



# NOCNY BIEG SZLAKIEM DZIKA

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dziki Weekend 2020  
Stowarzyszenie Klub Biegowy Dzik  
2020-08-21  
Police  
5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M1 16-29

| Msc | Zawodnik                      | Numer       | Klub                                | Kategoria | Mkat | Czas startu | Czas netto 5km     | Czas brutto 5km    | Różn              | Tempo min/km | Tempo km/h   |
|-----|-------------------------------|-------------|-------------------------------------|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>HRYNKO Jacek</b>           | <b>953</b>  | 15 BRYGADA ZMECHANIZOWANA W GIŻYCKU | M1 16-29  | 1    | 00:34:02    | <b>00:21:47.95</b> | <b>00:55:50.05</b> |                   | 4:21         | 13.8 (100%)  |
| 2   | <b>OLICHOWSKI Mateusz</b>     | <b>1124</b> | SURVIWAŁTEAM                        | M1 16-29  | 2    | 00:24:49    | <b>00:22:42.15</b> | <b>00:47:31.70</b> | +00:00:54 (4.0%)  | 4:32         | 13.2 (95.7%) |
| 3   | <b>ALEKSANDROV Denys</b>      | <b>941</b>  | TRIGYM                              | M1 16-29  | 3    | 00:01:56    | <b>00:23:39.75</b> | <b>00:25:36.00</b> | +00:01:51 (7.9%)  | 4:44         | 12.7 (92.0%) |
| 4   | <b>NIEWCZAS Jakub</b>         | <b>935</b>  | DZIKA SIGMA                         | M1 16-29  | 4    | 00:04:50    | <b>00:25:16.75</b> | <b>00:30:07.45</b> | +00:03:28 (13.8%) | 5:03         | 11.9 (86.2%) |
| 5   | <b>SAWICKI Bartosz</b>        | <b>762</b>  | DZIKIE DZIKI GORZÓW                 | M1 16-29  | 5    | 00:09:39    | <b>00:25:36.05</b> | <b>00:35:15.95</b> | +00:03:48 (14.8%) | 5:07         | 11.7 (84.8%) |
| 6   | <b>MATUSIAK Rafał</b>         | <b>639</b>  | WŚCIEKŁE PSY                        | M1 16-29  | 6    | 00:02:08    | <b>00:27:06.25</b> | <b>00:29:14.60</b> | +00:05:18 (19.6%) | 5:25         | 11.1 (80.4%) |
| 7   | <b>SZYSZKO Filip</b>          | <b>1131</b> | DLL PARTNERS                        | M1 16-29  | 7    | 00:30:59    | <b>00:27:11.95</b> | <b>00:58:11.35</b> | +00:05:24 (19.9%) | 5:26         | 11 (79.7%)   |
| 8   | <b>APIECIONEK Mateusz</b>     | <b>1253</b> | UKŁ ÓSEMKA                          | M1 16-29  | 8    | 00:03:04    | <b>00:27:30.65</b> | <b>00:30:34.90</b> | +00:05:42 (20.8%) | 5:30         | 10.9 (79.0%) |
| 9   | <b>PARADZIŃSKI Dawid</b>      | <b>770</b>  |                                     | M1 16-29  | 9    | 00:16:20    | <b>00:27:42.55</b> | <b>00:44:03.05</b> | +00:05:54 (21.3%) | 5:32         | 10.8 (78.3%) |
| 10  | <b>KĘDZIOR Jakub</b>          | <b>607</b>  | DECATHLON PIŁA                      | M1 16-29  | 10   | 00:08:10    | <b>00:27:44.45</b> | <b>00:35:54.65</b> | +00:05:56 (21.4%) | 5:32         | 10.8 (78.3%) |
| 11  | <b>RUBIN Karol</b>            | <b>997</b>  | 15 GIŻYCKA BRYGADA ZMECHANIZOWANA   | M1 16-29  | 11   | 00:34:08    | <b>00:27:48.85</b> | <b>01:01:56.90</b> | +00:06:00 (21.6%) | 5:33         | 10.8 (78.3%) |
| 12  | <b>GRALEWICZ Albert</b>       | <b>601</b>  |                                     | M1 16-29  | 12   | 00:06:37    | <b>00:27:59.70</b> | <b>00:34:36.85</b> | +00:06:11 (22.1%) | 5:35         | 10.7 (77.5%) |
| 13  | <b>GERLICH Kai</b>            | <b>732</b>  | BRAUNSCHWEIG HASH HOUSE HARRIERS    | M1 16-29  | 13   | 00:06:42    | <b>00:28:15.60</b> | <b>00:34:57.95</b> | +00:06:27 (22.9%) | 5:39         | 10.6 (76.8%) |
| 14  | <b>GRZYB Albert</b>           | <b>645</b>  |                                     | M1 16-29  | 14   | 00:09:14    | <b>00:28:33.95</b> | <b>00:37:48.25</b> | +00:06:46 (23.7%) | 5:42         | 10.5 (76.1%) |
| 15  | <b>GRYGORCEWICZ Jan</b>       | <b>1254</b> | OKŁ ÓSEMKA POLICE                   | M1 16-29  | 15   | 00:26:46    | <b>00:29:19.75</b> | <b>00:56:06.30</b> | +00:07:31 (25.7%) | 5:52         | 10.2 (73.9%) |
| 16  | <b>DYDEK Arkadiusz</b>        | <b>1160</b> | DZIK                                | M1 16-29  | 16   | 01:28:09    | <b>00:29:26.90</b> | <b>01:57:36.10</b> | +00:07:38 (26.0%) | 5:53         | 10.2 (73.9%) |
| 17  | <b>TKACZUK Bartosz</b>        | <b>741</b>  |                                     | M1 16-29  | 17   | 00:12:03    | <b>00:29:54.05</b> | <b>00:41:57.05</b> | +00:08:06 (27.1%) | 5:58         | 10 (72.5%)   |
| 18  | <b>STRZEMIŃSKI Bartłomiej</b> | <b>846</b>  |                                     | M1 16-29  | 18   | 00:08:55    | <b>00:30:07.10</b> | <b>00:39:02.15</b> | +00:08:19 (27.6%) | 6:01         | 10 (72.5%)   |
| 19  | <b>NAREJKO Paweł</b>          | <b>821</b>  |                                     | M1 16-29  | 19   | 00:04:19    | <b>00:30:24.85</b> | <b>00:34:44.05</b> | +00:08:36 (28.3%) | 6:05         | 9.9 (71.7%)  |
| 20  | <b>NEJMAN Marcin</b>          | <b>933</b>  | HAWAJSKIE REKINY                    | M1 16-29  | 20   | 00:03:16    | <b>00:30:51.75</b> | <b>00:34:08.00</b> | +00:09:03 (29.4%) | 6:10         | 9.7 (70.3%)  |
| 21  | <b>BURDZIK Wojciech</b>       | <b>975</b>  |                                     | M1 16-29  | 21   | 00:08:03    | <b>00:31:02.00</b> | <b>00:39:05.50</b> | +00:09:14 (29.8%) | 6:12         | 9.7 (70.3%)  |
| 22  | <b>KRAWIEC Mateusz</b>        | <b>1145</b> |                                     | M1 16-29  | 22   | 00:02:55    | <b>00:31:03.70</b> | <b>00:33:59.60</b> | +00:09:15 (29.8%) | 6:12         | 9.7 (70.3%)  |
| 23  | <b>URBANOWICZ Piotr</b>       | <b>1143</b> |                                     | M1 16-29  | 23   | 00:02:53    | <b>00:31:05.25</b> | <b>00:33:58.85</b> | +00:09:17 (29.9%) | 6:13         | 9.7 (70.3%)  |
| 24  | <b>PORAŻIŃSKI Przemysław</b>  | <b>806</b>  |                                     | M1 16-29  | 24   | 00:02:41    | <b>00:31:41.85</b> | <b>00:34:22.95</b> | +00:09:53 (31.2%) | 6:20         | 9.5 (68.8%)  |
| 25  | <b>PŁUCIENNIK Andrzej</b>     | <b>847</b>  |                                     | M1 16-29  | 25   | 00:09:03    | <b>00:32:31.55</b> | <b>00:41:35.35</b> | +00:10:43 (33.0%) | 6:30         | 9.2 (66.7%)  |
| 26  | <b>MICHALIK Tadeusz</b>       | <b>918</b>  | SBKDK                               | M1 16-29  | 26   | 00:01:08    | <b>00:33:02.20</b> | <b>00:34:10.75</b> | +00:11:14 (34.0%) | 6:36         | 9.1 (65.9%)  |

| Msc | Zawodnik             | Numer | Klub                             | Kategoria | Mkat | Czas startu | Czas netto<br>5km | Czas brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|----------------------|-------|----------------------------------|-----------|------|-------------|-------------------|--------------------|-------------------|-----------------|---------------|
| 27  | MURYN Dawid          | 951   |                                  | M1 16-29  | 27   | 00:50:21    | 00:33:20.85       | 01:23:42.15        | +00:11:32 (34.6%) | 6:40            | 9 (65.2%)     |
| 28  | SYLDATK Patryk       | 1002  |                                  | M1 16-29  | 28   | 00:07:41    | 00:33:37.95       | 00:41:19.40        | +00:11:50 (35.2%) | 6:43            | 8.9 (64.5%)   |
| 29  | WIECZOREK Jakub      | 651   |                                  | M1 16-29  | 29   | 00:06:04    | 00:33:39.65       | 00:39:44.05        | +00:11:51 (35.2%) | 6:44            | 8.9 (64.5%)   |
| 30  | KRÜGER Swen          | 736   | BRAUNSCHWEIG HASH HOUSE HARRIERS | M1 16-29  | 30   | 00:06:28    | 00:34:07.30       | 00:40:36.10        | +00:12:19 (36.1%) | 6:49            | 8.8 (63.8%)   |
| 31  | BOBROWSKI Emanuel    | 1146  |                                  | M1 16-29  | 31   | 00:19:07    | 00:34:37.65       | 00:53:45.05        | +00:12:49 (37.0%) | 6:55            | 8.7 (63.0%)   |
| 32  | SALAUYOU Raman       | 939   | DZIKA SIGMA                      | M1 16-29  | 32   | 00:04:43    | 00:35:24.70       | 00:40:08.40        | +00:13:36 (38.4%) | 7:05            | 8.5 (61.6%)   |
| 33  | BOBROWSKI Daniel     | 1144  |                                  | M1 16-29  | 33   | 00:02:51    | 00:35:41.80       | 00:38:33.50        | +00:13:53 (38.9%) | 7:08            | 8.4 (60.9%)   |
| 34  | PETRUSIEWICZ Paweł   | 797   |                                  | M1 16-29  | 34   | 00:04:55    | 00:36:19.90       | 00:41:15.05        | +00:14:31 (40.0%) | 7:16            | 8.3 (60.1%)   |
| 35  | KRAWCZYK Paweł       | 649   | OPONKI TEAM                      | M1 16-29  | 35   | 00:05:04    | 00:36:30.95       | 00:41:35.05        | +00:14:43 (40.3%) | 7:18            | 8.2 (59.4%)   |
| 36  | BLAHAK David         | 958   | VO2 MAX TEAM                     | M1 16-29  | 36   | 01:17:06    | 00:37:13.85       | 01:54:19.95        | +00:15:25 (41.4%) | 7:26            | 8.1 (58.7%)   |
| 37  | KIERUJ Jakub         | 837   | IHUHU TEAM                       | M1 16-29  | 37   | 00:11:06    | 00:37:15.30       | 00:48:21.65        | +00:15:27 (41.5%) | 7:27            | 8.1 (58.7%)   |
| 38  | KORZENIAK Wojciech   | 800   |                                  | M1 16-29  | 38   | 00:39:13    | 00:38:31.45       | 01:17:44.65        | +00:16:43 (43.4%) | 7:42            | 7.8 (56.5%)   |
| 39  | LINOWSKI Włodzimierz | 989   |                                  | M1 16-29  | 39   | 01:41:17    | 00:39:29.40       | 02:20:46.60        | +00:17:41 (44.8%) | 7:53            | 7.6 (55.1%)   |
| 40  | KRZEMIŃSKI Paweł     | 967   | EXT-WLF                          | M1 16-29  | 40   | 00:44:15    | 00:40:02.80       | 01:24:17.80        | +00:18:14 (45.6%) | 8:00            | 7.5 (54.3%)   |
| 41  | ZAWADZKI Andrzej     | 968   | EXT-WLF                          | M1 16-29  | 41   | 00:44:11    | 00:40:04.95       | 01:24:16.65        | +00:18:17 (45.6%) | 8:01            | 7.5 (54.3%)   |
| 42  | PARADOWSKI Piotr     | 697   | KB WYSZKÓW                       | M1 16-29  | 42   | 00:58:51    | 00:41:20.50       | 01:40:12.30        | +00:19:32 (47.3%) | 8:16            | 7.3 (52.9%)   |
| 43  | ANIELSKI Sławomir    | 894   |                                  | M1 16-29  | 43   | 00:14:50    | 00:41:36.10       | 00:56:26.25        | +00:19:48 (47.6%) | 8:19            | 7.2 (52.2%)   |
| 44  | CHROBOCINSKI Daniel  | 819   |                                  | M1 16-29  | 44   | 00:19:57    | 00:42:16.05       | 01:02:13.40        | +00:20:28 (48.4%) | 8:27            | 7.1 (51.4%)   |
| 45  | KARAKUŁA Krzysztof   | 1079  |                                  | M1 16-29  | 45   | 00:02:12    | 00:43:11.00       | 00:45:23.75        | +00:21:23 (49.5%) | 8:38            | 6.9 (50.0%)   |
| 46  | SOŁTYS Krzysztof     | 1122  |                                  | M1 16-29  | 46   | 00:12:35    | 00:48:53.95       | 01:01:29.25        | +00:27:06 (55.4%) | 9:46            | 6.1 (44.2%)   |

Znaleziono 46 wynik(ów)