



## LETNIE MILE BIEGOWE 2/4 - 1609M

B4SPORT

**Wydarzenie:**  
**Organizator:**

Letnie Mile Biegowe 2022 2/4  
Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
Data:  
2022-07-26  
Miejsce:  
Koszalin  
Dystans:  
1.609 km



Klasyfikacja: M-Open

| Msc | Zawodnik                   | Numer | Klub                                | Kategoria | Mkat | 0.409km  | 0.809km  | 1.209km  | Czas netto<br>1.609km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|----------------------------|-------|-------------------------------------|-----------|------|----------|----------|----------|-----------------------|-------------------|-----------------|---------------|
| 1   | RUDNIK Krzysztof           | 84    |                                     | M-Open    | 1    | 00:01:14 | 00:02:30 | 00:03:49 | 00:05:06.00           |                   | 3:10            | 18.9 (100%)   |
| 2   | MAJKOWICZ Rafał            | 13    | TKKF KOSZALIN                       | M-Open    | 2    | 00:01:13 | 00:02:34 | 00:03:57 | 00:05:18.05           | +00:00:12 (3.8%)  | 3:17            | 18.2 (96.3%)  |
| 3   | PICK Tomasz                | 82    | BIEGOLAS KOSZALIN / KORONA SZCZECIN | M-Open    | 3    | 00:01:15 | 00:02:37 | 00:04:02 | 00:05:22.57           | +00:00:16 (5.1%)  | 3:20            | 18 (95.2%)    |
| 4   | WEBER Paweł                | 97    | BIEGOLAS KOSZALIN                   | M-Open    | 4    | 00:01:15 | 00:02:40 | 00:04:08 | 00:05:31.66           | +00:00:25 (7.7%)  | 3:25            | 17.5 (92.6%)  |
| 5   | SMAGOWSKI Wojtek           | 90    | OSP RĄBINO                          | M-Open    | 5    | 00:01:19 | 00:02:45 | 00:04:12 | 00:05:36.22           | +00:00:30 (9.0%)  | 3:28            | 17.2 (91.0%)  |
| 6   | SŁUPCZEWSKI Krzysztof      | 6     |                                     | M-Open    | 6    | 00:01:15 | 00:02:41 | 00:04:13 | 00:05:36.93           | +00:00:30 (9.2%)  | 3:28            | 17.2 (91.0%)  |
| 7   | ZWOLIŃSKI Jan              | 14    | TKKF KOSZALIN                       | M-Open    | 7    | 00:01:21 | 00:02:49 | 00:04:17 | 00:05:40.75           | +00:00:34 (10.2%) | 3:31            | 17 (89.9%)    |
| 8   | KUŁAKOWSKI Dawid           | 4     | TKKF KOSZALIN                       | M-Open    | 8    | 00:01:16 | 00:02:43 | 00:04:14 | 00:05:41.53           | +00:00:35 (10.4%) | 3:31            | 17 (89.9%)    |
| 9   | DENISIUK Bartosz           | 56    |                                     | M-Open    | 9    | 00:01:22 | 00:02:51 | 00:04:20 | 00:05:43.41           | +00:00:37 (10.9%) | 3:33            | 16.9 (89.4%)  |
| 10  | DZIADEK Krzysztof          | 11    | TKKF KOSZALIN                       | M-Open    | 10   | 00:01:14 | 00:02:40 | 00:04:15 | 00:05:50.31           | +00:00:44 (12.6%) | 3:37            | 16.5 (87.3%)  |
| 11  | RÓŻAŃSKI Maciej            | 83    |                                     | M-Open    | 11   | 00:01:17 | 00:02:45 | 00:04:21 | 00:05:55.47           | +00:00:49 (13.9%) | 3:40            | 16.3 (86.2%)  |
| 12  | KUKIEŁA Tomasz             | 72    | BIEGOLAS KOSZALIN                   | M-Open    | 12   | 00:01:25 | 00:02:58 | 00:04:29 | 00:05:57.89           | +00:00:51 (14.5%) | 3:41            | 16.2 (85.7%)  |
| 13  | BARUTOWICZ Grzegorz        | 51    |                                     | M-Open    | 13   | 00:01:24 | 00:02:58 | 00:04:34 | 00:06:00.38           | +00:00:54 (15.1%) | 3:43            | 16.1 (85.2%)  |
| 14  | STENKA Rafał               | 91    |                                     | M-Open    | 14   | 00:01:25 | 00:02:59 | 00:04:32 | 00:06:01.34           | +00:00:55 (15.3%) | 3:44            | 16 (84.7%)    |
| 15  | KRUK Marcin                | 68    |                                     | M-Open    | 15   | 00:01:28 | 00:03:03 | 00:04:35 | 00:06:03.88           | +00:00:57 (15.9%) | 3:45            | 16 (84.7%)    |
| 16  | KALISZUK Damian            | 62    |                                     | M-Open    | 16   | 00:01:27 | 00:03:01 | 00:04:38 | 00:06:10.95           | +00:01:04 (17.5%) | 3:49            | 15.7 (83.1%)  |
| 17  | KRUPIŃSKI Krzysztof        | 69    | E-UROLOG.EU                         | M-Open    | 17   | 00:01:30 | 00:03:03 | 00:04:38 | 00:06:13.80           | +00:01:07 (18.1%) | 3:51            | 15.5 (82.0%)  |
| 18  | BOREJKO Łukasz             | 54    |                                     | M-Open    | 18   | 00:01:31 | 00:03:09 | 00:04:46 | 00:06:17.97           | +00:01:11 (19.0%) | 3:54            | 15.4 (81.5%)  |
| 19  | RUTKOWSKI Artur            | 85    | SPORTOWIEC.INFO RUNKING             | M-Open    | 19   | 00:01:31 | 00:03:07 | 00:04:47 | 00:06:18.26           | +00:01:12 (19.1%) | 3:54            | 15.3 (81.0%)  |
| 20  | SIEROCKI Łukasz            | 89    |                                     | M-Open    | 20   | 00:01:27 | 00:03:02 | 00:04:40 | 00:06:21.94           | +00:01:15 (19.9%) | 3:56            | 15.2 (80.4%)  |
| 21  | MARCINKOWSKI Jacek         | 75    | SSK ORZEŁ ŚWIESZYNO                 | M-Open    | 21   | 00:01:31 | 00:03:10 | 00:04:53 | 00:06:27.61           | +00:01:21 (21.1%) | 4:00            | 15 (79.4%)    |
| 22  | GAWROŃSKI Bartosz          | 5     |                                     | M-Open    | 22   | 00:01:25 | 00:03:02 | 00:04:47 | 00:06:27.88           | +00:01:21 (21.1%) | 4:00            | 15 (79.4%)    |
| 23  | KONKEL Łukasz              | 64    |                                     | M-Open    | 23   | 00:01:32 | 00:03:11 | 00:04:52 | 00:06:33.01           | +00:01:27 (22.1%) | 4:04            | 14.7 (77.8%)  |
| 24  | BUDZIŃSKI Paweł            | 55    | KĘPKA TEAM/DRUŻYNA SZPIKU           | M-Open    | 24   | 00:03:11 | 00:04:04 | 00:06:05 | 00:06:33.01           | +00:01:27 (22.1%) | 4:04            | 14.7 (77.8%)  |
| 25  | SUDER-MAKSYMOWICZ Grzegorz | 94    |                                     | M-Open    | 25   | 00:01:34 | 00:03:17 | 00:05:07 | 00:06:54.21           | +00:01:48 (26.1%) | 4:17            | 14 (74.1%)    |
| 26  | BOGACKI Tomasz             | 53    | TKKF KOSZALIN                       | M-Open    | 26   | 00:01:41 | 00:03:29 | 00:05:17 | 00:06:58.35           | +00:01:52 (26.9%) | 4:19            | 13.9 (73.5%)  |
| 27  | MACIEJEWSKI Maciej         | 74    |                                     | M-Open    | 27   | 00:01:40 | 00:03:38 | 00:05:44 | 00:07:40.55           | +00:02:34 (33.6%) | 4:45            | 12.6 (66.7%)  |

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|-----|----------------------|-------|---------------|-----------|------|----------|----------|----------|-----------------------|-------------------|-----------------|---------------|
| 28  | KOZŁOWIECKI Waldemar | 7     | TKKF KOSZALIN | M-Open    | 28   | 00:01:54 | 00:04:00 | 00:06:09 | 00:08:13.25           | +00:03:07 (38.0%) | 5:06            | 11.7 (61.9%)  |

Znaleziono 28 wynik(ów)