

MPOCR 2020 - 3 KM

B4SPORT

Wydarzenie: Mistrzostwa Polski OCR 2020
Organizator: OCR Polska
Data: 2020-09-05
Miejsce: Rybnik
Dystans: 3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 30-34

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	JASTRZĘBSKI Piotr	175	SOCIOS SILESIA	M 30-34	1	01:09:04	00:30:05.75	01:39:10.55		10:02	6 (100%)
2	JAROSZ David	238	XRUNNERS	M 30-34	2	01:09:04	00:30:17.20	01:39:21.95	+00:00:11 (0.6%)	10:05	5.9 (98.3%)
3	HEŁMECKI Mateusz	17		M 30-34	3	01:09:04	00:30:31.45	01:39:36.30	+00:00:25 (1.4%)	10:10	5.9 (98.3%)
4	ŻURAWIK Rafał	93	LEMON TEAM	M 30-34	4	01:15:15	00:30:52.85	01:46:08.50	+00:00:47 (2.5%)	10:17	5.8 (96.7%)
5	LEWICKI Marcin	113	ENAX NEXTREME	M 30-34	5	01:20:18	00:32:07.65	01:52:26.25	+00:02:01 (6.3%)	10:42	5.6 (93.3%)
6	KOZUBEK Sebastian	63	RAJSPOORT ACTIVE	M 30-34	6	01:13:50	00:32:24.00	01:46:14.20	+00:02:18 (7.1%)	10:48	5.6 (93.3%)
7	URBAŃSKI Kamil	199	ENAX NEXTREME	M 30-34	7	01:09:05	00:33:31.80	01:42:36.80	+00:03:26 (10.2%)	11:10	5.4 (90.0%)
8	MARKOWSKI Fabian	288	MS-FIT STUDIO	M 30-34	8	01:20:18	00:33:38.15	01:53:57.05	+00:03:32 (10.5%)	11:13	5.3 (88.3%)
9	JARZĄBEK Dawid	94	SOCIOS SILESIA	M 30-34	9	01:15:15	00:33:53.50	01:49:09.40	+00:03:47 (11.2%)	11:18	5.3 (88.3%)
10	FORMELA Piotr	247	BIEGUN OCR TEAM	M 30-34	10	01:18:17	00:34:02.55	01:52:20.20	+00:03:56 (11.6%)	11:21	5.3 (88.3%)
11	KURASIŃSKI Konrad	109	SOCIOS SILESIA	M 30-34	11	01:15:15	00:34:26.70	01:49:42.55	+00:04:20 (12.6%)	11:29	5.2 (86.7%)
12	MAZUR Damian	53	SOCIOS SILESIA	M 30-34	12	01:13:50	00:35:51.70	01:49:42.15	+00:05:45 (16.1%)	11:57	5 (83.3%)
13	MANTYCKI Rafał	255	NINJA SQUAD LUBLIN	M 30-34	13	01:20:18	00:35:55.50	01:56:14.40	+00:05:49 (16.2%)	11:58	5 (83.3%)
14	NOWAKOWSKI Karol	36	SPARTAN TEAM	M 30-34	14	01:13:50	00:36:02.00	01:49:52.45	+00:05:56 (16.5%)	12:00	5 (83.3%)
15	STUDNIARZ Michał	128	SOCIOS SILESIA	M 30-34	15	01:16:47	00:36:02.70	01:52:50.40	+00:05:56 (16.5%)	12:01	5 (83.3%)
16	JUKOWSKI Jarek	231	TWARDZIELE TEAM BOGATYNIA	M 30-34	16	01:18:17	00:36:19.20	01:54:36.65	+00:06:13 (17.1%)	12:06	5 (83.3%)
17	STEG Tomasz	268	NASC	M 30-34	17	01:20:19	00:36:23.80	01:56:42.85	+00:06:18 (17.3%)	12:07	4.9 (81.7%)
18	CHOŁUJ Łukasz	32	PWPW S.A.	M 30-34	18	01:12:14	00:36:27.10	01:48:41.55	+00:06:21 (17.4%)	12:09	4.9 (81.7%)
19	OBRĘBSKI Patryk	204	NEXTREME	M 30-34	19	01:12:14	00:37:00.10	01:49:14.55	+00:06:54 (18.7%)	12:20	4.9 (81.7%)
20	LASKOWSKI Marcin	52	MAD RUNNERS	M 30-34	20	01:13:50	00:37:42.20	01:51:32.65	+00:07:36 (20.2%)	12:34	4.8 (80.0%)
21	KACHEL Mateusz	15	CARBON SILESIA SPORT	M 30-34	21	01:12:14	00:37:54.05	01:50:08.50	+00:07:48 (20.6%)	12:38	4.7 (78.3%)
22	MÓWIŃSKI Patryk	206	R.AMBO DRUGA CREW	M 30-34	22	01:18:17	00:38:00.30	01:56:17.90	+00:07:54 (20.8%)	12:40	4.7 (78.3%)
23	BRODA Mateusz	156	GLADIATORS	M 30-34	23	01:16:47	00:38:25.60	01:55:12.85	+00:08:19 (21.7%)	12:48	4.7 (78.3%)
24	SARZYŃSKI Arkadiusz	13	BIEGUN OCR TEAM	M 30-34	24	01:12:14	00:38:50.50	01:51:05.25	+00:08:44 (22.5%)	12:57	4.6 (76.7%)
25	ŚWIERSZCZ Paweł	270	GLADIATORS BY RMF4RT	M 30-34	25	01:20:19	00:41:54.35	02:02:13.40	+00:11:48 (28.2%)	13:58	4.3 (71.7%)
26	ZIMOŃ Norbert	121	WATAHA	M 30-34	26	01:16:47	00:43:04.90	01:59:52.75	+00:12:59 (30.1%)	14:21	4.2 (70.0%)
27	NOWAKOWSKI Jakub	100		M 30-34	27	01:09:05	00:45:51.10	01:54:56.25	+00:15:45 (34.4%)	15:17	3.9 (65.0%)
28	MILBRANT Michał	72	GLADIATORS	M 30-34	28	01:15:15	00:57:00.80	02:12:16.75	+00:26:55 (47.2%)	19:00	3.2 (53.3%)
DNC	CZACHURSKI Mateusz	248	XRUNNERS	M 30-34		01:18:17	00:36:47.15	01:55:04.40		0:00	4.9 (81.7%)

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DNC	POWAŻNY Marek	267	WATAHA	M 30-34		01:20:19	00:39:11.50	01:59:30.70		0:00	4.6 (76.7%)
DNC	KLEJNOWSKI Mateusz	47	SOCIOS SILESIA	M 30-34		01:13:50	00:45:27.00	01:59:17.75		0:00	4 (66.7%)
DNC	ŁĄCKI Wojciech	23		M 30-34		01:12:14	00:46:44.45	01:58:58.55		0:00	3.9 (65.0%)
DNC	DĄBROWSKI Tomasz	258	MOVEMENT ARENA	M 30-34		01:20:19	00:47:18.90	02:07:37.90		0:00	3.8 (63.3%)
DNC	BERSKI Maciej	220	SOCIOS SILESIA	M 30-34		01:18:17	00:48:53.65	02:07:11.30		0:00	3.7 (61.7%)
DNC	KAPICA Wojciech	115	POWER TRAINING	M 30-34		01:16:47	00:48:56.10	02:05:43.95		0:00	3.7 (61.7%)
DNC	DERYŁO Mateusz	79	SOCIOS SILESIA	M 30-34		01:15:16	00:54:25.10	02:09:41.25		0:00	3.3 (55.0%)

Znaleziono 36 wynik(ów)