



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Organizator: PFNW
Data: 2015-08-08
Miejsce: Osielsko
Dystans: 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 16,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	0.56km	1.12km	6.12km	11.12km	16.12km
1	SKIBA Krzysztof	769	KGHM METRACO POLKOWICE	M 50-59			00:00:09	00:03:18	00:06:39	00:38:36	01:10:46	01:43:43
2	DEPKA PRĄDZYŃSKI Olgierd	710	BIEGAMYRAZEM.PL	M 50-59			00:00:12	00:03:39	00:07:15	00:40:07	01:12:48	01:45:56
3	WIŚNIEWSKI Jacek	620	NORDIC ACTIVE TARNOBRZEG	M 50-59			00:00:12	00:03:40	00:07:16	00:40:12	01:13:04	01:47:19
4	MRÓZ Katarzyna	744	NORDIC DEVELOPMENT	K 40-49			00:01:46	00:03:31	00:07:03	00:40:48	01:15:31	01:50:43
5	STUPNOWICZ Przemek	778	FOREVER YOUNG ŁÓDŹ	M 18-29			00:00:05	00:03:41	00:07:17	00:41:53	01:16:50	01:51:07
6	NALEPKA Jerzy	745	PITBULL WALKING - SANOK	M 60+			00:00:14	00:03:40	00:07:13	00:40:46	01:15:41	01:51:22
7	BOGACKI Sławek	706	ENERGA NW TEAM	M 40-49			00:00:08	00:03:42	00:07:20	00:41:48	01:16:52	01:51:37
8	LENZ Andrzej	739	DĄBROWA NORDIC TEAM	M 50-59			00:00:10	00:03:44	00:07:26	00:42:01	01:17:03	01:52:30
9	KOŁODZIEJCZAK Beata	724		K 40-49			00:01:45	00:03:33	00:07:12	00:42:02	01:17:34	01:53:46
10	ROGAŁSKI Piotr	763	GDYNIA MOJE MIASTO	M 40-49			00:00:09	00:03:43	00:07:23	00:41:43	01:17:06	01:53:55
11	GALIŃSKI Rafał	525	DĄBROWA NORDIC TEAM	M 40-49			00:00:10	00:03:45	00:07:24	00:42:30	01:18:35	01:54:39
12	KACZKOWSKI Zbigniew	723	MARSZPOZDROWIE	M 30-39	1		00:00:06	00:03:47	00:07:33	00:42:36	01:18:22	01:54:56
13	ŻYWICKI Marcin	628	BŁĘKITNI NW DZIEMIANY	M 30-39			00:00:06	00:03:50	00:07:37	00:42:30	01:18:34	01:54:58
14	PIOTROWSKI Michał	621	PENDOLINO	M 30-39			00:00:05	00:03:46	00:07:28	00:42:20	01:17:45	01:56:01
15	SMUS Damian	770	UCZELNIA WARSZAWSKA	M 18-29			00:00:12	00:03:46	00:07:34	00:42:44	01:18:25	01:56:26
16	WRÓBEL Łukasz	364		M 30-39			00:00:05	00:03:41	00:07:25	00:43:12	01:19:34	01:56:46
17	ZAGAJA Janusz	753	KGHM METRACO POLKOWICE	M 60+			00:00:13	00:03:32	00:07:04	00:41:24	01:18:34	01:57:25
18	BAJER Piotr	702	BRAN-FROM TEAM	M 50-59			00:00:11	00:03:55	00:07:54	00:43:45	01:20:52	01:58:30
18	ŚLUSARCZYK Marcin	714	WESOŁY BORSUK TEAM	M 30-39			00:00:07	00:03:50	00:07:44	00:44:19	01:21:14	01:58:33
	WARUSZEWSKI Karol	747	BIEGAJĄCY TCZEW	M 30-39			DNF	00:03:51 DNF	00:07:45 DNF	00:43:41 DNF	01:20:12 DNF	01:59:15 DNF
21	GALIŃSKA Tatiana	713	DĄBROWA NORDIC TEAM	K 40-49			00:01:44	00:03:47	00:07:39	00:44:32	01:22:37	02:01:04
22	KOWALCZYK Mariusz	735	GREEN TEAM ZIELONA GÓRA	M 40-49			00:00:08	00:03:45	00:07:39	00:44:32	01:22:18	02:01:49
23	ZACZYŃSKA Anna	374	KGHM METRACO POLKOWICE	K 30-39			00:01:47	00:03:32	00:07:09	00:44:28	01:22:34	02:01:50
24	STOPA Joanna	629	BŁĘKITNI NW DZIEMIANY	K 18-29			00:01:41	00:03:45	00:07:41	00:45:06	01:23:15	02:01:57
25	SOBKOWSKI Janusz	771	SILESIA NORDIC TEAM	M 60+			00:00:16	00:03:46	00:07:34	00:43:56	01:22:23	02:01:59
26	WEŁNICKI Waldemar	717	GOSIR OSIELSKO	M 40-49			00:00:08	00:03:41	00:07:23	00:43:45	01:22:26	02:02:06

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	0.56km	1.12km	6.12km	11.12km	16.12km
27	LEWANDOWSKI Robert	154	GOSIR OSIELSKO	M 30-39	1		00:00:07	00:03:50	00:07:40	00:44:35	01:22:55	02:02:23
28	KOMAJDA Jarosław	729	GOSIR OSIELSKO	M 50-59			00:00:11	00:03:54	00:07:55	00:46:07	01:24:11	02:02:40
29	WESOŁOWSKI Wojciech	775	NIEZRZESZONY	M 60+	1		00:00:15	00:03:56	00:07:51	00:44:15	01:22:44	02:02:54
30	BIAŁAS Klaudia	704	SILESIA NORDIC TEAM	K 18-29			00:01:42	00:03:47	00:07:40	00:45:05	01:23:50	02:03:00
31	MOTYLSKA Aleksa	743	DRUŻYNA SZPIKU	K 18-29			00:01:42	00:03:46	00:07:43	00:45:38	01:23:58	02:03:07
32	KLIMCZEWSKI Marek	727	FOREVER YOUNG ŁÓDŹ	M 50-59			00:00:11	00:03:45	00:07:27	00:44:51	01:24:33	02:04:31
33	PIETRZYK Jarosław	757	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 30-39			00:00:05	00:03:45	00:07:32	00:43:58	01:23:10	02:04:38
34	STĘPIEŃ Lucyna	366		K 50-59			00:01:50	00:04:05	00:08:13	00:46:19	01:25:37	02:04:44
35	JANCZYK Małgorzata	731		K 30-39			00:01:43	00:03:51	00:07:45	00:45:42	01:24:34	02:05:01
36	KACORZYK Władysław	722	SILESIA NORDIC TEAM	M 50-59			00:00:11	00:03:49	00:07:38	00:44:29	01:24:31	02:05:02
37	ŁABĘCKI Edward	741	MOSIR RYPIN	M 60+			00:00:17	00:04:15	00:08:33	00:47:27	01:26:48	02:05:43
38	PIEKARSKI Jakub	756	GOSIR OSIELSKO	M 18-29			00:00:05	00:03:49	00:07:48	00:45:48	01:24:54	02:05:49
39	SORN Łukasz	772	CHODZEEKIJAMI	M 18-29			00:00:04	00:03:56	00:08:04	00:47:14	01:25:51	02:06:07
40	KACZMAREK Elżbieta	623		K 50-59			00:01:50	00:04:06	00:08:14	00:46:36	01:26:10	02:06:15
41	SARNOWSKA Wanda	767	GREEN TEAM ZIELONA GÓRA	K 50-59			00:01:49	00:04:13	00:08:23	00:47:23	01:26:53	02:06:39
42	KARASIEWICZ Irena	726	BRAN-FROM TEAM	K 50-59	1		00:01:48	00:04:12	00:08:21	00:47:48	01:27:15	02:06:57
43	STEPCZYŃSKA Angelika	593	THE BEST-MY IDZIEMY I CZEŚĆ	K 30-39			00:01:44	00:04:06	00:08:17	00:47:38	01:27:01	02:07:21
44	GÓRSKA Weronika	715	GOSIR OSIELSKO	K 18-29			00:01:42	00:03:53	00:07:55	00:46:50	01:26:40	02:07:22
45	MARKIEWICZ Adam	742		M 40-49	1		00:00:10	00:03:53	00:07:54	00:46:19	01:26:36	02:08:08
46	CZYCZ Emilia	709	GREEN TEAM ZIELONA GÓRA	K 60+			00:01:52	00:04:11	00:08:21	00:46:45	01:26:34	02:08:16
47	ROSADZIŃSKA Natalia	764	UMP	K 18-29			00:01:41	00:04:04	00:08:15	00:47:21	01:27:33	02:08:37
48	OGONOWSKI Paweł	751	NW CIECHANÓW	M 40-49	1		00:00:09	00:03:52	00:07:46	00:45:50	01:26:22	02:09:27
49	KOPEĆ Dorota	627	BŁĘKITNI NW DZIEMIANY	K 18-29			00:01:43	00:04:03	00:08:14	00:47:02	01:27:34	02:09:46
50	AKSAMIT Jakub	701	FANATYK KONARY	M 18-29	1		00:00:13	00:03:57	00:08:00	00:47:10	01:28:59	02:11:12
51	ŻUCHOWICZ Monika	349	DĄBROWA NORDIC TEAM	K 18-29			00:01:43	00:04:18	00:08:37	00:49:46	01:31:06	02:11:12
52	KOSTKA Maria	734	DĄBROWA NORDIC TEAM	K 30-39			00:01:45	00:04:21	00:08:44	00:49:47	01:31:03	02:11:53
53	BEDYK Czesław	703	FOREVER YOUNG ŁÓDŹ	M 60+			00:00:13	00:04:14	00:08:33	00:48:30	01:30:03	02:12:29
54	SZULC Alicja	780	MOSIR MŁAWA	K 30-39			00:01:44	00:03:56	00:07:59	00:47:16	01:27:54	02:12:35
55	PYZIK-KAPSZEWICZ Angelika	759	LKS ZANTYR SZTUM	K 18-29			00:01:41	00:04:02	00:08:12	00:47:20	01:28:43	02:12:52
56	CIENNIK Wiktor	708	FOREVER YOUNG ŁÓDŹ	M 40-49			00:00:10	00:04:14	00:08:33	00:48:50	01:30:08	02:13:33
57	JASIŃSKI Marian	720	K.S. ELBLĄSKIE WŁÓCZY-KIJE	M 60+			00:00:15	00:04:14	00:08:26	00:48:10	01:30:31	02:13:49
58	WAJS Jerzy	752	NW CIECHANÓW	M 50-59			00:00:14	00:04:14	00:08:34	00:48:30	01:30:22	02:14:12
59	GRYGIEL Monika	716	FACE NORDIC WALKING TEAM	K 30-39			00:01:45	00:04:19	00:08:46	00:50:06	01:31:41	02:14:16
60	WITKOWSKA Maria	765	STADION ŚLĄSKI	K 60+			00:01:51	00:04:14	00:08:29	00:49:06	01:31:51	02:15:30
61	NESSEL Katarzyna	746	PATYCZAKI	K 40-49	1		00:01:49	00:04:40	00:09:07	00:49:58	01:32:03	02:15:32
62	WYŁUPSKI Zbigniew	718	PATYCZAKI	M 60+			00:00:17	00:04:31	00:09:04	00:48:56	01:31:46	02:15:38
63	KULKA Maciej	738	FACE NORDIC WALKING TEAM	M 50-59			00:00:15	00:04:33	00:09:09	00:51:11	01:33:31	02:16:11
64	PAŁKA Leszek	619		M 60+			00:00:16	00:04:34	00:09:09	00:50:53	01:33:09	02:17:22
65	PERLIK Wiesław	755	INWB	M 60+			00:00:14	00:03:58	00:08:02	00:48:44	01:33:04	02:17:52
66	KUCYPERA Dagmara	737	DĄBROWA NORDIC TEAM	K 40-49			00:01:48	00:04:33	00:09:04	00:51:23	01:34:28	02:18:25
67	JARONIEK-BEDYK Wiesława	719	FOREVER YOUNG ŁÓDŹ	K 60+			00:01:51	00:04:20	00:08:41	00:50:29	01:33:51	02:19:22
68	ZAWADZKA Maria	748	KGHM METRACO POLKOWICE	K 60+			00:01:51	00:04:23	00:08:59	00:52:28	01:36:08	02:21:05
69	STĘPKOWSKI Andrzej	356	WŁÓCZYKIJE ELBLĄG	M 40-49			00:00:18	00:04:32	00:09:11	00:51:16	01:34:31	02:21:11
70	NOWAK Maciej	750	SAILING TEAM FERAJNA	M 30-39			00:00:07	00:04:38	00:09:26	00:53:55	01:38:34	02:24:41

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71	STRZELECKI Sebastian	776	SAILING TEAM FERAJNA	M 40-49			00:00:08	00:04:38	00:09:26	00:54:01	01:38:35	02:24:43
72	UKLEJEWSKA Agnieszka	758	GOSIR OSIELSKO	K 30-39			00:01:46	00:04:34	00:09:14	00:53:32	01:39:27	02:26:31
73	ŚCIESIŃSKA Justyna	774	GOSIR OSIELSKO	K 40-49			00:01:47	00:04:30	00:08:57	00:52:06	01:37:36	02:26:34
74	RADECKA Ilona	761		K 18-29			00:01:43	00:05:12	00:10:12	00:59:40	01:49:09	02:26:38
75	KORDALSKA Agata	733	PATYCZAKI	K 40-49	1		00:01:50	00:04:41	00:09:24	00:52:56	01:39:23	02:29:55
76	STUPNOWICZ Joanna	777	FOREVER YOUNG ŁÓDŹ	K 40-49			00:01:49	00:04:35	00:09:14	00:54:49	01:45:04	02:33:23
77	RZATKOWSKA Joanna	766	LKS ZANTYR SZTUM	K 40-49	1		00:01:53	00:05:02	00:10:01	00:59:30	01:48:58	02:37:27
78	NOWAKOWSKI Rafał	353	JEZIORKI AKTYWNA WIEŚ	M 30-39			00:00:06	00:04:16	00:08:41	00:50:53	01:34:58	
79	NOWAKOWSKA Angelika	354	JEZIORKI AKTYWNA WIEŚ	K 30-39			00:01:45	00:04:19	00:08:39	00:52:19	01:38:00	
	PAWLAK Eryk	754	GOSIR OSIELSKO	M 50-59			DNF	00:04:34 DNF	00:09:10 DNF	00:51:40 DNF	01:37:08 DNF	DNF
	KOZŁOWSKA Agnieszka	736	FACE NORDIC WALKING TEAM	K 40-49	1		DNF	00:04:40 DNF	00:09:21 DNF	00:53:43 DNF	01:40:40 DNF	DNF

Znaleziono 81 wynik(ów)