MPOCR 2020 - 3 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Mistrzostwa Polski OCR 2020
Organizator: OCR Polska
Data: 2020-09-05
Miejsce: Rybnik
Dystans: 3 km

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	**PAWELCZYK Józef**	**60**	RYBNICKA GRUPA BIEGOWA-PĘDZIMY RAZEM/PWR-TEAM	Rybniczanin	5	02:03:45	**00:41:55.80**	**02:45:40.90**		13:58	4.3 (100%)
2	**ZAJKO Rafał**	**99**	STG LUBLIN	OPEN	1	02:03:44	**00:44:17.40**	**02:48:02.05**	+00:02:21 (5.3%)	14:46	4.1 (95.3%)
3	**KIERZYK Krzysztof**	**269**		OPEN	2	02:10:57	**00:46:37.10**	**02:57:34.95**	+00:04:41 (10.1%)	15:32	3.9 (90.7%)
4	**WOJSLAW Piotr**	**277**		OPEN	3	02:10:58	**00:46:37.80**	**02:57:35.95**	+00:04:42 (10.1%)	15:32	3.9 (90.7%)
5	**DĄBROWSKI Krzysztof**	**180**	SOCIOS SILESIA	OPEN	4	02:10:58	**00:48:13.40**	**02:59:11.40**	+00:06:17 (13.1%)	16:04	3.7 (86.0%)
6	**DOMAN Łukasz**	**56**	SOCIOS SILESIA	OPEN	5	02:10:58	**00:52:20.00**	**03:03:18.80**	+00:10:24 (19.9%)	17:26	3.4 (79.1%)
7	**STOLARSKI Kamil**	**9**		Rybniczanin	7	02:03:46	**00:52:33.25**	**02:56:19.25**	+00:10:37 (20.2%)	17:31	3.4 (79.1%)
8	**WÓJCIK Jarek**	**271**		OPEN	6	02:10:58	**00:54:10.00**	**03:05:08.90**	+00:12:14 (22.6%)	18:03	3.3 (76.7%)
9	**KĘDZIERSKI Krzysztof**	**182**		Rybniczanin	8	02:10:58	**01:05:42.80**	**03:16:41.75**	+00:23:47 (36.2%)	21:54	2.7 (62.8%)
10	**PIGUŁA Daria**	**33**	CARBON SILESIA SPORT	OPEN	7	02:03:44	**01:06:17.15**	**03:10:02.10**	+00:24:21 (36.7%)	22:06	2.7 (62.8%)
11	**LIPIECKI Jacek**	**145**	PRZESZKODOWO.PL	OPEN	8	02:10:59	**01:07:28.85**	**03:18:28.35**	+00:25:33 (37.9%)	22:29	2.7 (62.8%)
12	**PIGUŁA Rafał**	**118**	CARBON SILESIA SPORT	OPEN	9	02:03:46	**01:09:55.90**	**03:13:42.20**	+00:28:00 (40.0%)	23:18	2.6 (60.5%)
13	**BRZECZKOWSKI Paweł**	**28**	POWER TRAINING	OPEN	10	02:03:45	**01:09:58.80**	**03:13:44.10**	+00:28:03 (40.1%)	23:19	2.6 (60.5%)
14	**PODBIELSKA Gosia**	**34**		OPEN	11	02:03:45	**01:10:11.25**	**03:13:57.00**	+00:28:15 (40.3%)	23:24	2.6 (60.5%)
15	**DYLUS Artur**	**151**	KUŹNIA DAMIANA	OPEN	12	02:11:00	**01:12:12.90**	**03:23:13.20**	+00:30:17 (41.9%)	24:04	2.5 (58.1%)
16	**MAGNUSZEWSKA Izabela**	**165**	CARBON SILESIA SPORT	OPEN	13	02:10:57	**01:14:52.90**	**03:25:50.80**	+00:32:57 (44.0%)	24:57	2.4 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
17	**KUJAWA Małgorzata**	**233**		OPEN	14	02:10:58	**01:19:50.95**	**03:30:49.70**	+00:37:55 (47.5%)	26:37	2.3 (53.5%)
18	**WIŚNIEWSKI Kacper**	**249**		OPEN	15	02:10:57	**01:20:03.00**	**03:31:00.85**	+00:38:07 (47.6%)	26:41	2.2 (51.2%)
19	**WIŚNIEWSKA Monika**	**250**		OPEN	16	02:10:57	**01:20:11.45**	**03:31:09.35**	+00:38:15 (47.7%)	26:44	2.2 (51.2%)
20	**JAŻDŻEWSKA Elżbieta**	**170**	BEST BEASTS	OPEN	17	02:11:00	**01:20:14.35**	**03:31:14.35**	+00:38:18 (47.7%)	26:44	2.2 (51.2%)
21	**MAJCHER Anna**	**179**	KUŹNIA DAMIANA	OPEN	18	02:10:59	**01:21:06.35**	**03:32:05.55**	+00:39:10 (48.3%)	27:02	2.2 (51.2%)
22	**SKWAREK Tomasz**	**245**	CARBON SILESIA SPORT	OPEN	19	02:10:57	**01:21:16.05**	**03:32:13.80**	+00:39:20 (48.4%)	27:05	2.2 (51.2%)
23	**KOZICKI Jacek**	**260**		OPEN	20	02:10:59	**01:22:04.25**	**03:33:03.70**	+00:40:08 (48.9%)	27:21	2.2 (51.2%)
24	**WRZOSEK Patryk**	**139**	CARBON SILESIA SPORT	OPEN	21	02:03:46	**01:28:28.05**	**03:32:14.05**	+00:46:32 (52.6%)	29:29	2 (46.5%)
25	**WRZOSEK Karolina**	**140**	CARBON SILESIA SPORT	OPEN	22	02:03:45	**01:28:28.30**	**03:32:13.90**	+00:46:32 (52.6%)	29:29	2 (46.5%)
26	**SKWAREK Magdalena**	**26**	CARBON SILESIA SPORT	OPEN	23	02:03:45	**01:28:28.85**	**03:32:13.95**	+00:46:33 (52.6%)	29:29	2 (46.5%)
27	**KUREK Gosia**	**45**	CARBON SILESIA SPORT	OPEN	24	02:03:44	**01:28:29.10**	**03:32:13.90**	+00:46:33 (52.6%)	29:29	2 (46.5%)
28	**BYCZEK Izabela**	**25**	CARBON SILESIA SPORT	OPEN	25	02:03:45	**01:28:29.20**	**03:32:14.25**	+00:46:33 (52.6%)	29:29	2 (46.5%)
DNC	**KUDIO Daria**	**302**		Rybniczanka		02:10:58	**00:55:49.10**	**03:06:47.75**		0:00	3.2 (74.4%)
DNC	**ZASADOWSKA Justyna**	**235**	BIEGOWE NYGUSY	OPEN		02:10:58	**01:00:00.35**	**03:10:58.90**		0:00	3 (69.8%)

Znaleziono 30 wynik(ów)