



Event:
Organiser:
Date:
Place:
Distance:

Ocean Lava Triathlon Polska 2020
Towarzystwo Sportowe TRI-SPORT
2020-08-22
Bydgoszcz
113 km

OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Mężczyźni

Split point: 112,8 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling							Race					
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	R_Lidl 89.9km		Poz	B_Announcer 6.465km	B_Announcer 7.265km	B_Announcer 13.731km	B_Announcer 14.531km	B_Announce 20.649km
1	MARCINEK Tomasz	503	IRON TEAM TOMASZ MARCINEK	M25-29	Iron Team Tomasz Marcinek	00:11:39	00:23:19	2	00:02:00	00:08:32	00:29:30	00:58:41	01:19:35	01:50:22	02:12:21	1	00:01:02	00:22:28	00:25:25	00:49:26	00:52:29	01:17:36
2	ADAM Kacper	502	OLIMPIUS/PCG/THESPORT	M25-29		00:11:39	00:23:18	1	00:02:29	00:09:02	00:30:32	01:00:45	01:22:28	01:54:10	02:16:17	3	00:01:34	00:24:52	00:28:03	00:53:42	00:57:00	01:23:19
3	ANDRZEJEWSKI Marcin	512	8 BREM KOŁOBRZEG	M35-39		00:15:21	00:30:59	28	00:02:34	00:08:45	00:29:49	00:59:55	01:21:24	01:52:31	02:14:00	2	00:01:52	00:26:34	00:30:10	00:58:04	01:01:41	01:28:55
4	ZIĘBA Adam	509	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:15:44	00:31:42	39	00:02:38	00:09:01	00:31:13	01:02:33	01:24:57	01:57:12	02:19:44	8	00:01:35	00:25:08	00:28:26	00:54:14	00:57:35	01:23:17
5	WITKOWSKI Mateusz	826	JW 1223	M25-29		00:16:58	00:34:14	89	00:02:27	00:09:28	00:31:58	01:04:35	01:27:58	02:01:39	02:25:23	24	00:01:29	00:22:34	00:25:31	00:48:58	00:52:02	01:16:29
6	JURKIEWICZ Mariusz	611	KOBYLARNIA/BIKEBOYS	M40-44		00:15:45	00:32:18	51	00:03:32	00:09:12	00:30:39	01:01:08	01:22:39	01:54:15	02:16:29	4	00:02:19	00:25:36	00:28:51	00:54:59	00:58:25	01:25:52
7	PIOSIK Emil	736		M30-34		00:16:30	00:33:08	68	00:03:24	00:09:13	00:31:29	01:02:54	01:25:35	01:58:07	02:20:29	10	00:01:40	00:25:23	00:28:42	00:54:17	00:57:35	01:22:41
8	KALINOWSKI Paweł	613	TRIZARZA	M35-39	TriZarza	00:13:28	00:27:23	5	00:02:33	00:09:28	00:32:07	01:03:35	01:26:00	01:58:07	02:21:02	11	00:01:32	00:26:39	00:30:05	00:58:01	01:01:33	01:30:02
9	WOJNAR Robert	845	PACIFIC NESTLE TORUN	M40-44		00:16:58	00:34:33	95	00:02:11	00:08:52	00:30:15	01:01:32	01:24:03	01:56:36	02:19:02	7	00:01:32	00:26:41	00:30:04	00:57:00	01:00:22	01:26:34
10	FABISZEWSKI Marcin	566	TRIWAWA	M35-39		00:13:46	00:27:50	6	00:02:34	00:09:46	00:33:00	01:06:16	01:29:13	02:01:44	02:24:09	17	00:02:16	00:26:05	00:29:28	00:57:12	01:00:40	01:27:14
11	CIEMIELEWSKI Piotr	544	TORUŃ MULTISPORT TEAM	M35-39		00:15:10	00:30:55	27	00:02:57	00:09:07	00:30:59	01:02:09	01:24:30	01:56:25	02:18:49	6	00:01:24	00:27:08	00:30:47	00:58:33	01:02:10	01:30:16
12	FABISZEWSKI Rafał	565	KAZIKI / TRIWAWA	M35-39		00:15:32	00:32:18	52	00:02:36	00:10:19	00:32:46	01:04:09	01:26:50	01:59:19	02:22:05	13	00:02:07	00:25:44	00:29:05	00:55:41	00:59:02	01:25:22
13	P..... A.....	740	T.....	M45-49	Trinergy Team	00:15:26	00:31:17	32	00:02:47	00:09:05	00:30:46	01:01:48	01:23:18	01:55:11	02:17:21	5	00:02:02	00:28:00	00:31:31	00:59:36	01:03:11	01:31:06
14	GRYCZ Kamil	586	TRIZARZA	M30-34	TriZarza	00:15:36	00:31:56	44	00:03:13	00:09:34	00:31:51	01:04:05	01:26:53	01:59:26	02:21:42	12	00:01:55	00:25:43	00:29:07	00:55:59	00:59:34	01:27:11
15	PLUTA Gniewomir	738	UKS TRS SUSZ	M35-39		00:14:13	00:28:25	8	00:02:32	00:10:00	00:33:01	01:05:47	01:28:40	02:01:50	02:24:59	21	00:01:41	00:26:52	00:30:23	00:58:18	01:02:00	01:29:02
16	MAZUR Paweł	687	NAJMIOWICZ TRIATHLON/TRS SUSZ	M30-34		00:13:56	00:28:20	7	00:02:38	00:09:54	00:32:56	01:05:47	01:28:43	02:03:33	02:28:12	36	00:02:08	00:26:11	00:29:28	00:55:58	00:59:26	01:25:51
17	GRACZYK Filip	582	UKS CITYZEN POZNAŃ/PWC	M25-29		00:16:37	00:33:24	71	00:02:48	00:16:10	00:38:16	01:09:04	01:31:17	02:03:23	02:25:57	29	00:02:07	00:24:51	00:28:06	00:53:32	00:56:52	01:23:20
18	TOPCZEWSKI Gracjan	505	TRISPACE/TREK	M40-44	TRISPACE/TREK	00:15:15	00:31:39	37	00:02:27	00:09:18	00:31:28	01:03:43	01:26:50	02:00:26	02:23:10	16	00:01:28	00:27:23	00:31:00	01:00:09	01:03:46	01:32:56
19	PORZYCH Rafał	744	RAFSON.TV	M18-24		00:15:32	00:32:25	56	00:02:40	00:09:21	00:32:14	01:05:13	01:28:44	02:02:24	02:25:40	26	00:02:04	00:27:01	00:30:33	00:59:06	01:02:45	01:30:56
20	MUCHA Robert	701	MUCHA SPORTOWA / KAZIKI	M40-44		00:17:07	00:35:19	110	00:05:00	00:09:44	00:32:30	01:04:38	01:27:40	02:01:40	02:24:59	22	00:02:40	00:26:42	00:30:06	00:57:02	01:00:37	01:28:43
21	STACHURA Mateusz	777		M30-34		00:15:05	00:31:32	36	00:02:14	00:09:50	00:33:01	01:05:50	01:28:56	02:02:46	02:25:50	28	00:01:17	00:27:50	00:32:04	01:02:04	01:06:07	01:35:53
22	OLSZEWSKI Aleksander	715	TRINERGY TEAM	M30-34		00:14:18	00:29:27	16	00:02:28	00:09:26	00:31:22	01:03:46	01:27:01	02:01:34	02:24:55	20	00:01:34	00:30:41	00:34:36	01:05:31	01:09:27	01:38:47
23	RYNKO Paweł	759	NAJMIOWICZ TRIATHLON	M40-44		00:16:32	00:33:36	79	00:02:32	00:09:24	00:32:24	01:06:10	01:30:41	02:05:54	02:30:07	42	00:01:57	00:26:58	00:30:29	00:58:03	01:01:39	01:29:34
24	SARAPUK Krzysztof	762	ATC CARGO TEAM	M50-54		00:15:15	00:31:12	29	00:02:42	00:09:49	00:32:29	01:05:35	01:29:08	02:04:01	02:28:38	37	00:03:01	00:27:06	00:30:38	00:59:12	01:02:58	01:32:55
25	MALICKI Michał	681		M30-34		00:14:01	00:29:05	14	00:03:05	00:09:48	00:32:20	01:04:57	01:28:31	02:01:56	02:24:47	19	00:02:03	00:30:56	00:34:55	01:05:49	01:09:53	01:40:30
26	RUCIŃSKI Marcin	755	TRIBA BOSIR BARCIN	M45-49		00:14:10	00:28:53	10	00:02:31	00:09:24	00:31:52	01:03:45	01:26:44	02:00:31	02:25:31	25	00:02:17	00:29:10	00:32:57	01:04:12	01:08:17	01:40:23
27	HERMELIN Wojciech	591	KANCELARIA HMM	M40-44		00:15:28	00:31:43	40	00:02:43	00:09:28	00:31:58	01:03:46	01:26:44	02:00:05	02:23:01	15	00:01:31	00:29:57	00:33:55	01:05:35	01:09:36	01:41:16
28	KOWALIKOWSKI Daniel	642	IRON TEAM TOMASZ MARCINEK	M30-34	Iron Team Tomasz Marcinek	00:15:49	00:32:24	55	00:02:26	00:09:50	00:33:09	01:06:18	01:29:41	02:03:39	02:27:24	35	00:01:40	00:28:43	00:32:22	01:02:21	01:06:17	01:37:14
29	GIBIEC Sebastian	576	GIBIEC TEAM	M45-49		00:16:21	00:33:24	70	00:04:08	00:09:30	00:32:45	01:05:35	01:28:55	02:03:38	02:27:18	34	00:02:01	00:29:42	00:33:26	01:02:37	01:06:26	01:35:01
30	HELAK Paweł	590	TRINERGY	M40-44		00:16:07	00:32:44	58	00:03:08	00:09:51	00:33:54	01:07:14	01:30:51	02:06:14	02:30:44	46	00:01:53	00:28:17	00:31:57	01:00:49	01:04:34	01:33:28
31	SOCHA Tomasz	775	TRINERGY TEAM	M50-54		00:15:48	00:32:19	54	00:03:13	00:09:56	00:33:45	01:07:34	01:31:25	02:06:42	02:31:23	48	00:02:32	00:28:15	00:31:57	01:00:37	01:04:20	01:33:03
32	BISKUP Łukasz	525	POLONIA ŚRODA	M40-44		00:17:40	00:35:48	116	00:02:21	00:09:40	00:32:35	01:05:23	01:28:32	02:02:52	02:26:30	31	00:01:37	00:28:25	00:32:06	01:01:41	01:05:31	01:36:17
33	KILIJAŃCZYK Piotr	625	PEKRAPOLTEAM	M40-44		00:16:21	00:33:29	76	00:02:32	00:09:34	00:31:40	01:08:04	01:32:40	02:08:17	02:32:57	55	00:01:43	00:31:45	00:36:00	01:00:08	01:04:19	01:31:53
34	LIGENZA Kamil	668	NEON	M30-34		00:16:04	00:33:33	77	00:03:53	00:09:20	00:31:02	01:02:42	01:25:22	01:59:08	02:22:26	14	00:02:48	00:28:33	00:32:40	01:04:45	01:08:53	01:40:55
35	JARON Tomasz	601	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:13	00:29:03	13	00:03:46	00:09:34	00:32:58	01:06:15	01:29:58	02:05:27	02:29:31	38	00:02:17	00:30:29	00:34:42	01:05:38	01:09:38	01:40:53
36	LESIŃSKI Jarosław	663		M40-44		00:14:06	00:28:58	12	00:03:06	00:10:12	00:33:20	01:06:44	01:30:37	02:06:10	02:30:04	41	00:01:43	00:30:35	00:34:34	01:06:15	01:10:23	01:42:07
37	GACKA Rafał	571	LUPUS TEAM	M40-44		00:16:49	00:35:07	106	00:03:16	00:10:05	00:34:03	01:09:05	01:33:43	02:09:30	02:34:27	63	00:02:07	00:27:25	00:31:04	00:59:35	01:03:27	01:32:42
38	WIECKOWSKI Dariusz	818	AMS TRIATHLON BYDGOSZCZ	M40-44	AMS Triathlon Bydgoszcz	00:14:09	00:29:09	15	00:02:52	00:10:29	00:33:39	01:07:35	01:31:24	02:06:34	02:30:12	44	00:02:51	00:29:08	00:33:07	01:07:44	01:11:48	01:44:27

				Swimming			Cycling							Race								
39	MIZERIA Przemysław	699		M25-29	00:15:26	00:31:45	41	00:03:51	00:09:36	00:32:15	01:05:03	01:28:11	02:02:26	02:26:22	30	00:02:20	00:31:24	00:35:29	01:07:53	01:12:15	01:46:13	
40	SOBCZAK Marcin	771	SOBCZAKTEAM	M45-49	00:15:14	00:31:13	31	00:03:15	00:09:42	00:32:08	01:04:23	01:27:25	02:01:54	02:25:46	27	00:02:22	00:30:41	00:34:48	01:07:55	01:12:27	01:48:05	
41	NAFALSKI Rajmund	703	TEAMKARAS	M45-49	00:16:14	00:33:03	65	00:03:08	00:10:19	00:34:10	01:08:57	01:33:37	02:10:33	02:35:34	69	00:01:56	00:28:13	00:31:51	01:01:25	01:05:21	01:37:07	
42	PIESIK Dawid	731	ARRK	M30-34	00:16:42	00:35:16	107	00:03:17	00:09:23	00:33:03	01:07:21	01:32:05	02:07:31	02:32:12	52	00:02:16	00:29:49	00:33:40	01:04:21	01:08:15	01:39:39	
43	RYBAK Remigiusz	756	BIKE U UP	M40-44	00:18:17	00:37:01	141	00:03:13	00:09:44	00:32:50	01:05:22	01:28:08	02:01:59	02:25:07	23	00:01:46	00:34:27	00:38:33	01:10:32	01:14:42	01:47:13	
44	KLONOWSKI Tomasz	630	PLATAN	M40-44	00:17:17	00:35:39	113	00:02:44	00:09:46	00:33:24	01:06:17	01:29:44	02:03:43	02:27:06	32	00:02:05	00:31:54	00:36:09	01:09:07	01:13:23	01:46:49	
45	OSOWSKI Adam	716	ROZBIEGANE DZIAŁDOWO	M35-39	00:18:18	00:36:39	129	00:03:36	00:09:16	00:32:30	01:05:41	01:29:11	02:03:22	02:27:15	33	00:03:06	00:30:58	00:35:02	01:07:04	01:11:12	01:43:57	
46	POLICKIEWICZ Maciej	741	TRIZARZA TEAM	M35-39	TriZarza	00:15:11	00:31:12	30	00:03:16	00:09:44	00:33:03	01:06:54	01:30:55	02:05:49	02:29:58	40	00:02:20	00:31:09	00:35:22	01:08:51	01:13:33	01:47:50
47	PIETROWSKI Szymon	734	KS KONIEC KIEPSZCZENIA	M35-39		00:16:42	00:33:28	74	00:04:44	00:09:51	00:32:41	01:07:17	01:31:49	02:07:35	02:32:31	54	00:02:47	00:28:10	00:31:57	01:05:10	01:09:18	01:41:14
48	KRYGIELSKI Krzysztof	651	CRYOSPACE OLSZTYN	M45-49		00:18:01	00:36:33	125	00:04:01	00:10:32	00:35:46	01:12:23	01:37:54	02:15:20	02:41:12	100	00:02:43	00:27:22	00:30:57	00:58:44	01:02:26	01:31:04
49	BICZKOWSKI Kajetan	522	ALE TEAM	M25-29		00:16:27	00:33:54	85	00:02:32	00:09:50	00:33:10	01:06:49	01:31:01	02:06:48	02:30:39	45	00:02:29	00:31:46	00:35:53	01:08:30	01:12:53	01:46:00
50	ZBORALA Dawid	836	SZKOŁA JAZDY TOMAS	M30-34		00:15:23	00:31:53	42	00:03:47	00:10:11	00:35:28	01:10:48	01:36:06	02:13:06	02:39:06	90	00:02:04	00:29:29	00:33:15	01:04:02	01:08:02	01:39:06
51	SZELC Mikołaj	784	ORT ŁOMIAŃKI	M40-44		00:19:50	00:39:28	195	00:04:32	00:10:04	00:34:15	01:08:49	01:33:36	02:09:51	02:35:05	67	00:03:28	00:27:34	00:31:16	01:00:04	01:04:02	01:33:40
52	SOBCZAK Marcin	772	TRISPACE/TREK	M45-49	PTT Delta	00:16:42	00:33:51	83	00:03:04	00:10:36	00:35:15	01:10:39	01:35:29	02:11:47	02:37:35	79	00:02:50	00:30:27	00:34:27	01:04:23	01:08:21	01:39:11
53	CHMIEL Piotr	536	PTT DELTA	M30-34		00:17:53	00:35:48	114	00:05:41	00:09:57	00:34:07	01:08:54	01:33:43	02:09:43	02:34:51	66	00:02:29	00:29:40	00:33:42	01:03:48	01:07:58	01:38:00
54	PARTYKA Rafał	720		M40-44		00:14:20	00:29:39	17	00:04:56	00:10:22	00:35:20	01:11:40	01:37:11	02:13:12	02:38:25	86	00:02:43	00:29:52	00:33:56	01:05:52	01:10:05	01:42:04
55	WYSMOLIŃSKI Rafał	833		M40-44		00:16:22	00:33:35	78	00:03:03	00:09:56	00:34:15	01:09:13	01:33:38	02:08:54	02:33:49	60	00:02:49	00:31:29	00:35:33	01:07:49	01:12:04	01:44:56
56	ŁUKIEWICZ Łukasz	676	TEAM KARAS	M40-44		00:16:28	00:33:57	87	00:03:25	00:10:14	00:34:17	01:09:14	01:33:49	02:09:57	02:34:48	65	00:01:59	00:30:50	00:34:59	01:08:07	01:12:40	01:44:13
57	PIASECKI Radosław	725		M25-29		00:16:46	00:34:32	94	00:03:34	00:10:28	00:35:39	01:11:24	01:36:54	02:13:08	02:38:51	88	00:03:05	00:28:43	00:32:32	01:03:10	01:07:10	01:38:45
58	WENDA Dawid	809	SZKOŁA JAZDY TOMAS	M30-34		00:16:14	00:33:07	67	00:03:10	00:09:21	00:32:18	01:06:13	01:30:15	02:05:46	02:30:45	47	00:04:35	00:32:37	00:36:54	01:10:11	01:14:26	01:47:20
59	PATALON Piotr	721	ORKAMASTERS ŁAWA	M50-54		00:17:03	00:34:46	98	00:02:50	00:10:08	00:34:13	01:09:27	01:34:16	02:11:42	02:37:48	83	00:01:59	00:30:04	00:34:02	01:05:40	01:09:42	01:41:40
60	GACZKOWSKI Jacek	572		M35-39		00:16:26	00:33:38	81	00:02:44	00:10:45	00:36:34	01:13:21	01:39:40	02:17:00	02:44:09	117	00:02:17	00:28:08	00:31:44	01:01:04	01:04:53	01:36:17
61	JANKOWSKI Tomasz	599	TRISPACE TREK	M45-49		00:16:14	00:33:25	72	00:03:40	00:10:24	00:34:54	01:10:16	01:34:54	02:11:09	02:36:08	71	00:02:28	00:30:38	00:34:42	01:07:34	01:11:43	01:43:41
62	BARCZAK Adam	515		M45-49		00:19:12	00:37:56	164	00:04:25	00:10:41	00:35:52	01:11:51	01:36:30	02:11:56	02:36:19	72	00:02:32	00:29:00	00:32:48	01:03:03	01:07:01	01:38:12
63	STWORA Dawid	781	REPREZENTACJA KGP W TRIATHLONIE	M40-44		00:16:53	00:34:07	88	00:02:27	00:10:18	00:35:43	01:11:21	01:36:22	02:13:25	02:39:12	91	00:01:20	00:28:54	00:32:40	01:03:12	01:07:18	01:42:26
64	KOWALSKI Michał	645	TRIWISEPOLKAS	M30-34		00:17:27	00:35:18	109	00:03:41	00:10:31	00:35:58	01:12:58	01:38:50	02:17:45	02:44:16	118	00:02:18	00:28:04	00:31:49	01:00:57	01:04:41	01:34:12
65	CHŁOSTA Marek	534		M45-49		00:17:07	00:34:47	99	00:03:01	00:10:19	00:34:49	01:11:17	01:36:51	02:13:44	02:39:01	89	00:01:31	00:31:11	00:35:16	01:06:50	01:10:56	01:43:05
66	SOBOTA Mateusz	774	AUTO - ROBO TEAM	M25-29		00:15:19	00:31:20	33	00:03:58	00:10:32	00:35:58	01:12:08	01:37:41	02:14:25	02:39:47	95	00:02:20	00:33:05	00:37:17	01:07:58	01:11:54	01:44:02
67	JOACHIMIAK Marek	607	TRITOGO / SPRAWNE ŻYWIENIE	M25-29		00:20:05	00:41:38	222	00:02:56	00:09:53	00:34:50	01:10:44	01:35:55	02:13:33	02:39:24	93	00:02:11	00:28:44	00:32:27	01:01:51	01:05:34	01:35:20
68	KRAUSE Szymon	646		M35-39		00:17:44	00:36:06	120	00:03:28	00:10:40	00:35:59	01:12:14	01:37:09	02:13:21	02:38:45	87	00:02:40	00:30:51	00:34:41	01:05:24	01:09:30	01:42:47
69	SZYMAŃSKI Piotr	789	MIELCARKS TEAM	M25-29	Mielcarsks Team	00:15:28	00:32:37	57	00:04:12	00:09:53	00:34:19	01:09:19	01:34:18	02:10:54	02:36:37	74	00:02:19	00:31:23	00:35:46	01:09:34	01:14:01	01:48:03
70	CUPA Ireneusz	546	TRIATHLON KONSULTING	M45-49		00:17:59	00:37:29	152	00:03:46	00:09:54	00:33:28	01:07:17	01:31:37	02:07:20	02:32:01	51	00:03:57	00:31:37	00:35:42	01:08:08	01:12:30	01:46:51
71	NIR Łukasz	705	WARSZTAT FORMY	M40-44		00:19:12	00:38:54	182	00:04:05	00:09:54	00:34:55	01:11:14	01:36:59	02:15:03	02:41:01	98	00:02:21	00:29:22	00:33:10	01:03:20	01:07:15	01:37:54
72	GOGACZ Sebastian	579	UKS TRÓJKA PUŁAWY	M40-44		00:12:44	00:26:01	4	00:04:19	00:11:17	00:37:36	01:16:15	01:44:14	02:24:34	02:52:34	174	00:02:45	00:29:11	00:33:01	01:03:57	01:07:54	01:38:45
73	LEKI Krzysztof	661		M40-44		00:18:00	00:37:23	149	00:04:17	00:10:37	00:36:40	01:13:30	01:40:18	02:19:42	02:46:59	135	00:03:17	00:28:24	00:32:08	01:01:07	01:04:55	01:33:27
74	SZYDŁOWSKI Marek	786	CYTADELA BY NIGHT TRI TEAM	M35-39		00:14:48	00:30:07	21	00:04:26	00:10:42	00:37:20	01:15:12	01:42:06	02:21:03	02:48:11	146	00:02:52	00:30:08	00:34:02	01:05:01	01:09:01	01:40:05
75	IGNACZAK Jarosław	593	3GRAVITY	M35-39		00:17:45	00:36:23	122	00:03:27	00:10:16	00:33:32	01:08:28	01:33:06	02:10:13	02:35:41	70	00:01:55	00:31:48	00:36:04	01:10:06	01:14:27	01:48:47
76	KLAPUCH Michał	627	FIZJO-MAT	M40-44		00:16:08	00:32:58	63	00:03:33	00:10:18	00:34:59	01:10:33	01:36:03	02:13:14	02:39:15	92	00:02:04	00:30:33	00:34:52	01:09:10	01:13:49	01:48:23
77	SOBCZAK Mateusz	770		M30-34		00:16:54	00:34:58	104	00:03:46	00:09:59	00:33:09	01:06:12	01:30:31	02:06:32	02:31:53	50	00:01:24	00:32:26	00:36:46	01:10:51	01:15:39	01:54:16
78	WOREK Paweł	830	GIBIEC TEAM	M45-49		00:17:42	00:36:38	128	00:04:05	00:10:23	00:34:48	01:10:32	01:38:55	02:15:38	02:41:37	103	00:02:27	00:31:23	00:35:28	01:07:38	01:11:43	01:42:58
79	CHRAPKOWSKI Marcel	541	WŁOCŁAWEK TRIATHLON TEAM	M35-39		00:16:30	00:33:41	82	00:03:29	00:11:03	00:36:46	01:14:28	01:40:15	02:19:20	02:45:46	131	00:03:03	00:30:27	00:34:28	01:06:49	01:10:46	01:42:24
80	PIESZAŁA Maciej	733		M30-34		00:17:16	00:34:57	103	00:04:10	00:10:00	00:34:40	01:09:17	01:34:16	02:10:39	02:36:20	73	00:02:16	00:31:39	00:35:54	01:11:14	01:15:49	01:50:57
81	PANUFNIK Tomasz	719	NEON / AKS POLONIA WARSZAWA	M35-39		00:18:38	00:37:31	154	00:04:02	00:09:59	00:34:10	01:08:58	01:33:48	02:09:47	02:33:47	59	00:02:23	00:33:49	00:38:05	01:11:54	01:16:19	01:51:08
82	WRÓBLEWSKI Wojciech	831	SNG WILD DUCKS	M40-44		00:18:51	00:37:25	150	00:03:15	00:09:43	00:33:43	01:08:53	01:34:28	02:11:58	02:37:26	78	00:03:02	00:32:26	00:36:49	01:10:08	01:14:30	01:47:56
83	IDZIKOWSKI Maciej	592		M30-34		00:15:35	00:32:08	50	00:03:45	00:10:23	00:35:40	01:11:23	01:37:10	02:15:04	02:42:23	107	00:02:21	00:31:21	00:35:28	01:09:00	01:13:29	01:48:53
84	SZYNALIK Sławomir	792	KIKA TEAM	M45-49		00:15:42	00:31:28	34	00:03:34	00:09:58	00:35:04	01:11:50	01:38:10	02:17:01	02:44:20	119	00:03:57	00:30:58	00:35:09	01:08:21	01:12:39	01:46:12
85	GÓRECKI Tomasz	581	PTT DEL																			

					Swimming			Cycling						Race							
90	ROSÍŃSKI Sławomir	754	WICHER SIEKIERKI	M40-44	00:16:38	00:34:25	92	00:03:37	00:10:27	00:36:01	01:12:31	01:37:53	02:15:10	02:41:07	99	00:03:21	00:30:19	00:34:17	01:08:13	01:13:23	01:50:35
91	CZAPIEWSKI Krzysztof	549		M35-39	00:18:55	00:37:59	166	00:04:07	00:10:19	00:35:19	01:12:37	01:39:58	02:19:23	02:47:27	141	00:04:03	00:31:12	00:35:16	01:06:03	01:09:57	01:39:46
92	TERPIŁOWSKI Michał	797		M25-29	00:15:46	00:33:29	75	00:03:52	00:10:17	00:35:00	01:11:31	01:37:23	02:15:45	02:42:32	108	00:02:16	00:32:16	00:36:25	01:11:21	01:15:53	01:51:17
93	PESZT Marek	724	MAGAZYN TRIATHLON	M35-39	00:17:01	00:33:38	80	00:03:02	00:10:16	00:35:53	01:12:25	01:38:16	02:17:06	02:43:16	110	00:02:34	00:30:16	00:34:33	01:09:18	01:14:23	01:51:17
94	SKROK Krzysztof	769	RYKOWISKO	M50-54	00:20:56	00:41:07	213	00:03:53	00:10:17	00:35:44	01:12:20	01:38:30	02:17:34	02:44:47	123	00:02:53	00:30:10	00:34:03	01:05:08	01:09:09	01:41:18
95	KŁOPOCKI Jakub	631		M30-34	00:18:09	00:38:17	174	00:03:41	00:11:09	00:36:36	01:14:35	01:41:02	02:20:18	02:47:09	136	00:02:20	00:31:20	00:35:26	01:07:08	01:11:22	01:42:32
96	POMASTOWSKI Dariusz	742		M40-44	00:21:47	00:44:55	243	00:05:46	00:12:07	00:39:35	01:19:13	01:47:29	02:29:26	02:58:45	202	00:04:00	00:00:53	00:34:10	00:38:53	01:15:19	01:20:34
97	BUGALSKI Wojciech	532	ARRK	M40-44	00:18:08	00:37:19	148	00:03:34	00:10:24	00:36:12	01:13:42	01:39:49	02:18:22	02:44:48	124	00:02:16	00:32:52	00:37:15	01:10:47	01:14:54	01:46:06
98	WIECZOREK Maciek	815	TRI FOR IT	M45-49	00:19:31	00:39:34	197	00:03:55	00:10:30	00:36:05	01:13:35	01:39:07	02:18:26	02:44:01	116	00:04:10	00:31:01	00:35:07	01:06:50	01:10:55	01:42:32
99	MUCHA Grzegorz	702	AKADEMIA TRIATHLONU JAROSŁAW	M40-44	00:20:15	00:40:41	207	00:06:48	00:10:38	00:34:31	01:09:15	01:33:52	02:11:31	02:37:08	77	00:03:05	00:30:52	00:34:48	01:07:19	01:11:46	01:46:50
100	PIEKARSKI Paweł	727		M30-34	00:13:53	00:28:45	9	00:03:16	00:09:58	00:33:07	01:07:07	01:31:03	02:07:36	02:33:57	61	00:01:52	00:33:30	00:39:08	01:22:27	01:27:50	02:07:00
101	MAKOWSKI Sławomir	680		M50-54	00:21:15	00:43:47	237	00:04:35	00:10:28	00:36:28	01:14:15	01:40:25	02:18:59	02:45:02	127	00:03:35	00:29:17	00:33:20	01:04:20	01:08:26	01:39:05
102	LINDNER Marek	669	FANDOM	M40-44	00:19:21	00:39:05	188	00:04:48	00:11:09	00:38:09	01:16:50	01:43:18	02:23:10	02:49:56	154	00:05:00	00:30:48	00:34:46	01:05:33	01:09:27	01:37:39
103	SOBIK Andrzej	773		M40-44	00:16:32	00:34:19	90	00:03:41	00:10:11	00:35:42	01:12:20	01:38:26	02:17:31	02:45:23	130	00:02:38	00:32:53	00:37:10	01:11:43	01:16:23	01:50:47
104	MAŚKIEWICZ Michał	685	ORKA MASTERS IŁAWA	M35-39	00:17:15	00:35:48	115	00:02:37	00:10:27	00:36:05	01:13:34	01:39:54	02:18:18	02:44:55	126	00:02:07	00:32:38	00:36:53	01:12:01	01:16:33	01:51:45
105	TOMASZEWICZ Krzysztof	799	TRIATHLON TEAM TYCHY	M40-44	00:20:05	00:41:05	211	00:04:12	00:10:37	00:37:07	01:16:10	01:42:55	02:22:07	02:48:40	150	00:03:20	00:30:16	00:34:21	01:05:14	01:09:25	01:39:55
106	LEWAK Marcin	665	NEON TEAM	M35-39	00:16:23	00:32:53	61	00:03:49	00:10:52	00:36:52	01:14:28	01:40:46	02:19:43	02:46:34	134	00:02:45	00:33:41	00:38:02	01:12:30	01:16:59	01:51:36
107	ŚLEDZIEWSKI Karol	793		M35-39	00:18:23	00:36:24	123	00:05:32	00:10:34	00:35:26	01:12:12	01:38:12	02:17:04	02:44:28	120	00:02:35	00:32:39	00:36:54	01:10:18	01:14:42	01:49:08
108	WACHOWSKI Karol	683	AMS TRIATHLON	M40-44	00:20:28	00:40:55	208	00:04:19	00:10:43	00:36:40	01:14:46	01:41:39	02:20:37	02:46:34	133	00:01:52	00:32:19	00:36:20	01:09:14	01:13:35	01:44:32
109	KONIAIEV Volodymyr	827		M35-39	00:16:59	00:35:25	112	00:04:39	00:10:17	00:34:29	01:09:34	01:34:39	02:11:10	02:36:43	76	00:02:56	00:33:44	00:38:28	01:16:19	01:20:57	01:58:46
110	PIC Dawid	726	KLINIKA TRIATHLONU	M25-29	00:16:46	00:34:53	102	00:03:20	00:10:32	00:34:52	01:11:59	01:40:36	02:21:18	02:50:43	159	00:02:17	00:32:28	00:36:40	01:09:32	01:13:43	01:47:27
111	KOPPLINGER Grzegorz	640	ASSECO ACTIVE TEAM	M45-49	00:21:54	00:44:21	240	00:03:55	00:09:57	00:33:51	01:08:36	01:33:39	02:10:50	02:36:39	75	00:04:56	00:32:22	00:36:44	01:10:28	01:15:02	01:49:16
112	BAZAK Cezary	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	M50-54	00:20:15	00:42:12	224	00:04:23	00:09:44	00:33:21	01:07:24	01:31:35	02:07:14	02:31:52	49	00:03:39	00:31:39	00:35:54	01:10:55	01:15:57	01:57:28
113	NOWAK Jakub	707	SWIMTRI RZESZÓW	M30-34	00:17:15	00:35:22	111	00:04:07	00:11:32	00:37:42	01:16:28	01:43:27	02:25:32	02:53:32	178	00:02:53	00:30:51	00:34:50	01:06:11	01:10:24	01:44:28
114	FIEGEL Wojciech	569	TRISPACE/TREK	M40-44	00:16:57	00:33:56	86	00:02:54	00:10:02	00:34:46	01:10:09	01:34:52	02:12:23	02:38:10	84	00:01:51	00:35:35	00:40:17	01:19:07	01:24:16	02:03:44
115	WITKOWSKI Tomasz	825	VIVA LA VIDA	M35-39	00:18:32	00:39:04	187	00:04:44	00:10:39	00:37:12	01:14:54	01:41:00	02:20:42	02:47:34	142	00:02:57	00:31:16	00:35:59	01:07:52	01:12:11	01:46:25
116	CIASTO Sebastian	542		M35-39	00:14:44	00:29:44	18	00:03:11	00:10:54	00:36:59	01:13:45	01:39:44	02:18:48	02:46:18	132	00:02:52	00:33:17	00:37:43	01:14:26	01:19:19	01:58:45
117	WIECZOREK Łukasz	814		M30-34	00:18:40	00:37:50	160	00:03:17	00:09:54	00:35:15	01:11:59	01:38:17	02:17:48	02:45:22	129	00:02:39	00:33:03	00:37:28	01:12:52	01:17:32	01:53:57
118	KALISZEWSKI Daniel	614		M45-49	00:19:29	00:39:22	192	00:05:26	00:10:17	00:35:40	01:13:07	01:39:21	02:18:36	02:44:39	121	00:04:28	00:32:52	00:37:18	01:11:24	01:15:58	01:49:46
119	KMIECIK Paweł	633	AKADEMIA TRIATHLONU JAROSŁAW	M30-34	00:17:41	00:36:46	132	00:03:35	00:10:43	00:37:26	01:16:10	01:43:32	02:26:25	02:56:53	192	00:02:46	00:29:32	00:33:29	01:05:40	01:10:06	01:43:44
120	NUSBAUM Piotr	710	BIKE U UP	M40-44	00:19:05	00:38:03	169	00:04:43	00:10:13	00:35:08	01:11:45	01:37:33	02:16:40	02:43:48	113	00:02:13	00:33:02	00:37:31	01:14:03	01:18:52	01:55:08
121	KALEK Artur	615	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49	00:17:17	00:34:29	93	00:03:23	00:10:38	00:35:05	01:10:38	01:35:57	02:13:57	02:39:44	94	00:02:35	00:35:03	00:39:41	01:20:17	01:25:26	02:03:51
122	ECHAUST Maciej	563	CFP	M45-49	00:17:57	00:37:52	163	00:02:59	00:11:14	00:36:46	01:13:00	01:38:39	02:16:22	02:42:10	105	00:03:05	00:31:30	00:35:54	01:12:30	01:18:40	01:58:03
123	BIRONT Krzysztof	524	BIELAWSKA AKADEMIA BIEGANIA	M40-44	00:18:16	00:37:08	143	00:05:45	00:10:54	00:36:59	01:15:10	01:41:12	02:20:42	02:47:22	140	00:04:00	00:33:26	00:37:41	01:11:32	01:16:01	01:50:00
124	KAZUBOWSKI Jacek	621	TRIDARKO	M50-54	00:21:34	00:43:42	236	00:03:31	00:10:37	00:37:17	01:15:46	01:42:23	02:22:43	02:50:18	157	00:03:23	00:30:56	00:35:06	01:07:13	01:11:25	01:43:22
125	CHMURA Szczepan	538		M45-49	00:18:19	00:37:16	147	00:04:24	00:10:35	00:36:13	01:14:01	01:40:21	02:20:13	02:47:13	137	00:04:32	00:33:33	00:37:54	01:11:58	01:16:23	01:51:41
126	KASTRU Tomasz	618	PĘDZĄCY ŻÓŁW	M35-39	00:15:39	00:32:19	53	00:04:53	00:10:24	00:36:07	01:13:19	01:40:16	02:21:46	02:51:52	170	00:03:57	00:34:09	00:38:37	01:13:07	01:17:25	01:52:13
127	BEDNAREK Krzysztof	518	SPORTEVO	M50-54	00:21:50	00:44:59	244	00:04:39	00:10:55	00:37:42	01:15:56	01:41:53	02:21:11	02:47:53	144	00:03:08	00:31:18	00:35:24	01:08:10	01:12:22	01:44:43
128	WAŁĘZA Hubert	803	KANAŁOWA TRITEAM	M30-34	00:17:31	00:35:52	117	00:03:26	00:11:02	00:37:38	01:15:52	01:42:49	02:23:19	02:51:40	167	00:02:24	00:32:20	00:36:37	01:11:14	01:15:50	01:52:11
129	WESOŁOWSKI Marcin	812		M30-34	00:18:13	00:36:45	131	00:05:22	00:10:37	00:37:04	01:15:05	01:41:34	02:21:37	02:48:48	151	00:03:13	00:31:23	00:36:07	01:11:49	01:16:47	01:51:33
130	LUBARSKI Marcin	673	SZTAFLONIŚCI	M35-39	00:14:55	00:30:31	22	00:05:20	00:09:55	00:33:07	01:07:59	01:33:15	02:09:53	02:34:27	64	00:02:55	00:37:09	00:42:55	01:28:10	01:32:02	02:13:14
131	CYREK Grzegorz	548	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:22:24	00:45:44	252	00:05:42	00:09:54	00:34:01	01:09:40	01:35:33	02:12:35	02:37:41	82	00:04:10	00:35:05	00:39:41	01:13:52	01:18:33	01:53:30
132	GAJEWSKI Jarosław	844		M50-54	00:18:22	00:36:48	136	00:04:07	00:11:09	00:37:31	01:16:49	01:44:10	02:24:21	02:51:20	163	00:03:25	00:31:47	00:35:58	01:11:17	01:16:00	01:51:31
133	NIEDZIAŁKOWSKI Patryk	704	BYDGOSKIE OKONIE	M25-29	00:17:46	00:36:58	139	00:03:28	00:10:11	00:35:04	01:10:52	01:38:11	02:21:20	02:50:56	161	00:04:02	00:29:41	00:33:36	01:05:47	01:12:46	01:51:48
134	GILL Daniel	578	LKS BOGMAR OSTROMECKO	M35-39	00:18:17	00:37:57	165	00:04:11	00:10:56	00:35:34	01:13:13	01:39:44	02:21:14	02:50:12	155	00:03:06	00:34:02	00:38:50	01:13:22	01:18:14	01:51:47
135	ARISMENDI Jean-Paul	513		M35-39	00:20:43	00:42:52	229	00:03:16	00:11:53	00:39:26	01:18:40	01:47:25	02:29:15	02:59:03	203	00:02:09	00:30:29	00:34:28	01:05:16	01:09:15	01:40:12
136	ŁUSZCZEWSKI Krzysztof	677	ZYTANIA TEAM	M40-44	00:18:04	00:37:26	151	00:04:11	00:10:18	00:34:38	01:10:55	01:37:24	02:15:43	0							

					Swimming			Cycling					Race									
139	WIŚNIEWSKI Zbigniew	823	BRZOZA BIEGA	M50-54	00:20:37	00:42:32	226	00:05:31	00:10:40	00:36:13	01:14:10	01:40:02	02:19:53	02:47:18	138	00:03:19	00:30:39	00:35:25	01:12:16	01:16:12	01:52:08	
140	MUCHA Aleksander	700	WŁOCLAWEK TRIATHLON TEAM	M30-34	00:17:54	00:35:59	119	00:04:29	00:12:18	00:37:58	01:15:25	01:41:45	02:22:51	02:50:51	160	00:04:50	00:33:39	00:38:25	01:14:31	01:19:21	01:54:55	
141	MISZTELA Tomasz	698	PTT DELTA	M50-54	PTT Delta	00:21:26	00:44:40	241	00:04:36	00:10:17	00:35:33	01:11:55	01:37:44	02:16:31	02:43:51	114	00:02:36	00:34:11	00:38:43	01:13:49	01:18:43	01:56:03
142	RADZIK Tomasz	752	FITNATION	M40-44		00:19:10	00:41:11	215	00:04:02	00:10:16	00:35:13	01:12:44	01:39:56	02:20:24	02:48:19	149	00:03:21	00:33:44	00:38:15	01:14:41	01:19:27	01:55:01
143	BLÁHA Jan	527		M45-49		00:19:57	00:41:02	210	00:04:03	00:10:55	00:37:24	01:16:02	01:42:39	02:24:05	02:52:22	173	00:02:20	00:32:05	00:36:17	01:12:35	01:17:04	01:52:17
144	PIEKARSKI Wojciech	728	TMS GLOBART	M40-44		00:17:52	00:36:25	124	00:04:25	00:12:14	00:39:30	01:19:07	01:46:51	02:25:17	02:51:28	164	00:02:53	00:34:46	00:39:20	01:15:33	01:20:19	01:56:56
145	STACHERA Piotr	776	JELCZ TRIATHLON PROJECT	M35-39		00:17:46	00:36:47	134	00:03:35	00:11:08	00:37:52	01:16:39	01:43:15	02:23:59	02:51:48	169	00:03:14	00:34:16	00:38:40	01:14:44	01:19:30	01:56:51
146	MIKOŁAJCZAK Tomek	696	DZIK SQUAD	M30-34		00:17:53	00:36:51	137	00:04:54	00:10:54	00:37:50	01:16:43	01:43:49	02:24:38	02:51:38	166	00:02:26	00:33:46	00:38:20	01:14:08	01:19:07	01:56:49
147	ZŁOCKI Marcin	839	BESKID TRI TEAM	M30-34		00:17:44	00:36:46	133	00:03:35	00:10:35	00:36:06	01:13:05	01:39:00	02:18:09	02:44:52	125	00:01:22	00:39:41	00:44:31	01:22:39	01:27:41	02:06:08
148	CYBULSKI Konrad	547	AMZ-KUTNO S.A.	M45-49		00:18:43	00:37:50	162	00:04:34	00:11:39	00:38:53	01:18:21	01:45:50	02:26:47	02:54:54	184	00:02:31	00:30:23	00:34:26	01:08:04	01:12:38	01:55:02
149	ZIELIŃSKI Robert	837	LUBONSKI KLUB BIEGACZA	M40-44		00:19:59	00:39:42	200	00:03:54	00:11:13	00:37:57	01:17:34	01:45:47	02:28:06	02:57:12	194	00:05:39	00:34:05	00:38:23	01:12:03	01:16:30	01:49:00
150	SANECKI Robert	761	SPRINT GORZYCE	M40-44		00:19:35	00:39:05	189	00:04:06	00:10:31	00:36:04	01:13:13	01:40:57	02:21:11	02:47:36	143	00:03:31	00:35:53	00:40:36	01:16:56	01:22:10	02:01:24
151	LESZCZYŃSKI Mariusz	664	K.S. RADOSNA	M40-44		00:18:42	00:38:16	172	00:03:50	00:10:21	00:35:18	01:12:19	01:38:08	02:17:13	02:44:43	122	00:02:37	00:37:53	00:42:56	01:21:40	01:27:01	02:06:39
152	BUCHAL Grzegorz	530	TRIDIVISION	M50-54		00:18:21	00:37:16	146	00:06:13	00:10:31	00:35:48	01:13:54	01:40:27	02:21:52	02:49:31	152	00:04:04	00:35:38	00:40:15	01:16:38	01:22:08	01:59:30
153	ROGAŁSKI Radosław	753		M35-39		00:18:42	00:37:46	159	00:05:54	00:11:26	00:38:56	01:18:29	01:46:06	02:27:17	02:55:35	188	00:03:02	00:33:29	00:38:18	01:13:00	01:17:26	01:54:19
154	STĘPNIAK Krzysztof	779	RUN4FUN	M40-44		00:18:02	00:37:01	142	00:06:12	00:11:14	00:37:34	01:16:51	01:43:44	02:23:46	02:51:00	162	00:02:47	00:37:19	00:42:03	01:18:16	01:23:06	01:59:51
155	PRUSACZYK Marcin	748		M50-54		00:18:48	00:37:44	157	00:08:41	00:11:18	00:37:51	01:18:26	01:46:06	02:27:12	02:53:28	177	00:06:24	00:33:19	00:37:37	01:11:58	01:16:27	01:50:36
156	DRZEWIECKI Rafał	556	RUN4FUN WWW.BYTPAK.PL	M45-49		00:20:00	00:41:35	221	00:04:06	00:11:42	00:37:35	01:16:52	01:44:05	02:23:22	02:50:40	158	00:02:28	00:35:32	00:40:16	01:16:30	01:21:20	01:58:06
157	MALISZEWSKI Piotr	682		M45-49		00:23:33	00:49:31	266	00:04:39	00:10:52	00:35:52	01:12:44	01:38:30	02:16:10	02:42:06	104	00:03:05	00:34:47	00:39:08	01:15:41	01:20:02	01:57:58
158	KORSAKOV Kostiantyn	641	-	M45-49		00:18:26	00:37:35	155	00:06:30	00:11:55	00:39:16	01:20:38	01:49:23	02:32:33	03:02:10	214	00:03:59	00:33:55	00:38:35	01:11:56	01:16:32	01:48:08
159	ZAKURZEWSKI Tomasz	834	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:17:11	00:34:41	96	00:02:32	00:10:33	00:36:15	01:15:36	01:44:02	02:27:10	02:56:31	191	00:02:35	00:35:57	00:41:52	01:20:47	01:25:38	02:02:10
160	MIELCAREK Maciej	691	MIELCARCS TEAM	M30-34	Mielcars Team	00:16:13	00:34:20	91	00:04:01	00:11:21	00:38:24	01:17:01	01:43:34	02:22:50	02:49:51	153	00:02:39	00:35:35	00:40:13	01:17:56	01:23:21	02:07:56
161	WIŚNIEWSKI Piotr	822		M35-39		00:18:55	00:38:18	175	00:04:03	00:11:02	00:37:47	01:16:33	01:43:44	02:24:17	02:51:47	168	00:03:39	00:35:29	00:40:14	01:18:35	01:23:45	02:01:45
162	JOVANOVIĆ Marko	609	PSK BRDJANKA	M25-29		00:18:14	00:36:36	126	00:06:39	00:12:04	00:40:46	01:22:07	01:51:23	02:33:23	03:01:59	212	00:02:34	00:33:05	00:37:29	01:12:28	01:17:04	01:51:57
163	SARNECKI Paweł	763		M25-29		00:15:47	00:32:04	49	00:04:41	00:11:19	00:40:15	01:20:45	01:49:45	02:32:32	03:03:16	217	00:03:25	00:34:32	00:39:05	01:15:07	01:19:52	01:56:27
164	LASSAK Bartosz	660	AMS TRIATHLON BYDGOSZCZ	M40-44	AMS Triathlon Bydgoszcz	00:18:43	00:38:22	177	00:04:03	00:10:50	00:37:11	01:17:36	01:45:59	02:29:36	03:00:18	206	00:02:50	00:34:01	00:38:19	01:14:14	01:18:58	01:55:27
165	SUDAKOWSKI Tomasz	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	M45-49		00:22:09	00:45:32	249	00:03:02	00:11:08	00:38:53	01:19:18	01:47:03	02:28:41	02:57:41	197	00:02:39	00:33:46	00:38:15	01:12:40	01:17:08	01:52:25
166	RYCHARSKI Bartosz	757		M35-39		00:19:11	00:40:14	204	00:04:37	00:10:59	00:37:22	01:16:29	01:44:48	02:27:58	02:58:00	198	00:02:02	00:33:02	00:37:23	01:13:31	01:18:20	01:57:09
167	WRZOSEK Jarosław	832		M45-49		00:21:32	00:43:53	238	00:05:38	00:11:44	00:40:40	01:22:08	01:50:08	02:32:36	03:02:05	213	00:03:37	00:30:51	00:35:13	01:09:05	01:13:36	01:48:42
168	ANDRZEJAK Robert	511	DRONE & MORE	M40-44		00:21:26	00:45:07	247	00:05:54	00:10:20	00:37:39	01:19:03	01:47:51	02:31:06	03:00:22	208	00:02:25	00:31:56	00:36:29	01:11:26	01:15:53	01:50:55
169	MAJDA Adrian	678	DZIK SQUAD	M30-34		00:18:10	00:37:45	158	00:03:42	00:11:16	00:39:16	01:18:05	01:45:15	02:25:08	02:51:57	172	00:02:43	00:35:26	00:39:59	01:21:17	01:27:23	02:10:33
170	GRUBICH Arkadiusz	585		M40-44		00:20:04	00:42:30	225	00:03:10	00:11:19	00:39:33	01:20:00	01:48:30	02:30:27	02:59:29	205	00:02:33	00:33:56	00:38:34	01:15:42	01:20:47	01:59:23
171	POCIEJ Bohdan	739	PTT DELTA	M60-64		00:19:03	00:38:11	170	00:04:55	00:10:18	00:35:41	01:14:07	01:41:41	02:22:52	02:51:38	165	00:05:11	00:36:30	00:41:39	01:21:24	01:26:57	02:07:42
172	FEDAK Bohdan	568	KLUB POD WISIENKĄ	M45-49		00:19:54	00:39:46	201	00:06:00	00:12:23	00:42:31	01:24:28	01:54:19	02:40:58	03:14:13	239	00:04:01	00:31:13	00:35:09	01:06:25	01:10:42	01:43:51
173	TOMASZEWSKI Marcin	800		M45-49		00:19:09	00:38:46	180	00:04:41	00:11:27	00:38:43	01:18:31	01:45:59	02:26:54	02:55:14	186	00:03:31	00:37:49	00:42:57	01:22:26	01:27:53	02:05:53
174	KONIECZNY Karol	638		M35-39		00:19:31	00:39:26	194	00:06:32	00:11:06	00:36:39	01:13:59	01:39:16	02:18:39	02:45:22	128	00:03:34	00:39:30	00:44:50	01:23:45	01:29:27	02:13:18
175	PELANE Ryszard	723	WICHER ROSNÓWKO	M45-49		00:18:12	00:36:48	135	00:05:06	00:14:29	00:41:49	01:21:55	01:48:59	02:29:53	02:57:35	195	00:03:32	00:37:28	00:42:21	01:21:34	01:26:37	02:05:50
176	STOLECKI Piotr	780	DRUŻYNA SZPIKU	M40-44		00:22:39	00:46:22	255	00:05:04	00:10:55	00:37:21	01:16:28	01:43:40	02:24:12	02:53:10	176	00:04:12	00:35:19	00:39:55	01:16:46	01:22:03	02:00:18
177	ETTINGER Dariusz	564		M30-34		00:19:42	00:41:16	217	00:04:22	00:10:55	00:37:05	01:15:59	01:42:23	02:21:38	02:48:16	148	00:03:53	00:41:16	00:45:55	01:25:03	01:30:30	02:13:09
178	NOVGORODTSEV Ivan	706		M18-24		00:21:26	00:45:20	248	00:06:04	00:10:27	00:38:16	01:17:56	01:44:51	02:25:22	02:54:15	182	00:03:31	00:36:28	00:41:20	01:19:09	01:24:00	02:01:53
179	MASTALERZ Tomasz	684		M40-44		00:24:55	00:50:30	267	00:04:38	00:12:12	00:41:37	01:22:40	01:50:31	02:33:25	03:03:01	216	00:03:52	00:33:05	00:37:20	01:11:15	01:15:39	01:49:21
180	PYTKOWSKI Arek	751	GRYFUS SZCZECIN	M45-49		00:18:40	00:38:16	173	00:03:49	00:11:12	00:38:46	01:19:38	01:47:47	02:30:10	02:58:23	200	00:03:08	00:37:18	00:42:26	01:22:33	01:27:41	02:08:19
181	WITCZAK Dariusz	824	ROSZPUNEK	M45-49		00:21:49	00:45:39	251	00:04:34	00:12:07	00:39:22	01:21:27	01:49:30	02:32:06	03:00:54	209	00:02:32	00:34:30	00:39:12	01:17:12	01:22:40	01:59:05
182	RYBCZYŃSKI Łukasz	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	M25-29		00:20:09	00:41:19	219	00:04:05	00:11:24	00:40:35	01:24:24	01:53:40	02:37:45	03:08:26	226	00:02:34	00:34:30	00:38:58	01:15:50	01:20:34	01:56:34
183	STASZKIEWICZ Jakub	778	STASHKY TEAM	M18-24		00:14:03	00:28:57	11	00:04:03	00:11:55	00:42:01	01:25:07	01:55:28	02:41:00	03:11:33	232	00:02:13	00:35:30	00:40:23	01:19:42	01:25:00	02:06:20
184	CHALAMOŃSKI Tomasz	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	M45-49		00:19:44	00:39:49	202	00:04:00	00:11:03	00:37:58	01:17:39	01:45:25	02:28:51	02:57:37	196	00:					

				Swimming				Cycling				Race									
185	LIBRONT Dawid	667		M25-29	00:19:43	00:40:21	206	00:04:39	00:11:05	00:38:57	01:19:08	01:46:35	02:28:11	02:56:28	190	00:04:17	00:38:26	00:43:09	01:23:51	01:29:13	02:09:22
186	GREJCZYK Alan	583	CAR GVARANTI	M25-29	00:19:39	00:40:13	203	00:03:14	00:18:00	00:42:33	01:19:14	01:45:06	02:25:52	02:55:23	187	00:02:41	00:36:14	00:41:19	01:23:06	01:28:22	02:13:55
187	KRUSZKA Łukasz	650		M40-44	00:22:18	00:47:35	262	00:04:53	00:11:50	00:42:07	01:28:01	01:59:53	02:46:57	03:19:27	249	00:02:10	00:30:39	00:34:34	01:07:13	01:11:27	01:44:15
188	WIROWSKI Szymon	819		M18-24	00:14:26	00:29:49	20	00:04:51	00:11:26	00:38:08	01:18:19	01:46:51	02:29:45	02:58:25	201	00:02:58	00:39:31	00:44:45	01:30:27	01:37:29	02:22:50
189	SIUDA Marek	768	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49	00:18:38	00:38:57	183	00:04:45	00:10:45	00:37:08	01:17:10	01:46:54	02:29:26	02:59:18	204	00:03:46	00:37:56	00:43:21	01:24:36	01:30:03	02:12:16
190	JARMUZEK Mikołaj	600	APTENSION SPORT TEAM	M30-34	00:17:49	00:37:10	144	00:04:31	00:10:21	00:35:37	01:12:39	01:38:53	02:19:53	02:47:20	139	00:04:08	00:38:19	00:44:07	01:28:04	01:36:15	02:26:18
191	KONCKI Andrzej	636		M40-44	00:18:58	00:38:18	176	00:03:31	00:12:47	00:41:11	01:23:12	01:52:11	02:35:23	03:05:04	221	00:02:43	00:37:23	00:42:23	01:24:25	01:29:48	02:10:53
192	KONIEC Piotr	637	IRONTATA	M40-44	00:18:45	00:38:58	184	00:03:00	00:10:46	00:38:15	01:16:51	01:44:12	02:24:39	02:52:59	175	00:03:08	00:41:52	00:47:40	01:34:40	01:40:01	02:22:33
193	KAZIMIERCZYK Adam	620	PTT DELTA	M40-44	00:17:17	00:34:51	101	00:04:47	00:10:34	00:35:25	01:54:44	02:19:52	02:58:01	03:25:09	257	00:02:46	00:33:26	00:37:48	01:12:40	01:17:35	01:53:43
194	KROPIDŁOWSKI Marcjusz	647	CREATIVE BOCHNIA BIEGA TEAM	M35-39	00:20:26	00:41:05	212	00:06:00	00:11:17	00:37:43	01:17:06	01:44:56	02:26:05	02:54:07	180	00:04:23	00:37:39	00:42:59	01:24:28	01:30:29	02:15:45
195	MIELCAREK Jędrzej	692	MIELCARKS TEAM	M25-29	00:18:16	00:38:16	171	00:04:55	00:10:47	00:36:58	01:15:07	01:42:28	02:23:34	02:51:54	171	00:03:24	00:35:53	00:41:26	01:27:33	01:33:50	02:23:20
196	ŚMIGOCKI Piotr	796	NIEZRZESZONY	M35-39	00:20:49	00:42:01	223	00:04:21	00:11:00	00:37:10	01:15:05	01:41:40	02:21:22	02:48:01	145	00:03:38	00:42:45	00:48:08	01:34:13	01:40:17	02:25:00
197	PACZKOWSKI Mirosław	718	CB 163	M50-54	00:21:43	00:44:17	239	00:05:30	00:11:28	00:40:31	01:23:18	01:52:29	02:36:05	03:07:31	224	00:04:58	00:35:51	00:40:49	01:18:41	01:23:49	02:01:16
198	KLEIBER Piotr	629	WUEFTRI TEAM	M40-44	00:18:33	00:38:02	168	00:05:02	00:11:24	00:38:40	01:19:53	01:49:57	02:38:02	03:13:01	234	00:04:18	00:38:06	00:44:16	01:21:59	01:26:39	02:03:48
199	BRZOZOWSKI Łukasz	529		M25-29	00:18:59	00:38:52	181	00:06:51	00:11:36	00:40:25	01:22:44	01:51:07	02:32:54	03:01:35	210	00:02:24	00:38:17	00:43:23	01:25:49	01:32:22	02:15:43
200	WERNER Michał	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	M30-34	00:21:40	00:45:38	250	00:06:09	00:13:21	00:46:56	01:35:00	02:07:09	02:52:53	03:24:03	254	00:03:10	00:31:22	00:36:01	01:08:51	01:13:40	01:47:32
201	DAWID Łukasz	551	ROZBIEGANY GOLENIÓW	M30-34	00:19:48	00:39:34	196	00:03:52	00:11:26	00:39:06	01:19:49	01:48:56	02:34:22	03:04:50	219	00:03:37	00:39:08	00:44:08	01:28:14	01:33:33	02:18:39
202	WERMIŃSKI Mariusz	810	FALA SWARZĘDZ	M40-44	00:17:54	00:36:42	130	00:05:19	00:11:02	00:38:02	01:18:36	01:47:33	02:31:50	03:02:53	215	00:03:50	00:40:31	00:45:53	01:30:16	01:36:33	02:21:51
203	SZYMCZAK Jakub	790		M30-34	00:17:30	00:35:04	105	00:04:53	00:11:42	00:40:59	01:22:48	01:52:35	02:37:46	03:10:38	230	00:03:36	00:39:32	00:44:44	01:24:13	01:29:54	02:17:35
204	LIPIŃSKI Sebastian	671	ENEA BYDGOSZCZ TRIATHLON	M45-49	00:24:12	00:49:13	265	00:05:20	00:11:24	00:39:04	01:20:57	01:50:38	02:36:38	03:09:25	228	00:04:04	00:36:02	00:41:34	01:21:24	01:27:14	02:07:30
205	KĘDZIERSKI Michał	623	HTF LUDWIK SIKORSKI	M35-39	00:21:19	00:44:40	242	00:05:35	00:11:47	00:40:36	01:24:05	01:53:56	02:39:56	03:13:16	235	00:04:45	00:36:10	00:41:03	01:20:19	01:25:42	02:07:34
206	CHMIEL Waldemar	535	PTT DELTA	M55-59	00:19:14	00:39:03	186	00:05:26	00:11:50	00:41:31	01:25:17	01:55:22	02:38:42	03:10:15	229	00:04:30	00:40:36	00:46:11	01:28:50	01:34:50	02:18:22
207	KARWACKI Grzegorz	617	KAT CROSS WALBRZYCH	M45-49	00:19:40	00:41:15	216	00:04:44	00:12:32	00:43:26	01:30:42	02:03:11	02:50:52	03:24:14	256	00:04:00	00:39:41	00:44:39	01:23:19	01:28:12	02:04:21
208	DUDEK Artur	557		M25-29	00:20:04	00:41:27	220	00:05:52	00:11:03	00:37:40	01:49:55	02:17:36	02:59:22	03:30:07	262	00:04:19	00:35:24	00:39:49	01:15:38	01:20:21	01:57:08
209	NURKIEWICZ Jarosław	709	KING FU PANDY 3	M45-49	00:23:37	00:46:15	254	00:03:04	00:11:55	00:40:37	01:24:35	01:55:43	02:41:37	03:12:16	233	00:03:34	00:38:54	00:44:22	01:27:19	01:32:46	02:14:51
210	PAWLIK Mariusz	722	DRUŻYNA SZPIKU	M40-44	00:16:19	00:32:59	64	00:05:10	00:11:47	00:41:27	01:25:01	01:55:28	02:41:53	03:13:59	238	00:03:45	00:40:50	00:46:13	01:31:33	01:37:41	02:26:19
211	CHMIEL Dariusz	537		M55-59	00:27:36	00:51:11	268	00:05:59	00:13:38	00:51:02	01:36:43	02:06:46	02:51:35	03:23:34	253	00:03:36	00:36:50	00:41:41	01:18:31	01:23:12	01:59:20
212	NOWICKI Adam	708		M45-49	00:19:23	00:39:25	193	00:02:58	00:11:56	00:43:15	01:28:54	01:59:10	02:51:42	03:27:47	259	00:02:43	00:39:12	00:45:58	01:27:33	01:33:18	02:13:36
213	SZUKAJ Karol	785	KANAŁOWATRITTEAM	M35-39	00:21:59	00:47:04	259	00:04:23	00:12:31	00:42:06	01:26:01	01:55:05	02:38:18	03:08:19	225	00:02:40	00:40:05	00:46:20	01:32:06	01:38:13	02:24:05
214	BOROWIEC Łukasz	528	CREATIVE BOCHNIA BIEGA TEAM	M30-34	00:21:52	00:43:13	232	00:07:15	00:12:00	00:42:47	01:27:34	01:58:47	02:45:24	03:17:49	244	00:03:33	00:36:08	00:41:07	01:26:04	01:31:22	02:14:58
215	OKOŃ Michał	711	PARKRUN GDYNIA	M45-49	00:23:30	00:47:02	258	00:08:57	00:13:11	00:43:25	01:27:19	01:56:42	02:41:55	03:13:27	236	00:05:09	00:39:42	00:44:34	01:26:26	01:32:20	02:20:18
216	KĘDZIA Jarosław	622		M40-44	00:21:15	00:46:04	253	00:05:43	00:10:59	00:38:29	01:20:41	01:49:14	02:32:43	03:03:32	218	00:03:30	00:43:15	00:49:32	01:43:52	01:50:24	02:36:15
217	KLAWE Filip	628		M30-34	00:20:39	00:42:32	227	00:07:33	00:11:23	00:39:41	01:21:35	01:50:26	02:34:16	03:05:14	222	00:06:05	00:43:32	00:49:40	01:38:21	01:44:46	02:34:33
218	ILLEK Arkadiusz	594		M50-54	00:21:27	00:42:58	230	00:06:28	00:12:28	00:43:01	01:28:46	01:59:54	02:47:05	03:19:16	248	00:05:43	00:41:15	00:46:42	01:30:14	01:36:18	02:22:04
219	WIŚNIEWSKI Piotr	821		M30-34	00:22:40	00:48:19	264	00:10:24	00:12:44	00:45:13	01:33:56	02:06:57	02:55:14	03:29:46	261	00:05:09	00:37:21	00:42:55	01:24:47	01:30:44	02:13:28
220	MIKOŁAJSKI Krzysztof	697		M30-34	00:25:41	00:52:42	273	00:07:03	00:12:21	00:44:00	01:29:31	02:00:18	02:46:54	03:19:02	246	00:04:55	00:40:59	00:46:47	01:31:23	01:37:48	02:24:00
221	BATOREK Bogdan	516																			

				Swimming				Cycling							Race			
MATUSZEWSKI Dariusz	686	BIEGIEM DO GARÓW	M50-54	00:24:29	00:52:13	272	00:06:20	00:13:09	00:41:45									
OLSZEWSKI Błażej	714		M30-34	00:18:16	00:36:56	138	00:02:59	00:09:53	00:33:00	01:07:57	01:32:44	02:11:18	02:37:36	81	00:02:14			
POROSŁO Paweł	743	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:24:48														
SZARMACHER Sebastian	783		M35-39	00:15:44	00:32:02	47	00:03:20	00:09:55	00:33:19	01:08:15	01:32:25	02:08:20	02:34:14	62	00:01:59	00:31:28	00:35:51	
ŚMIGŁAK Krzysztof	795	SAUERLAND TEAM	M35-39	00:16:10	00:32:00	46	00:02:13	00:08:56	00:30:54	01:01:39	01:24:09	01:56:43	02:19:46	9	00:01:42	00:25:52	00:29:16	00:58:24
ZOBER Marek	840	CHOP ZE ŻELAZA TRI TEAM	M35-39	00:18:35	00:37:50	161	00:03:35	00:13:58	00:50:04									
BENTKOWSKI Marcin	521	TRIPower	M30-34	00:15:26	00:32:02	48												
FABROWSKI Dawid	567	TRITATA	M35-39	00:18:43	00:37:44	156	00:05:49											
WARCZAK Piotr	804	TEAMOCHAL	M40-44	00:16:09	00:33:05	66	00:02:22	00:09:34	00:32:14	01:04:19	01:27:24	02:01:25	02:24:19	18	00:01:49	00:28:29	00:32:28	
DAWIDOWICZ Maciej	552	TRISPACE/TREK	M40-44	00:16:44	00:33:53	84	00:02:59	00:10:02	00:34:55	01:10:21	01:35:38	02:12:46	02:38:14	85	00:02:38	00:32:14	00:36:48	01:14:57

Total 244 results.