



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Organizator: PFNW
Data: 2015-08-08
Miejsce: Osielsko
Dystans: 21.1 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	0.56km	1.12km	6.12km	11.12km	16.12km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BOGACKI Sławek	706	ENERGA NW TEAM	M 40-49	1			00:00:08	00:03:42	00:07:20	00:41:48	01:16:52	01:51:37	02:26:56	02:27:04		6:57	8.6 (100%)
2	GALIŃSKI Rafał	525	DĄBROWA NORDIC TEAM	M 40-49	2			00:00:10	00:03:45	00:07:24	00:42:30	01:18:35	01:54:39	02:31:40	02:31:50	+00:04:44 (3.1%)	7:11	8.3 (96.5%)
3	ROGAŁSKI Piotr	763	GDYNIA MOJE MIASTO	M 40-49	3			00:00:09	00:03:43	00:07:23	00:41:43	01:17:06	01:53:55	02:34:48	02:34:57	+00:07:52 (5.1%)	7:20	8.2 (95.3%)
4	WEŁNICKI Waldemar	717	GOSIR OSIELSKO	M 40-49	4			00:00:08	00:03:41	00:07:23	00:43:45	01:22:26	02:02:06	02:41:56	02:42:04	+00:15:00 (9.3%)	7:40	7.8 (90.7%)
5	KOWALCZYK Mariusz	735	GREEN TEAM ZIELONA GÓRA	M 40-49	5			00:00:08	00:03:45	00:07:39	00:44:32	01:22:18	02:01:49	02:43:58	02:44:06	+00:17:02 (10.4%)	7:46	7.7 (89.5%)
6	MARKIEWICZ Adam	742		M 40-49	6	1		00:00:10	00:03:53	00:07:54	00:46:19	01:26:36	02:08:08	02:50:56	02:51:06	+00:24:00 (14.0%)	8:06	7.4 (86.0%)
7	OGONOWSKI Paweł	751	NW CIECHANÓW	M 40-49	7	1		00:00:09	00:03:52	00:07:46	00:45:50	01:26:22	02:09:27	02:53:08	02:53:17	+00:26:12 (15.1%)	8:12	7.3 (84.9%)
8	CIENNIK Wiktor	708	FOREVER YOUNG ŁÓDŹ	M 40-49	8			00:00:10	00:04:14	00:08:33	00:48:50	01:30:08	02:13:33	02:58:07	02:58:17	+00:31:11 (17.5%)	8:26	7.1 (82.6%)
9	STĘPKOWSKI Andrzej	356	WŁÓCZYKIJE ELBLĄG	M 40-49	9			00:00:18	00:04:32	00:09:11	00:51:16	01:34:31	02:21:11	03:06:48	03:07:06	+00:39:52 (21.3%)	8:51	6.8 (79.1%)
10	STRZELECKI Sebastian	776	SAILING TEAM FERAJNA	M 40-49	10			00:00:08	00:04:38	00:09:26	00:54:01	01:38:35	02:24:43	03:10:34	03:10:42	+00:43:38 (22.9%)	9:01	6.6 (76.7%)

Znaleziono 10 wynik(ów)