

MPOCR 2020 - 12 KM

B4SPORT

Wydarzenie: Mistrzostwa Polski OCR 2020
Organizator: OCR Polska
Data: 2020-09-06
Miejsce: Rybnik
Dystans: 12 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 30-34

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	PASTUSZKA Paweł	527	WATAHA	M 30-34	1		01:13:20.10		6:06	9.8 (100%)
2	MARKOWSKI Fabian	687	MS-FIT STUDIO	M 30-34	2		01:13:35.30	+00:00:15 (0.3%)	6:07	9.8 (100%)
3	OSETEK Paweł	509	PWR TEAM	M 30-34	3		01:14:11.45	+00:00:51 (1.2%)	6:11	9.7 (99.0%)
4	GAWRON Marcin	669		M 30-34	4		01:14:52.00	+00:01:31 (2.0%)	6:14	9.6 (98.0%)
5	WITEK Piotr	702	HUNTERS OCR TEAM	M 30-34	5		01:15:14.85	+00:01:54 (2.5%)	6:16	9.6 (98.0%)
6	FORMELA Piotr	789	BIEGUN OCR TEAM	M 30-34	6		01:17:17.25	+00:03:57 (5.1%)	6:26	9.3 (94.9%)
7	STEG Tomasz	822	NASC	M 30-34	7		01:18:17.60	+00:04:57 (6.3%)	6:31	9.2 (93.9%)
8	KOZUBEK Sebastian	593	RAJSPOK ACTIVE	M 30-34	8		01:18:59.10	+00:05:39 (7.2%)	6:34	9.1 (92.9%)
9	CHOŁUJ Łukasz	544	PWPW S.A.	M 30-34	9		01:18:59.85	+00:05:39 (7.2%)	6:35	9.1 (92.9%)
10	GĘBARA Łukasz	805	OCR TEAM DĘBICA	M 30-34	10		01:19:18.20	+00:05:58 (7.5%)	6:36	9.1 (92.9%)
11	KUBER Andrzej	791	XRUNNERS	M 30-34	11		01:19:43.65	+00:06:23 (8.0%)	6:38	9 (91.8%)
12	GRZONDKO Mateusz	557	WATAHA	M 30-34	12		01:19:47.95	+00:06:27 (8.1%)	6:39	9 (91.8%)
13	LEWICKI Marcin	662	ENAX NEXTREME	M 30-34	13		01:20:04.45	+00:06:44 (8.4%)	6:40	9 (91.8%)
14	URBAŃSKI Kamil	745	ENAX NEXTREME	M 30-34	14		01:20:53.50	+00:07:33 (9.3%)	6:44	8.9 (90.8%)
15	BUGAJ Mariusz	583	HARDCOROWE WYCHYLYBYMY	M 30-34	15		01:21:41.25	+00:08:21 (10.2%)	6:48	8.8 (89.8%)
16	NOWAKOWSKI Karol	551	SPARTAN TEAM	M 30-34	16		01:21:44.65	+00:08:24 (10.3%)	6:48	8.8 (89.8%)
17	GOŁĘBIEWSKI Konrad	651	CARBON SILESIA SPORT	M 30-34	17		01:22:04.55	+00:08:44 (10.6%)	6:50	8.8 (89.8%)
18	JARZĄBEK Dawid	642	SOCIOS SILESIA	M 30-34	18		01:23:04.60	+00:09:44 (11.7%)	6:55	8.7 (88.8%)
19	GUCIK Piotr	505	EKO-OKNA RUNNERS	M 30-34	19		01:24:36.00	+00:11:15 (13.3%)	7:03	8.5 (86.7%)
20	CZACHURSKI Mateusz	790	XRUNNERS	M 30-34	20		01:24:57.45	+00:11:37 (13.7%)	7:04	8.5 (86.7%)
21	OBREBSKI Patryk	630		M 30-34	21		01:25:25.10	+00:12:05 (14.1%)	7:07	8.4 (85.7%)
22	KURASIŃSKI Konrad	659	SOCIOS SILESIA	M 30-34	22		01:25:48.25	+00:12:28 (14.5%)	7:09	8.4 (85.7%)
23	LASKOWSKI Marcin	567	MAD RUNNERS	M 30-34	23		01:26:36.40	+00:13:16 (15.3%)	7:13	8.3 (84.7%)
24	BEDNARCZYK Mateusz	542		M 30-34	24		01:26:47.60	+00:13:27 (15.5%)	7:13	8.3 (84.7%)
25	MÓWIŃSKI Patryk	597		M 30-34	25		01:27:25.95	+00:14:05 (16.1%)	7:17	8.2 (83.7%)
26	KNOP Marcin	600	LEMON TEAM	M 30-34	26		01:31:05.70	+00:17:45 (19.5%)	7:35	7.9 (80.6%)
27	KMIEĆ Adam	507	CARBON SILESIA SPORT	M 30-34	27		01:31:26.60	+00:18:06 (19.8%)	7:37	7.9 (80.6%)
28	KNAPIK Zbigniew	788	HARPAGAN BEAST	M 30-34	28		01:31:47.85	+00:18:27 (20.1%)	7:39	7.8 (79.6%)
29	SZKURŁAT Tomasz	704	POWER TRAINING	M 30-34	29		01:33:14.10	+00:19:54 (21.3%)	7:46	7.7 (78.6%)

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30	PIELATOWSKI Adam	579	DIRTY SPARROWS	M 30-34	30		01:35:20.75	+00:22:00 (23.1%)	7:56	7.6 (77.6%)
31	KUŹMA Łukasz	553	HUSARIA RACE TEAM	M 30-34	31		01:38:50.40	+00:25:30 (25.8%)	8:14	7.3 (74.5%)
32	ŚWIERSZCZ Paweł	694	GLADIATORS BY RMF4RT	M 30-34	32		01:39:42.10	+00:26:22 (26.4%)	8:18	7.2 (73.5%)
33	PORCZYK Zbigniew	665	POWER TRAINING	M 30-34	33		01:43:28.60	+00:30:08 (29.1%)	8:37	7 (71.4%)
34	KAŁUŻNY Michał	747	DIRTY SPARROWS	M 30-34	34		01:43:51.25	+00:30:31 (29.4%)	8:39	6.9 (70.4%)
35	ULMAN Jakub	639	LEMON TEAM	M 30-34	35		01:54:00.60	+00:40:40 (35.7%)	9:30	6.3 (64.3%)
36	ŁĄCKI Wojciech	532		M 30-34	36		01:56:29.25	+00:43:09 (37.0%)	9:42	6.2 (63.3%)
37	BRZEZINKA Mariusz	650	SOCIOS SILESIA	M 30-34	37		01:57:38.15	+00:44:18 (37.7%)	9:48	6.1 (62.2%)
38	MAGOŃ Łukasz	808		M 30-34	38		02:19:18.00	+01:05:57 (47.4%)	11:36	5.2 (53.1%)
DNC	GOLEC Rafał	675		M 30-34			01:11:10.20		0:00	10.1 (103.1%)
DNC	BUCZAK Łukasz	545	FIT&MORE RYBNIK	M 30-34			01:38:19.65		0:00	7.3 (74.5%)
DNC	JOCHEMSKI Mikołaj	617		M 30-34			01:39:40.00		0:00	7.2 (73.5%)
DNC	PACHUCY Grzegorz	797	POWER TRAINING	M 30-34			01:40:45.90		0:00	7.1 (72.4%)
DNC	KARCZEWSKI Grzegorz	516	UNITED RUNNERS	M 30-34			01:45:41.85		0:00	6.8 (69.4%)
DNC	KUDLIŃSKI Leszek	776	CARBON SILESIA SPORT	M 30-34			01:45:46.50		0:00	6.8 (69.4%)
DNC	KOZŁOWSKI Adam	719	CARBON SILESIA SPORT	M 30-34			01:46:25.85		0:00	6.8 (69.4%)
DNC	KLANOWSKI Marcin	646	CARBON SILESIA SPORT	M 30-34			01:48:21.00		0:00	6.6 (67.3%)
DNC	KEMPA Piotr	556		M 30-34		00:10:00	01:58:47.00		0:00	6.6 (67.3%)
DNC	CIMIENGA Krzysiek	682		M 30-34		00:10:00	01:59:00.00		0:00	6.6 (67.3%)
DNC	PLUCIŃSKI Jakub	716	DRAGON RUNNERS	M 30-34			02:01:39.05		0:00	5.9 (60.2%)
DNC	WRZOSEK Patryk	691	CARBON SILESIA SPORT	M 30-34		00:10:00	02:02:31.00		0:00	6.4 (65.3%)
DNC	ROSIAK Sebastian	501	HARPAGAN BEAST	M 30-34			02:11:49.85		0:00	5.5 (56.1%)

Znaleziono 51 wynik(ów)