



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

OCEAN LAVA TRIATHLON POLSKA - SPRINT

Ocean Lava Triathlon Polska 2020
Towarzystwo Sportowe TRI-SPORT
2020-08-23
Bydgoszcz
25.75 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Wszyscy

Punkt pomiarowy: 21,0 km

						Pływanie			Rower		Bieg
Msc	Zawodnik	Numer	Klub	Kategoria	P_Borowno 0.75km	Poz			R_Lidl 20km	Poz	
1	KRIEGER Łukasz	94	H2OSHOP.PL/LANGE TRI COACH	M30-39	00:12:27	18	00:01:39		00:28:55	1	
2	TOMCZAK Marcin	222	GVT BMC 3SOFT TRIATHLON TEAM	M30-39	00:11:23	5	00:01:54		00:29:49	2	
3	URBAŃSKI Michał	1	NEURON REHABILITACJA	M18-29	00:10:13	1	00:01:41		00:31:31	20	
4	URBANOWSKI Włodzimierz	218	RETRO STORK TEAM	M40-49							
5	KLUŻNIAK Jacek	80	TRINERGY	M40-49	00:11:15	4	00:01:57		00:31:08	11	
6	SOŁTYSIEK Joanna	598	PHOENIX TEAM POLAND	K30-39	00:11:14	3	00:01:45		00:31:25	16	
7	RYMER Jakub	161	IRON TEAM TOMASZ MARCINEK	M30-39	00:12:23	17	00:01:49		00:30:44	8	
8	WIECZORKOWSKI Adam	220	BIKE U UP / BIALŁ	M18-29	00:13:06	24	00:02:08		00:30:03	3	
9	SAWIEŁAJC Jakub	164	FUJI KRYSPORT TEAM	M18-29	00:11:41	8	00:01:56		00:32:12	27	
10	BOGACZ Mariusz	16	TRISPACE/TREK	M40-49	00:12:54	23	00:01:58		00:31:26	18	
11	BISKUPSKI Cezary	12	TRISPACE/TREK	M30-39	00:14:17	42	00:01:59		00:30:23	6	
12	JAŚKIEWICZ Marcin	68	MOGILNO TEAM	M30-39	00:12:52	22	00:01:56		00:31:58	25	
13	WASZTYL Michał	194	ZONE3TEAM / WITKOWO BIEGA	M30-39	00:11:41	10	00:01:52		00:33:19	39	
14	MARTYNOWICZ Michał	118	TRISPACE/TREK	M40-49	00:12:06	14	00:02:12		00:32:40	33	
15	ZIENKIEWICZ Janusz	209	TRISPACE/TREK	M40-49	00:13:31	29	00:02:06		00:31:25	17	
16	BEDNARCZYK Tomasz	2	BIKE U UP	M30-39	00:12:32	19	00:01:51		00:32:40	34	
17	MŁYŃCZAK Jakub	229	KS GVT	M18-29	00:12:34	20	00:01:48		00:32:41	35	
18	PRZYBYLSKI Jakub	152	KOMPUTRONIK	M30-39	00:14:42	54	00:02:04		00:30:17	4	
19	KOZAR Karol	91	POLISH TRIATHLETES	M30-39	00:14:21	43	00:02:11		00:30:37	7	
20	POKORSKI Marek	148	CTS	M40-49	00:14:27	47	00:02:03		00:30:51	9	
21	BETHKE Sławomir	11	7SI-OWB ROWERTOURL.COM	M30-39	00:14:59	58	00:02:03		00:30:20	5	
22	TRZASKA Przemysław	188	DREAM TRI TEAM	M30-39	00:14:37	52	00:01:47		00:31:15	12	
23	WOLSKI Jędrzej	6	MOGILNO TEAM	M18-29	00:11:34	7	00:01:58		00:34:09	48	
24	KWIATKOWSKI Daniel	104	IRON TEAM TOMASZ MARCINEK	M30-39	00:14:31	50	00:02:00		00:31:16	13	
25	MALICKI Patryk	115		M30-39	00:11:32	6	00:02:09		00:34:12	49	
26	EJSMONT Krzysztof	78		M40-49	00:15:08	63	00:02:11		00:31:06	10	
27	SZREDER Dawid	14	DAVE BIKES / ENDURE TEAM	M40-49	00:14:12	39	00:01:51		00:32:22	28	
28	KAWCZYŃSKI Paweł	76	ELITE SPORTS REDA	M30-39	00:11:48	12	00:02:18		00:34:28	57	
29	LICZNIERSKI Marek	110	ZONE3 TEAM	M30-39	00:13:10	25	00:02:09		00:33:23	40	

					Pływanie		Bieg		Bieg
							Rower		
30	WIECZORKOWSKI Adrian	219	BIALL / BIKE U UP	M40-49	00:14:48	56	00:02:31	00:31:32	21
31	KOWALSKA Angelika	4	TRISPACE/TREK / TOOLMAX BIAŁE BŁOTA	K30-39	00:14:02	36	00:02:11	00:32:39	31
32	ŻOŁNOWSKA Katarzyna	214	VAMOS TEAM	K30-39	00:10:19	2	00:02:44	00:35:58	84
33	KLUSZCZYŃSKI Mariusz	79	TORUŃ MULTISPORT TEAM	M30-39	00:16:06	81	00:02:02	00:31:21	15
34	SMOCZYNSKI Marek	168	MBC TEAM	M30-39	00:15:36	72	00:02:37	00:31:31	19
35	BANACH Jan	9	KLINIKA TRIATHLONU	M18-29	00:11:51	13	00:02:06	00:36:14	87
36	GOŚCINIAK Michał	65	3GRAVITY	M30-39	00:14:12	38	00:02:26	00:33:36	42
37	LEWANDOWSKI Oskar	108		M18-29	00:14:10	37	00:02:14	00:33:58	43
38	KRZYŻANOWSKI Leszek	96	NIEDZIELNY ŚCIGACZ	M30-39	00:13:28	28	00:02:16	00:34:38	60
39	GROCHOWSKI Paweł	55	MBC	M30-39	00:16:15	87	00:02:13	00:31:58	24
40	BENTKOWSKA Natalia	5		K18-29	00:13:40	31	00:02:30	00:34:26	56
41	WIERZYŃSKI Damian	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	M30-39	00:15:08	62	00:02:42	00:32:47	36
42	ŚLIWIŃSKI Łukasz	182	LKS BOGMAR OSTROMECKO	M30-39	00:17:22	125	00:02:00	00:31:18	14
43	TRAWCZYŃSKI Jacek	187	TRISPACE/TREK	M50-59	00:16:18	89	00:01:54	00:32:40	32
44	JUSTYŃSKI Andrzej	70		M30-39	00:16:09	85	00:02:07	00:32:36	30
45	KUBICZAK Jan	616		M30-39	00:14:23	45	00:02:18	00:34:19	53
46	CIEPŁOWSKI Robert	30		M40-49	00:12:11	15	00:02:15	00:36:36	98
47	WALKOWIAK Łukasz	192		M18-29	00:13:58	34	00:02:26	00:34:42	65
48	GIEŁAŻYN Mateusz	50		M18-29	00:14:24	46	00:02:16	00:34:39	62
49	SZOT Dawid	179	IRON TEAM TOMASZ MARCINEK	M18-29	00:16:07	83	00:02:22	00:32:53	37
50	MICHALSKI Michał	121	ŁAPA JAGUARA	M40-49	00:14:41	53	00:02:17	00:34:26	55
51	WAŚNIEWSKI Daniel	226	DEWELOPPOL TEAM	M30-39	00:17:08	118	00:02:32	00:31:44	23
52	GUMIŃSKI Piotr	58	CTS	M30-39	00:14:17	41	00:03:09	00:34:09	47
53	KOZŁOWSKI Jacek	92	PTT DELTA	M40-49	00:16:52	106	00:02:27	00:32:29	29
54	PALACZ Jarosław	139		M40-49	00:17:01	112	00:02:51	00:31:59	26
55	PEKRUL Wojciech	143	MIĘDZY TRENINGAMI	M18-29	00:13:58	35	00:02:24	00:35:48	81
56	KRÓL Maciej	95	TRISPACE/TREK	M50-59	00:17:02	114	00:02:18	00:33:01	38
57	JANUSZKIEWICZ Piotr	67		M30-39	00:15:43	74	00:02:29	00:34:16	52
58	SKORECKI Aleksander	165	BYDGOSZCZ TRIATHLON TEAM	M30-39	00:13:41	32	00:02:41	00:36:13	86
59	KNOTHE Adam	81	BUDSTOL INVEST	M40-49	00:18:52	152	00:02:08	00:31:41	22
60	JABŁOŃSKI Marcin	64	KRYSPORT TEAM	M40-49	00:16:52	107	00:02:21	00:33:29	41
61	POLASIK Michał	149	RUN4FUN	M30-39	00:14:28	48	00:02:53	00:35:27	74
62	WIECZOREK Bartosz	196		M30-39					
63	BOHDANOWICZ Patrycja	19	FLOW DANCE STUDIO	K30-39	00:16:08	84	00:02:25	00:34:30	58
64	SMOCZYŃSKA Emilia	169	MBC TEAM	K30-39	00:16:17	88	00:02:44	00:34:06	46
65	SOBCZAK Marcin	225	CZARNE STOPY	M30-39	00:14:59	57	00:02:55	00:35:15	70
66	ANDRZEJEWSKI Bartosz	230	KLINIKA TRIATHLONU	M40-49	00:15:07	60	00:02:27	00:35:40	78
67	BYRTEK Grzegorz	26	1975	M40-49	00:13:41	33	00:02:33	00:37:02	108
68	DOBRZAŃSKI Dariusz	39	3GRAVITY	M30-39	00:15:23	67	00:03:08	00:34:48	67
69	ZIELIŃSKI Maciej	207		M30-39	00:16:31	94	00:02:12	00:34:47	66
70	TYMIŃSKI Dariusz	191	PTT DELTA	M50-59	00:16:46	102	00:02:43	00:34:02	45
71	WOLFF Maria	200	CITYZEN	K30-39	00:13:36	30	00:01:49	00:38:18	137
72	PIETRZAKOWSKI Patryk	146	ŁAPA JAGUARA	M30-39	00:15:33	71	00:03:50	00:34:32	59
73	RAJ Jarosław	155	CITYZEN CLUB	M40-49	00:11:41	9	00:03:08	00:39:10	149
74	NOWAK Michał	135	LEGALAID	M30-39	00:14:29	49	00:02:40	00:36:54	106
75	SOKOŁOWSKA Hanna	170	KUŹNIA TRIATHLONU	K50-59	00:13:20	26	00:02:58	00:37:57	127

					Pływanie		Bieg		Bieg
76	CHĘCIŃSKI Marek	28		M40-49	00:15:12	65	00:04:26	00:34:41	64
77	GIERES Waldemar	51	PTT DELTA	M50-59	00:16:51	105	00:02:11	00:35:24	73
78	PIETRUSZKA Magdalena	145	TRIPETRUSZKA - SCHULO TEAM	K30-39	00:14:46	55	00:02:25	00:37:18	115
79	MAĆKOWSKI Daniel	114		M40-49	00:16:34	96	00:02:32	00:35:24	72
80	RADZIEJEWSKI Tomasz	153	TEAMOCHAL	M30-39	00:16:21	91	00:02:22	00:35:48	82
81	KOWALSKI Dariusz	89	TEAM KOWALSKI	M50-59	00:16:19	90	00:03:22	00:34:50	68
82	ANTKOWIAK Bartosz	8	TRISPACE/TREK	M30-39	00:18:20	145	00:02:04	00:34:13	50
83	GOŁEMBIEWSKI Marek	52		M40-49	00:16:47	104	00:02:23	00:35:44	79
84	ZIEMIŃSKI Bartosz	208	PTT DELTA	M30-39	00:17:56	139	00:02:59	00:34:00	44
85	FRĄCKOWSKI Łukasz	47		M18-29	00:13:23	27	00:03:45	00:37:48	125
86	IWICKI Paweł	63		M30-39	00:15:46	76	00:02:53	00:36:21	89
87	SZLYK Maciej	178		M40-49	00:15:11	64	00:03:20	00:36:31	96
88	KAPUSTKA Mirek	72	KAPUSTRI	M30-39	00:15:19	66	00:02:15	00:37:30	121
89	FRYDRYSZEK Michał	48	1989	M30-39	00:17:54	136	00:02:54	00:34:21	54
90	CABAJ Martyna	27		K18-29	00:14:32	51	00:02:36	00:38:03	131
91	RUTKOWSKI Michał	217	KUJAWSKO-POMORSKIE	M30-39	00:14:13	40	00:03:38	00:37:27	119
92	KULIŃSKI Grzegorz	101		M18-29	00:17:11	120	00:02:29	00:35:40	77
93	ŚWIERCZYŃSKI Marcin	184	ATHLETICOMED.PL	M30-39	00:17:36	129	00:03:12	00:34:39	61
94	MAZURKIEWICZ Michał	120		M30-39	00:16:07	82	00:02:35	00:37:06	109
95	GRUBA Marek	56		M30-39	00:15:51	78	00:03:26	00:36:32	97
96	CYNOWSKI Krzysztof	32	CYNA	M30-39	00:16:05	80	00:02:53	00:36:51	104
97	KARCZEWSKI Filip	75		M30-39	00:18:10	142	00:02:31	00:35:17	71
98	WOŹNIAK Radek	202	BOZITA POLSKA	M30-39	00:17:55	138	00:02:38	00:35:28	75
99	MOJŻESZ Piotr	126	UNLIMITED KRAKÓW	M18-29	00:15:50	77	00:02:53	00:37:27	118
100	KĄTNIK Jacek	77		M50-59	00:19:33	161	00:02:26	00:34:13	51
101	BARANOWICZ Bartosz	10	GLOBART MEBLE	M40-49	00:15:00	59	00:03:03	00:38:11	133
102	WARCZAK Katarzyna	193	TEAMOCHAL	K40-49	00:15:08	61	00:02:42	00:38:25	139
103	DULIŃSKI Bartosz	44	NOOBIEZJAGODA	M18-29	00:17:17	123	00:03:24	00:35:39	76
104	CZARNECKI Piotr	221	BRZOZA BIEGA	M40-49	00:16:41	99	00:03:54	00:35:45	80
105	KWIATOŃ Michał	215		M30-39	00:17:54	134	00:03:31	00:34:58	69
106	POPEK Maciej	150	WŁOCŁAWEK TRIATHLON TEAM	M40-49	00:18:25	147	00:03:26	00:34:40	63
107	KUŹMA Wojtek	102		M50-59	00:17:29	126	00:02:35	00:36:30	95
108	RUCIŃSKI Rafał	159	SELEKCJA NATURALNA	M30-39	00:17:42	132	00:02:31	00:36:29	94
109	LEWANDOWKI Fabian	107		M30-39	00:17:05	115	00:03:18	00:36:27	91
110	KWAPIŃSKI Damian	103		M30-39	00:16:37	97	00:02:27	00:37:48	126
111	TUBAJA Albert	190	KABEL TEAM BYDGOSZCZ	M40-49	00:16:25	92	00:03:53	00:36:45	101
112	KAPSA Dawid	71	ONLY GLASS	M40-49	00:17:34	127	00:03:03	00:36:28	92
113	DUDA Aleksandra	42	POLITECHNIKA GDAŃSKA	K18-29	00:14:22	44	00:02:52	00:40:01	157
114	BOROWSKI Łukasz	20	LADYSI	M40-49	00:17:37	130	00:03:13	00:36:28	93
115	WRÓBEL Paweł	203		M30-39	00:16:58	110	00:03:26	00:36:54	107
116	PERLINSKI Damian	144	MOŻE I POWOLI, ALE ZA TO BYLE JAK	M30-39	00:19:16	159	00:02:17	00:36:00	85
117	MARKIEWICZ Bartosz	117	PTT DELTA	M30-39	00:17:06	116	00:03:05	00:37:32	122
118	TRZASKOWSKI Tomasz	189		M40-49	00:15:30	69	00:04:34	00:37:42	123
119	ROMAN Krzysztof	157		M40-49	00:17:10	119	00:03:29	00:37:16	114
120	DYBOWSKI Dominik	45	PUA	M30-39	00:16:13	86	00:02:43	00:39:07	148
121	GONDEK Martin	53		M18-29	00:15:30	68	00:04:13	00:38:24	138

					Pływanie			Rower		125	Bieg	1255
122	WOLSKI Tomasz	201	BYDGOSZCZ TRIATHLON TEAM	M30-39	00:18:13	143	00:02:32	00:37:23	116			
123	ŚLESICKI Maciej	181		M40-49	00:16:55	108	00:03:14	00:38:02	130			
124	GRUBA Jacek	57		M60-69	00:17:55	137	00:03:18	00:37:11	111			
125	STEMPOROWSKI Paweł	174		M18-29	00:12:14	16	00:02:58	00:43:17	178			
126	ZIENKIEWICZ Marek	210	ATOS	M40-49	00:18:50	151	00:03:04	00:36:38	99			
127	KARCZEWSKA Karolina	74		K18-29	00:16:38	98	00:03:20	00:38:34	142			
128	TALAREK Robert	185	SMT SZCZECIN	M40-49	00:19:40	164	00:02:34	00:36:23	90			
129	STANIEK Agata	172	MOGILNO TEAM	K18-29	00:12:40	21	00:02:45	00:43:20	179			
130	GAWRON Marcin	49	CAR-MAN	M40-49	00:18:53	154	00:03:10	00:36:43	100			
131	DULINSKA Dorota	43	TRISPACE/TREK	K40-49	00:18:44	150	00:02:42	00:37:25	117			
132	PIETZ Mikołaj	147	CYTADELA BY NIGHT	M40-49	00:16:46	103	00:02:56	00:39:10	150			
133	KONWIŃSKI Daniel	85	SELEKCJA NATURALNA	M30-39	00:18:15	144	00:03:37	00:37:12	112			
134	CZERWIAKOWSKI Sebastian	35		M40-49	00:17:54	135	00:04:21	00:37:07	110			
135	STRYCZYŃSKI Marek	176	TRISPACE/TREK	M30-39	00:17:01	113	00:03:07	00:39:26	152			
136	WOJTCAZAK Adam	199		M30-39	00:15:45	75	00:03:20	00:40:31	165			
137	GÓRZYŃSKA Małgorzata	54	TRISPACE/TREK	K40-49	00:19:39	163	00:02:55	00:37:28	120			
138	ANTCZAK Marek	7		M40-49	00:20:36	176	00:03:16	00:36:16	88			
139	CICHY Adam	29	RUN4FUN	M30-39	00:19:06	157	00:04:19	00:36:47	102			
140	MORAWIAK Krzysztof	129		M18-29	00:17:20	124	00:03:39	00:39:16	151			
141	PAPIEROWSKI Piotr	140	ATOS	M30-39	00:18:08	141	00:03:08	00:39:02	146			
142	ŚWIATOWY Krystian	183	#SLIMAKIBARCIN	M30-39	00:18:39	149	00:03:20	00:38:34	141			
143	MAŁACHA Dawid	116	KU AZS UTP BYDGOSZCZ	M18-29	00:17:52	133	00:03:20	00:39:30	153			
144	ZIĘBICKI Maciej	211		M30-39	00:18:20	146	00:03:38	00:38:46	145			
145	GWIAZDOWSKI Krzysztof	59		M40-49	00:20:04	168	00:03:39	00:37:13	113			
146	MORDAKA Maciej	130		M30-39	00:16:43	100	00:04:34	00:39:39	154			
147	PAWELSKI Michał	142		M30-39								
148	PRENTKA Magdalena	151	CITYZEN	K40-49	00:15:38	73	00:03:14	00:42:27	176			
149	LURKA Krystian	112	TRISPACE/TREK	M18-29	00:22:33	189	00:02:51	00:35:57	83			
150	JANKOWSKA Zuzanna	66		K18-29	00:16:26	93	00:03:32	00:41:33	170			
151	POCZTAREK Ewelina	224	CITYZEN POZNAŃ	K30-39	00:15:32	70	00:03:27	00:42:32	177			
152	KOWALSKI Marek	90	REKINY OSIELSKO	M50-59	00:16:33	95	00:04:55	00:40:08	158			
153	BOGALECKI Marek	17	SAFE SPORT TEAM	M60-69	00:18:52	153	00:04:46	00:38:01	129			
154	RASZLIŃSKA Mariola	156		K50-59	00:17:59	140	00:02:52	00:40:49	166			
	HENDRZAK Sylwester	61	ZAMEK BIERZGŁOWSKI	M30-39	00:19:36	162	00:03:47	00:38:17	136			
156	RUTKOWSKA Virginia	160	ATOS/KLINIKA TRIATHLONU	K30-39	00:16:57	109	00:03:40	00:41:04	169			
157	CZACHOWSKI Jacek	33		M30-39	00:16:58	111	00:04:19	00:40:30	164			
158	LICZNIERSKA Alina	109	ZONE3TEAM	K30-39	00:21:26	184	00:02:14	00:38:14	135			
159	HEJNICKI Dariusz	60	DON TRUCKING GROUP	M30-39	00:20:31	174	00:03:25	00:37:58	128			
160	RADZIŃSKA Joanna	154	TRISPACE/TREK	K30-39	00:20:41	179	00:03:09	00:38:12	134			
161	ROŚ Sławek	158	SELEKCJA NATURALNA	M30-39	00:15:54	79	00:04:39	00:41:33	171			
162	KOŁODZIEJCZYK Tomasz	84		M40-49	00:19:01	155	00:02:56	00:40:09	159			
163	MALINOWSKI Artur	227		M50-59	00:21:42	186	00:03:32	00:36:53	105			
164	DROBINSKI Daniel	40		M30-39	00:20:30	173	00:03:54	00:37:43	124			
165	ZIÓŁKOWSKI Bartosz	212		M18-29	00:19:51	166	00:02:22	00:39:56	156			
166	OSIŃSKI Adam	138	CHŁOPAKI TO MY	M40-49	00:20:24	171	00:03:55	00:38:04	132			
167	KOSECKI Tomasz	87		M40-49	00:19:32	160	00:04:26	00:38:41	144			

					Pływanie			Rower	125 Bieg
168	MIELCAREK Rafał	18		M40-49	00:17:06	117	00:03:40	00:41:59	174
169	LALEWICZ Wojciech	105	ASSECO ACTIVE TEAM	M40-49	00:19:06	158	00:03:56	00:39:45	155
170	LEBIECKI Paweł	106		M30-39	00:19:01	156	00:03:38	00:40:15	162
171	ZGÓRSKI Maciej	206		M40-49	00:20:27	172	00:04:15	00:38:25	140
172	KAPUSTKA Kasia	73	KAPUSTRI	K30-39	00:17:13	121	00:04:15	00:41:40	172
173	MIEKCZYNSKI Artur	123	POLONIA BYDGOSZCZ	M30-39	00:19:43	165	00:03:56	00:40:11	161
174	MATLUCH Piotr	119	A-T	M40-49	00:20:32	175	00:04:48	00:38:35	143
175	DRZEWIECKI Mikołaj	41		M30-39	00:20:08	169	00:03:35	00:40:17	163
176	ZUBOWICZ Maria	213	IRON TEAM TOMASZ MARCINEK	K30-39	00:22:19	188	00:03:08	00:39:06	147
177	KOCZOROWSKA Kamila	83		K30-39	00:17:13	122	00:03:17	00:44:14	182
178	KOPCZYNSKI Waldemar	86	1958	M60-69	00:21:30	185	00:03:37	00:40:57	167
179	KOWALSKA Karolina	88		K18-29	00:17:35	128	00:03:18	00:45:31	186
180	SOŁDYGA Paweł	171		M40-49	00:21:17	182	00:04:29	00:41:03	168
181	MONTOWSKI Jan	128	OPŁAWIEC	M60-69	00:20:36	177	00:04:23	00:41:56	173
182	TOMASZ Mariusz	186	TRIIM OŁAWA	M40-49	00:23:57	198	00:03:05	00:40:11	160
183	DANIELEK Ewa Anna	37	REEBOK RUN CREW	K30-39	00:20:08	170	00:03:19	00:44:46	185
184	BUŁKA Rafał	25		M50-59	00:18:32	148	00:04:18	00:45:52	189
185	BUDNICKI Krzysztof	23		M40-49	00:22:45	190	00:03:44	00:42:17	175
186	PIĄTKOWSKI Mariusz	21	TRIFECTA	1 Fala				00:45:38	188
187	MICHALSKI Bogdan	122	ŁAPA JAGUARA	M60-69	00:21:18	183	00:04:35	00:43:50	181
188	PIĄTKOWSKI Mateusz	98	TRIFECTA	1 Fala	00:17:38	131	00:04:03	00:49:02	198
189	KRAZIŃSKA Samanta	93	MIĘDZY TRENINGAMI	K18-29	00:24:51	200	00:02:38	00:43:37	180
190	FIEGEL Katarzyna	46	TRISPACE/TREK	K40-49	00:24:23	199	00:02:37	00:44:32	183
191	PASTWA Donata	141	TRISPACE TREK	K40-49	00:23:22	194	00:03:37	00:44:35	184
192	JUCHACZ Michał	69	DZIKI Z BALCZEWA	M40-49	00:20:38	178	00:03:21	00:47:51	192
193	WIŚNIEWSKA Małgorzata	198		K40-49	00:19:57	167	00:04:20	00:47:56	193
194	BUGAJ Katarzyna	24	LAKE RUNNERS TYCHY	K40-49	00:16:45	101	00:06:33	00:48:57	197
195	SZABO-MOSKAL Jadwiga	177		K50-59	00:21:08	181	00:03:41	00:47:36	191
196	KULCZYŃSKI Przemysław	100	TYPYGRUBE	M30-39	00:23:16	193	00:03:43	00:45:35	187
197	MURACH Agnieszka	131	KURPIOWSKIE CENTRUM WETERYNARYJNE	K50-59	00:22:07	187	00:04:35	00:47:15	190
198	SKRZYNIARZ Hubert	167	#CIĄGŁA_WALKA_Z_BMI	M30-39	00:33:34	205	00:04:20	00:36:48	103
199	NOWAK Adam	223	WUJEK PORADA	M40-49	00:21:02	180	00:05:11	00:48:50	196
200	CZYŻEWSKI Piotr	36	MELTICA TEAM	M30-39	00:22:58	191	00:04:36	00:48:11	194
201	NOWICKA Michalina	136		K18-29	00:23:32	196	00:03:40	00:51:50	201
202	SKORUPKA Radek	166	ULUNG TEAM	M40-49	00:23:13	192	00:04:46	00:51:09	200
203	NOSKOWIAK BAJNO Alicja	134		K40-49	00:25:40	201	00:04:48	00:50:33	199
204	ZAPOTOCZNY Robert	216	CENTRUM MEDYCyny SPORTOWEJ OLIMP ZIELONA GÓRA	M50-59	00:27:16	204	00:06:17	00:48:38	195
205	BŁASZKIEWICZ Marzena	15	CHOŁE KŁÓLIKI	K40-49	00:23:42	197	00:06:04	00:54:19	202
206	ŻAK Łukasz	62	TRIFECTA	M30-39	00:23:24	195	00:10:03	00:54:30	203
207	MIKA Aldona	124		K50-59	00:26:05	203	00:10:55	00:55:58	204
208	SAWICKI Waldemar	163		M70-79	00:26:04	202	00:10:46	00:56:19	205
	WRZESIŃSKI Bartłomiej	22	TRIFECTA	1 Fala					
	STAWSKI Paweł	173	ACTIVE RUNNERS PŁOCK	M30-39					
	WAPNIEWSKI Marcin	31	TRI-SPORT	M40-49	00:11:44	11	00:01:55		