

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MASŁYK Małgorzata	277		K50-59	1		00:33:26.70		6:41	9 (100%)
2	ZIÓŁKOWSKA Sylwia	339	PUSZCZYK BUKOWY	K40-49	1		00:35:12.05	+00:01:45 (5.0%)	7:02	8.5 (94.4%)
3	STACHOWICZ-HAWRYLAK Sylwia	313	BIEG KORCZAKA	K40-49	2		00:35:33.20	+00:02:06 (5.9%)	7:06	8.4 (93.3%)
4	KLABAN Tetiana	262	KOMPAS TEAM	K40-49	3		00:36:06.00	+00:02:39 (7.4%)	7:13	8.3 (92.2%)
5	WOŁK Beata	333	FABRYKA NORDICA TRZCIANKA	K40-49	4		00:36:29.70	+00:03:03 (8.4%)	7:17	8.2 (91.1%)
6	KUPNIEWSKA Aleksandra	267	LOVELASY	K30-39	1		00:36:51.05	+00:03:24 (9.2%)	7:22	8.1 (90.0%)
7	MISIEWICZ Bożena	286		K60+	1		00:36:51.90	+00:03:25 (9.3%)	7:22	8.1 (90.0%)
8	LEBIODA Alicja	268	SPEEDSKI	K40-49	5		00:37:01.30	+00:03:34 (9.7%)	7:24	8.1 (90.0%)
9	KOWALSKA Joanna	264	---	K30-39	2		00:37:49.05	+00:04:22 (11.6%)	7:33	7.9 (87.8%)
10	DAJLID Martyna	232		K16-29	1	Tak	00:37:49.60	+00:04:22 (11.6%)	7:33	7.9 (87.8%)
11	GÓRSKA Dorota	246		K50-59	2		00:37:59.55	+00:04:32 (12.0%)	7:35	7.9 (87.8%)
12	GÓRSKA Agnieszka	245	SZALONE WILCZYCE	K40-49	6		00:38:13.15	+00:04:46 (12.5%)	7:38	7.8 (86.7%)
13	OLEJNIK Marzena	292	NIEZRZESZONA	K50-59	3		00:38:32.10	+00:05:05 (13.2%)	7:42	7.8 (86.7%)
14	WALUKIEWICZ Magdalena	327	NZ	K40-49	7		00:38:51.35	+00:05:24 (13.9%)	7:46	7.7 (85.6%)
15	ŁUCZKA Joanna	273		K40-49	8		00:38:55.70	+00:05:29 (14.1%)	7:47	7.7 (85.6%)
16	BATOROWICZ Mariola	217		K40-49	9	Tak	00:39:08.60	+00:05:41 (14.6%)	7:49	7.7 (85.6%)
17	GŁADZIK Anna	244	KOMPAS TEAM	K30-39	3		00:39:08.80	+00:05:42 (14.6%)	7:49	7.7 (85.6%)
18	DEMKOWICZ Edyta	234	WEGAS	K50-59	4	Tak	00:39:10.35	+00:05:43 (14.6%)	7:50	7.7 (85.6%)
19	MARTYNA Ewa	276		K60+	2		00:39:10.70	+00:05:44 (14.6%)	7:50	7.7 (85.6%)
20	BARBAROWICZ Łucja	214		K60+	3		00:39:52.25	+00:06:25 (16.1%)	7:58	7.5 (83.3%)
21	SEŃ Agata	309		K30-39	4		00:40:07.25	+00:06:40 (16.6%)	8:01	7.5 (83.3%)
22	GRZYBOWSKA Ewa	250	WOLIN	K50-59	5	Tak	00:40:13.15	+00:06:46 (16.8%)	8:02	7.5 (83.3%)
23	MICHALSKA Anna	281	WOLIN	K40-49	10	Tak	00:40:13.25	+00:06:46 (16.8%)	8:02	7.5 (83.3%)
24	JAROSZ-SZYDŁOWSKA Agnieszka	256	ROZBIEGANE POBIEROWO	K40-49	11		00:40:18.45	+00:06:51 (17.0%)	8:03	7.4 (82.2%)
25	MICHALSKA Aneta	280	KOMPAS TEAM	K40-49	12		00:40:19.85	+00:06:53 (17.1%)	8:03	7.4 (82.2%)
26	DZIEMIDOWICZ Jadwiga	237	WEGAS WOLIN	K30-39	5	Tak	00:40:20.90	+00:06:54 (17.1%)	8:04	7.4 (82.2%)
27	BARYŁA Dorota	216		K50-59	6	Tak	00:40:25.20	+00:06:58 (17.3%)	8:05	7.4 (82.2%)

							Czas netto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin				
28	PODHAJNA Agnieszka	300		K40-49	13		00:40:29.00	+00:07:02 (17.4%)	8:05	7.4 (82.2%)
29	CZYŻAK Anetta	231		K50-59	7	Tak	00:40:30.45	+00:07:03 (17.4%)	8:06	7.4 (82.2%)
30	KULAS Zofia	266		K60+	4		00:40:42.00	+00:07:15 (17.8%)	8:08	7.4 (82.2%)
31	WOŹNIEWSKA Grażyna	334	SZALONE WILCZYCE	K50-59	8		00:41:03.85	+00:07:37 (18.6%)	8:12	7.3 (81.1%)
32	WUJDA Anna	335		K40-49	14		00:41:23.35	+00:07:56 (19.2%)	8:16	7.2 (80.0%)
33	SULEJA Joanna	320	STARGARD	K60+	5		00:41:37.20	+00:08:10 (19.6%)	8:19	7.2 (80.0%)
34	JASIŃSKA Renata	257		K50-59	9	Tak	00:41:44.40	+00:08:17 (19.9%)	8:20	7.2 (80.0%)
35	PIEKARSKA Katarzyna	297		K30-39	6		00:42:01.35	+00:08:34 (20.4%)	8:24	7.1 (78.9%)
36	GRUDZIŃSKA Alicja	247		K60+	6	Tak	00:42:02.20	+00:08:35 (20.4%)	8:24	7.1 (78.9%)
37	NARUK Regina	289		K50-59	10	Tak	00:42:21.45	+00:08:54 (21.0%)	8:28	7.1 (78.9%)
38	MIĘTKIEWICZ Monika	283		K30-39	7	Tak	00:42:23.75	+00:08:57 (21.1%)	8:28	7.1 (78.9%)
38	WOJTYSIAK Dorota	331		K30-39	7	Tak	00:42:23.75	+00:08:57 (21.1%)	8:28	7.1 (78.9%)
40	ARSZELEWSKA Ewelina	212		K16-29	2	Tak	00:42:24.60	+00:08:57 (21.1%)	8:28	7.1 (78.9%)
41	PRZYŁUSKA Mirosława	342	RAZ SZCZECIN	K60+	7		00:42:26.50	+00:08:59 (21.2%)	8:29	7.1 (78.9%)
42	PODZIELNA Aleksandra	301		K40-49	15		00:42:29.70	+00:09:03 (21.3%)	8:29	7.1 (78.9%)
43	STASIAK Iwona	315		K60+	8		00:42:41.20	+00:09:14 (21.7%)	8:32	7 (77.8%)
44	KĘSKA-PLĄSEK Małgorzata	260	LOVELASY	K40-49	16		00:42:42.45	+00:09:15 (21.7%)	8:32	7 (77.8%)
45	LINHARD Bożena	271		K60+	9		00:42:50.55	+00:09:23 (21.9%)	8:34	7 (77.8%)
46	SIKORA Magdalena	310		K40-49	17		00:42:57.35	+00:09:30 (22.1%)	8:35	7 (77.8%)
47	PAKOS Agnieszka	294		K40-49	18	Tak	00:43:10.05	+00:09:43 (22.5%)	8:38	6.9 (76.7%)
48	KIERZYNKOWSKA Magdalena	261		K40-49	19	Tak	00:43:23.95	+00:09:57 (22.9%)	8:40	6.9 (76.7%)
49	SAJEWICZ Ariadna	308		K16-29	3		00:43:38.25	+00:10:11 (23.4%)	8:43	6.9 (76.7%)
50	PIĄTEK Władysława	296		K60+	10		00:43:46.20	+00:10:19 (23.6%)	8:45	6.9 (76.7%)
51	CIELUCH Bogusława	224		K50-59	11		00:43:49.65	+00:10:22 (23.7%)	8:45	6.8 (75.6%)
52	JUDKIEWICZ Halina	258		K50-59	12	Tak	00:43:52.35	+00:10:25 (23.8%)	8:46	6.8 (75.6%)
53	PACEK Małgorzata	293	KOMPAS TEAM	K40-49	20		00:44:09.90	+00:10:43 (24.3%)	8:49	6.8 (75.6%)
54	MIKLAS Aleksandra	284		K30-39	9		00:44:10.10	+00:10:43 (24.3%)	8:50	6.8 (75.6%)
55	SOŁTYS Iwona -Franka	312		K50-59	13		00:44:14.45	+00:10:47 (24.4%)	8:50	6.8 (75.6%)
56	DAMAS Edyta	233	ENDORFINA	K40-49	21		00:44:34.55	+00:11:07 (25.0%)	8:54	6.7 (74.4%)
57	MIKOŁAJCZYK Marlena	285	ENDORFINA	K40-49	22		00:44:35.20	+00:11:08 (25.0%)	8:55	6.7 (74.4%)
58	WOLSKA-RAJCHEL Maria	332		K30-39	10		00:44:35.35	+00:11:08 (25.0%)	8:55	6.7 (74.4%)
59	KRAJEWSKA Beata	346	BIEGACZE ŚWINOUJŚCIE	K40-49	23		00:44:37.20	+00:11:10 (25.0%)	8:55	6.7 (74.4%)
60	KUBISIAK Marta	265		K30-39	11	Tak	00:44:40.95	+00:11:14 (25.1%)	8:56	6.7 (74.4%)
61	CZAJKOWSKA Irena	229	AGATEAMMTB	K60+	11		00:44:46.05	+00:11:19 (25.3%)	8:57	6.7 (74.4%)
62	DROZDEK Joanna	236	KOMPAS TEAM	K40-49	24		00:44:55.35	+00:11:28 (25.5%)	8:59	6.7 (74.4%)
63	KOŁYSZKO Iwona	263		K50-59	14		00:45:03.95	+00:11:37 (25.8%)	9:00	6.7 (74.4%)
64	ZUŻEWICZ Małgorzata	340		K40-49	25	Tak	00:45:15.35	+00:11:48 (26.1%)	9:03	6.6 (73.3%)
65	ZELEK Grażyna	338		K60+	12	Tak	00:45:17.70	+00:11:51 (26.2%)	9:03	6.6 (73.3%)
66	GRYTA Janina	248	BIEGACZE ŚWINOUJŚCIE	K50-59	15		00:45:21.45	+00:11:54 (26.3%)	9:04	6.6 (73.3%)
67	PIETAŚ Sława	299	SZALONE WILCZYCE	K60+	13		00:45:54.45	+00:12:27 (27.1%)	9:10	6.5 (72.2%)
68	FIREK Monika	240		K30-39	12	Tak	00:46:09.35	+00:12:42 (27.5%)	9:13	6.5 (72.2%)
69	JAMROŻEK Julita	252		K30-39	13	Tak	00:46:21.75	+00:12:55 (27.9%)	9:16	6.5 (72.2%)
70	JANECKA Renata	254	WOLIN	K50-59	16	Tak	00:46:22.60	+00:12:55 (27.9%)	9:16	6.5 (72.2%)
71	SZAŁAŃSKA Ilona	322		K30-39	14		00:46:24.00	+00:12:57 (27.9%)	9:16	6.5 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	ROLIŃSKA Olga	302		K16-29	4	Tak	00:46:36.00	+00:13:09 (28.2%)	9:19	6.4 (71.1%)
73	ZYGMUNT Maja	341		K16-29	5		00:46:49.30	+00:13:22 (28.6%)	9:21	6.4 (71.1%)
74	MATLAKIEWICZ-KUŁAK Marta	278		K40-49	26		00:46:53.05	+00:13:26 (28.7%)	9:22	6.4 (71.1%)
75	CIEŚLAK Helena	228	LEGANDARY POWER SZEWC	K50-59	17		00:46:53.65	+00:13:26 (28.7%)	9:22	6.4 (71.1%)
76	DUBAJ Anna	343	SZALONE WILCZYCE	K30-39	15		00:46:56.05	+00:13:29 (28.7%)	9:23	6.4 (71.1%)
77	AUGUSTAJTYS Magdalena	213		K40-49	27	Tak	00:46:57.15	+00:13:30 (28.8%)	9:23	6.4 (71.1%)
78	TARWID Bożena	326	KIJKI NA SZLAKACH	K50-59	18		00:47:37.40	+00:14:10 (29.8%)	9:31	6.3 (70.0%)
79	GEBKA-ZYLA Magdalena	242	MAGDALENA GĘBKA-ZYŁA	K40-49	28		00:48:03.55	+00:14:36 (30.4%)	9:36	6.2 (68.9%)
80	WIŚNIEWSKA Elżbieta	329		K50-59	19		00:48:03.80	+00:14:37 (30.4%)	9:36	6.2 (68.9%)
81	JANOWSKA-PASZKOWSKA Joanna	255	MUFFINKOWE MORSY	K30-39	16		00:48:09.40	+00:14:42 (30.5%)	9:37	6.2 (68.9%)
82	BOJANOWSKA-GUZ Izabela	344		K40-49	29		00:49:14.05	+00:15:47 (32.1%)	9:50	6.1 (67.8%)
83	RYBAK Czesława	305	STARGARD JA SIĘ NIE SCIGAM	K60+	14		00:49:57.35	+00:16:30 (33.1%)	9:59	6 (66.7%)
84	NIKIEL Irena	291	STARGARD JA SIĘ NIE ŚCIGAM	K60+	15		00:49:57.80	+00:16:31 (33.1%)	9:59	6 (66.7%)
85	CIESIELSKA Agnieszka	226		K40-49	30		00:51:16.70	+00:17:50 (34.8%)	10:15	5.9 (65.6%)
86	AGATOWSKA Joanna	211	ŚWINOUJŚCIE	K40-49	31		00:51:17.75	+00:17:51 (34.8%)	10:15	5.8 (64.4%)
87	SAJEWICZ Magdalena	307		K30-39	17		00:52:34.80	+00:19:08 (36.4%)	10:30	5.7 (63.3%)
88	ZALEWSKA Joanna	337	FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI	K50-59	20		00:52:39.20	+00:19:12 (36.5%)	10:31	5.7 (63.3%)
89	WOJTOWICZ Sylwia	330	WOLIN	K40-49	32	Tak	00:52:40.80	+00:19:14 (36.5%)	10:32	5.7 (63.3%)
90	TARNOWSKA Maria	324	WOLIN	K60+	16	Tak	00:52:41.70	+00:19:15 (36.5%)	10:32	5.7 (63.3%)
91	STRAMA Daria	319	WOLIN	K16-29	6	Tak	00:52:42.50	+00:19:15 (36.5%)	10:32	5.7 (63.3%)
92	MIERZICKA Dorota	282		K60+	17	Tak	00:52:42.55	+00:19:15 (36.5%)	10:32	5.7 (63.3%)
93	LEDZION Dagmara	269		K40-49	33		00:52:43.40	+00:19:16 (36.6%)	10:32	5.7 (63.3%)
94	STEFANIAK Ela	316	ATOMÓWKI	K50-59	21		00:53:26.30	+00:19:59 (37.4%)	10:41	5.6 (62.2%)
95	CHARÓW Katarzyna	222	ATOMÓWKI	K30-39	18	Tak	00:53:26.45	+00:19:59 (37.4%)	10:41	5.6 (62.2%)
96	SAJEWICZ Bożena	306		K60+	18		00:55:01.50	+00:21:34 (39.2%)	11:00	5.5 (61.1%)
97	BIAŁOSKÓRSKA Zuzanna	218		K30-39	19		00:55:30.70	+00:22:04 (39.8%)	11:06	5.4 (60.0%)
98	ŁUKASZEWICZ Maria	274		K50-59	22	Tak	00:55:30.80	+00:22:04 (39.8%)	11:06	5.4 (60.0%)
	SZAJA Beata	321	ATOMÓWKI	K50-59			DNF		-	- (0.0%)

Znalaziono 99 wynik(ów)