



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-08-05
Place: Osielsko
Distance: 5 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	BRANCZEWSKA Ewa	30	NW WERWA MŁAWA	K30-39	1			00:10:13	00:34:51.95	00:45:05.35		6:58	8.6 (100%)
2	KRECZMER Marzena	175	CLLEO ZAWIERCIE	K30-39	2			00:10:14	00:35:10.20	00:45:24.55	+00:00:18 (0.9%)	7:02	8.5 (98.8%)
3	SZYMSKA Małgorzata	384	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	3			00:10:13	00:35:29.30	00:45:42.95	+00:00:37 (1.8%)	7:05	8.5 (98.8%)
4	SULIKOWSKA Agnieszka	363	PASJA NORDIC WALKING	K30-39	4			00:10:17	00:35:50.35	00:46:07.50	+00:00:58 (2.7%)	7:10	8.4 (97.7%)
5	MARONDEL Katarzyna	236	SILESIA NORDIC TEAM	K30-39	5			00:10:14	00:37:09.30	00:47:24.05	+00:02:17 (6.2%)	7:26	8.1 (94.2%)
6	MORYS Agnieszka	254	FABRIKANORDIKA	K30-39	6			00:10:15	00:37:12.45	00:47:27.55	+00:02:20 (6.3%)	7:26	8.1 (94.2%)
7	GRZEMPA Karolina	112	STOWARZYSZENIE 'JESTEM AKTYWNA'	K30-39	7			00:10:19	00:37:20.05	00:47:39.95	+00:02:28 (6.6%)	7:28	8 (93.0%)
8	GŁOMBICA Ewa	99	WESOŁY BORSUK TEAM	K30-39	8			00:10:16	00:37:48.10	00:48:04.70	+00:02:56 (7.8%)	7:33	7.9 (91.9%)
9	WALCZAK Maria	467	KS SOKÓŁ GĄSAWA	K30-39	9			00:10:13	00:38:47.45	00:49:01.40	+00:03:55 (10.1%)	7:45	7.7 (89.5%)
10	BYSTRZYŃSKA Emilia	42		K30-39	10			00:10:17	00:39:28.40	00:49:46.20	+00:04:36 (11.7%)	7:53	7.6 (88.4%)
11	LABUDDA Katarzyna	205		K30-39	11			00:10:15	00:39:44.20	00:49:59.70	+00:04:52 (12.3%)	7:56	7.6 (88.4%)
12	LEWANDOWSKA Anna	215	SANTANDER CONSUMER BANK	K30-39	12			00:10:17	00:39:51.35	00:50:08.50	+00:04:59 (12.5%)	7:58	7.5 (87.2%)
13	GRZEMPA Róża	111	STOWARZYSZENIE 'JESTEM AKTYWNA'	K30-39	13			00:10:19	00:39:51.60	00:50:10.70	+00:04:59 (12.5%)	7:58	7.5 (87.2%)

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14	BRZOWOWSKA Agnieszka	37	AMATOR TEAM	K30-39	14			00:10:13	00:40:06.95	00:50:20.75	+00:05:15 (13.1%)	8:01	7.5 (87.2%)
15	MLEJNEK-DYLEWSKA Teresa	252		K30-39	15	1		00:10:16	00:40:31.80	00:50:48.10	+00:05:39 (14.0%)	8:06	7.4 (86.0%)
16	JASIK Beata	126	WESOŁY BORSUK TEAM	K30-39	16			00:10:15	00:40:52.40	00:51:08.25	+00:06:00 (14.7%)	8:10	7.3 (84.9%)
17	KANIEWSKA Alicja	137	SUMMER ISLAND	K30-39	17			00:10:20	00:41:23.75	00:51:44.00	+00:06:31 (15.8%)	8:16	7.2 (83.7%)
18	PODOLSKA-SZACHEWICZ Julita	303		K30-39	18			00:10:19	00:41:47.15	00:52:07.05	+00:06:55 (16.6%)	8:21	7.2 (83.7%)
19	KUJAWA Iwona	191		K30-39	19			00:10:22	00:41:56.20	00:52:18.25	+00:07:04 (16.9%)	8:23	7.2 (83.7%)
20	ADAMSKA Marzena	5	SANTANDER CONSUMER BANK	K30-39	20			00:10:18	00:42:02.75	00:52:21.10	+00:07:10 (17.1%)	8:24	7.1 (82.6%)
21	ŁOBEJKO Justyna	220	SUMMER ISLAND	K30-39	21			00:10:21	00:42:48.75	00:53:10.00	+00:07:56 (18.6%)	8:33	7 (81.4%)
22	WĄSOWSKA Monika	421	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K30-39	22			00:10:22	00:43:10.75	00:53:33.60	+00:08:18 (19.3%)	8:38	6.9 (80.2%)
23	UKLEJEWSKA Agnieszka	407	GOSIR OSIELSKO	K30-39	23			00:10:18	00:43:24.55	00:53:42.60	+00:08:32 (19.7%)	8:40	6.9 (80.2%)
24	AŁADOWICZ Anna	7	GOSIR OSIELSKO	K30-39	24			00:10:20	00:43:47.70	00:54:08.60	+00:08:55 (20.4%)	8:45	6.8 (79.1%)
25	DREGER Joanna	73	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K30-39	25			00:10:18	00:43:48.80	00:54:07.40	+00:08:56 (20.4%)	8:45	6.8 (79.1%)
26	SYNAKIEWICZ Magdalena	365		K30-39	26			00:10:17	00:44:13.70	00:54:30.70	+00:09:21 (21.2%)	8:50	6.8 (79.1%)
27	ZARACH Karolina	11	ZARACH TEAM	K30-39	27			00:10:19	00:44:18.40	00:54:37.50	+00:09:26 (21.3%)	8:51	6.8 (79.1%)
28	SZYBUT Roma	376		K30-39	28			00:10:14	00:44:34.55	00:54:48.80	+00:09:42 (21.8%)	8:54	6.7 (77.9%)
29	POŁOŃSKA Joanna	452	GOSIR OSIELSKO	K30-39	29			00:10:15	00:45:08.75	00:55:24.15	+00:10:16 (22.8%)	9:01	6.6 (76.7%)
30	PIECZKA Monika	298	FACE NORDIC WALKING TEAM	K30-39	30			00:10:18	00:46:06.85	00:56:25.40	+00:11:14 (24.4%)	9:13	6.5 (75.6%)
31	SZOBER Karolina	371	GOSIR OSIELSKO	K30-39	31			00:10:21	00:47:59.00	00:58:20.85	+00:13:07 (27.3%)	9:35	6.3 (73.3%)
32	MILACHOWSKA Agnieszka	250		K30-39	32			00:10:16	00:52:28.25	01:02:44.55	+00:17:36 (33.6%)	10:29	5.7 (66.3%)

Total 32 results.