



MARYNARSKA DYCHA NORDIC WALKING

B4SPORT

Wydarzenie: III BIEG PRZEŁAJOWY "MARYNARSKA DYCHA" im. admirała floty Andrzeja KARWETY
Organizator: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ (CSMW)
Data: 2018-04-07
Miejsce: Ustka
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZYMANOWSKA Anna	388	KIJE LĘBORSKIE	K-OPEN	1	00:00:02	00:39:54.00	00:39:56.35		7:58	7.5 (100%)
2	WIERZBICKA Kornelia	391	WATAHA	K-OPEN	2	00:00:02	00:42:16.85	00:42:19.30	+00:02:22 (5.6%)	8:27	7.1 (94.7%)
3	RUDNIK Janina Ewa	383		K-OPEN	3	00:00:02	00:42:58.80	00:43:00.85	+00:03:04 (7.2%)	8:35	7 (93.3%)
4	BURY Liliana	372		K-OPEN	4	00:00:03	00:43:40.30	00:43:44.00	+00:03:46 (8.6%)	8:44	6.9 (92.0%)
5	MIELEWCZYK Justyna	379	ZMOTYWOWANI	K-OPEN	5	00:00:03	00:43:57.70	00:44:01.55	+00:04:03 (9.2%)	8:47	6.8 (90.7%)
6	CZERNICHOWSKA Teresa	386	DWA KIJE SŁUPSK	K-OPEN	6	00:00:03	00:44:06.50	00:44:09.60	+00:04:12 (9.5%)	8:49	6.8 (90.7%)
7	KNITTER Monika	375		K-OPEN	7	00:00:03	00:44:11.00	00:44:14.25	+00:04:17 (9.7%)	8:50	6.8 (90.7%)
8	SZCZYPEK Elżbieta	385	DWA KIJE SŁUPSK	K-OPEN	8	00:00:06	00:46:18.65	00:46:24.70	+00:06:24 (13.8%)	9:15	6.5 (86.7%)
9	LIPIŃSKA Grażyna	378		K-OPEN	9	00:00:03	00:49:26.10	00:49:29.65	+00:09:32 (19.3%)	9:53	6.1 (81.3%)
10	ŚLIWIŃSKA Edyta	390		K-OPEN	10	00:00:05	00:51:41.65	00:51:47.40	+00:11:47 (22.8%)	10:20	5.8 (77.3%)
11	POBŁOCKA Maria	381		K-OPEN	11	00:00:02	00:53:54.20	00:53:56.95	+00:14:00 (26.0%)	10:46	5.6 (74.7%)
12	BŁASZCZYK Anna	371	STS 'USTKA'	K-OPEN	12	00:00:12	00:54:10.00	00:54:22.00	+00:14:16 (26.3%)	10:50	5.5 (73.3%)
13	KOCZOROWSKA Jadwiga	376		K-OPEN	13	00:00:07	00:55:38.75	00:55:46.25	+00:15:44 (28.3%)	11:07	5.4 (72.0%)
14	CHILOŃSKA Ewa	373		K-OPEN	14	00:00:06	00:56:18.10	00:56:24.85	+00:16:24 (29.1%)	11:15	5.3 (70.7%)
15	ZYGLER Renata	394		K-OPEN	15	00:00:05	00:57:23.85	00:57:29.40	+00:17:29 (30.5%)	11:28	5.2 (69.3%)
16	PUGACZ Łucja	382	STS 'USTKA'	K-OPEN	16	00:00:05	00:57:25.80	00:57:31.15	+00:17:31 (30.5%)	11:29	5.2 (69.3%)
17	MADEJCZYK Zofia	397	KB TUPOT SŁUPSK	K-OPEN	17	00:00:07	00:59:37.95	00:59:45.45	+00:19:43 (33.1%)	11:55	5 (66.7%)

Znaleziono 17 wynik(ów)