



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 3,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				Czas	Rower	Bieg	Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz				
1	<b>PETSUK Zoltán</b>	<b>222</b>	UTE-MERIDA	M40		00:13:15	00:39:52	<b>00:53:26</b>	1	00:02:41			
	<b>ZALEWSKI Igor</b>	<b>93</b>	TRIATHLON CLUB WROCŁAW	M30	Triathlon Club Wrocław	00:14:28	00:43:57	<b>00:59:19</b>	2	00:03:04			
3	<b>MAZUR Paweł</b>	<b>134</b>	NAJMOWICZ TRIATHLON/UKS TRS SUSZ/ AGROLOK SPORT TEAM	M34		00:14:42	00:45:12	<b>01:00:40</b>	3	00:02:33			
4	<b>OPOLECKY Martin</b>	<b>187</b>	OPOLTEAM	M39		00:14:55	00:45:24	<b>01:00:53</b>	4	00:03:05			
5	<b>SKRZYPCZAK Paweł</b>	<b>118</b>	TATA EMERYT	M39		00:15:41	00:48:04	<b>01:04:33</b>	5	00:06:45			
6	<b>BUZUN Rafał</b>	<b>219</b>	TYCZYŃSKI TRIATHLON	M28		00:16:28	00:48:56	<b>01:05:26</b>	6	00:03:15			
7	<b>SZYMAŃSKI Piotr</b>	<b>44</b>	MIELCARCS TEAM	M30	Mielcarcs Team	00:16:05	00:49:39	<b>01:06:34</b>	7	00:02:57			
8	<b>WALCZAK Robert</b>	<b>123</b>	CYTADELA BY NIGHT	M43	Czerwonak Biega	00:16:24	00:49:48	<b>01:06:54</b>	8	00:03:47			
9	<b>PIEKARSKI Paweł</b>	<b>8</b>		M33		00:16:11	00:50:06	<b>01:07:26</b>	9	00:03:52			
	<b>MICHAŁOWSKI Piotr</b>	<b>65</b>	NADAKTYWNI	M32		00:16:32	00:50:34	<b>01:07:49</b>	10	00:05:05			
11	<b>SKROBAŃSKI Jakub</b>	<b>156</b>		M31		00:16:25	00:51:35	<b>01:09:27</b>	11	00:04:35			
12	<b>MATUSIAK Mateusz</b>	<b>216</b>	SNG WILD DUCKS	M36	SNG Wild Ducks	00:16:51	00:51:23	<b>01:09:29</b>	13	00:03:27			
13	<b>DUBIEL Robert</b>	<b>210</b>	GAIT	M51		00:16:47	00:51:32	<b>01:09:29</b>	12	00:06:44			
14	<b>LEWANDOWSKI Damian</b>	<b>167</b>	PTT DELTA	M47	PTT DELTA	00:16:48	00:52:21	<b>01:10:12</b>	14	00:04:14			
15	<b>KURZAC Piotr</b>	<b>50</b>	ANTEX TEAM	M41		00:17:20	00:52:26	<b>01:10:20</b>	15	00:05:18			
16	<b>BUTOWSKI Krzysztof</b>	<b>146</b>	TORUŃSKI KLUB TRIATHLONOWY	M42		00:18:00	00:53:14	<b>01:10:34</b>	16	00:05:13			

					Pływanie				T1	Rower	T2	Bieg	Czas
17	<b>MIELCZAREK Marek</b>	<b>175</b>	MARKOWI BIEGACZE / TRINERGY	M49	00:17:18	00:52:56	<b>01:10:45</b>	17	00:04:45				
18	<b>SRNÁNEK Rastislav</b>	<b>115</b>	ŠK TRIATLON PEZINOK	M28	00:16:53	00:52:52	<b>01:11:03</b>	18	00:03:04				
19	<b>KRAJEWSKI Tomasz</b>	<b>121</b>	KP PSP INOWROCŁAW	M35	00:17:06	00:52:39	<b>01:11:12</b>	19	00:03:20				
20	<b>ZAVEDIUK Tetiana</b>	<b>182</b>	IRON TEAM CADENCE	K37	00:17:29	00:53:39	<b>01:11:49</b>	20	00:05:02				
21	<b>SOBOTA Mateusz</b>	<b>26</b>	SREBRNI TRI	M32	Srebrni Tri	00:17:24	00:53:34	<b>01:11:58</b>	21	00:04:11			
22	<b>MOZLER Jerzy</b>	<b>25</b>		M49		00:17:33	00:53:40	<b>01:12:33</b>	22	00:06:15			
23	<b>KOŚCIELSKI Mateusz</b>	<b>108</b>	BRAVEHEARTS LEGIONOWO	M47		00:17:48	00:54:14	<b>01:12:36</b>	23	00:04:51			
	<b>PADEREWSKI Albert</b>	<b>148</b>	TRIATHLETIC TEAM	M31	Triathletic Team	00:18:03	00:54:19	<b>01:12:40</b>	24	00:03:13			
25	<b>HIPNAROWICZ Grzegorz</b>	<b>21</b>	SPORTTREND.PL	M44		00:17:33	00:54:18	<b>01:12:42</b>	25	00:04:35			
26	<b>PRZEMYSŁAW Seredyński</b>	<b>45</b>	//CONSULT.RED	M41		00:17:29	00:54:07	<b>01:12:56</b>	26	00:03:38			
27	<b>CZAJKOWSKI Krzysztof</b>	<b>203</b>		M48		00:17:34	00:54:17	<b>01:13:02</b>	27	00:04:04			
28	<b>KIEJNIH Filip</b>	<b>78</b>	#BALBINATEAM	M30		00:17:38	00:54:50	<b>01:13:05</b>	28	00:04:04			
29	<b>KOWALSKI Damian</b>	<b>9</b>	SZAJBA TEAM	M37		00:17:20	00:53:59	<b>01:13:17</b>	29	00:07:20			
30	<b>BARANOWSKI Arkadiusz</b>	<b>184</b>	BESKID TRIATHLON CENTER /MACHIKOSPORTSWEAR	M44		00:17:27	00:54:22	<b>01:13:35</b>	30	00:03:53			
31	<b>TABAK Konrad</b>	<b>169</b>	PHO3NIX GVT TEAM	M40		00:17:46	00:54:57	<b>01:13:47</b>	31	00:06:07			
32	<b>KUMISZCZO Marcin</b>	<b>102</b>	GT RAT	M35		00:17:35	00:54:42	<b>01:13:50</b>	32	00:04:07			
33	<b>SKIBA Mariusz</b>	<b>174</b>	KS IRONMAN SZCZECIN	M38		00:18:01	00:55:03	<b>01:13:51</b>	33	00:06:07			
34	<b>KULIK Michał</b>	<b>56</b>	HTF LUDWIK SIKORSKI	M44		00:17:54	00:54:58	<b>01:14:09</b>	34	00:04:52			
35	<b>SZCZYRBOWSKI Michał</b>	<b>17</b>	TURBOKILLERS	M42	TurboKillers	00:17:37	00:55:00	<b>01:14:12</b>	35	00:03:59			
36	<b>SZYMKOWIAK Norbert</b>	<b>220</b>	GALIBIER BIKEFUN TEAM	M29		00:17:44	00:54:48	<b>01:14:13</b>	36	00:03:05			
37	<b>MIELCAREK Maciej</b>	<b>55</b>	MIELCARKS TEAM	M33	Mielcarks Team	00:18:07	00:55:36	<b>01:14:45</b>	37	00:06:27			
38	<b>ŁAZ Kamil</b>	<b>223</b>	WTLENIE	M40	Akademia Mistrzów Sportu	00:18:24	00:55:51	<b>01:14:46</b>	38	00:05:56			
39	<b>PIC Dawid</b>	<b>24</b>	BYLE DO PRZODU	M31		00:18:07	00:55:59	<b>01:14:50</b>	39	00:04:38			
40	<b>GRUBINSKAS Irmantas</b>	<b>185</b>	PANEVEZIO TRIATLONO KLUBAS	M41		00:18:18	00:55:27	<b>01:15:04</b>	40	00:05:12			
41	<b>SUPERSON Wojtek</b>	<b>75</b>		M52		00:18:26	00:56:14	<b>01:15:17</b>	41	00:06:47			
42	<b>NOWAK Antoni</b>	<b>141</b>	EL-KIBA TEAM SŁUBICE	M25		00:17:17	00:55:26	<b>01:15:21</b>	42	00:04:27			
	<b>KUCIŃSKI Artur</b>	<b>202</b>		M48		00:18:19	00:56:07	<b>01:15:22</b>	43	00:06:43			

						Pływanie				T1	Rower	T2	Bieg	Czas
44	<b>JAŹDZIEWSKI Dawid</b>	<b>211</b>	TM IRONTEAM	M30	TM IronTeam	00:18:15	00:55:58	<b>01:15:36</b>	44	00:03:52				
45	<b>CZUK Przemysław</b>	<b>130</b>		M28		00:17:20	00:55:43	<b>01:15:47</b>	45	00:05:46				
46	<b>SIEMIŃSKI Bartek</b>	<b>33</b>	TRITON KONIN	M43		00:17:41	00:55:39	<b>01:16:06</b>	46	00:07:03				
47	<b>JAŃCZAK Jarosław</b>	<b>158</b>	SNG WILD DUCKS	M50	SNG Wild Ducks	00:18:15	00:56:35	<b>01:16:12</b>	47	00:04:33				
48	<b>ŚWIEREK Andrzej</b>	<b>199</b>	IRONMAN PRODMAR SZCZECIN	M47		00:18:19	00:56:01	<b>01:16:15</b>	49	00:04:45				
49	<b>BUCHALIK Arkadiusz</b>	<b>140</b>		M50		00:18:32	00:56:50	<b>01:16:15</b>	48	00:03:41				
	<b>OZDOBA Krzysztof</b>	<b>86</b>	TRI MISSION	M50	Tri Mission	00:18:31	00:56:53	<b>01:16:22</b>	50	00:04:18				
51	<b>DUBAS Marek</b>	<b>137</b>	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40		00:18:21	00:56:38	<b>01:16:24</b>	51	00:04:45				
	<b>OSMOLIK Jarek</b>	<b>85</b>		M46		00:18:32	00:56:36	<b>01:16:25</b>	52	00:03:07				
53	<b>DZIURDA Marek</b>	<b>117</b>	CHGT	M42		00:18:41	00:57:02	<b>01:16:47</b>	53	00:06:57				
54	<b>BIRONT Krzysztof</b>	<b>88</b>	BIELAWSKA AKADEMIA BIEGANIA	M43		00:18:34	00:57:30	<b>01:16:56</b>	54	00:04:30				
	<b>SZADKOWSKI Jacek</b>	<b>107</b>	FREERUNNER.PL	M45		00:18:43	00:57:31	<b>01:17:05</b>	55	00:05:33				
56	<b>LENART Rafal</b>	<b>136</b>	DRUŻYNA ML	M34		00:18:34	00:57:22	<b>01:17:06</b>	56	00:05:36				
57	<b>PORĘBA Norbert</b>	<b>128</b>		M32		00:18:07	00:57:07	<b>01:17:20</b>	57	00:05:08				
58	<b>WINIECKI Tomasz</b>	<b>41</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:18:36	00:57:45	<b>01:17:36</b>	58	00:04:52				
59	<b>SKOCKI Bartłomiej</b>	<b>19</b>	ORKAMASTERS IŁAWA	M44		00:18:35	00:57:53	<b>01:17:42</b>	59	00:04:51				
60	<b>ANIELAK Mateusz</b>	<b>27</b>	BEAUTY BAŁUTY	M32		00:19:14	00:58:14	<b>01:17:57</b>	60	00:05:40				
61	<b>WARDA Marcin</b>	<b>131</b>	ORT ŁOMIANKI	M43		00:18:27	00:57:31	<b>01:17:58</b>	61	00:04:45				
62	<b>ANTONIUK Marcin</b>	<b>144</b>	LAMART	M48		00:18:34	00:57:40	<b>01:18:04</b>	62	00:06:37				
63	<b>PATALON Piotr</b>	<b>34</b>	ORKAMASTERS IŁAWA	M54		00:19:16	00:58:50	<b>01:18:41</b>	63	00:03:49				
64	<b>FARRUGIA Nicky</b>	<b>204</b>	MOSTA TRI MALTA	M63		00:19:05	00:58:41	<b>01:18:51</b>	64	00:06:20				
	<b>WIERZBOWSKI Krzysztof</b>	<b>7</b>		M44		00:18:42	00:58:20	<b>01:19:15</b>	65	00:04:21				
66	<b>MOJSIEWICZ Sławomir</b>	<b>172</b>		M47		00:18:43	00:58:48	<b>01:19:29</b>	66	00:04:28				
67	<b>STEC Przemysław</b>	<b>79</b>		M40		00:19:45	00:59:31	<b>01:19:35</b>	67	00:05:34				
68	<b>MARCJANEK Piotr</b>	<b>153</b>	MOCARNE DZIKI	M40		00:19:11	00:59:15	<b>01:19:44</b>	68	00:05:49				
69	<b>RYBAK Remigiusz</b>	<b>77</b>	TRISPACE/TREK	M46	TRISPACE/TREK	00:18:57	00:59:21	<b>01:20:03</b>	69	00:03:39				
70	<b>WOŁK Agata</b>	<b>177</b>	FUNTRI	K28		00:18:51	00:59:18	<b>01:20:22</b>	70	00:04:02				

					Pływanie				T1	Rower	T2	Bieg	Caas
71	<b>JOACHIMIAK Marek</b>	<b>99</b>	TRITOGO	M32		00:18:57	00:59:39	<b>01:20:36</b>	71	00:03:13			
72	<b>KOCH Przemek</b>	<b>116</b>		M37		00:19:42	00:59:45	<b>01:20:38</b>	72	00:04:41			
73	<b>PIGŁAS Adam</b>	<b>125</b>		M42		00:19:30	01:00:21	<b>01:20:45</b>	73	00:06:15			
74	<b>WÓJTOWICZ Mateusz</b>	<b>126</b>	AJRONMIM	M40		00:18:55	00:59:41	<b>01:20:49</b>	74	00:07:22			
75	<b>BLUMA Tomasz</b>	<b>111</b>		M40		00:19:56	01:00:20	<b>01:20:53</b>	75	00:06:09			
76	<b>OCHRYMOWICZ Mateusz</b>	<b>218</b>	TRINITY	M32		00:18:56	01:00:00	<b>01:20:58</b>	76	00:05:16			
77	<b>TAMBORSKI Rafał</b>	<b>149</b>	JERZYK TEAM	M44		00:19:33	01:00:34	<b>01:20:59</b>	77	00:03:45			
78	<b>CHMEL Sergiy</b>	<b>59</b>	IRON TEAM CADENCE	M41		00:19:16	00:59:59	<b>01:21:38</b>	78	00:03:22			
79	<b>WILK Szymon</b>	<b>173</b>		M35		00:19:12	01:00:15	<b>01:21:59</b>	79	00:05:49			
80	<b>MIELCAREK Jędrzej</b>	<b>57</b>	MIELCARKS TEAM	M30	Mielcarks Team	00:19:24	01:00:39	<b>01:22:06</b>	80	00:07:10			
81	<b>ANTHONIS Kevin</b>	<b>23</b>		M30		00:18:33	01:00:10	<b>01:22:34</b>	81	00:10:08			
82	<b>KUCHCIAK Mateusz</b>	<b>194</b>		M29		00:19:41	01:01:16	<b>01:22:48</b>	82	00:06:44			
83	<b>GNIOT Katarzyna</b>	<b>197</b>	KAPIJA	K43		00:19:37	01:01:23	<b>01:23:05</b>	83	00:04:52			
84	<b>JADOWSKI Bartłomiej</b>	<b>87</b>	TRI MISSION	M35	Tri Mission	00:19:31	01:01:22	<b>01:23:09</b>	84	00:07:33			
85	<b>JANAS Dariusz</b>	<b>36</b>	CZERWONAK BIEGA	M48	Czerwonak Biega	00:19:53	01:01:13	<b>01:23:15</b>	85	00:06:57			
	<b>KORYTOWSKI Maciej</b>	<b>165</b>	ROWEROWE LIPNO	M40		00:19:51	01:01:40	<b>01:23:22</b>	86	00:10:23			
87	<b>KUSIAK Marcin</b>	<b>183</b>	ASICS FRONTRUNNER	M43		00:20:37	01:02:25	<b>01:23:30</b>	87	00:04:56			
88	<b>KUROWSKI Kamil</b>	<b>31</b>	3GRAVITY	M38	3Gravity	00:19:22	01:01:55	<b>01:23:46</b>	88	00:05:36			
89	<b>BERNER Karol</b>	<b>217</b>	BECOME ONE	M36		00:19:55	01:02:07	<b>01:23:49</b>	89	00:06:19			
90	<b>ZIELIŃSKI Maciej</b>	<b>3</b>	ELENSPORT.PL SKLEPY SPORTOWE	M39		00:19:32	01:01:51	<b>01:24:10</b>	90	00:03:30			
91	<b>KRZYŻEWSKI Michał</b>	<b>39</b>		M30		00:21:13	01:03:12	<b>01:24:43</b>	91	00:05:51			
92	<b>IGNACZAK Jarosław</b>	<b>20</b>	KABEL TEAM BYDGOSZCZ	M42		00:19:34	01:02:14	<b>01:24:46</b>	92	00:04:01			
93	<b>KUBIK Michał</b>	<b>180</b>		M31		00:19:10	01:02:20	<b>01:24:48</b>	93	00:04:10			
94	<b>STEFANIAK Mateusz</b>	<b>122</b>	TURBOKILLERS	M33	TurboKillers	00:19:49	01:02:35	<b>01:25:22</b>	94	00:04:32			
95	<b>RUZYŁO Patryk</b>	<b>209</b>	PTSTUDIO	M36	PTstudio	00:21:07	01:03:52	<b>01:25:42</b>	95	00:04:26			
96	<b>HEJNICKI Dariusz</b>	<b>198</b>	DON TRUCKING GROUP	M36		00:20:52	01:03:44	<b>01:25:55</b>	96	00:05:52			
97	<b>MISUN NOWAK Katarzyna</b>	<b>35</b>	AKADEMIA MISTRZÓW SPORTU	K43	Akademia Mistrzów Sportu	00:20:06	01:03:27	<b>01:25:57</b>	97	00:06:30			

						Pływanie				T1	Rower	T2	Bieg	Całość
98	<b>DRZEWIECKI Rafał</b>	<b>46</b>	AKADEMIA MISTRZÓW SPORTU	M48	Akademia Mistrzów Sportu	00:20:05	01:03:31	<b>01:26:03</b>	98	00:06:07				
99	<b>SPRYSZYŃSKI Michał</b>	<b>157</b>	TRIRODZINKA	M35		00:20:13	01:03:40	<b>01:26:03</b>	99	00:06:19				
100	<b>WIRA Mariusz</b>	<b>147</b>	KB MIŚ BOREK WLKP.	M50		00:20:43	01:03:15	<b>01:26:09</b>	100	00:06:30				
101	<b>MĘCNER Michał</b>	<b>133</b>		M45		00:20:41	01:03:39	<b>01:26:19</b>	101	00:09:24				
102	<b>MARCINIAK Witold</b>	<b>12</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:31	01:04:19	<b>01:26:21</b>	102	00:05:43				
103	<b>FUSZARA Wojciech</b>	<b>186</b>		M36		00:20:26	01:04:03	<b>01:26:41</b>	103	00:10:22				
104	<b>WYSOCKI Piotr</b>	<b>83</b>		M37		00:20:09	01:03:49	<b>01:26:49</b>	105	00:04:33				
105	<b>WYŻNIKIEWICZ Bartłomiej</b>	<b>32</b>	ROWEROWA CZĘSTOCHOWA	M35		00:21:23	01:04:37	<b>01:26:49</b>	104	00:07:05				
106	<b>NOWACZYK Bartosz</b>	<b>66</b>		M38		00:20:22	01:03:49	<b>01:27:11</b>	106	00:08:06				
107	<b>SINKA Damian</b>	<b>145</b>	MG SPORT	M58		00:20:54	01:05:01	<b>01:27:33</b>	107	00:08:14				
108	<b>NALEWAJKO Jacek</b>	<b>95</b>	#BIEGAJLESZNO	M46		00:20:36	01:04:19	<b>01:27:34</b>	108	00:08:09				
109	<b>MACHAJ Adam</b>	<b>168</b>		M36		00:20:29	01:04:12	<b>01:27:37</b>	109	00:09:59				
110	<b>GIBUŁA Bartłomiej</b>	<b>109</b>	WAT	M24		00:20:13	01:04:49	<b>01:27:48</b>	110	00:07:16				
	<b>GĘBCZYŃSKI Paweł</b>	<b>72</b>		M44		00:21:02	01:05:22	<b>01:27:49</b>	111	00:10:34				
112	<b>LATOS Janusz</b>	<b>92</b>	POLONIA ŚRODA	M61		00:21:15	01:05:26	<b>01:27:56</b>	112	00:05:13				
113	<b>BOGUSZEWSKI Bartłomiej</b>	<b>212</b>		M28		00:21:37	01:06:19	<b>01:28:19</b>	113	00:05:03				
114	<b>CZERBNIAK Norbert</b>	<b>154</b>	TARNOWO PODGÓRNE BIEGA	M52		00:21:48	01:06:13	<b>01:28:22</b>	114	00:05:55				
115	<b>SZRAJDA Marcin</b>	<b>60</b>		M40		00:21:18	01:05:46	<b>01:28:24</b>	115	00:03:26				
116	<b>PODLEŚ Dawid</b>	<b>91</b>	DAWAJKALACH	M32		00:22:52	01:06:16	<b>01:28:32</b>	116	00:05:38				
117	<b>ADAMASZEK Beata</b>	<b>129</b>		K31		00:20:42	01:05:15	<b>01:28:37</b>	117	00:08:57				
118	<b>CHRAPKOWSKI Marcel</b>	<b>13</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	Iron House Triathlon Włocławek	00:20:17	01:03:59	<b>01:28:38</b>	118	00:06:12				
119	<b>PARADOWSKI Filip</b>	<b>127</b>	HASTEN TRIATHLON TEAM	M30		00:21:20	01:05:40	<b>01:28:39</b>	119	00:07:37				
120	<b>CZAPIEWSKI Krzysztof</b>	<b>67</b>	TRIPASSION	M38		00:21:39	01:06:28	<b>01:28:57</b>	120	00:07:15				
121	<b>JAŹDŹEWSKI Dawid</b>	<b>74</b>		M42		00:22:12	01:06:06	<b>01:28:58</b>	121	00:06:01				
122	<b>JARLACZYŃSKI Łukasz</b>	<b>221</b>		M49		00:21:46	01:05:53	<b>01:29:02</b>	122	00:05:43				
123	<b>AL-DRAWI Asia</b>	<b>188</b>	IM INSPIRATION	K45		00:21:55	01:06:21	<b>01:29:13</b>	123	00:09:11				

					Pływanie				T1	Rower	T2	Bieg	Caas
124	<b>PAZDA-POZORSKA Małgorzata</b>	<b>189</b>	POLTAREX	K41	00:21:44	01:06:41	<b>01:29:14</b>	124	00:05:32				
125	<b>KUŁACZEWSKI Krzysztof</b>	<b>47</b>	W POGONI ZA DUCHEM	M34	00:21:34	01:06:24	<b>01:29:19</b>	125	00:06:51				
126	<b>HOJNOR Piotr</b>	<b>178</b>	LITWIN SPORTS	M45	00:21:17	01:06:06	<b>01:29:24</b>	126	00:05:59				
127	<b>LISOWSKI Marcin</b>	<b>16</b>		M42	00:21:06	01:06:34	<b>01:29:26</b>	127	00:05:59				
128	<b>KLICKI Marcin</b>	<b>42</b>	GRILL TEAM	M37	00:22:10	01:06:27	<b>01:29:28</b>	128	00:04:56				
129	<b>GRZANECKI Rafał</b>	<b>213</b>		M48	00:21:36	01:05:59	<b>01:29:48</b>	129	00:03:57				
130	<b>JANOWSKI Michał</b>	<b>110</b>		M45	00:21:18	01:06:41	<b>01:30:08</b>	130	00:06:00				
131	<b>KRUPIŃSKI Jakub</b>	<b>106</b>	TRI COMPLEX LUBAŃ	M39	00:20:06	01:05:32	<b>01:30:08</b>	131	00:06:45				
132	<b>SEVASTSYANAU Sergio</b>	<b>192</b>	WOLNA BIALORUS	M46	00:21:43	01:06:35	<b>01:30:13</b>	132	00:05:31				
133	<b>CUPA Ireneusz</b>	<b>214</b>	TRIATHLON KONSULTING	M50	00:20:53	01:05:51	<b>01:30:15</b>	133	00:05:26				
134	<b>ZABOROWSKI Maciej</b>	<b>151</b>	PAFARO	M45	00:21:34	01:07:24	<b>01:30:17</b>	134	00:08:58				
135	<b>SIECZKO Tomek</b>	<b>58</b>	KOSTERA TEAM	M35	00:21:39	01:06:58	<b>01:30:59</b>	135	00:05:58				
136	<b>AUGUSTOWSKA Izabela</b>	<b>15</b>	BELLAMAR ORZESZKÓW	K47	00:22:00	01:07:16	<b>01:31:01</b>	136	00:04:49				
137	<b>SKROK Krzysztof</b>	<b>43</b>	PTT DELTA	M53	00:21:14	01:06:52	<b>01:31:19</b>	137	00:04:25				
138	<b>CYBULSKI Konrad</b>	<b>170</b>	HTF LUDWIK SIKORSKI / AMZ-KUTNO S.A.	M50	00:22:05	01:06:56	<b>01:31:56</b>	138	00:07:28				
139	<b>POPEK Maciej</b>	<b>2</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	00:21:01	01:07:17	<b>01:32:03</b>	139	00:06:03				
140	<b>NOWICKI Bartłomiej</b>	<b>176</b>	CENTRUM OGRODNICZE BOGDANOWO	M40	00:22:54	01:08:46	<b>01:32:11</b>	140	00:06:36				
	<b>JAŚKOWIAK Tomasz</b>	<b>98</b>		M49	00:22:31	01:08:04	<b>01:32:11</b>	141	00:13:11				
142	<b>RYCHARSKI Bartosz</b>	<b>53</b>		M40	00:21:40	01:07:38	<b>01:32:27</b>	142	00:05:05				
143	<b>TWARDOWSKI Michał</b>	<b>114</b>		M38	00:20:46	01:07:13	<b>01:32:39</b>	143	00:07:48				
	<b>GABRUK Andrzej</b>	<b>28</b>	GABAG	M62	00:22:11	01:08:21	<b>01:32:44</b>	144	00:09:41				
145	<b>JARGIŁO Michał</b>	<b>120</b>		M36	00:21:16	01:07:35	<b>01:32:46</b>	145	00:11:08				
146	<b>NAGOW Michał</b>	<b>68</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	00:21:06	01:08:08	<b>01:32:48</b>	146	00:06:39				

					Pływanie				T1	Rower	T2	Bieg	Caas
147	<b>KOWALSKI Łukasz</b>	<b>159</b>	COMPLEXSPORTS	M43	00:22:36	01:08:48	<b>01:32:54</b>	147	00:05:40				
148	<b>JAWORSKI Krzysztof</b>	<b>76</b>		M50	00:23:09	01:09:46	<b>01:32:59</b>	148	00:10:54				
149	<b>NOWAK Marcin</b>	<b>191</b>	PAFARO	M42	00:23:46	01:10:31	<b>01:33:24</b>	149	00:08:21				
150	<b>OPOLECKÁ Pavla</b>	<b>205</b>	OPOLTEAM	K37	00:21:59	01:08:52	<b>01:33:26</b>	150	00:05:00				
151	<b>WÓJTYCH Robert</b>	<b>160</b>	TRIATHLON TEAM AQUAPARK WĄGROWIEC	M51	00:22:12	01:08:57	<b>01:33:30</b>	151	00:09:12				
152	<b>CHOJA Sławomir</b>	<b>208</b>	TOP FIT CENTER	M57	00:23:34	01:09:47	<b>01:33:46</b>	152	00:09:50				
153	<b>PUCHALSKI Bartosz</b>	<b>103</b>	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M37	00:23:14	01:09:49	<b>01:33:52</b>	153	00:10:08				
154	<b>BRODA Jarosław</b>	<b>96</b>	TRIATHLON CLUB WROCŁAW	M54	Triathlon Club Wrocław	00:21:36	01:09:01	<b>01:34:26</b>	154	00:05:16			
	<b>ZAMOYSKI Piotr</b>	<b>112</b>		M34		00:21:01	01:08:06	<b>01:34:36</b>	155	00:06:56			
156	<b>BIEGA Marek</b>	<b>215</b>	GRAJAN TRIATHLON OŁAWA	M43	00:21:39	01:08:51	<b>01:34:41</b>	156	00:08:03				
157	<b>SZYMAŃSKA Agnieszka</b>	<b>113</b>	SKS OBORNIKI	K42	00:23:30	01:10:48	<b>01:35:36</b>	157	00:07:57				
158	<b>ŁAGOSZ Paweł</b>	<b>73</b>		M41	00:23:22	01:11:19	<b>01:36:02</b>	158	00:05:08				
159	<b>WIECZOREK Maciek</b>	<b>124</b>	RAKTEAM-TRIATHLON.PL	M51	00:23:19	01:10:44	<b>01:36:06</b>	159	00:06:00				
160	<b>JESION Remigiusz</b>	<b>179</b>		M40	00:22:19	01:10:41	<b>01:36:23</b>	160	00:06:40				
161	<b>KUBISZYN BZDYK Agata</b>	<b>201</b>		K50	00:24:28	01:12:27	<b>01:36:49</b>	162	00:12:01				
162	<b>KOWALCZYK Katarzyna</b>	<b>200</b>		K31	00:23:16	01:12:27	<b>01:36:49</b>	161	00:12:02				
	<b>BURINSKAS Arturas</b>	<b>195</b>	LITHUN	M57	00:23:01	01:11:56	<b>01:37:22</b>	163	00:05:29				
	<b>GRODOMIŃSKI Hubert</b>	<b>81</b>	TRITON KONIN	M48	00:23:54	01:12:41	<b>01:37:25</b>	164	00:06:34				
165	<b>CZAJKA Daniel</b>	<b>97</b>	TRI COMPLEX LUBAŃ	M36	00:22:42	01:12:18	<b>01:37:27</b>	165	00:04:48				
166	<b>GRUSZCZYK Grzegorz</b>	<b>54</b>	TURBOKILLERS	M41	TurboKillers	00:22:32	01:11:59	<b>01:37:45</b>	167	00:06:58			
167	<b>LECH Mikołaj</b>	<b>100</b>	WIEWIÓRY	M38		00:22:46	01:11:24	<b>01:37:45</b>	166	00:06:25			
168	<b>DOROSZ Marek</b>	<b>155</b>	KB MANIAC POZNAŃ	M55	00:23:13	01:12:28	<b>01:37:47</b>	168	00:07:38				
<b>Przekroczony limit czasu: 15:00:00</b>													
169	<b>BORN Marcin</b>	<b>150</b>	OSP KŁODNICA	M56	00:23:03	01:12:38	<b>01:37:50</b>	169	00:06:27				
170	<b>SZEWCZYK Mateusz</b>	<b>94</b>	SUSHI TEAM	M36	00:23:20	01:12:40	<b>01:38:07</b>	170	00:05:27				
171	<b>PIĄTKOWSKI Dariusz</b>	<b>89</b>	CHEŁMSKA GRUPA TRIATHLONU	M61	00:23:27	01:13:17	<b>01:38:18</b>	171	00:10:13				
172	<b>KUDREWICZ Mirek</b>	<b>164</b>	EWOTRATHLION	M59	00:22:38	01:11:41	<b>01:38:19</b>	172	00:05:36				

					Pływanie			T1	Rower	T2	Bieg	Czas
173	<b>PACZKOWSKI</b> Miroslaw	<b>18</b>		M53	Akademia Mistrzów Sportu	00:22:54	01:11:49	<b>01:38:34</b>	173	00:08:15		
174	<b>SMOLARCZYK</b> Krzysztof	<b>82</b>		M50		00:23:12	01:13:04	<b>01:39:02</b>	174	00:07:26		
175	<b>CIASTEK</b> Grzegorz	<b>206</b>	SPORT GENERATION	M60		00:23:19	01:13:28	<b>01:40:13</b>	175	00:08:12		
176	<b>DOBRZYŃSKI</b> Andrzej	<b>101</b>	CHEŁMSKA GRUPA TRIATHLONU	M49		00:24:38	01:14:19	<b>01:40:16</b>	176	00:08:42		
	<b>MOZLER</b> Agnieszka	<b>38</b>		K48		00:24:04	01:14:39	<b>01:41:06</b>	177	00:09:12		
	<b>KOZIŃSKI</b> Dariusz	<b>181</b>	ITOO	M46		00:23:08	01:14:22	<b>01:42:01</b>	178	00:05:48		
179	<b>MIDSEM Sixten</b>	<b>163</b>		M19		00:21:49	01:11:51	<b>01:42:02</b>	179	00:10:09		
180	<b>WOLSKI Darek</b>	<b>119</b>	DARO	M38		00:23:14	01:14:29	<b>01:43:33</b>	180	00:11:23		
181	<b>GESZKIEWICZ</b> Marta	<b>4</b>	MIELCARCS TEAM	K37	Mielcarcs Team	00:24:58	01:16:21	<b>01:44:16</b>	181	00:09:10		
182	<b>KACZYŃSKI</b> Marcin	<b>14</b>	NEXERIANIE	M46		00:23:45	01:15:09	<b>01:44:31</b>	182	00:13:09		
183	<b>CHOJNACKI</b> Grzegorz	<b>143</b>	CHOJNACKI TEAM	M47		00:24:36	01:17:36	<b>01:44:41</b>	183	00:10:15		
184	<b>ŁUKOWSKI</b> Dariusz	<b>90</b>	GMINA STRZELCE OPOLSKIE	M59		00:25:41	01:18:15	<b>01:45:26</b>	184	00:07:37		
185	<b>ADAMSKI</b> Sławomir Lucjan	<b>142</b>		M54		00:23:41	01:17:41	<b>01:45:45</b>	185	00:06:11		
186	<b>JANKOWSKI</b> Jarosław	<b>135</b>		M26		00:25:43	01:21:16	<b>01:48:20</b>	186	00:09:46		
187	<b>NOWICKI</b> Michał	<b>80</b>	BIEGANIE POD SOKOLIM OKIEM	M40		00:25:41	01:20:08	<b>01:49:02</b>	187	00:07:27		
188	<b>DWORCZYK</b> Wojciech	<b>162</b>		M47		00:24:22	01:19:21	<b>01:49:13</b>	188	00:09:33		
189	<b>WOJDYŁO</b> Wojciech	<b>196</b>	AKTYWNY DYNÓW / 21 BSP	M37		00:27:37	01:22:25	<b>01:49:27</b>	189	00:15:16		
	<b>WRZOSEK</b> Jarosław	<b>105</b>		M52	Mielcarcs Team	00:25:32	01:20:25	<b>01:49:33</b>	190	00:08:35		
191	<b>BRYGIER Jacek</b>	<b>51</b>	PTT DELTA	M52	PTT DELTA	00:25:52	01:23:11	<b>01:52:20</b>	191	00:06:54		
192	<b>LEPA-ROMAN</b> Magdalena	<b>10</b>	SFORA BMK	K45		00:27:50	01:24:14	<b>01:54:03</b>	192	00:05:23		
193	<b>WAWRZY尼亚K</b> Kacper	<b>52</b>		M24		00:27:29	01:25:15	<b>01:56:53</b>	193	00:05:39		
	<b>STOYKOV</b> Pavlin	<b>171</b>		M53		00:28:43	01:31:27	<b>02:03:00</b>	194	00:11:07		
	<b>CUCU Paul</b>	<b>70</b>		M19		00:31:37	01:38:09	<b>02:12:33</b>	195	00:08:09		
	<b>1</b>											