



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## NORDIC WALKING ŁĄDUJE NA OSOWEJ - 10 KM

[Łąduj na Osowej](#)  
Klub Sportowy Olimpia Osowa  
2018-09-30  
Gdańsk  
10 km

B4SPORT



Klasyfikacja: M60+

| Msc | Zawodnik                    | Numer      | Klub                    | Kategoria | Mkat | Czer. kartki | Start_All<br>2.5km | Start_All<br>5km | Start_All<br>7.5km | Czas<br>netto<br>10km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------|------------|-------------------------|-----------|------|--------------|--------------------|------------------|--------------------|-----------------------|-------------------|-----------------|---------------|
| 1   | <b>WOROCH Roman</b>         | <b>238</b> | KSMETRACOPOLKOWICE      | M60+      | 1    |              | 00:16:45           | 00:33:39         | 00:50:37           | <b>01:07:12.35</b>    |                   | 6:43            | 8.9 (100%)    |
| 2   | <b>KONKOL Andrzej</b>       | <b>215</b> | KREATIVSPORT            | M60+      | 2    |              | 00:18:48           | 00:38:06         | 00:57:37           | <b>01:17:26.55</b>    | +00:10:14 (13.2%) | 7:44            | 7.7 (86.5%)   |
| 3   | <b>PIOTROWSKI Krzysztof</b> | <b>239</b> | NEW FACE NORDIC WALKING | M60+      | 3    |              | 00:19:46           | 00:39:39         | 00:59:50           | <b>01:20:20.45</b>    | +00:13:08 (16.3%) | 8:02            | 7.5 (84.3%)   |
| 4   | <b>KALSKI Eugeniusz</b>     | <b>188</b> |                         | M60+      | 4    |              | 00:20:31           | 00:42:01         | 01:04:12           | <b>01:26:41.10</b>    | +00:19:28 (22.5%) | 8:40            | 6.9 (77.5%)   |
| 5   | <b>KOPCZYŃSKI Mariusz</b>   | <b>217</b> | NIEZRZESZONY            | M60+      | 5    |              | 00:21:15           | 00:43:24         | 01:05:32           | <b>01:28:14.95</b>    | +00:21:02 (23.8%) | 8:49            | 6.8 (76.4%)   |
| 6   | <b>FAHRENHOLZ Rafał</b>     | <b>203</b> | NIEZRZESZONY            | M60+      | 6    |              | 00:21:24           | 00:43:57         | 01:07:14           | <b>01:31:07.75</b>    | +00:23:55 (26.3%) | 9:06            | 6.6 (74.2%)   |
| 7   | <b>TELEZYŃSKI Andzej</b>    | <b>200</b> |                         | M60+      | 7    |              | 00:27:19           | 00:55:49         | 01:24:24           | <b>01:54:22.10</b>    | +00:47:09 (41.2%) | 11:26           | 5.2 (58.4%)   |

Znaleziono 7 wynik(ów)