



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ROMANOWSKI Daniel	2067	KATOWICKI NORDIC WALKING	M-20	1	00:00:01	00:15:32	00:40:25	01:03:46.30	01:03:48.15		6:22	9.4 (100%)
2	MAŁKA Marian	2040		M-60	1	00:00:02	00:16:47	00:42:37	01:06:34.40	01:06:37.15	+00:02:48 (4.2%)	6:39	9 (95.7%)
3	SADOWSKI Tomasz	2108	HARPAGAN SOSNOWIEC	M-40	1	00:00:02	00:16:58	00:43:29	01:08:29.30	01:08:31.45	+00:04:43 (6.9%)	6:50	8.8 (93.6%)
4	GRABOWSKI Krzysztof	2014		M-40	2	00:00:02	00:17:29	00:44:18	01:08:50.40	01:08:52.95	+00:05:04 (7.4%)	6:53	8.7 (92.6%)
5	RÓŻEWICZ Dariusz	2068	PANCE	M-50	1	00:00:03	00:18:09	00:46:36	01:12:38.65	01:12:42.10	+00:08:52 (12.2%)	7:15	8.3 (88.3%)
6	MARCHEWKA Andrzej	2043		M-60	2	00:00:04	00:18:12	00:46:33	01:12:50.80	01:12:55.10	+00:09:04 (12.5%)	7:17	8.2 (87.2%)
7	RZEPKA Tomasz	2073	-	M-50	2	00:00:04	00:19:07	00:48:22	01:15:39.20	01:15:44.00	+00:11:52 (15.7%)	7:33	7.9 (84.0%)
8	TYCZEWSKI Jacek	2089		M-40	3	00:00:08	00:19:14	00:48:32	01:16:12.20	01:16:20.85	+00:12:25 (16.3%)	7:37	7.9 (84.0%)
9	KOCEL Grzegorz	2023	NORDIC WALKING LYSKI	M-40	4	00:00:04	00:19:11	00:49:12	01:17:17.40	01:17:22.00	+00:13:31 (17.5%)	7:43	7.8 (83.0%)
10	GIERADA Mateusz	2011		M-30	1	00:00:05	00:20:04	00:49:54	01:17:49.40	01:17:54.60	+00:14:03 (18.1%)	7:46	7.7 (81.9%)
11	OWCZAREK Marcin	2056		M-50	3	00:00:21	00:20:00	00:50:08	01:17:52.05	01:18:13.60	+00:14:05 (18.1%)	7:47	7.7 (81.9%)
12	JANCEWICZ Adam	2018	BSM IT CROWD	M-50	4	00:00:04	00:20:13	00:50:16	01:18:03.65	01:18:08.55	+00:14:17 (18.3%)	7:48	7.7 (81.9%)
13	STAROSTKA Andrzej	2104	PKO BANK POLSKI BIEGAJMY RAZEM	M-60	3	00:00:03	00:19:43		01:18:24.85	01:18:28.55	+00:14:38 (18.7%)	7:50	7.7 (81.9%)
14	TRAUTMANN Piotr	2088		M-50	5	00:00:04	00:20:06		01:20:40.95	01:20:45.55	+00:16:54 (21.0%)	8:04	7.4 (78.7%)
15	GAMRACY Leszek	2010	PZLAM	M-60	4	00:00:16	00:20:14	00:50:58	01:20:59.35	01:21:15.70	+00:17:13 (21.3%)	8:05	7.4 (78.7%)
16	MUSZYŃSKI Dariusz	2101	ELZAB ACTIVE TEAM	M-50	6	00:00:18	00:21:52	00:53:36	01:22:35.95	01:22:54.60	+00:18:49 (22.8%)	8:15	7.3 (77.7%)
17	JAWORSKI Andrzej	2020		M-50	7	00:00:04	00:21:12	00:53:17	01:23:06.20	01:23:11.15	+00:19:19 (23.3%)	8:18	7.2 (76.6%)
18	GRABIŃSKI Lech	2013	BŁYSKAWICA SARNÓW	M-60	5	00:00:20	00:21:40	00:54:06	01:24:06.50	01:24:27.30	+00:20:20 (24.2%)	8:24	7.1 (75.5%)
19	LUDYGA Krystian	2037		M-40	5	00:00:16	00:23:11	00:56:29	01:26:05.50	01:26:22.45	+00:22:19 (25.9%)	8:36	7 (74.5%)
20	NAWROT Tomasz	2102		M-30	2	00:00:03	00:22:00	00:56:22	01:27:48.75	01:27:52.30	+00:24:02 (27.4%)	8:46	6.8 (72.3%)
21	SIEJKO Janusz	2075		M-60	6	00:00:16	00:23:24	00:57:16	01:28:14.50	01:28:30.70	+00:24:28 (27.7%)	8:49	6.8 (72.3%)
22	SKOCZYŃSKA Roman	2077	STADION ŚLĄSKI	M-60	7	00:00:06	00:21:49	00:56:43	01:29:00.25	01:29:06.50	+00:25:13 (28.3%)	8:54	6.7 (71.3%)
23	PAWLIK Andrzej	2061		M-60	8	00:00:09	00:23:03	00:57:35	01:29:58.70	01:30:08.50	+00:26:12 (29.1%)	8:59	6.7 (71.3%)
24	GRONDYS Michał	2015		M-40	6	00:00:11	00:23:24	00:58:45	01:30:32.45	01:30:43.95	+00:26:46 (29.6%)	9:03	6.6 (70.2%)
25	MARONDEL Jan	2045		M-60	9	00:00:07	00:23:04	00:58:25	01:31:57.35	01:32:05.20	+00:28:11 (30.6%)	9:11	6.5 (69.1%)
26	KURPIOS Piotr	2031		M-30	3	00:00:15	00:24:48	01:01:48	01:34:20.55	01:34:36.15	+00:30:34 (32.4%)	9:26	6.4 (68.1%)
27	DZIEDZIC Paweł	2008		M-40	7	00:00:12	00:26:24	01:05:45	01:41:28.55	01:41:41.50	+00:37:42 (37.2%)	10:08	5.9 (62.8%)

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28	OLENIACZ Jakub	2105		M-30	4	00:00:19	00:44:37		02:13:58.30	02:14:18.05	+01:10:12 (52.4%)	13:23	4.5 (47.9%)

Znaleziono 28 wynik(ów)