



NIESTRUDZONY SAN | 32 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

II Ultra-Bies
Fundacja Ultra-Bies
2023-05-05
Dołżyca
32 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	PK Łopienka 15km	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
1	KAWIK Tomasz	733	RUNPROGRESS.PL TEAM	M30	1	00:42:00	01:20:51	02:30:14	03:16:03.20	03:16:03.20		6:07	9.8 (100%)
2	DOMIN Łukasz	645	AKTYWNY DYNÓW	M30	2	00:45:29	01:25:24	02:38:46	03:25:01.45	03:25:01.45	+00:08:58 (4.4%)	6:24	9.4 (95.9%)
3	ANCYGIER Tomasz	719	MUKS PODKARPACIE JEDLICZE	M30	3	00:46:54	01:30:02	02:46:47	03:35:31.45	03:35:31.45	+00:19:28 (9.0%)	6:44	8.9 (90.8%)
4	LEŚ Michał	723	SANOK BIEGA	M30	4	00:47:39	01:31:33	02:49:16	03:36:54.40	03:36:54.40	+00:20:51 (9.6%)	6:46	8.9 (90.8%)
5	ZIĘBA Mateusz	718	FOREVER TEAM	M30	5	00:51:32	01:33:16	02:52:09	03:38:24.45	03:38:24.45	+00:22:21 (10.2%)	6:49	8.8 (89.8%)
6	LEŚNIAK Dawid	620	LHO	M30	6	00:48:30	01:31:29	02:53:43	03:43:59.55	03:43:59.55	+00:27:56 (12.5%)	6:59	8.6 (87.8%)
7	PORCEK Maciej	699	FINISZ RYMANÓW	M30	7	00:50:45	01:34:28	02:55:25	03:48:51.10	03:48:51.10	+00:32:47 (14.3%)	7:09	8.4 (85.7%)
8	GIERULA Grzegorz	700	KB ATHLETIC ZRĘCIN	M30	8	00:49:09	01:34:10	03:00:47	03:54:30.05	03:54:30.05	+00:38:26 (16.4%)	7:19	8.2 (83.7%)
9	PODOLAK Paweł	659		M30	9	00:50:48	01:32:53	03:00:20	03:55:41.10	03:55:41.10	+00:39:37 (16.8%)	7:21	8.1 (82.7%)
10	ORCZYKOWSKI Bogdan	621	GOAPTIV!	M30	10	00:55:34	01:44:17	03:09:08	03:58:55.95	03:58:55.95	+00:42:52 (17.9%)	7:27	8 (81.6%)
11	MARSZAŁEK Radosław	671	BIEGAJ Z DYMKIEM	M30	11	00:54:53	01:49:39	03:21:56	04:17:22.70	04:17:22.70	+01:01:19 (23.8%)	8:02	7.5 (76.5%)
12	SETKOWICZ Jacek	617		M30	12	00:56:23	01:46:42	03:16:44	04:20:23.65	04:20:23.65	+01:04:20 (24.7%)	8:08	7.4 (75.5%)
13	PEŁDIAK Mateusz	636	KB ATHLETIC ZRĘCIN /PAWKO RUNNER TEAM	M30	13	00:56:04	01:47:46	03:25:38	04:25:52.45	04:25:52.45	+01:09:49 (26.3%)	8:18	7.2 (73.5%)
14	GARCZYŃSKI Radosław	681	POWER TRAINING	M30	14	01:06:55	02:05:47	03:35:49	04:28:37.00	04:28:37.00	+01:12:33 (27.0%)	8:23	7.1 (72.4%)
15	KŁOBUCHOWSKI Szymon	678		M30	15	01:01:18	01:57:49	03:31:02	04:30:42.75	04:30:42.75	+01:14:39 (27.6%)	8:27	7.1 (72.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	PK Łopienka 15km	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
16	ZAWADKA Filip	687	CROSSFIT 12U1 WILANÓW	M30	16	00:59:55	01:56:33	03:36:32	04:36:44.90	04:36:44.90	+01:20:41 (29.2%)	8:38	6.9 (70.4%)
17	KRUPA Piotr	657	CROSSFIT DOPAMINE	M30	17			03:39:14	04:41:35.10	04:41:35.10	+01:25:31 (30.4%)	8:47	6.8 (69.4%)
18	BOBOLA Sebastian	740		M30	18	00:59:04	01:55:07	03:41:37	04:50:32.00	04:50:32.00	+01:34:28 (32.5%)	9:04	6.6 (67.3%)
19	PIETRZAK Rafał	726	STOPKA PILAWA	M30	19	00:59:50	02:00:43	03:47:33	04:54:05.10	04:54:05.10	+01:38:01 (33.3%)	9:11	6.5 (66.3%)
20	MAZEK Łukasz	725	STOPKA PILAWA	M30	20	00:59:50	02:00:43	03:47:36	04:54:12.70	04:54:12.70	+01:38:09 (33.4%)	9:11	6.5 (66.3%)
21	BANGIS Łukasz	602	ŻÓRAWSKI TEAM	M30	21	00:58:14	02:00:34	03:49:20	04:55:35.85	04:55:35.85	+01:39:32 (33.7%)	9:14	6.5 (66.3%)
22	STECIUK Jarosław	721	ŁÓDZKI KLUB WYSOKOGÓRSKI	M30	22	01:05:07	02:07:44	03:54:42	05:03:00.85	05:03:00.85	+01:46:57 (35.3%)	9:28	6.3 (64.3%)
23	NALEPKA Grzegorz	682		M30	23	01:07:19	02:11:16	03:57:07	05:05:58.25	05:05:58.25	+01:49:55 (35.9%)	9:33	6.3 (64.3%)
24	LEWANDOWSKI Sebastian	673		M30	24	01:09:34	02:12:09	04:01:14	05:12:59.40	05:12:59.40	+01:56:56 (37.4%)	9:46	6.1 (62.2%)
25	PORZYCKI Tomasz	684		M30	25	01:07:19	02:10:50	04:03:20	05:15:57.40	05:15:57.40	+01:59:54 (37.9%)	9:52	6.1 (62.2%)
26	PIETRUSZKA Mariusz	654		M30	26	01:08:30	02:13:07	04:12:53	05:21:23.85	05:21:23.85	+02:05:20 (39.0%)	10:02	6 (61.2%)
27	KLIMCZUK Maciej	635		M30	27	01:06:22	02:13:32	04:08:44	05:25:13.50	05:25:13.50	+02:09:10 (39.7%)	10:09	5.9 (60.2%)
28	WITA Krzysztof	728		M30	28	01:09:08	02:19:06	04:15:04	05:33:12.65	05:33:12.65	+02:17:09 (41.2%)	10:24	5.8 (59.2%)
29	NAHORSKI Marcin	677		M30	29	01:04:34	02:13:30	04:18:23	05:33:41.85	05:33:41.85	+02:17:38 (41.2%)	10:25	5.8 (59.2%)
30	FOWLER Krystian	676		M30	30	01:10:15	02:15:51	04:13:38	05:41:27.20	05:41:27.20	+02:25:24 (42.6%)	10:40	5.6 (57.1%)
31	PODSIADŁY Maciej	612	TRAIL IS OUR WAY	M30	31	01:08:36	02:18:39	04:24:00	05:42:50.55	05:42:50.55	+02:26:47 (42.8%)	10:42	5.6 (57.1%)
32	WŁODARCZYK Grzegorz	608		M30	32	01:07:51	02:12:26	04:23:21	05:47:05.60	05:47:05.60	+02:31:02 (43.5%)	10:50	5.5 (56.1%)
33	SAPIEJEWSKI Krzysztof	706		M30	33	01:09:56	02:18:52	04:29:09	05:52:51.40	05:52:51.40	+02:36:48 (44.4%)	11:01	5.4 (55.1%)
34	PAWLAK Patryk	738		M30	34	01:11:05	02:28:13	04:38:53	06:03:36.15	06:03:36.15	+02:47:32 (46.1%)	11:21	5.3 (54.1%)

Znaleziono 34 wynik(ów)