



OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Wydarzenie: Ocean Lava Triathlon Polska 2019
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2019-08-17
Miejsce: Bydgoszcz
Dystans: 226 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 8,0 km

						Pływanie					Rower	Bieg
Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz			
1	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	00:59:28	2	00:02:36		
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20		
3	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25		
4	MROCZKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15		
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17		
6	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:14:38	00:44:28	00:59:32	3	00:04:30		
7	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	00:59:58	6	00:04:03		
8	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42		
9	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55		
10	JARON Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	01:01:20	8	00:04:31		
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37		
12	PLUCINSK Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10		
13	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12		
14	BOROWIAK Rafał	18	JOKS TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57		
15	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21		
16	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53		
17	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	01:06:14	24	00:03:16		
18	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	01:06:04	20	00:03:42		
19	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34		
	LODEWIJS Mark	232		M50-54		00:15:40	00:47:56	01:04:09	14	00:05:40		
21	KLUŻNIAK Wojciech	83		M35-39		00:15:46	00:48:54	01:06:05	21	00:04:22		
22	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44		00:15:45	00:48:40	01:06:05	22	00:04:20		
23	MØLLER Gert	141		M55-59		00:16:18	00:49:41	01:07:02	26	00:03:58		
24	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46		
25	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54		
26	SUPERSON Wojtek	197		M45-49		00:16:12	00:50:00	01:07:44	32	00:03:29		

					Pływanie				Rower	Bieg
27	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44	00:16:21	00:49:30	01:07:10	28	00:06:02	
28	NOSOWSKI Jacek	148		M45-49	00:16:00	00:49:47	01:07:07	27	00:06:03	
29	BIELIŃSKI Piotr	16	KUŹNIA TRIATHLONU	M25-29	00:16:08	00:50:36	01:09:18	35	00:04:49	
30	ŚCIGAŁA Waldemar	206	JELEŃIA PLAST SPORT TEAM	M45-49	00:15:47	00:49:53	01:07:39	31	00:05:49	
31	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39	00:16:47	00:52:06	01:09:58	37	00:04:56	
32	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49	00:17:03	00:52:00	01:10:01	38	00:04:22	
33	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39	00:16:58	00:52:46	01:11:20	42	00:03:46	
34	BARANOWSKI Roman	8	FOREVER TEAM	M45-49	00:15:06	00:47:35	01:05:06	17	00:09:44	
35	MAZUREK Michał	132	EUROSOFT	M40-44	00:17:22	00:54:21	01:13:32	53	00:02:34	
36	FARAN Grzegorz	46	GTSULMIN	M45-49	00:16:39	00:52:03	01:10:19	40	00:04:15	
37	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44	00:16:57	00:52:04	01:10:17	39	00:05:11	
38	DĘBICKI Artur	38		M50-54	00:15:44	00:50:02	01:07:37	30	00:06:59	
39	ROSIŃSKI Jarosław	177		M40-44	00:16:58	00:53:25	01:12:16	44	00:04:27	
40	DASZEWSKI Filip	36		M18-24	00:17:02	00:53:45	01:12:27	47	00:04:06	
41	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44	00:17:12	00:53:31	01:12:11	43	00:05:16	
42	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34	00:16:59	00:54:32	01:14:27	57	00:03:39	
43	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29	00:17:25	00:54:33	01:13:55	55	00:04:30	
44	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49	00:17:20	00:54:24	01:13:30	52	00:04:31	
45	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	01:12:47	49	00:05:46	
46	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44	00:18:22	00:57:08	01:16:19	66	00:03:09	
47	CIMACHOWSKI Jakub	31	CIMATECH	M35-39	00:16:53	00:51:45	01:09:45	36	00:08:33	
48	MATERNA Roman	128	SPAR POLSKA	M50-54	00:17:54	00:55:01	01:14:17	56	00:04:59	
	PŁÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	01:15:19	61	00:04:04	
50	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49	00:18:02	00:55:02	01:13:50	54	00:05:47	
51	MARTYNOWSKI Łukasz	127		M35-39	00:17:06	00:56:07	01:16:31	68	00:03:59	
52	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	CIBOR IRON TEAM	00:16:57	00:53:57	01:12:23	46	00:07:59
53	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	01:18:20	81	00:02:27
	OIKONOMOU Alexandros	150	TRIAS	M45-49		00:17:04	00:53:51	01:13:01	51	00:06:02
55	DUDEK Adam	42		M18-24		00:14:57	00:46:51	01:03:19	11	00:15:10
56	RUSIN Jakub	180		M30-34		00:18:07	00:56:36	01:15:46	63	00:04:21
57	KUCIŃSKI Artur	102		M40-44		00:16:52	00:53:19	01:12:16	45	00:08:11
58	KLOCKIEWICZ Zbyszko	82	PŁONĄCE RACICE	M25-29		00:18:19	00:55:56	01:15:28	62	00:04:47
59	MOZLER Jerzy	143		M45-49		00:16:01	00:50:34	01:08:11	33	00:10:50
60	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39		00:18:08	00:58:05	01:19:31	90	00:02:51
61	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44		00:18:34	00:55:42	01:15:12	60	00:06:37
62	ŁUCYSZYN Robert	124		M40-44		00:16:46	00:53:06	01:12:38	48	00:08:49
63	KARALIUK Andrei	77		M35-39		00:18:05	00:57:19	01:17:29	73	00:04:29
64	KALIN Władysław	72	TAEKWON-DO GROMOWSKI	M35-39		00:16:50	00:55:11	01:15:10	59	00:06:47
65	JANKOWSKI Tomasz	60	TRISPACE	M45-49	TriSpace	00:17:32	00:55:53	01:16:13	65	00:06:04
66	CICHOSZ Arkadiusz	30		M45-49		00:18:25	00:57:54	01:18:05	79	00:04:24
67	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08
68	MAZANKA Jakub	129		M40-44		00:18:16	00:56:40	01:16:04	64	00:04:56
69	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	01:21:23	108	00:02:14

					Pływanie				Rower	Bieg
70	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	00:18:20	00:57:36	01:18:11	80	00:05:05	
71	KRÓLCZYŃSKI Maciej	98		M35-39	00:18:47	00:58:02	01:18:24	83	00:03:51	
72	ĆWIK Dariusz	35	HUSSE TEAM	M45-49	00:18:44	00:57:27	01:17:33	74	00:05:17	
73	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	00:18:44	00:57:45	01:18:21	82	00:04:53	
74	KUPISZ Dominik	105	HERNIK TEAM	M40-44	00:18:55	00:57:25	01:17:53	78	00:04:37	
75	KACZOR Piotr	70	TRIMANITA RATUSZ MASZEWO	M40-44	00:17:28	00:55:01	01:14:56	58	00:06:16	
76	CHYLARECKI Robert	25	GVT	M50-54	00:18:12	00:57:00	01:17:13	71	00:06:23	
77	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	01:16:41	69	00:07:23	
78	AUGUSTYNIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	01:19:40	91	00:04:28	
79	LASSOTA Artur	112	1969	M50-54	00:19:04	00:59:52	01:20:36	97	00:04:22	
80	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34	00:18:25	00:59:07	01:20:41	98	00:03:49	
81	OLENDER Paweł	151	CAR4PARTS MRĄGOWO	M40-44	00:19:28	01:00:06	01:20:44	100	00:03:39	
82	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	01:20:11	93	00:05:31	
83	MRÓZ Michał	145	DAREDEVILS TRIATHLON TEAM	M35-39	00:17:41	00:56:41	01:17:11	70	00:07:02	
84	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54	00:18:50	00:59:12	01:20:14	94	00:05:06	
85	KUŹMA Adam	107	FAR KUBA TEAM	M30-34	00:18:26	00:59:01	01:20:43	99	00:05:08	
86	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	01:20:47	101	00:05:14	
87	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34	00:19:17	00:59:49	01:19:30	89	00:05:42	
88	KITKOWSKI Piotr	81		M40-44	00:20:04	01:00:51	01:21:16	106	00:03:43	
89	ŚLIWIŃSKI Jakub	207	JOLKA JOLKA TEAM	M25-29	00:19:05	01:00:35	01:21:34	109	00:04:07	
90	GOŁDYN Marek	54	TKKF KOSZALIN	M35-39	00:18:21	00:56:45	01:16:29	67	00:09:01	
91	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	01:19:14	87	00:06:49	
92	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49	00:18:48	00:58:35	01:19:08	86	00:05:01	
93	JĘDRZEJCZYK Piotr	68		M45-49	00:19:28	00:59:46	01:21:18	107	00:05:41	
94	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	01:20:03	92	00:06:57	
95	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49	00:19:48	01:00:12	01:20:54	103	00:05:52	
96	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	01:23:09	117	00:04:15	
97	EDWARD Kalicki	43		M50-54	00:18:40	00:57:17	01:17:35	75	00:09:08	
98	JARECKI Paweł	61		M40-44	00:18:48	00:57:22	01:17:38	76	00:09:20	
99	MOJSIEWICZ Sławomir	139		M40-44	00:19:16	01:01:11	01:23:05	115	00:04:31	
100	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	01:20:34	95	00:07:14	
101	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	01:23:24	118	00:04:44	
102	PIECHACZYK Sławomir	160		M35-39	00:18:49	00:59:31	01:20:51	102	00:06:53	
103	WŁODARCZYK Mariusz	229		M35-39	00:18:59	00:58:35	01:19:07	85	00:08:33	
104	LASSAK Bartosz	111	CHŁOPAKI TO MY	M40-44	00:19:12	01:00:43	01:21:52	111	00:05:23	
105	KAMIŃSKI Marek	75		M30-34	00:19:18	01:00:51	01:23:57	122	00:04:28	
106	OMELIANENKO Yaroslav Omelianenko	154		M25-29	00:18:33	01:00:44	01:23:09	116	00:05:39	
107	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39	00:19:30	01:00:10	01:21:15	105	00:07:05	
108	PRUSACZYK Marcin	169		M45-49	00:19:32	01:00:08	01:20:57	104	00:07:29	
109	KALISZEWSKI Daniel	73		M40-44	00:20:24	01:02:31	01:24:40	130	00:04:24	
	DOODY Patrick	40		M50-54	00:18:34	00:59:38	01:22:19	112	00:05:48	
111	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39	00:20:14	01:02:15	01:24:16	126	00:05:51	
112	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	01:23:56	121	00:05:23	
113	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34	00:18:37	00:57:03	01:17:25	72	00:11:50	

					Pływanie					 Rower	 Bieg	
114	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44	00:20:06	01:02:22	01:24:31	129	00:05:32			
115	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34	00:19:55	01:02:08	01:22:51	113	00:06:26			
116	MIŚ Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	01:26:47	144	00:04:04			
117	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30		
118	WILK Łukasz	217		M40-44		00:18:53	00:58:42	01:19:22	88	00:09:49		
119	PRUSIK Bartosz	170	COZMOBIKE	M25-29		00:20:02	01:02:59	01:25:29	136	00:05:49		
120	KRYSIAK Robert	100		M50-54		00:20:11	01:02:27	01:23:58	123	00:06:36		
121	POREBSKI Paweł	168	SPRINT GORZYCE	M40-44		00:20:15	01:02:58	01:24:46	132	00:06:09		
122	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44		00:20:10	01:02:17	01:23:39	119	00:06:29		
123	KORSAKOV Kostiantyn	90	-	M45-49		00:19:00	00:59:20	01:21:38	110	00:09:12		
124	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44		00:18:41	01:00:58	01:22:59	114	00:08:30		
125	WOJCIECHOWSKI Adam	220		M50-54		00:20:01	01:03:35	01:26:40	142	00:04:58		
126	RYGIEL Robert	182		M55-59		00:20:22	01:02:30	01:24:11	125	00:07:16		
127	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	01:23:43	120	00:08:03		
128	JABŁOŃSKI Marcin	227	KRYSPORT TEAM	M45-49		00:20:26	01:03:40	01:24:43	131	00:07:30		
129	WŁODARCZAK Witold	218	TRISPACE	M55-59	TriSpace	00:21:15	01:05:37	01:28:33	153	00:03:42		
130	KOZAKOVSKY Dmitry	96	TRI.BY	M45-49		00:20:37	01:04:46	01:27:30	148	00:04:44		
131	KOZŁOWSKI Tomasz	97	MII	M35-39		00:20:57	01:02:47	01:24:09	124	00:07:31		
132	TYMIŃSKI Dariusz	210	PTT DELTA	M50-54		00:19:51	01:03:43	01:26:50	145	00:05:33		
133	JAGIEŁŁO Albert	59		M25-29		00:19:19	01:04:23	01:28:03	150	00:05:21		
134	PIASEK Piotr	159	TRIUNLIMITED	M50-54		00:20:24	01:03:21	01:26:41	143	00:06:40		
	DROHOJOWSKI Rafał	41		M45-49		00:19:36	01:02:48	01:26:22	140	00:07:06		
136	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44		00:20:01	01:02:21	01:24:17	127	00:09:17		
	JAWORSKI Artur	65		M30-34		00:20:18	01:02:28	01:24:26	128	00:10:08		
138	OLĘDZKI Janusz	152	WUM	M60-64		00:21:42	01:05:56	01:28:13	151	00:06:06		
139	STANKOWSKI Dawid	193	PŁONĄCE RACICE	M25-29		00:20:02	01:03:30	01:25:44	137	00:07:23		
140	VASILI Anton	212		M30-34		00:19:57	01:03:52	01:27:32	149	00:07:08		
141	CHOJNOWSKI Andrzej	24		M50-54		00:21:04	01:06:39	01:30:41	163	00:04:45		
142	PRZYBYLSKI Maciej	172		M40-44		00:22:26	01:07:56	01:30:48	164	00:05:46		
143	BUTRYM Piotr	21	FORREST	M35-39		00:21:55	01:06:22	01:29:23	158	00:06:34		
	MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39		00:21:16	01:07:16	01:30:50	165	00:05:03		
145	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29		00:19:26	01:02:57	01:25:47	138	00:10:54		
146	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29		00:19:47	01:03:19	01:26:33	141	00:09:52		
147	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34		00:20:42	01:05:28	01:28:37	154	00:07:59		
148	LUCHOWSKI Rafał	121	12TRI.PL / SPARTANIE DZIECIOM	M50-54		00:20:38	01:03:32	01:26:53	146	00:10:36		
149	NIEMCZYK Kazimierz	147		M55-59		00:20:51	01:05:11	01:28:45	156	00:09:18		
150	GŁADYSZ Grzegorz	52		M30-34		00:21:19	01:06:32	01:32:23	176	00:05:18		
151	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54		00:21:21	01:07:15	01:33:39	179	00:04:31		
152	SZYNDLAREWICZ Paweł	205		M35-39		00:22:15	01:07:53	01:31:38	169	00:05:52		
	KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29		00:20:41	01:07:01	01:32:07	171	00:05:11		
154	BIAŁOBLÓCKI Tomasz	15		M50-54		00:21:03	01:06:04	01:30:38	162	00:07:39		
155	JASIŃSKI Bogusław	63		M65-69		00:20:35	01:04:38	01:28:33	152	00:10:04		
156	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	01:32:39	177	00:07:08		
Przekroczony limit czasu: 15:00:00												
157	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29		00:20:35	01:03:39	01:27:05	147	00:08:28		

					Pływanie				Rower	Bieg
158	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34	00:20:46	01:05:22	01:30:15	160	00:08:57	
159	BARTECKI Aleksander	10	HRMAX ŻORY	M45-49	00:22:25	01:11:00	01:36:20	189	00:03:02	
160	BEDYK Ireneusz	13	PTT DELTA	M60-64	00:23:13	01:09:13	01:34:16	181	00:05:45	
161	BETLEJ Hubert	14	ESKADRA KRAKÓW	M35-39	00:23:07	01:11:06	01:36:38	190	00:04:10	
162	SZWEDA Tomasz	203	MEBŁOŁĘYSK CZERNICE	M35-39	00:22:38	01:10:37	01:35:41	183	00:05:13	
163	ADAMOWICZ Andrzej	1		M50-54	00:21:05	01:07:42	01:33:43	180	00:07:04	
164	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39	00:21:24	01:09:22	01:34:39	182	00:05:47	
165	JENDERNALIK Łukasz	67		M35-39	00:21:20	01:07:04	01:31:18	168	00:08:56	
166	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M50-54	00:22:34	01:11:03	01:35:56	186	00:04:59	
167	DĄBROWSKI Jarek	37	ŁOMIAKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	01:30:31	161	00:10:26	
168	WOŁOWSKI Lech	222		M40-44	00:21:44	01:08:04	01:32:17	174	00:07:56	
169	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	01:36:15	187	00:05:21	
170	REPKA Marek	174	LUPUS TEAM	M45-49	00:23:04	01:12:43	01:38:12	196	00:04:35	
171	RYKOWSKI Andrzej	183		M25-29	00:23:10	01:10:32	01:35:49	184	00:06:03	
172	NOWARA Andrzej	149		M50-54	00:21:25	01:07:28	01:32:20	175	00:10:36	
173	KOLMAJER Rafał	86	ROWERTOUR	M35-39	00:22:36	01:11:02	01:35:51	185	00:07:23	
174	ŁĄCZKA Tomasz	123		M40-44	00:20:36	01:06:19	01:32:11	173	00:11:54	
175	WSZEBOROWSKI Dariusz	225	SBR EŁK	M50-54	00:21:44	01:07:43	01:31:03	167	00:11:17	
176	KONIECZNY Karol	89		M35-39	00:21:45	01:11:22	01:37:12	192	00:07:27	
177	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34	00:22:45	01:13:11	01:39:32	199	00:05:20	
	FAJOK Szymon	45		M18-24	00:21:40	01:10:57	01:36:18	188	00:07:12	
179	MACHAJ Tomasz	228		M45-49	00:21:38	01:06:15	01:28:40	155	00:14:26	
180	LEWARDOWSKI Konrad	116	KTb KUNY STRZESZYN	M45-49	00:22:06	01:07:41	01:32:09	172	00:15:48	
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	01:42:46	203	00:03:32	
182	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	01:36:55	191	00:08:26	
183	REZA Marek	175		M50-54	00:23:16	01:12:13	01:38:13	197	00:07:58	
184	BECLA Leszek	12	HETEROMASTERS	M25-29	00:22:18	01:13:41	01:39:33	200	00:06:59	
185	CHMIEL Dariusz	23	PTT DELTA	M55-59	00:22:37	01:12:29	01:38:03	193	00:08:21	
186	SEVASTSYANAU Siarhei	187	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	01:43:18	205	00:04:26	
187	KEMNITZ Marcin	78	3GRAVITY	M35-39	00:24:58	01:17:50	01:44:49	209	00:03:37	
188	LISIECKI Jacek	118		M45-49	00:23:15	01:13:38	01:39:42	201	00:08:51	
189	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M45-49	00:24:12	01:14:28	01:38:03	194	00:09:50	
190	KĘPIŃSKI Henryk	79	KB SPARTAKUS BEŁCHATÓW	M65-69	00:22:52	01:14:19	01:43:01	204	00:06:49	
191	WRZOSEK Dominik	224	ZPIT PW	M25-29	00:23:21	01:13:54	01:41:03	202	00:08:48	
	BŁASZCZYK Borys	17	AZS PP	M25-29	00:25:14	01:18:53	01:43:19	206	00:08:11	
193	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64	00:25:18	01:12:14	01:39:32	198	00:11:46	
194	KOŁODZIEJSKI Tomasz	87	GINASO	M50-54	00:24:49	01:17:58	01:44:39	207	00:07:56	
195	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49	00:21:53	01:07:53	01:32:41	178	00:21:58	
196	ANDRUSZKIEWICZ Arkadiusz	3		M40-44	00:25:23	01:17:44	01:44:41	208	00:11:43	
197	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74	00:26:09	01:21:22	01:50:29	210	00:12:25	
	WIECHNA Krzysztof	215		M40-44						