LETNIE MILE BIEGOWE - 5/5 - 1 MILA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-08-08
Miejsce: Koszalin
Dystans: 1.609 km

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	**ORZECHOWSKI Kamil**	**25**	TKKF KOSZALIN	M-30	1	00:00:02	00:01:12	00:02:27	00:03:41	**00:04:52.95**		3:01	19.8 (100%)
2	**GAWRON Piotr**	**30**	ULKS TALEX BORZYTUCHOM	M-18	1	00:00:02	00:01:11	00:02:27	00:03:44	**00:05:03.55**	+00:00:10 (3.5%)	3:08	19.1 (96.5%)
3	**SOSNOWSKI Tomasz**	**66**	MEDEN-INMED SPORTS TEAM	M-18	2	00:00:02	00:01:14	00:02:34	00:03:56	**00:05:09.22**	+00:00:16 (5.3%)	3:11	18.8 (94.9%)
4	**HUBERT Łukasz**	**47**	TKKF KOSZALIN	M-30	2	00:00:02	00:01:13	00:02:33	00:03:55	**00:05:15.19**	+00:00:22 (7.1%)	3:15	18.4 (92.9%)
5	**NAKONIECZNY Rafał**	**24**	TKKF KOSZALIN	M-30	3	00:00:02	00:01:18	00:02:41	00:04:05	**00:05:27.45**	+00:00:34 (10.5%)	3:23	17.7 (89.4%)
6	**KASZUBIAK Klaudiusz**	**36**		M-30	4	00:00:03	00:01:24	00:02:48	00:04:16	**00:05:32.94**	+00:00:39 (12.0%)	3:26	17.5 (88.4%)
7	**ZUKAL Piotr**	**33**		M-40	1	00:00:02	00:01:25	00:02:52	00:04:19	**00:05:41.32**	+00:00:48 (14.2%)	3:31	17 (85.9%)
8	**BESZTERDA Jakub**	**22**	BAŁTYK KOSZALIN	M-14	1	00:00:04	00:01:25	00:02:55	00:04:26	**00:05:44.12**	+00:00:51 (14.9%)	3:33	16.8 (84.8%)
9	**SITOWSKI Marcin**	**37**	FC RYSIEK	M-18	3	00:00:02	00:01:15	00:02:41	00:04:14	**00:05:45.23**	+00:00:52 (15.1%)	3:34	16.8 (84.8%)
10	**SIENIAWSKI Jarosław**	**67**	MEDEN INMED SPORTS TEAM	M-40	2	00:00:03	00:01:24	00:02:51	00:04:20	**00:05:45.44**	+00:00:52 (15.2%)	3:34	16.8 (84.8%)
11	**PRZEWŁOCKI Michał**	**48**	TKKF KOSZALIN	M-30	5	00:00:03	00:01:20	00:02:44	00:04:15	**00:05:46.33**	+00:00:53 (15.4%)	3:34	16.8 (84.8%)
12	**KLEMANN Paweł**	**12**		M-40	3	00:00:03	00:01:23	00:02:48	00:04:17	**00:05:47.41**	+00:00:54 (15.7%)	3:35	16.7 (84.3%)
13	**ZWOLIŃSKI Jan**	**41**	TKKF KOSZALIN	M-50	1	00:00:02	00:01:24	00:02:55	00:04:27	**00:05:51.06**	+00:00:58 (16.6%)	3:38	16.5 (83.3%)
14	**JAMNIAK Bartosz**	**49**	TKKF KOSZALIN	M-30	6	00:00:02	00:01:25	00:02:56	00:04:28	**00:05:54.63**	+00:01:01 (17.4%)	3:39	16.4 (82.8%)
15	**ZACHOLSKI Wojciech**	**70**		M-18	4	00:00:03	00:01:32	00:03:04	00:04:38	**00:05:56.99**	+00:01:04 (17.9%)	3:41	16.3 (82.3%)
16	**KUŁAKOWSKI Dawid**	**50**	TKKF KOSZALIN	M-40	4	00:00:03	00:01:32	00:03:04	00:04:38	**00:05:59.50**	+00:01:06 (18.5%)	3:42	16.1 (81.3%)
17	**MOSZYŃSKI Jacek**	**15**	TKKF KOSZALIN	M-50	2	00:00:03	00:01:31	00:03:03	00:04:37	**00:06:01.40**	+00:01:08 (18.9%)	3:44	16.1 (81.3%)
18	**ŻYWICKI Bartosz**	**28**	DZIKI KOSZALIN	M-30	7	00:00:04	00:01:33	00:03:05	00:04:38	**00:06:04.02**	+00:01:11 (19.5%)	3:46	15.9 (80.3%)
19	**BASSEL Marcin**	**38**		M-30	8	00:00:04	00:01:29	00:03:00	00:04:34	**00:06:05.76**	+00:01:12 (19.9%)	3:46	15.9 (80.3%)
20	**MICERSKI Tomasz**	**16**	TKKF KOSZALIN	M-40	5	00:00:04	00:01:31	00:03:02	00:04:37	**00:06:09.86**	+00:01:16 (20.8%)	3:49	15.7 (79.3%)
21	**BESZTERDA Sebastian**	**23**	NIETOPERZE KOSZALIN	M-40	6	00:00:05	00:01:34	00:03:08	00:04:43	**00:06:12.90**	+00:01:19 (21.4%)	3:51	15.6 (78.8%)
22	**MIŁASZEWSKI Przemysław**	**26**		M-30	9	00:00:03	00:01:33	00:03:05	00:04:42	**00:06:18.17**	+00:01:25 (22.5%)	3:54	15.3 (77.3%)
23	**MILEWSKI Tomasz**	**69**		M-30	10	00:00:05	00:01:34	00:03:08	00:04:45	**00:06:20.63**	+00:01:27 (23.0%)	3:56	15.3 (77.3%)
24	**JAROSZ Dariusz**	**11**	TKKF KOSZALIN	M-40	7	00:00:03	00:01:35	00:03:13	00:04:54	**00:06:31.28**	+00:01:38 (25.1%)	4:02	14.8 (74.7%)
25	**KAMYK Piotr**	**44**	MH IT SERWIS KOSZALIN	M-30	11	00:00:03	00:01:32	00:03:09	00:04:52	**00:06:33.09**	+00:01:40 (25.5%)	4:04	14.7 (74.2%)
26	**KRUPIŃSKI Krzysztof**	**65**	E-UROLOG.EU	M-50	3	00:00:04	00:01:40	00:03:19	00:04:59	**00:06:36.85**	+00:01:43 (26.2%)	4:05	14.6 (73.7%)
27	**MARZEC Łukasz**	**18**		M-30	12	00:00:07	00:01:46	00:03:20	00:05:00	**00:06:40.32**	+00:01:47 (26.8%)	4:08	14.5 (73.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
28	**NOREK Tomek**	**39**		M-50	4	00:00:05	00:01:44	00:03:23	00:05:03	**00:06:41.84**	+00:01:48 (27.1%)	4:09	14.5 (73.2%)
29	**WAWRZYN Grzegorz**	**19**		M-40	8	00:00:06	00:01:47	00:03:34	00:05:18	**00:06:52.70**	+00:01:59 (29.0%)	4:15	14.1 (71.2%)
30	**KISIELIŃSKI Igor**	**46**	TKKF KOSZALIN	M-50	5	00:00:05	00:01:40	00:03:22	00:05:08	**00:06:53.15**	+00:02:00 (29.1%)	4:16	14 (70.7%)
31	**PANCERZYŃSKI Łukasz**	**62**		M-30	13	00:00:05	00:01:46	00:03:33	00:05:18	**00:06:53.35**	+00:02:00 (29.1%)	4:16	14 (70.7%)
32	**KURŁOWICZ Krzysztof**	**64**		M-30	14	00:00:02	00:01:34	00:03:18	00:05:07	**00:06:54.48**	+00:02:01 (29.3%)	4:17	14 (70.7%)
33	**RUTKOWSKI Artur**	**63**	RUTKOWSKI TEAM	M-18	5	00:00:03	00:01:48	00:03:28	00:05:14	**00:06:55.45**	+00:02:02 (29.5%)	4:17	14 (70.7%)
34	**ZIELIŃSKI Grzegorz**	**34**		M-60	1	00:00:03	00:01:36	00:03:21	00:05:11	**00:07:00.76**	+00:02:07 (30.4%)	4:20	13.8 (69.7%)
35	**KOZŁOWIECKI Waldek**	**45**	TKKF KOSZALIN	M-60	2	00:00:04	00:01:55	00:03:52	00:05:52	**00:07:55.77**	+00:03:02 (38.4%)	4:55	12.2 (61.6%)
36	**STAŃCZYK Franciszek**	**68**	NIEZRZESZONY	M-70+	1	00:00:04	00:02:09	00:04:21	00:06:39	**00:08:53.63**	+00:04:00 (45.1%)	5:31	10.9 (55.1%)
37	**ZUKAL Jakub**	**32**		M-Dz	1	00:00:05	00:02:17	00:04:33	00:07:01	**00:09:04.59**	+00:04:11 (46.2%)	5:37	10.7 (54.0%)
38	**CHODOR Antek**	**20**		M-Dz	2	00:00:07	00:02:28	00:05:12	00:08:09	**00:11:32.01**	+00:06:39 (57.7%)	7:09	8.4 (42.4%)
39	**BARTNIK Marian**	**43**	TKKF KOSZALIN	M-70+	2	00:00:03	00:03:00	00:06:10	00:09:22	**00:12:32.96**	+00:07:40 (61.1%)	7:47	7.7 (38.9%)
40	**LINOWIECKI Cezary**	**35**		M-50	6	00:00:02	00:01:22	00:02:49			+00:00:22	3:28	17.3 (87.4%)

Znaleziono 40 wynik(ów)