OCHOTNICA CHALLENGE 20 KM

Wydarzenie: Gorce Ultra-Trail 2019
Organizator: Fundacja Run Vegan - GUT
Data: 2019-08-04
Miejsce: Ochotnica Dolna
Dystans: 20 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 33-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Gmin	Pow NT	Pow Limanowski	Wieża 10km	Gorc 11km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
1	**MAREK Dariusz**	**1161**	MONK SANDALS TEAM	M 33-44	1	Nie dotyczy			00:54:41	00:57:01	**01:32:55.05**	**01:32:56.75**		4:38	12.9 (100%)
2	**SIKOŃ Marek**	**1292**	PFEIFER.PL	M 33-44	2	Nie dotyczy			01:06:43	01:09:46	**01:44:55.55**	**01:44:57.25**	+00:12:00 (11.4%)	5:14	11.4 (88.4%)
3	**MILKOWSKI Rafał**	**1322**	OTK RZEŹNIK	M 33-44	3				01:03:59	01:06:59	**01:45:39.20**	**01:45:41.95**	+00:12:45 (12.1%)	5:16	11.4 (88.4%)
4	**ZYCH Marcin**	**1110**	#SOBASTEAM	M 33-44	4	Nie dotyczy			01:07:45	01:10:46	**01:48:00.85**	**01:48:03.30**	+00:15:06 (14.0%)	5:24	11.1 (86.0%)
5	**KOWALIK Marcin**	**1080**	PGE RUN OBRÓT	M 33-44	5	Nie dotyczy			01:09:29	01:12:44	**01:49:53.05**	**01:49:56.00**	+00:16:59 (15.5%)	5:29	10.9 (84.5%)
6	**GASPARSKI Bartek**	**1069**		M 33-44	6	Nie dotyczy			01:04:22	01:07:38	**01:50:04.60**	**01:50:08.00**	+00:17:11 (15.6%)	5:30	10.9 (84.5%)
7	**KRAWCZYK Sebastian**	**1252**	MOVE FOR HEALTH	M 33-44	7	Nie dotyczy			01:11:22	01:15:04	**01:54:39.85**	**01:54:42.50**	+00:21:45 (19.0%)	5:44	10.5 (81.4%)
8	**MIKA Andrzej**	**1245**		M 33-44	8	Nie dotyczy			01:07:03	01:10:00	**01:56:33.85**	**01:56:38.30**	+00:23:41 (20.3%)	5:49	10.3 (79.8%)
9	**KOS Lucjan**	**1172**		M 33-44	9	Nie dotyczy			01:09:33	01:12:43	**01:57:37.55**	**01:57:42.00**	+00:24:45 (21.0%)	5:52	10.2 (79.1%)
10	**ZAJĄC Andrzej**	**1065**	MUAY RUNNING TEAM	M 33-44	10	Nie dotyczy			01:13:06	01:17:08	**01:57:37.35**	**01:58:05.55**	+00:25:08 (21.3%)	5:52	10.2 (79.1%)
11	**SIWAK Ryszard**	**1274**	TEAMRYS SKI	M 33-44	11	Nie dotyczy			01:06:49	01:10:07	**01:58:21.90**	**01:58:28.20**	+00:25:31 (21.5%)	5:55	10.1 (78.3%)
12	**STRZELCZYK Mariusz**	**1066**	KONTENER FORMY	M 33-44	12	Nie dotyczy			01:11:35	01:14:54	**01:58:47.45**	**01:59:42.10**	+00:26:45 (22.4%)	5:56	10.1 (78.3%)
13	**GOŁDYN Piotr**	**1085**	KROKODYLE NA WOLNOŚCI	M 33-44	13	Ochotnica Dolna	1		01:11:24	01:14:55	**01:58:57.05**	**01:59:50.90**	+00:26:54 (22.4%)	5:56	10.1 (78.3%)
14	**KUBIESA Jakub**	**1296**	HUSARIA RACE TEAM	M 33-44	14	Nie dotyczy			01:17:35	01:21:13	**02:00:45.00**	**02:00:47.30**	+00:27:50 (23.1%)	6:02	9.9 (76.7%)
15	**KOCAK Konrad**	**1317**		M 33-44	15				01:15:38	01:18:42	**02:01:11.55**	**02:01:15.90**	+00:28:19 (23.4%)	6:03	9.9 (76.7%)
16	**MIZERA Krzysztof**	**1026**		M 33-44	16	Nie dotyczy			01:12:30	01:16:24	**02:01:33.65**	**02:01:42.40**	+00:28:45 (23.6%)	6:04	9.9 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Gmin	Pow NT	Pow Limanowski	Wieża 10km	Gorc 11km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
17	**PLEWA Rafał**	**1211**		M 33-44	17	Nie dotyczy			01:13:48	01:17:48	**02:02:17.85**	**02:02:26.55**	+00:29:29 (24.1%)	6:06	9.8 (76.0%)
18	**ZAWADZKI Piotr**	**1220**	-	M 33-44	18	Nie dotyczy			01:14:25	01:18:13	**02:02:51.65**	**02:02:56.50**	+00:29:59 (24.4%)	6:08	9.8 (76.0%)
19	**GALUSKIN Alexey**	**1201**	GRUPA NOMAX	M 33-44	19	Nie dotyczy			01:20:27	01:24:10	**02:03:48.20**	**02:03:52.95**	+00:30:56 (25.0%)	6:11	9.7 (75.2%)
20	**PARWA Michał**	**1222**	BIEGIEM NA ROWER	M 33-44	20	Nie dotyczy			01:16:03	01:19:55	**02:06:02.05**	**02:06:07.75**	+00:33:11 (26.3%)	6:18	9.5 (73.6%)
21	**STARZYK Sebastian**	**1226**	OCR TEAM DĘBICA	M 33-44	21	Nie dotyczy			01:20:14	01:24:08	**02:08:11.75**	**02:08:22.30**	+00:35:25 (27.6%)	6:24	9.4 (72.9%)
22	**SOBSTEL Przemek**	**1177**		M 33-44	22	Nie dotyczy			01:17:58	01:21:21	**02:08:23.25**	**02:08:31.75**	+00:35:35 (27.7%)	6:25	9.3 (72.1%)
23	**DEMBECKI Marcin**	**1240**	ŁEMKO STAFF	M 33-44	23	Nie dotyczy			01:15:41	01:19:32	**02:08:22.95**	**02:08:39.95**	+00:35:43 (27.8%)	6:25	9.3 (72.1%)
24	**NIEMCZYK Dominik**	**1131**	EUROCLEAR RUNNING TEAM	M 33-44	24	Nie dotyczy			01:21:36	01:25:08	**02:09:14.30**	**02:09:20.30**	+00:36:23 (28.1%)	6:27	9.3 (72.1%)
25	**KRAJKA Jarosław**	**1187**	UMCS BIEGA	M 33-44	25	Nie dotyczy			01:17:54	01:22:06	**02:09:30.80**	**02:09:38.05**	+00:36:41 (28.3%)	6:28	9.3 (72.1%)
26	**PARZONKA Michał**	**1175**	ŚWISZCZĄCY ŁAŃCUCH	M 33-44	26	Nie dotyczy			01:21:01	01:25:02	**02:10:17.85**	**02:10:37.60**	+00:37:40 (28.8%)	6:30	9.2 (71.3%)
27	**KAWA Rafał**	**1236**	OCR TEAM DĘBICA	M 33-44	27	Nie dotyczy			01:22:06	01:25:58	**02:10:36.20**	**02:10:47.05**	+00:37:50 (28.9%)	6:31	9.2 (71.3%)
28	**DERWICH Karol**	**1034**		M 33-44	28	Nie dotyczy			01:21:34	01:25:37	**02:11:17.70**	**02:11:30.40**	+00:38:33 (29.3%)	6:33	9.1 (70.5%)
29	**CHOJNACKI Mikołaj**	**1280**	WARSAW RUN CLUB	M 33-44	29	Nie dotyczy			01:19:45	01:24:01	**02:11:49.35**	**02:12:12.00**	+00:39:15 (29.7%)	6:35	9.1 (70.5%)
30	**FORTUNA Marcin**	**1176**	ŚWISZCZĄCY ŁAŃCUCH	M 33-44	30	Nie dotyczy			01:21:32	01:25:35	**02:11:57.05**	**02:12:16.15**	+00:39:19 (29.7%)	6:35	9.1 (70.5%)
31	**BARSKI Łukasz**	**1124**		M 33-44	31	Nie dotyczy			01:20:58	01:25:07	**02:11:47.15**	**02:12:27.35**	+00:39:30 (29.8%)	6:35	9.1 (70.5%)
32	**INDEO Simone**	**1288**		M 33-44	32	Nie dotyczy			01:25:59	01:31:00	**02:13:33.45**	**02:13:43.70**	+00:40:46 (30.5%)	6:40	9 (69.8%)
33	**WARDA Paweł**	**1075**	MED SPORT	M 33-44	33	Nie dotyczy			01:23:06	01:27:19	**02:13:56.80**	**02:14:18.70**	+00:41:21 (30.8%)	6:41	9 (69.8%)
34	**KRZYŻOWSKI Hubert**	**1261**		M 33-44	34	Mszana Dolna		1	01:25:46	01:29:07	**02:15:34.90**	**02:15:42.60**	+00:42:45 (31.5%)	6:46	8.9 (69.0%)
35	**DZIEDZIC Grzegorz**	**1067**		M 33-44	35	Nowy Targ	1		01:26:21	01:30:03	**02:16:54.35**	**02:17:21.75**	+00:44:25 (32.3%)	6:50	8.8 (68.2%)
36	**YAKOVLEV Andrey**	**1264**		M 33-44	36	Not applicable			01:21:19	01:25:25	**02:17:54.20**	**02:18:35.05**	+00:45:38 (32.9%)	6:53	8.7 (67.4%)
37	**GWÓŹDŹ Michał**	**1270**	#CZELADZBIEGA	M 33-44	37	Nie dotyczy			01:25:28	01:30:07	**02:20:11.30**	**02:20:28.90**	+00:47:32 (33.8%)	7:00	8.6 (66.7%)
38	**ANDRUSZKIEWICZ Szymon**	**1326**		M 33-44	38				01:26:10	01:31:21	**02:21:33.45**	**02:21:47.50**	+00:48:50 (34.4%)	7:04	8.5 (65.9%)
39	**MĘDRALA Ireneusz**	**1073**		M 33-44	39	Nie dotyczy			01:27:43	01:32:26	**02:22:01.30**	**02:22:18.80**	+00:49:22 (34.7%)	7:06	8.4 (65.1%)
40	**FRANKOWSKI Piotr**	**1290**		M 33-44	40	Nie dotyczy			01:28:24	01:32:36	**02:22:18.55**	**02:22:49.30**	+00:49:52 (34.9%)	7:06	8.4 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Gmin	Pow NT	Pow Limanowski	Wieża 10km	Gorc 11km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
41	**LADRA Tomasz**	**1237**	RE/MAX POLSKA	M 33-44	41	Nie dotyczy			01:28:05	01:32:24	**02:22:09.35**	**02:22:51.50**	+00:49:54 (34.9%)	7:06	8.4 (65.1%)
42	**WIŚNIOWSKI Mariusz**	**1121**		M 33-44	42	Nie dotyczy			01:26:28	01:31:14	**02:22:41.70**	**02:22:57.25**	+00:50:00 (35.0%)	7:08	8.4 (65.1%)
43	**BIJATOWSKI Adrian**	**1260**		M 33-44	43	Mszana Dolna			01:29:27	01:33:54	**02:22:53.40**	**02:23:01.90**	+00:50:05 (35.0%)	7:08	8.4 (65.1%)
44	**ZAWADZKI Grzegorz**	**1018**	KLUB SPORTOWY PRESTIGE	M 33-44	44	Nie dotyczy			01:31:36	01:36:39	**02:23:49.40**	**02:24:07.95**	+00:51:11 (35.5%)	7:11	8.3 (64.3%)
45	**SZELA Łukasz**	**1231**	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M 33-44	45	Nie dotyczy			01:31:18	01:35:24	**02:24:48.00**	**02:25:17.90**	+00:52:21 (36.0%)	7:14	8.3 (64.3%)
46	**DREWNIK Robert**	**1234**		M 33-44	46	Nie dotyczy			01:26:14	01:31:34	**02:26:04.90**	**02:26:45.10**	+00:53:48 (36.7%)	7:18	8.2 (63.6%)
47	**GAŁKA Marcin**	**1157**	#SOBASTEAM	M 33-44	47	Nie dotyczy			01:27:55	01:32:43	**02:26:38.00**	**02:26:47.65**	+00:53:50 (36.7%)	7:19	8.2 (63.6%)
48	**KAMYK Dariusz**	**1214**		M 33-44	48	Nie dotyczy			01:30:47	01:35:55	**02:27:36.15**	**02:28:11.25**	+00:55:14 (37.3%)	7:22	8.1 (62.8%)
49	**LECH Marcin**	**1156**	NOA	M 33-44	49	Nie dotyczy			01:28:48	01:32:54	**02:29:06.05**	**02:29:15.00**	+00:56:18 (37.7%)	7:27	8 (62.0%)
50	**CIURASZKIEWICZ Kamil**	**1500**	KAMIL CIURASZKIEWICZ '86	M 33-44	50				01:31:26	01:36:14	**02:29:16.25**	**02:29:33.40**	+00:56:36 (37.9%)	7:27	8 (62.0%)
51	**KWIECIEŃ Robert**	**1253**		M 33-44	51	Nie dotyczy			01:28:16	01:32:43	**02:29:46.85**	**02:30:03.10**	+00:57:06 (38.1%)	7:29	8 (62.0%)
52	**ZAJĄC Rafał**	**1266**		M 33-44	52	Nie dotyczy			01:27:27	01:32:19	**02:30:58.75**	**02:31:24.80**	+00:58:28 (38.6%)	7:32	7.9 (61.2%)
53	**GUT Marcin**	**1170**		M 33-44	53	Nie dotyczy			01:33:36	01:38:28	**02:31:40.45**	**02:31:56.55**	+00:58:59 (38.8%)	7:35	7.9 (61.2%)
54	**KUPIEC Marcin**	**1254**		M 33-44	54	Nie dotyczy			01:35:40	01:40:50	**02:34:35.15**	**02:35:21.70**	+01:02:24 (40.2%)	7:43	7.8 (60.5%)
55	**TOKARSKI Rafał**	**1109**		M 33-44	55	Nie dotyczy			01:36:30	01:41:49	**02:36:48.00**	**02:37:19.20**	+01:04:22 (40.9%)	7:50	7.7 (59.7%)
56	**RUSNARCZYK Wojciech**	**1308**		M 33-44	56	Ochotnica Dolna	1		01:37:44	01:42:02	**02:37:23.15**	**02:37:26.20**	+01:04:29 (41.0%)	7:52	7.6 (58.9%)
57	**WANDAS Grzegorz**	**1255**		M 33-44	57	Nie dotyczy			01:35:20	01:40:46	**02:37:45.60**	**02:38:31.95**	+01:05:35 (41.4%)	7:53	7.6 (58.9%)
58	**OSTROWSKI Paweł**	**1169**		M 33-44	58	Nie dotyczy			01:35:46	01:41:12	**02:40:38.85**	**02:40:55.00**	+01:07:58 (42.2%)	8:01	7.5 (58.1%)
59	**KOZŁOWSKI Norbert**	**1117**	POLKRYS TEAM	M 33-44	59	Nie dotyczy			01:43:46	01:51:45	**02:41:24.25**	**02:41:56.35**	+01:08:59 (42.6%)	8:04	7.4 (57.4%)
60	**KOBYŁKIEWICZ Artur**	**1054**		M 33-44	60	Nie dotyczy			01:34:36	01:40:29	**02:42:23.15**	**02:43:11.20**	+01:10:14 (43.0%)	8:07	7.4 (57.4%)
61	**KRAWIEC Marcin**	**1230**		M 33-44	61	Nie dotyczy			01:39:25	01:45:12	**02:42:46.50**	**02:43:16.10**	+01:10:19 (43.1%)	8:08	7.4 (57.4%)
62	**HABA Konrad**	**1151**		M 33-44	62	Nie dotyczy			01:34:47	01:40:12	**02:43:46.40**	**02:44:01.65**	+01:11:04 (43.3%)	8:11	7.3 (56.6%)
63	**MICHALEWSKI Mateusz**	**1200**	DRUŻYNA GRUBEGO MISIA	M 33-44	63	Nie dotyczy			01:38:55	01:45:02	**02:44:30.05**	**02:44:36.05**	+01:11:39 (43.5%)	8:13	7.3 (56.6%)
64	**WIŚNIEWSKI Tomasz**	**1138**		M 33-44	64	Nie dotyczy			01:40:52	01:45:54	**02:44:30.10**	**02:45:00.75**	+01:12:04 (43.7%)	8:13	7.3 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Gmin	Pow NT	Pow Limanowski	Wieża 10km	Gorc 11km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
65	**KULIG Marcin**	**1271**	QQRYQ	M 33-44	65	Kamienica		1	01:40:42	01:45:56	**02:48:46.00**	**02:48:58.40**	+01:16:01 (45.0%)	8:26	7.1 (55.0%)
66	**MĄCZKA Krystian**	**1037**	TEAM URODZENI BIEGACZE	M 33-44	66	Not applicable			01:41:50	01:47:10	**02:49:36.55**	**02:50:16.50**	+01:17:19 (45.4%)	8:28	7.1 (55.0%)
67	**DZIANO Łukasz**	**1010**	MK TEAM	M 33-44	67	Nie dotyczy			01:42:18	01:47:58	**02:53:15.65**	**02:53:36.75**	+01:20:40 (46.5%)	8:39	6.9 (53.5%)
68	**STALMACH Krzysztof**	**1295**		M 33-44	68	Nie dotyczy			01:42:49	01:50:14	**02:56:07.40**	**02:56:28.55**	+01:23:31 (47.3%)	8:48	6.8 (52.7%)
69	**LEWCZUK Norbert**	**1309**	BIEGACZE POMAGACZE	M 33-44	69				01:45:40	01:53:05	**02:57:19.50**	**02:57:42.35**	+01:24:45 (47.7%)	8:52	6.8 (52.7%)
70	**FREEMAN Joel**	**1056**	DARWEN DASHERS	M 33-44	70	Not applicable			01:46:22	01:53:36	**02:57:58.50**	**02:58:29.95**	+01:25:33 (47.9%)	8:53	6.7 (51.9%)
71	**LEWANDOWSKI Rafał**	**450**	BIEGAM BO NIE LUBIE	M 33-44	71	Nie dotyczy			01:54:18	02:00:04	**03:01:14.90**	**03:02:03.70**	+01:29:06 (48.9%)	9:03	6.6 (51.2%)
72	**MIĘTKA Krzysztof**	**1088**		M 33-44	72	Nie dotyczy			01:51:16	01:59:19	**03:06:19.80**	**03:06:54.10**	+01:33:57 (50.3%)	9:19	6.4 (49.6%)
73	**JARANOWSKI Xawery**	**1197**		M 33-44	73	Nie dotyczy			01:54:08	02:00:41	**03:12:24.75**	**03:12:46.05**	+01:39:49 (51.8%)	9:37	6.2 (48.1%)
74	**KOTULA Jakub**	**1208**		M 33-44	74	Nie dotyczy			01:52:32	01:59:46	**03:18:20.80**	**03:18:34.85**	+01:45:38 (53.2%)	9:55	6.1 (47.3%)
75	**KRZYCZKOWSKI Karol**	**1284**	VEGE RUNNERS	M 33-44	75	Nie dotyczy			01:56:36	02:04:23	**03:18:17.45**	**03:19:07.35**	+01:46:10 (53.3%)	9:54	6.1 (47.3%)
76	**SARNECKI Maciej**	**1310**		M 33-44	76				01:49:07	01:57:31	**03:19:11.70**	**03:19:58.95**	+01:47:02 (53.5%)	9:57	6 (46.5%)
77	**FALKOWSKI Lukasz**	**704**		M 33-44	77	Ochotnica Dolna			02:02:02	02:10:33	**03:22:15.45**	**03:22:58.75**	+01:50:02 (54.2%)	10:06	5.9 (45.7%)
78	**PISKORSKI Krzysztof**	**1097**		M 33-44	78	Nie dotyczy			02:11:15	02:17:39	**03:57:11.15**	**03:57:22.45**	+02:24:25 (60.8%)	11:51	5.1 (39.5%)
79	**GRZEŚKOWIAK Marek**	**1013**		M 33-44	79	Nie dotyczy			02:07:38	02:17:30	**03:57:10.85**	**03:57:22.80**	+02:24:26 (60.8%)	11:51	5.1 (39.5%)

Znaleziono 79 wynik(ów)