



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-08-05
Place: Osielsko
Distance: 5 km



Classification: K50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	BORKOWSKA Lidia	26	FACE NORDIC WALKING TEAM	K50-54	1			00:11:45	00:34:25.50	00:46:11.40		6:53	8.7 (100%)
2	LESIŃSKA Marzenna	209	KS METRACO POLKOWICE	K50-54	2			00:11:42	00:35:11.45	00:46:53.75	+00:00:45 (2.2%)	7:02	8.5 (97.7%)
3	KRĘCKA Irena	177	FACE NORDIC WALKING TEAM	K50-54	3			00:11:37	00:36:52.85	00:48:30.15	+00:02:27 (6.7%)	7:22	8.1 (93.1%)
4	CHOLEWIŃSKA Longina	47	HERNIK TEAM	K50-54	4			00:11:41	00:37:22.00	00:49:03.65	+00:02:56 (7.9%)	7:28	8 (92.0%)
5	MALKIEWICZ Małgorzata	228	KSK ŻYJ AKTYWNIE KOŁCZYGŁOWY	K50-54	5			00:11:43	00:37:27.85	00:49:10.85	+00:03:02 (8.1%)	7:29	8 (92.0%)
6	FOJCIK Gabriela	82	RYBNICKI KLUB NORDIC WALKING	K50-54	6			00:11:42	00:38:23.05	00:50:05.45	+00:03:57 (10.3%)	7:40	7.8 (89.7%)
7	GÓRSKA Violetta	104	GOSIR OSIELSKO	K50-54	7			00:11:42	00:39:19.25	00:51:02.05	+00:04:53 (12.5%)	7:52	7.6 (87.4%)
8	WOROCH Jolanta	436	DOPIEWO	K50-54	8			00:11:42	00:40:35.65	00:52:18.55	+00:06:10 (15.2%)	8:07	7.4 (85.1%)
9	KUBIAK Anna	186	KS SOKÓŁ GAŚAWA	K50-54	9			00:11:41	00:40:48.30	00:52:29.95	+00:06:22 (15.6%)	8:09	7.4 (85.1%)
10	KREFT Jolanta	176	UNIA MIAST	K50-54	10			00:11:46	00:41:40.90	00:53:27.05	+00:07:15 (17.4%)	8:20	7.2 (82.8%)
11	WYRZYKOWSKA Ewa	442		K50-54	11			00:11:42	00:41:42.95	00:53:25.00	+00:07:17 (17.5%)	8:20	7.2 (82.8%)
12	WAGNER-KOZIOŁ Grażyna	412		K50-54	12			00:11:43	00:42:04.00	00:53:47.85	+00:07:38 (18.2%)	8:24	7.1 (81.6%)
13	DROŻYŃSKA Marlena	75	GOSIR OSIELSKO	K50-54	13			00:11:45	00:42:10.40	00:53:56.15	+00:07:44 (18.4%)	8:26	7.1 (81.6%)

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14	DĄBEK Ilona	63		K50-54	14			00:11:45	00:42:59.00	00:54:44.05	+00:08:33 (19.9%)	8:35	7 (80.5%)
15	HINEBORG Bogumiła	121	NW PATY CZAKI GRUDZIĄDZ	K50-54	15			00:11:45	00:44:44.35	00:56:29.65	+00:10:18 (23.1%)	8:56	6.7 (77.0%)
16	KRYGIEL Irena	182	GOSIR OSIELSKO	K50-54	16			00:11:44	00:47:29.20	00:59:13.90	+00:13:03 (27.5%)	9:29	6.3 (72.4%)
17	BORZESZKOWSKA Małgorzata	28		K50-54	17			00:16:05	01:02:03.40	01:18:08.75	+00:27:37 (44.5%)	12:24	4.8 (55.2%)

Total 17 results.