



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 21.1KM

B4SPORT
WIELKOPOLSKIE CENTRUM SPORTOWE

Organizator: PFNW
Data: 2015-08-08
Miejsce: Osielesko
Dystans: 21.1 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	0.56km	1.12km	6.12km	11.12km	16.12km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	MRÓZ Katarzyna	744	NORDIC DEVELOPMENT	K 40-49	1			00:01:46	00:03:31	00:07:03	00:40:48	01:15:31	01:50:43	02:26:32	02:28:18		6:56	8.6 (100%)
2	KOŁODZIEJCZAK Beata	724		K 40-49	2			00:01:45	00:03:33	00:07:12	00:42:02	01:17:34	01:53:46	02:31:00	02:32:45	+00:04:28 (3.0%)	7:09	8.4 (97.7%)
3	GALIŃSKA Tatiana	713	DĄBROWA NORDIC TEAM	K 40-49	3			00:01:44	00:03:47	00:07:39	00:44:32	01:22:37	02:01:04	02:39:22	02:41:06	+00:12:50 (8.1%)	7:33	7.9 (91.9%)
4	NESSEL Katarzyna	746	PATYCZAKI	K 40-49	4	1		00:01:49	00:04:40	00:09:07	00:49:58	01:32:03	02:15:32	02:59:32	03:01:21	+00:33:00 (18.4%)	8:30	7.1 (82.6%)
5	KUCYPERA Dagmara	737	DĄBROWA NORDIC TEAM	K 40-49	5			00:01:48	00:04:33	00:09:04	00:51:23	01:34:28	02:18:25	03:02:50	03:04:38	+00:36:18 (19.9%)	8:39	6.9 (80.2%)
6	ŚCIESIŃSKA Justyna	774	GOSIR OSIELSKO	K 40-49	6			00:01:47	00:04:30	00:08:57	00:52:06	01:37:36	02:26:34	03:17:00	03:18:47	+00:50:28 (25.6%)	9:20	6.4 (74.4%)
7	KORDALSKA Agata	733	PATYCZAKI	K 40-49	7	1		00:01:50	00:04:41	00:09:24	00:52:56	01:39:23	02:29:55	03:17:19	03:19:09	+00:50:47 (25.7%)	9:21	6.4 (74.4%)
8	STUPNOWICZ Joanna	777	FOREVER YOUNG ŁÓDŹ	K 40-49	8			00:01:49	00:04:35	00:09:14	00:54:49	01:45:04	02:33:23	03:25:29	03:27:18	+00:58:57 (28.7%)	9:44	6.2 (72.1%)
9	RZATKOWSKA Joanna	766	LKS ZANTYR SZTUM	K 40-49	9	1		00:01:53	00:05:02	00:10:01	00:59:30	01:48:58	02:37:27	03:26:28	03:28:21	+00:59:56 (29.0%)	9:47	6.1 (70.9%)
	KOZŁOWSKA Agnieszka	736	FACE NORDIC WALKING TEAM	K 40-49		1		DNF	00:04:40 DNF	00:09:21 DNF	00:53:43 DNF	01:40:40 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 10 wynik(ów)