



MPOCR 2020 - 3 KM

B4SPORT

Wydarzenie: Mistrzostwa Polski OCR 2020
Organizator: OCR Polska
Data: 2020-09-05
Miejsce: Rybnik
Dystans: 3 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/ bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	SZCZECHLA Grzegorz	40	CARBON SILESIA SPORT	M Elite	1	00:00:51		00:23:59.00	00:24:50.95		7:59	7.5
2	HAJNOS Dawid	251	GORĄCY POTOK TEAM	M Elite	2	00:00:52		00:24:44.55	00:25:36.70	+00:00:45	8:14	7.3
3	WOJTYSZYN Wojciech	213	XRUNNERS	M Elite	3	00:00:51		00:25:58.85	00:26:50.60	+00:01:59	8:39	6.9
4	WÓJCIK Wiktor	200	VIKINGS RUN TEAM	M Elite	4	00:00:52		00:26:20.75	00:27:13.10	+00:02:21	8:47	6.8
5	SELIANIN Dmytro	98	SOCIOS SILESIA	M Elite	5	00:03:54		00:26:27.45	00:30:21.50	+00:02:28	8:49	6.8
6	SERAFIŃSKI Maciej	81	NEXTREME	M Elite	6	00:05:52		00:26:39.55	00:32:31.60	+00:02:40	8:53	6.8
7	FABIAN Marcel	51	SOCIOS SILESIA	M Elite	7	00:00:51		00:26:59.50	00:27:51.40	+00:03:00	9:00	6.7
8	FILIP Bartosz	49	SOCIOS SILESIA	M Elite	8	00:03:55		00:27:07.70	00:31:02.70	+00:03:08	9:02	6.6
9	PRYKOWSKI Tomasz	174	XRUNNERS	M Elite	9	00:03:54		00:27:49.95	00:31:44.00	+00:03:50	9:16	6.5
10	JACIÓW Paweł	30	WATAHA	M Elite	10	00:05:52		00:28:10.40	00:34:02.45	+00:04:11	9:23	6.4
11	LISOWSKI Grzegorz	83	SOCIOS SILESIA	M 35-39	1	01:22:02		00:28:16.20	01:50:18.20	+00:04:17	9:25	6.4
12	TOMASIK Alan	82	ENAX NEXTREME	M Elite	11	00:03:54		00:28:19.05	00:32:13.40	+00:04:20	9:26	6.4
13	KOHUT Ivan	172	OCRAPOLAND	M Elite	12	00:05:52		00:28:37.55	00:34:29.90	+00:04:38	9:32	6.3
14	BUDZISZ Krzysztof	96	SOCIOS SILESIA	M 40-44	1	01:35:09		00:29:04.80	02:04:13.95	+00:05:05	9:41	6.2
15	MARUSZEWSKI Marcin	76	ENAX NEXTREME	M 35-39	2	01:22:02		00:29:09.10	01:51:11.30	+00:05:10	9:43	6.2
16	HANYK Lukas	296		M International	1	00:16:22		00:29:24.90	00:45:46.90	+00:05:25	9:48	6.1
17	CHOMICZ Krzysztof	130		M 40-44	2	01:35:09		00:29:25.95	02:04:35.10	+00:05:26	9:48	6.1
18	JANUSZEWSKI Bartosz	202	XRUNNERS	M Elite	13	00:03:53		00:29:27.85	00:33:21.60	+00:05:28	9:49	6.1
19	SZYMAŃSKI Paweł	273	SOCIOS SILESIA	M 25-29	1	01:05:03		00:29:46.35	01:34:49.90	+00:05:47	9:55	6
20	WAŁDOWSKI Dominik	217	XRUNNERS	M 40-44	3	01:35:09		00:29:49.00	02:04:58.45	+00:05:50	9:56	6
21	SOBIERAJSKI Bolesław	222	OCRA POLAND	M 18-24	1	00:41:16		00:30:05.20	01:11:22.05	+00:06:06	10:02	6
22	JASTRZĘBSKI Piotr	175	SOCIOS SILESIA	M 30-34	1	01:09:04		00:30:05.75	01:39:10.55	+00:06:06	10:02	6
23	NUTIL Michał	197	FUBO TEAM	M International	2	00:14:45		00:30:08.10	00:44:53.10	+00:06:09	10:02	6
24	GÓRKA Michał	229	KARBON SILESIA SPORT	M 25-29	2	01:05:03		00:30:09.65	01:35:13.40	+00:06:10	10:03	6
25	SOBIERAJSKI Krzysztof	221	OCRA POLAND	M 13-17	1	01:47:56		00:30:13.95	02:18:10.25	+00:06:14	10:04	6
26	JAROSZ David	238	XRUNNERS	M 30-34	2	01:09:04		00:30:17.20	01:39:21.95	+00:06:18	10:05	5.9
27	HEŁMECKI Mateusz	17		M 30-34	3	01:09:04		00:30:31.45	01:39:36.30	+00:06:32	10:10	5.9
28	KIĘPISTY Patryk	59		M 25-29	3	00:50:02		00:30:34.60	01:20:37.50	+00:06:35	10:11	5.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
29	JAKOUBEK Jakub	298	REHASPORT TEAM	M International	3	00:16:22		00:30:49.15	00:47:11.15	+00:06:50	10:16	5.8
30	ŻURAWIK Rafał	93	LEMON TEAM	M 30-34	4	01:15:15		00:30:52.85	01:46:08.50	+00:06:53	10:17	5.8
31	BYRCZEK Michał	122		M 35-39	3	01:29:02		00:31:10.55	02:00:12.90	+00:07:11	10:23	5.8
32	DOLATA Krzysztof	35	SOCIOS SILESIA	M 35-39	4	01:24:59		00:31:15.45	01:56:15.00	+00:07:16	10:25	5.8
33	PASOŃ Tomasz	116	EX TEAM	M 35-39	5	01:29:02		00:31:22.20	02:00:24.85	+00:07:23	10:27	5.7
34	STAMATEL Sebastian	103		M 25-29	4	00:53:33		00:31:39.65	01:25:13.35	+00:07:40	10:33	5.7
35	SZULWACH Czarek	285	BIEGUN OCR	M 13-17	2	01:47:56		00:31:55.90	02:19:51.95	+00:07:56	10:38	5.6
36	LISOWSKI Adam	294	SOCIOS SILESIA	M 35-39	6	01:31:54		00:32:07.40	02:04:02.15	+00:08:08	10:42	5.6
37	LEWICKI Marcin	113	ENAX NEXTREME	M 30-34	5	01:20:18		00:32:07.65	01:52:26.25	+00:08:08	10:42	5.6
38	KRAUZY Tomasz	261	NASC TEAM	Rybniczanie	1	00:43:19		00:32:20.70	01:15:40.55	+00:08:21	10:47	5.6
39	KALININ Jarosław	159	XRUNNERS	M Elite	14	00:05:52		00:32:22.20	00:38:14.30	+00:08:23	10:47	5.6
40	KOZUBEK Sebastian	63	RAJSPOORT ACTIVE	M 30-34	6	01:13:50		00:32:24.00	01:46:14.20	+00:08:25	10:48	5.6
41	WIERZBICKI Daniel	254	BEFIT24TEAM	M 40-44	4	01:42:48		00:32:28.80	02:15:17.45	+00:08:29	10:49	5.5
42	BRZEZIŃSKI Bartosz	148	GLADIATORS BY RMF4RT	M 18-24	2	00:45:57		00:32:31.50	01:18:28.80	+00:08:32	10:50	5.5
43	KALWAS Mateusz	178	ENAX NEXTREME	M 13-17	3	01:47:56		00:32:44.35	02:20:40.60	+00:08:45	10:54	5.5
44	ZALEJASZ Sylwester	186	XRUNNERS	M 35-39	7	01:22:01		00:33:00.50	01:55:02.40	+00:09:01	11:00	5.5
45	CHŁAD Aleksander	196	EX TEAM	M 35-39	8	01:31:55		00:33:02.00	02:04:57.10	+00:09:03	11:00	5.4
46	SITKO Marcin	42	CARBON SILESIA SPORT	M 25-29	5	00:50:03		00:33:07.10	01:23:10.10	+00:09:08	11:02	5.4
47	LEPIARZ Michał	5		M 35-39	9	01:23:24		00:33:08.45	01:56:33.25	+00:09:09	11:03	5.4
48	CHAIĘB Sebastian	89	LEMON TEAM	M 35-39	10	01:27:38		00:33:12.65	02:00:51.50	+00:09:13	11:04	5.4
49	URBAŃSKI Kamil	199	ENAX NEXTREME	M 30-34	7	01:09:05		00:33:31.80	01:42:36.80	+00:09:32	11:10	5.4
50	LORYCH Krystian	252	BIEGUN OCR TEAM	M 40-44	5	01:42:48		00:33:33.25	02:16:21.60	+00:09:34	11:11	5.4
51	MARKOWSKI Fabian	288	MS-FIT STUDIO	M 30-34	8	01:20:18		00:33:38.15	01:53:57.05	+00:09:39	11:13	5.3
52	JÓZEFIAK Łukasz	169	OCR BIEGUN TEAM	M 35-39	11	01:22:01		00:33:50.85	01:55:52.60	+00:09:51	11:17	5.3
53	JARZĄBEK Dawid	94	SOCIOS SILESIA	M 30-34	9	01:15:15		00:33:53.50	01:49:09.40	+00:09:54	11:18	5.3
54	FORMELA Piotr	247	BIEGUN OCR TEAM	M 30-34	10	01:18:17		00:34:02.55	01:52:20.20	+00:10:03	11:21	5.3
55	ILNICKI Darek	272	DRAGON RUNNERS	M 35-39	12	01:27:38		00:34:09.90	02:01:48.70	+00:10:10	11:23	5.3
56	SOLAKIEWICZ Anna	212	BEFIT24TEAM	K Elite	1	00:30:15		00:34:22.10	01:04:37.50	+00:10:23	11:27	5.2
57	KURASIŃSKI Konrad	109	SOCIOS SILESIA	M 30-34	11	01:15:15		00:34:26.70	01:49:42.55	+00:10:27	11:29	5.2
58	GAZUREK Kacper	176	XRUNNERS	M 25-29	6	01:01:41		00:34:29.25	01:36:10.55	+00:10:30	11:29	5.2
59	BARANOWSKA Katarzyna	239	GORĄCY POTOK TEAM	K Elite	2	00:25:17		00:34:47.70	01:00:05.05	+00:10:48	11:36	5.2
60	FRYDRYCH Maciek	224	WATAHA	M 40-44	6	01:44:41		00:34:59.75	02:19:41.05	+00:11:00	11:40	5.1
61	KOMARNICKI Tomasz	22		Rybniczanie	2	01:24:59		00:35:00.30	01:59:59.35	+00:11:01	11:40	5.1
62	WÓJCIK Grzegorz	8		M 35-39	13	01:23:24		00:35:01.25	01:58:26.10	+00:11:02	11:40	5.1
63	ZAWILIŃSKI Mateusz	57	DRAGON RUNNERS	M Elite	15	00:05:55		00:35:03.50	00:40:58.50	+00:11:04	11:41	5.1
64	KACPERSKI Jacek	218		M 35-39	14	01:31:54		00:35:05.35	02:07:00.15	+00:11:06	11:42	5.1
65	GROBELNA Aleksandra	262	XRUNNERS	K Elite	3	00:30:14		00:35:05.85	01:05:19.85	+00:11:06	11:41	5.1
66	JAKUBCZAK Marcin	173	BEST BEASTS	M 40-44	7	01:35:09		00:35:13.55	02:10:23.00	+00:11:14	11:44	5.1
67	BONISŁAWSKI Tomasz	195	BESTIE OCR LEGIONOWO	M 18-24	3	00:43:19		00:35:25.20	01:18:45.15	+00:11:26	11:48	5.1
68	PODGORSKI Marek	27	RUNMAGEDDON	M 35-39	15	01:22:02		00:35:37.00	01:57:39.10	+00:11:38	11:52	5.1
69	WARZECHA Filip	101	KUŻNIA DAMIANA	M 18-24	4	00:44:58		00:35:43.35	01:20:41.35	+00:11:44	11:54	5
70	MAZUR Damian	53	SOCIOS SILESIA	M 30-34	12	01:13:50		00:35:51.70	01:49:42.15	+00:11:52	11:57	5
71	MANTYCKI Rafał	255	NINJA SQUAD LUBLIN	M 30-34	13	01:20:18		00:35:55.50	01:56:14.40	+00:11:56	11:58	5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
72	NOWAKOWSKI Karol	36	SPARTAN TEAM	M 30-34	14	01:13:50		00:36:02.00	01:49:52.45	+00:12:03	12:00	5
73	STUDNIARZ Michał	128	SOCIOS SILESIA	M 30-34	15	01:16:47		00:36:02.70	01:52:50.40	+00:12:03	12:01	5
74	KUDRELEK Karol	38		M 35-39	16	01:24:59		00:36:06.30	02:01:05.85	+00:12:07	12:02	5
75	JUKOWSKI Jarek	231	TWARDZIELE TEAM BOGATYNIA	M 30-34	16	01:18:17		00:36:19.20	01:54:36.65	+00:12:20	12:06	5
76	ŁOSIN Marta	136	BIEGUN OCR TEAM	K Elite	4	00:30:15		00:36:20.75	01:06:36.00	+00:12:21	12:07	5
77	STEG Tomasz	268	NASC	M 30-34	17	01:20:19		00:36:23.80	01:56:42.85	+00:12:24	12:07	4.9
78	CHOŁUJ Łukasz	32	PWPW S.A.	M 30-34	18	01:12:14		00:36:27.10	01:48:41.55	+00:12:28	12:09	4.9
79	CHMIELEWSKI Mariusz	66	OUTDOOR TRAINING	M 40-44	8	01:38:47		00:36:40.05	02:15:27.75	+00:12:41	12:13	4.9
80	JAŃCZUK Przemysław	111	WATAHA	M 25-29	7	00:53:33		00:36:41.10	01:30:14.50	+00:12:42	12:13	4.9
81	OBREBSKI Patryk	204	NEXTREME	M 30-34	19	01:12:14		00:37:00.10	01:49:14.55	+00:13:01	12:20	4.9
82	GOLDA Michał	69	ASSASSIN'S TEAM OCR	M 35-39	17	01:26:22		00:37:16.30	02:03:38.45	+00:13:17	12:25	4.8
83	KOZUBEK Seweryn	65	RAJSPOORT ACTIVE	M 18-24	5	00:45:57		00:37:20.20	01:23:17.80	+00:13:21	12:26	4.8
84	BRODA Tomasz	154	GLADIATORS	M 18-24	6	00:43:08		00:37:27.35	01:20:35.35	+00:13:28	12:29	4.8
85	LASKOWSKI Marcin	52	MAD RUNNERS	M 30-34	20	01:13:50		00:37:42.20	01:51:32.65	+00:13:43	12:34	4.8
86	KACHEL Mateusz	15	CARBON SILESIA SPORT	M 30-34	21	01:12:14		00:37:54.05	01:50:08.50	+00:13:55	12:38	4.7
87	MÓWIŃSKI Patryk	206	R.AMBO DRUGA CREW	M 30-34	22	01:18:17		00:38:00.30	01:56:17.90	+00:14:01	12:40	4.7
88	GRZEGORZYCA Damian	31	SOCIOS SILESIA	M 40-44	9	01:37:18		00:38:01.50	02:15:19.95	+00:14:02	12:40	4.7
89	SZTAJER Bartek	46	SOCIOS SILESIA	M 35-39	18	01:26:22		00:38:13.25	02:04:35.25	+00:14:14	12:44	4.7
90	HUDASZEK Zbigniew	158	DRAGON RUNNERS	M 25-29	8	01:01:41		00:38:14.25	01:39:55.65	+00:14:15	12:44	4.7
91	SERAFIŃSKI Robert	78	NEXTREME	M 50+	1	01:50:03		00:38:15.00	02:28:18.75	+00:14:16	12:45	4.7
92	BRODA Mateusz	156	GLADIATORS	M 30-34	23	01:16:47		00:38:25.60	01:55:12.85	+00:14:26	12:48	4.7
93	KUBIESA Jakub	301	-	M 35-39	19	01:33:16		00:38:25.90	02:11:41.90	+00:14:26	12:48	4.7
94	SZCZOTOK Wiktor	230	CARBON SILESIA SPORT	M 18-24	7	00:41:16		00:38:26.55	01:19:43.50	+00:14:27	12:49	4.7
95	WITKA Patryk	171	MAD RUNNERS	M 35-39	20	01:30:25		00:38:34.00	02:08:59.90	+00:14:35	12:51	4.7
96	SARZYŃSKI Arkadiusz	13	BIEGUN OCR TEAM	M 30-34	24	01:12:14		00:38:50.50	01:51:05.25	+00:14:51	12:57	4.6
97	SZARUGA Małgorzata	123	SOCIOS SILESIA	K Elite	5	00:25:16		00:39:05.30	01:04:21.30	+00:15:06	13:01	4.6
98	SKRZECZYŃSKI Sławomir	243	HEJ, JAK TA SARNA!	M 40-44	10	01:42:48		00:39:05.70	02:21:54.35	+00:15:06	13:02	4.6
99	WYSŁUCH Iza	102	CARBON SILESIA SPORT	K Elite	6	00:28:07		00:39:06.15	01:07:13.20	+00:15:07	13:02	4.6
100	LEBIODA Marcin	41	SOCIOS SILESIA	Rybniczanie	3	00:50:03		00:39:08.05	01:29:11.10	+00:15:09	13:02	4.6
101	KALISZYK Grzegorz	280	MAD RUNNERS	M 45-49	1	01:46:53		00:39:29.30	02:26:22.70	+00:15:30	13:09	4.6
102	ZAJĄC Artur	157	WARTKIE ZBÓJE	M 35-39	21	01:30:26		00:39:43.05	02:10:09.05	+00:15:44	13:14	4.5
103	WOŁCZEK Paulina	241		K Elite	7	00:28:06		00:39:53.05	01:07:59.05	+00:15:54	13:17	4.5
104	GAWRONIUK Paulina	290	WATAHA	K Elite	8	00:28:07		00:39:57.20	01:08:04.20	+00:15:58	13:19	4.5
105	GRZEGORZYCA Szymon	246	CARBON SILESIA SPORT	M 18-24	8	00:41:16		00:40:04.45	01:21:21.40	+00:16:05	13:21	4.5
106	BLUSZCZ Dawid	54	SOCIOS SILESIA	Rybniczanie	4	01:26:22		00:40:07.60	02:06:30.05	+00:16:08	13:22	4.5
107	MIODEK Adrian	282	DIRTY SPARROWS	M 35-39	22	01:33:16		00:40:08.15	02:13:24.25	+00:16:09	13:22	4.5
108	MACHTYL Zygmunt	166	BEST BEASTS	M 45-49	2	01:45:52		00:40:09.90	02:26:01.90	+00:16:10	13:23	4.5
109	KOŁCZYN Magdalena	177		K Elite	9	00:28:07		00:40:14.10	01:08:21.20	+00:16:15	13:24	4.5
110	GÓRZYŃSKI Konrad	190	BESTIE OCR LEGIONOWO	M 13-17	4	01:47:56		00:40:25.25	02:28:21.65	+00:16:26	13:28	4.5
111	KULON Grzegorz	125	BEFIT24TEAM	M 40-44	11	01:38:47		00:40:34.40	02:19:21.80	+00:16:35	13:31	4.4
112	KURACH Stanisław	155	DZIADY OCR	M 50+	2	01:50:03		00:41:01.90	02:31:05.65	+00:17:02	13:40	4.4
113	GIZAK Michał	291	SOCIOS SILESIA	M 35-39	23	01:33:16		00:41:03.70	02:14:20.00	+00:17:04	13:41	4.4
114	MISSALA Michał	18	POWER TRAINING	M 40-44	12	01:37:18		00:41:08.15	02:18:26.30	+00:17:09	13:42	4.4
115	KASZA Rafał	183		M Elite	16	00:05:52		00:41:08.20	00:47:00.60	+00:17:09	13:42	4.4

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116	JÓŹWIAK Mateusz	64	SPARTA RUNNERS	M 13-17	5	01:49:05		00:41:40.45	02:30:46.25	+00:17:41	13:53	4.3
117	MIZGALSKI Jacek	153	DZIADY OCR	M 45-49	3	01:45:52		00:41:41.75	02:27:33.75	+00:17:42	13:53	4.3
118	RAMBERGER Christian	163	TEAM CELTIC WARRIOR	M International	4	00:14:45		00:41:43.40	00:56:28.40	+00:17:44	13:54	4.3
119	ŚWIERSZCZ Paweł	270	GLADIATORS BY RMF4RT	M 30-34	25	01:20:19		00:41:54.35	02:02:13.40	+00:17:55	13:58	4.3
120	PAWELCZYK Józef	60	RYBNICKA GRUPA BIEGOWA-PĘDZIMY RAZEM/PWR-TEAM	Rybniczaniec	5	02:03:45		00:41:55.80	02:45:40.90	+00:17:56	13:58	4.3
121	MACIUSZEK Julia	108		K Elite	10	00:25:17		00:41:55.90	01:07:13.10	+00:17:56	13:58	4.3
122	WIŚNIEWSKI Norbert	278		M 40-44	13	01:42:48		00:42:07.35	02:24:56.30	+00:18:08	14:02	4.3
123	ŻWIROWICZ Kewin	97		M 25-29	9	00:53:33		00:42:11.95	01:35:45.50	+00:18:12	14:04	4.3
124	STEC Jakub	168	BEST BEASTS	M 35-39	24	01:30:26		00:42:19.75	02:12:45.75	+00:18:20	14:06	4.3
125	GÓRKA Bartłomiej	242	CARBON SILESIA SPORT	M 18-24	9	00:41:17		00:42:27.65	01:23:44.65	+00:18:28	14:09	4.2
126	GRZECH Mateusz	211	BESTIE OCR LEGIONOWO	M 18-24	10	00:43:06		00:42:44.15	01:25:50.15	+00:18:45	14:14	4.2
127	CIMLER Jiri	297		M International	5	00:16:22		00:42:46.40	00:59:08.40	+00:18:47	14:15	4.2
128	ZIMOŃ Norbert	121	WATAHA	M 30-34	26	01:16:47		00:43:04.90	01:59:52.75	+00:19:05	14:21	4.2
129	NIKIEL Dariusz	62	DIRTY SPARROWS	M 40-44	14	01:35:09		00:43:15.20	02:18:24.45	+00:19:16	14:25	4.2
130	DUDA Grzegorz	167	BEST BEASTS	M 40-44	15	01:41:25		00:43:30.15	02:24:55.20	+00:19:31	14:30	4.1
131	GIEMZA Michał	264		M 25-29	10	01:05:03		00:43:31.35	01:48:35.25	+00:19:32	14:30	4.1
132	JASTRZĘBSKA Aleksandra	198	SOCIOS SILESIA	K 30-34	1	01:55:48		00:43:45.25	02:39:33.85	+00:19:46	14:35	4.1
133	KLAJA Dawid	142		M 25-29	11	00:58:53		00:44:12.85	01:43:06.20	+00:20:13	14:44	4.1
134	ŚWIADER Andrzej	134	BEFIT24 TEAM	M 40-44	16	01:40:13		00:44:16.15	02:24:29.35	+00:20:17	14:45	4.1
135	ZAJKO Rafał	99	STG LUBLIN	OPEN	1	02:03:44		00:44:17.40	02:48:02.05	+00:20:18	14:46	4.1
136	WEGLARZ Waldemar	236	EXTREME CLUB	M 40-44	17	01:44:41		00:44:23.65	02:29:05.25	+00:20:24	14:48	4.1
137	WERYK Mateusz	144	BIEGUN OCR TEAM	M 40-44	18	01:40:12		00:44:37.90	02:24:50.65	+00:20:38	14:52	4
138	ZIARKOWSKI Mirosław	188	FIT&MORE RYBNIK	Rybniczaniec	6	01:41:25		00:44:51.45	02:26:16.45	+00:20:52	14:57	4
139	NITECKA Marta	283	DENISTEAM	K 40-44	1	02:00:16		00:44:52.10	02:45:08.85	+00:20:53	14:57	4
140	GÓRNIAK Robert	114	EX_TEAM	M 35-39	25	01:29:02		00:44:54.30	02:13:57.10	+00:20:55	14:58	4
141	FRANCZYK Artur	75	DRAGON RUNNERS	M 35-39	26	01:26:22		00:44:57.75	02:11:20.10	+00:20:58	14:59	4
142	HAVLÍČEK Jakub	203	FUBO TEAM	M International	6	00:14:41		00:44:59.20	00:59:40.50	+00:21:00	14:59	4
143	MISSALA Mateusz	119	POWER TRAINING	M 40-44	19	01:38:47		00:45:11.80	02:23:59.30	+00:21:12	15:04	4
144	GLUSZEK Piotr	193		M 35-39	27	01:30:26		00:45:24.70	02:15:51.20	+00:21:25	15:08	4
145	ZYWER Urszula	80	WATAHA	K Elite	11	00:30:15		00:45:41.30	01:15:56.90	+00:21:42	15:13	3.9
146	NOWAKOWSKI Jakub	100		M 30-34	27	01:09:05		00:45:51.10	01:54:56.25	+00:21:52	15:17	3.9
147	TRACZ Sławomir	43	CARBON SILESIA SPORT	M 45-49	4	01:45:52		00:46:04.20	02:31:56.70	+00:22:05	15:21	3.9
148	JANISZEWSKI Grzegorz	73	DZIADY OCR	M 50+	3	01:50:03		00:46:05.65	02:36:09.60	+00:22:06	15:22	3.9
149	SCHÜLER Constantin	161	TEAM CELTIC WARRIOR	M International	7	00:14:45		00:46:15.00	01:01:00.00	+00:22:16	15:25	3.9
150	MAKUSZEWSKI Marcin	143	BEFIT24TEAM	M 40-44	20	01:40:12		00:46:30.00	02:26:42.70	+00:22:31	15:30	3.9
151	JASIŃSKA Alicja	276	GORĄCY POTOK TEAM	K 18-24	1	01:51:04		00:46:34.60	02:37:39.25	+00:22:35	15:31	3.9
152	KIERZYK Krzysztof	269		OPEN	2	02:10:57		00:46:37.10	02:57:34.95	+00:22:38	15:32	3.9
153	WOJSLAW Piotr	277		OPEN	3	02:10:58		00:46:37.80	02:57:35.95	+00:22:38	15:32	3.9
154	BAJSAROWICZ Marta	223	DRAGON RUNNERS	K 30-34	2	01:55:48		00:46:39.00	02:42:27.10	+00:22:40	15:33	3.9
155	WIECZOREK Aleksander	181	CARBON SILESIA SPORT	M 25-29	12	01:01:41		00:46:55.70	01:48:36.80	+00:22:56	15:38	3.8
156	GÓRA Dawid	187		M 18-24	11	00:43:20		00:46:57.10	01:30:17.55	+00:22:58	15:39	3.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
157	MISSALA Andrzej	19	POWER TRAINING	M 13-17	6	01:49:06		00:47:03.10	02:36:09.40	+00:23:04	15:41	3.8
158	WOŹNIAK Joanna	279	LEMON TEAM	K 25-29	1	01:53:35		00:47:05.75	02:40:40.75	+00:23:06	15:41	3.8
159	MYALSKA Katarzyna	227	CARBON SILESIA SPORT	K Elite	12	00:28:13		00:47:07.00	01:15:20.00	+00:23:08	15:42	3.8
160	MORAWSKI Grzegorz	226		M 35-39	28	01:24:59		00:47:08.70	02:12:08.30	+00:23:09	15:43	3.8
161	LOMNICKA Tereza	295		K International	1	00:32:05		00:47:11.45	01:19:16.45	+00:23:12	15:43	3.8
162	SKRĘTY Patryk	216	SYNOWME RAGNARA OCR	M 25-29	13	01:05:03		00:47:56.60	01:53:00.15	+00:23:57	15:59	3.8
163	JAŁOCHA Sylwia	92	LEMON TEAM	K 25-29	2	01:52:28		00:48:04.75	02:40:33.40	+00:24:05	16:01	3.7
164	DĄBROWSKI Krzysztof	180	SOCIOS SILESIA	OPEN	4	02:10:58		00:48:13.40	02:59:11.40	+00:24:14	16:04	3.7
165	MACIEJAK Anna	274	UNITED RUNNERS	K Elite	13	00:30:15		00:48:22.80	01:18:38.20	+00:24:23	16:07	3.7
166	JUSZKIEWICZ Dominik	287	MS-FIT	M 35-39	29	01:33:16		00:48:47.05	02:22:03.35	+00:24:48	16:15	3.7
167	GABRYŚ Piotr	37	SPARTAN TEAM	M 13-17	7	01:49:06		00:49:13.50	02:38:20.05	+00:25:14	16:24	3.7
168	PŁAŻALSKI Przemysław	127	LIFE4FIT	M 40-44	21	01:40:13		00:49:46.50	02:29:59.90	+00:25:47	16:35	3.6
169	PIOTROWSKI Andrzej	300	-			01:33:15		00:50:43.40	02:23:59.20	+00:26:44	16:54	3.5
170	PRZĄDKA Marcin	256	WATAHA	M 25-29	14	01:05:03		00:50:44.55	01:55:48.40	+00:26:45	16:55	3.5
171	JESKA Tomasz	50	DIRTY SPARROWS	M 40-44	22	01:37:17		00:50:45.30	02:28:02.30	+00:26:46	16:55	3.5
172	MIKOŁAJEK Robert	67		M 40-44	23	01:38:48		00:50:52.15	02:29:40.20	+00:26:53	16:57	3.5
173	HAJEWSKI Michał	12		M 40-44	24	01:37:18		00:51:21.25	02:28:39.70	+00:27:22	17:07	3.5
174	DOMAN Łukasz	56	SOCIOS SILESIA	OPEN	5	02:10:58		00:52:20.00	03:03:18.80	+00:28:21	17:26	3.4
175	SZLAGA Rafał	257		M 40-44	25	01:44:41		00:52:26.00	02:37:07.40	+00:28:27	17:28	3.4
176	STOLARSKI Kamil	9		Rybniczanie	7	02:03:46		00:52:33.25	02:56:19.25	+00:28:34	17:31	3.4
177	MACIOŁEK Arkadiusz	2	CROSSFIT TEAM SUSZ	M 40-44	26	01:33:16		00:52:34.60	02:25:50.80	+00:28:35	17:31	3.4
178	STĘPIEŃ Łukasz	191	TOTAL FREAK	M 40-44	27	01:41:25		00:53:42.65	02:35:08.20	+00:29:43	17:54	3.4
179	JAGODZIŃSKI Damian	253	XRUNNERS	M 18-24	12	00:43:19		00:53:59.10	01:37:19.05	+00:30:00	18:00	3.3
180	WÓJCIK Jarek	271		OPEN	6	02:10:58		00:54:10.00	03:05:08.90	+00:30:11	18:03	3.3
181	KNAP Klaudia	6	R.AMBO DRUGA CREW	K Elite	14	00:30:15		00:55:35.20	01:25:50.95	+00:31:36	18:31	3.2
182	MIKRUT Mateusz	201	TOTAL FREAK	M 35-39	30	01:31:55		00:56:06.10	02:28:01.10	+00:32:07	18:42	3.2
183	KONIEC Mariusz	107	CARBON SILESIA SPORT	M 35-39	31	01:27:39		00:56:07.00	02:23:46.15	+00:32:08	18:42	3.2
184	MIERZICKI Marcel	16	POWER TRAINING	M 35-39	32	01:24:59		00:56:43.30	02:21:42.70	+00:32:44	18:54	3.2
185	MILBRANT Michał	72	GLADIATORS	M 30-34	28	01:15:15		00:57:00.80	02:12:16.75	+00:33:01	19:00	3.2
186	MAREK Anna	29		K 25-29	3	01:52:28		00:57:22.70	02:49:51.50	+00:33:23	19:07	3.1
187	ŚWIĄDER Julia	135	BEFIT24TEAM	K 13-17	1	01:57:12		00:58:00.70	02:55:13.50	+00:34:01	19:20	3.1
188	ZALEJASZ Paulina	208	XRUNNERS	K 30-34	3	01:55:48		00:58:50.45	02:54:39.15	+00:34:51	19:37	3.1
189	SITKO Krystyna	90	SOCIOS SILESIA	K 30-34	4	01:54:34		01:00:33.70	02:55:08.60	+00:36:34	20:11	3
190	MACIEJEWSKI Łukasz	91	SOCIOS SILESIA	M 35-39	33	01:27:39		01:02:11.45	02:29:50.45	+00:38:12	20:43	2.9
191	KACPERSKI Radosław	160		M 40-44	28	01:40:13		01:02:46.05	02:42:59.65	+00:38:47	20:55	2.9
192	ŁUSZCZAK Anna	86	LEMON TEAM	K 30-34	5	01:54:34	00:10:00	01:03:32.00	02:58:07.00	+00:39:33	17:51	3.4
193	URBAŃSKA-KULON Katarzyna	131	BEFIT24TEAM	K 40-44	2	01:59:07		01:04:38.30	03:03:45.75	+00:40:39	21:32	2.8
194	GÓRNAŚ Anna	61	SOCIOS SILESIA	K 18-24	2	01:51:04		01:05:42.55	02:56:47.45	+00:41:43	21:54	2.7
195	KĘDZIERSKI Krzysztof	182		Rybniczanie	8	02:10:58		01:05:42.80	03:16:41.75	+00:41:43	21:54	2.7
196	CHYLEWSKA-OLECH Dagmara	132	BEFIT24TEAM	K 35-39	1	01:56:34		01:06:06.85	03:02:41.15	+00:42:07	22:02	2.7
197	PIGUŁA Daria	33	CARBON SILESIA SPORT	OPEN	7	02:03:44		01:06:17.15	03:10:02.10	+00:42:18	22:06	2.7
198	PŁACZEK Anna	164	CARBON SILESIA SPORT	K 30-34	6	01:55:48		01:06:38.15	03:02:26.45	+00:42:39	22:12	2.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
199	GŁOWACZ Grzegorz	3	DZIADY OCR	M 45-49	5	01:45:52		01:07:26.95	02:53:19.15	+00:43:27	22:29	2.7
200	LIPIECKI Jacek	145	PRZESZKODOWO.PL	OPEN	8	02:10:59		01:07:28.85	03:18:28.35	+00:43:29	22:29	2.7
201	PIGUŁA Rafał	118	CARBON SILESIA SPORT	OPEN	9	02:03:46		01:09:55.90	03:13:42.20	+00:45:56	23:18	2.6
202	BRZECZKOWSKI Paweł	28	POWER TRAINING	OPEN	10	02:03:45		01:09:58.80	03:13:44.10	+00:45:59	23:19	2.6
203	PODBIELSKA Gosia	34		OPEN	11	02:03:45		01:10:11.25	03:13:57.00	+00:46:12	23:24	2.6
204	DADELEWSKA Oliwia	292	GLADIATOR BE RMF4RT	K 13-17	2	01:57:57		01:11:53.60	03:09:51.00	+00:47:54	23:58	2.5
205	DYLUS Artur	151	KUŹNIA DAMIANA	OPEN	12	02:11:00		01:12:12.90	03:23:13.20	+00:48:13	24:04	2.5
206	MAGNUSZEWSKA Izabela	165	CARBON SILESIA SPORT	OPEN	13	02:10:57		01:14:52.90	03:25:50.80	+00:50:53	24:57	2.4
207	KUJAWA Małgorzata	233		OPEN	14	02:10:58		01:19:50.95	03:30:49.70	+00:55:51	26:37	2.3
208	WIŚNIEWSKI Kacper	249		OPEN	15	02:10:57		01:20:03.00	03:31:00.85	+00:56:04	26:41	2.2
209	WIŚNIEWSKA Monika	250		OPEN	16	02:10:57		01:20:11.45	03:31:09.35	+00:56:12	26:44	2.2
210	JAŹDŹEWSKA Elżbieta	170	BEST BEASTS	OPEN	17	02:11:00		01:20:14.35	03:31:14.35	+00:56:15	26:44	2.2
211	MAJCHER Anna	179	KUŹNIA DAMIANA	OPEN	18	02:10:59		01:21:06.35	03:32:05.55	+00:57:07	27:02	2.2
212	SKWAREK Tomasz	245	CARBON SILESIA SPORT	OPEN	19	02:10:57		01:21:16.05	03:32:13.80	+00:57:17	27:05	2.2
213	KOZICKI Jacek	260		OPEN	20	02:10:59		01:22:04.25	03:33:03.70	+00:58:05	27:21	2.2
214	TUCHOŁKA Monika	205	DIRTY SPARROWS	K 45-49	1	02:00:16	00:10:00	01:27:02.00	03:27:18.00	+01:03:03	25:40	2.3
215	WRZOSEK Patryk	139	CARBON SILESIA SPORT	OPEN	21	02:03:46		01:28:28.05	03:32:14.05	+01:04:29	29:29	2
216	WRZOSEK Karolina	140	CARBON SILESIA SPORT	OPEN	22	02:03:45		01:28:28.30	03:32:13.90	+01:04:29	29:29	2
217	SKWAREK Magdalena	26	CARBON SILESIA SPORT	OPEN	23	02:03:45		01:28:28.85	03:32:13.95	+01:04:29	29:29	2
218	KUREK Gosia	45	CARBON SILESIA SPORT	OPEN	24	02:03:44		01:28:29.10	03:32:13.90	+01:04:30	29:29	2
219	BYCZEK Izabela	25	CARBON SILESIA SPORT	OPEN	25	02:03:45		01:28:29.20	03:32:14.25	+01:04:30	29:29	2
220	WRÓBLEWSKA Paulina	124	BEFIT24TEAM	K 40-44	3	01:59:07	00:20:00	01:34:34.00	03:33:42.00	+01:10:35	24:51	2.4
DNC	OPOLONY Ireneusz	185	SOCIOS SILESIA	M 40-44		01:41:25		00:32:42.65	02:14:07.85		0:00	5.5
DNC	PRAŁAT Arkadiusz	77	#AREKPRALATTEAM	M 25-29		00:50:02		00:35:46.10	01:25:48.65		0:00	5
DNC	KRZYŹOWSKI Grzegorz	228	RMF4RT GLADIATORS	M 35-39		01:23:24		00:36:18.25	01:59:42.90		0:00	5
DNC	CZACHURSKI Mateusz	248	XRUNNERS	M 30-34		01:18:17		00:36:47.15	01:55:04.40		0:00	4.9
DNC	NADTOKA Andrii	215		M International		00:14:41		00:37:19.75	00:52:01.00		0:00	4.8
DNC	KROPIDŁOWSKI Grzegorz	214	BEST BEASTS	M 35-39		01:31:55		00:38:34.20	02:10:29.30		0:00	4.7
DNC	POWAŻNY Marek	267	WATAHA	M 30-34		01:20:19		00:39:11.50	01:59:30.70		0:00	4.6
DNC	JEZIORSKI Paweł	149	GLADIATORS BY RMF4RT	M 18-24		00:45:57		00:40:17.50	01:26:15.40		0:00	4.5
DNC	WRÓBEL Jacek	133	EX TEAM	M 25-29		00:58:53		00:40:51.00	01:39:44.20		0:00	4.4
DNC	JUSZCZYK Jarosław	14	GOSŁAW SPORT CENTER	M 35-39		01:23:25		00:41:18.40	02:04:44.30		0:00	4.4
DNC	ZASADOWSKI Bartek	219	BIEGOWE NYGUSY	M 40-44		01:41:25		00:41:26.20	02:22:51.55		0:00	4.3
DNC	LEWANDOWSKI Łukasz	194	BESTIE OCR LEGIONOWO	M 25-29		01:01:41		00:43:11.30	01:44:52.30		0:00	4.2
DNC	TRZEBIATOWSKA Sylwia	237	BIEGUN OCR TEAM	K Elite		00:25:17		00:43:30.55	01:08:48.30		0:00	4.1
DNC	GAWOR Mateusz	85	LEMON TEAM	M 18-24		00:45:57		00:44:12.45	01:30:09.75		0:00	4.1
DNC	WOLLNY Kamil	138	EKO-OKNA RUNNERS	M 25-29		01:09:05		00:44:12.75	01:53:18.00		0:00	4.1
DNC	MALEŃCZYK Sylwester	275		M 40-44		01:42:48		00:44:38.90	02:27:27.70		0:00	4
DNC	MICZEK Michał	110	EKO-OKNA RUNNERS	M 35-39		01:29:02		00:45:09.95	02:14:12.70		0:00	4
DNC	KLEJNOWSKI Mateusz	47	SOCIOS SILESIA	M 30-34		01:13:50		00:45:27.00	01:59:17.75		0:00	4
DNC	BIELAK Tomasz	44		M 35-39		01:26:21		00:45:46.55	02:12:08.40		0:00	3.9
DNC	ŁACKI Wojciech	23		M 30-34		01:12:14		00:46:44.45	01:58:58.55		0:00	3.9
DNC	PRUS Michał	84	WATAHA	M 18-24		00:45:57		00:47:03.90	01:33:01.50		0:00	3.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
DNC	PÜHRER Johanna	162	TEAM CELTIC WARRIOR	K International		00:32:05		00:47:10.90	01:19:16.15		0:00	3.8
DNC	DĄBROWSKI Tomasz	258	MOVEMENT ARENA	M 30-34		01:20:19		00:47:18.90	02:07:37.90		0:00	3.8
DNC	DROZD Dariusz	24	EICHHÖRNCHEN	M 35-39		01:24:59		00:47:30.00	02:12:29.10		0:00	3.8
DNC	OLECH Grzegorz	126	LEMON TEAM	M 35-39		01:29:02		00:48:25.65	02:17:28.15		0:00	3.7
DNC	BERSKI Maciej	220	SOCIOS SILESIA	M 30-34		01:18:17		00:48:53.65	02:07:11.30		0:00	3.7
DNC	KAPICA Wojciech	115	POWER TRAINING	M 30-34		01:16:47		00:48:56.10	02:05:43.95		0:00	3.7
DNC	MATYSIAK Przemysław	192		M 13-17		01:47:55		00:49:04.45	02:37:00.40		0:00	3.7
DNC	WEJKNIS Krzysztof	71		M 40-44		01:38:47		00:49:24.55	02:28:12.25		0:00	3.6
DNC	CIEŚLA Krzysztof	150	WF OCR TEAM KOSTRZYN NAD ODRĄ	M 25-29		00:55:01		00:49:28.10	01:44:29.10		0:00	3.6
DNC	HANDZLIK Tomasz	265		M 45-49		01:46:53		00:49:39.65	02:36:33.40		0:00	3.6
DNC	KRYSTA Sylwia	263	SOCIOS SILESIA	K 25-29		01:53:34		00:50:29.50	02:44:04.20		0:00	3.6
DNC	JAKUBOWSKI Kamil	209	GRUBIORZE LOTAJOM			01:01:41		00:51:11.60	01:52:52.85		0:00	3.5
DNC	CHUDEUSZ Lukasz	104		M 35-39		01:27:38		00:51:17.15	02:18:56.00		0:00	3.5
DNC	KAMIŃSKI Zbigniew	207	GRUBIORZE LOTAJOM	M 35-39		01:31:55		00:51:57.40	02:23:52.60		0:00	3.5
DNC	KLONOWICZ Patrycja	266	HUNTERS OCR TEAM	K 18-24		01:51:05		00:52:09.50	02:43:14.60		0:00	3.5
DNC	MISSALA Magdalena	120	POWER TRAINING	K 13-17		01:57:12		00:52:38.70	02:49:51.50		0:00	3.4
DNC	PIWNIK Bartosz	87	LEMON TEAM	M 25-29		00:50:02		00:52:55.50	01:42:58.35		0:00	3.4
DNC	WOŁYNIEC Wojciech	281		M 45-49		01:46:53		00:52:56.35	02:39:49.90		0:00	3.4
DNC	KAFLOWSKI Artur	88	SOCIOS SILESIA	M 25-29		00:53:33		00:53:00.35	01:46:34.25		0:00	3.4
DNC	JANAS Daniel	70	ŻAGAŃSKIE DZIKI	M 45-49		01:45:52		00:53:58.20	02:39:50.40		0:00	3.3
DNC	DERYŁO Mateusz	79	SOCIOS SILESIA	M 30-34		01:15:16		00:54:25.10	02:09:41.25		0:00	3.3
DNC	WICHER Sylwia	244		K 40-44		02:00:16		00:54:37.50	02:54:53.80		0:00	3.3
DNC	KUDIO Daria	302		Rybniczanka		02:10:58		00:55:49.10	03:06:47.75		0:00	3.2
DNC	WOŁCZYK Mariusz	1	RMF4RT GLADIATORS	M 40-44		01:37:18	00:10:00	00:56:02.00	02:33:20.00		0:00	3.9
DNC	KUCIEWICZ Jarosław	146		M 35-39		01:30:26		00:56:14.35	02:26:40.75		0:00	3.2
DNC	SOKOŁOWSKI Władysław	225		M 18-24		00:41:16		00:57:04.45	01:38:21.35		0:00	3.2
DNC	CYMBAŁKO Katarzyna	147		K 25-29		01:52:28		00:57:04.55	02:49:33.20		0:00	3.2
DNC	SZULWACH Weronika	286	BIEGUN OCR	K 18-24		01:51:05	00:10:00	00:57:57.00	02:49:02.00		0:00	3.8
DNC	BAUER Michal	299				02:11:00		00:59:30.95	03:10:31.70		0:00	3
DNC	ZASADOWSKA Justyna	235	BIEGOWE NYGUSY	OPEN		02:10:58		01:00:00.35	03:10:58.90		0:00	3
DNC	GŁOWACZ Rafał	137		M 13-17		01:49:06		01:00:58.55	02:50:04.95		0:00	3
DNC	GILARSKA Marta	234	BIEGOWE NYGUSY	K 25-29		01:53:34		01:02:12.75	02:55:47.40		0:00	2.9
DNC	TOMCZYK Andrzej	11	DIRTY SPARROWS	M 50+		01:50:04		01:03:46.30	02:53:50.35		0:00	2.8
DNC	CHARUSTA Martyna	112	DO PORZYGU OCR TEAM	K 25-29		01:52:28	00:10:00	01:03:56.00	02:56:25.00		0:00	3.3
DNC	SARLEJ Robert	117	EX TEAM	M 25-29		00:53:33	00:10:00	01:03:58.00	01:57:32.00		0:00	3.3
DNC	JUSZKIEWICZ Oliwia	284	UKS 1.MS-FIT	K 13-17		01:57:57	00:10:00	01:04:31.00	03:02:28.00		0:00	3.3
DNC	KLEJNOWSKA Katarzyna	48	SOCIOS SILESIA	K 30-34		01:54:34		01:04:38.10	02:59:12.70		0:00	2.8
DNC	KAMINSKA Dorota	210	GRUBIORZE LOTAJOM	K 25-29		01:53:35		01:06:16.40	02:59:51.40		0:00	2.7
DNC	ZBROSZCZYK Damian	4	CARBON SILESIA SPORT	Rybniczanie		01:23:25	00:10:00	01:07:42.00	02:31:07.00		0:00	3.1
DNC	MACHTYL Marta	152	BEST BEASTS	K 18-24		01:51:05	00:10:00	01:07:48.00	02:58:53.00		0:00	3.1
DNC	BUDNY Maksymilian	68	SPARTAN TEAM	M 13-17		01:49:06	00:20:00	01:07:53.00	02:57:00.00		0:00	3.8
DNC	RAJNICH Tomasz	55	SPARTAN TEAM	M 13-17		01:49:06	00:20:00	01:08:45.00	02:57:52.00		0:00	3.7
DNC	BŁASZKIEWICZ Dorota	95	LEMONETEAM	K 30-34		01:54:34	00:10:00	01:09:37.00	03:04:12.00		0:00	3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Kara/bonifikata	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
DNC	SZYMAŃSKA Agnieszka	58	CARBON SILESIA SPORT	K 35-39		01:56:34	00:10:00	01:10:38.00	03:07:12.00		0:00	3
DNC	BARTŁOMIEJCZYK Sylwia	39	SOCIOS SILESIA	K 35-39		01:56:34	00:10:00	01:11:48.00	03:08:22.00		0:00	2.9
DNC	MICHALCZYK Karolina	20	CARBON SILESIA SPORT	K 40-44		01:59:07		01:16:21.85	03:15:29.60		0:00	2.4
DNC	MARKOWSKA Nikola	289	MS-FIT STUDIO	K 13-17		01:57:57	00:10:00	01:23:25.00	03:21:23.00		0:00	2.5
DNC	DADELEWSKA Joanna	293	PIĘKNI I BESTIE	K 40-44		02:00:16		01:23:30.85	03:23:47.40		0:00	2.2
DNC	ZACHARA Katarzyna	105	LEMONTEAM	K 30-34		01:55:48		01:27:16.20	03:23:04.95		0:00	2.1
DNC	KOZICKA Zuzanna	259		K 13-17		01:57:57		01:28:03.45	03:26:00.95		0:00	2
DNC	MICHALCZYK Amelia	21	CARBON SILESIA SPORT	K 13-17		01:57:13	00:10:00	01:28:16.00	03:25:29.00		0:00	2.3
DNC	KLICH Sonia	184	CARBON SILESIA SPORT	K 30-34		01:55:48	00:20:00	01:30:32.00	03:26:20.00		0:00	2.6
DNC	ZACHARA Martyna	106	LEMON TEAM	K 13-17		01:57:12	00:20:00	01:45:52.00	03:43:05.00		0:00	2.1
DNC	GÓRZYŃSKI Janusz	189	BESTIE OCR LEGIONOWO	M 45-49		01:46:53						
DNC	GROCHOŁA Michał	129	SOCIOS SILESIA	M 25-29		00:25:31						
DNC	KOZIAK Agnieszka	74	DRAGON RUNNERS	K 30-34		01:54:34						

Znaleziono 297 wynik(ów)