



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	LASKA Jadwiga	2032		K-50	1	00:00:05	00:21:14	00:52:15	01:20:36.55	01:20:42.40		8:03	7.4 (100%)
2	FELKEL Aldona	2009	#HUTATEAM	K-50	2	00:00:07	00:21:47	00:54:16	01:24:26.65	01:24:33.75	+00:03:50 (4.5%)	8:26	7.1 (95.9%)
3	SZROBARCZYK Małgorzata	2084		K-50	3	00:00:02	00:21:22	00:54:22	01:24:29.05	01:24:31.90	+00:03:52 (4.6%)	8:26	7.1 (95.9%)
4	KOWALCZYK Grażyna	2107		K-50	4	00:00:01	00:20:51	00:53:32	01:24:48.80	01:24:50.65	+00:04:12 (5.0%)	8:28	7.1 (95.9%)
5	WINKIEWICZ Jolanta	2092		K-50	5	00:00:08	00:22:11	00:55:32	01:26:46.00	01:26:54.65	+00:06:09 (7.1%)	8:40	6.9 (93.2%)
6	TRAUTMANN Bogusia	2087		K-50	6	00:00:04	00:21:44	00:55:33	01:27:17.45	01:27:21.80	+00:06:40 (7.7%)	8:43	6.9 (93.2%)
7	JANUSZEWSKA-ZENOWICZ Anna	2019		K-50	7	00:00:12	00:23:21	00:57:21	01:28:14.60	01:28:26.65	+00:07:38 (8.7%)	8:49	6.8 (91.9%)
8	MACYSZYN Beata	2038	GLIWICE	K-50	8	00:00:11	00:22:56	00:57:31	01:29:18.35	01:29:30.00	+00:08:41 (9.7%)	8:55	6.7 (90.5%)
9	JURETKO Aneta	2021		K-50	9	00:00:09	00:23:22		01:29:53.50	01:30:02.85	+00:09:16 (10.3%)	8:59	6.7 (90.5%)
10	OCHUDLO Gabriela	2053	#HUTATEAM	K-50	10	00:00:08	00:23:26	00:58:44	01:31:38.95	01:31:47.65	+00:11:02 (12.0%)	9:09	6.5 (87.8%)
11	KOMANDER Joanna	2025	JOMAR RUNNERS	K-50	11	00:00:06	00:22:49	00:58:39	01:31:41.15	01:31:47.90	+00:11:04 (12.1%)	9:10	6.5 (87.8%)
12	GRZELAK Małgorzata	2106		K-50	12	00:00:11	00:23:19	00:59:08	01:32:37.35	01:32:48.40	+00:12:00 (13.0%)	9:15	6.5 (87.8%)
13	SKLARZYK Barbara	2076	#HUTATEAM	K-50	13	00:00:08	00:24:13	01:02:54	01:36:58.70	01:37:06.75	+00:16:22 (16.9%)	9:41	6.2 (83.8%)
14	DOMARADZKA Mirella	2130		K-50	14	00:00:16	00:25:29	01:05:31	01:43:01.75	01:43:18.40	+00:22:25 (21.8%)	10:18	5.8 (78.4%)
15	MĘTEL Irena	2049	#HUTATEAM	K-50	15	00:00:07	00:25:40	01:05:39	01:43:11.60	01:43:19.05	+00:22:35 (21.9%)	10:19	5.8 (78.4%)
16	LISZEWSKA-KRZYWY Maria	2035	REHAFIT PILATES STUDIO	K-50	16	00:00:11	00:26:23	01:07:30	01:44:27.35	01:44:38.65	+00:23:50 (22.8%)	10:26	5.7 (77.0%)

Znaleziono 16 wynik(ów)