tempo min/km	Tempo km/h	
						Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km				
28	MICERSKI Tomasz	416		M-Open	26	00:00:04	00:01:31	00:03:10	00:04:50	00:06:25.89	+00:01:53	3:59	15.1
29	KURŁOWICZ Krzysztof	454		M-Open	27	00:00:03	00:01:32	00:03:10	00:04:51	00:06:28.43	+00:01:55	4:00	14.9
30	RASZPLA Radek	451		M-Open	28	00:00:03	00:01:31	00:03:08	00:04:49	00:06:29.54	+00:01:56	4:01	14.9
31	KOTARA-PAŁKA Małgorzata	471		K-Open	3	00:00:05	00:01:36	00:03:15	00:04:55	00:06:31.54	+00:01:58	4:02	14.8
32	CISZEK Wiktoria	489		K-Open	4	00:00:03	00:01:23	00:03:04	00:04:54	00:06:38.43	+00:02:05	4:07	14.6
33	MISZTAL Kamil	417		M-Open	29	00:00:03	00:01:22	00:02:58	00:04:47	00:06:42.55	+00:02:09	4:09	14.4
34	MIKOŁAJCZYK Hubert	477		M-Open	30	00:00:03	00:01:33	00:03:18	00:05:11	00:06:51.11	+00:02:18	4:15	14.1
35	KAMYK Piotr	499	MH SYSTEMY IT KOSZALIN	M-Open	31	00:00:05	00:01:39	00:03:24	00:05:14	00:06:54.27	+00:02:21	4:17	14
36	ZAREMBA Tomasz	460		M-Open	32	00:00:07	00:01:48	00:03:33	00:05:18	00:06:55.25	+00:02:22	4:17	14
37	DOBOSZ Jarosław	418		M-Open	33	00:00:07	00:01:42	00:03:25	00:05:13	00:06:56.78	+00:02:24	4:18	13.9
38	NOREK Tomek	458		M-Open	34	00:00:06	00:01:49	00:03:31	00:05:16	00:06:58.09	+00:02:25	4:19	13.9
39	KRZEWIŃSKA Małgorzata	426	TKKF KOSZALIN	K-Open	5	00:00:04	00:01:46	00:03:33	00:05:18	00:06:59.88	+00:02:27	4:20	13.8
40	PANCERZYŃSKI Łukasz	423		M-Open	35	00:00:07	00:01:47	00:03:34	00:05:24	00:07:08.80	+00:02:36	4:25	13.5
41	MACIEJEWSKI Maciej	404	FPP FUNKCJONALNOŚĆ PONAD POMPE	M-Open	36	00:00:06	00:01:41	00:03:28	00:05:25	00:07:09.33	+00:02:36	4:26	13.5
42	JANOWICZ Przemysław	422	FPP	M-Open	37	00:00:07	00:01:48	00:03:33	00:05:27	00:07:18.86	+00:02:46	4:32	13.2
43	WESOŁOWSKI Łukasz	481		M-Open	38	00:00:05	00:01:46	00:03:39	00:05:37	00:07:27.21	+00:02:54	4:37	13
44	KOZŁOWIECKI Waldemar	427	TKKF KOSZALIN	M-Open	39	00:00:07	00:01:56	00:03:50	00:05:47	00:07:38.95	+00:03:06	4:44	12.7
45	KARNICKI Zygmunt	411	TKKF KOSZALIN	M-Open	40	00:00:06	00:01:56	00:03:53	00:05:51	00:07:40.00	+00:03:07	4:45	12.6
46	ZDYB Barbara	425		K-Open	6	00:00:06	00:01:59	00:03:56	00:05:56	00:07:49.46	+00:03:16	4:51	12.4
47	GOLEC Anna	452		K-Open	7	00:00:05	00:02:01	00:04:00	00:05:58	00:07:52.18	+00:03:19	4:53	12.3
48	KOWALEWSKI Bartosz	487		M-Open	41	00:00:08	00:02:00	00:04:06	00:06:21	00:08:31.55	+00:03:58	5:17	11.3
49	ZUKAL Aleksandra	402		K-Open	8	00:00:05	00:02:07	00:04:18	00:06:31	00:08:45.09	+00:04:12	5:26	11
50	CICHOSZ Jerzy	406		M-Open	42	00:00:05	00:02:11	00:04:28	00:06:49	00:09:08.58	+00:04:35	5:40	10.6
51	KOZŁOWIECKA Małgorzata	455		K-Open	9	00:00:05	00:02:08	00:04:31	00:06:59	00:09:22.09	+00:04:49	5:49	10.3
52	KARNICKI Artur	413		M-Open	43	00:00:08	00:02:25	00:04:39	00:07:24	00:09:54.16	+00:05:21	6:08	9.8

Znaleziono 52 wynik(ów)