

MPOCR 2019 - 5 KM

B4SPORT

Wydarzenie: Mistrzostwa Polski OCR 2019
Organizator: OCR Polska
Data: 2019-09-07
Miejsce: Radotki
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MALINOWSKI Rafał	1315		M Open	8	01:28:43.50	01:28:43.50		17:44	3.4 (100%)
2	BŁASZCZYK Brunon	4018	KONIUCHY OCR	M Open	12	01:37:43.75	01:37:43.75	+00:09:00 (9.2%)	19:32	3.1 (91.2%)
3	JĘDRZEJEWSKI Jacek	1306	SWAP RUUNING TEAM	M Open	21	01:52:26.15	01:52:26.15	+00:23:42 (21.1%)	22:29	2.7 (79.4%)
4	FIGURSKI Łukasz	1305	SWAP RUNNING TEAM	M Open	28	01:56:31.90	01:56:31.90	+00:27:48 (23.9%)	23:18	2.6 (76.5%)
5	IWANOWSKI Kamil	1303		M Open	31	01:58:06.25	01:58:06.25	+00:29:22 (24.9%)	23:37	2.5 (73.5%)
6	PUZON Tomasz	1309		M Open	32	01:58:07.00	01:58:07.00	+00:29:23 (24.9%)	23:37	2.5 (73.5%)
7	KIESZKOWSKI Michał	1310		M Open	34	01:59:29.55	01:59:29.55	+00:30:46 (25.7%)	23:53	2.5 (73.5%)
8	RYBAK Paulina	1314	POWER TRAINING	K Open	4	02:05:09.90	02:05:09.90	+00:36:26 (29.1%)	25:01	2.4 (70.6%)
9	JULIKOWSKI Karol	1304	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M Open	39	02:05:09.95	02:05:09.95	+00:36:26 (29.1%)	25:01	2.4 (70.6%)
10	BANACZKOWSKI Tomasz	1301	RMG4RT GLADIATORS	M Open	44	02:08:01.65	02:08:01.65	+00:39:18 (30.7%)	25:36	2.3 (67.6%)
11	GŁADYSZ Marcin	1302	WILK TRENUJE	M Open	57	02:14:26.75	02:14:26.75	+00:45:43 (34.0%)	26:53	2.2 (64.7%)
12	OWCZAREK Adam	1316		M Open	61	02:18:26.20	02:18:26.20	+00:49:42 (35.9%)	27:41	2.2 (64.7%)
13	KITA Grzegorz	4015	PKSN	M Open	62	02:18:52.90	02:18:52.90	+00:50:09 (36.1%)	27:46	2.2 (64.7%)
14	FURA Piotr	1312	HUSARIA RACE TEAM	M Open	71	02:25:58.05	02:25:58.05	+00:57:14 (39.2%)	29:11	2.1 (61.8%)
15	PIĄTEK Marek	1313		M Open	83	02:32:19.55	02:32:19.55	+01:03:36 (41.8%)	30:27	2 (58.8%)
16	PODBIELSKA Gosia	1601		K Open	16	02:46:11.65	02:46:11.65	+01:17:28 (46.6%)	33:14	1.8 (52.9%)
17	BERK Artur	1501	R.AMBO RACE	M Open	88	02:47:04.75	02:47:04.75	+01:18:21 (46.9%)	33:24	1.8 (52.9%)

Znaleziono 17 wynik(ów)