

# OCR POLISH CHAMPIONSHIPS - 3 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** OCR Polish Championships  
**Organiser:** OCRA POLAND  
**Date:** 2018-08-24  
**Place:** Ząbki  
**Distance:** 3 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: ELITE WOMEN

Place	Participant	Number	Club	Category	MCat	Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
1	<b>SZARUGA Małgorzata</b>	<b>14</b>	OCRA POLAND	ELITE WOMEN	1	<b>00:37:46.25</b>	<b>00:37:50.10</b>		12:35	4.8 (100%)
2	<b>ALBON Henriette</b>	<b>15</b>		ELITE WOMEN	2	<b>00:41:41.15</b>	<b>00:41:44.40</b>	+00:03:54 (9.4%)	13:53	4.3 (89.6%)
3	<b>HANSLIK Aleksandra</b>	<b>16</b>	SOCIOS SILESIA	ELITE WOMEN	3	<b>00:43:49.95</b>	<b>00:43:53.70</b>	+00:06:03 (13.8%)	14:36	4.1 (85.4%)
DNC	<b>MACHNIK Katarzyna</b>	<b>38</b>	OCRA POLAND	ELITE WOMEN		<b>00:44:13.45</b>	<b>00:44:17.00</b>		-	- (0.0%)

Total 4 results.