



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

OCEAN LAVA TRIATHLON POLSKA - SPRINT

Ocean Lava Triathlon Polska 2020
Towarzystwo Sportowe TRI-SPORT
2020-08-23
Bydgoszcz
25.75 km



B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie		T1	Rower		T2	Bieg			Czas	
						P_Borowno 0.75km	Poz		R_Lidl 20km	Poz		B_Announcer 4.59km	B_Announcer 5km	Poz	Czas netto 26.01km	Różn
1	KRIEGER Łukasz	94	H2OSHOP.PL/LANGE TRI COACH	M30-39	1	00:12:27	18	00:01:39	00:28:55	1	00:00:54	00:17:56	00:18:06	1	01:02:01.65	
2	TOMCZAK Marcin	222	GVT BMC 3SOFT TRIATHLON TEAM	M30-39	2	00:11:23	5	00:01:54	00:29:49	2	00:00:57	00:18:52	00:19:13	8	01:03:16.00	+00:01:14 (2.0%)
3	RYMER Jakub	161	IRON TEAM TOMASZ MARCINEK	M30-39	3	00:12:23	17	00:01:49	00:30:44	8	00:00:51	00:19:18	00:19:32	10	01:05:19.45	+00:03:17 (5.0%)
4	KOZAR Karol	91	POLISH TRIATHLETES	M30-39	4	00:14:21	43	00:02:11	00:30:37	7	00:01:27	00:18:38	00:18:50	6	01:07:26.05	+00:05:24 (8.0%)
5	BISKUPSKI Cezary	12	TRISPACE/TREK	M30-39	5	00:14:17	42	00:01:59	00:30:23	6	00:01:07	00:19:43	00:19:56	16	01:07:42.65	+00:05:41 (8.4%)
6	PRZYBYLSKI Jakub	152	KOMPUTRONIK	M30-39	6	00:14:42	54	00:02:04	00:30:17	4	00:01:03	00:19:24	00:19:37	13	01:07:43.75	+00:05:42 (8.4%)
7	BEDNARCZYK Tomasz	2	BIKE U UP	M30-39	7	00:12:32	19	00:01:51	00:32:40	34	00:00:48	00:19:44	00:19:58	18	01:07:49.10	+00:05:47 (8.5%)
8	JĄSKIEWICZ Marcin	68	MOGILNO TEAM	M30-39	8	00:12:52	22	00:01:56	00:31:58	25	00:00:48	00:20:06	00:20:19	24	01:07:53.40	+00:05:51 (8.6%)
9	WASZTYL Michał	194	ZONE3TEAM / WITKOWO BIEGA	M30-39	9	00:11:41	10	00:01:52	00:33:19	39	00:00:55	00:19:57	00:20:10	20	01:07:57.65	+00:05:56 (8.7%)
10	TRZASKA Przemysław	188	DREAM TRI TEAM	M30-39	10	00:14:37	52	00:01:47	00:31:15	12	00:00:52	00:19:17	00:19:32	11	01:08:03.50	+00:06:01 (8.9%)
11	KWIATKOWSKI Daniel	104	IRON TEAM TOMASZ MARCINEK	M30-39	11	00:14:31	50	00:02:00	00:31:16	13	00:01:08	00:19:07	00:19:23	9	01:08:18.00	+00:06:16 (9.2%)
12	BETHKE Sławomir	11	7SI-OWB ROWERTOUR.COM	M30-39	12	00:14:59	58	00:02:03	00:30:20	5	00:00:51	00:20:30	00:20:44	32	01:08:57.40	+00:06:55 (10.0%)
13	GOŚCINIAK Michał	65	3GRAVITY	M30-39	13	00:14:12	38	00:02:26	00:33:36	42	00:00:53	00:18:28	00:18:40	3	01:09:47.70	+00:07:46 (11.1%)
14	LICZNIERSKI Marek	110	ZONE3 TEAM	M30-39	14	00:13:10	25	00:02:09	00:33:23	40	00:00:54	00:20:03	00:20:16	22	01:09:52.70	+00:07:51 (11.2%)
15	KUBICZAK Jan	616		M30-39	15	00:14:23	45	00:02:18	00:34:19	53	00:00:44	00:18:35	00:18:48	5	01:10:32.80	+00:08:31 (12.1%)
16	ŚLIWIŃSKI Łukasz	182	LKS BOGMAR OSTROMECKO	M30-39	16	00:17:22	125	00:02:00	00:31:18	14	00:00:50	00:19:41	00:19:56	17	01:11:26.05	+00:09:24 (13.2%)
17	GROCHOWSKI Paweł	55	MBC	M30-39	17	00:16:15	87	00:02:13	00:31:58	24	00:01:08	00:20:13	00:20:25	27	01:11:59.00	+00:09:57 (13.8%)

						Pływanie				Rower				Bieg			
18	WIERZYŃSKI Damian	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	M30-39	18	00:15:08	62	00:02:42	00:32:47	36	00:00:55	00:20:45	00:20:57	34	01:12:29.30	+00:10:27 (14.4%)	
19	WAŚNIEWSKI Daniel	226	DEWELOPPOL TEAM	M30-39	19	00:17:08	118	00:02:32	00:31:44	23	00:01:11	00:20:11	00:20:24	26	01:12:59.15	+00:10:57 (15.0%)	
20	KRZYŻANOWSKI Leszek	96	NIEDZIELNY ŚCIGACZ	M30-39	20	00:13:28	28	00:02:16	00:34:38	60	00:01:17	00:21:10	00:21:21	41	01:13:00.10	+00:10:58 (15.0%)	
21	KLUSZCZYŃSKI Mariusz	79	TORUŃ MULTISPORT TEAM	M30-39	21	00:16:06	81	00:02:02	00:31:21	15	00:01:01	00:23:04	00:23:16	77	01:13:46.80	+00:11:45 (15.9%)	
22	JUSTYŃSKI Andrzej	70		M30-39	22	00:16:09	85	00:02:07	00:32:36	30	00:01:07	00:21:56	00:22:09	59	01:14:08.65	+00:12:07 (16.3%)	
23	SMOCZYNSKI Marek	168	MBC TEAM	M30-39	23	00:15:36	72	00:02:37	00:31:31	19	00:01:24	00:23:31	00:23:45	88	01:14:53.70	+00:12:52 (17.2%)	
24	MALICKI Patryk	115		M30-39	24	00:11:32	6	00:02:09	00:34:12	49	00:01:30	00:25:30	00:25:45	128	01:15:08.60	+00:13:06 (17.5%)	
25	JANUSZKIEWICZ Piotr	67		M30-39	25	00:15:43	74	00:02:29	00:34:16	52	00:01:21	00:21:22	00:21:36	45	01:15:25.85	+00:13:24 (17.8%)	
26	SKORECKI Aleksander	165	BYDGOSZCZ TRIATHLON TEAM	M30-39	26	00:13:41	32	00:02:41	00:36:13	86	00:00:52	00:22:02	00:22:28	65	01:15:55.50	+00:13:53 (18.3%)	
27	KAWCZYNSKI Paweł	76	ELITE SPORTS REDA	M30-39	27	00:11:48	12	00:02:18	00:34:28	57	00:01:00	00:26:55	00:27:14	153	01:16:48.50	+00:14:46 (19.2%)	
28	WIECZOREK Bartosz	196		M30-39	28						00:02:17		00:21:34	44	01:16:49.90	+00:14:48 (19.3%)	
29	POLASIK Michał	149	RUN4FUN	M30-39	29	00:14:28	48	00:02:53	00:35:27	74	00:00:59	00:23:13	00:23:26	80	01:17:13.20	+00:15:11 (19.7%)	
30	ZIEMIŃSKI Bartosz	208	PTT DELTA	M30-39	30	00:17:56	139	00:02:59	00:34:00	44	00:01:23	00:20:55	00:21:08	38	01:17:26.30	+00:15:24 (19.9%)	
31	PIETRZAKOWSKI Patryk	146	ŁAPA JAGUARA	M30-39	31	00:15:33	71	00:03:50	00:34:32	59	00:01:22	00:22:01	00:22:12	60	01:17:29.05	+00:15:27 (19.9%)	
32	SOBCZAK Marcin	225	CZARNE STOPY	M30-39	32	00:14:59	57	00:02:55	00:35:15	70	00:01:19	00:23:23	00:23:36	85	01:18:04.10	+00:16:02 (20.5%)	
33	ANTKOWIAK Bartosz	8	TRISPACE/TREK	M30-39	33	00:18:20	145	00:02:04	00:34:13	50	00:01:04	00:22:22	00:22:34	66	01:18:15.10	+00:16:13 (20.7%)	
34	RADZIEJEWSKI Tomasz	153	TEAMOCHAL	M30-39	34	00:16:21	91	00:02:22	00:35:48	82	00:00:55	00:22:42	00:22:52	73	01:18:18.10	+00:16:16 (20.8%)	
35	ZIELIŃSKI Maciej	207		M30-39	35	00:16:31	94	00:02:12	00:34:47	66	00:00:58	00:24:15	00:24:27	110	01:18:55.40	+00:16:53 (21.4%)	
36	RUTKOWSKI Michał	217	KUJAWSKO-POMORSKIE	M30-39	36	00:14:13	40	00:03:38	00:37:27	119	00:02:16	00:21:14	00:21:28	43	01:19:02.35	+00:17:00 (21.5%)	
37	GUMIŃSKI Piotr	58	CTS	M30-39	37	00:14:17	41	00:03:09	00:34:09	47	00:01:28	00:25:56	00:26:12	135	01:19:15.80	+00:17:14 (21.7%)	
38	FRYDRYSZEK Michał	48	1989	M30-39	38	00:17:54	136	00:02:54	00:34:21	54	00:01:36	00:23:18	00:23:32	81	01:20:17.50	+00:18:15 (22.7%)	
39	NOWAK Michał	135	LEGALAID	M30-39	39	00:14:29	49	00:02:40	00:36:54	106	00:02:05	00:24:02	00:24:16	103	01:20:24.55	+00:18:22 (22.9%)	
40	KAPUSTKA Mirek	72	KAPUSTRI	M30-39	40	00:15:19	66	00:02:15	00:37:30	121	00:01:48	00:23:21	00:23:38	86	01:20:30.55	+00:18:28 (23.0%)	
41	IWICKI Paweł	63		M30-39	41	00:15:46	76	00:02:53	00:36:21	89	00:01:38	00:23:47	00:23:59	94	01:20:37.50	+00:18:35 (23.1%)	
42	KWAPIŃSKI Damian	103		M30-39	42	00:16:37	97	00:02:27	00:37:48	126	00:01:32	00:22:07	00:22:18	61	01:20:42.55	+00:18:40 (23.1%)	
43	ŚWIERCZYŃSKI Marcin	184	ATHLETICOMED.PL	M30-39	43	00:17:36	129	00:03:12	00:34:39	61	00:01:34	00:23:49	00:24:06	98	01:21:07.95	+00:19:06 (23.5%)	

						Pływanie		T1	Rower		T2	Bieg			Suma	
44	PERLINSKI Damian	144	MOŻE I POWOLI, ALE ZA TO BYŁE JAK	M30-39	44	00:19:16	159	00:02:17	00:36:00	85	00:01:15	00:22:34	00:22:47	71	01:21:35.60	+00:19:33 (24.0%)
45	CYNOWSKI Krzysztof	32	CYNA	M30-39	45	00:16:05	80	00:02:53	00:36:51	104	00:01:39	00:23:57	00:24:12	101	01:21:40.10	+00:19:38 (24.0%)
46	MAZURKIEWICZ Michał	120		M30-39	46	00:16:07	82	00:02:35	00:37:06	109	00:01:59	00:23:46	00:23:58	92	01:21:45.85	+00:19:44 (24.1%)
47	GRUBA Marek	56		M30-39	47	00:15:51	78	00:03:26	00:36:32	97	00:01:40	00:24:13	00:24:24	106	01:21:53.40	+00:19:51 (24.3%)
48	DOBRZAŃSKI Dariusz	39	3GRAVITY	M30-39	48	00:15:23	67	00:03:08	00:34:48	67	00:01:24	00:27:17	00:27:29	156	01:22:12.00	+00:20:10 (24.5%)
49	WOLSKI Tomasz	201	BYDGOSZCZ TRIATHLON TEAM	M30-39	49	00:18:13	143	00:02:32	00:37:23	116	00:01:27	00:22:32	00:22:45	68	01:22:20.70	+00:20:19 (24.7%)
50	KARCZEWSKI Filip	75		M30-39	50	00:18:10	142	00:02:31	00:35:17	71	00:01:16	00:24:57	00:25:11	117	01:22:25.80	+00:20:24 (24.8%)
51	LEWANDOWKI Fabian	107		M30-39	51	00:17:05	115	00:03:18	00:36:27	91	00:01:51	00:23:23	00:23:47	90	01:22:28.25	+00:20:26 (24.8%)
52	DYBOWSKI Dominik	45	PUA	M30-39	52	00:16:13	86	00:02:43	00:39:07	148	00:00:57	00:23:56	00:24:08	100	01:23:08.70	+00:21:07 (25.4%)
53	WOŹNIAK Radek	202	BOZITA POLSKA	M30-39	53	00:17:55	138	00:02:38	00:35:28	75	00:01:19	00:25:57	00:26:12	134	01:23:32.15	+00:21:30 (25.7%)
54	KWIATON Michał	215		M30-39	54	00:17:54	134	00:03:31	00:34:58	69	00:01:10	00:26:22	00:26:38	141	01:24:11.40	+00:22:09 (26.3%)
55	MARKIEWICZ Bartosz	117	PTT DELTA	M30-39	55	00:17:06	116	00:03:05	00:37:32	122	00:01:35	00:24:56	00:25:06	115	01:24:24.70	+00:22:23 (26.5%)
56	RUCIŃSKI Rafał	159	SELEKCJA NATURALNA	M30-39	56	00:17:42	132	00:02:31	00:36:29	94	00:01:46	00:25:49	00:26:02	130	01:24:30.90	+00:22:29 (26.6%)
57	KONWIŃSKI Daniel	85	SELEKCJA NATURALNA	M30-39	57	00:18:15	144	00:03:37	00:37:12	112	00:01:32	00:23:53	00:24:06	96	01:24:42.55	+00:22:40 (26.8%)
58	HEJNICKI Dariusz	60	DON TRUCKING GROUP	M30-39	58	00:20:31	174	00:03:25	00:37:58	128	00:01:44	00:21:49	00:22:01	54	01:25:39.85	+00:23:38 (27.6%)
59	CICHY Adam	29	RUN4FUN	M30-39	59	00:19:06	157	00:04:19	00:36:47	102	00:01:11	00:24:52	00:25:06	114	01:26:29.25	+00:24:27 (28.3%)
60	WRÓBEL Paweł	203		M30-39	60	00:16:58	110	00:03:26	00:36:54	107	00:01:17	00:27:49	00:28:06	168	01:26:41.40	+00:24:39 (28.4%)
61	DROBINSKI Daniel	40		M30-39	61	00:20:30	173	00:03:54	00:37:43	124	00:01:53	00:22:30	00:22:46	69	01:26:46.10	+00:24:44 (28.5%)
62	ŚWIATOWY Krystian	183	#SLIMAKIBARCIN	M30-39	62	00:18:39	149	00:03:20	00:38:34	141	00:01:05	00:24:59	00:25:13	118	01:26:51.05	+00:24:49 (28.6%)
63	STRYCYŃSKI Marek	176	TRISPACE/TREK	M30-39	63	00:17:01	113	00:03:07	00:39:26	152	00:01:41	00:26:13	00:26:25	139	01:27:40.05	+00:25:38 (29.2%)
64	PAPIEROWSKI Piotr	140	ATOS	M30-39	64	00:18:08	141	00:03:08	00:39:02	146	00:01:47	00:26:50	00:27:05	148	01:29:10.15	+00:27:08 (30.4%)
65	CZACHOWSKI Jacek	33		M30-39	65	00:16:58	111	00:04:19	00:40:30	164	00:00:43	00:26:55	00:27:09	150	01:29:39.00	+00:27:37 (30.8%)
66	WOJTCZAK Adam	199		M30-39	66	00:15:45	75	00:03:20	00:40:31	165	00:01:18	00:28:44	00:29:00	181	01:29:54.35	+00:27:52 (31.0%)
67	PAWELSKI Michał	142		M30-39	67						00:01:51	00:27:50	00:28:05	167	01:31:10.00	+00:29:08 (32.0%)
68	ZIĘBICKI Maciej	211		M30-39	68	00:18:20	146	00:03:38	00:38:46	145	00:01:48	00:28:30	00:28:43	175	01:31:15.55	+00:29:13 (32.0%)
69	LEBIECKI Paweł	106		M30-39	69	00:19:01	156	00:03:38	00:40:15	162	00:01:54	00:27:02	00:27:22	154	01:32:10.45	+00:30:08 (32.7%)

						Pływanie		T1	Rower		T2	Bieg			Suma	
70	MIEKCYNSKI Artur	123	POLONIA BYDGOSZCZ	M30-39	70	00:19:43	165	00:03:56	00:40:11	161	00:01:03	00:27:38	00:27:55	161	01:32:48.45	+00:30:46 (33.2%)
71	ROŚ Sławek	158	SELEKCJA NATURALNA	M30-39	71	00:15:54	79	00:04:39	00:41:33	171	00:01:35	00:29:05	00:29:23	184	01:33:04.05	+00:31:02 (33.4%)
72	DRZEWIECKI Mikołaj	41		M30-39	72	00:20:08	169	00:03:35	00:40:17	163	00:01:34	00:28:20	00:28:36	174	01:34:10.90	+00:32:09 (34.1%)
73	MORDAKA Maciej	130		M30-39	73	00:16:43	100	00:04:34	00:39:39	154	00:02:03	00:35:05	00:35:19	198	01:38:18.50	+00:36:16 (36.9%)
74	KULCZYŃSKI Przemysław	100	TYPYGRUBE	M30-39	74	00:23:16	193	00:03:43	00:45:35	187	00:01:02	00:30:02	00:30:20	188	01:43:56.15	+00:41:54 (40.3%)
75	SKRZYNIARZ Hubert	167	#CIĄGŁA_WALKA_Z_BMI	M30-39	75	00:33:34	205	00:04:20	00:36:48	103	00:01:26	00:27:34	00:27:58	163	01:44:06.40	+00:42:04 (40.4%)
76	CZYŻEWSKI Piotr	36	MELTICA TEAM	M30-39	76	00:22:58	191	00:04:36	00:48:11	194	00:01:25	00:38:25	00:38:44	204	01:55:54.90	+00:53:53 (46.5%)
77	ŻAK Łukasz	62	TRIFECTA	M30-39	77	00:23:24	195	00:10:03	00:54:30	203	00:01:35	00:39:06	00:39:23	205	02:08:55.70	+01:06:54 (51.9%)
	HENDRZAK Sylwester	61	ZAMEK BIERZGŁOWSKI	M30-39		00:19:36	162	00:03:47	00:38:17	136	00:01:45	00:22:37	00:22:47	70	DNF	
	STAWSKI Paweł	173	ACTIVE RUNNERS PŁOCK	M30-39											DNF	

Znaleziono 79 wynik(ów)