



Event: Murowana Dycha
Organiser: Gmina Murowana Goślina, APS AGENCY sp.z.o.o. sp.k.
Date: 2022-09-11
Place: Murowana Goślina
Distance: 10 km

MUROWANA DYCHA - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-30

Place	Participant	Number	Club	Category	MCat	Mieszkaniec gminy	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	WAWRZYNIAK Jakub	103	WYBIEGAĆ MARZENIA TEAM	M-30	1		00:17:47	00:35:40.85	00:35:42.85		3:34	16.8 (100%)
2	STACHOWIAK Marcin	179		M-30	2		00:18:39	00:37:16.85	00:37:19.85	+00:01:37 (4.3%)	3:43	16.1 (95.8%)
3	KAMINIK Maciej	81		M-30	3		00:19:28	00:39:06.95	00:39:09.60	+00:03:26 (8.8%)	3:54	15.3 (91.1%)
4	KESLER Hubert	75		M-30	4		00:19:39	00:39:36.35	00:39:38.85	+00:03:56 (9.9%)	3:57	15.2 (90.5%)
5	ANDRZEJEWSKI Dominik	33	KB GEPARD MUROWANA GOŚLINA	M-30	5	Tak	00:20:00	00:40:01.95	00:40:04.20	+00:04:21 (10.9%)	4:00	15 (89.3%)
6	WRZESIŃSKI Michał	134	KSG DIRETA	M-30	6		00:21:12	00:40:38.95	00:40:38.95	+00:04:56 (12.1%)	4:03	14.8 (88.1%)
7	NOWIK Mateusz	139	HART SKOKI	M-30	7		00:21:10	00:42:52.45	00:42:53.90	+00:07:11 (16.7%)	4:17	14 (83.3%)
8	LISIAK Bartosz	29	KB GEPARD MUROWNA GOŚLINA	M-30	8	Tak	00:21:46	00:43:45.55	00:43:51.50	+00:08:08 (18.6%)	4:22	13.7 (81.5%)
9	SCHWARZ Marek	184	PRO366	M-30	9		00:22:24	00:44:55.85	00:45:02.75	+00:09:19 (20.7%)	4:29	13.4 (79.8%)
10	OWOCKI Piotr	45	BLUMTEAM	M-30	10		00:23:26	00:46:28.55	00:46:51.85	+00:11:09 (23.8%)	4:38	12.9 (76.8%)
11	SILSKI Artur	92	ANIOŁKI RYSZARDA	M-30	11		00:23:06	00:46:43.90	00:46:54.35	+00:11:11 (23.9%)	4:40	12.8 (76.2%)
12	KUJAŃSKI Dominik	105		M-30	12	Tak	00:23:27	00:46:33.45	00:47:05.75	+00:11:22 (24.2%)	4:39	12.9 (76.8%)
13	BETAŃSKI Łukasz	30	.	M-30	13		00:22:44	00:47:09.20	00:47:20.90	+00:11:38 (24.6%)	4:42	12.7 (75.6%)
14	GALAS Szymon	19		M-30	14		00:23:14	00:47:14.20	00:47:25.25	+00:11:42 (24.7%)	4:43	12.7 (75.6%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec gminy	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
15	KWIATKOWSKI Michał	10		M-30	15		00:23:24	00:48:02.20	00:48:12.05	+00:12:29 (25.9%)	4:48	12.5 (74.4%)
16	MIEDZIAK Paweł	57	SPIN PARTNER	M-30	16		00:23:24	00:48:03.75	00:48:13.95	+00:12:31 (26.0%)	4:48	12.5 (74.4%)
17	LIS Wojciech	13	FOX RUNNERS	M-30	17		00:24:01	00:48:35.65	00:48:44.05	+00:13:01 (26.7%)	4:51	12.3 (73.2%)
18	KRZYŻANIAK Rafał	8		M-30	18	Tak	00:24:33	00:48:55.65	00:49:02.45	+00:13:19 (27.2%)	4:53	12.3 (73.2%)
19	DUBINA Damian	158	URZĄD MIASTA I GMINY MUROWANA GOŚLINA	M-30	19	Tak	00:24:32	00:49:34.40	00:50:01.80	+00:14:18 (28.6%)	4:57	12.1 (72.0%)
20	KRYSZTOFIAK Łukasz	60		M-30	20		00:25:35	00:50:16.05	00:50:31.70	+00:14:48 (29.3%)	5:01	11.9 (70.8%)
21	ŻMINKOWSKI Tomasz	44		M-30	21		00:25:24	00:50:23.10	00:50:46.00	+00:15:03 (29.7%)	5:02	11.9 (70.8%)
22	STRUGAREK Kuba	86	TAŃCZĄCY Z CHIPAMI	M-30	22	Tak	00:25:14	00:50:37.60	00:50:51.40	+00:15:08 (29.8%)	5:03	11.9 (70.8%)
23	SHCHERBAK Yurii	165		M-30	23	Tak	00:25:02	00:50:43.65	00:50:54.90	+00:15:12 (29.9%)	5:04	11.8 (70.2%)
24	OWCZAREK Michał	3	TEAM KGB	M-30	24	Tak	00:24:16	00:50:49.15	00:50:57.45	+00:15:14 (29.9%)	5:04	11.8 (70.2%)
25	KRAJEWSKI Dawid	50		M-30	25	Tak	00:24:45	00:50:45.75	00:50:58.95	+00:15:16 (29.9%)	5:04	11.8 (70.2%)
26	OSTROWSKI Lukasz	113		M-30	26		00:24:31	00:50:54.20	00:51:05.05	+00:15:22 (30.1%)	5:05	11.8 (70.2%)
27	DELEKTA Mateusz	79		M-30	27		00:25:00	00:51:04.90	00:51:19.65	+00:15:36 (30.4%)	5:06	11.7 (69.6%)
28	CICHY Łukasz	141		M-30	28	Tak	00:27:09	00:51:26.40	00:51:54.50	+00:16:11 (31.2%)	5:08	11.7 (69.6%)
29	TANNER Jonathan	123		M-30	29		00:25:51	00:52:16.35	00:52:29.85	+00:16:47 (32.0%)	5:13	11.5 (68.5%)
30	SZAŁKOWSKI Piotr	97	SZAŁKI TEAM	M-30	30		00:26:42	00:52:15.50	00:52:33.95	+00:16:51 (32.1%)	5:13	11.5 (68.5%)
31	MROZIŃSKI Artur	55		M-30	31		00:26:12	00:52:19.55	00:52:38.85	+00:16:56 (32.2%)	5:13	11.5 (68.5%)
32	STACHOWIAK Łukasz	25	RUUKKI	M-30	32		00:25:54	00:52:54.65	00:53:10.90	+00:17:28 (32.8%)	5:17	11.3 (67.3%)
33	MAŃKOWSKI Paweł	70	ENTORI	M-30	33	Tak	00:26:22	00:53:01.20	00:53:20.05	+00:17:37 (33.0%)	5:18	11.3 (67.3%)
34	BORSUK Damian	20		M-30	34		00:25:33	00:53:12.00	00:53:32.45	+00:17:49 (33.3%)	5:19	11.3 (67.3%)
35	KSIĄŻAK Krystian	91		M-30	35		00:25:28	00:53:25.75	00:53:37.80	+00:17:54 (33.4%)	5:20	11.2 (66.7%)
36	JÓŻWICKI Łukasz	168		M-30	36		00:27:48	00:54:26.55	00:54:45.15	+00:19:02 (34.8%)	5:26	11 (65.5%)
37	FOLTYNOWICZ Marek	73		M-30	37		00:29:52	01:00:33.00	01:00:59.75	+00:25:16 (41.4%)	6:03	9.9 (58.9%)

